FEELING LUCKY? TAKE A BOAT RIDE

Turn to page B3

* * *

U.C.O. — www.uco-reporter.blogspot.com — REPORTER

NEW HOT WATER HEATERS

Turn to page A4

* * *

VOL. 35 ISSUE 3 • OFFICIAL PUBLICATION OF UNITED CIVIC ORGANIZATION OF CENTURY VILLAGE, WEST PALM BEACH, FLORIDA • MARCH 2016



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REMINDER

Priday 3/4/16
9:30 a.m. in the Theater

Read recent back issues at: www.uco-reporter.blogspot.com

Email articles & comments: ucoreporterwpb@gmail.com



UCO Delegate Assembly Minutes

FEBRUARY 5, 2016

The meeting was called to order at 9:30 AM by President David Israel. Lt. Hill led the delegate assembly in the Pledge of Allegiance.

A quorum was met with 172 delegates in attendance.

This meeting is being videotaped by UCO, Howie Silver, with Ed Grossman also recording the proceedings.

PBSO

Today's report was given by Lt. Hill. This is a good month, 1 burglary, (unlocked door) 2 thefts. Lt. Hill also had 3 bank account fraud reports, he suggests keeping an eye on bank accounts, be aware of fraud, transactions not made by you. 58 traffic stops this month with 26 citations issued. County wide thefts are up from cars, 75% unlocked, this month: don't leave valuables in your car and be sure to lock the doors. PBSO jurisdiction is on the entrances and perimeter road for traffic violations. Side roads and association parking lots aren't covered in the county agreement with Century Village.

Minutes

There were 2 corrections for the Minutes; Minutes were accepted as presented with corrections noted.

Treasurer's Report

(included in packet) Howard O'Brien gave the Treasurer's report, hearing no correction or additions; the report was accepted as written. Mr. O'Brien reported that the Audit for the fiscal year ending Dec. 31st, 2015 will be finished by February 15th. Expect the final report by the end of the month.

Guests

Today's guests are Major Alexander Freeman, candidate for Sheriff, Bradley Harper, candidate for Judge, Lisa Grossman, candidate for Judge, Katherine Waldron for Port Commission, Ettie Feistmann, candidate for Judge, Joseph Anderson for Port Commission, Dr. Jean Enright, re-elect Group 3 Port Commission, Emily Slosberg, Candidate for State Senate (new)

District 30, and last but not least, Peyton MacArthur Port Commissioner brought the Guide to Services booklet for distribution. Each was given one minute to address the delegate assembly.

Nominations for Election

Regular business will be dispensed and go directly into Nominations for Elections. Nominations from the floor is being conducted by Anita Buchanan, Chairperson of Election Committee

All Candidates/Nominees for UCO Election

Nominees from Floor (Italicized and underlined) 2/5 (Treasurer, Recording Sec'y, and Executive Board) listed below those whose bios we had received earlier: Nominees must e-mail their bios to ruthphild@ aol.com no later than Feb. 9th. (Ruth Bernhard-Dreiss)

President

- David Israel
- Phyllis Richland

Vice President

- Ed Black
- Marcia Ziccardy
- Olga Wolkenstein
- Joy Vestal
- John Gragg
- John Gluszak (no e-mail address)

Treasurer

- Howard O'Brien
- Nominated from Floor: Ed Grossman/Wellington A (nominated by Myron Solomon/Camden K, seconded by Olga Wolkenstein/ Northampton R)

Recording Secretary

- John Hess
- Nominated from Floor: Eileen Pearlman/Camden J (nominated by Stewart Richland/Somerset K, seconded by Esther Sutofsky/ Wellington E)

Corresponding Secretary

- Roberta "Bobbi" Levin
- Marilyn Pomerantz

Executive Board

- George Franklin
- Carlos Nunez
- Stewart Richland
- Jean Komis
- Dom Guarnagia
- Jack Adams
- Lori Torres
- Christine Armour
- Ken Davis
- Nominated from Floor: Jerry Karpf/Windsor O (nominated by Cookie Currier/Golf's Edge, seconded by Marilyn Pomerantz/ Chatham C)

Voter rolls need to be correct. Any changes in delegate's eligibility for voting must be turned in to UCO, ASAP. Then UCO must submit same to vendor by close of business March 3rd.

Officers/Committee Reports

- Pat Sealander: Walk/run is at 9:00AM Time was listed wrong on schedule. March 18th-Board Certification-Theater 9:30-12:30. (Fla. Stat. § 718.112(2)(d)(4)(b).) Sign up sheets will be in UCO, Hastings, and WPRF ticket office. UCO will be closed for repairs Fri 12th and Mon. 15th. Voter Forum Monday 15th, 1:00PM to 3:00PM.
- Joy Vestal: 5K Run/Walk Monday Feb 15th. Proceeds go to Honor Flight. Feb. 9th, 5:00 PM Candidate interviews start running channel 63, until the 20th. There will be an insert in

- next paper with all candidates and info for elections (delivered the 22nd)
- Bob Marshall: Comcast hired a rep, Seth Parker, to handle CV's problems; in the process of setting up a schedule for him to be here. Barcode sales have made a difference in traffic congestion at the gates, Thanks for your cooperation.
- John Hess: Delegates, Please, consult with your building residents and using their input for candidate selection in the coming election. Consider their concerns and vote wisely.
- Barbara Cornish: Thanks to all who are running, they put in a lot of time at UCO assisting the village, they save us a lot of money.
- Fausto Fabbro The sidewalk and bus stop repairs are almost completed. Thanks for your patience. Anyone with a problem with a bus stop call the CAM.

Good of the Order

- 5K walk Feb 15, 2016 9:00 AM
- Voters get absentee ballots, change registration address, confirm affiliation with party, etc. Don't lose your right to vote. Contact Connie Kurtz, Ph. # 688-1934. Newcomers can get registered in Florida.
- George Franklin thanked everyone that attended the "Active Shooter "presentation.
- Bus stop at Wellington E and Andover.
- Jerry Karpf having a meeting concerning bed bugs.
- Redo documents for Assoc. none since 1999? Costly.
- East Hampton B, Thanks to UCO for being a great help since the fire last year "you had our backs, Thanks!"
- Salisbury ladies made and donated Huggy Pillows and Headbands for Cancer Kids.

Lenore Velcoff made the Motion to Adjourn, seconded, Suzie Byrnes. Adjourned at 11:55 AM.

Respectfully Submitted, John Hess, Recording Secretary

EDITORIAL

Message to Delegates

BY MYRON SILVERMAN & JOY VESTAL

Okay delegates, it's all up to you on March 4. Remember: Your vote will determine the future of this village. Many qualified candidates have come forward who are willing to give their time and expertise. In this edition of the Reporter there is a four-page pull-out section giving their background and recent Century Village experience. This section was edited and produced by our Nominations Committee. Thanks for their help.

Recently there were also interviews with those candidates who chose to participate in a program on Ch. 63. It should be made clear that this was voluntary on the part of the candidates. There were almost 20 participants who announced their platform and gave their vision for the future of our Village. We hope that our residents saw this very informative program

Going forward, both the UCO Joy Reporter and Ch. 63 will continue Reporter

to endeavor to give our residents all the news and entertainment in our Village in a fair and unbiased manner. We know that all of residents may not agree but, oh well, isn't that the nature of this business? The more comments, pro or con, just watch the spike in circulation.

Myron Silverman, Co-Editor, UCO Reporter

Joy Vestal, Co-Editor,UCO



The President's Report

By Dave Israel

There is More to Do

Dear Friends,

On March 4, association delegates will be going to the polls in true democratic fashion to vote for candidates for UCO office and the Executive Board. We have an amazing facility here in Century Village West Palm Beach—a place we can call home with first-class recreational facilities much like a small town. I have been privileged to be your UCO president now for the past six years.

These have been critical years, mainly because of the rapid advances in computer technology. Things are simply not done the way they were before, and unless we keep abreast of the times we will fall behind. The Village will not attract new buyers and renters, and our property values may not continue their recent steady climb.

We need to continue what we have started together, and that is why I am running for another term.

Communications

For the first time Computer-based voting will be implemented for our March elections, and at delegate assembly meetings electronic clickers will soon replace the old waving of slips of paper, which made getting a vote count so frustrating.

Real estate agents tell me that Wi-Fi is now one of the first concerns of prospective owners and renters. Technology moves quickly but that is never a reason not to move with it. The increasing popularity of products such as Skype and live-streaming is depleting available bandwidth, and we need to work with industry experts like those who have advised us over the years and with our own experts in the Village to decide which form of Wi-Fi is best for the Village and will hold up the longest.

I worry because my opponents have been resistant to new technologies and their potential to improve the lives of our residents, but we will stay on top of this if I am reelected. For example, we will continue to look into Village-wide Broadband, which is more comprehensive than Wi-Fi, and I look forward to discussing Broadband in an upcoming issue of the UCO Reporter.

One impact of the Internet has been an unparalleled sharing of information worldwide. It puts a fear into dictators and those who would keep secret what should be shared. Through "Information Forward" e-mails and "Our Village Blog" we have utilized the new technology to keep CV residents informed as never

before

At the same time, the *UCO Reporter* has become a first-class community newspaper—readable, interesting and informative. Vendors from all around seek us out to advertise. My policy from when I first became UCO president has been "hands off" with regard to the newspaper. Although it is the official UCO vehicle for Village communications, I believe it should be as independent as possible. This policy was not always followed in the

There has never been such transparency as there is now in the Village. Committee and board meetings, except for the few times when in confidential session, are announced in advance and reported on and often videotaped for the blog and Channel 63. Any resident with a computer can keep very well informed.

Small group sessions and insurance

One of the most gratifying programs begun during my tenure as president has been the informal small group sessions I have had with association presidents. One on one, I have come to know many of you and learned from our conversations. I will continue these sessions in a new term

Insurance on our buildings, arranged for by UCO, is perhaps the single largest expense our associations and UCO face. Unbelievably, the insurance contracts were not sent out to bid before my administration took over. It was plain and simply a windfall for one selected insurance agency. Once we secured bids through our very knowledgeable insurance chair, Toni Salometo, 26-unit associations, for example, immediately saw a drop of \$7000-8000 in their annual premiums. Over the past five years our 309 associations have saved about \$10 million on insurance

The future

Continuing with such improvements and savings is a must. We need to improve infrastructure and address other concerns, which I will take on with my team, reaching out to residents and listening to your ideas and priorities. I will not let this Village fall behind. If you will give me and my team the support we need from you in the March election, we will be honored to continue our work on your behalf. Thank you.

March 2016 UCO Monthly Meetings

TUES MAR 1	TRANSPORTATION	CARD RM B	9:45 AM
WED MAR 2	PROGRAM & SERVICES	UCO	11:00 AM
FRI MAR 4	ELECTIONS	ROOM C	8-9:00 AM
FRI MAR 4	DELEGATE ASSEMBLY	THEATER	9:30 AM
	REPORTER	UCO	1:00 PM
	SECURITY	UCO	2:00 PM
TUES MAR 8	STUDIO 63	UCO	11:00 AM
WED MAR 9	BROADBAND	UCO	11:00 AM
THU MAR 10	COP	ROOM B	9:30 AM
SUN MAR 13	INSTALLATION LUNCHEON	PARTY RM	NOON
TUES MAR 15	INSURANCE	UCO	10:00 AM
WED MAR 16	ADVISORY	UCO	10:00 AM
THU MAR 17	BIDS	UCO	10:00 AM
FRI MAR 18	BOARD CERTIFICATION	THEATER	9:30-12:30
MON MAR 21	CERT	ART RM	3:00 PM
THU MAR 24	OFFICERS	UCO	10:00 AM
MON MAR 28	EXECUTIVE BOARD	ROOM B	1:30 PM
TUES MAR 29	OPERATIONS	UCO	10:00 AM
FRI APR 1	DELEGATE ASSEMBLY	THEATER	9:30 AM
	REPORTER	UCO	1:00 PM
	SECURITY	UCO	2:00 PM

UCO OFFICERS

President David Israel

Vice Presidents

Joy Vestal Bob Marshall Barbara Cornish Fausto Fabbro

Treasurer Howard O'Brien

Corresponding Secretary Pat Sealander Recording Secretary John Hess

EXECUTIVE BOARD

Mary Patrick Benton **Ruth Bernhard-Dreiss** Susie Byrnes Milton Cohen Ken Davis Linda DiLoreto Herbert Finkelstein George Franklin **David Givens** Jackie Karlan Jean Komis George Loewenstein George Pittell Mike Rayber Stewart Richland Toni Salometo **David Saxon** Myron Silverman Esther Sutofsky Lori Torres

- EDITORIAL POLICY -

The *UCO Reporter* promises to continue its long held beliefs that this publication will print articles to inform our residents of the important issues concerning our Village. We promise to seek the truth and to print both sides of an issue, to open dialogue to inform our readers, not to create controversy.

