

It's Time For The Budget Process

BY HOWARD O'BRIEN

On Wednesday, July 22, 2015, the UCO Finance Committee presented the preliminary budget data to an audience of interested condo owners. The meeting was advertised but only about thirty owners attended.

There will be another budget presentation on Wednesday, September 23, 2015 in the Main Club House at 10AM. The budget that will be presented can be considered as an austerity budget, although it still contains allotments for Excursion Bus, Beautification, and some other minor cost elements.

Discussion at the last meeting, on July 22, 2015, prompted the inclusion of a \$525,000 infrastructure reserve provision, and also it includes a \$50,000 legal fund for the review of the Millennium Amendment between UCO and WPRF.

These costs will be offset by an anticipated return of \$200,000 to the owners, as was the \$400,000 offset in the 2015 Budget.

Due to these factors and the detailed costs of running the Village,



Three of the five member Finance Committee

it is anticipated that there will be NO BUDGET INCREASE IN THE 2016-2017 BUDGET. The monthly amount will remain the same, \$68.68, but this is your decision.

UCO can have a budget with no increase, or the Delegates can

decide if there is to be a nominal or no provision for an infrastructure reserve. If the Delegates decide not to set aside money today for guaranteed future costs, the financial burden will be greater in future years.

Historic Costs and Proposed 2016-2017 UCO Budget Detail

2014 Actual	Stub 2014 - 1/1/15- 3/31/15	Total 2014 as Extended	YTD Calendar 2015	Annualized 2015	Category	2015 Budget as Revised	2016-2017 Est. Budget	INCREASE (DECREASE)
					7100 - Laundry			
32,548	5,261	37,809	10,889	21,778	TOTAL	17,400	21,000	3,600
					7200 - Transportation			
759,476	208,413	967,889	349,843	699,686	Contract Regular	865,000	775,000	
22,670	6,590	29,260	10,888	21,776	Contract Excursion	26,000	20,000	
82,352	15,941	98,293	27,575	55,150	Fuel	85,000	55,000	
865,552	232,521	1,098,073	390,014	780,028	TOTAL	981,000	850,000	(131,000)
					7300- Security			
1,062,982	249,431	1,312,413	501,105	1,002,210	Contract	1,120,000	1,203,600	
121,078	30,241	151,319	60,898	121,796	Utilities	124,000	124,000	
2,816	800	3,616	1,360	2,720	Computers & Cameras	13,000	15,000	
1,061	-	1,061	145	290	Sundry & Misc.	1,000	400	
3,207	543	3,750	876	1,752	COP Fuel	3,000	2,000	
1,870	2,393	4,263	5,745	11,490	Light & Sign Maint.	14,000	5,000	
1,247,764	292,321	1,526,223	584,699	1,169,398	TOTAL	1,312,000	1,350,000	38,000
					7400 - Irrigation			
34,278	10,096	44,374	16,827	33,654	Reclaimed Water Base Fee	41,000	35,000	
7,078	1,623	8,701	2,725	5,450	Recalimed Water Usage	10,000	6,000	
42,440	12,274	54,714	23,998	47,996	Utilities	44,000	45,000	
128,565	48,635	177,200	49,266	98,532	TOTAL	103,000	86,000	(17,000)
137,036	34,259	171,295	68,518	137,036	Ambulance Contract	137,000	137,000	-
3,023,286	793,620	3,816,906	1,587,240	3,174,480	Cable Contract	3,175,000	3,334,000	159,000
291,666	72,750	364,416	247,750	700,000	Infrastructure Reserve	700,000	525,000	(175,000)
					Millennium Amendment Legal Funding		50,000	50,000
					7600 - General & Admin.			
331,519	62,008	393,527	123,673	247,346	TOTAL	369,000	250,000	(119,000)
					7700 - Reporter			
95,174	26,274	121,448	31,338	62,676	TOTAL	112,000	91,000	(21,000)
					7800 - Maintenance			
123,158	34,667	157,825	63,681	127,362	Landscape Maint.	125,000	125,000	
2,083	3,056	5,139	3,833	7,666	supplies and repairs	3,000	8,000	
125,241	37,723	162,964	67,514	135,028	TOTAL	128,000	133,000	5,000

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ucoreporterwpb@gmail.com

REMINDER

DELEGATE MEETING
Friday 9/4/15
9:30 a.m. in the Theater



MONTHLY BUS SCHEDULE — SEE PAGE B26

UCO Delegate Assembly Minutes

AUGUST 7, 2015

President David Israel called the meeting to order 9:30 AM

Lt. Hill led us in the Pledge of Allegiance

Mr. Grossman is recording the delegate meeting.

PBSO Lt. Hill gave the law enforcement report. There were two burglaries, three bicycles stolen, one home theft and one fraud case and one car crash inside the village. Lt. Hill would like us to be aware that school will be starting soon. School busses will be on the road and we should be aware of the added traffic. Lt. Hill introduced Major Ron Mattino who will head the Command of the North Region. Leslie Schreiber is with PBSO.

A quorum was met. (123)

This month we have several distinguished guests. Mr. Israel welcomed State Attorney for Palm Beach County David Aronberg, Mr. Aronberg introduced Mike Edmondson. The State Attorney office has a new volunteer coordinator named Mary Ann and she will be at the next delegate meeting. Mr. Aronberg is still looking for volunteers for his office.

Inspector General John Carey. Mr. Carey said there is a flyer with a survey for the next year projects.

Palm Beach County Port Commissioner Peyton McArthur. Peyton stated there would be a Special Master hearing in reference to the golf course. The hearing will take place at Vista Centre on Tuesday 18th of August. At that time they will be fined \$1,000 a day if they do not mow the entire golf course. Peyton stated that they do not have to mow the whole golf course if Fairways LLC gets a postponement. Fairways LLC might just mow the golf course the

day before the hearing.

Guest Tinu Pena running for State Representative for District 86.

Minutes: Minutes accepted as presented

Treasurer's Report: Included in your packet is a balance sheet and income statement revenue over expenses for the last four months. Total cash in bank is \$3,454,000 of which \$2,077,000 are infrastructure reserves. The four months ended year to date expenses is \$2,239,000 which is \$1,009,000 less than the budget. Revenues are \$2,344,000 compared to budget of \$2,348 which is a variance of approximately \$5,000. Netting those two variances we come up with \$105,000 excess revenues over expenses. Treasurer's report accepted as presented.

President Report: Mr. Israel brings up an important item concerning Kent Security. Mr. Israel advises today with unanimous recommendations from the Security committee, the Officer's committee and the Executive Board to send Kent Security its 60 day notice of termination of our contract as provided for in our contract. Mr. Ed Black the chair person of the committee is here to answer any questions you may have. A motion for 60 day notice presented at Security Meeting by Ed Black and seconded by George Franklin. Mr. Black answered all question in reference to Kent Security.

After much discussion a vote was taken to give Kent Security 60 day notice per contract. The vote was unanimous.

Officer's Reports: Bob Marshall stated that any AMR bills that are received by individuals should be brought to the UCO Office and



August Delegate Assembly

given to Bob. He suggests you do not pay these bills. Mr. Marshall also suggested if you should see someone who has fallen do not help them to stand or move them, as this may do more harm and should wait for the EMT Truck or AMR ambulance. Fausto Fabbro informed the delegate assembly that the striping of the roads would start at the end of August. After the striping the bus stops will be worked on. Phyllis Siegelman, Pat Sealander and Howard O'Brien had no reports.

New Business: Alan Preston spoke about transportation for those that do not drive. A report on this subject is attached to your packet.

Unfinished Business: None
Committee Reports: Reports are attached to you packet.

Good of the Order: John Hess explained the application in the packet that should be filled out for assessment after a storm or hurricane. George Franklin stated the crank window problem with the county has once again been postponed until

September.
A motion to adjourn the meeting was made by Paul Goldfarb and seconded by David Givens. The meeting was adjourned at 10:50 AM

Minutes submitted by:
Phyllis Siegelman
UCO Recording Secretary

SECURITY REPORT

BY ED BLACK

By the time this article is published, the Security Committee, along with members of the Officer's and Bid Committee, will have met three times to begin the process of selecting a new security company for Century Village.

The initial objective of the committee is to improve the Request for Proposal that will be used to seek a replacement for our current security contractor. When this document is completed, it will be sent to 9 or 10 potential vendors and each will be required to respond with a proposal within 14 days. Each security company that submits a proposal will be interviewed by the committee, and the choice will be narrowed to two top candidates.

In the next phase of this selection



process, the security committee will enter into contract discussions with the candidate companies, followed by legal review. When a tentative agreement is reached, the vendor will be presented to the Delegate Assembly for review, discussion, and voting.

On another note, it appears that many residents who are expecting guests make their phone calls to the automated guest admittance system early in the morning, and sometimes the system becomes overloaded. Please, whenever possible, make these phone calls on the evening before your guests arrive. Your called-in guest authorization will remain valid for all of the next day, plus the day after that until midnight.

Avoid the crowded call-in system — make that call the night before!

Social Security Notice

The Social Security Administration has notified Century Village that their representatives will no longer be available for consultations at our clubhouse. They are now available at their temporary Administration Office, 801 Banyan Blvd., West Palm Beach, FL.

U.C.O. REPORTER

The Official Newspaper of Century Village

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The President's Report

SECURITY Much was promised but not delivered

BY DAVE ISRAEL

Over the past few months, bad vibrations have been developing in regard to our security provider, Kent Security. This was made incredibly clear at the Delegate Assembly meeting of Friday, August 7, 2015. The Delegates assembled and unanimously voted to render a sixty-day notice of termination to the company, as provided for in our contract. This reflected similar unanimous votes of the Security Committee, the Officers Committee, and the Executive Board, truly a very rare result.

It is important to remember that Kent was not arbitrarily selected to be our security provider. Some twelve companies were provided a detailed Request for Proposal (RFP) and submitted bids. Over two dozen joint meetings of the Security Committee, along with elements of the Bid Committee, carefully considered powerpoint slide shows by these companies, with detailed question-and-answer sessions following; literally hundreds of hours were invested prior to selection.

The contract with Kent was painstakingly crafted with the assistance of top legal talent, resulting in Kent making numerous changes in our favor. This contract in due course also was voted favorably by all required administrative bodies and the Delegate Assembly, to which I had released the final draft by Email, a full week prior to the anticipated vote. In other words, we looked forward to a mutually favorable relationship with a seemingly fine company. So, what happened between inking the final contract and boots on the ground of the Kent Security Officers (SO)?

From my personal point of view, I had been very impressed by the Kent dog and pony show, that is, their powerpoint slide show presentation. (If you would care to see it, I have it in our UCO database, and can send it to you by Email.)

I have served on the Security

Committee for a long time, all the way back to when Kurt Weiss was Chair; and I had heard the Kent briefing at that time. Kent, from its inception, has always been a step ahead of the industry in matters of high technology, and so it is today. As an example, I quote from one of the Kent graphics: "Each Kent Officer is equipped with a P.O.V. (Point of View) camera as part of their uniform which captures video and audio testimony." Well, it turned out that the P.O.V. device provided was very cheap and had a very low capacity data card which was totally unsuitable for an 8-hour tour of duty. This could have easily been rectified by providing a high-quality camera with a high-capacity data card. Kent, however, wanted to charge us \$900 per device for this capability. This was but the first of many indications that this company was, to say the least, parsimonious. This fact was amply verified by the fact that from the first day on campus they tried to reduce compensation packages for the SO in place; not to mention that new hires for our site were offered barely-above minimum wage.

At the meeting of the Security Committee, August 7, 2015, senior management from Kent, in the person of President Shelly Tygielsky, seemed almost proud of the fact that here in Century Village, the Kent personnel turnover rate was "only 51 percent," "below standard for the industry." Well, I submit that such a turnover rate is at the root of the many issues we have had with Kent here on campus. We seem almost totally unable to bring Kent staff to a high level of training on such simple matters as checking IDs at the gates, and logging in all visitors.

In the final analysis, it has become clear that Kent is a poor match for Century Village, and we must part with mutual respect. Now we must once again begin the search for a suitable security company to meet our needs.

Sept. 2015 UCO Monthly Meetings

TUES SEPT 1	TRANSPORTATION	CARD ROOM B	9:45 AM
WED SEPT 2	PROGRAM & SERVICES	UCO	11:00 AM
FRI SEPT 4	DELEGATE ASSEMBLY REPORTER SECURITY	THEATER UCO UCO	9:30 AM 1:00 PM 2:00 PM
MON SEPT 7	UCO CLOSED LABOR DAY		
TUES SEPT 8	STUDIO 63	UCO	11:00 AM
WED SEPT 9	BROADBAND	UCO	11:00 AM
THURS SEPT 10	C O P INFRASTRUCTURE-MAINT-IRRIG.	ROOM B UCO	9:30 AM 10:00AM
THURS SEP. 17	BIDS	UCO	10:00 AM
MON SEPT 21	C.E.R.T.	ART ROOM	3:00 PM
TUES SEPT 22	INSURANCE	UCO	10:00 AM
WED SEPT 23	FINANCE-BUDGET	ROOM C	10:00 AM
THURS SEP.24	OFFICERS	UCO	10:00 AM
MON SEPT 28	EXECUTIVE BOARD	ROOM B	1:30 PM
TUES SEPT 29	OPERATIONS	UCO	10:00 AM
FRI OCT 2	DELEGATE ASSEMBLY REPORTER SECURITY	THEATER UCO UCO	9:30 AM 1:00 PM 2:00 PM

UCO OFFICERS

President David Israel

Vice Presidents

Joy Vestal Bob Marshall Barbara Cornish Fausto Fabbro

Treasurer Howard O'Brien

Corresponding Secretary Pat Sealander

Recording Secretary Phyllis Siegelman

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— EDITORIAL POLICY —

The *UCO Reporter* promises to continue its long held beliefs that this publication will print articles to inform our residents of the important issues concerning our Village. We promise to seek the truth and to print both sides of an issue, to open dialogue to inform our readers, not to create controversy.

We promise to listen to your concerns and to treat all our residents with courtesy and respect. Your opinion is valuable to us and will be considered in our decision for publication. These are the criteria for publication:

LETTERSTO THE EDITOR: Letters to the Editor should be limited to 250 words, and must be e-mailed (ucoreporterwpb@gmail.com) to the Reporter by the 7th of the month prior to publication. Your opinions are important to us, but please refrain from gossip, innuendo, nasty or inflammatory remarks. Letters deemed to be inappropriate, inflammatory or libelous will be returned by the Staff for revision or removal. All letters must include the name, address and phone number of the author. No letters from *UCO Reporter* staff will be published. They may however have the opportunity to submit an opinion article also limited to 250 words.

ARTICLES: Articles for inclusion should be limited to 500 words, e-mailed (ucoreporterwpb@gmail.com) to the *Reporter* by the 7th of the month prior to the month of publication. All articles will be limited to one per writer. The topic of your article is of your choosing, but the Staff has the discretion to edit it with your approval or reject it based on the above stipulations. All articles must include the name, address and phone number of the author.

LETTERS TO THE EDITOR



The UCO Reporter welcomes submissions from our readers. Articles, community event notices and Letters to Editor may be submitted to:
ucoreporterwpb@gmail.com

Own a camera? Send us your interesting photos of CV sights and events. Photo submissions may be sent to:
ucoreporterpix@gmail.com

Residents Followed Instruction

Thanks to Lori Torres for her volunteer efforts each Wednesday to arrange for, and see that the excursion bus comes in and leaves for its scheduled destination. She and her able volunteer assistants see that everyone signed up gets out and back safely. I rode the trip to the Festival Flea Market for the first time in all of my years in CV and found that our residents followed instruction and were orderly. Once again, thank you Lori. Your efforts are not unnoticed.

— Ruth Dreiss

Flashing Traffic Lights Confuse Drivers and Strand Pedestrians

Two driving incidents that caused the guardhouses to shut down in early August created a traffic condition worthy of review. Collaterally, the crash at the entrance to Century Village interrupted electric service to the traffic control box that operates light changes designed by Traffic Engineers to maintain order at intersections. Scarcely recalled from the driver's manual some sixty years ago was a description of a situation where the traffic lights were out of order. We may be familiar with this situation after storms passed in 2004 and 2005.

Those who had sufficient gas ventured out to shop when the roads were cleared only to find downed traffic lights and lights that flashed 'red' or 'yellow'. Traffic was forced to observe the rule requiring drivers to come to a complete stop and allow the vehicle that entered the intersection first to have "the right of way".

Generally speaking and unfortunately, drivers going past Century Village disregarded

traffic rules and sped through the intersection as though the light was 'green'. Fortunately no additional collisions occurred. However, those pedestrians attempting to cross Haverhill Road to attend services at the Shul were held hostage at the curbside. Many of us who have slower reflexes when driving should leave more space between our vehicle and the one in front but must travel at the speed of those around us.

Frequently seen on the perimeter road are pedestrians walking on the grassy swales and worse yet, carrying bundles or take-out meals, oblivious to vehicular traffic. It would be a shame if the pedestrian were struck down and the cause of mental anguish for a driver who gets involved in an otherwise avoidable situation. There are ample walkways and crosswalks to accommodate all.

— Dominic Guarnagia

Change at Borden St. Intersection Suggested

Although I agree with the basic premise of avoiding serious accidents inside the Village, all too often we just love to "solve" issues by obstructing and closing rather than easing the flow and improving the design.

I am presenting what I think is a better alternative, which does not block or close anything and does not use ugly and restrictive "jersey barriers". The only change will be that cars will not be able to take the exit lane from Borden to the Haverhill exit, thus eliminating any potential danger. My alternative does not require the placing of NO EXIT or NO U TURN signs, while also eliminating speed bumps and stop signs.

This alternative requires redesigning the landscaped median so that cars entering or exiting Century Village via Century Blvd. can make U-Turns/Left Turns. The center barrier should be appropriately designed to impede transit to cars coming from Borden to enter Century Boulevard and exit Century Village. The barrier should be very visible and properly painted. If need be, a sign that says "DO NOT ENTER" could be installed, but that could be overkill as the center barrier would clearly not allow access from Borden to outbound traffic.

I live in Norwich K and I have always used the Borden Street exit lane to egress through Haverhill. I have been living in Century Village since 2013 and have probably used this intersection at least twice a day every day. I am happy to report that I have never had a problem or a close call or anything resembling an annoyance. I own a large sedan and have always stopped at the stop signs; I have always received nothing but courtesy from everyone exiting or entering through Haverhill.

— Carlos Nunez

EDITORIAL

A Busy Summer for UCO

BY MYRON SILVERMAN & JOY VESTAL

It's true, another summer is almost over. The first day of fall is September 23rd. Yes, it's been hot, but when is it not hot in Florida? There have been many issues that the Village has had to deal with during these months. One of the most demanding of these was the threat of the disbandment of one of our associations, Sheffield O. With the help of our founder, H. Irwin Levy, it seems that this has been avoided, to the great relief of the homeowners there as well as the rest of us here in the Village. However, the whole affair did serve to put us all on alert with our own buildings. Many of us are now looking at our condominium documents and updating them so that we don't face the same problem.

The indoor pool is being

renovated and promises to be a pleasure to use when completed.

We will miss our CAM Ted Herrle, who has submitted his resignation. Ted, a most gracious man, has accepted a position closer to his home. He professionally served our Village for the last two years and will be missed.

UCO is in the process of hiring a new security company. The security committee has already begun to discuss the requirements for a new contract. This is of utmost importance to all of us and the *UCO Reporter* will be reporting on their progress.

So, let's enjoy the rest of the summer and look forward to the upcoming seasons to be productive and enjoyable for our Village.

For all of our Jewish friends have a Happy and Sweet year.

A Call For Volunteers: Century Village Civilian Observer Patrol (COP)

BY SUZIE BYRNES

You've seen the Sheriff's car, with the yellow flashing light and "Civilian Observer Patrol" on the side. These are your neighbors and friends driving through Century Village to enhance our security. Our responsibility is to observe and report suspicious activity. If we see something that does not look right or someone in trouble, we call 911 or the Sheriff's Department. We do not confront people directly. We cannot issue a summons or carry weapons. Occasionally someone flags us down to ask a question, usually directions. All

COP participants volunteer for one 3-hour shift per week, attend one monthly meeting at the Clubhouse and receive training.

The Palm Beach Sheriff's Office relies on our volunteer members to provide the extra eyes and ears to assist the agency and provide a visible deterrent to crime.

Please call the Palm Beach Sheriff's Office at 433-2003 for further information. We welcome your participation and look forward to meeting you.

Bingo is Back!

Starts back up after
a summer break
Wednesday, September 2

Beginning Monday, June 1, 2015 there is a Rental ID Deposit Fee of \$25.00

for each tenant in each rental unit
Rental deposit refund will be issued when the following items are returned to the ID Office upon ID expiration, lease expiration or vacating the unit prior to lease expiration:

- Rental ID
- Rental Deposit Receipt

VICE PRESIDENTS' REPORTS



Fausto Fabbro

Andover • Bedford • Dover
Golf's Edge • Greenbrier
Kingswood • Oxford
Southampton

As we prepare for the return of the snowbirds, remember to be kind and courteous to our northern neighbors. This month several projects that have been in the works for a long time will be started. While driving, please be mindful of these ongoing road projects and watch for men working. By now all the lights at the center islands near the east and west gates should be operational, making the drive into the Village more pleasant. We are working very hard to repair our aging irrigation system. Please be patient, as our new irrigation contractor, Valley Crest, is learning and repairing our irrigation system at the same time. Management companies should be working with Valley Crest in this ongoing effort, not blaming them or UCO for breakdowns in our irrigation system. My door is always open. Please call or stop by and I may be able to help you. Enjoy your Labor Day.



