Take me Out to the Ball Game (Ballpark of the Palm Beaches)

Turn to page B2

U.C.O. — www.uco-reporter.blogspot.com — REPORTER

Latest Information on our New Broadband Contracts

Turn to page A4 - A5

* * *

VOL. 36 ISSUE 4 • OFFICIAL PUBLICATION OF UNITED CIVIC ORGANIZATION OF CENTURY VILLAGE, WEST PALM BEACH, FLORIDA • APRIL 2017



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REMINDER

Priday 4/7/17
9:30AM in the Theater

Read recent back issues at: www.uco-reporter.blogspot.com

Email articles & comments: ucoreporterwpb@gmail.com



EDITORIAL

END OF A SEASON

BY MYRON SILVER-MAN & JOY VESTAL

Well, it seems that another "season" is about to end. It's been fun and really a lot has been accomplished including a successful UCO election. Congratulations to all the winners and thanks to those who ran. At a recent meeting of the Search and Nominations Committee there was a discussion on ideas and suggestions and ways to streamline the election process particularly pertaining to nominations from the floor. Our UCO Bylaws are specific on this procedure; however, there may be some improvements that could be made. But getting back to Election Day, the coffee and doughnuts were enjoyed by all.

In the meantime, Broadband Committee has been meeting frequently and is moving forward to scheduling a vote by the delegates on a broadband contract that will provide our village with the most innovative, cost conscious, and reliable service available. This committee has been meeting for almost two years discussing, researching, and sometimes arguing among members to reach the best deal possible. But it's up to you, the residents, and your delegates to make the final decision. Try to give some time to this decision as there's a lot to be considered.

In April tree trimming will begin on the UCO property in preparation for any storms that may come our way as well as the aesthetic value created. Most buildings are being serviced by their maintenance companies

Shortly a new list of committees and their chairs will be discussed and voted on by the officers. These committees as we all know are working and meeting all year discussing ways to improve our village. Please think about submitting your name to serve and improve our way of life.

But, once again, we wish all our departing seasonal neighbors a great spring, summer, and fall. Hopefully we'll all see each other again at the beginning of the next "season". Or, who knows; you may finally decide to make the big move and Come On Down permanently!

UCO Reporter Co-Editor Myron Silverman UCO Reporter Co-Editor Joy Vestal

REPORTER

The Official Newspaper of Century Village

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APRIL 2017 UCO Monthly Meetings

			_
TUESDAY 4	TRANSPORTATION	UCO	9:45AM
WEDNESDAY 5	PROGRAM & SERVICES	UCO	11:00AM
FRIDAY 7	DELEGATE ASSEMBLY	THEATER	9:30AM
FRIDAY 7	REPORTER	UCO	1:00PM
FRIDAY 7	SECURITY	UCO	2:00PM
FRIDAY 7	COMCAST REPRESENTATIVE	UCO	1:30-3:30
TUESDAY 11	STUDIO 63	UCO	11:00AM
WEDNESDAY 12	BROADBAND	UCO	11:00AM
THURSDAY 13	COP	ROOM B	9:30AM
FRIDAY 14	CERT	UCO	1:00PM
MONDAY 17	ADVISORY COMMITTEE	UCO	10:00AM
TUESDAY 18	INSURANCE	UCO	10:00AM
WEDNESDAY 19	BEAUTIFICATION	UCO	9:30AM
THURSDAY 20	BIDS	UCO	10:00AM
FRIDAY 21	COMCAST REPRESENTATIVE	UCO	1:30-3:30
TUESDAY 25	OPERATIONS	UCO	10:00AM
THURSDAY 27	OFFICERS	UCO	10:00AM
SENIOR VS CRIME	MONDAY 1-3PM, WEDNES	DAY 1-3PM	
	FRIDAY 10AM-12 NOON		UCO

UCO OFFICERS

President David Israel

Vice Presidents

Joy Vestal Ed Black Stew Richland Bob Marshall

Treasurer

Corresponding Secretary Bobbi Levin
Recording Secretary John Hess

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Carole Szepesi
David Boas

1 Year Term

Marilyn Pomerantz Esther Sutofsky Marcia Ziccardy

- EDITORIAL POLICY -

The *UCO Reporter* promises to continue its long held beliefs that this publication will print articles to inform our residents of the important issues concerning our Village. We promise to seek the truth and to print both sides of an issue, to open dialogue to inform our readers, not to create controversy.

We promise to listen to your concerns and to treat all our residents with courtesy and respect. Your opinion is valuable to us and will be considered in our decision for publication. These are the criteria for publication:

LETTERS TO THE EDITOR: Letters to the Editor should be limited to 250 words, and must be e-mailed (ucoreporterwpb@gmail.com) to the Reporter by the 7th of the month prior to publication. Your opinions are important to us, but please refrain from gossip, innuendo, nasty or inflammatory remarks. Letters deemed to be inappropriate, inflammatory or libelous will be returned by the Staff for revision or removal. All letters must include the name, address and phone number of the author. No letters from *UCO Reporter* staff will be published. They may however have the opportunity to submit an opinion article also limited to 250 words.

ARTICLES: Articles for inclusion should be limited to 500 words, e-mailed (ucoreporterwpb@gmail.com) to the *Reporter* by the 7th of the month prior to the month of publication. All articles will be limited to one per writer. The topic of your article is of your choosing, but the Staff has the discretion to edit it with your approval or reject it based on the above stipulations. All articles must include the name, address and phone number of the author.



The President's Report

By Dave Israel

Let's start with two new words:

Dezinformatsiya is, of course, a Russian word which cognates easily to the English word "disinformation." This is intentionally false or misleading "information" that is spread in a calculated way to deceive target audiences. The English word, which did not appear in dictionaries until the late-1980s, is a translation of the Russian дезинформация, transliterated as dezinformatsiya. In Russia, this process was brought to a high art under Joseph Stalin.

Kompromat is a Russian squishing together of two words: "compromising material," which Americans refer to simply as "blackmail."

Prior to our National election, *Buzzfeed* released a so-called dossier compiled by a private intelligence company, with unverified allegations that the FSB (Federal Security Service of the Russian Federation **formerly known as the KGB**) has a video of Donald Trump with prostitutes in the Moscow Ritz Carlton in 2013. Suddenly with the

speed of a millisecond news-cycle, America entered uniquely Russian territory--fusing disinformation and compromising unverifiable "information" into a so-called story. In any case, America, welcome to the world of *kompromat*.

Russia's recent cyber adventures have the hallmarks of these old Soviet specialties. While many Americans have just awoken in the recent presidential election to the world of disinformation — sometimes known as "fake news"—in fact, Moscow's efforts date back decades and have become increasingly prominent over the past decade as techniques have been updated for the digital age.

Leaders of the most important tech companies in the world are grappling with fake news, as embarrassing screenshots of bogus Trending Topics and Google News headlines go viral. The presidential campaign turned a spotlight on this viral disinformation, but it has been growing for a while in a crack in the media sidewalk. Over the last few months it overran its surroundings: In fact, fake news drew more

FAKE NEWS NOT SO NEW

THE RUSSIAN CONNECTION

engagement on Facebook than real news as the election drew to a close.

In the early days after the fall of the Soviet Union, a newly independent Russia strove to become American-style democracy. Twenty-five years later, it's the U.S. political system that is starting to resemble the Russian one. Modern Russian politics are a realm where voters struggle to discern truth from disinformation (dezinformatsiya), aspiring politician's an future depends on what kind of compromising material (kompromat) exists about them or can be made to appear to exist. You may as well write those words down, and practice pronouncing them. Dezinformatsiya and kompromat are part of Western politics now, too, particularly after the publication of a salacious socalled U.S. intelligence brief about Russia's alleged possession of kompromat involving U.S. President Donald Trump.

So, is there any real protection from "Fake News" and the resulting Alternative Reality; and should First Amendment protections apply to "Fake News"? Perhaps marketplace analysis applies.

As it happens, it's a lot more expensive to generate true news stories than false ones. News requires reporting and research and institutional structures like editors and fact checkers to support them. Fake News only takes one person's imagination. And there is certainly information asymmetry between the person who writes a story and the person who reads it. Applying the concept of marketplace analysis suggests that fake news could conceivably drive out true news.

The classic solution to market failure is regulation. Oliver Wendell Holmes, in his "shouting fire in a crowded theater" example, certainly believed that some level of regulation was permitted by the First Amendment. For the rest of us, faced by every form of digital "news" bombardment and a speed-of-light news cycle, our ability to discern truth from fiction will become more difficult, and perhaps, virtually impossible. Rig for heavy weather.





INSTALLATION









UCO ELECTIONS 2017

Vice Presidents

Bob Marshall Stew Richland

Executive Board

Herb Finkelstein Mary Patrick
Phyllis Richland Suzie Byrnes
George Pittell George Loewenstein
Michael Rayber David Boas
Louise Warner Carole Szepesi

1 Year Term

Marilyn Pomerantz
Marcia Ziccardy

Esther Sutofsky



A major concession by both companies:

In a straw vote at the March 3 Delegate Assembly, a large majority of the delegates voted for Comcast Cable (CC) as opposed to Atlantic Broadband (AB) to be our cable company for an upcoming ten years. Both, we understood, would be providing TV, OPTIONAL Internet, and OPTIONAL phone service. The reason for this nonbinding vote was to get an idea of how delegates felt at this point, after nearly two years of negotiations by CSI and the Broadband-Cable Committee. During this time the choices had

will be \$62.30.

In addition-because Comcast does not want to deal directly with the unit owner-UCO, the associations, and/or possibly the management companies would have to handle all the record-keeping involved, an entirely impracticable arrangement. For all intents and purposes, therefore, optional Internet is dead in the water as regards Comcast. Both issues-the high \$62.30 charge and Comcast not being willing to deal directly with the unit ownerswere discussed with the Comcast representative at the March 29 Committee meeting to no avail.

Consider what Leo Delgado of CSI Associates told us when asked what was the single most important thing in a cable contract: It is getting service when you need it—the first time you call, service that fixes the problem, and service that to the extent possible is cost-free.

been narrowed down to the two above-named companies and-even more important-the back-andforth had produced a number of concessions we had hoped to gain. A major concession was the willingness to provide Internet and/or phone service AS AN OPTION to every unit owner. After four meetings following the March 3 Delegate Assembly, however, the Committee found that Comcast's pricing and terms applicable to the Internet/phone options were not at all what the Committee had been looking for.

"The devil is in the details"—opting in & out far easier with Atlantic **Broadband (AB):**

With AB Optional Internet, the unit owner deals directly with Atlantic Broadband, he can opt in (or out) at any time, and he gets the low bulk rate for Internet of \$21.99/ month (at 100Mbit data rate) and/or the low bulk rate of \$25/month for phone service.