We promise to listen to your concerns and to treat all our residents with courtesy and respect. Your opinion is valuable to us and will be considered in our decision for publication. These are the criteria for publication:

LETTERS TO THE EDITOR: Letters to the Editor should be limited to 250 words, and must be e-mailed (ucoreporterwpb@gmail.com) to the Reporter by the 7th of the month prior to publication. Your opinions are important to us, but please refrain from gossip, innuendo, nasty or inflammatory remarks. Letters deemed to be inappropriate, inflammatory or libelous will be returned by the Staff for revision or removal. All letters must include the name, address and phone number of the author. No letters from *UCO Reporter* staff will be published. They may however have the opportunity to submit an opinion article also limited to 250 words.

ARTICLES: Articles for inclusion should be limited to 500 words, e-mailed (ucoreporterwpb@gmail.com) to the *Reporter* by the 7th of the month prior to the month of publication. All articles will be limited to one per writer. The topic of your article is of your choosing, but the Staff has the discretion to edit it with your approval or reject it based on the above stipulations. All articles must include the name, address and phone number of the author.

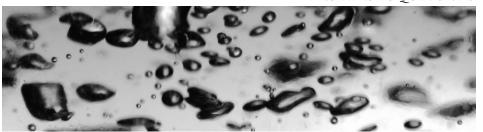


BY LANNY HOWE

- year?
- 2. What US president was also a US Supreme Court Chief Justice?
- 3. What baseball player in the modern era (since 1900) had the highest lifetime batting average?
- What UCO officer played quarterback for his college football team?
- 5. Who was the last .400 hitter (batting average for one season)?

- 1. Why was the year 1900 not a leap 6. If a hen and a half laid an egg and a half in a day and a half, how many days would it take one hen to lay one egg?
 - 7. What is a "light year"?
 - 8. What was "Seward's Icebox"?
 - 9. Who wrote Moby Dick?
 - 10. The Bilateral Agreement in Century Village is a contract between what two parties?

ANSWERS TO QUIZ ON A6



The New Electric Water Heaters

SOME WRONG ADVICE GIVEN AND SOME GOOD NEWS

BY DOM GUARNAGIA

range, was incorrectly advised that a new-model water heater would not fit in the same space.

The new models are more efficient due to increased insulation, making some of them both wider and taller, but it is NOT true that none of them will fit in the same space under our countertops. Hundreds of condo owners here in the Village and countless others throughout America have been given the same erroneous information.

A short trip across the Florida the plumbing Turnpike to department of a local Big Box Home Improvement store revealed several of the new models with differing capacities and sizes, by Rheem, a very reputable manufacturer. The cartons were marked according to

A worried resident, ready to replace gallon capacity (30 gallons), with a ten-year-old electric water heater a photograph on the front and two located under the countertop in the dimensions given, the width and corner of the kitchen adjacent to the height. Four of the models were 30 inches high. Two of these were 20 inches wide and two were 23 inches

> What does all this mean to you? Well, the space below the underside of the countertop is 34-1/2 inches and the width is 24 inches. That means that the new efficient electric water heater will fit comfortably in the space occupied by the former unit. There is a 6-year limited warranty on the tank and parts and a 1-year, full, in-home labor warranty.

> This is by no means an endorsement of the product, since plumbers deal with other suppliers and plumbing supply houses with different manufacturers. Longer warranties are offered by other manufacturers; however, they come with an increased cost.



One Dog's Freedom Should End Where his Neighbors' Property Begins!

BY BOBBI LEVIN

Why do some dog owners continue to flaunt the rules regarding animals in the Village? Why do some dog owners insist on ignoring the wishes of the majority of their neighbors? Why don't dog owners understand that some residents are afraid of dogs or allergic to dogs? Why doesn't Fido stay at home and soil his own building's property? It's only because happy-go-lucky Fido is being led down the wrong garden path by an uncooperative, insensitive owner.

Recently, a man and his dog were stopped outside Somerset A, a nonanimal building. When asked if he would walk his dog elsewhere, the two-legged animal responded with nasty curse words and obscene finger gestures!

Last week, a woman paraded her dog along South Drive and into Somerset Close. They stopped and the pooch did its business against one of the new buttonwood trees that UCO planted last month. Then they continued their stroll across Somerset and disappeared somewhere near the pool. You may

recall that last season, when asked to remove his dog from the Somerset Pool, the owner responded by saying "Why? It's a nice dog!" Some strollers have reported that they often must walk on lawns in order to make room for dogs walking on sidewalks.

If your Association voted to allow animals, you must keep that animal on your property. An Association that permits animals must explain the rules and regulations concerning pets to all the residents in the building. If a dog needs more breathing space than your building affords, then perhaps that dog should not be in the Village.

Dog owners should be aware that residents are snapping photos of offending animals and their owners. Should there be an accident or should property, lawns, or trees be damaged, you will be presented with proof of your animal's (or, more accurately, your own) indiscretion. There may be a price to pay for not following the rules! Love your dog. Enjoy your dog. But, please, do it in your unit and at your building.

Comcast Representative Seth Parker will be at UCO on Fridays March 11, March 25 and April 8 from 1:30-3:30 to answer your questions.

- 1. Assist residents with billing and service questions.
- 2. Send trouble tickets for any resident issue that is presented during the visit.
 - 3. Follow up in a timely manner on any current service issues.
- 4. Provide marketing/educational materials to keep residents up to date on current Comcast service and products.
 - 5. Conduct training workshop to groups of residents as needed.
 - 6. Provide support for all provisions outlined in the Bulk service agreement.

NOW IS THE TIME TO AIR YOUR COMPLAINTS DIRECTLY WITH COMCAST REPRESENTATIVE.

UCO OFFICER'S REPORTS



Joy Vestal

Cambridge • Canterbury Chatham • Dorchester Kent • Northampton Sussex

Has your association donated to the South East Honor Flight? Many have. Many have not. Don't you want to let all your neighbors, friends and children know that your home here (or home away from home) has given a donation to this worthy cause? You still have time. The flight will go to Washington in April. If you had attended our kick-off celebration David Israel present a \$5,000 check from UCO. Now it's the buildings' turn. Come on, folks. These brave vets that served in WWII were willing to give their lives to keep us safe. NOW IT'S OUR TURN TO SAY THANK YOU! There are boxes for donations at the Clubhouse, UCO and the UCO Reporter. Checks only President for almost one year. I think -- made payable to South East Honor it might be nice to have officers of Flight.

A few days after your receive this edition of the Reporter there will be a UCO election. There is a pullout section included in this paper with biographies and pictures of all the candidates. Please take the time to read about the candidates' backgrounds and experiences. These are your future officers and leaders. If you are your building's delegate, speak to your residents and get their opinions. If you are a resident speak to your delegate and let them know your views.



Barbara Cornish

Berkshire • Camden Hastings • Salisbury Somerset • Wellington Windsor

May the Luck of the Irish be with all the candidates for UCO offices!

UCO elections are around the corner. Please take this very seriously. Delegates, talk to your fellow association homeowners and see how they feel about the candidates. If you don't agree, explain to them your feelings.

We are voting for President, two you would have seen UCO President Vice Presidents, Treasurer, Recording Secretary, Corresponding Secretary and 10 people for the Executive Board. Since there are only ten Executive Board seats to be filled, early congratulations to the candidates, and thank you for choosing to serve Century Village.

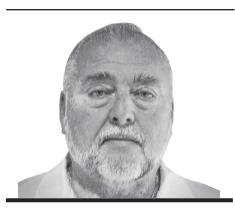
> I have been serving as your Vice buildings in my quadrant come to a meeting and ask questions about association and community-related matters. Yes, you can always call me, but sometimes when you sit with others and brainstorm it helps everyone. Please call and let me know your feelings on this.

> I am working on a special trip to the agricultural areas west of Century Village sometime in April. This trip, a little different from our usual destinations, will take the place of a Wednesday excursion bus. So much of our food comes from these farms

that are so close to where we live. It would be interesting to see where this stuff comes from. Look for further information in an upcoming edition of the *UCO Reporter*.

As overseer of the Bids and Transportation committees, ask everyone who is interested in volunteering on any of these committees to please fill out a form at UCO. Remember, all committee chairs and members must reapply after each election. The president selects chairs of committees and then presents his choices to all the officers for approval. It is up to the Chair to select committee members. The committee chairs need to work closely with their members, so selections must be carefully considered.

DELEGATES, PLEASE REMEMBER TO VOTE ON MARCH 4TH!



Fausto Fabbro

Andover • Bedford • Dover Golf's Edge • Greenbrier Kingswood • Oxford Southampton

VICE PRESIDENT **FABBRO HAS NO** REPORT THIS MONTH



Bob Marshall

Coventry • Easthampton Norwich • Plymouth Sheffield • Stratford Waltham

A few months ago I decided not to seek re-election to the Vice President position. This decision was not an easy one for me as for the most part I've really enjoyed the opportunity to help fellow Unit Owners.

I've also enjoyed working with the volunteers both elected volunteers and those who can only spend a few hours a week helping out.

Take a trip down memory lane with me and think of all of the changes made since 2004.

PLEASE BE ADVISED

Residents who work and unable to get their auto decal during the ID Office business hours: Monday – Friday 9:00AM - 12:00PM and 1:00PM - 4:00PM

Please call for an appointment (561) 640-3120 Ext. 4

ATTENTION UCO DELEGATES AND ASSOCIATION BOARD MEMBERS:

DEADLINE FOR UPDATING DELEGATE AND ALTERNATE DELEGATE INFORMATION FOR MARCH, 2016 UCO ELECTIONS IS THURSDAY, MARCH 3RD, AT 1:00PM.

AFTER THIS DEADLINE, UCO VOTER ROLLS WILL BE CLOSED UNTIL AFTER THE 2016 UCO ELECTIONS.

ASSOCIATION OFFICERS ARE REMINDED THAT VOTING WILL BE "FIRST COME, FIRST SERVED", WITH NO PREFERENCE MADE FOR DELEGATES OR ALTERNATES AT VOTING REGISTRATION.

REGISTRATION AND VOTING WILL BEGIN AT 8:00AM AT CLUBHOUSE ROOM C. TO ACCOMMODATE VOTERS WAITING TO REGISTER AND VOTE, SEATING WILL BE PROVIDED AT THE CORRIDOR OUTSIDE ROOM C.

AT 9:00 AM, ENTRANCES TO THIS WAITING AREA WILL BE CLOSED. VOTERS WHO ARE SEATED IN THIS WAITING AREA BEFORE 9:00 AM WILL BE PERMITTED TO VOTE- REGISTRATIONS WILL CONTINUE AFTER 9:00 AM UNTIL ALL IN WAITING AREA HAVE VOTED.

HONEST BALLOT ASSOCIATION, THE CONTRACTOR CONDUCTING OUR ELECTION, WILL HAVE STAFF ON HAND TO ASSIST VOTERS WITH REGISTRA-TION AND USING THE NEW TOUCH SCREEN VOTING MACHINES.



A Note of Gratitude

I would like to thank very much the honest person who brought my wallet to the Clubhouse staff office. I had lost it around the pool on Sunday, January 24th.

I am glad there are still honest and helpful people around, especially in Century Village. Thanks again.

Gaetan G.

A Night to Remember

My wife and I greatly enjoyed the recent Resident's Show. The performances by our fellow residents were superb. The costumes, dances and scenic design were outstanding. Best of all were the smiles on the performer's faces. It was a labor of love for these thespians and a wonderful experience for the audience.

Mel Feldstein

DAYLIGHT SAVINGS TIME

MARCH 13, 2016

It's that time again. Set your clocks one hour ahead. Knowing most of our people here in the Village, all the clocks will be set the night before.

Oh well, we get the job done.



See story on Page A9 on history of Daylight Savings Time

QUIZ ANSWERS

BY LANNY HOWE

- 1. Century years must be divisible by 400. Thus 1600 and 2000 were leap years but not 1700, 1800 or 1900. It was a part of fine-tuning the Gregorian calendar, which we are on, in order to accord with reality (Earth's orbit around the Sun).
- 2. William Howard Taft. He succeeded Theodore Roosevelt as president and later was appointed Supreme Court Chief Justice by President Warren Harding.
- 3. Ty Cobb: .367.
- 4. Dave Israel. He played for the Alfred University Saxons.
- 5. Ted Williams. He hit .406 in 1941. No baseball player has hit .400 since 1930. Williams played for the Boston Red Sox for his whole career, which was interrupted twice by military service, in World War II and the Korean War. A fighter pilot, he flew 39 combat missions in the Korean War.