Barbara Cornish

Berkshire • Camden
Hastings • Salisbury
Somerset • Wellington
Windsor

Hello everyone. I am away on vacation, visiting with family. I teleconference in to as many UCO meetings as possible. Lori Torres knows how to get in touch with me for any emergency, and the UCO Officers have my numbers. If any resident needs to get in touch with me, do not hesitate to call. I will be sure to get back to you, and I am sure that the Vice Presidents at UCO will help anyone in my quadrant that needs more immediate help. Lori Torres, our UCO Transportation Chair, is very capable of handling our Century Village bus system, and I have every confidence in her. Lori is also planning a short vacation and committee member David Givens will watch over the bus system during this time. I want to take this chance to remind people how lucky we are to have the transportation system here at Century Village, with all charges included in our maintenance payments. In Boca Century Village, residents pay \$3.00 per person to go to the Festival Flea Market, which they are much closer to. Also, they don't have the variety of stops that we provide. Someday, when I depend solely on this system, I will be glad that we have the best bus system in any 55 and over community in Florida. I want to thank, Dave Forness for the wonderful job he is doing with the Bid Committee. Keep up the good work. We are looking for ushers for the coming season. What a wonderful and fun way to help your village and meet your neighbors. Please call UCO and ask for Ron Massa (683-9189). Thank you Ron and all the ushers for the wonderful work they do and the money they save us. Just a reminder, "NO TERM LIMITS"; pick whom you want to vote for. Let's not limit who can serve our community.



Joy Vestal

Cambridge • Canterbury
Chatham • Dorchester
Kent • Northampton
Sussex

The first day of Fall is September 23rd. Summer has been very hot, even by Florida standards, but it has been a busy one for UCO. Ted Herrle our CAM has submitted his resignation. Ted has been with us for two years. He has accepted a new position closer to his home. We wish him well, but we'll miss him. Ted was a most gracious man who was always willing to help. UCO will be interviewing new security firms for our Village. This is a decision that takes a great deal of time and must be treated with the utmost deliberation. Our Village and our residents must be protected and feel safe and secure at all times. I would like to congratulate our delegates who voted unanimously at the last meeting to move forward with this process. Have a good and sweet year to all of my Jewish friends.



Bob Marshall

Coventry • Easthampton
Norwich • Plymouth
Sheffield • Stratford
Waltham

I have recently had several questions regarding AMR ambulance service and our (UCO's) contract with this company. Since most of the activity related to AMR (American Medical Response) starts with Fire and Rescue, let's start with them. Actually let's start with your need for medical attention. This means that you or someone representing you has called 911. This call alerts Fire and Rescue and they respond to your unit. Their first task is to determine if this call is for a life-threatening situation or a non-life-threatening situation. If it is determined to be life threatening, Fire and Rescue will transport to a medical facility. If the transport is non-life threatening, then Fire and Rescue will contact AMR and they will do the transport. If the transport is done by Fire and Rescue, you will be billed for that service. However, if this transport is done by AMR, most, if not all of the charges, will be covered by the contract that UCO has with them. If you receive a bill from AMR, please call me or bring the bill to the office and I'll help you get this corrected.

WPRF PHONE DIRECTORY

- Main Number 640-3120
- Staff & Class Office Ext. 0
- Ticket Office Ext. 1
- WPRF Maintenance Office Ext. 2
- WPRF Accounts Receivable Ext. 3
- I.D. Office Ext. 4
- Administrative Office Ext. 5
- Main Clubhouse Security Ext. 6
- Hastings Security..... Ext. 7
- Aerobic Instructor..... Ext. 8
- Gym Trainers Ext. 9
- Operator..... Ext. 0



Howard O'Brien

UCO Treasurer

As of July 31, 2015, UCO has a strong cash position of approximately \$3,454,000. Of this amount, \$2,077,000 represents the Pooled Infrastructure Reserves that will continue to be built this year. The current level of funding the Infrastructure Reserve for the 2015-

2016 Budget Year will continue until reliable information becomes available suggesting a change to the current assumptions. The details of the Pooled Infrastructure Reserves has been previously printed in the *UCO Reporter*, but copies are available upon request. For the four months of the 2015-2016 Budget, Revenues were approximately \$2,344,000 which is about \$4,000 less than the Budget. Expenses for the same period were about \$2,344,000. The expenses were \$109,000 less than Budget. Overall, these variance produce a net favorable variance of approximately \$105,000 for the four months of the current Budget.

JBI Talking Books

BY LINDA ANTON

The author, Maggie Anton, born Margaret Antonofsky was raised in a secular household with little knowledge of her Jewish religion. After her marriage she became interested in Talmud study and took a class devoted to women. The more she studied from a feminist perspective the more intrigued she became about Rashi's daughters and their wish to study Talmud in 11th century France.

Maggie began her 7-year quest of research to understand the family and the time in which they lived; a time when women were traditionally forbidden to study the sacred texts. These forgotten women seemed ripe for rediscovery and the idea of a book

dedicated to each daughter was born.

In *Rashi's Daughters — Joheved*, who is Rashi's oldest daughter, Anton will make vivid the landscape and the mindset of both Rashi and Joheved.

Who, you may ask is Rashi? Born in the 11th century in Northern France, Rabbi Salomon Ben Isaac was better known by his Hebrew initials RASHI. Said to be a descendant of King David, Rashi, as predicted by an old tale would outshine all the great scholars and the light of his Torah would shine forever. Rashi learned early that both Torah and Talmud were difficult to understand and decided to write commentary in simple language ... on parchment. Through Anton's words you will

learn how Rashi's words circulated the land acclaiming him as a great scholar.

Rashi and his wife Rivka had no sons, but daughters, who in seeing how men flocked to learn from their father, wished to do the same. *Rashi's Daughters* uncovers the beauty of the land, the consequences of desire and the history of the times. It is a book that will unleash both thoughts and questions, and isn't that what learning really is.

If you are interested in joining a low vision book discussion group in your community or would simply like to enjoy the free talking book service at home call Linda Anton @ (561) 598-9345.



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Century Village on the Brink

AN OPINION PIECE BY HUGH GREEN

Hi. My name is Hugh Green, a resident and member of the Board in Wellington E. Although I became an owner in 2005, I started living in Century Village in 2011 at Camden N, where I was a board member and president. Since that time, I have noticed a marked change in this village - something that's slowly eating away at our way of life. It's a shame, but our village has become a place where a small segment of condominium owners have been on their own quest for "justice." They have raised, and continue to raise, many issues; so we now see neighbor against neighbor.

Why have they done this? Because this small group cannot or does not want to accept what most of our condominium owners have stated, vocally and at the ballot box - that we accept the way our elected officials are running our village. Or, maybe it is just that this small group does not like our elected UCO officials. I believe it might be a combination of the two, weighing heavily on the latter. Regardless of the reason, we now have a divided or adversarial community.

What do I mean by adversarial? It's when we witness a conflict among ideas, beliefs, or opinions, or among the people who hold them. When we examine the events over the past two years, I believe that if we are not already there, in due course, our Century Village will reach that point.

If this trend continues, what will become of our retirement village and our way of life in this splendid place? Are we destined to reach the point

where new potential residents will not want to live here, because of the adversarial atmosphere that currently permeates this village? Will the legacy of that small group of protesters be such that instead of fixing their stated problems, they become the new problem that ultimately destroys the once great reputation of the original haven for retirees here in sunny Florida? Will this cause such a lasting negative impact that our property values continue to fall? If we do not change this situation, I believe that will be the case.

Those of us who have kept track of the issues raised by this group note that once they find that they cannot gain any traction with the "issue of the day", they swiftly move to another "hot issue." What does this create? It creates an atmosphere where our elected officials are constantly on the defense in their attempts to govern this village "to the best of their abilities."

For several years now, while we have heard and seen those statements from this very vocal minority in Century Village, we have not seen much action from them. They discuss how the current UCO administration has failed in its duties to govern properly, been deceitful in its dealings with the residents of Century Village, and have not listened to the wants or needs of those residents. Other than the litigations brought against UCO and its Officers, what else have we seen or heard from them? What is of interest is that as far as I can recall, and that could be my personal issue, I don't

remember hearing or seeing anything from that vocal group that provides a formal process or set of steps to resolve these issues.

I'm not talking about what the UCO officials should have or could have done, because that's history, and we cannot change the past. What I would like to see is a strategy document from this vocal minority group that provides our residents with a description of their mission, their goals and the steps that they believe the village needs to take to resolve these issues. Just changing the people who govern is not the answer if we do not have an understanding of what such a change will bring. To me, seeing such a document would offer significant insight and deliver a definitive way to begin a real dialogue within the village. Without it, we can only expect to hear and see the same things from the same vocal minority.

"Taking Our Village Back", a slogan that was printed on a banner during a past UCO election, is not a strategy. It is a divisive political statement that offers no support of how to do it, why do it, when it will happen, and the cost to accomplish it.

We have all heard the phrase "Talk is cheap." Well the time has come to prepare such a document. Our residents should have the knowledge to understand their approach for making our village a better place to live. It will also give the village residents a clearer picture to decide what the best steps are for the village at the next elections.

Several months ago, I wrote an article for the *UCO Reporter*, in which I stated that the "silent majority" must take a stand to put a stop to the maliciousness and harm that we find in our community. What I mean by maliciousness is "the act of feeling or showing a desire to cause harm to another person." Whether we recognize the signs or not, this is exactly what this small group is creating every time they have an opportunity to take the spotlight.

Many who read this article will nod their heads because they agree with my comments. But will they do anything to remedy the situation? I don't think so. In their minds, they will say that it's up to "others," whoever "others" are, to take on this important task. Others will shake their heads no, and will feel satisfied to continue with the status quo. They will continue to allow a small group to determine their futures and act surprised when they continue to see a decline in their property values.

For me, this article is my simple attempt to bring this issue to my fellow owners and to remind them that each person has a stake in this current adversarial situation. It is time to stop this maliciousness and permit our elected officials to do the job we elected them to do. Our village is a pleasant place to live. Let's do something. We owe it to ourselves and our friends and neighbors to make sure that we can continue to live here in a somewhat peaceful and tranquil village. Stand up and make your voices heard!

Channel 63 Schedule

Resident Produced Shows and UCO Meetings

“Let’s Eat” Restaurant Review Show

Tuesday and Thursday. 11:00 AM

“Take Two and Hit To Right” Sports Show

Monday and Friday, 8:00 PM

UCO Meetings

Broadcast each day at 9:00 AM and 6:00 PM.

Meetings are aired for one week after actual meeting.

All shows and UCO meetings are also available, online and on demand at: www.ucoreporter.com

An Election, Moderators and The 1%

BY IRVING RIKON

The first major television debate of the next election cycle was held in August. Ten Republican candidates for President of the United States and three Fox News "moderators" faced off against each other. A moderator began by asking who might not back the Republican nominee or would consider running as an independent. Having nothing to do with who will be the best President and why, it was a question on loyalty to the Republican Party. After that, Donald Trump who, it has been rumored, might run as an independent, and moderator Megyn Kelly spent unnecessary time baiting each other and exchanging barbs. To my mind, this was a circus.

In real, proper debates, a given debater has a pre-announced amount of time to stake out his or her positions. Others are granted equal time. Everyone on the podium is then given opportunity to respond. The "moderator" should truly moderate so that nothing gets out of hand and, if an important issue is not raised, then raise it. As it was, the moderators seemed to fancy themselves as celebrities and, although we had hints of candidates' personalities, with moderators determining many issues, those issues for the most part seemed secondary. In future debates I hope that sponsors focus on those who are running for public office. Better yet, I'd like to see such debates on C-Span, without sponsors and opinionated moderators.

Donald Trump is a so-called "one percenter", that tiny group of millionaires and billionaires who collectively control much of the nation's wealth. Most shy away from personal publicity. They try to keep their private lives private. Not The Donald. His Trump card is his wealth. He flaunts it. His supporters like him since he does not need others' money to campaign or run the country. These folks believe he says what he thinks. He cannot be bought.

Trump has aides and political advisers, but what he needs to do is to listen to advice. Resist all temptation to attack individuals personally, and refrain from bad-mouthing governments at least until all facts are in and known. You're charismatic, Mr. Trump, but if you tried hard enough, you might also be the next President. It's one



thing to insult Ms. Kelly or John McCain, but if you insult Vladimir Putin, we could be fighting World War Three.

To digress briefly, Mr. Trump did insult John McCain. Without rehashing the details, he said Senator McCain was not a hero. But McCain is indeed a hero, not solely because he was a prisoner of war in Vietnam, beaten and tortured for five years, or because he declined to be released unless fellow prisoners were also set free. Beyond that, after being elected to the United States Senate, John McCain became the most prominent American to call for normalization of relations with Vietnam. He went to Hanoi to speak with Vietnamese officials. Like South Africa's Nelson Mandela, he forgave his former foes in order to bring peace. Mr. Mandela rightly received a Nobel Prize for his work. Today, Vietnam is one of America's friends. John McCain is one of America's heroes.

Returning to the 1%, a year or so ago, I met one of the Koch (pronounced "Coke") Brothers at the Society of the Four Arts in Palm Beach. He had financed and organized one of the best exhibitions this illustrious museum has ever had. Not knowing who he was and mispronouncing his name, I approached him to thank him. He struck me as being very nice, cordial, intelligent, and I wished I had him as a personal friend. I still do, but now, as a friend, I would speak even more respectfully and ask some questions.

Just by way of background, the Koch Brothers are industrialists and business people, sons of Fred C. Koch, who founded Koch Industries, according to Wikipedia, the second largest privately owned company in the United States. In

2013, its revenues are said to have been \$115 billion. That wealth was begun by the elder Mr. Koch, who developed a new cracking method for the refinement of heavy oil into gasoline.

Here's what I would say and ask: Your family has several large charitable foundations. They give higher education scholarships. They contribute to cancer research, the sciences, the arts. They uphold some of New York City's most renowned arts institutions. Yet the family is probably best known for funding people who voice skepticism about climate change and for political advocacy. The brothers contribute huge sums of money to the most conservative members of the Republican Party. I've read that the Kochs are prepared to spend \$900 million in the forthcoming elections to support the candidates they favor. (Donald Trump is surely not among them!)

But why spend so much money to buy politicians who are transitory? They come; they go. If people vote them into office and find they don't like them, in a republic like ours, they'll vote them out in the next election or the one after that or the one after that. You'll work to get some bills passed that you favor, yet a few years later, those could be repealed by the next office holders.

Why not invest heavily in primary school education? Go into some of the nation's poorest, neediest neighborhoods and build schools with terrific teachers who

will inspire their students and inform them on how to become middle class, upper-middle class and even rise to join the 1%. You needn't hit them hard with any specific ideology. Teach them how to grow socially, financially, mentally, physically, emotionally. Put your name on the buildings. The students will remember you, and they and theirs will want to emulate you for generations to come. That's spending for the long term!

Philanthropy is one of America's proudest traditions. Steel magnate Andrew Carnegie built

public libraries all over the United States. Older folks would tell me how they treasured those buildings which served to teach them so much. Today, the Bill and Melinda Gates Foundation and Warren Buffett instruct with machines. Their foundation works to eradicate AIDS and malaria. The Ford and Rockefeller Foundations are almost legendary. Among other things, the Rockefeller Foundation has succeeded in increasing world food supplies. In America industry and philanthropy go hand in hand. Together they helped to make this country great.

When you finance political candidates, why not finance those who will continue to make America great, regardless of Party affiliation? America's true wealth is with its people. Make the country mightier by helping to raise all its people up to heights greater than currently exists. Americans might not always agree with every topic under discussion. But their ability to disagree is one of those things that gives America strength! With laws and honest government, they have the wherewithal to alter things so as to improve their lives and America's future. Yet they need a boost. They need incentives. They need to believe it's possible! And yes, they'd like to have you on their side!

Thanks for your time, and thanks again for that wonderful exhibition at the Society of the Four Arts!

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All I Need to Know

About Being a Good Neighbor in CV I Learned From My Dog

BY JODY E. LEBEL

Is there something in the water here that makes people unpleasant to live with and deal with? The bingo group doesn't like the card group. The two acting clubs don't speak to each other. The gym rats snub their noses at the folks in the pool doing water aerobics. What's going on? Why can't we all get along? Do we lose the 'nice' gene as we age? Life's tough enough. Do we have to have 'mean girls' in our senior citizen years too? I hated high school yet here I am fifty years later back in the lunchroom, eyeing my tray of food, afraid to eat because someone might have spit in it. Dogs don't act that way. Drop a dog off at the dog park and they quickly find friends and have a great time. They're not judgmental.

It got me to thinking. We could learn a lot from a dog.

1. Looks can be deceiving.

Dogs give everybody a chance. Take the pit bull for example. They look mean and innately aggressive when really they're sweet creatures just like any other animal that thrives on attention and affection. Every day we judge people by their looks or what they wear or how they talk. We look down on people with old cars or shabby shoes. When was the last time you took a moment to find out what's underneath? Now, my dog? He'll sit by anyone with a good soul.

2. Noise and letting go.

Dogs hate loud noises. They run and hide under the bed. Neighbors hate loud noises too but they're more apt to pound on your door and tell you to stop it. Dogs are role models at forgiving and forgetting. They greet you at the door with a wagging tail and a bunch of kisses. You can have hard words with them, tell them no a million times, but still they love you. Maybe Grandpa Jones wasn't feeling well this morning when he grumped at you for nailing

some pictures on your wall. Don't hold a grudge. Know when to use your tongue and when to hold it, and avoid biting when a simple growl will do. And be sure to wag your tail the next time you see him.

3. Meet people and play nice.

Getting to know your neighbors is the first step in getting to understand your neighbors and why they do the things that drive you crazy. Maybe Doris couldn't afford her meds this month and got a little forgetful and left her laundry in the washer all day. Knowing that, you won't be so tempted to throw her wet clothes on the floor. Rita has a lovely wreath on her door. Be sure to tell her it's so pretty it should win a prize. Put a smile on someone's face. It doesn't cost anything but it sure ups your score on the nice neighbor scale. The ladies might even start bringing you cupcakes. Dogs love to see the leash. It means we're going outside for some fresh air. Yay! It's impossible to interact with people when you don't open your door. Get out, take a stroll on our lovely walking path. Walking is good for you. And you can't get lost. It goes in a circle for Pete's sake. There are lots of people out walking for you to say hello to. My dog greets everyone with a nose nudge but you should probably just greet people with a smile.

4. Respect for territory and sharing.

Dogs have spots they call their own. They circle three times and get comfy. We humans also have this phenomenon and one of our prized places is our parking spot. Always park in your own and don't impinge on your neighbor's. Okay, so Mrs. Kramer's parking spot is in the shade and yours isn't. That doesn't mean you can sneak in her spot. Speaking of spots, some older cars drip a little oil. It can't be helped. We all can't afford a new car. Try to be aware and clean up your oily spot



so your neighbors don't track the ooze up the sidewalk and into their homes. Or heaven forbid, slip on it.

When someone is having a bad day sit close by, offer them your favorite chew toy, and nuzzle them gently. All right, you don't have to nuzzle but be available when you're needed. Does your neighbor, who doesn't drive anymore, need a ride to the doctor? Would it kill you to do that for her once in awhile? Or bring her some fresh fruit from the Green Market since she has a hard time getting there? Share your time when you can. You never know when it's going to be your turn, but you do know sooner or later your turn will come.

5. Stick your head out the window and howl.

A dog would never pass up the opportunity to go for a ride and will stick his head out the window with great gusto and joy. Get together with other Century Villagers and have a coffee, chat. Go see a movie at the clubhouse. Play cards or join a club. Bond with your pack. Sometimes life can get very serious. Especially as the years pass. Our society and culture doesn't place a high value on playing, laughing,

and having fun. It's simple really. Lighten up and enjoy yourself. A happier you makes a better neighbor. Better neighbors make a better Village. So go fetch your equivalent of a yellow tennis ball. Can't find anything that sparks your interest in the over 150 clubs and groups CV has to offer? That's hard to believe, but take a hint from my dog: If what you want lies buried, dig until you find it.

6. Protect your home and speak up.

Dogs bark when strangers lurk. Let's face it, dogs bark when anyone passes by. It's your duty to keep an eye on your home and that of your neighbor's. Report any suspicious activity. Don't be afraid to ask a person you've never seen before if you can help them, or if they belong on the premises. This rings true for the business of the Village as a whole, but be aware that renter's barks will be less tolerated than a homeowner's. In fact some may say renters have no business growling in the first place. It's important to know your place in the pack. If you hanker to run with the big dogs, that's okay, but be prepared to pee in the tall grass.

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Then and Now

BY LENORE VELCOFF

As the Jewish High Holy Days approach, Rosh Hashanah (the Jewish New Year) and Yom Kippur (the Day of Atonement), I am reminded of the three phases of my life. They were my formative years in Newark, New Jersey, my maturity in Albany, New York and my retirement here in Century Village.