Comcast, however, will allow the unit owner to opt in at their Internet bulk rate of \$20.00/month (at 75Mbit date rate) ONLY ONCE-for all present owners at the start of the new contract and for future new owners only when they take ownership. Otherwise, the monthly Internet rate

Time is of the essence:

Although we have come down to the wire in talks with CC and AB, It is important to remember that nothing will be final until we have an actual contract proposal signed by one of the two companies and UCO.

Why, some have asked, are we almost at deadline now, when the present Comcast contract does not expire until June 2019? It is because Atlantic Broadband (AB) needs between 18 and 24 months to ensure their being able to obtain the necessary permits to run their fiber-optic cable all the way from North Miami to here, trench and install a new fiber backbone network within the Village, and connect up with all the condo units. (A word of explanation: We thought AB needed 18 months, but they say this did not allow for a possibly additional six months needed for in-unit and onsite training in their Village deployment.) Being realistic about getting the job done on time is, of course, a good thing. Also, AB will be giving the Village an excellent guarantee concerning their being on time-more on this in a moment.

Why is it so important AB remains in the running until a contract signed by one company or the other is accepted and signed by us? Because we cannot expect CC to offer even the terms they do now without AB's

competition. Remove AB from the equation and we are at the mercy of CC, perhaps losing the benefits we gained in two years of back-andforth negotiations!

So what are the prices now being offered?

ATLANTIC BROADBAND: TV \$29.00/month; Internet \$21.99/ month (optional); Phone \$25/month (optional).

COMCAST: TV \$32.29/month; Internet \$62.30 **OR** \$20.00 (see above) /month (optional); Phone \$25/ month (optional).

Further about what these prices include:

- · Both companies are now offering 10-year contracts. The CC contract could take effect at any time. The AB contract must take effect June 2019, when the present CC contract expires.
- The CC TV package includes 182 channels including HBO and Encore, 50 music channels and Turner Classic movies. The AB TV package includes 316 channels

they will necessarily replace all the wiring in our units. With that in mind, consider what Leo Delgado of CSI Associates told us when asked what was the single most important thing in a cable contract: It is getting service when you need it-the first time you call, service that fixes the problem, and service that to the extent possible is cost-free.

Here there is another difference between what CC and AB offer. Call AB for help, and there is no charge period. Call CC for help and there may well be a charge of, minimally, \$30.00.

In addition, AB would have a technician onsite during normal business hours for the first year of the contract. CC would not have a tech onsite.

SIZE OF THE TWO COMPANIES AND COMPLAINTS-

There been have complaints over the years about the responsiveness of CC. You hear them all the time. We have been told CC is aware of this and is making an effort to do better. At the same time we have also heard complaints about AB. How do you compare them? CC is the giant of the telecommunications industry, so you would expect to hear

Keep in mind that costs and benefits are not always what they might seem. For example, a \$500,000 cost (or benefit) difference for the Village over ten years between the two companies breaks down to only 53 CENTS per condo unit per month. (Divide \$500,000 by 10 years, then by 12 months, and finally by 7854 units.)

including 50 music channels, HBO, EPIX, STARZ and Encore.

• Telephone service through both companies is 24/7 in all 50 states and the Canadian provinces.

Other important considerations:

UNIT-

A chain is only as strong as its weakest link. If you have the best fiber-optic cable installed right up TO a residence and the wiring inside the unit is questionable, the "signal" at the TV or other appliance may be

Both companies say they will fix the wiring in our units so it works satisfactorily. They do NOT say

many more complaints in their case. AB, a much smaller company, is now owned by Cogeco, the second largest telecommunications company in Canada and eighth largest in North America. They are hardly a midget in the business.

ABOUT THE TRENCHING AND FIXING A PROBLEM IN YOUR THE AB GUARANTEE TO HAVE THEIR PRELIMINARY WORK DONE ON TIME—

AB, we understand, will probably not be doing much, if any, actual physical trenching between North Miami and the Village OR in the Village itself. Here's why. The most time-consuming part of getting fiber-optic cable to the Village will be in obtaining the necessary leases and permits to use existing trenches

and hardware. The permits especially take time. In the Village itself, AB will be using a relatively new technique of boring vertical holes in the ground and then connecting them by boring laterally underground. There will be a good deal less "digging up" here compared with if there were trenches all over.

An AB "on time" guarantee, which would be a part of our contract with them, specifies that if they do not get the work done on time, they will reimburse us for the difference between what we had to pay CC to continue beyond the present contract

expiration date and what the AB charge would have been.

Annual rate increases:

The current CC rate increase is 5% per year.

The CC proposed rate increase is 3% per year, capped (capped simply means the annual increase won't be itself increased). In the tenth year of the contract, the monthly per-unit charge for TV will have risen from \$32.29 to \$42.13. For that year the unit will have paid \$505.56 for TV.

The AB rate increase is \$1.25 per year, capped. In the tenth year of the contract, the monthly

per-unit charge for TV will have risen from \$29.00 to \$40.25. For that year the unit will have paid \$483.00 for TV.

With both companies, their rate increases do not apply to Internet or phone.

The Signing Bonus:

CC offers a signing bonus of \$350 per unit, and AB offers a \$450-perunit signing bonus. The total, based on 7854 units, of \$2,748,900 (CC) or \$3,534,300 (AB), goes into the UCO treasury less the 15% commission paid to CSI.

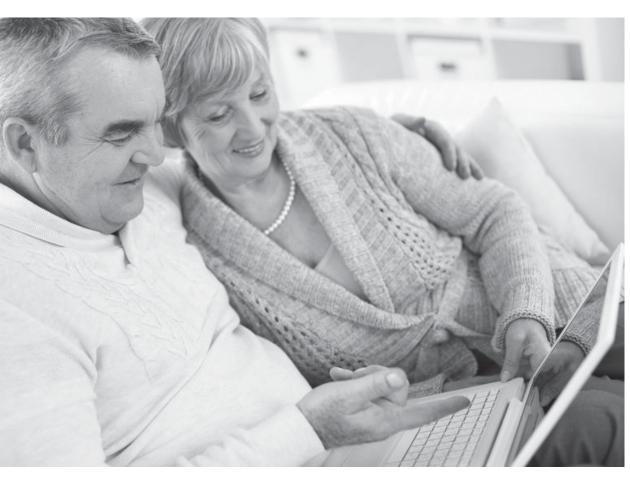
Keep in mind that costs and benefits are not always what they might seem. For example, a \$500,000 cost (or benefit) difference for the Village over ten years between the two companies breaks down to only **53 CENTS** per condo unit per month. (Divide \$500,000 by 10 years, then by 12 months, and finally by 7854 units.) Fifty-three cents a month per unit might be a very small price to pay for an overall bargain price and greater customer satisfaction.

The TiVo T6 and the Xfinity X1—what are they?

AB offers the TiVo T6 voice remote in its contract. With the TiVo T6 you can tell the remote control what to do. The TiVo T6, like today's computer programs, learns your habits. It has already become very popular with users. CC offers the Infinity X1 system, which also accepts voice commands and is very popular with users.

As we get down to the wire:

Our Broadband-Cable Committee members have labored long and hard, assisted by the CSI team, to bring this great benefit of TV with the options of Internet and/or telephone-in some cases at unheardlow prices-to Century Village. VERY SOON NOW the Village must decide whether to sign with Atlantic Broadband or Comcast. Committee plans to meet next on Wednesday, April 12, and vote on the matter. Their recommendation will be made known to other involved boards and committees, and ultimately the Delegate Assembly.



WATCH CHANNELS 63 AND 95
FOR PANEL DISCUSSION ON
OUR BROADBAND CONTRACT.
TIMES AND DATES WILL BE
ANNOUNCED ON THE BLOG -OR WATCH THESE CHANNELS
FOR AN UPDATE.

UCO OFFICER'S REPORTS



Joy Vestal

Cambridge • Canterbury Chatham • Dorchester Kent • Northampton Sussex

Congratulations to our delegates. There were 232 delegates at the March UCO Delegate meeting. This was after 223 delegates came out to vote for the new officers for 2017-18. Considering that this is what some of our residents think of as an "off-year" this was indeed a record number. Also congratulations to the winners of this election for UCO Vice-President and UCO Executive Board. We will miss the officers and members who have chosen not to run again but look forward to working with those who are taking their place.

There is much work to be done in these next two years. A major undertaking we will be negotiating a new broadband contract. When I say, or write, we I mean every owner in this village should be involved. While it's true that not everyone has a vote (and that's a topic for another day, but maybe not too far away) but in the meantime talk to your delegate, even if you leave for another home,

e-mail, write, phone. There is a lot to be accomplished and we want to get, as the saying goes "Lets get the best bang for our buck!"

So, Century Village let's go forward with all our officers not only in UCO but in your building as well. It's the best home in Florida but who says we can't make it even better? Not me!



Bob Marshall

Berkshire • Camden Hastings • Salisbury Somerset • Wellington Windsor

Once again I'm in the UCO office to help in solving some of the problems you may be having in your association.

Come in and let us review your situation and see if we can help you.

Once again I've been asked to be the point person helping folks that may have been incorrectly billed by AMR.

Please bring your copy of the bill and I'll review it and if it seems to be in error I'll forward it to AMR for correction





Rest in Peace

Howard O'Brien

UCO Treasurer

Memorial Service

April 22, 5-9pm, Quattlebaum Funeral Home, 5411 Okeechobee Blvd., WPB 561-832-5171



S. Richland

Andover • Bedford Golf's Edge • Greenbrier Kingswood • Oxford, Southampton • Dover

Iwouldliketotakethisopportunity to thank all those Century Village residents that voted for me. My goal is to serve all our residents and to assist them in resolving the issues that our associations are coping with in today's environment. I encourage all associations from my quadrant to visit the UCO office so that I can formally meet with you.

On my way to the office this morning I observed our security patrol investigating an accident. A man riding his small motorcycle lost control of his vehicle and slid off the roadway and onto the swale and was thrown off his vehicle hitting his head on the sidewalk. He was not seriously injured. He was not wearing a helmet. I urge all residents, driving cars or smaller vehicles to be alert and follow all the prescribed safety regulations. To those who walk the village watch out for bicycle riders. I hope that all of our walkers adhere to the time honored safety phrase: "Walk on the green and not in between." When exiting our Village buses, please do not cross the street until it is clear. The speed of automobiles is deceiving so don't count on the driver to stop and let you cross the roadway.

Statistics have shown that most accidents happen in your house. We all have seen commercials which illustrate that someone has fallen and has not been able to get up. Very often this is caused by leaving an object on the floor and causing you to lose your balance. Please remove or pick up any obstacles that could possibly lead to an accident.

Again I would like to thank all those residents that supported by candidacy for Vice President of UCO. I appreciate your support and welcome the opportunity to assist your association in resolving issues of concern.