- 6. A day and a half. Seem weird? We can explain it in another issue if you'd like.
- 7. Light travels at a rate of 186,000 miles per second. A light year is the distance light travels in a year. The speed of light is what Einstein discovered was a constant in the universe, which forced the corollary that time was relative (thus his Relativity Theory).
- 8. Alaska. Secretary of State William Seward negotiated and signed the agreement to buy Alaska from Russia for very little money. The purchase was called "Seward's Folly" at the time.
- 9. Herman Melville. Moby Dick was a white whale hunted by the (fictional) crazed Captain Ahab.
- 10. WPRF (actually Cenvill) and the CV associations.

U.C.O. REPORTER The Official Newspaper of Century Village

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Lillian Lam, Irv Rikon, Ginger Veglia, Lenore Velcoff

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Current and back issues of our community newspaper, UCO meetings and Channel 63 shows are also available at this address.

CONGREGATION **ANSHEI SHOLOM** Men's Club

PRESENTS

The Movie **Zig Zag Boy**

Is a whimsical action packed adventure, perfect for adults, and children alike. 12 year old Nono longs to be like his father, a famous detective dad, but his wild side is constantly getting him into trouble. Desperately trying to rive himself sets off on a journey to the French Riviera, along side his father's long time nemesis, the charming international jewel thief Felix Glick. He finds himself in a world made up of mystery, disguise and grand pursuit. A mystery woman will change his life forever.

Based on the book by David Grossman

Starring Isabella Rossellini, Thomas Simon, Fedja Van Huet, Jessica Zeylmake and Burghart Klaubner

Sunday, March 20th, 2016 at 10:00am \$12.00 members • \$15.00 for non-members of Congregation Anshei Sholom

Breakfast first then followed by the movie. Reversations are a must. Please don't miss this fun-filled movie. Subtitles in English 1 hr 30 min

Suotines in English. 1 m 30 min.		
	····· Cut Here ·····	
Name:	Number of People	
Dhone #	Amount	

THOMAS FEISTMANN, M.D., P.A.

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PAID POLITICAL ADVERTISEMENT

ATTENTION:

We, the undersigned, are residents of Century Village. We are from all backgrounds and walks of life.

We have found happiness and contentment living here, largely due to the sensible and fiscally responsible policies and practices of the current administration.

We feel the best way to continue enjoying our retirement is to make sure that Dave Israel is reelected our President.



David Israel

Please join us in urging your UCO Delegate to vote for Dave Israel on March 4, 2016. You'll be glad you did. Thank you.

John LaTorre Jody Lebel Sandra Leibstein Roberta Levin Ivy Lue Mabelle Lum Fran Lynn Arleen Mariff Gary O. Mariff Mollie Marshall **Bob Marshall** John Messina Sharon R. Modell Carlos Munz Dora Munz Joann Pelliccia **Sharon Ponder**

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Peter Amato Marlene Baldino Annette Baskin Sheldon Baskin Elaine Belkin Abby Block Ann Brayson D. Elaine Brown Thomas Buchanan Anita Buchanan Barbara Chadwick Ann Conroy Anthony Conroy Laurel E. Cooper **Brigid Curtin** John Curtin John R. DeMarco

Shirley Dowling **Ruth Dreiss** Martha Feuerberg John Foy Pamela Fraites Jacqueline Giorgio **David Givens** Barbara Gold Susan Goldstein Lee Goldstone Debbie Hengstebeck Ellen M. Holmes Lanny Howe William Keefe Ted Kleiman Grace Macklin Phyllis Frishberg



Re-elect David Israel in 2016

WAKE UP SLEEPY HEADS

A History of Daylight Savings Time - DST

BY RUTH BERNHARD

This year, Daylight Savings Time After the surrender of Japan in midbegins on March 13, 2016 and ends on November 6, 2016. We remember DST by "spring forward" and "fall back" to set our clocks ahead or back an hour. The idea was suggested in ancient times and later by famous scientists, such as Benjamin Franklin. However, DST has been used only for about 100 years, although conceived many years before. This is done to make better use of daylight and save energy. Florida lawmakers are pushing for the state to permanently make the switch to DST all year.

Daylight Savings Time was first used in Canada on April 23, 1916. The US adopted DST or "fast time" as it was called then - in 1918 when President Woodrow Wilson signed it into law to support the war effort during World War I. The seasonal time change was repealed just 7 months later. However, some cities, including Pittsburgh, Boston and New York continued to use it until President Franklin Delano Roosevelt instituted year-round DST in the US in 1942.

Year-round DST, also called "War Time," was in force during World War II, from February 9, 1942 to September 30, 1945. The change was implemented 40 days after the bombing of Pearl Harbor and during this time, the US time zones were called "Eastern War Time," "Central War Time" and "Pacific War Time."

August 1945, the time zones were relabeled "Peace Time."

In the US, DST caused widespread confusion from 1945 to 1966 for trains, buses and the broadcasting industry because states and localities were free to choose when and if they would observe DST. Congress decided to end the confusion and establish the Uniform Time Act of 1966 that stated DST would begin on the last Sunday of April and end the last Sunday of October. However, states still had the ability to be exempt from DST by passing a state ordinance. Changes continued to be made until it was amended again to begin on the first Sunday in April 1987. Further changes were made after the introduction of the Energy Policy Act of 2005.

Today Daylight Savings Time is now in use in over 70 countries worldwide and affects over a billion people every year. DST starts on the second Sunday in March and ends on the first Sunday in November. Currently most of the US observes DST, except for Hawaii and most of Arizona, as well as the US insular areas of Puerto Rico, the US Virgin Islands, American Samoa and Guam.

We look forward to Daylight Savings Time in the fall because we can then take advantage of an extra hour of sleep on the day when it begins by setting our clocks back.



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110 Century Blvd. Suite 101 West Palm Beach, FL 33417

March 2016

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
		Coffee Hour 9-10:30am Monday-Friday OPEN for EVENT ONLY	Senior Living Placement 10:45A Tom Toth- Aid & Attendance Benefits, Homebound care after discharge. Snack will be provided Care Giver Support Group 1:30- 2:30P	Grapevine Home Health Agency, LLC 10A Michelle Wall-There is no place like home. The benefits and services that home health can offer. Snack provided	Bereavement Support Group 10-11:30A	4 Harvey Newman 10-11:45A Book Discussion-(Spontaneous Evolution)	5
	6	Blood Pressure Check 10-12P Ask The Nurse 2P Topic-VITAS Hospice Care	: VITAS Present: Snack and Learn 11A Topic- What wisdom can teach me (A discussion about life, love and happiness) Care Giver Support Group 1:30-2:30P	VITAS Present: Snack and Learn 10:30-11:30A Topic- National Women's Month Things we should know	10 2-1-1 Help Line 10AM Patrice Schroeder- Elder Out Reach Program and more. Bereavement Support Group 10-1130A	Harvey Newman 10-11:45A Book Discussion (Spontaneous Evolution)	12
	13	Blood Pressure Check 10-12P Massage Therapy 10-12P	West Therapy Service 10A Dr.West –Balance Therapy Care Giver Support Group 1:30-2:30P	Work Out Wednesday 10:45-11:15A Quick 30 min workout session and stretching. Snacks will be provided.	Bereavement Group 10-1130A Ice Cream Social 1:30-2:30PM	18 Harvey Newman 1011:45A Book Discussion (Spontaneous Evolution)	19
	20	21 Blood Pressure Check 10-12P	Shalloway & Shalloway P.A 1:30P Getting the best long term care(not Insurance)Snack provided Care Giver Support Group 1:30- 2:30P	Arts and Craft 10-11:30A Spring Cards (for the patients)	Bereavement Support Group 10-1130A Game Day 1:30-2:30P	25 Strategies for Stress Relief 11:30A	26
7	27	Blood Pressure Check 10-12P	29 29 Care Giver Support Group 1:30-2:30	Color Therapy 10-11:30A	31 Bereavement Support Group 10-11:30A	**RSVP is Required for all events**	

MOVING FLORIDA FORWARD



★ for STATE SENATE 2016

Emily Slosberg is a leader who has built relationships with community leaders at all levels of government. She is confident she would make a great impact, working together with her fellow elected officials and community leaders to ensure that the quality of life for Florida residents continues to prosper.



EMILY IS PROUDLY ENDORSED BY

- Palm Beach County Sheriff Ric Bradshaw
- State Senator Joseph Abruzzo
- State Representative Irv Slosberg
- State Representative Kevin Rader
- State Representative David Kerner
- Palm Beach County Mayor Mary Lou Berger
- Lake Clarke Shores Mayor Robert Shalhoub
- President of the Cypress Lakes Democratic Club, Elmer Klein
- School Board Member Marcia Andrews
- School Board Member Frank Barbieri
- School Board Member Karen Brill

AS OUR NEXT STATE SENATOR, EMILY SLOSBERG **WILL MOVE FLORIDA FORWARD BY:**

Expanding Healthcare Coverage to ALL Floridians

Emily knows protecting Medicaid and Medicare must be a priority and Florida must accept the Federal Government's offer to expand the programs to offer more coverage to more people.

Keeping Florida Affordable

Whether its fighting to lower insurance rates, big bang bailouts or corporate boondoggles, Emily Slosberg will fight to protect the Florida dream by keeping Florida affordable.

Working for Children, Veterans and Senior Citizens

Emily would strengthen punishments for those who prey on or exploit our children, veterans and seniors. She would increase programs and funding for mental health, those in need, and the most vulnerable among us.

Investing in Education

Public Education and public school teachers need our help and more funding. Our children deserve a world-class education system and a chance to go to college without having to go into debt for the rest of their lives.

Fighting for Fairness & Equality

Emily will fight to make Florida fair for all its residents. Equality for ALL under the law, equal pay for equal work, expanded prohibitions on racial profiling and discrimination for race, color, religion, sex, national origin or sexual orientation are all issues Emily Slosberg will advance in the State Senate.

Protecting our Environment and Fighting Climate Change

Our eco-system and natural environment need our help. Without addressing climate change, Florida and its residents will suffer. Emily will fight for our environment and policies that will decrease our dependence on oil and increase our use of renewable energy.

Public Safety and Transportation

Keeping our families safe is a priority for Emily Slosberg. Stemming from her own personal tragedy and loss of her twin sister, Dori, Emily will always fight for our first responders, firefighters, police, and paramedics, making our communities and roadways safer than they are todav.

Emily Slosberg Campaign

7750 Okeechobee Blvd #4-30 West Palm Beach, FL 33411

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Emily@SlosbergforSenate.com Paid by Emily Slosberg, Dem., for State Senator

ELECT DEMOCRAT EMILY SLOSBERG

FOR STATE SENATOR **AUGUST 30TH**







LEGAL

Bans on Smoking in Condominiums

BY MARK FRIEDMAN, ESQ.



February "heart month" and it has become more and more common for condominium association boards directors ask if they can make their condominiums This can be

"smoke free". accomplished but it must be done carefully following the requirements of the Condominium Act.

The board can definitely ban smoking in the common elements (anywhere outside of the unit boundaries) through a boardenacted rule at a board meeting held with only 48 hours posted notice. Section 718.123, Florida Statutes, provides that the board may enact reasonable rules regarding the use of the common elements. As the dangers of second-hand smoke are now widely accepted it is reasonable to protect non-smokers from these dangers. Some associations ban smoking in the common elements altogether, while some create a

smoking area that may be changed by the board of directors from time to time.

Banning smoking inside of the condominium units has not been tested in Florida courts. Other states have permitted amendments to the declaration of condominium which have prohibited smoking inside of the individual condominium units. While this ban could technically be done by board rule with 14 days' notice of the board meeting mailed or hand delivered to all owners and posted on the property, it is subject to challenge. Board enacted rules are subject to a test of reasonableness by the courts, whereas provisions in the declaration are not; therefore, a judge or arbitrator could potentially rule that it is not reasonable to prohibit smoking inside of the unit if it is not excessive and causing a nuisance. The better way to deal with this type of prohibition is to include it as an amendment to the declaration's use restrictions. As an amendment to the declaration it should not be judged on the same basis as a board-enacted rule. A restriction in the declaration is usually upheld unless it violates a fundamental right. There is no constitutional or other fundamental right to smoke that I am aware of.

Do not forget to include electronic



cigarettes in your rules and/ or amendments. The jury is still out on whether the "vapor" from these devices is harmful; however, not everyone enjoys the odors and the vapor cloud produced by "e-cigarettes", so any definition, whether as a rule or as an amendment

your documents, should specifically include a prohibition on the use of these devices. Since technically electronic cigarettes do not produce smoke, if you do not include them in your definitions of "smoking" you may inadvertently be permitting their use on your Condominium property.

Another consideration understanding that there are two types of smoke; the one that comes from the burning device, such as the smoke coming from the end of the burning cigarette, and the other is the smoke exhaled by the individual. The provisions you include in rules and amendments should include both types of smoke so that a person does not "light up" and walk across your property before taking their first puff and claim they are not "smoking".