Each time of my life and each location brought different traditions and celebrations. My father owned a tavern on one of the main streets in the Weequahic section of Newark. The bar was open 365 days a year. However, it was closed three nights (the first night of Passover, Rosh Hashanah Eve & Yom Kippur Eve). Those nights we celebrated with a large family dinner. Unlike most Jewish families, however, who drank kosher red wine, we drank imported French champagne. We were not very religious and because of my father’s business, we always had the best wine available. After our meal, however, we did adhere to one tradition. We dipped apples slices in honey to signify our hope for a sweet year. The schools in Newark were open on the Jewish holidays but I did take the days off. As my

family and my friends’ families were not members of a synagogue, my friends and I did not attend services. We spent the day parading from one synagogue to the next (there was one on almost every block in the area) showing off our new clothes, our holiday tradition.

But times and location changed me. As a mother raising three boys in a much more integrated neighborhood, we joined one of the three Temples in Albany. We still had a family dinner, but a much smaller version as our relatives lived 180 miles away in New York City. We drank Manischewitz Concord Grape wine, the only kosher wine available. I bought the meat for our meal in the only kosher butcher in town as the neighborhood supermarket did not carry the cut of meat we were accustomed to. However, the apples and honey were ever present. The schools in Albany were open unlike those in the New York City area which had a much larger Jewish population. My children did not go to school and we attended synagogue together as a family as we wanted to instill the beliefs of our religion in them.

After my children were grown and living their own lives, my husband and I retired and moved to Century Village. We had no family here and my first holiday in Florida was sad as we were just the two of us. So we started to build another family and new customs. My friend started a women’s organization – WOW – the Women of Wellington and each year we celebrated with other residents who also had no family nearby. We went to different venues – restaurants, golf courses, country clubs – that catered a holiday dinner for us. As the organization grew, so did our “new family”. We built our

own traditions, though the same type food and Manischewitz wine was always present.

However, once again the years changed Rosh Hashanah for me. As our members aged, some moved to be nearer their children, some passed away and so as our enrollment decreased, we dissolved WOW. Now, just a few of us old friends search all over Palm Beach County to find some location that will provide us with a traditional meal and the ever present red Kosher wine. But now as then, I still hope for a sweet New Year and try to atone for my sins.

Call for Volunteers — Clubhouse ID Office

UCO needs residents who are willing to work one or two days each week at the Clubhouse. Volunteers will greet residents at the ID office reception area, maintain a waiting list and conduct residents to the service area.

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Our Volunteer Ushers

BY RUTH BERNHARD

When attending a show, movie, or going to a dance, have you ever wondered how the ushers come together to maintain a smooth running operation? It was quite a revelation to me to learn how this is done.

Ron Massa is the Coordinator of Ushers who, with two assistants, and overseen by VP Barbara Cornish, schedules 54 ushers for their monthly assignments. Each usher works a show, dance, and movie and is chosen alphabetically from a master list. There are 4 for a movie and 4 for a dance, including the captain who is in charge of the particular event. There are 10 ushers in the summer for shows and in winter, when there are 750 or more attending, 18 ushers will be scheduled. Each is assigned a station and assistant captains are there for dances. Unlike usual show nights, three events require extra ushers as there is a large turnout for these special activities: New Year's Eve, Halloween and the Sweetheart's Ball (Valentine's Day).

Volunteers must learn the theater seating plan to direct theatergoers to their seats for shows. I know for a fact that any of them can direct me to a seat without a thought or a blink of an eye because they are so well prepared. Overall this is a difficult job and one that our residents take for granted. Usher dress code is white top or shirt and black slacks/pants, and black shoes, black sweater or jacket. Among Ron's responsibilities is replacing

ushers in emergency situations when those scheduled cannot appear for their assigned time. The hope then is that someone can fill in at those times.

To maintain appearances on show nights, the dress code for residents is a collar shirt and long pants for men and pants or skirts below the knee for women with a blouse/top. Dress code restrictions are printed on the back of theater tickets, but have been very difficult to enforce by ushers and it is requested that cooperation be observed to make ushers' jobs less difficult. While shorts are permitted at movies, hats are not permitted at any event because they restrict the vision of those sitting behind the hat wearer. Cooperation goes a long way.

It is not true that ushers are able to see all events at no charge. Ushers see a show or movie when on duty and even then, their first responsibility is seeing that everything is going right in the theater at all times. If they wish to see other shows, they pay for them just as we all do. They are invited to the January Volunteer Luncheon in the clubhouse party room along with all other volunteers. They are not afforded any other privileges.

Ron and the Ushers Committee are looking for new volunteers and anyone can apply by filling out a form available in the UCO office. There is a training program when all new recruits learn what is necessary to be an usher. This is your chance to become a volunteer usher.



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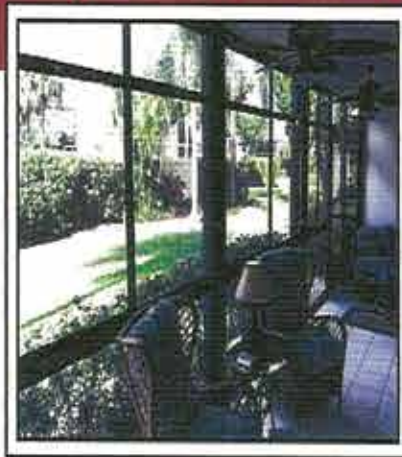
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Rosh Hashanah

BY BOBBI LEVIN

Rosh Hashanah, commonly referred to as the Jewish New Year, will begin at sundown on Tuesday, September 22. Unlike secular New Year's celebrations which often include silly hats, noisemakers, and boisterous partying, Rosh Hashanah rituals are subdued and contemplative. Some people celebrate for a single day and others for two days. Work is prohibited and religious Jews spend much of the holiday attending synagogue.

The sounding of the shofar - a trumpet made from a ram's horn - is an essential and emblematic part of both Rosh Hashanah and Yom Kippur. Hearing the shofar's call is a reminder for us to look inward and repent for the sins of the past year.

Following religious services, families often gather for a festive meal rich in symbolism and tradition. The meal typically begins with the ceremonial lighting of two candles and features foods that represent positive wishes for the new year. One of the most popular Rosh Hashanah customs involves eating apple slices dipped in honey. Ancient Jews believed apples had healing properties, and honey signifies the hope that the new year will be sweet. On Shabbat and other holidays, Jews eat braided bread known as challah. On Rosh Hashanah, the challah is often baked in a round shape to symbolize both the cyclical nature of life and the crown of God.

As a young homemaker, I was determined to maintain the holiday rituals I learned from my mom and bobba. Preparing for "the holidays" was always exhausting and sometimes terrifying. First, the house had to be cleaned from top to bottom, inside and out. Windows had to sparkle and every blade of grass on the front lawn was

coaxed to stand at attention! Time had to be found to shop for new shoes for the children, a new tie for my husband, and a new hat for me. As I recall, those extravagant hats were never worn again except by my daughter at nursery school Show and Tell!

Cook books were scoured for recipes that might improve on the old standbys - chicken soup, green beans, and honey cake. One year, I took out a second mortgage on our house, invested in eight pounds of buffle carp and whitefish, and attempted to make my own gefilte fish. The pot filled with flavored broth, fish heads, skin and bones, simmered for hours on the stove and frightened the kids when they returned from school. Suffice it to say, the resultant fish balls were a disaster. They did not smell like, look like, or taste like bobba's masterpieces and now I serve only the store bought variety.

I must admit that for many years, my matzoh balls resembled spaetzle but thanks to Streit's Matzoh Ball Mix, I perfected the art of the light and fluffy matzoh ball.

If your kitchen was anything like mine during the holidays, oven space was precious. With brisket and chicken in the oven and soup on the stove, I never had enough space to cook the family's favorite side dish - tzimmes.

What is a tzimmes? The best translation is "mishmash" or "hodgepodge." There are endless variations on the basic tzimmes recipe. Some mix carrots and sweet potatoes. Others add dried fruits. Others braise brisket with the carrots. My favorite recipe is meatless and is made in the microwave. It often garners the supreme compliment, "That is a gahntze timmes!"



Quick 'n Easy Holiday Tzimmes

- 1. In a microwavable container, mix together:**
 - 3-4 medium sweet potatoes- peeled and cut into bite-sized chunks.
 - 2 bags of frozen sliced carrots (no need to defrost).
 - 12 ounces of pitted prunes (I snip the prunes in half).
- 2. Mix together:**
 - 6 tbsp. honey, 1/2 tsp salt
 - 1 tsp cinnamon, 2 tbsp lemon juice
 - 1 cup orange juice
- 3. Mix liquid with vegetables.** Cover and microwave on high for about 30 minutes or until potatoes are fork tender. Periodically, stir the mixture so everything gets to simmer in the sweet liquid.
- 4. Add additional orange juice** if the liquid is absorbed completely.
- 5. If necessary, reheat** in a low oven at meal time.

LOCAL DINING: Testa's

BY DONALD FOSTER

Summertime is a little bit brutal in Florida. Nobody likes the heat, but at least it never has to be shoveled. We adapt, just as we did during winters up north. Outdoor activities happen at the crack of dawn or the hour or two before sunset, and we find ourselves outside at night more than in the winter months. We also eat out for dinner more often than for lunch, which is more expensive and needs to be budgeted for, just like everything else. So we look for deals; comfortable restaurants with good food and twenty dollar entrees. If dessert and iced tea is included, even better.

I have been eating at Testa's in Palm Beach since forever and can't remember having a bad meal there. Over the winter, my wife and I enjoy their Sunday brunch, outside on the front patio. In summer, we switch over to the Sunset Menu (3:00 to 6:00PM), which serves a complete meal for \$18.99. Christine's favorite is the Chicken Gorgonzola, a broiled cutlet smothered with a cheesy cream sauce and served over fettuccine. She always takes half of her meal home. I usually order one of the shrimp dishes and carry out no food box, but last visit I wasn't in the mood for shrimp;

I ordered the chopped steak and enjoyed the dish more than I expected to; the brown mushroom gravy was tasty and a little salty. The comes-with dessert is usually ice cream, and they have coconut flavor, which is sweet and chewy. Sometimes we split one of Testa's cost-extra signature desserts, strawberry pie or coconut cake, a huge portion for \$2.95.

Beside the good food and friendly service, I particularly like sitting in this dining room. It is a little dark, with cozy wood booths that were probably built in the twenties and make it difficult to see other diners

and vice-versa. This is a good spot for two or four people to eat and talk intimately, and the staff will allow you to do just that, especially at this time of year, when no other customers are standing at the bar or lingering near the hostess station, hoping to get a table before the early bird expires. Summer is not so bad, you just have to adapt.

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Standing Room Only!
“Star Reflections” by ACT 2
Community Theatre

BY JODY LEBEL

When you put your heart and soul into something, it shows. How fortunate for Century Village to have the Act II Community Theater, a group of Century Village resident who create scripts, cast plays, and put on performances for our enjoyment. Their latest effort was a variety show titled Star Reflections, a lovely romp through time with tributes to movies and TV that included music, comedy skits, and jokes. Emceed by Victor Kane, this two-hour production went just about seamlessly. The Act II cast makes good use of teleprompters, lighting, and microphones, along with full costumes and a wonderful changing backdrop screen that displays the perfect scene for the number being performed. The cast had the full-to-capacity audience singing along to such numbers as “Amore”, “Tootsie”, and “Singing in the Rain”.

The cast is too large to name everyone, and many players did more than one act, but some highlights for me were: the Burns & Allen comedy routine with Sheldon Notgarnie and Joyce Lapskur; The Honeymooners skit with Thom DelNero, Steve Mussman, and June Kleinwaks; Kitty



A memorable Burns & Allen skit from “Star Reflections”

and John Gragg performing “How Could You Believe Me”; and during the song “Some Enchanted Evening”, sung by Lucy Ascuncion, the “stranger from across the crowded room” really did show up.

Producer John Gragg, who works alongside his director wife Kitty, said they already have several scripts lined up for their fall and spring shows. I won’t divulge what they are and spoil the fun, but be prepared for more great entertainment from this group in the coming year.

The Act 2 Community Theater meets every Wednesday at 7:00 PM at the Clubhouse in classroom C, and new cast members are always welcome.





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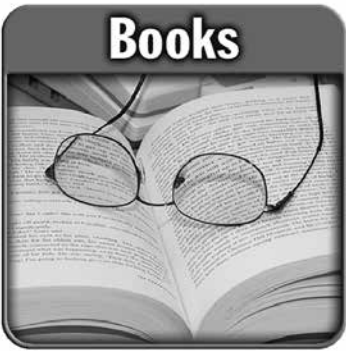
The Reader's Corner

BY LENORE VELCOFF

West of Sunset by Stewart O’Nan is a fictional biography of the last three years of F. Scott Fitzgerald’s life. His wife Zelda is in a mental institution. He

is an extreme alcoholic, and his fortunes have turned. He has moved out to Hollywood to write for the movies, but at this point in his life he has trouble even making that work. With a few old connections, he manages to find work writing scripts for a very good price and although the scripts are often changed until his work is unrecognizable, it pays the bills. The story takes place in 1937 and most of the action is set in Hollywood. Like “The Paris Wife” the faces are famous and the names familiar: Parker, Hemingway, Bogart, Graham, and Schulberg, plus a dozen others.

While struggling to stay sober, Fitzgerald dreams up what would be his last (unfinished) novel, The Last Tycoon. His marriage to Zelda



is in name only, and while in Los Angeles he falls in love with a much younger woman, gossip columnist Sheilah Graham. Of course, we all know the sad ending — F. Scott Fitzgerald dies of a heart attack at forty-four years old. O’Nan does a very good job of showing how heavily Fitzgerald’s conscience weighed on him in terms of his alcoholism, his infidelity, and his shortcomings as a husband. The glitter and sparkle of the Jazz Age is not present in this novel. Instead, we are given the gritty bits of a struggling Fitzgerald.

It takes a brave author to write about the self-destruction and decline of a gifted man. *West of Sunset* doesn’t sugarcoat Fitzgerald’s weakness or failures. My oldest son Brad, who is the only man in his book club, told me that he and the rest of the group really enjoyed this book. I thought it was only three stars out of five. Read it and see what you think.

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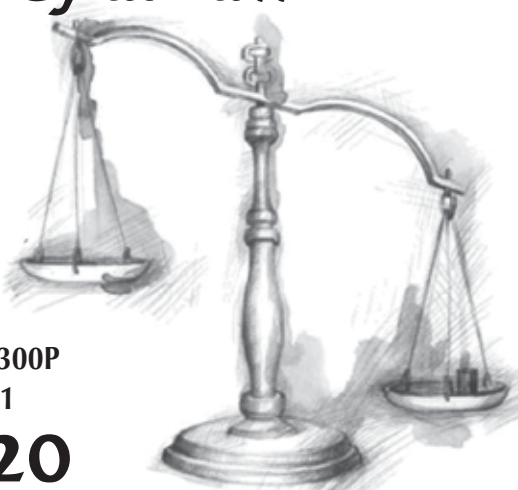
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Wednesday, 9/23 — Yom Kippur- 9:00AM-2:00PM, Yiskor approximately 10:30AM.
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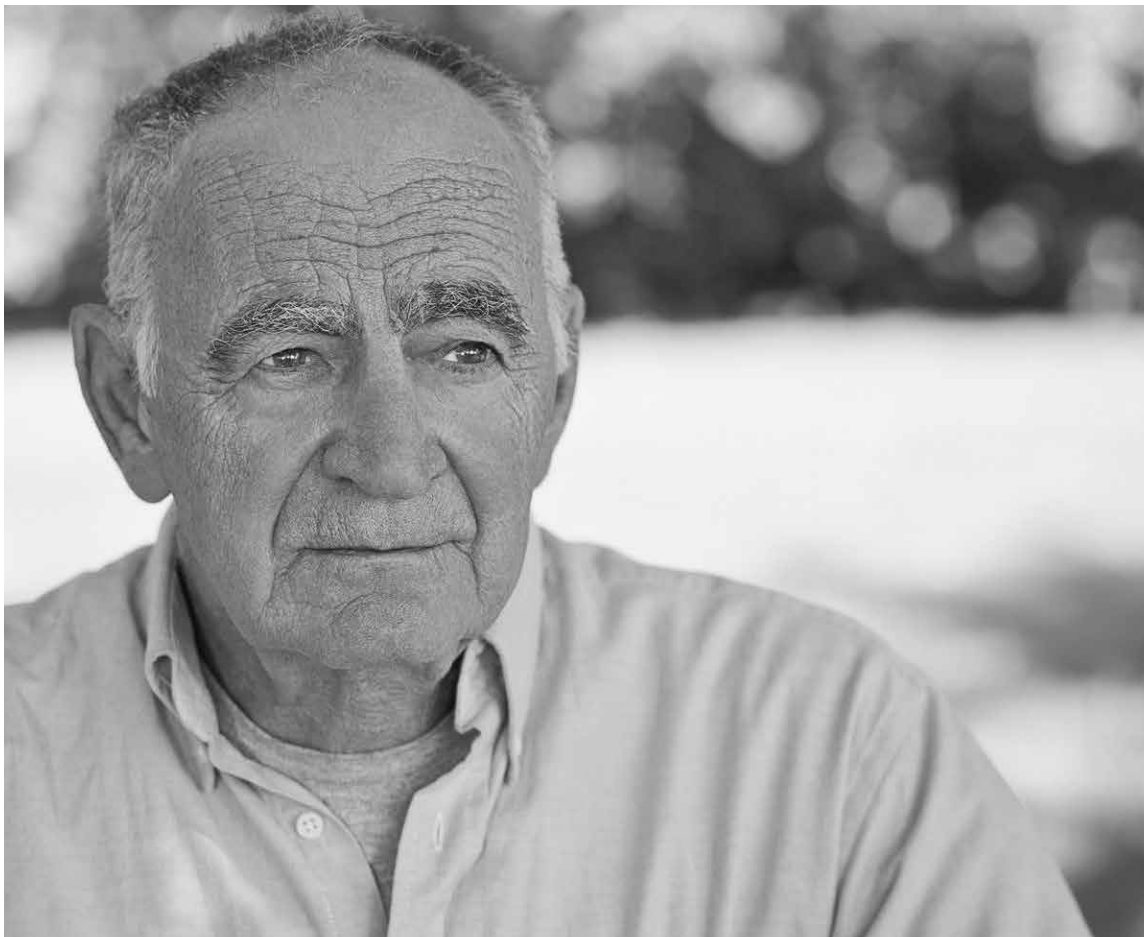
TRY ME AND SEE RESULTS.

Newly Formed Alzheimer’s Support Group Meets in CV

BY JODY LEBEL

It doesn’t matter if you come from the poorest family on the face of the earth or you were the President of the United States, Alzheimer’s disease does not discriminate. In a recent survey, Alzheimer’s was listed as the most feared disease among American adults, second only behind cancer. Dementia is also well documented as being the most costly disability in the world.

I first realized my mom was ‘losing it’ when she would tell me the same cat story over and over again. Every time we’d get in the car to go shopping, she’d say, “Did I tell you what the cat did today?” And inside I’d whine and think, “Not the cat story again!” Then she couldn’t do her checkbook. Then she would confuse her dates and months. I moved here to Florida but mom didn’t want to come with me, stating she preferred to stay where she knew her surroundings and neighbors. That made sense, so I didn’t push her. For months she would ‘present well’ when we talked on the phone, but one day the police called to tell me mom couldn’t find her way home. That weekend I flew up to take her to the doctor. Mom was diagnosed the late stage Alzheimer’s. And so my eyes



were opened to what was really happening to her, and I began my journey as her caregiver. Alzheimer’s disease is an irreversible, progressive brain disorder that slowly destroys memory and thinking skills, and eventually the ability to carry out the simplest tasks. Estimates vary, but experts suggest that more than 5 million Americans may have Alzheimer’s. With staggering numbers like these, more and more of us will become caregivers in our lifetimes. Caring for a person with Alzheimer’s disease

can have a high physical and emotional cost. The demands of day-to-day care, changes in family roles, and decisions about placement in a care facility can be difficult, if not crippling to the family. Becoming well-informed about the disease is one important strategy so I was delighted to hear that Carmen Watson, a CV resident, formed a new caregivers group to not only address good patient coping skills, but also to help develop a strong support network here in the Village as well as learn

other ways to help caregivers handle the stress of caring for a loved one with this disease. The first Alzheimer’s Support Group meeting was held in classroom C on Tuesday, August 11th. Ms. Watson invited Tequesta Alston, Program Services Coordinator for the Southeast Florida Chapter of the Alzheimer’s Association, to speak to the gathering. The first meeting was a PowerPoint discussion focusing on the topic of how to tell the difference between dementia and memory loss due to normal

aging, something a lot of us worry about. Ms. Alston highlighted the ten warning signs of the disease, and answered questions from the group, which numbered 23 persons. Informative, calm and reassuring, Ms. Alston set the stage for future meetings which Ms. Watson plans to organize at the Clubhouse. Dates are being firmed up for this series of informational get-togethers, as well as twice-monthly caregiver support group meetings. Mom lives with me here in Florida now. She has to. My days are filled with answering the same questions over and over. And I do it with a smile. My goal is to make her laugh every day, give her food she loves to eat, and make her feel comfortable and safe. I thank Ms. Watson for stepping up to the plate and spearheading this effort to help those of us with this most complicated, emotional and sometimes overwhelming task of our lives. For more information on the disease, its signs, and tips for caregivers you can call 1-800-272-3900 or go on-line to www.alz.org.seflorida. Watch for future Alzheimer’s Support Group dates and times from Ms. Watson in the *UCO Reporter*.