My quadrants are: Andover, Bedford, Golf's Edge, Greenbrier, Kingswood, Oxford, Southampton and Dover. My office E-Mail is vicepresident4@gmail.com My office extension is 561-683-9189 ext. 105



Ed Black

Coventry • Easthampton Norwich • Plymouth Sheffield • Stratford Waltham

Security:

We have replaced the Swipe Card readers for the three walk-in lanes (two at Okeechobee one at Haverhill). The swipe card readers required multiple swipes by the user and sometimes still did not work well.

Now there is a button you push once and the guard in the guardhouse responds by pressing the release button in the guardhouse. IF your hand is pushing lightly on the gate, the gate will open so you may show your ID with little or no delay. Exiting the gate is similar but fully under your control. Walk to the gate, push the button, pull open the gate, and exit.

This will provide better access for those walking or riding their bikes, both entering and exiting. I hope those who have successfully used this new system will offer to help those trying it for the first time.

Transportation:

The new bus schedules are being prepared for all bus stops for Bus 1, Bus 2, and Bus 3. We hope this provides riders with a better understanding of the complete list of stops along the bus route best suited to serve them. It lists the arrival and departure times to enable you to be at the stop in a timely fashion. Our bus contractor has made some changes to the schedule, eliminating the return of Buses 1, 2 and 3 to the Clubhouse at 10:30 p.m. to pick up riders and then depart at 11:00 p.m. This run has shown little value when the riders have all departed on the 10:00 p.m. bus. Please remember that beginning April 1, 2017, the LAST departure of the day is the 10:00 o'clock departure. Please continue to tell us what improvements you might think helpful and we will make every effort to make whatever adjustment we can to better serve you - the rider.



Camden I updated kitch., carpet, tile, desirable area, 2 yr. rent restriction

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ľ				
	<u>UPPER FLOOR CORNER 1 BED/1½ OR 2 BATH</u>		<u>UPPER FLOOR 2 BED/1½ OR 2 BATH</u>	
	Andover F carpet, hurricane shutters, part. furn., desirable location!	\$32,000		\$84,000
	Easthampton G C/A/C, carpet & linoleum, move in ready, furn., rentable	\$42,000		129,900
	Windsor L outside crnr., central air, tile, steps to parking, garden view	\$42,500	, , , , ,	\$94,900
	Windsor L well taken care of, tile, crown molding, hurr. & bahama shutters	\$39,900	Wellington C upgrades incl. tile shower, tile firs., new toilet, lake view, lovely \$	
	Dorchester H waterview, 2 full baths, new kitchen, lift, great area! furn.	\$55,000	Wellington H newer kitchen, hurr, shutters, H2O heater 5 yrs., A/C 2 yrs. \$	129,900
	Chatham T beautiful waterview, tile, lots of light, fully furn., upgrades	\$42,000	GROUND FLOOR 1 BED/1BATH	¢40.000
	Coventry J beautiful & ready to move in, wood firs., open kitch. to LR,	\$46,500	Berkshire D complete remodel, newer kitch. & baths, water view, rentable to complete remodel, newer kitch. & baths, water view, rentable to complete remodel, newer kitch. & baths, water view, rentable to complete remodel, newer kitch. & baths, water view, rentable to complete remodel, newer kitch. & baths, water view, rentable to complete remodel, newer kitch. & baths, water view, rentable to complete remodel, newer kitch. & baths, water view, rentable to complete remodel, newer kitch.	-
	Norwich C lovely crnr. unit, furn., carpet, east gate, beautiful garden vu	\$39,900	Cambridge G beautiful, wood floors, unfurn., new counter tops, move in Septimed B new wells in shower & flooring 2 A/C units new kitchen	
	Waltham B furnished, central A/C, carpet, small dog ok, garden view	\$39,000		\$36,700 \$34,900
	Salisbury B inside crnr., immaculate! unfurn., carpet, tenant in place	\$42,000		\$38,000
	Camden C unfurn., tile, upgrades, newer open kitch. & bath, shutters	\$59,900		\$37,000
	Camden J unfurn., tile, central A/C, encl. patio, tenant in place	\$34,900		\$29,900
	UPPER FLOOR 1 BED/1BATH		•	\$36,000
	Sussex G absolutely beautiful, serene garden view, pets, rentable, furn	\$37,000		\$39,500
	Canterbury F furn., rentable, cul-de-sac, pool close by, ready to occupy		•	\$32,000
	Andover H beauty, cul-de-sac, furn., tile, crown molding, upgrades	\$33,000		\$39,900
	Berkshire K prettiest in the village! newer kitch., fully furn., tile & wood	\$42,000	GROUND FLOOR 2 BED/1½ OR 2 BATH	
	Salisbury D beautiful furn., near east gate & clubhouse, tile, no rentals	\$32,000	Canterbury H furn./unfurn., upgrades incl. new bath, tile, C/A/C, bright	\$68,000
	Windsor G C/A/C, furn., tile, garden view, rentable, near west gate & pool		Somerset B beautifully done, furn., central A/C, many upgrades, quiet \$	109,000
	Camden J furn., carpet, bbq area, near Camden pool and west gate	\$28,000	•	\$65,000
	Berkshire K prettiest in the village! newer kitch., fully furn., tile & wood	\$42,000	UPPER FLOOR 1 BED/1½ OR 2 BATH	400.000
	Dorchester J furn., tile, new appls., 2 new A/C units, ready to move in	\$32,000		\$39,900
	Camden H well taken care of, tile, fully furn., move in ready, encl. patio	\$29,900		\$39,900
	GROUND FLOOR CORNER 1 BED/11/2 BATH		•	\$34,000 \$59,000
	Canterbury F most upgrades in a condo, newer kitch. & baths, tile, encl. patio	\$49,900		\$95,000
	Canterbury F outside crnr., newer kitch., furn., C/A, tile, move in ready	\$49,000	•	\$42,000
	Waltham A beautiful kitchen, near east gate, furn., C/A, tile, rentable	\$49,000		,,
	Windsor Q tile, newer kitch., garden view, near pool, encl. patio, rentable	\$47,000	ANNUAL RENTALS	
	Easthampton G beautiful tile, new windows, encl. patio, furn., east gate	\$49,900	GROUND FLOOR 1 BED/1BATH Comdon M hoouty stone to need furnished, tile, excellent condition	¢0E0
	Camden B tile, newer kitchen, encl. patio, newer shower stall	\$45,000	Camden M beauty, steps to pool, furnished, tile, excellent condition Sussex K everything new, completely updated kitchen, tile, garden view	\$850 \$825
	Sheffield I furnished, tile, near Hastings fitness	\$41,000	Kingswood E furn., carpet, tile, close to parking, very clean, move in ready	\$850
	Windsor J outside crnr., C/A/C, near west gate and Camden pool	\$42,500	Coventry L close to fitness, part. furn., well taken care of, move in ready	\$850
	Sheffield B waterview, furn., near Hastings fitness, great building, tile	\$39,900	UPPER FLOOR 1 BED/1 or 1½ BATH	ΨΟΟΟ
	Dorchester G lots of upgrades, furn., tile, A/C 2 years old, hurr. shutters	\$45,000	Northampton S near Kent pool, lift, part. furn., newer bath, garden view	\$800
	Oxford 400 furn. neg., tile & carpet, central A/C, washer incl., rentable	\$45,000	Canterbury A beautiful, tile, unfurn., newer fridge, near Dorchester pool	\$875
	Camden G tenant in place, unfurn., near pools, tile & carpet, near west gate	\$37,000	Chatham K freshly painted walls and kitch. cabinets, unfurn., bright, tile	\$775
	UPPER FLOOR CORNER 2 BED/11/2 OR 2BATH		UPPER FLOOR CORNER 1 BED/1½ BATH	
	Norwich H upgrades, new kitch. & baths, fresh paint, new A/C, granite	\$85,000	Windsor C water view, corner unit	\$875
	Bedford E some furniture, carpet, lift, rentable, lots of light	\$54,000	Bedford I furn., carpet, C/A/C, bright, patio w/ water view, sweet	\$875
	Chatham B water view, furn. neg., bright, beautiful sunrise on water	\$89,000	UPPER FLOOR CORNER 2 BED/1½ OR 2 BATH	44.74
	Chatham H fully furn., A/C 2 yrs. old, hurr. windows, water view, tile	\$85,000	Sheffield D near fitness, corner unit, lake view from patio, front garden view	
	Bedford E unfurn., tenant in place, garden view, C/A/C, serene area, bright	\$53,000	Sheffield J tile, furn., near fitness, move in ready, enclosed patio	\$975
	Canterbury C tenant thru 6-30-17, upgrades, unfurnished	\$59,900	Sheffield F unfurn., outside crnr., tile, garden view, C/A Cantorbury S furnished, C/A tile, inside crnr. knock down wall in kitch	\$950 \$975
	Norwich L unfurn., carpet, tile, newer kitch., serene area, rentable	\$49,900	Canterbury S furnished, C/A, tile, inside crnr., knock down wall in kitch. UPPER FLOOR 2 BED/1½ OR 2 BATH	\$975
	Windsor N furn., pet friendly, near west gate, tile, central A/C, ready!	\$50,000	Norwich H beautiful, furn., move in ready, new everything!! great location	\$1000
	GROUND FLOOR CORNER 2 BED/11/2 or 2 BATH		Norwich B part., furn., move in ready, lots of light, great building, east gate	\$875
	Camden F outside crnr., new H2O heater, tile, rentable, tenant occupied	\$55,000	UPPER FLOOR 1 BED/1 BATH	7-7-8
	Cambridge G no pets, tile, furn., C/A, lots of upgrades, near pool	\$59,900	Kingswood E furn., carpet, tile, close to parking, very clean, move in real	dy \$850
	Norwich L lovely crnr. unit, fully furn., tile, painted kitch. cabinets	\$57,000	Canterbury F beautiful condo, cul-de-sac, near pool, ready for occupant	\$750
	GROUND FLOOR 1 BED/1½ BATH		GROUND FLOOR CORNER 1 BED/1BATH	
1	Consider Lundete dicitely assess tills desirable area Our months tills	ተባባ በበበ	And area A about to be a structured tile O/A and a advertige and a structured	¢ ∩E∩

\$32,000

Andover A absolute beauty, furn., tile, C/A, enclosed patio, near west gate

\$950

UCO Delegate Assembly Minutes

MARCH 3, 2017

The meeting was called to order at 9:30 AM by President David Israel.

PBSO, Captain Palenzuela, led the delegate assembly in the Pledge of Allegiance.

Attendance

David Israel - President Barbara Cornish - Vice President Ed Black - Vice President Fausto Fabbro - Vice President Joy Vestal - Vice President Howard O'Brien - Treasurer Bobbi Levin - Corresponding Sec.