Mark D. Friedman, Esq. is a Shareholder at the law firm of Becker & Poliakoff, P.A. This article is for educational purposes only and is not intended as a substitute for seeking legal counsel. Mr. Friedman may be reached at MFriedman@bplegal.com



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Credit cards are not accepted for Classified Advertising.

Wellington **Federation Bash**

BY LENORE VELCOFF

Rain, rain, go away. Come again some other day. Wellington Federation wants to play. Such were our pleas Sunday morning, January 17th. We had scheduled our FIRST ANNUAL WELLINGTON FEDERATION PARTY at our West Pool for 2 PM that day. Our pleas were answered. More than 235 Wellington residents

were able to enjoy the BBQ.

Sal & Jeff of Salon at Andros grilled almost 500 hot dogs and the crowd loved them with all their toppings, chicken wings, sides, luscious layer cake and beverages. Old and new neighbors mingled and lingered until dark. A WONDERFUL TIME was had by all!





Ettie Feistmann has the qualifications and experience to serve as your next County Judge

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- · Assistant Palm Beach County State Attorney
- · Assistant Attorney General for the Honorable Robert Butterworth
- Over 150 courtroom trials, many protecting victims of homicide, domestic abuse, children
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- Criminal appeals, writing appellate briefs and performing oral arguments in the 4th District Court of Appeal, Florida Supreme Court and Federal Southern District Court
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Roberta Kolin Century Village WPB Community Leader



George Franklin Century Village WPB Community Leader

August 30th. 2016 Countvwide Election

To get involved with the campaign call 561.225.0756 or email Ettie@ElectFeistmann2016.com 5405 Okeechobee Blvd., Suite 306 West Palm Beach, FL 33417



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Oxford 4002 BR / 2 BAUpdated\$74,000
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Dorchester E2 BR / 1.5 BA\$42,000
Cambridge D1 BR / 1 BA\$41,000
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Dorchester J
Oxford 5001 BR / 1.5 BA\$57,000
Salisbury D
Windsor D

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Chatham M
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Windsor G
Southampton A1 BR / 1.5 BA\$42,900
Salisbury E
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Salisbury E
Camden P
Andover C
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• ,
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Agents at Century Village Real Estate are thoroughly familiar with the policies and procedures of buying, selling and renting within the Century Village Community. We do our best to protect the ideals of its residents, strive for smooth, professional transactions, and consistently sell properties faster and for higher sales prices than any other agents working in the Community. Stop by to meet some of our new, friendly faces.

TESTIMONIALS What our customers say:



★ ★ ★ ★ - Highly likely to recommend

Sold a home in Florida.

"Very professional, and knowledgeable about the market, pleasure doing business with him. My agent went out of his way to accommodate this sale and help facilitate the move out of Century Village. He got the job done!" - D.K.*



Barbara Thibault

★ ★ ★ ★ - Highly likely to recommend

Sold a Single Family home in 2015 for approximately \$25,000 in West Palm Beach, FL.

"He helped sell my condo for the price we discussed and delivered, would use him again. The condo had a lot of restrictions making it hard to sell. He got a buyer and got them through the condo boards." - B.C.*





★ ★ ★ ★ - Highly likely to recommend

Rented a condo home in 2014 in West Palm Beach, FL.

"My Agent was a life saver in a long distance transaction. Her communication, attention to detail and just plain caring made the impossible happen. A MILLION thanks!" - L.A.*

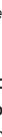


* * * * * - Highly likely to recommend

Bought a Condo home in 2014 for approximately \$50,000 in West Palm Beach, FL.

"My agent helped me find and buy my Florida residence. She was most helpful explaining and answering all my questions and concerns. She was always available to show me listing and helped gain access to all homes I wanted to see. I wouldn't hesitate to use my agent, both buying and selling. I have recommended her to others who have been very pleased." - G.G.*





★ ★ ★ ★ - Highly likely to recommend

Bought a condo home in 2015 for approximately \$30,000 in West Palm beach, FL.

"Very impressed by my agent's patience, good humor, helpfulness and knowledge of real estate. Will be happy to deal with her again and recommend to any buyer or renter." - M.M.*







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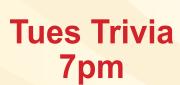
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UCO REPORTER **** VOTER GUIDE ****





UCO President













- William Howard Taft high school
- Couple of years at Brooklyn College



Principal Career

• Worked with the County of Palm Beach to help our residents with FOOD STAMPS, FP&L credits

and now I have just started my second three year term as a member and co-chair of the Palm Beach Fire Rescue Advisory Board.

- Chief Operating Officer of a construction company in New York
- My biography was in Dunn and Bradstreet for two years.
- Worked with contractors, contracts, banks and have extensive experience with mortgages. I did credit backgrounds with TRW and I know how to read a credit report.

CV & UCO Experience

• From 1997 to 2014 I served under 5 Presidents. From Kurt Weiss to David Israel. I served as a committee member, and Executive Board member and as Vice President.

2. David B. Israel (Greenbrier C)



Education

• Alfred University, Major: Mathematics

Principal Career

- National Security Agency 1966 1993
- Recalled after the 9/11 terrorist attack
- Engaged in technical analysis and reporting of strategic intelligence.
- Chief of a large technical division, within the Office of Soviet Cryptanalysis
- Recalled to assist in setting up anti-terrorist collection and analysis protocols

Military Service

• Army Security Agency 1962 – 1965 Engaged in strategic intelligence collection and analysis.



CV & UCO Experience

- President, United Civic Organization: Six years and currently — 2010 - 2016
- Vice President, United Civic Organization: one year - 2009
- President, Greenbrier Umbrella: Four years and currently
- President, Greenbrier C: 7 years and currently
- Vice President, Greenbrier Umbrella Association: 3 years
- Executive Board: 5 years
- UCO Computer Committee Chair: 1 year
- UCO Security Committee: 7 years and currently
- UCO Advisory Committee: 8 years and currently
- UCO Cable Committee Chair: 1 year
- UCO Insurance Committee: 8 years and currently





UCO Treasurer









Education



- Florida • Member of American Institute of Certified
- **Public Accountants** • Member of New York State Society of
- **Certified Accountants** • Member of Florida Institute of Certified



Work Experience

• Chief financial officer of a jointly held Merrill Lynch Inc. and Kay Corporation both

public and well-known companies. Managed over \$ 50,000,000 in credit lines and over 1,000 employees worldwide.

- President of a national wall covering manufacturer.
- President of a commodities trading company.
- Principal of my own auditing firm for over 20 years and still active.
- Member of The Free and Accepted Masons of the State of New York

UCO/CV Experience

- 2010: Board member and UCO delegate for Wellington A Condo Assn.
- 2012 present: President of Wellington A Association and Delegate.
- Founder and president of: The Century Village Messenger Club. • Founder and publisher of: The CV Messenger
- Sponsor of the only Century Village Memorial Day Celebration 2015.
- Co-Publisher of three (3) weekly local Long Island newspapers.

2. Howard J. O'Brien, CPA (Canterbury B)



Education

• Pace University – New York, NY – MBA Finance

Work Experience

- Former Financial Executive with multiple corporations and banks.
- CPA New York State 1973 Retired 2006

UCO/CV Experience

- Current Treasurer of United Civic Organization - Two Years
- Board Member of Canterbury B Condominium Association - One Year
- Previously, VP and Treasurer of Sussex C Condominium Association, also Board Member – 6 years





































































































******* **VOTER GUIDE** ******















1. John Gragg (Camden C)









- Dobyns-Bennett High School, Kingsport, Tn
- Attended College of Charleston, Charleston, NC
- Business Administration Credits (53) from Ashford University



Employment

- Retired U.S. Navy, Navy Exchange Commissary
- U.S. Navy Recruiter (New York, New Jersey Recruiter of the Year)
 - Assistant Property Manager, Spanish Cove. Lillian AL Hotel Manager, Comfort Suites, Richmond VA, Security Supervisor, Centurian





• President, Camden C

5. Ed Black

(Chatham B)

Education

Employment

UCO/CV Experience

Western Illinois University

• Office manager, accountant, advisor and

introduction of computer system and

overseer of accounting office that included

maintenance of system for more than 10 years.

My accounting practice was over a period of 25

Chair of four committees, Security, Studio 63,

committees including: Bar Code Installation,

Asset Recovery, IT, Disaster, Studio 63, CERT,

Finance, WPRF Reserves, Advisory, Elections,

Security, Infrastructure, Operations.

In latter part of 2015, chaired Security

Committee that included researching and

sending RFP's to 14 security companies, set up

IT and Asset Recovery. Member of 13 UCO

- Board of Directors: 8 years (2006-2014)
- Camden C Board Member: 1 year (2013 –



- Bid Committee: September 2014 Present
- Channel 63 Committee: 3 years (2012 -2015)
- UCO Reporter: 3 years (2012 2015)

2. John Gluzak (Salisbury H)



Education

• High School Graduate

Employment

- Construction companies in the New York area.
- 50 year member of Local 147 tunnel workers of New York.
- Worked in many trades in the construction industry on projects such as the Verrazano Bridge, TWA terminal in JFK, Guggenheim Museum, Indian Point Nuclear Plant for Con
- The largest project worked on was NY water tunnel 3. Retired as a Superintendent.
- Owned and operated a cabinet shop.

UCO/CV Experience

- Salisbury H Board Member-13 years
- Salisbury H President-past 7 years-present
- UCO Vice President-1 1/2 years
- Overseer of Security, Cable, Ushers
- Member of all Committees
- President of NAS (Neighbors against Stupidity)

initial interviews with all of these companies, as well as second and third interviews that

included three committees -- Officers, Bids

and Security. Provided this committee with a

complete package of information, including

financial, on-the-job performance at other

sites and professional background of all of

Appointed Treasurer of UCO and served 1-1/2

project finances and was a past Vice President.

years and oversaw completion of paving

their companies management staff.

3. Olga Wolkenstein (Northampton R)



- Washington Irving High School, New York City
- Honors graduate, Berkshire Community College, Pittsfield, Massachusetts
- New York State University, Buffalo, N.Y.
- Lee College, Houston, Texas

Employment

- Owned and operated a restaurant.
- Chef and Dining Room Manager at Brooklyn College School of Performing Arts
- Indian Hill Campus, Stockbridge, Massachu-
- Self-built, contracted and renovated homes
- Massachusetts Real Estate Broker's License Inactive
- Florida Real Estate Sales Associate License Inactive
- Retired U.S. Postal Service

UCO/CV Experience

- President, Northampton R Association 17 Years
- Past Member of Executive Board, Bid Committee, Finance Committee,
- Programs and Services Committee

6. Joy Vestal

(Camden O)

Personal Info:

- Resident in Century Village, WPB for 14 years.
- Viet-Nam veteran assigned to Air Force Security Services, stationed in Taiwan. Was assigned to attend Yale University for nine months to study and become fluent in Chinese.

UCO Goal:

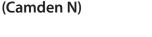
• To implement and maintain a paperless system of communication for the Village. To keep better records and provide easier access to these records for our residents. To oversee modern technological advances and to keep and maintain, and advance all of our infrastructure to keep in step with the worldwide communications community.

Education

- South Side High School, Rockville Centre, LI, NY
- Attended courses, Hofstra University

Employment

- Reporter Editor at Newsday, LI daily newspaper - 50 years
- Worked in all areas of the paper -- City Desk, Society pages, Sports, Special sections
- New York Edition and Part II, a magazine section.
- Interviewed people and wrote daily stories, edited copy, wrote daily column for three years on people in the news who were doing extraordinary tasks.
- When retired, wrote a daily and weekly column reporting on crime in Suffolk County Police Department, receiving daily police reports for 10 years. All of the above required extensive detailed notes.
- Union representative for four years that included over 300 members.