<div><div>VITAS Healthcare</div><div>110 Century Blvd., Suite 101 West Palm Beach, FL 33417</div><div>**RSVP is required for most events**</div><div>561-683-5012</div></div>				
COMMUNITY RESOURCE CENTER — SEPTEMBER 2015				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Care Giver Support Group 1P-2P1	Bone Health with Dr. Sandy 2PM2	Bereavement Support Group 10A-1130A3	Game Day 2PM4
Blood Pressure Check 9A-11A Massage Therapy 9A-12P7	Care Giver Support Group 1P-2P8	VITAS Presents Snack and Learn 11A9	Bereavement Support Group 10A-1130A10 Highlights of the Jewish New Year with VITAS1:30PM- Snack Provided	Balance and fall Prevention with 10min exercise to prevent falls 2PM- Snack Provided11
Blood Pressure Check 9A-11A Massage Therapy 9A-12P14	Care Giver Support Group 1P-2P15	Music Therapy 10A-11A16	Bereavement Support Group 10A-1130A17	Adult Hearing and Resource Center 2PM- Snack provided18
Blood Pressure Check 9A-11A Massage Therapy 9A-12P21	Care Giver Support Group 1P-2P22	Let us help get your affairs in order 11AM- Bagels Provided23	Bereavement Support Group 10A-1130A24	Strategies for Stress Relief 1130A25
Blood Pressure Check 9A-11A Massage Therapy 9A-12P28	Care Giver Support Group 1P-2P29	Shalloway- Presentation 2PM30		

WPRF NEWS

BY EVA RACHESKY



Eva Rachesky
V.P., WPRF

There is new buzz going around the Village concerning the recently closed Guest Pool and what, exactly, is wrong with it. Some residents came by to conduct their own inspection and found that several pavers that make up the surface of the coping had given way. Looks like a simple repair, right? Wrong.

The sad fact of the matter is that the Guest Pool was redone only 4 years ago.

WPRF became aware that the pool finish was breaking up in both the shallow and deep end of the pool. The company that did the work on the pool was contacted. They were quick to deliver a bucket of patch, hand it over and leave.....WPRF was on its own. The patching material was applied to both areas, buying us time, as there was no money in the 2013-2014 budget to redo the Guest

Pool. Further inspection of the pool showed that the grout holding the coping together was cracking. A contractor was brought in to give us a price that would include the following: Replace the Diamond Brite finish, redo the coping, add a four-foot paver perimeter around the pool, replace the old expansion joints with pavers, redo the shower to ADA standards and create a landscaping bed around the deck drain/electrical junction box. This information was presented to the Operations Committee at budget negotiations last year; the money was approved and added to the 2014-2015 budget with the understanding that the work on the Guest Pool would commence sometime this summer.

WPRF has finalized the RFP (request for pricing) and sent the RFP out to three pool companies requesting bids. Once received, the bids will be presented to the Bid Committee for review, they will make a recommendation and then WPRF will ask the Operations Committee for final approval.

The guests are being directed to the Resident Pool. I ask that we all put our best foot forward and be gracious hosts. WPRF is moving as quickly as possible taking the necessary steps to get the work underway.

Okeechobee Branch Library News

BY CHARLES WAUGH

Stop by the library today to borrow books and movies or check-out a program! Property Appraiser Gary Nikolits and Chief Deputy Property Appraiser Dorothy Jacks will present and speak on a variety of tax savings benefits for property owners, including portability, appraisal and exemption services. Enroll Palm Beach presents an informational workshop followed by one-on-one assistance to learn more about the Affordable Care Act process ... from coverage to care. This month also brings the end of The Great Courses® series "How to Stay Fit as You Age," and the start of a new series "The Everyday Gourmet," now on Thursdays at 2:00 p.m.

Do you need help downloading an e-book to your mobile device or accessing library online databases? Call for an appointment to "Book-a-Librarian" for personal attention.

The Okeechobee Boulevard Branch Library is located next to Dunkin' Donuts. The hours are: Monday, Tuesday, and Wednesday from 10:00 a.m. to 8:00 p.m., Thursday and Friday from 10:00 a.m. to 6:00 p.m., and Saturday from 10:00 a.m. to 5:00 p.m. All Village residents, including seasonal residents, are eligible for a free library card with proper I.D. Visit the library today!

September Programs

Call for Appointment.....	Book-a-Librarian
Thu, Sep 3, 10:30 a.m.	eBook Help (Kindle, I-Pad)
Fri, Sep 4, 2:00 p.m.	The Great Courses®
Tue, Sep 8, 8:30 a.m.	Mousing
Thu, Sep 10, 2:00 p.m.	The Great Courses®
Mon, Sep 14, 12:30 p.m.	Beginning PowerPoint 2007
Tue, Sep 15, 8:30 a.m.	Browser Basics
Wed, Sep 16, 3:00 p.m.	Beginning Word 2007
Thu, Sep 17, 2:00 p.m.	The Great Courses®
Mon, Sep 21, 2:00 p.m.	Property Appraiser Program
Tue, Sep 22, 1:00 p.m.	Beginning Excel 2007
Thu, Sep 24, 2:00 p.m.	The Great Courses®
Fri, Sep 25, 11:00 a.m.	Coverage to Care
Mon, Sep 28, 1:00 p.m.	Banned Book Movie
Wed, Sep 30, 1:00 p.m.	Banned Book Movie

Okeechobee Blvd. Branch Library

5689 Okeechobee Blvd., West Palm Beach, FL 33417
(561) 233-1880 www.pbclibrary.org

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Gary J. Drucker

Essex Farm

BY DONALD FOSTER

When my wife and I lived in the country, we belonged to a full-diet CSA Farm. "CSA" means "community supported agriculture"; the best way to describe this is to compare it to cable TV, except with food instead of HBO. Subscribers pay the farm (currently \$140 a week or \$7000 per year for two people), and the farm provides "all your food, in any quantity or combination that the subscriber likes." Every Friday afternoon, one or both of us would show up at Essex Farm for distribution, which would include seasonal vegetables, fruit, raw unhomogenized milk (with the cream at the top of the bottle like the old days), butter, yogurt, sour cream, eggs, pasture raised pork, free-range chicken and grass-fed beef. There were other bonuses at different times of the year: cut flowers in summer, a Christmas tree, maple syrup in March, firewood and soap in November. When the cows were giving up lots of milk, we got ice-cream and cream cheese. In June, we got strawberries and so many damn eggs that we would cook breakfast for our whole church. Essex Farm does not provide candy bars, toilet paper or rum, so we still had to go to the supermarket from time to time, but mostly we ate what the farm provided, and enjoyed it.

Now, when we return to northern New York for our vacations, the owners of Essex Farm allow us to buy in for a week at a time, and we look forward to



Pancake the Pig

collecting our food and seeing what, and who, is new. This year, the "what" that is new is mutton. Mutton is meat from a sheep, the adult version of lamb. For years, our friend Mark, who owns Essex Farm with his wife, Kristin, resisted his wife's repeated requests for sheep; something about sheep getting sick a lot, I think. Anyway, on the second Friday of June, we were greeted by a new sound, "Baaaaa!" and we left the farm with boneless sirloin mutton chops.

"I'm not eating any mutton." So says my wife. I froze the mutton, brought it home to Century Village, and made a stew using a recipe that was published in *The UCO Reporter* last March. Now we can say that at least one Century Villager actually cooked one of the recipes in the paper. I told my wife that there was a sale on beef at Winn-Dixie, she complimented me on the stew, and ate the leftovers for lunch the next day. I pulled this trick on her often when we still lived up there, whenever I brought



Sheep

home any meat that was unfamiliar to her. When Mark shot a deer and distributed it to the members, we had beef stew. When a huge old bull named Rupert was slaughtered, I brought home his heart, which was as big as my wife's head, and we had beef stew. That one wasn't really a lie, but as far as my wife was concerned, it might as well have been.

The "who" is new is Pancake the Pig. Pancake was born in the winter, and almost died on day one. His mother accidentally rolled over on top of him and the rest of his littermates. Kristin and her two little girls took sole survivor Pancake (as in "flat as a...") into their kitchen and revived him. Pancake spent the winter as a house pig, adopted by the two farm dogs who shared Pancake's black and white coloration, making them appear to be a family. Christine and I followed Pancake's progress on the Essex Farm blog, and we both thought that he would end up the subject of a

children's book until it occurred to us that Pancake would eventually end up as a pork chop. Not a nice ending for a children's book.

When we got back to the farm in June, I walked back to the pig barn to meet Pancake in person. He was pretty big by then, and pretty dirty too, sleeping with a bunch of other pigs in a nasty pile of what I euphemistically describe as mud. The only reason that I knew who he was is that when I said his name, only one pig bothered to even look up at me. Small farm pigs eat pretty good: surplus vegetables and milk, eggs, whatever. Essex Farm pigs spend their summer days in their own pasture, planted with corn, beans and squash. The result is a pork chop that has a nice amount of tasty fat on it, making it perfect for pan-frying. Commercial pork, perhaps following the tastes of health conscious Americans, has become super lean, and a Publix pork chop tossed into a hot frying pan will be good for resoling a shoe. When we return to Essex Farm this month, there will very likely be pork in the share, and we will enjoy it very much. Sorry, Pancake.

Essex Farm CSA
2503 NY 22
Essex, NY 12936
www.essexfarmcsa.com

A History of Labor Day

BY JORDAN SILBERT

Many Americans associate Labor Day as a day of barbecues, parades, and great deals at retail stores. Others see it as an unofficial end of summer. No matter how you celebrate the day in order to truly celebrate it you should know how it started and why it exists. Labor Day became a holiday in the 1880's, but its roots date back to the early 1800's. During this time the Industrial Revolution was in full swing. For Americans this meant long work hours for low pay with little or no benefits. It was also common to see school aged children working in hazardous factories. These poor working conditions led to the start of the Labor Movement. During this movement groups like the Knights of Labor, Central Labor Group, and American Federation of Labor (AFL) were created. Their goals were to defend the rights of those working in the industrial sector. They fought for better wages, safer working conditions, and reasonable working hours. Many of the worker rights laws these groups helped to pass are still

in existence today. The first Labor Day was celebrated on September 5, 1882 in New York City by the Central Labor Union. Two years later the holiday was moved to the 1st Monday in September. In 1887 Oregon was the first state to make it a holiday. The Federal Government made it a federal holiday in 1894, shortly after a union strike named the Haymarket Affair was broken up by U.S. troops leading to several deaths on both sides. Who actually proposed the idea of Labor Day is a heated debate with two men of very similar names. Most sources credit Peter McGuire a cofounder of the AFL with the idea. The history books tell that he spoke of the idea of a holiday and a parade celebrating the strength of the trade and labor organizations. His speech occurred in front of a crowd of the



New York Central Labor Union on May 12, 1882. At the same time a man named Matthew Maguire was leading labor strikes and rising through the ranks of the same New York Central Labor Union.

By 1882 he had become the secretary and leading figure of the organization. Following the nationwide celebration of Labor Day a newspaper in Patterson New Jersey, Morning Call referred to Matthew Maguire as the "Father of the Labor Day Holiday" and "the souvenir pen should go to Alderman Matthew Maguire of this city, who is the undisputed author of Labor Day as a holiday." One thing is certain, the Labor Day holiday exists to celebrate the Labor Movement in America. So on September 7 be sure to honor the labor of past Americans and think

of the labor of our current American workers.

"I believe in the dignity of labor, whether with head or hand; that the world owes no man a living but that it owes every man an opportunity to make a living."
— John D. Rockefeller

FOR MORE INFORMATION / WORKS CITED
<http://www.history.com/topics/holidays/labor-day>
<http://www.dol.gov/laborday/history.htm>

Jordan Silbert is a member of Professional Firefighters/Paramedics of Palm Beach County and HOA Liaison /Community Relations. Email:jsilbertiaff2928@gmail.com Cell:(954)448-1509 http://www.iaff2928.com PBC Firefighters YouTube www.youtube.com/pbcfirefighters Follow us on Facebook http://www.facebook.com/pbcfirefighters

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SEPTEMBER 2015 ENTERTAINMENT



Saturday, Sept. 5,
8 p.m.

Orange Sunshine

Paying tribute to the popular music of the '60s



Saturday, Sept. 12,
8 p.m.

Jimmy Carnelli

A swinging Rat Pack and pop tune song celebration!



Saturday, Sept. 19,
8 p.m.

Duets in Concert

A tribute to duos and their duets through the decades



Saturday, Sept. 26,
8 p.m.

Mel Williams & Jessi Compo

Featuring delightful sounds of Motown and soulful vocals.

"R" Rated Movies

"R" Rated (under 16 requires accompanying parent or adult guardian).

Additional ratings for this movie are:
V for Violence

L for Language (strong language and drug content)

N for Nudity (graphic nudity)

SC for Sexual Content (pervasive language including sexual references and situations)

An "R" rated motion picture, in the view of the Rating Board, contains some adult material. An "R" rated motion picture may include adult themes, adult activity, hard language, intense or persistent violence, sexually-oriented nudity, drug abuse or other elements. Due to a wide viewing audience, WPRF will not censure "R" rated movies. **Therefore, if you find any of the above offensive, WPRF suggest you "OPT OUT" of seeing this movie.**

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MOVIE SCHEDULE

Afternoon showings are at 1:45PM — Tuesday & Sunday.

Evening Showings are at 6:45 PM.

The 1st Monday Evening & Tuesday Afternoon showings of each new movie (some movies are shown two Mondays and Tuesdays) will have "Closed Caption" (for the hearing impaired) when available. **No charge for residents.**

SEPTEMBER 2015 MOVIES

9/1 Tue 1:45PM **SELMA** (PG-13, 128 min.) David Oyelowo, Carmen Ejogo, Tim Roth, Tim Wilkinson & Oprah Winfrey
9/3 Thu 6:45PM A chronicle of Martin Luther King's campaign to secure equal voting rights via an epic
9/6 Sun 1:45PM march from Selma to Montgomery, Alabama in 1965. Directed by Ava DuVernay.
9/7 Mon 6:45PM
9/8 Tue 1:45PM

9/10 Thu 6:45PM **AMERICAN SNIPER** (R, 132 min.) **Rated R for Adult Situations**
9/13 Sun 1:45PM Bradley Cooper, Sienna Miller, Kyle Gallner
9/14 Mon 6:45PM Navy SEAL sniper Chris Kyle's pinpoint accuracy saves countless lives on the battlefield and turns him into a legend.
9/15 Tue 1:45PM Back home to his wife and kids after four tours of duty, however, Chris finds that it is the war he can't leave behind.
9/17 Thu 6:45PM Directed by Clint Eastwood.

9/20 Sun 1:45PM **STILL ALICE** (PG-13, 101 min.) Julianne Moore, Alec Baldwin, Kristen Stewart
9/21 Mon 6:45PM A renowned linguistics professor, happily married, with 3 grown children, gets a diagnosis of Early Onset Alzheimer's
9/22 Tue 1:45PM Disease. Alice and her family find their bonds thoroughly tested. Her story is inspiring and her film is a must see!
9/24 Thu 6:45PM Directed by Richard Glatzer and Wash
9/27 Sun 1:45PM

9/28 Mon 6:45PM **McFARLAND, USA** (PG, 129 min.) Kevin Costner, Maria Bello, Ramiro Rodriguez
9/29 Tue 1:45PM A cross country coach in a small California town transforms a team of athletes into championship contenders.
Directed by Niki Caro.
(continued next month)

***No admission to be charged**

Entertainment information is provided by W.P.R.F.
Any questions regarding Clubhouse entertainment should be directed to W.P.R.F. at 640-3120.

Meals on Wheels Prepares CV Residents With Emergency Supplies

BY DONALD FOSTER • PHOTOS BY KEN GRAFF

September is the height of hurricane season, and despite current predictions for a quiet year, most of us store up a few supplies to get us through a few post-hurricane days: some canned food, water, batteries.

Meals on Wheels of the Palm Beaches is helping some Century Village residents to make similar preparations. On August 18, a special distribution of shelf stable groceries, donated by Whole Foods, was delivered to MOW clients by volunteers from Florida Power and Light.

Meals on Wheels director Debbie Emmerick oversaw this distribution, and explained that their daily (and free) food distribution service not only provides freshly cooked nutrition to their clients, but also serves as an everyday contact and welfare check. Volunteer deliverers, who are also Century Village residents, have the opportunity to look in on their neighbors and are trained to report situations that may require professional response. Many of MOW's clients are housebound, and also look forward to the regular



Florida Power and Light volunteers

social contact afforded by the daily meal delivery.

The *UCO Reporter* staff accompanied two of the FPL volunteers on their deliveries. At the first stop, the home of 94 year-old Nada Tauber, the volunteers needed to wait their turn. Mrs. Tauber, an active member of her board, was engaged in reviewing association business. Business completed, Mrs. Tauber graciously shared some of her life experiences with the volunteers and sat for a photograph, commenting, "I'm a celebrity!"

Meals on Wheels encourages Century Village residents to volunteer, and future editions of the *UCO Reporter* will highlight our neighbors who have already donated their time and effort for this important service.

Meals on Wheels of the Palm Beaches
P.O. Box 247
West Palm Beach, FL 33402
(561) 802-6979
www.mealsonwheelspalmbeaches.org



Volunteers review the recipients' addresses.



Delivery to a Century Village resident.



Volunteer explains what's in the bag.



Bags of food are ready for distribution.



Shelf-stable groceries are provided by Whole Foods.



Volunteer makes her deliveries.

Hospice Foundation of Palm Beach County Resale Shops

BY BOBBI LEVIN • PHOTOGRAPHY BY DIANE ANDELMAN

DO YOU LIKE A BARGAIN? ARE YOU LOOKING FOR A HIDDEN TREASURE?
SHOP AT THE PALM BEACH HOSPICE FOUNDATION RESALE SHOP



In 2014, Hospice By The Sea and Hospice of Palm Beach County and Broward County combined as TrustBridge Health. Thanks to the support of Foundation donors, the organization has been able to update and expand its inpatient care centers where acute care is provided 24/7.

Volunteers are the heart of the Hospice family. During the past year, more than 800 volunteers gave 75,000 hours of their time and made over 11,000 visits with patients and families. Volunteers helped in the organization's offices and made 2,600 phone calls each month to be sure that patients and families had the medications and supplies they needed. Volunteers also helped out with many fundraising and community events.

Did you know that the Palm Beach Hospice Foundation runs a wonderful resale shop just a short drive from Century Village? Located in the rear of the Palm Beach Commons Shopping Center (close to Nana's Diner on N. Military Trail), it is open to the public Monday through Saturday between 10 a.m. and 5 p.m. and ample parking is available. The well-lit and well organized shop carries designer fashions, furniture, and household items for savvy shoppers at a fraction of retail.

When you make a purchase at the shop, all proceeds support hospice patients and families. Donating couldn't be easier! Carry-in donations are accepted at the shop Mondays through Saturdays. Century Village

residents may schedule a free pick-up of large items on either a Thursday or Friday. And donations are tax deductible.

I visited the shop a few weeks ago and before discovering a number of hidden treasures, I chatted with Sonia Ortiz, the shop manager. She proudly told me that 10% of her volunteers reside in Century Village and that she could not run the store without their able assistance. Our friends and neighbors willingly do everything at the shop. They stock shelves and arrange displays, help customers, and make the sales that fund special service to hospice patients. If you are interested in becoming a volunteer, and new volunteers are always welcome, you may call Sonia at 561-681-6511 or email volunteerresponses@hpbc.com.

If you are decorating a newly purchased condo, or looking to update the furnishings in your old condo, this is a convenient shop to visit. The furniture floor was filled with sofas and chairs in all sizes and colors, dining tables, bedroom sets, and computer desks and bookcases. Accessories included

floor lamps, table lamps, lovely paintings and other wall décor items. A salesperson mentioned that special sale days change from week to week - the day that I shopped, all pictures were reduced 50% so the Asian inspired graphic that I purchased (with a Macy's tag still on the back) was under \$10.

The clothing area of the shop carries apparel for both men and women - many pieces with designer labels and some with original price tags still attached. Resale items were clean and pressed and on hangers. Ladies - if you are in the market for a wedding gown, look no further. I

almost tried one on! And, I noticed a lot of gentlemen shoppers examining barely worn golf cleats.

The "chachkah" area of the store is filled with something for everyone. If you need new, unchipped juice glasses or some pretty dessert dishes, this is the place to look. I spotted a beautiful set of Lenox china with a Christmas motif. After examining the display of vintage jewelry, I purchased a lovely gold filigree locket for my granddaughter. And my sister is getting a new blender that I found on a top shelf hidden among the coffee pots and crock pots.

There is truly something for everyone here and the prices are wonderful. When you make a purchase at a Hospice Resale Shop, every donation helps families at their most difficult time.

Hospice Foundation deserves our support and all donations are gratefully accepted.

Locations:

Palm Beach Commons

1324, N. Military Trail, WPB
681-6511

Plaza La Mer

863 Donald Ross Rd, Juno Beach
624-5495

Plum Park Plaza

141 NW 20th St., Boca Raton
338-4030



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PEOPLE WHO HELP US: Linda Graff

BY JOY VESTAL

There are many volunteers here in our Village. Linda Graff is one of them. Her area of expertise, which she draws upon to help others, is something that most of us take for granted as a usual part of our lives. Linda is a volunteer with Hospice of Palm Beach County. She is a licensed cosmetologist who cuts, blow dries, and styles patients' hair. Linda provides services at private homes or at the hospice facility; helping clients with their grooming needs during their final days.