This meeting is being videotaped by UCO, and recorded by Ed Grossman

Guests

PBSO Captain Palenzuela, and Leo Delgado, Bill Adams, and associates from CSI. Peyton McArthur, Port of Palm Beach Commissioner and an assistant to Palm Beach County Mayor Paulette Burdick.

PBSO

Captain Palenzuela reported 3 vehicle burglaries. A reminder to lock your vehicles. 2 fraud schemes are being investigated. 13 traffic stops, 1 citation and 11 warnings. Resources are stretched thin covering presidential visits.

Lt. Hill is not able to attend today but sends his regards.

Minutes: The minutes were accepted as presented.

Attendance

There are 223 delegates in attendance. Quorum met.

Treasurer's Report

The treasurer made his report, being no correction, questions or comments, the report was accepted as presented.

Presidents Report

The president discussed a rumor from Marty Farber that he will selling Sheffield O properties of Mr. Kelly.

"Thanks" to Ken Graff and John Gragg for putting together today's election. Ballots are being counted by non residents. Good luck to all.

New Business

A debate on the preference of which company may be representing the TV/cable service contract.

Leo Delgado gave a an update of the proposals received from Comcast and Atlantic Broad band for providing T.V. service to Century Village, along with an option for internet. These talks have been ongoing for 2 years, with several companies involved, some have dropped out of contention. The negotiations are and will be ongoing, as we are looking for the best possible contract. Residents expressed their concerns and opinions and asked questions about the differences in the proposals. At the conclusion of the debate a show of hands gave a general consensus of the delegates as being in favor of Comcast at this point in time.

Officers' Report

Bobbi Levin- Officers installation dinner reservations must be in by Wednesday, March 8.

Joy Vestal-- Election results are coming. A table is setup for donations for the "Honor Flight", in the lobby. The flight will be in May. There is 8 WWII Veterans from Century Village signed up to date.

Barbara Cornish-Flash Drives for 2017 insurance policies will be available March 14, pick up at insurance office in UCO. Thanks to all for allowing her to serve as an officer for the past two years.

Fausto Fabbro. Thanked everyone for the privilege of serving as VP for the last two years.

President David Israel thanked Barbara and Fausto for the dedicated service to the village.

> Respectfully Submitted, John Hess, Recording Secretary

LETTERS TO THE EDITOR

The Sound of Music

Another delightful evening of music was provided by The Century Village Orchestra, starting with a rendition of "The Star Spangled Banner" and ending with a personal favorite of mine--and you could tell also of Century Village's--the "Radetzky March."

Under the capable baton of Conductor Peter Horvath, a varied and engaging performance was presented. The talented musicians and vocalists served us a wonderful evening of music in big heaping spoonfuls.

Thank you, Century Village Orchestra! Looking forward to next year's concert.

David Boas

It was a real pleasure to listen to the Century Village Orchestra concert on March 2nd.

The program included pieces popular Broadway musicals "King and I" and "South Pacific" by R. Rodgers; famous waltz by J. Strauss "Blue Danube"; "Waves of the Danube" by I. Ivanovici; "Ballet Parisien" by Offenbach; popular "Fiddler on the Roof"; and "Farandole" from "Arlesian Ballet" by G. Bizet, also known as "March of Three Kings." Especially impressive was the part when piccolo, flute and tambourine instruments performed magnificently in "Farandole," almost on a par with the Berlin Orchestra by conductor Karajan. The

program finished with encore play of "Radetsky March" by Strauss, which was done nicely.

Thanks to the orchestra players and the conductor Peter Horvath for delivering a lot of pleasure to our

Greg Kremenchugsky

No Dogs Allowed

Folks, it has been brought to my attention that people with dogs have been walking them on our Wellington K property. I have also myself caught people WALKING DOGS on Wellington K property.

Please be advised that Wellington K is NOT a dog-friendly building, and is certainly NOT a dog toilet for your pets! People have a lot of nerve walking their animals on the property of others. The last person I saw do this, DID NOT pick up after her pet! If you live in a pet-friendly building, walk your dog on YOUR property, not ours! Be advised that this association has in the past, and will take now, whatever steps are necessary to go after violators--up to and including legal action. Wellington K does not allow dogs to reside in or visit our property. Please respect our rules and be a responsible pet owner to avoid any unpleasant

> George M. Franklin Co-President, Wellington K

Duck Tales

I would like to commend the Century Village Board members for approving the mandate to remove the Muscovy ducks from the Century Village campus. According to the CDC (Center for Disease Control) in Atlanta, Georgia, the Muscovy ducks can carry the highly pathogenic H5N1 Avian Influenza virus. In some Asian countries Muscovy ducks have been responsible for transmitting this virus, resulting in some deaths. The possibility of this happening in Century Village is probably close to zero; however, the remote possibility does exist. They also carry toxic parasites that can also lead to other health problems. The prolific duck droppings from these ducks end up on our sidewalks, catwalks and pool areas. There is a high probability that we can accidently step on these droppings and carry some bird virus or a toxic parasite into our apartments

board action to remove the Muscovy ducks be repeated every 6 months. We know that Muscovy ducks from outside Century Village will move in to take the place of the removed ducks. There is a tendency is to say,

"If new ducks move in to replace the removed ducks, what is the sense of removing the ducks in the first place?" From what I have read, the systematic removal of ducks creates a disruption in the birth-cycles and, in effect, naturally culls the duck population. As a result of this initial action by the board, I have seen the duck population at my apartment grounds (Andover L) go from a normal population of four ducks down to one duck.

From recent article "France orders massive duck cull to contain bird flu" in Reuters.Regis Duvignau January 6, 2017: "Workers gather ducks to be culled in Latrille, France, after France ordered a massive cull of ducks in three regions most affected by a severe outbreak of bird flu as it tries to contain the virus which has been spreading quickly over the past month."

I feel safer now that the Board It is very important that this has recognized this potential health problem and has taken action to stop the proliferation of Muscovy ducks in the Century Village campus.

> Thomas Kansas Andover L



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NR 3032096 NR 3012096

April 2017

Monday	Tuesday	Wednesday	Thursday	Friday
3 10:30-11:30pm Presentation and Free Screening with St. Mary's Memory Disorder Center	4 2:30-3:30pm Techniques to Manage Stress presented by Trustbridge	6 2:30-3:30pm Amy Monagan presents on behalf of Anne N Gannon, Tax Collector Service Overview		7 10:30-11:30am AMR presents "What transportation is covered under your contract"
10 2:30-3:30pm Assisted Living Facilities in Your Back Yard presented by Hope View Gardens	PASSOVER	10:30-11:30am Homecare 101 and VA Benefits: Find out how these programs can benefit you!	13 2:30-3:30pm Eating Disorders in Midlife and Older Adults presented by Alliance for Eating Disorders	14 Easter!
17 12n Medical Monday Luncheon with Tenet presents Urology & Gynecology with Dr De La Luz Nieto	18	19 12n Luncheon with Atria Meridian presenting Younger New Year, the New Science of Aging based on PBS Documentary	20 _{2:30-3:30pm} Exercise Safety presented by Liz Nunn Advocare	21 10:30-11:30am Advanced Directives presented by Vitas Innovative Hospice Care
12n Luncheon Heart Failure Discussion with Dr. Vineet	25	12n Luncheon "Income Strategies in Retirement" with Morgan Stanley	2:30-3:30pm Ask The Doctor, Ice Cream Social	5:30-7:30am Who's up for Pizza, Bingo & Prizes!

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INTERNET SCAMS

BY LENORE VELCOFF

I recently received an email from PayPal (an online method to pay for on-line purchases). They claim that I owed Jaugar.com 180 Eur. Since I don't own a Jaguar and I don't deal in Euros, I was suspicious. If I believed I received this e-mail in error, all I had to do was provide them with my PayPal account number and my password and they would check into it. If I had done that, they would then have all the information they needed to fraudulently purchase merchandise in my name. Instead of using the number that the e-mail provided me (also spam). I got the real PayPal telephone number and when I called I was informed to ignore this illegal e-mail or forward it them for investigation. BE AWARE. SOMEONE IS ALWAYS BE CAREFUL. TRYING TO STEAL YOUR MONEY. Read the email below I received from the real PayPal after I forwarded the fraudulent e-mail to them.

Dear,

Thank you for partnering with PayPal to combat fraudulent emails. We take reports of suspicious email very seriously. Your submission helps us identify potentially malicious activity and take the appropriate action needed to protect our customers.

Did you know that approximately 90% of all email sent worldwide falls into the spoof, phishing, spam, and general junk category? By submitting reports of suspicious email to us you are helping to address this problem.

To help you identify suspicious email, below are a few things that PayPal will never do in an email communication:

- 1. Send an email to: "Undisclosed Recipients" or more than one email address
- 2. Ask you to download a form or file to resolve an issue
- 3. Ask to verify an account using personal information such as name, date of birth, driver license, or address
- 4. Ask to verify an account using bank account information such as bank name, routing number, or PIN number
- 5. Ask to verify an account using credit card information such as credit card number or type, expiration date, ATM PIN number, or CVV2 security code
- 6. Ask you for your security question answers without displaying each security question you created
- 7. Ask you to ship an item, pay a shipping fee, send a Western Union Money Transfer, or provide a tracking number before the payment received is available in your transaction history



Any time you receive an email about activity to your PayPal account, the safest way to confirm the validity is to login directly to the PayPal website and review the relevant section. If you see suspicious activity, you would do the following:

- 1. Open a new browser and type in "www.paypal. com"
- 2. Log in to your PayPal account.
- 3. Click "Activity" near the top of the page.
- 4. Click on the suspicious transaction to expand the details.
- 5. Click "Report this as unauthorized"
- 6. Complete the report process on the next screen.

If you have any other questions about PayPal security, please visit the PayPal Security Center.



BY RUTH BERNHARD-DREISS

The most notable day in April third Friday in January, it is celebrated is April Fool's Day or "Practical Jokes Day," such as sending a person out on a fruitless (fool's) brings Palm Sunday, observed by Christians, commemorating Christ's triumphant arrival in Jerusalem with crowds waving palm branches. Thus the day that church-goers pick up their palms each year. Easter Sunday, is the most important Christian holiday, celebrating the resurrection of Jesus three days after his death.

Likewise in some years, Passover comes in April, celebrated this year on April 11, commemorating the Israelites' exodus and freedom from ancient Egypt's bondage, some 3,300 years ago.

Income Tax Day is most notably April 15, if it doesn't fall on a weekend, in which case taxpayers get a break of a few more days to file their taxes.

Earth Day comes on April 22, celebrated around the world, founded by Senator Gaylord Nelson in 1970.