4. Marcia Ziccardy



Education

Graduated Lincoln High School

Employment

- 2 yrs. New York State Tax & Finance
- 18 yrs. State University of New York -Downstate Medical Center - Accounts receivable for the dormitory buildings & nurses residence and related work in the Bursar's office

UCO/CV Experience

- 2 yrs. UCO Vice President
- 9 yrs. Investigations
- 4 yrs. Gate Passes
- Served on Executive Board
- Chaired Cert & Beautification committees
- · Served on the following committees -
- Advisory, Transportation, Programs & Services and Beautification
- Responsible for re-starting Chatham Federation 16 years ago
- President of Chatham Federation
- Former president Chatham R 6 years



UCO/CV Experience

- UCO Recording Secretary 2 years, responsible for all official notes at UCO Delegate Assembly, Officers Committee and Executive Board.
- UCO Vice President, present 2 years -- attend all committee meetings; meet with residents to help with questions and problems that may arise in their association; refer them to an attorney and check FL Statute 718 is it may apply to their problem or concern.
- Board Member on UCO Committees.
- Co-editor for UCO Reporter last four years, responsible for paper's content, editing, layout, reporting and accuracy.
- Associate Editor, UCO Reporter, one year.
- Overseer UCO Reporter, one year -- oversight of operating budget, building maintenance and
- Overseer Channel 63, three years
- President Camden N Association, eight years.
- Vice President Camden N Association, four
- Secretary Camden Group, two years
- Condominium Board member, Educational Course Certified.
- Present Camden O President

My goal will be to communicate with our residents; to keep them fully informed and be able to make choices that will benefit everyone in the Village.













































































































******* **VOTER GUIDE** ******



Corresponding Secretary



1. Roberta "Bobbi" Levin (Somerset A)



Education

- Simmons College, Boston, Mass.
- B.S.- Journalism



Employment

- Executive Assistant 20 years
- Federation of Teachers Nassau Community College, Garden City, NY



UCO/CV Experience

- Secretary Editor Democratic Club Newsletter 2007 to present
- Copy Editor/Feature Writer UCO Reporter 2014 to present





 Central Commerce High School, Hamilton, Ontario Canada



- Canada-30 years Bank Leumi, Toronto, Ontario Canada -5 years
- Department of Transportation, Florida Turnpike -6 years
- Center for Bone & Joint Surgery, Florida-4 years



Employment

- UCO Reporter Advertising Manage-3 months
- UCO Reporter Associate Editor-3 years
- UCO Reporter Advertising setup Classified, Organizational News 3 years
- UCO Corresponding Secretary-2 years
- UCO Board Member on all Committees-2 years
- UCO Overseer and Chairperson for Program & Services-2 years







- Chatham C. President-10 years
- Chatham C. Vice President -1 year
- Chatham C. Board Member & Alternate-2 years
- Chatham Federation Board Member Current & 6
- Member of CERT Committee-3 years
- Member of Social Committee
- Received Condominium Board Educational Certification-June 30th, 2011
- Century Village Messenger Newspaper Distribution-1-1/2 years

Recording Secretary

1. Eileen Pearlman (Camden J)

Education

High School graduate

Employment

- Federal Government Finance Dept. -- Supervisor of trainees
- Pratt & Whitney Contracts Dept. -- Supervised 15-20 personnel
- Retired 1994

UCO/CV Experience

- Camden J President since 1996
- Acting Secretary & Treasurer
- UCO Delegate
- Library Committee 4 years
- Community Relations Committee

2. John Hess (Canterbury D)

Education

- High School graduate
- US Navy Electronic Tech "A" & "C" Schools

Employment

- US Navy (3 yrs.)
- International Union of Operating Engineers Local 150 (38 yrs.)
- Vietnam Veteran

UCO/CV Experience

- Team Leader C.E.R.T. (Community Emergency Response Team)
- Member Insurance Committee
- Member Usher Corps
- Alternate Delegate Canterbury D
- Secretary Canterbury D
- Member Bid Committee



- Member Bar Code Decal
- Executive Board (2 yrs.)
- Member Programs & Services Committee
- UCO Recording Secretary 2015

• Member Security Committee

Executive Board



1. Ken Davis

(Bedford D) **Education**

 2 Months at St. Pete Jr. College interrupted by enlistment into U.S.N. in



Employment • 42 years as a Manager in

Sears and Montgomery Ward



UCO/CV Experience

- Century Village Experience: (I do not remember the dates)
- 5 years in Investigations, Office Manager, Vice President,
- Started and was President of the Computer Club,

2. Christine D. Armour



(Berkshire K)

- High School
- Pennsylvania Business College, Temple University and La Salle College in Philadelphia, Pa.
- Memphis State and Shelby State in Tennessee and FAU in Florida
- (Major in Accounting and Computer Programming)



- U.S. Postal Service-Facilities Specialist for Building Management Engineering: Prepared requirement and specifications packages for new postal facilities throughout the Northern Eastern, Southern and Central Regions of the Postal Service.
- Planner Analyst; restructured the Maintenance Division of the U.S. Post Office in Philadelphia.
- Licensed Real Estate Sales (PA N. L. & Delaware)
- Board of Adjustments, Deerfield Beach
- H.O.A. Vice President Abbey Park Condo Association
- H.O.A. Secretary Independence Bay Centennial Square
- Star and Crescent Investment Club —Treasurer
- Honda Classic Volunteer 10 years
- Marathon Participant Hawaii for American Diabetes

UCO/CV Experience

- Investigation Committee: Meet and greet all new prospective residents to Century Village. Accept Real Estate (sales/rental) packages from association officers or Real Estate Sales personnel. Inspect submitted applications for all information required to ensure completeness, prior to relinquishing the application and the responsible person to the investigator.
- Usher Corp: Movie, Shows, Parties in the C.V. clubhouse
- Berkshire K Delegate

3. Stewart Richland

(Somerset K)

Education

credits

 Masters Degree History, New York University, plus 60 additional graduate

Employment

- 4 Years United States Navy
- Korea 1951-1955
- 54 years as a Teacher: NYC School system,
- Los Angeles Unified school system
- Palm Beach County school system- taught English as a second language, Oldest active teacher in Palm Beach County: retired November 2014. Participated in special summer program in the Bronx working with underprivileged minority children age 4-12
- Past Chancellor and Past Grand Master at Arms Knights

- **UCO/CV** Experience Voting Delegate Somerset K
- Member of the Advisory Committee and Executive Board 2015-6 Contributor to UCO Reporter – articles dealing with history, culture and contemporary issues

4. Carlos A. Nuñez

(Norwich K)

Education MBA, Southeastern University, Washington D.C., 1980





- Manager, 1987-1991 • YUM Brands, Vice President Corporate Marketing
- 1991-2001 • Manhattan Bagels, Owner – Operator, 2001 – 2003 • The Holland Inc./Burgerville, Vice President Marketing
- Burger King Corporation, Director Latin America Marketing, 2005-2007 • Dunkin Brands, Director Worldwide Marketing (Dunkir
- Donuts/Baskin Robbins), 2008-2010 • CAN DO Marketing Consultants, CEO and Principal



UCO/CV Experience

Consultant, 2010 to Date

• Treasurer Norwich K, from March 2014 to Date



































































******* **VOTER GUIDE** ******











5. George M Franklin

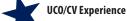
(Wellington K)

Education

- Nutley N.J. Public School System
- Central Florida Jr College
- New York University:
- Certification: Motor Fleet Safety Management & **Industrial Safety**
- Essex County NJ Police Academy: Law Enforcement
- Palm Beach County Police Academy: Law Enforcement
- United States D.O.T Transportation Safety Institute: **Enforcement Certification**
- University of Hartford: Advanced Safety Management Certification
- Pennsylvania State University: Haz Mat Transportation and Waste Substances Certification
- Florida Crime Prevention Institute: Certified Crime **Prevention Practitioner**

Employment

- Passaic Terminal Transportation Co.
- Franklin Trucking Co: Owner
- Custom Cartage Co Div Transway Intl' Corp: Safety, Claims & Security Director. Promoted to Parent Corp. Transway Internat'l. with Special Rep Safety & Claims East Coast U.S.A.
- U.S. D.O.T. Safety Investigator
 - Essex County Sheriff Dept. Deputy/Officer
 - West Palm Beach Police Dept: Prisoner Control Officer Traffic Accident Investigator
 - Newly Appointed to Palm Beach County Sheriff's Office Citizens Advisory Board
 - American Trucking Assns: Injury Control Committee
 - Chairman entire United States
- Vice Chairman Safety Eastern Region U.S. • Member Steering Committee Safety Council
 - Florida Attorney General's Office Volunteer Special **Project Seniors vs Crime**



- Safety Committee Chair
- Security Committee (Former Co Chair)
- Transponder Committee
 - President Wellington "K" UCO Delegate
 - Executive Board Member

6. Jack Adams

(Coventry K) **Education**

- · Seton Hall HS, Patchogue,
- Providence College B.S. in Business Management
- Hofstra University Managerial Finance, Masters Course/Audited



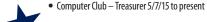
Employment

- Wall Street Trading, 5+ years
- Empire BC & BS Manager, National Accounts Marketing/Employee Benefit Programs, 15+ years
- U.S Government Purchasing Agent/Contract Specialist, Procurement Business Division, 15+ years



UCO/CV Experience

- Treasurer, Coventry K, 1/1/2011 to 1-8-15
- Bid & Contract Oversight Committee, 8/21/12 to present
- Procurement Procedures Sub-Committee of Bid Committee 3/15/15 to present
 - CV Run/Walk Committee for benefit of Veterans, 2012-2013, 2013-2014
 - Computer Club Teacher's Assistant Beginners Class, 2012





Military Service

• U.S. Army – Cost Accounting Clerk, 1963-65

7. Domenic Guarnagia

(Wellington)

Education

 B.S. Ed., M.S. Ed., C.A.G.S. Urban Planning

Employment

- · Taught Mechanical and Architectural Drawing in Public High School Massachusetts
- Construction Supervisor's License
- Builder's Licenses Boston and two suburban towns Construction Supervisor and Design Reviewer City of Boston Dept. of Neighborhood Housing

UCO/CV Experience

- Board Member (2006-Present)
- Vice President (2014-Present)
- Infrastructure / Irrigation Committee Member (2010-2011)
- Executive Board (2011-2014) Maintenance Committee Chair and Irrigation / Infrastructure Committee Chair
- UCO Vice President- completing remainder of Sal Bummolo's term (2011-2012)
- Elected UCO Vice President (2013-2014) and filled in for vacated C.A.M. position, November 2013-July 2014
- Member Bid Committee, Insurance Committee and Maintenance Committee (2014-2015)
- Contributor, with two or more articles for the monthly UCO
- Treasurer Wellington Condo Federation (2009-Present) Infrastructure / Irrigation Committee Member (2010-2011)
- Executive Board (2011-2014) Maintenance Committee Chair and Irrigation / Infrastructure Committee Chair
- UCO Vice President- completing remainder of Sal Bummolo's term (2011-2012)
- Elected UCO Vice President (2013-2014) and filled in for vacated C.A.M. position, November 2013-July 2014
- Member Bid Committee, Insurance Committee and Maintenance Committee (2014-2015)
- Contributor, with two or more articles for the monthly UCO

8. Jerry Karpf

(Wellington H)

Education

- High School: Dewitt Clinton, Bronx, N.Y.
- College: Bronx Community College
- IBM -- New York, N.Y.
- IBM School: Received training on PS 2 computer
- Business Administration system and DOS computer system

• Chemical Technologies

- **Employment** • Dennison Mfg. Company (25 yrs.)
- Worked in Industrial Division with manufactures to identify and solve problems and improve their production lines
- Weber Marking Systems: A major manufacturer of bar code systems A major manufacturer of Bar code

systems, where I sold and worked on developing bar

code systems to track and control production lines.

UCO/CV Experience

- Served on a board of directors for 12 years in a Co-Op in Queens, NY in the positions of President. Vice President Treasurer, and Resale Chairman. This Co-Op was more than a one million dollar corporation.
- 4 years as President of Windsor 0
- 9 years as V.P. of Windsor O
- 5 years as the President of the Windsor Umbrella Assoc.
- 4 Years as the President of the President & Unit Owners

Volunteer work with UCO

- 3 Years, Vice President of UCO
- 5 Years on UCO Finance Committee
- 5 Years on Executive Board • 2 Years on Insurance Committee
- 5 Years as Chairman of Maintenance Committee • 2 years on Bid Committee
- Developed the Maintenance Committee in to an educational and problem solving committee to help all associations to learn how to handle all of their maintenance problems.
- Assisted associations in finding contractors to correct any problems that they might have.
- Instituted the water cut- off value program for associations in the Village

9. Lori Torres

(Wellington L)

Employment

- American Red Cross Blood Services Director 8 years
- Account Manager New York/New Jersey Blood Service 20 years
- Responsible for Blood Collection in 5 N.J. Counties
- Managed volunteers for the American Red Cross. Recruited, organized, supervised and educated blood donors for major corporate and community blood

UCO/CV Experience

- UCO Executive Board 7 years
- Chairperson Community Relations Committee 5 years
- Chairperson Transportation Committee 5 Years
- Co-Chairperson Welcome Committee 3 Years
- Chairperson for CV in conjunction with WPB Health Dept. POD (Point of Dispensing) Antibiotics to Century Village 2
- Completed two FEMA National Incident Management
- CERT Community Response Team 10 years
- Licensed Ham Radio Operator

10. Jean Komis

(Chatham E)

Education

• In United Kingdom -- Finished the equivalent

of High School.