Eight years ago, while still in her working days, Linda was employed by the Hospice of Danbury Region in Connecticut as a Nurse's Aide. As years went on she decided to become a cosmetologist (hair, nail, skin) and was able to apply her new skills to her patients.

Recalling those days, Linda said, "My house was somewhat empty — kids on their own or at college and, by this time, I was ready to volunteer, so what better organization than Hospice? Keeping very ill people clean and comfortable is so rewarding."

Linda now resides year-round in Century Village with her husband Ken (a professional photographer who donates his time to the *UCO Reporter*). She also volunteers as a receptionist for both the *Reporter* and the main UCO office. With Hospice,



Linda Graff

Linda travels to patients' homes in Boca, Boynton and Lake Worth as well as West Palm Beach. She said the patients and their families are always so happy to see someone coming in to help. Most of these Hospice patients have six months or less to live.

Before Linda could serve these people, Hospice required an extensive background check.

Linda concluded, "To me volunteering is a great form of self satisfaction — I believe in giving back what I received. To see someone smile and grab your hand is their way of saying thanks. This is a great fulfillment."

Well, Linda on behalf of all of us, THANKS for your kindness. There are no words to adequately express our gratitude.

Social Village Singles Club



By Milton Cohen

Well, that time of year has come around again. The Social Village Singles Club is preparing to host its annual Thanksgiving Day Dinner and Dance, set for (you guessed it) Thursday, November 26th at the Century Village clubhouse party room.

A traditional Thanksgiving Day dinner of salad, turkey, stuffing, mashed potatoes, gravy, rolls, cranberry sauce, desserts and beverages will be served for the low price of 26 dollars per person.

Entertainment will again be supplied by the swinging and



cool DJ Tony Tiger, who will have us all singing and forgetting our troubles while we dance the night away. Remember, no dancing in the aisles -- use the dance floor.

This fun event will begin at 5:00 PM and end at 9:00PM. Dinner will be served at 5:30PM. Tickets will be on sale at the clubhouse lobby on Tuesdays and Wednesdays from September 15th to November 4th. All tables will have a maximum of 8 persons.

Any questions can be directed to me at 516-429-5778. This event is expected to sell out, so be sure to reserve early.

A Nation of Immigrants

BY IRVING RIKON

Americans refer to their country as “A Nation of Immigrants”. Immigration, however, especially illegal immigration, is a subject politicians generally avoid for fear of offending voters related ethnically, religiously or racially to those seeking entry into the United States. Illegal immigration is in fact a global problem. Europeans face a similar situation with emigrants streaming in from the war-torn Middle East and poverty-stricken (also war-torn) Africa. Australians and Indonesians try to cope with boatloads of refugees sailing from Myanmar (formerly Burma) to their island nations.

When Donald Trump said Mexicans come bringing drugs and crime and are “rapists,” he set off a verbal firestorm. Not just Mexicans and Mexican-Americans objected. Countless others did. On the other hand, Mr. Trump took a sizable early lead in polls for the Republican presidential nomination in 2016. His supporters claimed, “He’s telling it like it is”.

As far back as one can trace human history, mass migrations have occurred. Groups of people

As far back as one can trace human history, mass migrations have occurred. Groups of people moved from one place to another. Oppression, persecution, tyranny are reasons they fled, as in the Exodus story of The Holy Bible, which tells of Israelites fleeing from an Egyptian Pharaoh's wrath.

moved from one place to another. Oppression, persecution, tyranny are reasons they fled, as in the Exodus story of The Holy Bible, which tells of Israelites fleeing from an Egyptian Pharaoh’s wrath. Religious freedom is another reason, perhaps more applicable to the Pilgrim fathers sailing from England to what would become the northeastern United States.

Forced migrations brought blacks from Africa to the new worlds of North, South and Central America. Christians and Muslims participated in slave trafficking, the latter dealing mainly in the Near/Middle East.

Climate change caused migration. Most deserts probably held water at some time, but grasslands turned to sand. Lack of fluid or the inability to plant crops; lack of animals, which died from dehydration or starvation,

led people to migrate. Evidence of this can still be seen in Peru, around the area of the Nazca Lines, a favorite tourist site. Once it was green; now it’s not. El Nino has periodically visited the region and dried the land, from time to time compelling dwellers to attempt survival elsewhere.

On a brighter note, people go where “the grass is greener on the other side,” where they’ve heard “the streets are paved with gold” or where, in any case, they perceive life to be better and holding prospects for the future. Many Europeans and folks from other continents for this reason made their way to America and Canada and, later, to Australia.

Not all persons reach their intended destination. On May 13, 1939, 937 desperate Jewish refugees hoping to escape the horrors of Nazi Germany to freedom in the United States boarded the ship S.S. St. Louis of the Hamburg-Amerika line. Having for some reason been given Cuban passports, the vessel docked in Havana. But Cubans denied them entry. The ship proceeded on to the United States, where American officials would not allow them to disembark on the grounds the annual quota of German immigrants had already been filled. With the refugees still onboard, the ship was ordered back to Germany.

Contemporary news accounts speak of human cargoes smuggled aboard cramped, rickety wooden crafts, so crowded some of the boats never make it to shore. This is happening in the waters of the Mediterranean Sea, the South China Sea and the Indian Ocean. In some instances the “captain” of the ship abandons it, jumping off, swimming away, leaving people at the mercy of the waters, perhaps to drown.

“We are our brother’s keepers,” but the countries in which they find themselves do only so much and no more. Smaller countries barely can do more. They are stretched to their limits.

Millions of other refugees now live in squalor in shantytowns or tents in places like Lebanon, Jordan, and Turkey. These victims of fighting and wars raging in Syria, Iraq and Afghanistan have no place else to go: their homes have been destroyed. Many relatives, friends and neighbors are now dead. Compassionate individuals and organizations,

humanitarians, help. “We are our brother’s keepers,” but the countries in which they find themselves do only so much and no more. Smaller countries barely can do more. They are stretched to their limits. Prior to the Syrian civil war, Lebanon had a population of roughly 4.5 million people. Today it houses over 2 million refugees.

While some show compassion, oppositely, there are those who do not welcome masses of immigrants: legal; illegal; refugee. Why not? Another side to the immigration story exists.

That human saga has been enacted around the globe from ancient to modern and contemporary times. Russians rolled over indigenous peoples across Siberia until they reached the Pacific Ocean.

Ask Native Americans. When the Pilgrims arrived in the New World, relations between “white” and “red” people were reasonably cordial. But soon hundreds of white people came, then thousands and, eventually, millions. Wars were fought. The natives were divided among themselves but, as important, they were outnumbered and outgunned. Countless numbers were slaughtered. Many died from diseases Europeans carried to which Native Americans were susceptible. Others were put on reservations, where their descendants live to this day.

Just as sad, the Native American became a kind of caricature. Thousands of “Western” books, movies and television shows over the years have glorified “cowboys,” made them folk heroes, while “Indians” were portrayed as “savages”. What began as fighting for territory evolved into cultural wars.

That human saga has been enacted around the globe from ancient to modern and contemporary times. Russians rolled over indigenous peoples across Siberia until they reached the Pacific Ocean. The first holocaust took place in Namibia during the first decade of the 20th century when occupying Germans killed tribal populations. When they did not slaughter they forced natives into what years later would be known as “concentration camps”. In Australia, well into the 20th century, “whites” took Aboriginal children from their homes to raise them in a “Christian” society. The children never saw their real parents again. In Asia, Chinese occupied northern Vietnam

for approximately a thousand years.

The whole story of “colonialism” or “Imperialism” is not simply one of conquest. From the victims’ perspective, it’s a story of lives being lost and, in some cases, of entire cultures being wiped off this earth. Traditions of the ancestors are diluted, negated or lost completely, forever. The process continues to this day: Some Islamic extremists, terrorists, torture and kill victims who do not accept their “superior” culture, as they perceive it. Indeed, the great fear among all nations receiving immigrants is that, along with legal or illegal arrivals, ISIS or Al Qaeda operatives will slip in intending to be destructive or otherwise cause injury and harm.

Whether they are conscious of it or not, that is at bottom the mindset of conservatives, that their culture is threatened by the influx of new immigrants, that at some point the newcomers “take over,” perhaps marginally, as in taking away jobs, perhaps broadly as insisting that a certain language be taught rather than the one in which their family was raised, or totally. This kind of conservative readily responds to Donald Trump.

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On the other hand, liberals argue that diverse, pluralistic, multicultural nations are the most creative and prosperous. Each group adds its own special and unique talents to the whole of society. That society thus becomes more dynamic and powerful. I myself recall an amusing incident that happened on my first visit to Australia, in 1970. I was in a pub with a group of Aussies who “took me under wing”.

“What do you think of our food?” one asked.

I hesitated: “Well, your food is basically British. And honestly, it’s fairly dull.” To a man, they all laughed. Then one said, “You should have been here before the Greeks and Italians came!” We all laughed. Today, Australia gastronomically is noted for its Asian-Fusion cuisine.

There are no easy answers to the subject of immigration. But I hope that I have shed some light on the issue.

S E R V I C E S

SAFETY

By George Franklin



Current Scams and How To Handle Them

Hi folks. Hope everyone has enjoyed the summer season. It won't be long until the snowbirds fly back. I am going to touch on a couple of issues that I received calls on this past month. First, it seems that we never learn regarding scams and ripoffs that I have cautioned about in the past. Maybe some don't read this column.

If you receive a call from someone saying they are from "Windows Technical Support," just hang up the phone. Don't discuss anything. Just hang up.

Another scam coming to light again is the grandchild/grandparent scam. Typically, a grandparent will receive a call from someone purporting to be the recipient's grandchild: "Hi, Grandma. I am in jail. Send me money." Again, if you receive this type of phone call, just hang up and, if appropriate, call your family members to find out what's happening. These "SOS" phone calls are scams 99.99% of the time.

Two more phone scams are the lottery scam and the IRS scam. If you did not buy a lottery ticket, you cannot possibly be a winner, and neither the state lotteries nor the IRS contact people over the telephone. In both cases you will receive a letter in the mail requesting that you contact them.

If someone calls you claiming to be an agent or threatens to have the police lock you up unless you pay a fine, just hang up the phone.

It is surprising how many of our residents fall victim to these scam artists. Help spread the word. Tell your neighbors over a cup of coffee if they are not reading these articles.

Recently I received a call about telephone solicitations from the Police Benevolent Association or Fraternal Order of Police. These are not scams, but recipients of this type

2015 INVESTIGATIONS

MONTH	SALES	RENTALS	OCCUPANTS	TOTAL
JANUARY	67	32	16	115
FEBRUARY	71	32	17	120
MARCH	92	46	26	164
APRIL	75	45	13	133
MAY	56	31	9	96
JUNE	67	32	11	110
JULY	79	54	10	143

of solicitation should know that only about 10-15% of money collected actually goes to the PBA or FOP. The rest goes to expenses. If anyone would like to make a donation to either group, please contact me. I am a member of both organizations and will be glad to tell you how to make out your check so that the organizations receive the entire amount you donate.

Lastly, we have all heard of the problems between law enforcement and the public during the last few months. Folks, it's very simple. When instructed or directed by a police officer, *do what the officer tells you to do*. If you don't agree, take the matter to court. That's your right! You may also call the officer's supervisor to make your complaint. Plain and simple. *Do not argue or confront a police officer in the street*.

Please feel free to call me at UCO with any questions and I will get back to you to discuss the problem you may be having. Be safe and secure out there now!

produced an included booklet titled "STORM 2015: Your guide to being prepared for hurricane season".

This very complete article covered preparations for storing non-perishable foodstuffs and fresh water, having sufficient prescription medicines on hand, as well as a list of important phone numbers, methods and costs per square foot for window protection. There were also drawings by *Post* staff writer Steve Lopez that shows a gable-end X-bracing for those structures with gable-ends, which are no longer used in residential housing and for good reason. Vertical walls are susceptible to wind shear and sloping walls are far less affected.

The acceptable method of creating a gable-ended roof configuration is to use concrete block construction to form most of the end wall and formed-placed concrete to create the slope that matches the roof pitch, a sturdy but expensive method. The less expensive method, and the one chosen for Century Village's two-story structures, contains a wood-framed end wall that may, most likely, omit the diagonal brace that should have been installed from the peak of the ridge diagonally through several trusses and terminate at a horizontal truss member (bottom chord), forming the ceiling joist that then strengthens the gable end, maintaining its integrity, and resisting deflection that could, with strong winds and deteriorated fasteners, result in a "domino-effect" collapse.

Though not a certainty, it would be prudent to have a licensed/insured contractor inspect your roof and perhaps discover that the framing member does exist and no future action is necessary. As wood structures age in a tropical climate with near 100-degree temperatures

during summer, coupled with high humidity, the strength of materials could become compromised and require reinforcement.

One thing not mentioned in the booklet: If the electrical service is interrupted, flip the AC circuit breaker in the hallway electric panel board to "OFF". When service is restored and everyone's air conditioners suddenly turn on all at once, the surge of current could shut down the building service, creating a situation that would require an electrical contractor to restore service to the building.

Here in Century Village, the large number of elderly residents requiring assistance, and those with the least amount of reserved provisions, will create a shortage of able bodied people to help in the aftermath of a hurricane. Hopefully, those predictions that we will be hurricane free will be correct. Being prepared, regardless of weather predictions, will minimize health issues, and those stored foods and water can always be consumed after the season has passed.

Observations Around The Village

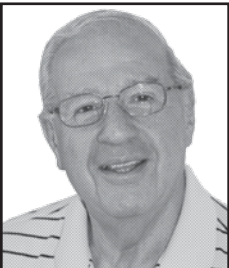
The number of contractor vehicles entering the Village each workday seems to signify that the residents are aggressively having their domiciles upgraded. The amount of scrap aluminum exiting the Village on contractor trucks suggests that we are taking serious thought to hardening our window openings and replacing porch screens with high impact tinted-glass enclosures. Costs for this upgrade ranges between \$6,000.00 to \$8,000.00, giving the owner additional living space and a buffer against wind, rain and dust as well as reducing heating and cooling costs.

Two simultaneous automobile accidents caused an electrical outage in parts of the Village in early August, requiring the closing of the entrance gates due to loss of power to the guard houses, prohibiting vehicles from entering. The gasoline powered generators that were purchased after the 2005 storm season were out for service, so back up power was not available for the gates and guardhouse computers. Traffic was backed-up onto

Continued on next page

MAINTENANCE

By Dom Guarnagia



A Few Words About the 2015 Storm Season

As mentioned in a recent article in *The Palm Beach Post*, nearly 60% of those residents interviewed felt that we will not be confronted with a hurricane this season and are not taking necessary steps to prepare. Further, on May 31, 2015, the *Post*



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S E R V I C E S

Continued from previous page
Okeechobee Boulevard and Haverhill Road, creating a brief period of traffic havoc. Eventually, power was restored and business as usual returned. Our backup generators have since been returned to service.

I attended a meeting with our CAM, Ted Herrle, Fausto Fabbro, UCO Vice

President, and David Dalton from the Palm Beach County Department of Water Utilities to discuss the purchase, quantity and delivery of reclaimed water that irrigates landscaping and grass throughout our Village. The crux of the meeting went as follows:

- We purchase up to 1 million gallons of reclaimed water daily.

- We pump from our lakes, canals and lagoons more than 3 million gallons weekly.
- Evaporation of surface water that covers approximately 64 acres amounts to 10 million gallons weekly.
- Adding in rainfall that drains into the waterways, the input is equal to the output or, put another way, usage plus evaporation is equal to the amount of water that we purchase plus rainfall.
- The goal is to provide a sufficiently high water table that covers the geotubes used to recreate the new shorelines.
- Catch and release fishing is recommended to preserve the

delicate balance between predator and forage fish that live in our non-potable (unsafe for drinking) waters. The water in our “lakes” is processed to a point somewhere below drinking water quality, and the fish help control the amounts of nitrates and phosphates that exist in this water.

Large shrubbery as well as palms and other trees have been trimmed, in order to open up the canopy and allow winds to pass through without downing or damaging the trees. This may not satisfy the needs of all trees, especially those with limbs brushing against structures. That classifies as “extra work” and must be contracted separately, with a licensed and insured arborist.

Dr. David Saraga, Dentist

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Read The *UCO Reporter* Online!

www.ucoreporter.com

Current and back issues of our community newspaper, UCO meetings and Channel 63 shows are also available at this address.

NOTICE TO CENTURY VILLAGE
RESIDENTS WITH SPECIAL NEEDS

Palm Beach County Division of Emergency Management advises all residents with special needs to register in advance for placement at a Special Need Emergency Shelter.

Pre-registration for this free service allows emergency shelter managers to anticipate the particular needs of each special needs resident and be better prepared for extreme events.

Special Need Shelters will accept requests for space 24 hours before an emergency event, and provides a list of what each resident should bring with them. Palm Tran provides transportation for residents who register in advance.

Special Need Shelters have a limited amount of space; those with the greatest needs will receive service first. Residents with the highest priority are:

1. Those requiring electricity for medical devices; C-PAP, nebulizers, etc.
2. Persons recovering from recent surgery or minor medical conditions that require monitoring.
3. Persons who have chronic but stable illnesses (dementia, etc.)
4. Bed ridden, immobile, or those otherwise unsuited for a regular shelter.

Please contact your local emergency management office to find out more about Special Needs Shelters — 561-712-6329

Sept. Clubs

Offered at Century Village

All clubs are active as of revised date, clubs may have been discontinued or canceled since.

***TBD = to be determined. Please review updated club list from Class Office.

Club Name	Room	Day	Time
Act 2 Community Theater	Meeting C	Wednesdays	7pm-9pm
Actor’s Studio	Class A & B	Mondays	7pm-9pm
African Am Cultural Club	Party Room	4th Sunday	2pm-5pm
Alzheimer’s Club	TBD	TBD	TBD
Amplified Phones	Music A	3rd Monday	1pm-3pm
Ballroom Dancing Club	Party Room	Mondays	2pm-4pm
Bible Study Group	Class B	Sundays	5pm-7pm
Bingo	Party Room	Wednesdays	5:30pm-9:30pm
Bocce with Robert	Bocce Court	Saturdays	10:30am-12pm
Camera Club	Meeting C	2nd Tuesday	10am-12pm
C. E. R. T.	Art Room	3rd Monday	3pm-4:30pm
Computer Club	Meeting C	1st Thursday	1pm-3pm
Craft Creations	Craft Room	Tuesdays	9:30am-12pm
Dance Party Club	Party Room	Tuesdays	6pm-9pm
Democratic Club	Party Room	3rd Thursday	1:30pm-3pm
Great Books Discussion	Card Room B	1st & 3rd Thurs	1:30pm-3:30pm
Gun Club	Meeting C	2nd Tuesday	7pm-8pm
Homestead Exemption	Lobby	1st Thursday	1:30pm-2:30pm
Italian Am Culture Club	Party Room	3rd Wednesday	1pm-4pm
Karaoke with Marshall	Party Room	Fridays	6pm-9pm
Latin Am Club Birthdays	Party Room	1st Thursday	7pm-9pm
Latin Am Club Dances	Party Room	3rd Sunday	5pm-9pm
Latin Am Club Workshop	Meeting C	3rd Thursday	7pm-9pm
Line Dancing Club	Party Room	Mondays	9:30am-10:30am
Merry Minstrels	Meeting C	Sundays	4pm-5pm
Mind Spa Club	Class A	2nd & 4th Tues	1:30pm-3pm
Open Art Room	Art Room	Tuesdays	12pm-3pm
Pickleball	Pickleball Court	Daily	8am-10am
President’s Umbrella	Meeting C	2nd Thursday	TBD
Quilting Club	Sewing Room	Tuesdays	9am-12pm
Republican Club	Art/Party	TBD	TBD
Russian Club	Art Room	2nd Thursday	4pm-7pm
Shuffleboard Club	Shuffleboard Court	Tuesdays	7pm-9pm
Sing-A-Long	Meeting C	Sundays	5pm-8pm
Social Village Senior Singles	Party Room	2nd & 4th Thurs	7pm-9pm

ORGANIZATIONAL NEWS

DO NOT resubmit dates for events already appearing unless there is a correction. There is no charge for listings. ALL SUBMISSIONS SHOULD BE ADDRESSED TO: ucoreporterwpb@gmail.com.

Submissions for Organizational News may be submitted in person at the UCO Reporter office on Tuesdays, Wednesdays and Thursdays from 9:00AM to 12:00PM.

(All meetings are in the main Clubhouse unless stated otherwise.)

ACT 2 COMMUNITY THEATER PRESENTS

Act 2 Community Theater — Now holding auditions for our next production. We are looking for singers, dancers and performers for this Variety show to be performed in August. We are looking for singers, dancers and performers for our next show. Act II meets Wednesday evening in clubhouse @ 7:00PM, classroom C.