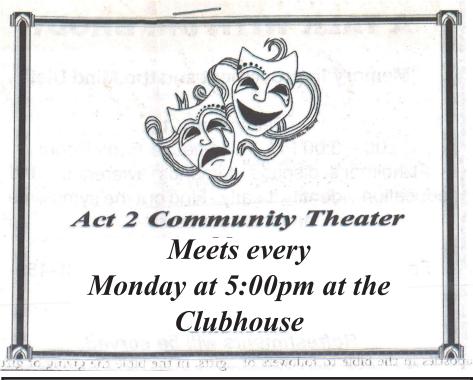
While Florida Arbor Day is the

in the USA on the last Friday in April, according to the best planting time.

HaShoah (Holocaust errand. During some years, April Remembrance Day) is a Jewish holiday which began as a commemoration of the heroic Warsaw Ghetto uprising of 1943 and is today, at the same time, the Holocaust Memorial Day in remembrance of the six million Jews who perished in them.

Our third president, Thomas Jefferson was born on April 13 in 1743; Samuel F. Morse, the inventor of the telegraph was born April 27, 1791 and Ulysses S. Grant, our 18th president was born April 27, 1822. Queen Elizabeth of England was born April 21, 1926; the Fall of Saigon in the USA is April 30, as is Independence Day in Israel on that

What else do we know about April? Its flower is the Daisy and its stone is the Diamond. I love daisies and who doesn't love diamonds for their sparkle and worth? Wish I were born in April.





LEGAL



VARIOUS CONDO ISSUES OF CONCERN

BY MARK FRIEDMAN, ESQ.

How did Condominiums begin in Florida?

Condominiums cannot exist without an enabling statute because "common law" (law of the courts) does not recognize the ability to hold legal title to airspace. In the 1960's, the Florida legislature enacted Chapter 711 (which is now Chapter 718), known as the Condominium Act. The original act was less than 20 pages. The current act is over 100 pages. So if your documents were created in the 1960's or 1970's they are no longer in synch with the current condominium laws.

What is Kaufman Language and should we include it in an amendment to our documents?

The "amended from time to time" language has thus come to be known as "Kaufman language". This permits changes to the statute to be automatically incorporated into your documents. However, you need a consistent source of information about the changes in the laws as they take place; otherwise you will not know what is newly incorporated into the law and your documents.

Can we include a prohibition on persons with misdemeanor convictions from moving into the Condominium?

Prior to the 2016 HUD Guidance Memo, I would have agreed that if it was in the Declaration that it would be enforceable. However, for reasons that are too lengthy to elaborate on in this article, that would no longer be an appropriate prohibition and may be deemed discriminatory.

Can we include rental caps into our documents?

While it may be included in your documents the statute puts up roadblocks to its successful implementation. Section 718.110(13) provides:

An amendment prohibiting unit owners from renting their units or altering the duration of the rental term or specifying or limiting the number of times unit owners are entitled to rent their units during a specified period applies only to unit owners who consent to the amendment and unit owners who acquire title to their units after the effective date of that amendment.

Therefore, everyone who either votes "no" or refrains from voting will not be impacted by the rental cap. Only those who voted "yes" or who took title to the unit after the amendment is recorded would be required to adhere to the new guidelines. In lieu of this type of provision we usually recommend a leasing moratorium for a year to longer after transfer of title.

Is there a 30-day statutory requirement to approve or disapprove of sale or lease transaction?

There is nothing addressing this issue in the Condominium Act or other statutes. This is purely a matter for your Declaration of Condominium to address in its transfer guidelines. Some of the older documents provide only 10 days or 15 days. Most modern documents provide at least 30 days for Boards to

respond to a transfer request.

Do fining provisions have to be amended into the documents?

The Florida legislature removed the requirement that fining be included in the documents before a Board could use it as a mechanism of enforcement. The Board should enact, through a Board meeting, a protocol for fining which complies with the requirements of Section 718.303, Florida Statutes. Fining is done in two parts, the Board levies the fine and, after receipt of 14 days advance notice, the person being fined may present his or her case to a committee of at least 3 unit owners who are neither board members nor persons residing in a board member's household. The Committee makes the final decision.

How do we collect fines?

Some Associations do not collect the fines but use the failure to pay the monetary obligation against the owner. Such owner can be prevented from running for the Board (or suspended from the Board if the debt goes unpaid for 90 days) and have his or her voting rights suspended until the debt is paid in full. Fines may never become a lien. The Division of Florida Condominiums Time Shares and Mobile Homes will not take on matters that are for debt collection so sending threatening letters about arbitration would be inappropriate. Since a fine cannot exceed \$1,000 in the aggregate (\$100 per day for an ongoing violation) what you would do is to file the matter in Small Claims Court. Homestead is really not an issue in these matters as it is unlikely a judge would ever require a non-homesteaded unit to be sold for

the small value of a fine.

Do all members' meetings require 14 days' notice?

While we recommend making your Bylaws consistent for all meetings, some older documents provide for 10 days' notice for Members' meetings. For meetings that are not the annual meeting that is legal. The statute provides: The bylaws must provide the method of calling meetings of unit owners, including annual meetings. Written notice must include an agenda, must be mailed, hand delivered, or electronically transmitted to each unit owner at least 14 days before the annual meeting, and must be posted in a conspicuous place on the condominium property at least 14 continuous days before the annual meeting.

If we put in everything from 718 into our documents are we okay?

Not necessarily. While this is a good start there are a number of other Florida, FHA, and federal laws that impact the text of the Declaration of Condominium. Engrafting 718 onto your Bylaws would probably be sufficient, but would not solve all issues that must be stated in the Declaration.

Mark D. Friedman is a shareholder in the law firm of Becker & Poliakoff, P.A. This article is intended for educational purposes only and is not intended as a substitute for consulting with your association's legal counsel. If you wish to contact Mr. Friedman he may be reached at mfriedman@bplegal.com

REGISTRATION RENEWAL FOR FLORIDA COMMISSION ON HUMAN RELATIONS (FCHR)

BY RUTH BERNHARD-DREISS

Almost two years ago I wrote an article in this publication about the building associations' need to renew their registrations in order to remain on the list of Housing for Older Persons. At the time, registration and two-year renewals cost \$20. The good news now is that as of September 1, 2015, the Florida Commission on Human Relations (FCHR) has determined that it will no longer require the \$20 fee to either Register or to Renew as Housing for Older Persons.

There are a handful of Associations in CVWPB that have been completely "DE-Listed" from the FCHR Registry due to an extended period of expiration. These Associations will need to complete a Registration Letter in order to once again become listed, and will be issued a new account number. Associations which

may be expired, but yet are still listed on the Registry, are required to complete a Renewal Form to update their listing. Maintaining a current registration with the Commission as a "Housing for Older Persons" community is a legal requirement under Section 760.29(4)(e), Florida Statutes. A sample Registration Letter or the Renewal Form may be downloaded from the Commission's Website athttp://fchr.state.fl.us.

Each Association which is listed on the FCHR Registry is assigned a "Facility Account Number". This account number is unique to each Association and must be included on the Renewal Form. You may check the blog for a list of Associations, their account numbers and status. You may also see the Side Bar Direct Link - FCHR Registration HOPA Compliance on the blog for this

information. Note that only the Association President is permitted under law to Register/Renew. The Facility Account Numbers for (listed) Century Village Associations has been compiled with the assistance of a senior staff member from the Commission, and available through UCO from their Master FCHR List (as referred to above on the blog). The account number for your Association may also be requested directly from the FCHR (55+ Registry) @1-(800)342-8170.

Each Association Board should be aware of their proper corporation name as it is currently listed on the Florida Division of Corporations website (www.sunbiz.org). The corporation names which are most challenging to look up on the Registry (as well as on sunbiz), begin with the prefix Century Village. All

other Associations are easily found alphabetically, though again, many contain variations from the standard format.

Nine (9) Associations De-Listed from the FCHR Registry where Registration is Required:

Camden M, Canterbury I, Kent D, Northampton B, Northampton C, Northampton N, Sheffield F, Southampton A, and Waltham D Condominium Association, At Century Village, Inc.

When location of your Association fails, check all ways that it may possibly be listed, or call the 800 number listed above.

All registrations are for two years.....new registration or renewal, and no fee.

CYBER WARFARE

THE NEW NUCLEAR OPTION

BY DAVE ISRAEL

This article is about the worst case of letting cats out of bags in the history of the Nation. Perhaps, you will remember the term STUXNET from news reports. Let's see what this was all about, because there is now no way of putting this weapon back in the bag. The events told here resulted in moving the hands of the Doomsday clock to 2.5 minutes before midnight.

The Natanz Nuclear Facility, located some 30 km NNW from the town of Natanz near a major highway, is generally recognized as Iran's central facility for enrichment with over 19,000 centrifuges currently operational and nearly half of them being fed with uranium hexafluoride. Of course, there are some who will remind us that an agreement was signed to prevent Iran's ability to develop a nuclear device for at least 10 years. This agreement is worthless, because it is an agreement among men; and of

course, the supreme leadership of Iran, has a mandate from God, or so they think!

So, in utmost secrecy, the National Security Agency NSA, developed computer worm (Malware) under a compartment called Olympic Games, the worm was designed to attack Programmable Logic Controllers PLCs of the sort that control the operation of the centrifuges at Natanz. This worm came to be known colloquially as STUXNET. The sticky component was collaborating in the development of this malware with Israeli Mossad unit-8200. Unit 8200 is an Israeli Intelligence Corps unit responsible for collecting signal intelligence (SIGINT) and code decryption. It also appears in military publications as the Central Collection Unit of the Intelligence Corps and is sometimes referred to as the Israeli SIGINT National Unit. Well this is a logical collaboration, as clearly, unit 8200 is a rough



Iranian Nuclear Facility at Natanz

equivalent in mission and function to the NSA. Also, Israeli concern in Iran as a target, is a matter of life and death.

The problem is simple, the more people who know a secret, the more likely it is to get out. The secret got out, because the worm was launched at Natanz to quickly and to aggressively. Some 20% of the centrifuges were destroyed as the self-actuating worm either sped up or slowed down the centrifuges and they destroyed themselves. Then, somehow, the secret got out, and the game was over.

Well what this was in short was the first battle in Cyber Warfare of a sort that can bring down Nations. The Government had anticipated discovery, and subsequent war with Iran. So, they built an even more powerful worm under project "Nitro-Zeus"!

Nitro Zeus, was devised to disable Iran's air defenses, communications systems and crucial parts of its power grid, and was shelved, at least for the foreseeable future, after the worthless nuclear deal struck between Iran and six other nations last summer was fulfilled. Well, the Nitro-Zeus attack has not been launched, but it sits on the National Arsenal shelf in anticipation of a War that may yet come, so imagine, an attack that can disable a Nation without dropping a single bomb, or firing a single bullet.

Now, consider this, those PLCs briefly discussed at the start of this article, they are everywhere in the infrastructure of the United States, Dams, Reservoirs, Railroads, Power Grids, Military, Government and Commercial communications systems, Traffic Control systems, Robotic manufacturing...Etc..