Employment

- · Cashier, Receptionist,
- Sales Correspondent • Owner Operator NYC Taxi &
- Limo Driver
- Data Entry & Results Food & Lab Testing
- L.I. N.Y. Real Estate License
- Security Officer New Mexico & New York Doctor's Scribe & Assistant Testing, Ophthalmology
- Workforce Alliance Host in Unemployment Room
- Fed Ex Delivery Driver -- Two Seasons

UCO/CV Experience

• Treasurer 4 years Chatham E

• LICO Executive Board Member

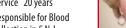
- Delegate & Acting President 4 years Chatham E
- Volunteer UCO Reporter
- Cert Committee
- Finance Committee
- Security Committee

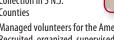




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5K Walk 2016







And the Winner is...

The Annual Resident Show

REVIEW BY IRV RIKON

At the act two beginning of THE ANNUAL CENTURY VILLAGE RESIDENT SHOW, this year titled And the Winner Is, the entire cast of what appeared to be some 33 individuals came onstage in formal wear, tuxedos for the handsome men and beautiful gowns for the lovely ladies. I thought the society pages of the Palm Beach newspapers should show this group photo. Such attractive people as these are a rarity! Better yet, the performers entertained to everyone's delight. As a Company they started act two singing and dancing "One," the Marvin Hamlisch song from A Chorus Line. And what a fine chorus line this was!

Director James Michael Yuenger, who is also credited with the costume designs, and choreographer Jean Maret never allowed the evening to lag. One number followed another in rapid succession, varying so that every new entry gathered fresh audience interest. Phyllis Kinsler deserves credit for that. Kudos also to music director/pianist Arthur

Barnes, percussion man David Kroll, and Laurent Lesage for the sound and lights.

Featured were extended tributes to the musical plays Kismet and Damn Yankees, the movie The Wizard of Oz, and entertainers Simon and Garfunkel. For the latter all the cast wore hippie clothes. Virtually everything done was worthy of applause, and every performer deserved a big hand. I'm sorry, but I haven't the space here to name all, yet four ladies dubbed The Dancers, who weaved in and out of the show, rate an extra bow: Maureen Debigare, Dorianne Danardo, Dolly Heit and Rhoda Weber were dancing delights.

The Annual Resident Show long ago became a Century Village institution. Some of our friends and neighbors here are so talented! Long may they continue! And if you haven't yet attended these shows, you should make a belated New Year's resolution to start now! Don't miss another "One"!

FOREVER TANGO CONCERT GROUP

I was, however, disappointed by the performance of the "Forever Tango Concert Group," which by several days preceded the Resident Show. I had seen Forever Tango previously at either The Kravis Center or the old Poinciana Playhouse in Palm Beach. The troupe was good, and I looked forward to seeing and hearing it again. But in Century Village, the producers scrimped. Whereas the other venues had five or six couples dancing in various steps and costumes, here only two couples appeared. They were satisfactory, but their dancing hardly varied. The orchestra, consisting of five string instruments, a piano, and two accordions, for long periods played mostly unfamiliar melodies. Scattered applause came when one recognizable tune, "Jalousie," finally sounded. It was all okay, but the presenters should note that Century Village has a sophisticated audience which appreciates more than "okay". Don't scrimp on us!

FAST FACTS BY RICK CHRISTMAS

you get to celebrate your heart in more ways than one. That's because it is also Palm Beach County C.P.R. day - Saturday, February 13th. Thanks to technology, learning the; who, what, where, when, why and how of C.P.R. is easier than ever.

- Who: Anyone that is able bodied and performed the training (even online) can perform C.P.R. in emergency situations
- C.P.R. What: stands for cardiopulmonary resuscitation, simply put you are manually pumping the heart until it can pump on its own again.
- Where: C.P.R. can be performed just about anywhere. It has been performed on boats, trains, and even planes! All you need is a flat surface for the victim to lie on.
- When: C.P.R. is performed when the heart has suddenly stop beating. This can have many causes but is referred to as Cardiac Arrest.

- This year, Valentine's day weekend, Why: According to the American Heart Association, 4 out 5 cardiac arrests occur at home and performing early C.P.R. triples a person's chance of surviving.
 - How: C.P.R. can be learned in just minutes!! These simple instructions are from American Hearts Association's Hands-Only C.P.R. Website- "If you see a teen or adult suddenly collapse, call 9-1-1 and push hard and fast in the center of the chest to the beat of the classic disco song "Stayin'

For more information check out www.heart.org - Remember it's easy for everyone to learn, and you may just help save a loved one's life.

Rick Christmas Professional Firefighters/Paramedics of Palm Beach County Central County HOA Liaison / Community Relations email: rchristmas@iaff2928.com~ cell: (561) 261-6057

http://www.iaff2928.com

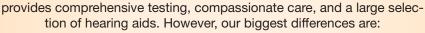
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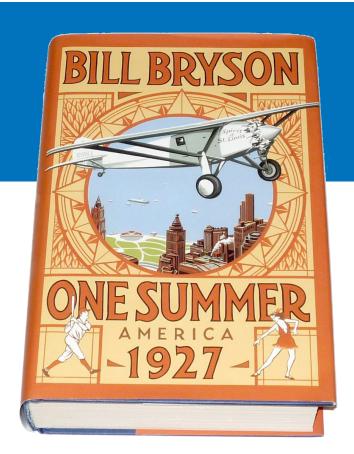
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One Summer: America, 1927

THE BILL BRYSON BOOK THAT GAVE ME A FASCINATING INSIGHT INTO THE ERA THAT SHAPED MY PARENTS' LIVES

BY LANNY HOWE

Ever since reading A Walk in the Woods, the top-selling autobiographical story of two rather ill-fit men hiking the Appalachian Trail, I have enjoyed Bill Bryson's books. They are easy to read and invariably capture Bryson's wonderful low-key sense of humor, tinged often with a bit of sarcasm.

One Summer: America, 1927 was no exception as I learned about not only 1927 and that particular summer, but the events and personages of the 1920s, the decade when my parents were growing up. I had known that Babe Ruth hit his long-standing, season-record 60 home runs that year, but not much else except in a general or vague way. Some time around then Charles Lindbergh had flown across the Atlantic, "Silent Cal" had been President, and Jack Dempsey, the "Manassa Mauler," reigned supreme in boxing until Gene Tunney beat him following the controversial 14-second "long count."

The details of these events and many others are chronicled in 1927. Bryson tells us about the effects of Prohibition; Al Capone, the Chicago gangster kingpin; Charles Ponzi; Sacco and Vanzetti; and the Great Mississippi Flood. We learn about the transition period from silent movies to talkies; Al Jolson; and what Bryson claims was the fatal decision by four bankers that brought about the Great Depression. Bryon interweaves these stories so that you go from one to another as they transpire. We learn about Henry Ford and how the Model T, not the best-made car of its time, caught on through mass production, and of Ford's wildcat scheme in South America.

The Lindbergh flight and Lindbergh as a person are thoroughly discussed, as are the Babe, Lou Gehrig, and other Yankees baseball players. Also how one old man carved Mt. Rushmore's four presidential faces in the rock.

A decade of extreme prejudices

One of the most eye-opening chapters to me was one in the middle of the book devoted to the extreme prejudices that were rampant in the Twenties. Our dad, God bless him, was a man of high moral standards, and we four children looked up to him. To our surprise, however, he was quite prejudiced. It actually seemed out of character in him. I am not saying he would prejudge an individual person - I think he would NOT- but groups, yes, and that of course affected how he would approach individuals. Now at last I understand better this era that must have shaped his thoughts and the thoughts, I am sure, of many others. Thankfully, this worst part of this era is largely past. I have sent each of my three siblings a copy of the pages of this chapter so we might all understand this side of our dad a little better.

If you are looking for an interesting and informative read, a sparkle with Bill Bryson humor, read *One Summer: America, 1927.* It will bring you back to the era when your parents or grandparents grew up. In a very few cases in the Village, it will bring remembrances of when you were young.

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DRUG ABUSE BY SENIORS DEA Agents Provide Training at CV

BY DAVE ISRAEL

On January 15, 2016, two DEA (Drug Enforcement Administration) agents provided some important and interesting training to about 150 CV residents in Classroom C of the Clubhouse. The presentation, arranged by George Franklin and attended by Captain William Bruckner, PBSO, was in two parts: Part One on drug abuse by seniors and Part Two on what to do in an "Active Shooter Event." "What To Do in an Active Shooter Event" was published in the February 2016 Reporter. The following is the part on drug abuse by seniors.

What is prescription drug misuse and abuse?

Prescription drug abuse occurs when a person uses prescription medication not prescribed for that person or uses the medication in a

by a doctor. "Prescription drug abuse" is a term usually reserved for the improper use of medicines categorized controlled **substances** by the Drug Enforcement Administration (DEA). Examples include many pain, anxiety, and sleep medicines. A person who abuses prescription drugs may take more medicine than the doctors instructed, take medicine when it is not needed, or mix the medicine with alcohol or other drugs. This can lead to serious problems such as addiction, drug interactions, or even overdose. Not all prescription drugs cause addiction. Most prescription drugs are safe and effective when you follow your doctor's directions on how to take the medicine.

The DEA agents pointed out that way that hasn't been recommended in order to reduce the harm to people

or the environment from accidental exposure or intentional misuse, outof-date prescription medications should be disposed of properly. The procedure varies from one drug to another. Here are some guidelines.

Drug Disposal Guidelines and Locations

- Follow any specific disposal instructions on the prescription labeling or patient information that accompanies the medicine. Do not flush medicines down the sink or toilet unless this information specifically instructs you to do so.
- Take advantage of programs that allow the public to take unused drugs to a central location for proper disposal. Call your local

law enforcement agencies to see if they sponsor medicine take-back programs in your community. Contact your city or county government's household trash and recycling service to learn about medication disposal options and guidelines for your area.

Transfer unused medicines to collectors registered with the Drug Enforcement Administration (DEA). Authorized sites may be retail, hospital or clinic pharmacies or law enforcement locations. Some offer mail-back programs or collection receptacles ("drop-boxes"). Call 1-800-882-9539 for more information and to find an authorized collector in your community.

Exciting New Exhibit at Norton Museum



Red Flower by Georgia O'keefe

BY BOBBI LEVIN

a hop, skip, and jump from Century Village, it draws art lovers from across the world.

collection of master works includes examples of American, Chinese, Contemporary Art and Photography. It offers a full calendar of excellent education programs for both our understanding of art and the invaluable role it plays in today's society. Go to www.norton.org to see the current and upcoming calendar of events.

On February 18th, the Norton opened its newest exhibit - "O"Keefe, Stettheimer, Toor, Zorach: Women Modernists in New York." exhibition features 65 paintings, works on paper, and textiles and examines their careers in parallel for the first time.

The Museum's press release states: "These four talented artists worked in NY between 1910 and 1935. This was the era of the "New Woman" when women increasingly explored the public realm, attended college, entered the labor force, and fought for the right to vote. As part of a larger

The Norton Museum is truly a bohemian dedication to equality, community treasure. Located just New York's avant-garde artistic community ostensibly supported women's rights in this era. Yet the art world still treated women artists The Museum's superb permanent differently from men, especially as the market reorganized itself around a more exclusive commercial gallery and dealer system, which gave fewer opportunities to women. By examining their work in this original children and adults to help increase context, this exhibit reveals these modernism."

> Make sure you get to the Norton between February 18 and May 16 to view these provocative masterpieces by four special artists.

> If you are at the Museum on Friday or Saturday, pick up the free Arts and Entertainment District Trolley (the Orange line) at the Museum's front door. This "hop on - hop off" trolley runs between noon and 5 p.m. with pick-ups scheduled every 60 minutes. Included on the route are the County Historical Museum, the Society of the Four Arts, and the Flagler Museum.

> And don't forget - Palm Beach County residents receive admission every Saturday with proof of residency.



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The Federal Government has changed the laws on water heaters.

The electric lines in Century Village are designed for 3500 to 3800 watt water heaters. If your water heater comes from Home Depot, LOOK, ASK, what is the wattage? If you are told 4500 watts, this is a fire waiting to happen.

We have special ordered water heaters from Lowe's that are compatible with the electrical system in Century Village.

Any water heater that is 3500 to 3800 watts is ok for Century Village.

TEN YEARS is the life expectancy of a Water Heater!