ACTORS STUDIO OF CENTURY VILLAGE

Meetings 7 PM every Monday, Classroom B. No experience necessary. Info: Judy 841-6366

AFRICAN AMERICAN CULTURE CLUB

Join us for a Bus Excursion to Gospel Brunch at the House of Blues and a tour of Disney Village on Sunday October 11th. Tickets are \$75.00 per person. .Bus leaves Century Village at 8:00 am and returns at 7:00 pm. Call Flo Simpson 561-249-7262, Eula Bess 561-598-8405 or Sylvesta Adams 561-697-2391. Deadline is September 12th. We’re going bowling! Carpooling from the Clubhouse on Saturday afternoons. \$5 per game and \$3 Shoe Rental. All skill levels are welcome. For more information, call Terry at 561-249-7262. Future events: 9/27- 4th Sunday Social, 10/11- Bus excursion to Orlando, 10/25- 4th Sunday Social, 11/14- Potluck Picnic on Duck Island, 11/22- 4th Sunday Social. PLEASE NOTE: No 4th Sunday Socials in July & August.

AITZ CHAIM

Daily services 8:00 AM. Mincha and Maariv at Sundown, Sisterhood 3rd Monday of month 10:00 AM. Charlotte 917-815-7711; Charlotte 478-8756; Anita 686-9083.

ALZHEIMER’S SUPPORT GROUP

An informational meeting for this new support group will be held on 8/11 at the clubhouse. All are welcome. Please call Carmen Watson @ 469-1220 or email @ carmenrwatson41@gmail.com for more info.

LOST AND FOUND

Please check with the Clubhouse Staff Office to see if your lost items were found. For items lost at Hastings, check with Security. Found items will be held for 6 months, then donated to a local charity.

ANSHEI SHOLOM

Planning a PARTY? -- rent our NEWLY REFURBISHED HALL for your next affair (strictly kosher). For information, call 684-3212. Fri. Evening Services @ 5:00 PM, Saturday Services 8:45 AM and 5:00 PM Minyan: Mondays and Thursdays at 8:30 AM.

Monday, 9/7, 12 Noon — Labor Day Annual Barbeque and Show.

Wednesday, 9/23, after sundown — Yom Kippur Break-Fast. Donation \$12.00, reservations required. Pick up tickets at Temple office. For more info, call Temple office at 684-3212 or Rae at 478-3221.

Schedule of High Holy Day Services — 5776: Sunday, 9/5- Selichot 8:00PM. Sunday, 9/13- Erev Rosh Hashanah 6:00PM. Monday, 9/14- Rosh Hashanah 8:45AM- 1:30PM and 6:00PM- 7:30PM. Tuesday, 9/15- Rosh Hashanah (second day) 8:45AM-1:30PM. Tuesday, 9/22- Yom Kippur Mincha 6:30PM, 7:00PM-8:30PM. Wednesday, 9/23- Yom Kippur- 9:00AM-2:00PM, Yiskor approximately 10:30AM, Yom Kippur Mincha Meilah 4:40PM and 6:00PM.

BABY BOOMERS CLUB

Meetings 3rd Wednesday each month at 3:30 PM, December through April. Contact Lynn at Lynn Sevan@aol.com for further information. The Baby Boomers are cruising to Cuba, January 8, 2016 for seven nights. This trip is open to all but space is limited. Please contact Lynnsevan@aol.com for further information.

BALLROOM DANCE GROUP

Meets Mondays 2 - 4 PM, Party Room, except 2nd Monday is Art Room. No charge. Info: Herb at 471-1888

BIBLE STUDY GROUP — ‘TASTE & SEE’

Non-denominational group. Meets every Sunday, 5 PM, Classroom A . Info: Leonore 478-9459

B’NAI B’RITH CENTURY UNIT #5367

Annual Membership Fee \$25. Breakfast meetings fourth Sunday of month at Congregation Anshei Sholom with entertainment and speakers.

CENTURY VILLAGE ARTISTS

We welcome all Century Village residents to view our artwork on 1st and 2nd floor of main Clubhouse. Info about purchase or display -- Beth Baker @ 684-3166.

CENTURY VILLAGE BOOK CLUB

We are already working on books for next season. For more information call 640-6944 or email arzj@Hotmail.com

CENTURY VILLAGE BRIDGE CLUB

Activities four times weekly. Card Room A, Clubhouse. Call Kristy Brown 640-3120 ext. 0 or Bill Halprin (248) 672-2292. Advanced registration is required for lessons and/or Supervised Play. Scheduled events: (\$5/play)- Bridge lessons: beginners: Mon 1-3 PM, intermediates: Mon 3:30-5:30 PM, supervised play: Wed. 10:30AM - 12:30 PM, Duplicate Bridge: Wed. 1:00-4:30 PM, Sat. 1:00-4:30 PM.

CENTURY VILLAGE CAMERA CLUB

Any questions, e-mail Ken Graff at cameraclubcv@gmail.com.

ORGANIZATIONAL NEWS

CENTURY VILLAGE COMPUTER CLUB

Meet 1st Thursday May through Oct. 1 PM in Classroom C. Annual Dues are \$12. Call Kathy @ 252-8495 or visit our website at: cv-computerclub-wpb.com.

CENTURY VILLAGE CRAFT CREATIONS KNITTING-CROCHETING CLUB

Meets every Tues. 9:30 AM-12 PM Craft room (104). We create items donated to – The Teacup Premie Program & Veterans.

CENTURY VILLAGE GUN CLUB

Meets every 2nd Tuesday 7 PM in Classroom C. Every meeting has a guest speaker. For information call George at 471-9929.

CENTURY VILLAGE MESSENGER CLUB

Further info: Ed Grossman at 631-742-1300 or e-mail edwardrgrossman@gmail.com.

CENTURY VILLAGE ORCHESTRA

Meet every Monday in Classroom C at 1:15 to 3:35 PM. More information call Rickie @ 683-0869 or Joel @ 688-9455. We need trombone players, string players and percussion players.

CENTURY VILLAGE WOODWORKING CLUB

Meets 6 days a week from 8:30 AM to 11:30 AM. Please come and join us in our hobby shop.

CENWEST FISHING CLUB

Meets 1st Wednesday of each month 3:00 to 4:30 PM Classroom B. For more Information call Al at 242-0351 or Capt. Mike at 570-445-4391.

CHIT CHAT GROUP

A friendly group of chatters who meet 1st and 3rd Tuesday. 2 PM in Classroom B. For information call Rhoda @ 686-0835. Chit Chat Group will suspend meetings in July, August and September and resume in October.

CHRISTIAN CLUB: CHRISTIAN CLUB

Meets 1st Wednesday of each month, 1 PM in Party Room. For Information call Grace @ 640-5279. Christian Club will suspend meetings for the summer. We will resume at our next meeting on 10/1.

COUNTRY LINE DANCING

Country and Regular, Monday 9 to 10:30 AM in Party Room. Call Frankie @ 777-5712.

DEMOCRATIC CLUB OF CENTURY VILLAGE

For info call: Mae Duke @ 687-0238 or Sam Oser @ 689-3974.

GREAT BOOKS DISCUSSION GROUP

Meet 1st and 3rd Thurs. afternoons 1:30 PM, Card Room B. We discuss short readings of “Great Works” of literature that continue to have meaning for us today. Roz @ 689-8444.

HASTINGS CUE CLUB

Welcoming New Members. We play Mon. - Sat. 9:30 AM - 12 noon. Bernie @ 684-2064 or Zev @ 290-4824.

HOLOCAUST SURVIVORS OF THE PALM BEACHES

Meets 1st Wednesday of month 9:30 AM, Golden Lakes Temple. Bus provided from Century Village Clubhouse. Information: call Kathy @ 689-0393.

IRISH AMERICAN CLUB

We extend our best wishes to all, for a healthy, happy Summer. There are no meetings held between May and October. See you all on Tuesday, 11/3. 2015. Contact person is Robert @ 917-704-0223.

ITALIAN AMERICAN CULTURE CLUB: (IACC) OF CENTURY VILLAGE

Meets every third Wednesday of month, 1 PM in CH party room. Call Fausto @478-1821. IACC Bowling: every Sat. morning 9 am Verdes Lanes. For information call Lenny 561-471-2603 or Fausto: 561-478-1821. Couples and Individuals welcome. \$7 per week. IACC will not meet in July. Upcoming events- Grand Celebration Cruise: 2 Night Cruises and 2 Night stay at Grand Lucayan Resort all inclusive, 10/21 Contact 954-414-1320 ext. 256

JEWISH WAR VETERANS POST #501

Meet 1st Sunday of month at Cypress Lakes Clubhouse. Breakfast, 9 AM. Guest speakers. Activities include servicing VA patients. Howard @ 478-2780.

JEWISH WAR VETERANS POST #520

Meet 4th Sunday of month at Elks Lodge, Belvedere Rd. Continental breakfast, 9 AM followed by meeting. Information: Phil @ 686-2086.

JUDITH EPSTEIN CHAPTER OF HADASSAH

Meet 3rd Wednesday of month at Congregation Anshei Sholom.

KARAOKE

Tuesdays 6 - 9 PM,in Party Room hosted by Marshall Eads. Fridays 6 - 9 PM, hosted by Janisse Lahoe.

KNIGHTS OF PYTHIAS

International Fraternal Order KNIGHTS OF PYTHIAS, Palm Beach Rainbow Lodge #203 meets the 2nd and 4th Tuesdays in Century Village Walgreens/Medical building, CSI 2nd Floor-Rear at 1:00pm. The Lodge welcomes new members, dual members, transferees, and Pythian reinstatements regardless of inactive years of service. WE WELCOME ALL MEN! Participate in social and charitable events. Collation after each meeting. For further info, call Irv 683-4049.

LATIN AMERICAN CLUB

Upcoming Events- 9/3- “Good Healthy Today- Buena Salud”, 7:00PM clubhouse room C. 9/17- Spanish Language Workshop, 7:00PM clubhouse room C. 9/20- Dance with Carlos de Leon, 5:00PM, clubhouse party room.

MERRY MINSTRELS OF CENTURY VILLAGE

Looking for ladies and gentlemen who enjoy singing and entertaining. Meet every Thurs. 10 AM - 11 AM in Music Room B. Come join us. Call Louis or Anna @ 247-8819 or cvmerryminstrels@hotmail.com.

MIND SPA DISCUSSION GROUP

Meet 2nd and 4th Thurs. 1:30 PM, Classroom A. All invited for in-depth discussions of significant issues. NO MEETING IN JUNE, JULY OR AUGUST. Allan @ 687-3602.

NEW YORK CITY TRANSIT RETIREES

N.Y.C. Transit Retirees, Anyone interested in attending a meeting of the New York City Transit Retirees of Florida, West Palm Beach Chapter, please call Kathy - 689-0393.

NORTHERN STARS

Club meets on the 2nd and 4th Monday each month - 6 to 9 PM - Party Room. Enjoy singing, dancing, refreshments and good wholesome fun. Yearly dues \$5.00.per person. For further info, call Janisse @ 586-291-8286 or email to: northernstarsbo@hotmail.com. Our last meeting for this season will be 4/27. We will meet again on 11/9.

OWLS (OLDER - WISER- LOYAL- SENIORS)

HAVE A GREAT SUMMER! Our next meeting 10/12, 3PM at the party room, members only. For membership info, call Angelo @ 687-7575.

PHILADELPHIA CLUB

The Greater Philadelphia Club meets the first Thursday of each month at 12:30 PM in the Clubhouse Party Room, with lunch and entertainment. For info, call Lois at 561-683-3884.

PICKLEBALL

Welcoming new members to the Pickleball club. Courts open at 8:00 each morning, great way to meet new people, exercise and have lots of fun. For more info, call Barbara Di Domenico @ 716-499-6737. Come join us to learn and play the fastest growing sport in the USA.

PRESIDENT UMBRELLA CLUB

Meetings held on 3rd Fri. of each month, 10:00 AM in Classroom C. Every unit owner welcome. For Information call Jerry Karpf @ 684-1487.

PROACTIVE RESIDENTS PROJECTS COMMITTEE, INC. AKA PRPC

We are a non-profit group of CV resident owners concerned with Village issues. For information and meeting schedule check our Blog at the following: proactive-committee.blogspot.com

REPUBLICAN CLUB

The Republican Club of Century Village meets every third Thursday of every month at 1:30 PM in the Clubhouse Art Room. Cookies and coffee will be served. For info call Alan 561-907-0357.

RUSSIAN CLUB

Meets every 2nd Thurs. monthly at 3 PM in the Art Room If you have any questions, please call Tamara @ 712-1417.

SAILING CLUB

Meets every 2nd Fri. 10 AM, Classroom C. Info: Ron @ 683-8672.

SHUFFLEBOARD CLUB

Everyone welcome. Equipment provided. We play every Tues 7PM. May thru October. Previous experience not necessary. Learn as you play. Info, call Jack @ 640-3373.

SNORKEL CLUB

For information call Ron Helms 683-8672

SUNDAY NIGHT SING-A-LONG

Hosted by Louis Ahwee & Anna Torres, 5 PM - 8 PM. Classroom C. Information @ 247-8819.

THE SCRABBLE CLUB OF CENTURY VILLAGE

Every Tues. 6 PM 2nd Floor Card Room. For information call Lucy @ 729-0705.

UNITED ORDER TRUE SISTERS

A non-sectarian Cancer service group. Meetings the 2nd Mon. monthly at 11:30 AM in Party Room. For information call Marion Polansky @ 684-5814 or Marlene Schnitzer @ 683-1208.

UNITERS SOCIAL CLUB OF CENTURY VILLAGE

A group of awesome diverse people coming together in a united way for social times. Bring a guest or come alone and meet other like minded individuals. Meet up every second Sunday of each month in Club House Craft Room. For additional information, call Esther 561 635-4298 or 561 328-7935. Like us on Facebook/United Social Club of Century Village.

VILLAGE SOCIAL SENIORS CLUB

Meets every 2nd and 4th Thurs. 7 PM - 9 PM in Party Room. Single senior residents. Planning upcoming outings. Annual dues \$10. Info Milt Cohen 429-5778. May 28th will be our last meeting of the season- we will resume meeting on August 28th.

WALL STREET CLUB

Local resident of CV has formed a club regarding the stock market. We are not professionals. We are looking for fresh ideas. Our next meeting will be held on 10/28, 4:30 PM in room A at the clubhouse. After that, meetings will be held every Wednesday, same time and place. Call Don 254-0917.

YIDDISH CULTURE GROUP

Meets Tuesday mornings 10:00 AM, CV Clubhouse.

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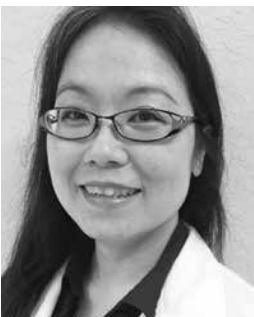
We’ve all heard of the old adage “An apple a day keeps the doctor away” and today’s research has shown that there may be some truth to that.

A study conducted by Ohio State University in 2012 found that an apple a day helped to lower bad cholesterol levels (oxidized LDL) in healthy middle-aged adults. A year prior, a Dutch study suggested that apple consumption could help prevent strokes. Not bad at all for this sweet and simple fruit. While individual results may vary, apple consumption may offer positive health benefits.

Apples are low in sodium and calories, and they provide two kinds of fiber, which help you stay regular and keep you feeling full and satisfied. Apple peels contain insoluble fiber, which does not dissolve in water. This type of fiber provides bulk and causes you to feel full, which may help with weight management. If you feel full you might not reach for those high-calorie snacks between meals. Fiber, along with sufficient water intake, may also ease constipation. Wheat bran, whole grains, and vegetables also supply insoluble fiber.

Soluble fiber dissolves in water and forms a gel. It is found underneath the apple peel in the edible flesh of the fruit. Cholesterol levels are lowered when soluble fiber binds with bile before being excreted from the body. Oats, barley, and legumes (beans) are also good sources of soluble fiber.

While available year-round, with the end of summer apples are in their peak season which lasts through early winter. In season, the fruit has the most flavor and has the highest concentration of nutrients. In addition, the cost is lower, which helps your wallet.



Jeanie Friedman

Adding apples to your diet is easy. As a snack, they can be eaten as is (after washing) or, if you prefer, sliced up to make it easier to bite into. Apple slices also taste great with peanut butter to add protein.

Apples can even be the perfect start to your day. Why not add a chopped apple to your oatmeal while it cooks? Sprinkle in some ground cinnamon as well and savor the fragrance as it simmers. Depending on your taste buds, you can sweeten with a little bit of honey.

Using a muffin pan to make individual Cinnamon Apple French Toast Cups would provide portion control and another delicious way to include apples in your day. This would be a good way to use up any bread you have left. The egg and bread mixture soaks overnight and in the morning, you can scoop out the mixture and pop the muffin pan into the oven to enjoy a fresh, hot breakfast with apples.

And who can resist dessert, especially one that is good for you? Cooked cinnamon apples layered with Greek yogurt in a parfait provides you with the health benefits of apples and added protein and calcium.

For a copy of the recipes discussed in this month’s article, please email me at the address below. Enjoy delicious apples and stay healthy!

Jeanie W. Friedman is a Registered Dietitian and nutritionist licensed in the State of Florida. This article is intended for educational purposes only and is not intended as a substitute for a consultation with your health care professional. You should always continue taking your medications per your doctor’s instructions. Ms. Friedman may be reached at JFriedmanRD@aol.com

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RECREATION

Bridge Basics

by Bill Halprin

Lesson three. The opening bidder must have at least 12 HCP. There are three general categories of hands that are frequently encountered when opening: Having a Major suit (at least 5 cards in that suit- bid 1 of the Major); not having a 5 card major, balanced and between 15 to 17 HCP

(bid 1 No trump) and neither of the 2 above with opening values (bid 1 Diamond or 1 Club). When your partner has opened with a bid of 1 Diamond he has denied a 5 card major. He does have a 5 card Diamond suit. showing at least 12 HCP. When you have at least 4 cards in either major, partner expects you to bid that suit. You may bid to describe your hand with as few as 4 HCP. With less than 4 HCP, PASS. Exercises: Partner opens 1 Diamond with you holding the following hands:

	Your Bid:
1) ♠ K9 ♥ 875 ♦ 10842 ♣ 10762	_____
2) ♠ KQJ9 ♥ A75 ♦ 10842 ♣ Q2	_____
3) ♠ QJ9 ♥ AK 5 ♦ 10842 ♣ AJ9	_____
4) ♠ KQJ9 ♥ AKJ75 ♦ 42 ♣ 92	_____
5) ♠ AK9 ♥ KQ75 ♦ 84 ♣ AQ102	_____
6) ♠ KJ9 ♥ K875 ♦ Q1084 ♣ 108	_____
7) ♠ Q9 ♥ KQ75 ♦ J984 ♣ J32	_____
8) ♠ J9 ♥ Q75 ♦ Q984 ♣ 9832	_____
9) ♠ AJ9 ♥ AQ75 ♦ 984 ♣ 982	_____
10) ♠ J9 ♥ Q85 ♦ 984 ♣ QJ982	_____

Answers:

- 1) 3 Diamonds. You have only 3 HCP but your 4 diamonds paired with openers 5 should be mentioned. The jump raise is a weak response.
- 2) 1 Spade showing 4 spades. If partner bids Clubs you have sufficient values to bid game in No Trump. If partner rebids 1 No trump, you have strength to bid 3 No trump.
- 3) 3 No Trump. You have a balanced hand with 15 HCP, none in your 4 card Diamond suit. If partner is leery of playing in No Trump and bids his Diamonds again, you can bid game in Diamonds. If he bids a new suit after your 3 NT response, pursue slam asking about Aces (bid 4 NT).
- 4) 1 Heart. You have 14 HCP with 5 Hearts. Partner will show his best suit in either Hearts or in Spades. If he bids 2 Hearts, take him to game in Hearts. If he bids Clubs, offer 3 NT. If he rebids Diamonds, show your spades.
- 5) 1 Heart. Show your 4 card suit and show added strength on your rebid. If partner bids 2 Hearts, he is showing 4 Hearts. He has already shown an opening hand and with your 18 HCP, slam is a possibility. When he raises in Hearts setting Hearts as trump, bid 4 NT asking

- for Aces in his hand.
- 6) 1 Heart. This shows partner you have at least 4 Hearts with at least 6 HCP.
- 7) 1 Heart. This shows partner you have at least 4 Hearts with at least 6 HCP.
- 8) 1 NT. You have a balanced hand with no 4 card Major; at least 4 HCP. You will pass partner's next bid.
- 9) 1 Heart. You have a 4 card Heart suit with moderate strength. Your 11 HCP coupled with partner's opening bid (at least 12 HCP) may be enough for a major suit game if you can find a fit. Where partner does not support your Hearts, bid NT. Game is too high unless partner shows a lot more strength.
- 10) 2 Diamonds. You have 6 HCP and 3 Diamonds. Showing minimal power.

Bill Halprin Operates the Century Village Bridge Club with all sessions held at the main clubhouse from December thru April. There are duplicate bridge games, supervised bridge play and bridge lessons weekly. Those interested in learning the game or improving their skills can contact Bill Halprin (248)672-2292 [williamhalprin@gmail.com] or Kristy Brown at CV Administration (561)640-3121-0.

Gun Club



by George Franklin

On August 11th, our club was fortunate to have Chief Bryan Kummerlen of the West Palm Beach Police Department as its guest speaker. Chief Kummerlen spoke about the history of the department, weaponry and the department itself. He gave a wonderful presentation and even signed up to be a new club member! We look forward to seeing him soon at another meeting. Door prizes were drawn for by the Chief and many nice Colt Firearm gifts were given out. The meeting was recorded

by our own video photographer Frank from Channel 63. Thank you, Frank! Guest speaker at our September meeting will be the Palm Beach County Supervisor of Elections, Susan Bucher. For those of you who know her, she is a great public speaker! Don't miss this one with all the debates and political things happening. Date: Tuesday, September 8, 7:00 P.M., Room "C" in the Clubhouse. Please remember there is no charge for attending a meeting. They are all free! Look forward to seeing you all there. Any questions? Feel free to call George at 561-471-9929 for information. To be added to the call list, please call Henry Sohmer at 561-712-9694. All guest speakers are subject to being rescheduled if a conflict should come up.