Dear reader, this cat is out of the bag, and it cannot be put back!!!







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Agents at Century Village Real Estate are thoroughly familiar with the policies and procedures of buying, selling and renting within the Century Village Community. We do our best to protect the ideals of its residents, strive for smooth, professional transactions, and consistently sell properties faster and for higher sales prices than any other agents working in the Community. Stop by to meet some of our new, friendly faces.

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"Very professional, and knowledgeable about the market, pleasure doing business with him. My agent went out of his way to accommodate this sale and help facilitate the move out of Century Village. He got the job done!" - D.K.*





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Sold a Single Family home in 2015 for approximately \$25,000 in West Palm Beach, FL.

"He helped sell my condo for the price we discussed and delivered, would use him again. The condo had a lot of restrictions making it hard to sell. He got a buyer and got them through the condo boards." - B.C.*





★ ★ ★ ★ - Highly likely to recommend

Rented a condo home in 2014 in West Palm Beach, FL.

"My Agent was a life saver in a long distance transaction. Her communication, attention to detail and just plain caring made the impossible happen. A MILLION thanks!" - L.A.*





★ ★ ★ ★ - Highly likely to recommend

Bought a Condo home in 2014 for approximately \$50,000 in West Palm Beach, FL.

"My agent helped me find and buy my Florida residence. She was most helpful explaining and answering all my questions and concerns. She was always available to show me listing and helped gain access to all homes I wanted to see. I wouldn't hesitate to use my agent, both buying and selling. I have recommended her to others who have been very pleased." - G.G.*





$\star\star\star\star\star\star$ - Highly likely to recommend

Bought a condo home in 2015 for approximately \$30,000 in West Palm beach, FL.

"Very impressed by my agent's patience, good humor, helpfulness and knowledge of real estate. Will be happy to deal with her again and recommend to any buyer or renter." - M.M.*

Sherry Levy

*Names available on request.

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THE UCO REPORTER IS ON THE MOVE

The UCO Reporter is moving to the Clubhouse as of Monday, Feb. 20. You can find us in Music Room A at our usual time, Monday-Thursday, 9am-noon. Friday by appointment. Our telephone number is 561-299-9907. Just ask for the person you wish to speak to or dial their extension. Editorial, Ext 270. Advertising, Ext 271. Our Fax number is 561-683-5473. Please be patient if you cannot reach us at first. This is a big move and there will be difficulties at first.

Eventually we will have a new office in a WPRF building at Southampton. But this like all moves will take time. More to come when we have more details.

There will continue to be a UCO Reporter every month and there should be NO interruption in the delivery of your paper.

Support Group

Every 2nd and 4th Monday. 1:30 PM

Alzheimer Care Giver's

Upstairs craft room at the Clubhouse.

"You don't have to go through it alone."

More info call: Sandy Goldstein @689-3540

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CLOSED MEETINGS

EVERY THURSDAY • 7:00-8:00PM IN THE CRAFT ROOM

SPEAKER/DISCUSSION MEETINGS

FOR INFORMATION CALL

561-420-6197

Channel 63 Schedule - April 2017

Now You Know

UCO Search and Nominations

Now You Know

UCO Election Committee

Sports Talk

With Sam Milham

New Baseball Stadium

Watch for "Hockey" on Sports Talk coming mid-April

Laugh On

Midnight Movie Starring Robert Young The Second Woman

Watch for "Highlights of The Residents Show" coming this month

UCO TREASURER POSITION NEEDS TO BE FILLED

The untimely passing of our UCO
Treasurer Howard O'Brien has created
the need for a UCO Treasurer.

If you have accounting and/or a financial background, please consider volunteering a few hours a week for this position.

A CPA license is not necessary.

Our Village needs your help. This is one of the most important positions necessary to run our organization

Are You Smarter Than Your Smart Phone?

Join the Century Village Computer Club. We have classes in phones, tablets, and computers

Lectures and classes every week on the latest gadgets

Contact us at cvccwpb@gmail.com

http://www.cv-computerclub-wpb.com/

Additional Hours for Barcode Installation at CV Clubhouse

Residents who are unable to get their auto decal during regular business hours:

Monday-Friday 9:00am-12:00pm and 1:00pm-4:00pm

Please call for an appointment 561 640-3120 Ext. 4

HORSING AROUND IN WELLINGTON

BY DIANNE GOLDER

A sign off Stribling Road proudly declares Wellington: Winter Equestrian Capital of the World. For twelve weeks a year, with its trifecta of jumping, dressage and polo, Wellington is where more than 3,000 horses and 2,800 riders from 49 states and 30 countries come to take part in various prestigious equestrian events.

From January 11 to April 1, the largest and longest running horse show in the world takes place at the beautiful park-like Equestrian Center. Events usually begin at 8 a.m. and run to 4 p.m. on show days, Wednesday to Sunday. The best riders from around the world compete in jumping competitions for prize money or positions on the Olympic or World Cup teams, but there are also numerous events for amateurs, juniors and children.

Jumping is not the only thing to see at the Festival. Numerous shops selling equestrian gear and horse related items, as well as jewelry, clothing, and accessories dot the show grounds. There are also many restaurants and cafes overlooking the jumping action.

No admission is charged for entry on Festival days, but when there is a special event called "Saturday Night Lights," parking is \$20 per car. On those nights, along with a major jumping competition, there is a kids' fair that features pony and carousel rides, a bounce house, balloons and face painting.

Another part of the horse show is the Adequan Global Dressage Festival that takes place at the stadium complex on South Shore Boulevard from January 12 to March 24, usually from Thursday to Sunday. In dressage, the horses perform various prescribed movements in response to the almost imperceptible commands of their riders.

A highlight of the festival is the popular "Friday Night Stars" event. Unlike other events during the week where the horses must perform a

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specific series of movements, on Friday the competitors choreograph free style performances using music that can be anything from classical to top forty and even hip hop. All dressage events are free and there is no parking charge.

Polo has been the mainstay of the Wellington horse scene since 1977 when the Palm Beach Polo and Country Club was formed. The current season opened on January 1and concludes with the U.S. Polo Association Championship on Sunday, April 25.The main matches are held on Sunday at noon and 3 p.m. on the beautifully manicured grounds of the International Polo Club, the largest polo facility in the

US

The major matches are held on Sunday at 12 noon and 3:00 p.m. and, unfortunately, they are not free. Seats are \$10 for bleacher seats, \$30 for side stadium seats and, \$40 for center stadium seats, or you might want to splurge on the \$125 a person brunch. Parking is \$5. However, if you would like to get a taste of the polo experience for free, you can go out to watch the sport of kings being played on one of the other six fields at the complex during the rest of the week. To find out when and where a match is being played, call the polo hotline. (561-282-5290).

We are lucky to have these world class events so close by. Why not head out to Wellington for a day's adventure in horse country?

For schedules, look up individual venues on the internet or call.

PalmBeachInternationalEquestrianCenter:3401Equestrian Club Estates, Wellington,Fl 33414 (561-793-5867)

Adequan Global Dressage Festival: 13500 South Shore Blvd, Wellington, Fl 33414 (561-793-5967)

Palm Beach International Polo 3667 120th Ave. South, Wellington, Fl 33414 (561-204-5687)





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Busted Dumpster?

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Waste Pro, our sanitation contractor, has requested that all service requests from Century Village be routed through UCO for processing.

The reason for this request is to provide faster service by reducing multiple requests for the same job.

Waiting times for service can vary, due to contractor workload, availability of material and delivery schedules. All service requests received by UCO are emailed to a Waste Pro service coordinator who is permanently assigned to Century Village.

Own a cellphone? Send photos of busted dumpsters or other sanitation related complaints to ucogarbage@gmail.com . Please include location with photo.

TRASH PICKUP SCHEDULE

Monday and Thursday: Andover, Bedford, Camden, Chatham, Dorchester, Greenbrier, Kent, Kingswood, Northampton, Somerset, Southampton, Sussex, Wellington and Windsor.

Tuesday and Friday: Berkshire, Cambridge, Canterbury, Coventry, Dover, Easthampton, Hastings, Norwich, Oxford, Plymouth, Salisbury, Sheffield, Stratford, Waltham

Monday, Thursday and Saturday: Golf's Edge

Bulk Pickup: Friday for all areas. It is not a pleasant sight to see the bulk trash out all week, so please remember to put your bulk trash out late Thursday evening or very early Friday.

Recycling: Wednesdays and Saturdays for all areas.

DURING SUMMER SEASON, RECYCLING PICKUP WILL BE WEDNESDAYS ONLY.

HONOR FLIGHT TAKES OFF MAY 20

There's not much time left so if you haven't written your check for the Honor Flight you had better get busy. So far we have seven vets signed up, three served in WWII. Aren't we fortunate here in the Village to have these brave people still among us.

So Please Century Village Residents dig in and find a few dollars to give these vets a day that they will cherish.

There are donation boxes at the Clubhouse and the UCO office. They're not hard to find.

Honor Flight Committee

Joy Vestal Eva Rachesky Vinnie Lee Rhoda Nadell

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Century Village Class Schedule

All classes are NOT final, and are subject to change. **SIGN UP IN THE TICKET OFFICE.**

MONDAY						
COURSE NAME	STARTS	TIME	COST	MTRLS	WEEKS	ROOM
Beginning Bridge *** IT'S BACK***	03/06/17	10am-12PM	\$15		4	Card A
Circle Dancing ***New Class	TBA	11:30am-1pm	\$20		4	Art
Duplicate Bridge ***IT'S BACK***	03/06/17	6:30-10pm	\$5		4	Art
How to make the most of your singing voice*** new class	TBA	11am-12pm	\$20	***	4	Music A
Jewish Insights: "It's a Jewish Thing"	TBA	10-11:30am	\$36		3	Class A
Memoir Writing (Private Class)	03/6/17	1:30-3pm	\$5		4	Craft
Electronic Keyboard	3/6/17	2pm-3pm	\$20		4	Music A
Paper Beading Class	3/06/17	10-11:30am	\$20		4	Craft
Stained Glass for Beginners - Mondays	03/06/17	1:00-3pm	\$20		4	Stained
Current Events Flash Point ***New Class	03/06/17	1:00-3pm	\$12		4	Class A

TUESDAY						
COURSE NAME	STARTS	TIME	COST	MTRLS	WEEKS	ROOM
Bridge Fundamentals Part 2	03/07/17	10am-12pm	\$25		5	Card A
Ceramics (Tuesday & Friday Morning)	Ongoing	9am-11am	\$36	***	6	Ceramic
Mah-Jong Class	3/07/17	1:30-3:30pm	\$20		4	Card B
Mah Jong Continuing	3/07/17	1:30-3:30	\$10		4	Card B
Tap Dance for Beginners or Intermediate	Ongoing	11am-noon	\$24		4	Party
Zumba Gold ** New Time!!!	Ongoing	11:15pm-12:15pm	\$32		4	Fltness
Peace Lecture - English	Ongoing	6:30-7:30pm	FREE		4	Class A
Peace Lecture - French	Ongoing	7:45-8:45pm	FREE		4	Class A
Alternate Health for Seniors *** NEW CLASS***	03/07/17	6:30pm-9pm	\$5		4	Class B