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WWII VETERAN'S HONOR FLIGHT

For those interested in making donations to this very worthy cause, please make checks out to:

SE FLORIDA HONOR FLIGHT

Checks (NO CASH) can be dropped off at the **UCO Office** or

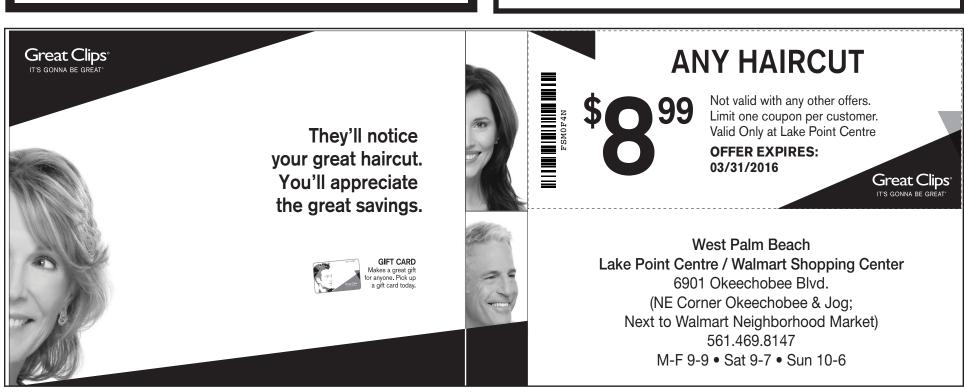
Staff Office in the Main Clubhouse All donations are greatly appreciated. Thank You

ASSOCIATION HONOR FLIGHT DONATIONS

Has your association donated to the South East Honor Flight? Come on Century Village. This may be your only chance to say, "Thank You" to these brave men and women who fought for our freedom. Many of our WWII vets will be on the flight to Washington to view their memorial, Arlington National Cemetery, and more. We are hoping that every building will donate \$100 to this worthy cause. Many already have. How about your maintenance company? Have they made their donation? Make a check out to the South East Honor Flight. There are donation boxes in the clubhouse, UCO office, and the UCO Reporter. Thanks folks for continuing the great spirit that Century Village has shown to these vets and their families.

Honor Flight Committee

Eva Rachesky, WPRF Vice President Joy Vestal, UCO Vice-President Milt Cohen, Retired NYPD





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Monday	Tuesday	Wednesday	Thursday	Friday
<u>MARCH</u> <u>2016</u>	1 9-10am Blood Pressure Clinic Come by the Office for Free Check	2 10:30-11:30am WELCOME BACK TO THE 1930s- 1950s TRIVIA PRIZES FOR WINNERS	3 10:30-11:30am Homecare 101 Who Needs It, When you Need It, We have the Program for you. Also Bring your Long Term Care Policy for a FREE review	4 10:30-11:30am Area Agency on Aging presents Statewide Medicaid Managed Long Term Care Overview, come learn about this program and who qualifies for it?
7 10:30-11:30am Brookdale presents "Conversations In Aging" Continental Breakfast Served 2:30-3:30pm Estate Planning with Lisa Goldstein, ESQ Elder & Estate Planning Attorney	8 9-10am Blood Pressure Clinic Come by the Office for Free Check	9 2:30-3:30P Singing with Rhythm presented by Palm Beach Music Therapy Institute	10 10:30-11:30am Were you a Veteran or Surviving Spouse? How can Veteran Aide & Attendant work for you? 2:30-3:30pm Audiology with a Heart FREE PHONES FOR HEARING IMPAIRED,MUST HAVE A FLORIDA DRIVERS LICENSE OR STATE ISSUED ID	11 12 NOON Luncheon "Ask The Physician" Abdominal Pain, Anemia, Reflux, Hemorrhoids, Colonoscopy & Digestive Disorders
14 2:30-3:30pm DNA/Genetic Testing for Proactive Healthcare	15 10-12NOON HEALTH FAIR STARTING IN CSI SUITE THROUGH BUILDING	16 10:30-11:30am Do You trust your children? Trusts can Protect you from Irresponsible Behavior. Presented by Sherri Greenblatt, ESQ Board	17 10:30-11:30am Brain Hearing presented by Dr Natalie Fernandez Roque, Tri County Hearing & Speech Center	18 2:30-3:30pm Alzheimer's Association presents "Dementia Conversations"
We are your onsite neighbor in the Century Medical Care Center, Suite 104		Certified Elder Law Attorney 2:30-3:30pm Michelle Larkin with Consumer Affairs Division presents "Most Popular 2015 Scams and the Newest Tax Scams"	Happy St. Patrick's Day!	
21 11:30-1pm Medical Monday Luncheon 'Memory Matters "Lucy Mead, ARNP & Jackie Miller With St. Mary's Memory Disorder Center	22 9-10am Blood Pressure Clinic Come by the Office for Free Check	23 2:30-3:30pm The Caregivers Journey presented by Trustbridge	24 2:30-3:30pm Celebrate Purim with Tali from VITAS Innovative Hospice Care	25 10:30-11:30am Coach Comp Urgent Care presents" Who They Are, What They Do & Why You Benefit"
28 2:30-3:30pm Nutrition Smart presents "Nutrition from the Ground Up"	29 9-10am Blood Pressure Clinic Come by the Office for Free Check	30 11:30-1pm Aquatic Therapy Luncheon with Nurse 1	31 12 NOON Luncheon Yehuda Gross with Merrill Lynch presents "Outlook 2016 What to Expect from the Markets"	
NR Lic. #3032096, 3012096				

OPINION

Thank You Donald

BY RUTH BERNHARD

Donald Foster, our UCO volunteer maintenance coordinator, appears to be well on the way towards getting the problem of crater-sized potholes repaired on the service roadway near the Wells Fargo Bank building, just outside our Okeechobee Boulevard gate. This has been a problem for Century Village drivers for over 20 years and the property owners in that area have continually refused to pay for a proper repaving job on that private roadway. Filling the holes with buckets of gravel from time to time is no more than a bandaid fix and doesn't hold up for any length of time. Heavy rains fill these holes, which are hazardous for drivers and their vehicles when driving in that area. It's like a maze trying to avoid

Having gotten no response when contacting the property owners, Donald has taken a further step by going to Federal Maintenance and County Code Enforcement to get the problem resolved, including citations to the violators. The Community owes him many thanks for his efforts in this regard.

Never Too Late...

RY IODY I FREI

I thoroughly enjoyed Joan Besson's true-life story The Frenchman and His Bride. It read like a romance novel, proving it's never too late to find love again if you just look for it. I encourage everyone in CV to join a club, take a lesson in something, or go to one of the many shows in the clubhouse. You never know who will be sitting next to you.

Thanks for the Flowers!

What a nice surprise. On Thursday, February 11, one of our receptionists at the UCO building was pleasantly surprised when a man came through the door with a beautiful bouquet of flowers. Even more surprising was his greeting: "This is for all the UCO volunteers. Thanks for the great job." Then out the door he went. We didn't even get his name, but let's just say thanks to "A Thoughtful Resident." Your gesture was greatly appreciated.

--UCO Volunteers

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UCO REPORTER NEEDS VOLUNTEERS

Why not work in an exciting office for a few hours a week? **The UCO Reporter** needs help. We need bookkeepers, copy editors, writers and photographers. The hours are Monday-Thursday, 9am-noon. Come on Century Village. Help out! It's fun and boy does it get exciting when we approach the deadline for the paper.



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Who are those French speaking snowbirds?

BY MARC BARRIÈRE

When I tell neighbors in Century Village that I am from Quebec, some answer "Hey, I went to Montreal in 1967; I also visited Quebec City. I have fond memories!"

Nonetheless many are still surprised that in North America there is a corner of the continent that speaks French. And they are just the more surprised to learn that French has been spoken just as long as English has been spoken in Boston and that French was spoken on a big portion of the American landscape. This explains the numerous cities, rivers and mountains in America with French names.

Champlain founded Port-Royal in Acadia in 1604 and Quebec in 1608 at about the same time that the English were founding Jamestown

in Virginia. This was 12 years before the Pilgrims of the Mayflower landed in Plymouth. Afterward the two nations have cohabited, exchanged, combated and shared with each other. France favored commerce while England wanted to establish itself. Their relationships with the native population were therefore very different. The first relied on the native population for their furs while the second pushed them aside to cultivate the land.

Many Americans are of French Canadian descent while many French Canadian are of American descent. For example, an ancestor of my wife is Sarah Allen who was abducted at twelve years old in 1704 from her village of Deerfield Massachusetts along with one hundred more people. Sarah decided to remain in Canada and founded a family with a Canadian, the Lalonde family. Likewise my mother's ancestor, Katerine Stevens, was abducted in 1690 from Bath in northern Maine, and brought to Quebec. Life was hard and cruel in those days. There were similar cruelties from the English.

Because French Canadians were friends with the native populations, they were called upon to explore the "Far-West". Toussain Charbonneau accompanied by his wife Sacagawea and their son Jean-Baptiste, nicknamed Pomp, was the guide for the legendary Lewis and Clark expedition.

Montreal has an important Jewish community. My neighbor had visited

the 1967 Expo. He knew well songs from Montrealer Leonard Cohen, had eaten the excellent bagels and the Montreal smoke meat originating from Jewish immigrants at the end of the 19th Century. Perhaps he did not know that many shtreimel wore hard and cruel by our Hassidic neighbors were made in Montreal. The history of French Canadians and Americans is really intermingled.

When you go to the DuBois park and listen to Celine Dion or Arcade Fire, watch a film from Philippe Falardeau (The Good Lie) and from Denis Villeneuve (Sicario), a video clip from Adele (Hello directed by Xavier Dolan), you will know that they are from the same corner of America as are those Snowbirds with a funny accent.

VOLUNTEERS NEEDED CENTURY VILLAGE HONOR FLIGHT

VOLUNTEERS ARE NEEDED TO ASSIST WITH THE UPCOMING CENTURY VILLAGE HONOR FLIGHT.

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Recent Sales & Rentals									
203	WELLINGTON C	2/2	SOLD	\$55,000	251	BEDFORD J	1/11/2	SOLD	\$45,000
252	SOUTHAMPTON C	1/1½	SOLD	\$28,000	126	SOUTHAMPTON B	1/11/2	SOLD	\$32,900
45	WINDSOR C	1/1½	SOLD	\$30,000	205	BERKSHIRE J	1/1	SOLD	\$30,000
490	WELLINGTON K	2/2	SOLD	\$68,000	148	WELLINGTON H	2/2	SOLD	\$75,000
113	STRATFORD I	1/1½	SOLD	\$35,000	80	CANTERBURY D	1/1½	SOLD	\$30,000
270	WELLINGTON J	2/2	SOLD	\$64,000	194A	STRATFORD N	1/1½	SOLD	\$37,000
429	CHATHAM U	2/1½	SOLD	\$28,000	408	SOUTHAMPTON A	1/11/2	SOLD	\$40,000
111	GREENBRIER B	1/1½	SOLD	\$33,000	242	SUSSEX M	2/1½	SOLD	\$43,500
266	SHEFFIELD K	1/1½	SOLD	\$25,000	102	WELLINGTON F	2/2	SOLD	\$69,000
209	WELLINGTON B	2/2	SOLD	\$65,500	91	WINDSOR E	2/1½	SOLD	\$32,500
305	WELLINGTON C	2/2	SOLD	\$59,000	221	SOUTHAMPTON B	2/1½	SOLD	\$40,000
252	BEDFORD J	2/1½	SOLD	\$32,000	223	WELLINGTON G	2/2	SOLD	\$58,500
407	GREENBRIER	1/1½	SOLD	\$39,000	55	NORWICH	1/1		\$675/mo.
4	GOLF'S EDGE	2/2	SOLD	\$32,500	124	STRATFORD	1/1½	SOLD	\$35,000
186	CHATHAM	2/1½	SOLD	\$45,000	411	DOVER A	1/1½	SOLD	\$42,000
240	CHATHAM L	2/1½	SOLD	\$45,000	214	WELLINGTON C	2/2	SOLD	\$83,000
405	CHATHAM T	2/1½	SOLD	\$39,000	77	CANTERBURY D	2/1½	SOLD	\$41,000
232	CANTERBURY J	2/1½	SOLD	\$41,000	227	ANDOVER I	1/1	SOLD	\$23,000



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NUTRITION AND HEALTH

For Love of a Healthy Heart

JEANIE W. FRIEDMAN, MS RD LD/N

Every year, February is designated as American Heart Month and for many reasons beyond Valentine's Day. In the United States heart disease is still the number one killer of both men and women. Heart disease can claim the lives of loved ones seemingly in an instant, but it usually is the result of decades of poor choices. Fortunately, by making lifestyle changes, we all have the chance to help prevent or to help manage heart disease.

WHAT YOU EAT

SODIUM

Americans typically eat more than twice the recommended amount of salt, or sodium. You may be surprised to know that most of the sodium we consume is from processed foods and not from the salt shaker. Convenience foods such as frozen dinners, canned soups, and pasta or rice mixes all contain high amounts of sodium.

CHOLESTEROL

Dietary cholesterol is found in animal products like meat and dairy. Some cholesterol is needed for healthy tissues, but having too much cholesterol can cause a buildup of plaque to form in your arteries, which causes the arteries become narrow and less flexible over time. A blood clot can form or part of the plaque can break loose and block an artery, leading to a sudden stroke or heart attack.