Important Phone Numbers

Century Village Numbers

UCO Office.....	683 - 9189
HOURS 9 - 1PM, MON -THUR., FRI. - 12-4PM	
UCO Reporter	683 - 9336
HOURS 9 - 1PM, MON-THURS, FRI.-BY APPT.	
Visitor Call In	689 - 1759
WPRF Clubhouse	640 - 3120
Hastings Clubhouse.....	687 - 4875
WPRF Main Number	640 - 3111

Area Hospitals

WEST PALM HOSPITAL formerly Columbia	842 - 6141
ST MARY'S MEDICAL CENTER.	844 - 6300
VA HOSPITAL	422 - 6838
GOOD SAMARITAN HOSPITAL.....	655 - 5511
JFK MEDICAL CENTER.....	965 - 7300
WELLINGTON REG. MEDICAL CENTER	798 - 8500
PALM BEACH GARDENS MEDICAL CENTER.....	622 - 1411
PALMS WEST HOSPITAL.....	798 - 3300
WPB VA MEDICAL CENTER.....	422 - 8262

Emergency Numbers

Police / Fire / Ambulance	911
Century Village Security.....	689 - 0432
Security Rover	459 - 0740
Ambulance AMR	659 - 7400
Alligator Hotline.....	1 - 866 - 392 - 4286
Animal Control	233 - 1200
FPL.....	697 - 8000
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Norwich B.....	1 BR / 1.5 BA.....	\$27,000
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Dorchester H.....	1 BR / 1.5 BA.... Waterfront...	\$29,000
Norwich F.....	1 BR / 1.5 BA.....	\$29,000
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Southampton A....	1 BR / 1.5 BA.....	\$29,900
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Norwich F.....	1 BR / 1.5 BA.....	\$39,900
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Wellington D.....	1 BR / 1.5 BA.... Waterfront...	\$48,900
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Wellington E.....	2 BR / 2 BA..... Waterfront...	\$65,000
Wellington H.....	2 BR / 2 BA..... Waterfront...	\$80,000
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Sheffield D.....	1 BR / 1.5 BA.... Waterfront.....	\$750
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Andover A.....	1 BR / 1 BA.....	\$750
Sussex A.....	1 BR / 1 BA.....	\$750
Hastings G.....	1 BR / 1 BA.....	\$750
Camden L.....	1 BR / 1 BA.....	\$750
Sheffield N.....	2 BR / 1.5 BA.....	\$850
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Easthampton I.....	1 BR / 1.5 BA.....	\$1,300
Windsor I.....	2 BR / 1.5 BA.....	\$1,600
Cambridge D.....	1 BR / 1 BA.....	\$1,600
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Dorchester E.....	2 BR/ 1.5 BA.....	\$1,600



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Agents at Century Village Real Estate are thoroughly familiar with the policies and procedures of buying, selling and renting within the Century Village Community. We do our best to protect the ideals of its residents, strive for smooth, professional transactions, and consistently sell properties faster and for higher sales prices than any other agents working in the Community. Stop by to meet some of our new, friendly faces.

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★★★★★ - Highly likely to recommend

Sold a Single Family home in 2015 for approximately \$25,000 in West Palm Beach, FL.

*"He helped sell my condo for the price we discussed and delivered, would use him again. The condo had a lot of restrictions making it hard to sell. He got a buyer and got them through the condo boards." - B.C.**



★★★★★ - Highly likely to recommend

Rented a condo home in 2014 in West Palm Beach, FL.

*"My Agent was a life saver in a long distance transaction. Her communication, attention to detail and just plain caring made the impossible happen. A MILLION thanks!" - L.A.**



★★★★★ - Highly likely to recommend

Bought a Condo home in 2014 for approximately \$50,000 in West Palm Beach, FL.

*"My agent helped me find and buy my Florida residence. She was most helpful explaining and answering all my questions and concerns. She was always available to show me listing and helped gain access to all homes I wanted to see. I wouldn't hesitate to use my agent, both buying and selling. I have recommended her to others who have been very pleased." - G.G.**



★★★★★ - Highly likely to recommend

Bought a condo home in 2015 for approximately \$30,000 in West Palm beach, FL.

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**Names available on request.*



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Semi-Annual Meeting of Le Cercle des Bon Amis

BY NICOLE BOULANGER

On August 20th, 150 members of Le Cercle des Bon Amis, the Francophone Canadian association of Century Village, met for their annual summer meeting at the Duchesnay tourist station near Quebec City. This daylong event, held in cool (!) and sunny northern weather, included a fine meal and fun activities.

Le Cercle des Bon Amis encourages new members. For more information on this club, go to: www.lecercledesbonsamis.org.



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LEGAL

Loose Lips Sink Ships — Avoiding Discrimination

BY MARK D. FRIEDMAN, ESQUIRE

Until season starts and we are able to provide a seminar on avoiding discriminatory practices, I wanted to use this article to go over some important reminders for avoiding such claims.

Anytime someone asks for a reasonable modification (e.g. building a ramp for a wheelchair) or a reasonable accommodation (e.g. a prescription pet), let them know that you wish to engage in the interactive process and will consider their request. You should then immediately turn everything over to your Association’s attorney. Never criticize the request or deny the request at the outset. Our firm actually has attorneys whose main focus is handling these types of issues. The most important thing to do is to watch what you say. Many of the claims filed recently have, as their basis, statements made by Board members in conjunction with an otherwise legitimate Board decision; the statements being subsequently used against them.

Remember that federal and state Housing for Older Persons laws are occupancy restrictions, not ownership restrictions. There are appropriate ways of dealing with individuals who try to do an end run around your condominium’s occupancy restrictions. Much of how you can react when someone under 55 years of age purchases or owns a unit and attempts to move into the unit will be based on what your declarations of condominium provide. Many of the condominiums in Century Village should update the Housing for Older Persons sections found in their declarations to tighten up the occupancy language.

Also keep in mind that Palm Beach County has extended the federal and state protected classes of persons as follows: race, sex, color, religion, national origin, disability, familial



status, sexual orientation, age, marital status or gender identity or expression.

Less is more with statements made to the real estate agent, the seller, and the purchaser. If you are uncertain about how to proceed, contact your community association attorney. Do not make statements to anyone about your concerns, even if you personally believe that they are legitimate concerns. Amend your declarations to create a specific list of “for cause” reasons for denial. By way of example, one reason could be a history of disruptive behavior at your condominium. This is a non-discriminatory reason and, along with other specific reasons, should be amended into your declarations.

Make your decisions based solely on the text of the application. Let your manager keep any photo identifications or other information which could give you a clue as to whether the applicants are members of a protected class. As explained by the Fair Housing Bureau when I called to discuss a potential discrimination claim, if they don’t know someone is a member of a protected class, then a claim of discrimination cannot move forward.

Claims of discrimination have resulted in expensive judgments against condominiums. Your insurance will generally not cover these judgments. Remember the lessons of famous individuals like Paula Deen and others and try to steer clear of words, statements, emails, or written communications that are or may be considered discriminatory.

Mark D. Friedman, Esq. is a Shareholder at the law firm of Becker & Poliakoff, P.A. This article is for educational purposes only and is not intended as a substitute for seeking legal counsel. Mr. Friedman may be reached at MFriedman@bplegal.com

TRASH PICKUP SCHEDULE

Monday and Thursday:

Andover, Bedford, Camden, Chatham, Dorchester, Greenbrier, Kent, Kingswood, Northampton, Somerset, Southampton, Sussex, Wellington and Windsor.

Tuesday and Friday:

Berkshire, Cambridge, Canterbury, Coventry, Dover, Easthampton, Hastings, Norwich, Oxford, Plymouth, Salisbury, Sheffield, Stratford, Waltham

Monday, Thursday and Saturday:

Golf’s Edge

Bulk Pickup: Friday for all areas.

It is not a pleasant sight to see the bulk trash out all week, so please remember to put your bulk trash out late Thursday evening or very early Friday.

Recycling: Wednesdays for all areas.

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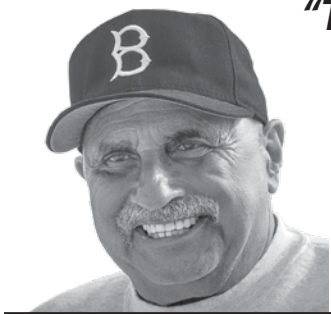
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“Take Two and Hit To Right”

Sports of The Century—Village Sam Milham



Around the Bases with Irwin Cohen

The Team Chased Out of NY

My last two articles, written with my brother Ted, were a rebuttal to the Ken Burns television series. This article is about the only team that was actually “chased” from New York, the NY football Giants.

In the early 1970s Yankee Stadium was rebuilt for the NY Yankees. All poles were removed, giving every seat an unobstructed view. This made my friend Lou Maldinardo, who didn’t like poles, very happy, but it left 13,000 loyal Giants fans out in the cold, because the seating capacity dropped from 67,000 to 54,000. The redo of the stadium was estimated at \$24 million, but the final cost was \$160 million. Mayor Lindsay never took into consideration that the two teams of different sports played in the stadium, and that Giants had sold out every one of the 67,000 seats for their home games and had a waiting list of 50,000!

I ask you, if you were owner Wellington Mara (a good man), would you stay in a city that cut your revenue by 20 percent simply because no one foresaw how disastrous this would be your team? I don’t think so! So the Giants moved to New Jersey and had an 80,000-seat stadium built for them and the NY Jets. About 38 years later the Jets and Giants had a new stadium built for them and repaid their loyal fans with a P.S.L. (personal seat license) on average of 10,000 per seat just to remain as season ticket holders. Licenses ranged from \$1000 to \$20,000. My six seats would have cost me \$60,000 despite the fact that I’d owned them since 1961, when all seats in the stadium became season tickets—no more walk-up or window sales.

I know this subject was touched on by me and others, but the lack of outrage by the New York press and talk show hosts never ceases to amaze me. I still don’t understand—did they think they would lose their press passes? Or were they just “paid off”?

Just as a side note to those loyal fans who came up with the PSL money, it is not a lifetime thing—only for the lifetime of the current stadium. Not forever! I say this because the last stadium was only about 33 years old when it was demolished. So, loyal Giants fans, start saving your money! John Mara may need more soon.

Well, folks, it is time for me to get off my soapbox, but before I do I want you to know I am still a NY football Giants fan, but I am not a PSL fan, nor a John Mara fan, nor am I a fan of the New York media. Where is the Hall of Fame sportswriter Dick Young, retired sportswriter for the *Daily News*, when we need him! As for the Dodgers, once the old guys retired, so did my loyalty.

I want to thank my readers for asking what happened to the Question of the Month. It will resume shortly. Glad you missed it.

In the meantime have a great summer and “Take two and hit to right.” By the way, this may be the first question of the season, so start thinking about it now. I would love to know your interpretation of the phrase.

Sam Milham has a computer radio show, Mondays at 5:00 p.m. on the WEI Network. His TV show is featured on Channel 63 on Mondays and Fridays at 8:00 p.m.

Kirk Gibson, Mitch Harris and More

Here’s some topics making the rounds among veterans of the baseball fraternity.

Former Tigers and Dodgers outfielder Kirk Gibson, better known for his key home runs in the World Series for each team, who went on to manage the Arizona Diamondbacks for four years, has been diagnosed with Parkinson’s disease, a neurological disorder that affects motor skills and affects speech.

The 58-year-old Gibson returned to his native Detroit area to be a color commentator on Detroit Tigers telecasts. Gibson wasn’t feeling right back on opening day but chalked it up to old baseball injuries he endured: surgeries of the neck, shoulder and wrist.

Now that he knows it’s Parkinson’s, Gibby is dealing with it head on with medication, but questions linger. “Looking ahead,” Gibson told the press, “how do you stop the progression of this disease? How do you find a cure?”

In the meantime, Gibson is doing what he has to do—dealing with therapists working on body movements and voice. As it has been in the past, Gibson’s voice is quick to criticize and compliment those on the field and voices opinions on all facets of the game.

Kirk’s son Cam, a college outfielder at Michigan State like his dad, was signed to a pro contract with the Tigers’ Connecticut farm team.

The Tigers also signed the grandson of former Tigers catcher Bill Freehan, an 11-time All Star in 15 seasons with the Tigers who also coached University of Michigan baseball, his alma mater. The

popular Freehan, 73, unfortunately has been living with Alzheimer’s disease.

Playing in the low minors with Gibson’s son and Freehan’s grandson is the son of former hockey great Wayne Gretzky. Trevor Gretzky, is the left fielder for the Class A Burlington club in the Angels’ farm system.

Mitch Harris has a lot of rooters. The first Naval Academy graduate in the major leagues in 94 years, Harris was 29 when he broke into the Cardinals’ pitching staff this year. While serving his country, Harris visited 30 countries and spent more than 16 months at sea. He kept in shape by playing ball on a flight deck in the Persian Gulf.

Lieutenant Harris missed many prime baseball seasons while earning his stripes, but feels blessed to be an old rookie. Harris served his country for four years and more than eight months.

Good to see Albert Pujols, now 35, having a good year. The man with more than 500 career home runs was drafted in the 13th round in 1999. Meaning, there were around 400 young, either college or high school players chosen before him to sign a pro contract. Usually we just pay attention to the first or second round choices of our favorite team, but talent can move from the bottom pretty quickly. Statistics are the prime mover.

CV snowbird Irwin Cohen has authored 10 books and headed a national baseball publication and went on to work for a major league team earning a World Series ring

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8:45					
9:00					
9:15					
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3:45					
4:00					

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POLITICAL

Paulette Burdick Palm Beach County Commissioner



I am very disappointed to tell you that, once again, the County Commission looks destined to change the rules to benefit a few developers. This time the issue was preserve land in the Agricultural Reserve. The vote was 6-1 with me casting the lone dissenting vote. The issue will return to the County Commission in October for a final vote. I wish I could say that I am optimistic, but this Commission seems to be unable or unwilling to say no to developers.

As always, the County will approve its budget in September. The fiscal year for Palm Beach County runs from October 1st through September 30th. The proposed countywide non-voted millage rate remains at 4.7815. The non-voted millage rate excludes millage for voter approved millage for libraries and Fire Rescue. Although the tax rate is remaining the same, the County should receive about \$25 million in addition revenue due to increased property values and new construction. Residents in Century Village should be unaffected.

Unfortunately, increases in the Sheriff's annual budget have continued to match or exceed the increase in revenue. Sheriff Bradshaw has already advised the Commission that next year he may ask for a \$39 million increase to his current budget of \$554 Million.

In the proposed budget, Palm Beach County will provide \$11.7 million for financially assisted agencies, nonprofits that provide services pertaining to domestic abuse and sheltering, homelessness, behavioral health, special needs and developmental disabilities, economic stability/poverty, senior services, continuing initiatives and non-competitive service categories.

You may have heard about the controversy concerning Uber, the vehicle for hire (taxi) service. During negotiations, the County has resolve most of the areas of disagreement. There is, however, one remaining issue that Uber is unable or unwilling to meet - that is the requirement that their drivers have a level two (fingerprint) background check. Without a level two background check, you only have the information provided by the driver without proof of identification. During the first hearing, almost all of the Uber drivers said they had no objection to a level two background check. This issue will come back before the commission on August 18th. Uber has many supporters and provides a valuable service, but we should not compromise public safety to

accommodate them.

Palm Beach County also became the first county in Florida to adopt an ordinance pertaining to the posting of public awareness signs at adult entertainment and massage/bodywork establishments alerting employees and patrons to remedies and protections related to human trafficking. Law enforcement tells us that this is a much bigger problem than most of us realize. We all hope that this will enable victims of human trafficking to get the help they need.

Please call me at 561-355-2202 for anything you may need, or if you just want to be well informed about important issues or events. You can also email me at pburdick@pbcgov.org.

John Carey Palm Beach County Inspector General



John Carey

Greetings from your Inspector General! This brief note is intended to update you on some of our key activities and other IG related issues.

One Year Anniversary: June marked my one year as your Inspector General! During my first year, I had the privilege of meeting with thousands of Palm Beach County citizens in one-on-one meetings and at numerous speaking events. Building upon the solid foundation of my predecessor, I established my three-pronged IG approach of "insight" - making government better; "oversight" - holding government accountable for taxpayers' dollars; and "foresight" - preventing fraud, waste, and abuse. Our investigations, audits, and contract oversight activities have and are doing this.

Current Activities: While the County IG Ordinance prohibits us from discussing details of on-going projects, I can say we are conducting several investigations and audits, and have referred a number of cases over to our partners in the State Attorney's Office for criminal investigation and prosecution. Our Contract Oversight Division is monitoring 41 contracts worth millions of dollars. We are also conducting a risk assessment to determine where we should focus our future audits. We welcome your input.

IG Lawsuit: On March 12th, Circuit Judge Brunson ruled in favor of the County in the 2011 lawsuit filed by 14 cities claiming that it was illegal for them to be charged for OIG oversight despite voters approving the ballot issue (72% overall approval and the majority of every municipality). The Judge stated, "The people are the municipalities and the officials

who represent the people may not undermine the electorate process because they disagree with the vote of the people." The cities have since the Court ruling.

Other Outreach/Training: As part of our "foresight" role in preventing fraud, waste, and abuse, we have issued several "Tips and Trends" and presented briefings on lessons learned from our IG projects. All of these can be viewed on our IG website.

If you have any questions, comments to help make our local government better, or suspect wrong-doing, please contact us at (561) 233-2350, inspector@pbcgov.com, or through our website: <http://pbcgov.com/oig/>. Thank you for your continued support!

Dorothy Jacks Chief Deputy Property Appraiser



Dorothy Jacks

After the summer lull, our Community Outreach program is getting ready for the 2015 fall and winter meetings with homeowner associations throughout the county.

For several years, we have provided the outreach program to help new homebuyers with their Homestead Exemption Applications. This year, we can help residents file the 2016 Homestead Exemption application.

"We inaugurated Community Outreach a few years ago and it proved so popular with our customers that we are happy to continue the program," said Chief Deputy Property Appraiser Dorothy Jacks.

"The residents enjoy getting to know our exemption services staff in person. They can answer questions about our exemption benefits or any other issues about the Property Appraiser's Office that might come up," Jacks said.

We are happy to invite residents of Century Village to participate in Community Outreach. Our next visit to Century Village is 1:30 p.m., Thursday, Sept 3, at the Community Center. Please call (561) 355-4021 for more information.

The Property Appraiser's Office also has a Speakers Bureau as part of our Community Outreach program. We can speak on a variety of tax saving benefits for property owners, including property tax reform issues, portability, and appraisal and exemption services. To schedule a speaking engagement, call (561) 355-2865.

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Century Village Class Schedule

All classes are NOT final, and are subject to change. **SIGN UP IN THE TICKET OFFICE.**

MONDAY						
COURSE NAME	STARTS	TIME	COST	MTRLS	WEEKS	ROOM
Stained Glass	9/28	1pm-3pm	\$20	****	5	Stained
Ladies Dance Styling	9/7	1pm-2pm	\$20		4	Art

TUESDAY						
COURSE NAME	STARTS	TIME	COST	MTRLS	WEEKS	ROOM
Ceramics	9/1	9am-11am	\$36	****	6	Ceramics
Tap Dance - Beginners/Intermediate	9/1	11am-Noon	\$24	****	4	Party
Spanish for Beginners	9/29	3pm-4:30pm	\$24		4	Class A

WEDNESDAY						
COURSE NAME	STARTS	TIME	COST	MTRLS	WEEKS	ROOM
Latin Rhythm Dance	9/2	10am-11am	\$20		4	Art Room
English for Beginners	9/23	11am-1pm	\$24		4	Class B
Breathing, Visualization, Meditation	9/30	1:30-3:00pm	\$24		4	Class B
Jewelry Making	9/2	1:30pm-3:30pm	\$40	****	4	Craft

THURSDAY						
COURSE NAME	STARTS	TIME	COST	MTRLS	WEEKS	ROOM
Painting Workshop	9/3	9:30am-11:30am	\$20	****	4	Art

FRIDAY						
COURSE NAME	STARTS	TIME	COST	MTRLS	WEEKS	ROOM
Ceramics	9/4	9am-11am	\$36	****	6	Ceramics
Canasta - Beginners	9/11	1:30pm-3:30pm	\$20		4	Card B

ANY TIME						
COURSE NAME	STARTS	TIME	COST	MTRLS	WEEKS	ROOM
Basic Ballroom Private Instruction *2nd Person 1/2 Price	Call for Appt.	Anytime by Appt. 9am-8pm	\$15		1	

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Century Village Class Descriptions

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Breathing, Visualization & Meditation – Simple, fast and easy techniques that can improve your health, moods, creativity and motivation in life.

Canasta For Beginners – Learn the basic techniques of playing the skilled game. Learn to count points, keep score and the play of the hand.

Ceramics – An easy and enjoyable activity that can become a truly creative pastime. Sign up for this ongoing class anytime.