WEDNESDAY							
COURSE NAME	STARTS	TIME	COST	MTRLS	WEEKS	ROOM	
Latin Rhythm Dance	TBA	10am-11am	\$20		4	Art	
Lecture Series with Myrna	03/08/17	10:30pm-12pm	\$25		6	Meeting C	
Supervised Bridge ***New Class	Ongoing	10am-12pm	\$30		6	Card A	
English Lessons ***New Instructor	TBA	11am-12:30pm	\$24		4	Card B	
Piano Lessons ***New Class	TBA	11:30am-12:30pm	\$24		4	Music B	
Ballroom Dancing Lessons	3/01/17	4:00-5pm	\$25		4	Art	
Ballroom Dancing Intermediate	3/01/17	5pm-6pm	\$25		4	Art	
Stained Glass for Beginners - Wednesday	03/08/17	6-8pm	\$20		4	Stained Glass	

THURSDAY							
COURSE NAME	STARTS	TIME	COST	MTRLS	WEEKS	ROOM	
Supervised Bridge	Ongoing	10am-12pm	\$30		6	Card A	
Painting Workshop	3/02/17	9:30-11:30am	\$20	****	4	Art	
Stained Glass Advanced	3/02/17	1:00-3:00pm	\$25		5	Stained Glass	
Tai Chi - Qigong	3/02/17	11am-12pm	\$20	****	4	Fitness	
French Lessons - Beginners	03/16/17	3pm-4pm	\$36		6	Class B	
French Lessons - Intermediate/Advanced	03/16/17	4:30pm-6pm	\$36		6	Class B	
Ceramics (Thursday Evening)	ongoing	6:30pm-8:30pm	\$36	****	6	Ceramic	
Yiddish Conversational	03/02/17	10-11am	\$7		6	Class A	

FRIDAY								
COURSE NAME	STARTS	TIME	COST	MTRLS	WEEKS	ROOM		
Ceramics (Tuesdays & Fridays)	ongoing	9am-11am	\$36	***	6	Ceramics		
Canasta for Beginners	TBA	1:30-3:30pm	\$20		4	Card B		
Collage Art Class ***New Class	ongoing	1:30-2:30pm	\$20	***	4	Art		
Assemblage Art Class	ongoing	oing 2:30-3:30pm		***	4	Art		

ANY TIME								
COURSE NAME	STARTS	TIME	COST	MTRLS	WEEKS	ROOM		
Basic Ballroom Private Instruction—Single	By Appt.	By Appt.	\$40		4	Art Room		
Basic Ballroom Private Instruction—Couple	By Appt.	By Appt.	\$75		4	Art Room		
Piano Lessons Private Instruction—1 session	By Appt.	By Appt.	\$25		4	Music B		
Piano Lessons Private Instruction—4 sessions	By Appt.	By Appt.	\$100		4	Music B		

ENTERTAINMENT

THE KRAVIS ON BROADWAY SERIES



at The Kravis Center in Downtown West Palm Beach



BY IRV RIKON

This season marks the 10th Anniversary for the "Kravis on Broadway" series.

November 7 - 12: Rodgers and Hammerstein's "The King and I". This was the 5th collaboration of the legendary pair. Based on the 1944 novel "Anna and the King of Siam" by Margaret Landon, the Tony Award winner tells the story of a young British schoolteacher who comes to Siam (now Thailand) at the request of the King who wants to "modernize" his country. The relationship between them is both stormy and, in its way, loving. Songs include "Getting to Know You," "I Have Dreamed," "A Puzzlement," and "Shall We Dance?"

November 21 - 26: "The Book of Mormon" with book, lyrics and music by Trey Parker, Robert Lopez and Matt Stone. Winner of 9 Tony Awards, several young missionaries travel deep into Africa in an effort to spread the Gospel and good will. To my own tastes, the first time I saw it, I found the musical at odds within itself. The music is light and upbeat. The book takes Africa and its peoples more seriously.



January 2 - 7, 2018: "Finding Neverland". Based on the book "The Man Who Was Peter Pan" by Allan Knee, this 2015 musical adaptation is a story about author J. M. Barrie's writing of timeless Peter Pan. With both his marriage and his career failing, Barrie meets a widow with four sons, who serve to open his pores of creativity. Music and lyrics by Gary Barlan and Eliot Kennedy, book by James Graham.

February 6 - 11: "Cabaret" has music and lyrics by John Kander and Fred Ebb. Based upon a book by Christopher Isherwood and John Van Druten's 1951 play "I Am A Camera," "Cabaret" is set in Germany in 1931 as the Nazis rise to power. In the sleazy Kit Kat Klub, a piquant English woman performs, and an American writer falls in love with her. "Life is a cabaret, old chum" as the song puts it, at least until the reality of Nazism affects everyone's lives. This is a genuine classic.

March 6 - 11: "The Illusionists" is a magic show. Seven or eight magicians stage illusions and/or read minds, practice escapology and, of course, there's lots of comedy. "This is the world's best-selling magic show," boasts the publicist.

April 11 - 15: "The Bodyguard". Written by Alexander Dinelaris, this 2012 musical, based on a movie thriller, concerns a former Secret Service agent hired to protect an international singing superstar from an unknown stalking killer. They seem to vie for power, but do they also become loving? All the songs are associated with the late, great songstress Whitney Houston.

May 1 - 16: "Something Rotten". The time is the Renaissance. The two Bottom brothers are writing a play, but they hate Shakespeare, a contemporary, saying no one can understand his language. Shakespeare, who is an actor as well as a playwright, arrives in disguise to appear in one of their plays. The brothers meanwhile com

POPULAR THEATERS 2017/2018 SEASON

BY IRV RIKON

Here's our annual list of major theatrical productions coming to one of the three most popular professional theaters in the forthcoming season. Subscribers, especially, take note.

PALM BEACH DRAMAWORKS IN **DOWNTOWN WEST PALM BEACH**

October 20 - November 19: "The Little Foxes" by Lillian Hellman. In the 1940s, Lillian Hellman was regarded as one of our top playwrights, and this is arguably her most powerful play. Her story is set at the turn of the 20th century in the Deep South, a tale of a corrupt and greedy family clan which financially has known better days, and a married couple who romantically have known better nights. The play made a star of Tallulah Bankhead, and the movie is still remembered as one of Bette Davis's best roles.

December 8 - January 7, 2018: "Billy and Me" by Terry Teachout. This is a World Premiere. Terry Teachout is an author and Arts/Theater critic for the Wall Street Journal newspaper. Last season, his play "Satchmo at the Waldorf" was produced here by Palm Beach Dramaworks. Reviewers and audiences loved it. Mr. Teachout was so pleased 4he's allowing the Company to introduce his new play to the world. "Billy and Me" is about the turbulent friendship between two of America's greatest playwrights, attempts to treat a young stable boy Tennessee Williams and William who has an obsession with horses

February 2 - March 4: Golden Pond" by Ernest Thompson. Probably better known for the film which co-starred Henry and Jane Fonda, nonetheless this is a compelling stage drama. As the publicist writes, "A retired couple's solitude is interrupted when their daughter arrives with her fiancé and his son." But the father, now 80 years old, is afraid of losing his faculties. His wife is understanding. daughter is alienated.

March 31 - April 29: Here's another World Premiere, "Edgar and Emily" by Joseph McDonough. Says

the publicist, "In this comic fantasia, emerging poet Emily Dickinson is unexpectedly visited by a desperate Edgar Allan Poe."

May 18 - June 27: "Equus" by Peter Shaffer. Broadway audiences were excited by this drama when it opened in the 1970s. A psychiatrist 4042. Online:

and a distressful cruel streak. The psychiatrist himself is troubled. The interaction between the two is challenging and moving.

For reservations and more information on all Palm Beach Dramaworks showings, telephone 514-

www.palmbeachdramaworks.org.



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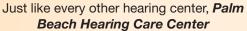
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Service Enhancement Newsletter

American Medical Response is making some changes that will help to better serve the residents of Century Village, West Palm Beach

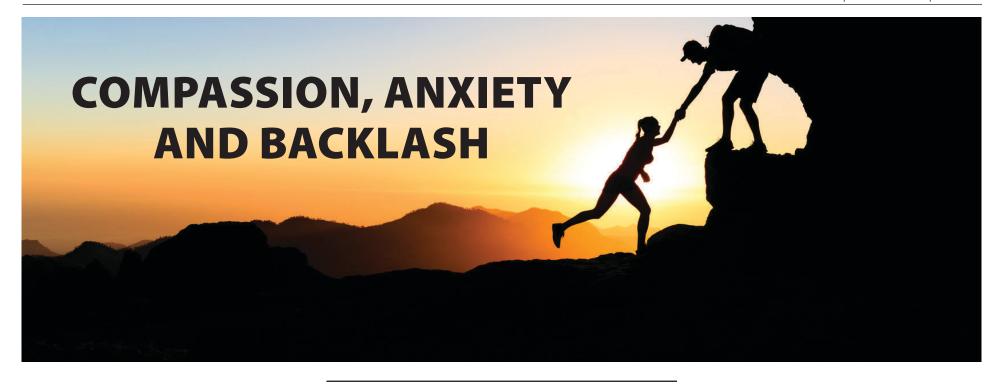
AMR will now be including Medics Ambulance Service in our current agreement.

Medics Ambulance Services is a Sister Company of AMR and will provide you the same covered services you have with AMR.

Beginning immediately, when Rescue is called (the RED truck) and the County Paramedic arrives to evaluate the medical emergency, if it is NOT life threatening, either AMR or Medics will be responding to transport you.

This also applies to transports that are NOT emergencies and are done from Hospital to Hospital or Hospital discharges requiring the need for ambulance.

This additional partner, will provide you with better overall services.



COMMENTARY BY IRVING RIKON

Among the two or three political world leaders I most like and respect in this early 21st century is German Chancellor Angela Merkel. She is bright. She studied physics at the University of Leipzig and was awarded a doctorate for her thesis on quantum chemistry. She worked as a researcher and published several papers. Along the way, she learned to speak Russian. (Has any American president been so learned?)

Although a woman, Angela Merkel politically rose become the German Chancellor. (In Nazi Germany, women were taught that their place was "Kuche, Kinder, Kirche": "Kitchen, Children, Church". Anything aside from that was emphatically discouraged.) Later, she was recognized as the de facto leader of the European Union. Her parents helped to shape her early life. Her mother taught English and Latin. Her father was a Lutheran pastor. He no doubt informed her of "The Golden Rule":

"Do unto others as you would have them do unto you. This is the meaning of the law of Moses and the teaching of the prophets." Matthew 7:12.