SATURATED FAT

Foods high in saturated fat are usually, but not always, also high in cholesterol. Fatty cuts of meat, butter, and cheese have varying amounts of saturated fat. Saturated fat can cause your LDL (the bad cholesterol) levels to go up.

WHAT YOU CAN EAT

Choose leaner cuts of meat, like chicken breast instead of dark meat chicken or top sirloin instead of prime

rib or fatty ground meat. Watch out for foods cooked in heavy butter or cream. At home you have more control over the ingredients. When eating out ask your server how the food is prepared. Maybe the chef can prepare it without the fatty sauces. Look for grilled, poached, or steamed items as healthier alternatives, and avoid deep fried items.

Eat foods that can help raise your good cholesterol, the HDL. Healthier fats like olive or canola oil are a better choice than butter. Nuts and fish like salmon also help to increase HDL levels.

WHAT YOU CAN DO

QUIT SMOKING

Smoking causes your blood pressure to go up and it can make it easier for your blood to clot. Smoking can also result in lower HDL cholesterol levels. Quit smoking. You'll be doing your body a favor. And save money too!

EXERCISE

Regular exercise can help relieve stress, prevent weight gain or manage weight. Excess weight, especially belly fat, has been linked with higher blood pressure and higher blood sugar. Stress can affect your blood pressure and eating habits. Always make certain your doctor has cleared you for physical activity before you begin.

Although heart health is the focus in February, preventing or managing heart disease should be a year-round lifestyle. Your heart takes care of you, so please return the favor and take care of your heart.

Jeanie W. Friedman is a Registered Dietitian and nutritionist licensed in the State of Florida. This article is intended for educational purposes only and is not intended as a substitute for a consultation with your health care professional.

You should always continue taking your medications per your doctor's instructions. Ms. Friedman may be reached at JFriedmanRD@aol.com





PAID POLITICAL ADVERTISEMENT

Dave Israel's Slate of Candidates for UCO Office



Dear Delegates,
Please join me in supporting the
following candidates who will
help us keep Century Village safe,
modern, attractive and affordable.

PRESIDENT: David Israel

VICE PRESIDENT: Ed Black, Joy Vestal

TREASURER: Howard O'Brien

CORRESPONDING SEC'Y: Roberta "Bobbi" Levin

RECORDING SEC'Y: John Hess

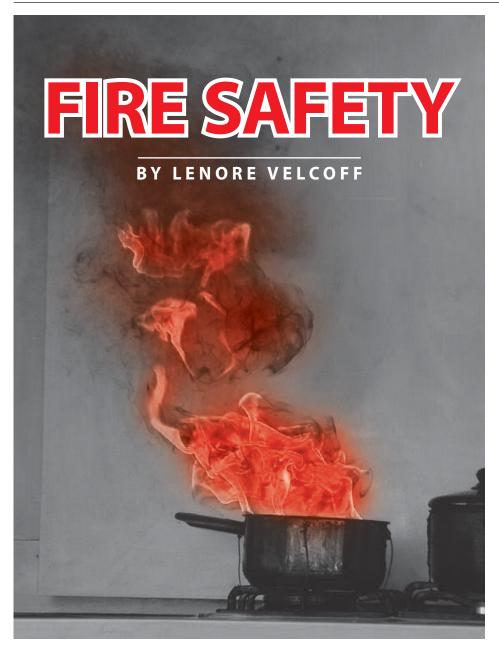
TREASURER: Howard O'Brien

EXECUTIVE BOARD:

George Franklin, Dom Guarnagia, Lori Torres, Ken Davis

Vote March 4th 8am-9am at the Clubhouse

Paid for by The Committee To Elect David Israel



Seniors like us here in Century Village represent 14 percent of the United States population but suffer 36 percent of all fire deaths –

We have a 2.5 times greater risk of dying in a fire than the total population -

At age 65, people are twice as likely to be killed or injured by fires compared to the population at large -

Ages 85 and over are 3.6 times more likely to die in a fire than the total population.

However, you can **RETIRE FIRE** by taking care of yourself and influencing others, such as your neighbors, friends and family, about fire safety. People can and have saved their own lives and the lives of others by following a few simple safety precautions.

Below are some fire safety tips:

SMOKING

If you smoke, smoke outside. Provide smokers with large, deep, sturdy ashtrays. Soak cigarette butts and ashes before throwing them out. Never smoke in bed. Never smoke if medical oxygen is used in your home.

SPACE HEATERS

Keep them at least 3 feet (1 meter) away from anything that can burn – including you. Shut off and unplug heaters when you leave your home or

go to bed. Always plug space heaters directly into a wall outlet, never into an extension cord or a power strip.

COOKING

If you leave the kitchen, even for a short time, turn off the burner and move the pan to a cool burner. Use a timer when cooking. If you are cooking on the stove top and leave the room, take a timer, an oven mitt, or a wooden spoon as a reminder that you have something cooking.

If a pan of food catches fire, slide a lid over it and turn off the burner. Don't cook if you are drowsy from alcohol or medication. Do not cook when taking new medication until you know how it will affect you. Wear tight-fitting, rolled up, or short sleeves when cooking. Use oven mitts to handle hot pans, not towels. Use light-weight manageable pans. Clean the stove and toaster regularly to avoid grease and crumb buildup. NEVER USE YOUR OVEN TO HEAT YOUR UNIT.

SMOKE ALARM

Can you hear your smoke alarm? If you can't, consider getting the type of alarm that will flash a light when smoke is detected.

PLEASE Practice safe smoking, safe cooking and safe heating in your home.



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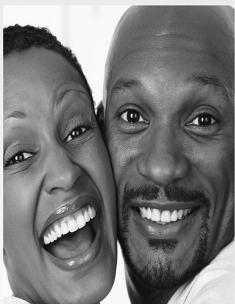
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The Wise Choice for Real Health Care Reform!

MARCH 2016 ENTERTAINMENT



Thursday, Mar. 3, 8 p.m. The Magic Of Motown

A dynamic and driving tribute that spans more than a decade of Motown classics featuring five very talented and accomplished vocalists as well as a six piece band, many of whose players backed up or opened for a host of original Motown artists.



Saturday, Mar. 5, 8 p.m. **New York Three** Tenors And A Diva

You can expect an enthralling evening of grand opera, vivacious contemporary and pop crossover music as well as the greatest Broadway has to offer when this peerless combination of three superb tenors and a dazzling soprano appear.



Tuesday, Mar. 8, 8 p.m. **Guitars On Fire**

Guitarist and composer Alex Fox along with his two sons Sebastian and David and their amazing band, create music that lifts your spirits and stirs your soul. Moving from his native Argentina to Miami in 1984, Alex soon became a South Beach legend. You will find it hard to resist Alex's thrilling performing style.



Savannah Jack

At your request, we've brought back Savannah Jack, one of the most unique, toe-tapping and versatile bands to hit the Century Village stage. With a wonderful mix of country, R & B, oldies and classic rock, these high-energy singers and musicians love making music.



Tony Orlando In Concert

Truly a Century Village favorite, Tony Orlando always moves and excites his audience with his incredible energy and warmth. He has become one of the most enduring and engaging stars today. Come join Tony and sing along as he and his band perform some of your favorite hits



Thursday Mar. 10, 8 p.m. Saturday, Mar. 12, 8 p.m. Wednesday, Mar. 16, 8 p.m. Thursday, Mar. 17, 8 p.m.

The Doo Wop **Project**

One of the best shows of the 2014-2015 season, this group of five amazing Broadway performers will have you cheering for more as they pay homage to classic Doo Wop and the music that inspired it. With fabulous vocals, wonderful harmony and individual stories, the group performs your favorite oldies.



Century Village Orchestra

The baton is raised by the conductor, the musicians raise their instruments and the world's greatest music comes to life. Come hear Century Village's own orchestra play Broadway selections as well as some classical and pop tune pieces and more at their annual concert.



The Bronx **Wanderers**

With a style all their own and a passion for the music of our youth, The Bronx Wanderers once again will rock your stage. Yo' Vinny and his two sons, Vinny "The Kid" and Nicky "Stix" 'wander' through the chart topping songs of the '50s, '60s, and '70s.



Saturday, Mar. 19, 8 p.m. Tuesday, Mar. 22, 8 p.m. Rx Comedy – Laughter Is The

Best Medicine Starring Bruce Smirnoff And Ritch Shydner. Be prepared to walk out of the theater feeling great when these two hilari-

ous comedians perform their

unique style of humor.



FIESTA

MEXICO-AMERICANA Featuring Ballet Folklorico Mexicano

The dazzling Ballet Folklorico Mexicano draws from the artistry of Mexico's different regions.



Thursday, Mar. 24, 8 p.m. Saturday, Mar. 26, 8 p.m. Herman's Hermits **Starring Peter Noone**

Starting his career at the unb lievable age of fifteen, Peter Noone achieved international fame as the 'Herman' in Herman's Hermits. With over fifty-two million recordings sold and seven gold albums.

"R" Rated Movies

"R" Rated (under 16 requires accompanying parent or adult guardian).

> Additional ratings for this movie are: V for Violence

L for Language (strong language and drug

N for Nudity (graphic nudity) **SC for Sexual Content** (pervasive language including sexual references and situations)

An "R" rated motion picture, in the view of the Rating Board, contains some adult Imaterial. An "R" rated motion picture may include adult themes, adult activity, hard language, intense or persistent violence, sexually-oriented nudity, drug abuse or other elements. Due to a wide viewing audience, WPRF will not censure "R" rated movies. Therefore, if you find any of the above offensive, WPRF suggest you "OPT OUT" of seeing this movie.

SHOW TIME REMINDER

PLEASE CHECK SHOW TIMES ON YOUR TICKETS IN THE EVENT YOU HAVE TICKETS FOR ANY OF THE **FOLLOWING PERFORMANCES:**

7:00 PM SATURDAY 03/12/16 **TONY ORLANDO**

MOVIE SCHEDULE

Afternoon showings are at 1:45PM — Tuesday & Sunday. Evening Showings are at 6:45 PM.

The 1st Monday Evening & Tuesday Afternoon showings of each new movie (some movies are shown two Mondays and Tuesdays) will have "Closed Caption" (for the hearing impaired) when available. *No charge for residents*.

MARCH 2016 MOVIES

03/01 Tue 1:45PM

RICKI AND THE FLASH — Meryl Streep, Kevin Kline, Rick Springfield, Mamie Gummer PG-13 101 Min

Meryl Streep goes electric and takes on a whole new gig - a hard-rocking singer/guitarist who gave up everything for her dream of rock-and-roll stardom, but is now returning home to make things right with her family. Directed by Jonathan Demme (continued from last month)

03/06 Sun 1:45PM **WOODY ALLEN'S IRRATIONAL MAN** — Joaquin Phoenix, Emma Stone, Parker Posey R 95 Min Rated R for Adult Situations 03/07 Mon 6:45PM 03/08 Tue 1:45PM A burned-out, brilliant professor who believes in lessons from life rather than textbooks

03/13 Sun 1:45PM becomes involved with a teacher as well as a precocious student. Written and directed by 03/14 Mon 6:45PM Woody Allen

03/15 Tue 1:45PM **THE INTERN** — Robert De Niro, Anne Hathaway, Rene Russo

03/20 Sun 1:45PM PG-13 121 Min

03/21 Mon 6:45PM 70-year-old widower Ben Whittaker has discovered that retirement isn't all it's cracked up to

U3/22 lue 1:45PM be. Seizing an opportunity to get back in the game, he becomes a senior intern at an online 03/27 Sun 1:45PM fashion site. His boss is a female 40 years younger than he. Directed & written by Nancy Meyers

03/28 Mon 6:45PM **STEVE JOBS** – Michael Fassbender, Kate Winslet, Seth Rogen, Jeff Daniels

03/29 Tue 1:45PM R 122 Min Rated R for Adult Situations

03/31 Thur 6:45PM Steve Jobs takes us behind the scenes of the digital revolution, to paint a portrait of the man at its epicenter. The story unfolds backstage at three iconic product launches, ending in

1998 with the unveiling of the iMac. Truly inspired film making on every level. Directed by Danny Boyle (continued next month)

Please Note, March Happenings movie showing error — the following movie showing not listed:

Date: Thursday 3/31 6:45 pm Movie: STEVE JOBS

*This showing will be in Room C

*No admission to be charged

Entertainment information is provided by W.P.R.F. Any questions regarding Clubhouse entertainment should be directed to W.P.R.F. at 640-3120.

Around Century Village



BINGO AT CENTURY VILLAGE CLUBHOUSE







DANCING AT LATINO CLUB HAVING FUN



PETANQUE AT CENTURY VILLAGE CLUBHOUSE