English for Beginners – Learn the English language.

Expressive Visual Arts – This art class will allow you to express yourself using the medium of your choice. Please come in to sign up before we set a start date.

Jewelry Making – Come and learn how to make beautiful jewelry. Ask about supplies. Create pieces for loved ones or treat yourself.

Ladies Dance Styling — Learn proper dance posture, hold and frame, arm movement style, walking and motions.

Latin Rhythm Dance – Learn how to Dance Latin style! The instructor will offer lessons on Merengue, Salsa, Bachata, Rhumba and Cha Cha.

Metro Traffic School - Interested in an automobile insurance discount? Attend a lively, interactive 6-hour Mature Driver course in the Clubhouse.

Painting Workshop – Advanced class where students will learn how to add light, shade, dimension, and perspective to their artwork—very informative. Sign up for this ongoing class anytime.

Spanish for Beginners – Learn to write and speak Spanish.

Stained Glass – Learn how to make beautiful objects with colored glass. The possibilities are endless.

Tap Dance – Brush up on your tap dancing. Lessons will be given by Joan Maret, choreographer to the Residents Show.

Room locations and times are subject to change and/or modification
HAVE A NEW CLASS IDEA? INTERESTED IN TEACHING HERE AT CENTURY VILLAGE? CALL KRISTY IN THE CLASS OFFICE OR STOP IN TO DISCUSS

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Real Estate - \$10.00 for first 4 lines, additional lines are \$2.00.
Classified- \$5.00 for first 4 lines additional lines are \$1.00.

All ads must be paid in advance by the 7th of the month prior to the edition they will appear. Classified ads are printed on a space available basis. Ads may be placed for 1, 2 or 3 months. Submissions must be made at the UCO office at 24 Camden A (Camden Pool).

FOR SALE

Bedford G: 2nd floor corner unit, 1/1.5, lift in building. Updated, new condition, hurricane shutters, owner occupied, parquet floors throughout, \$29,900. Harvey @ 248-840-2248.

Bedford G: 1st floor corner, 1/1.5, new appliances, all updated, hardwood floors, new paint. 37,900. Harvey @ 248-840-2248.

Greenbriar B: Spacious 2 bed/2 bath on ground floor across from pool. Completely renovated bathroom, newer appliances, enclosed patio. Bargain at 68,900. Call 561-414-1616.

Hastings A: Second floor, 1, 1 1/2 bath, quiet cul-de-sac. \$29,000. Call Len @ 215-593-7317.

Plymouth: 2nd Floor, 1 bed 1.5 bath. wrap around patio. Needs upgrades, desirable. Association with private pool. \$21K. Call KC 561-346-1430.

Salisbury A: 2nd floor 2BR, 1BA, central air, near clubhouse and east gate. Ready to move in. \$38,999. Call Z@561-818-5446 or H@561-714-6445.

Sheffield N: Upper floor, 1/ bed/1 bath, lift, rentable, pet friendly, upgrades in kitchen & bath 2 ac, turn key, \$22,000.00, negotiable Contact Masters Real Estate @ 512-2485.

Southampton B: 2 bedroom/ 1.5 bath- all updated, laminated floors, custom kitchen, huge tiled, glassed Florida room. Partially furnished. \$54,900. Call 561-845-1133.

Windsor H: Second floor, 1 bed/1.5 bath, renovated unit, furnished, new AC, new WH, close to pool, move in ready at \$29,900 pls contact 617-202-9021 or thomas@adamsworth.com

FOR RENT

Andover D: First floor condo. 1 bedroom, 1 bath furnished or unfurnished. \$575.00. Available August 1st. Please contact Steve @ 1-347-495-7561.

Chatham E: Lakeview furnished condo, 1-1, \$700 per month. One month security. 561- 689-0105

Easthampton A: 2 bedroom- 1 1/2 bath- corner ground floor, just inside east gate, central air, non-smoker, excellent condition. Call 814-761-7091 for further information.

Salisbury H: Condo for rent: 1 bdrm, 1 1/2 bath, near gate. Clean, no pets, credit and reference check. \$800 plus deposit. Call 561-346-1803.

MISCELLANEOUS

For Sale: Future Classic — 1988 Cadillac Seville — like new beige leather interior. Runs, look excellent. 59,250 miles. Asking \$4900 or best offer. Will trade. 561-254-4484.

Funeral Funding: For affordable funeral expense and pre-need insurance, call Agent Vincent M. Jeffers, a CV resident. 954-325-0093 or email at VM Jeffers@gmail.com.

Credit Cards Now Accepted from Retail Advertisers

The *UCO Reporter* will accept most major credit cards in our retail advertising section. The following cards may be used- Visa, Master Card, Discover and American Express. For more details, call the *UCO Reporter* office Monday-Thursday (683-9336) between 9AM and 1PM. Dial *UCO Reporter* Accounting Department at ext. 178 or ext 171. Please leave a message if no one is available.

Credit cards are not accepted for Classified Advertising.

Don't Back Up!

A delay system has been installed at the entrance gates that prevents two vehicles from passing through the gate at the same time. If you notice that the gate arm does not go up immediately when you approach, DO NOT BACK UP. Just wait, and the arm will go up when it is your turn to enter.



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RSVP REQUIRED		September 2015		For more info and to RSVP call 561-373-0329	
For all events					
Monday	Tuesday	Wednesday	Thursday	Friday	
8/31 10:30-11:30am Audiology with a Heart – FREE Hearing aides checks and FREE amplified phones if you meet requirement of a FL issued ID.	1 9-10am Blood Pressure Clinic, Come in for a free Blood Pressure Check	2 10:30-11:30am Sherri Greenblatt Board Certified Elder Law FL Elder Law Concepts “Health Care Designation of Surrogates, Living Wills & HIPPA Releases “	3 10:30-11:30am “Financial Realities Affecting your Life & Retirement” Presentation by Bankers Life	4 12noon-1pm Hot Dog Bar with Atria Meridian	
7 LABOR DAY OFFICE CLOSED	8 9-10am Blood Pressure Clinic, Come in for a free Blood Pressure Check	9 10:30-11:30am “Are you a Safe Senior In/Out of your Home?” Presentation by your friends at CSI.	10 10:30-11:30am Homecare 101 -Who Needs It, When you Need It, We Have the Programs for You, also bring your LTC policy for a free review.	11 2:30-3:30pm Roshhashana Program With Vitas Innovative Hospice.	
14  Rosh Hashanah	15 9-10am Blood Pressure Clinic, Come in for a free Blood Pressure Check.	16 10:30-11:30am Area Agency On Aging Medicare Part D and Open Enrollment.	17 10:30-11:30am Deaf & Hearing Resources- FREE Hearing Screening and Amplified Phone if you meet requirements of FL ID. 2:30-3:30pm Your Estate Planning Tool Box - An Overview of Documents Needed by Lisa Goldstein ESQ.	18 12-1pm Luncheon Dr Routman with Atlantis Orthopedics “What Your Shoulder Pain is Telling You”	
21 10:30-11:30am Bagels with Brookdale “Aging Well Through Social Connections-The Journey away from loneliness to establishing new and deep Friendships”	22 9-10am Blood Pressure Clinic, Come in for a free Blood Pressure Check.	23  Yom Kippur	24 2:30 pm -3:30 pm Root Beer Floats sponsored by Atria Meridian.	25 10:30-11:30am Were you a Veteran or Surviving Spouse? How can Veteran Aide & Attendant Help You? 12noon-1pm Luncheon Dr Wang with Atlantis Orthopedics “Tips on your Hips”	
28 11:30-1pm Medical Monday Luncheon with Tenet “The Baker Act, What is it?” Presentation by Donna Hague Director at St. Mary's Medical Center.	29 9-10am Blood Pressure Clinic, Come in for a free Blood Pressure Check	30 10:30-11:30am “Sleep Hygiene and Sleep Issues”. Presentation by Lynn Mollica with Advocare Care Management.	<div>We are your onsite neighbor in the Century Medical Care Center</div>		

S E R V I C E S



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B U S S C H E D U L E S

SHUTTLE BUS				Perimeter Run at 12:45 PM				Effective September 1st, 2015			
Clubhouse		9:00	10:00	11:00	12:00		1:00	2:00	3:00	4:00	<div>Excursion Trips</div> <div>Wednesday Sept 2 Wellington Mall</div> <div>Wednesday Sept 9 Boyntonm Mall</div> <div>Wednesday Sept 16 Gardens Mall</div> <div>Wednesday Sept 23 Lake Worth Beach</div> <div>Wednesday Sept 30 Festival Flea Market</div> <div>EXCURSIONS DEPART CLUBHOUSE AT 10:00 A.M.</div> <div>AND RETURN ABOUT 3:00</div>
Imaging Center		9:07	10:07	11:07	Lunch		1:07	2:07	3:07	4:07	
Library		9:15	10:15	11:15			1:15	2:15	3:15	4:15	
Humana		9:18	10:18	11:18			1:18	2:18	3:18	4:18	
UCO SVC Wednesday & Friday		9:21	10:21	11:21			1:21	2:21	3:21	4:21	
Walmart / Jog		9:22	10:22	11:22			1:22	2:22	3:22	4:22	
Publix (Home Depot Plaza - Jog Road)		9:28	10:28	11:28			1:28	2:28	3:28	4:28	
Century Plaza		9:31	10:31	11:31			1:31	2:31	3:31	4:31	
Emporium Shoppes		9:37	10:37	11:37			1:37	2:37	3:37	4:37	
Goodwill		9:42	10:42	11:42			1:42	2:42	3:42	4:42	
Post Office Drop off / Pick Up			Tuesday & Thursday Only					2:45	3:45		
Perimeter Drive		On Request					On Request				
Clubhouse		9:48	10:48	11:48			1:48	2:28	3:48	4:48	
MALL BUS											
Clubhouse		9:00	10:00	11:00	12:00		1:00	2:00	3:00	4:00	5:00
Dr. Sapenoff		9:09	10:09	11:09	Drivers		1:09	2:09	3:09	4:09	5:09
Pine Trail		9:14	10:14	11:14			1:14	2:14	3:14	4:14	5:14
Walmart / Military Mon, Tue, Wed		9:23	10:23	11:23	Lunch		1:23	2:23	3:23	4:23	5:23
Deals Mon, Tues Wednesday		9:30	10:30	11:30			1:30	2:30	3:30	4:30	5:30
President's Market Thursday Only				11:25			1:35				
Palm Beach Outlets Friday only			10:23					2:30			
Winn Dixie / Kmart - No Friday Service		9:34	10:34	11:34			1:34	2:34	3:34	4:34	5:34
Dollar Tree - No Friday Service		9:38	10:38	11:38			1:38	2:38	3:38	4:38	5:38
Church No Friday 10:41 or 2:41		9:41	10:41	11:41			1:41	2:41	3:41	4:41	5:41
Village Commons		9:48	10:48	11:48			1:48	2:48	3:48	4:48	5:48
Clubhouse		9:55	10:45	11:45			1:55	2:55	3:55	4:55	5:55
PUBLIX'S EXPRESS					12:00	Monday thru Fridays Including Holidays					
Perimeter Drive		8:45			Drivers						
Clubhouse		9:00	10:00	11:00	Lunch		1:00	2:00	3:00	4:00	
Morse Monday Wednesday Friday ONLY		9:15					1:15				
Publix		9:30	10:15	11:15			1:30	2:15	3:15	4:15	
As Requested Points of Service											
Clubhouse		9:45	10:45	11:45	12:45		1:45	2:45	3:45	4:45	
COMBO RUN Saturday and Sundays and holidays											
Clubhouse		9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	<div>All riders MUST show Their Century Village ID</div> <div>HAVE IT READY</div>
Pine Trail		9:07	10:07	11:07		1:07	2:07	3:07	4:07	5:07	
Walmart / Military		9:15	10:15	11:15	Lunch	1:15	2:15	3:15	4:15	5:15	
Nana's Diner		9:20	10:20	11:20		1:20	2:20	3:20	4:20	5:20	
Winn Dixie/K-Mart		9:26	10:26	11:26		1:26	2:26	3:26	4:26	5:26	
Church		9:30	10:32	11:32		1:32	2:32	3:32	4:32	5:32	
Village Commons		9:35	10:47	11:47		1:35	2:35	3:35	4:35	5:35	
PUBLIZ (COMMUNITY)		9:40	10:40	11:40		1:40	2:40	3:40	4:40	5:40	
Emporium Shoppes		9:50	10:50	11:50		1:50	2:50	3:50	4:50	5:50	
Goodwill		9:55	10:55	11:55		1:55	2:55	3:55	4:55	5:55	
Perimeter Drive		On Request									
Clubhouse		9:58	10:58	11:58		1:58	2:58	3:58	4:58	5:58	

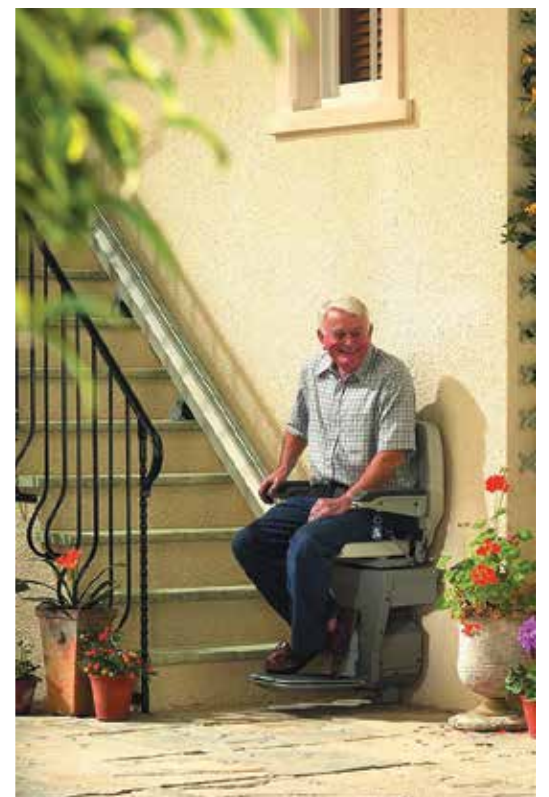
Internal Bus Schedule

Internal Bus Route # 1				Perimeter Run @ 8:45 am & 11:45 am					Effective September 1st, 2015								
Clubhouse	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00	8:00	9:00	10:00		
Dover	8:02	9:02	10:02	11:02	Drivers	1:02	2:02	3:02	4:02	5:02	6:02	7:02	8:02	9:02	10:02		
Somerset	8:04	9:04	10:04	11:04	Lunch	1:04	2:04	3:04	4:04	5:04	6:04	7:04	8:04	9:04	10:04		
Berkshire	8:06	9:06	10:06	11:06		1:06	2:06	3:06	4:06	5:06	6:06	7:06	8:06	9:06	10:06	Wednesday	
Camden	8:09	9:09	10:09	11:09		1:09	2:09	3:09	4:09	5:09	6:09	7:09	8:09	9:09	10:09	Seniors vrs Crime	
Windsor	8:12	9:12	10:12	11:12		1:12	2:12	3:12	4:12	5:12	6:12	7:12	8:12	9:12	10:12	1:00 to 4:00	
UCO Mornings but Wed & Fri all Day				8:13	9:13	10:13	11:13	1:13	2:13	3:13	4:13	5:13	Except Saturdays and Sunday				Friday
Wellington L & M	8:15	9:15	10:15	11:15		1:15	2:15	3:15	4:15	5:15	6:15	7:15	8:15	9:15	10:15	Seniors vrs Crime	
Andover	8:19	9:19	10:19	11:19		1:19	2:19	3:19	4:19	5:19	6:19	7:19	8:19	9:19	10:19	9:00 to Noon	
Kingswood	8:25	9:25	10:25	11:25		1:25	2:25	3:25	4:25	5:25	6:25	7:25	8:25	9:25	10:25		
Medical Plaza	(Upon Request)																
Clubhouse	8:30	9:30	10:30	11:30		1:30	2:30	3:30	4:30	5:30	6:30	7:30	8:30	9:30	10:30		
Internal Bus Route # 2																	
Clubhouse	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00	8:00	9:00	10:00		
Plymouth	8:02	9:02	10:02	11:02	Drivers	1:02	2:02	3:02	4:02	5:02	6:02	7:02	8:02	9:02	10:02		
Sheffield E	8:04	9:04	10:04	11:04	Lunch	1:04	2:04	3:04	4:04	5:04	6:04	7:04	8:04	9:04	10:04		
Chatham	8:06	9:06	10:06	11:06		1:06	2:06	3:06	4:06	5:06	6:06	7:06	8:06	9:06	10:06		
Kent	8:08	9:08	10:08	11:08		1:08	2:08	3:08	4:08	5:08	6:08	7:08	8:08	9:08	10:08		
Northampton	8:11	9:11	10:11	11:11		1:11	2:11	3:11	4:11	5:11	6:11	7:11	8:11	9:11	10:11		
Sussex	8:13	9:13	10:13	11:13		1:13	2:13	3:13	4:13	5:13	6:13	7:13	8:13	9:13	10:13		
Canterbury	8:15	9:15	10:15	11:15		1:15	2:15	3:15	4:15	5:15	6:15	7:15	8:15	9:15	10:15		
Cambridge	8:16	9:16	10:16	11:16		1:16	2:16	3:16	4:16	5:16	6:16	7:16	8:16	9:16	10:16		
Dorchester	8:18	9:18	10:18	11:18		1:18	2:18	3:18	4:18	5:18	6:18	7:18	8:18	9:18	10:18		
Oxford	8:21	9:21	10:21	11:21		1:21	2:21	3:21	4:21	5:21	6:21	7:21	8:21	9:21	10:21		
Stratford	8:22	9:22	10:22	11:22		1:22	2:22	3:22	4:22	5:22	6:22	7:22	8:22	9:22	10:22		
Sheffield	8:23	9:23	10:23	11:23		1:23	2:23	3:23	4:23	5:23	6:23	7:23	8:23	9:23	10:23		
Hastings Fitness	8:25	9:25	10:25	11:25		1:25	2:25	3:25	4:25	5:25	6:25	7:25	8:25	9:25	10:25		
Medical Plaza	(Upon Request)																
Clubhouse	8:28	9:28	10:28	11:28		1:28	2:28	3:28	4:28	5:28	6:28	7:28	8:28	9:28	10:28		
Internal Bus Route # 3																	
Clubhouse	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00	8:00	9:00	10:00		
Bedford B	8:02	9:02	10:02	11:02	Drivers	1:02	2:02	3:02	4:02	5:02	6:02	7:02	8:02	9:02	10:02		
Greenbrier	8:04	9:04	10:04	11:04	Lunch	1:04	2:04	3:04	4:04	5:04	6:04	7:04	8:04	9:04	10:04		
Southampton	8:06	9:06	10:06	11:06		1:06	2:06	3:06	4:06	5:06	6:06	7:06	8:06	9:06	10:06		
Bedford C	8:08	9:08	10:08	11:08		1:08	2:08	3:08	4:08	5:08	6:08	7:08	8:08	9:08	10:08		
Wellington Circle	8:09	9:09	10:09	11:09		1:09	2:09	3:09	4:09	5:09	6:09	7:09	8:09	9:09	10:09		
Golfs Edge	8:12	9:12	10:12	11:12		1:12	2:12	3:12	4:12	5:12	6:12	7:12	8:12	9:12	10:12		
Coventry	8:14	9:14	10:14	11:14		1:14	2:14	3:14	4:14	5:14	6:14	7:14	8:14	9:14	10:14		
Norwich	8:16	9:16	10:16	11:16		1:16	2:16	3:16	4:16	5:16	6:16	7:16	8:16	9:16	10:16		
Salisbury	8:19	9:19	10:19	11:19		1:19	2:19	3:19	4:19	5:19	6:19	7:19	8:19	9:19	10:19		
Waltham	8:22	9:22	10:22	11:22		1:22	2:22	3:22	4:22	5:22	6:22	7:22	8:22	9:22	10:22		
Easthampton	8:25	9:25	10:25	11:25		1:25	2:25	3:25	4:25	5:25	6:25	7:25	8:25	9:25	10:25		
Medical Plaza	(Upon Request)																
Clubhouse	8:30	9:30	10:30	11:30		1:30	2:30	3:30	4:30	5:30	6:30	7:30	8:30	9:30	10:30		
Publix	8:35		10:35	11:35		1:35		3:35		5:35	6:35		8:40			September ONLY	
Clubhouse	8:50		10:50	11:50		1:50		3:50		5:50	6:50		8:50				
Please note: on Saturdays ALL the Internal Bus Routes will drop off at Anshei Sholom on the 9 AM run.																	
Please note: Monday thru Friday the internal bus routes # 1 & # 3 drops off at Hastings fitness center 8AM & 1 PM & on REQUEST at other times. #2 route runs ALL day.																	
All Internal Busses will ON REQUEST complete a Perimeter Drive Run at 11:45 AM																	

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Out and About in Century Village



Photo by Rosemarie Fuentes



Photo by Rosemarie Fuentes



Photo by Elaine Brown



Photo by Elaine Brown



Photo by Elaine Brown



Photo by Elaine Brown



Photo by Elaine Brown



Photo by Elaine Brown



Photo by Elaine Brown



Photo by Elaine Brown



United Social Club



Italian American Culture Club

Photo by Suzie Byrnes



Photo by David Holz



Photo by Elaine Brown



Residents attend Advisory Committee Meeting



Advisory Committee