Or, as the Apostle
Paul phrased it, "For
all the law is fulfilled in this: Thou
shalt love thy neighbor as thyself."

Galatians 5:14.

Angela Merkel was raised in post-World War Two East Germany, so she understood totalitarianism very well. Hardly surprising with such an upbringing, one of her virtues as a human being is Compassion, by one definition, "Sorrow for the suffering of others."

Nor is it surprising that when wars broke out in the Near and Middle East, Chancellor Merkel out of the goodness of her heart invited the victims of war and oppression to come to Germany and begin life anew. She, of all the world leaders, was behaving as a true Judeo-Christian. As it happened, few refugees migrating west spoke German and many were Muslim.

In common with all the Great Religions, Islam has its own version of The Golden Rule:

"As you would have people do



to you, do to them. And what you dislike being done to you, don't do to them. Go, and act in accordance."

Or, "Seek for mankind that of which you are desirous for yourself." Both quotes come from The Hadith, the collected written and oral accounts of Muhammad during his lifetime.

The problem that presented itself was the refugees came in such numbers that Germany (and other European host countries) were ill-prepared to receive them. They

were unable to provide adequate housing, badly needed jobs and a good education. Arguably the most important of the three, education, needed for both native peoples and the newly arrived immigrants, is a long-term and costly process for governments involved.

Difficulties arose even as regards matters of dress. In many Islamic countries, veils cover a woman's face or she wears a purdah, a loose

garment fitting over other clothes and completely covering body and face except for her eyes. When some Muslim men came to Europe and saw the comparatively skimpy clothing Western women favor, they attacked, even raped, the women who, as they perceived it, were violating moral law.

What many Westerners perceived was violence, terrorism, foreigners living in decrepit housing, (if housing at all, as distinguished from tents,) newcomers taking away jobs, even attempting to take away their very culture, the culture in which they and their families had been raised for generations.

That occasioned wrote "Tanxiety and fear. In such in 1889: circumstances a tipping point might be reached, a point where compassion is impelled to contend with potential or real conflict. God's grange Sacred texts then can be

challenging, being contradictory within themselves. For those with bellicose tendencies, passages may be cited as justification for conflicts and wars.

When matters get out of hand, there is a backlash. In the 2016 American presidential election, after having bullied and insulted his political rivals, Donald Trump was voted into office. His initial steps taken with regard to immigrants led to chaos. While jihadists pose a threat to the country and may

have entered under the guise of legitimate refugees, who should be screened for just that reason, Mr. Trump's nature does not appear to be one of compassion. That feeling is reinforced by the unusually large number of military officers he has advising him.

In Germany the backlash is stronger. Nationalists on the far political right are saying this: Naziera guilt was behind Chancellor Merkel's decision to let in hundreds of thousands of asylum seekers from the Near and Middle East and Africa. As Anton Troianovski writes in The Wall Street Journal, "The Afd (political party) wants to reduce the time schools spend teaching about the Nazis to focus more on German achievements in science and the arts. -- Some prominent members argue that the European consensus on World War II history is too anti-German." Are we previewing a rise of neo-Nazism?

For compassionate or simply pragmatic persons, conflict resolution can be extraordinarily complex, since not all people are alike, as immigrants from Africa and the East to the West attest, and the roots of social differences run deep, sometimes having originated in faraway regions with events which occurred long ago.

British poet Rudyard Kipling occasioned wrote "The Ballad of East and West"

"Oh, East is East and West is West, and never the twain shall meet, Till Earth and Sky stand presently at God's great Judgment Seat.

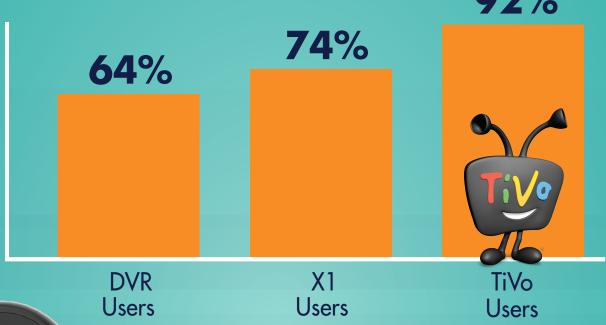
But there is neither East nor West, Border, nor Breed, nor Birth, When two strong men stand face to face, though they come from the ends of the earth!"

What Kipling wrote of East and West and "strong men" applies also to the internal affairs of each and every country. But it requires strong men and women of Compassion to "stand face to face" and try to bring goodness and peace to a world in desperate need.

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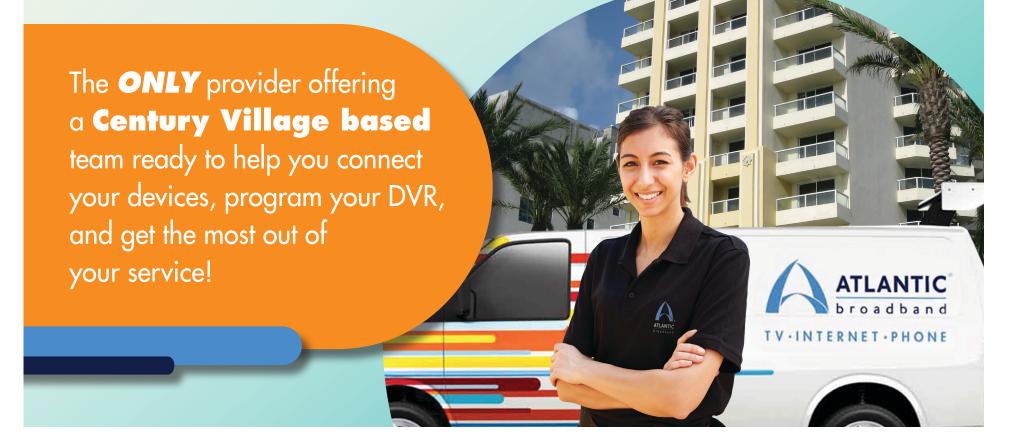
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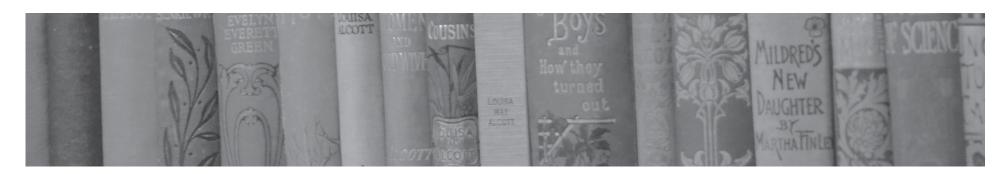
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Okeechobee Branch

LIBRARY NEWS

BY CHARLES WAUGH

library! Borrow books, movies, and audio discs. Go online, do research, and we'll help. Events feature a screening of a Holocaust Days of Remembrance: Righteous Among the Nations Documentary Series film. Also this month, representatives from SHINE will provide information at the library is April 14! about Medicare. Later in the month, Celtic harp player Patrick Ball blends marvelous tales of wit with an enchanting performance on his brassstrung harp. Educational activities include a video lecture series, The Great Courses® Fundamentals of Photography, hands-on computer classes (Mousing, MS Word, and MS Excel) as well as ebook assistance. Other events include two scary movie

This month, take a trip to the matinees, and an adult coloring class.

On Thursdays and Fridays, you can have your taxes done by AARP Tax-Aide volunteers for free between 10:00 a.m. and 1:00 p.m. You must bring all tax documents, last year's completed return and a current picture ID. The last day for tax help

The Okeechobee Boulevard Branch Library is located next to Dunkin' Donuts. The hours are: Monday, Tuesday, and Wednesday from 10:00 a.m. to 8:00 p.m., Thursday and Friday from 10:00 a.m. to 6:00 p.m., and Saturday from 10:00 a.m. to 5:00 p.m. All Village residents, including seasonal residents, are eligible for a free library card with proper I.D. Visit the library today!

April Events

Mon, April 3, 2:00 p.m. Tue, April 4, 2:00 p.m. Wed, April 5, 2:00 p.m. Tue, April 11, 8:30 a.m. Tue, April 11, 2:00 p.m. Wed, April 12, 2:00 p.m. Mon, April 17, 6:30 p.m. Tue, April 18, 2:00 p.m. Wed, April 19, 2:00 p.m. Mon, April 24, 2:00 p.m.

Mon, April 24, 2:00 p.m. Tue, April 25 2:00 p.m. Wed, April 26, 2:00 p.m.

Thu, April 27, 2:00 p.m.

Thu/Fri, ends April 14, 10:00 a.m. AARP/IRS TAX HELP Beginning Word 2013 Photography series Holocaust Documentary Mousing (computer) Photography series Medicare Information Beginning Excel 2013 Photography series Movie Matinee Celtic Harp Stories eBook Assistance Photography series Movie Matinee

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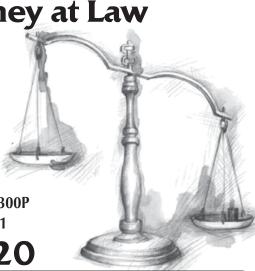
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Pen to Paper Exhibition from the Smithsonian Reveals the Lost Art of Letter Writing

BY BOBBI LEVIN

create a drawing is an artistic act, so is writing a letter.

An unusual and extremely interesting exhibit, Pen to Paper: Artists' Handwritten Letters from the Smithsonian's Archives of American Art Pen to Paper, will be on view at the Norton Museum from April 18 through June 25, 2017.

Comprised of more than 30 letters that date from the 18th century to the early 1980s, the exhibition delves into the lives of artists and captures their unique handwriting styles. Their private correspondences reveal the beauty and intimacy of the craft of letter writing.

From casually jotted notes to elaborately decorated letters, the exhibition explores the handwriting of celebrated artists such as Alexander Calder, Mary Cassatt, Willem de Kooning, Winslow Homer, Robert Georgia O'Keeffe, Motherwell,

Just as putting pen to paper to Jackson Pollock, John Singer Sargent, Edward Weston, and others.

> For those of us who are addicted to texting or communicating through short, terse and impersonal emails, these beautiful letters may remind us of the power and beauty of the written word. Perhaps letter writing is a skill that we might all consider reintroducing into our electronically controlled lives.

> Remember: The Norton is located at 1451 S. Olive Ave. in West Palm Beach, FL., and during construction through December 2018 is open Tuesday, Wednesday, Saturday, and Sunday noon to 5 p.m. and Thursday, noon to 9 p.m., and is free to the public. Free parking and shuttle service is available at 1501 S. Dixie Highway. The Museum is closed on Mondays and major holidays. For additional information, please call (561) 832-5196, or visit www.norton.



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& bright, open kitchen, ceramic tile, furnished\$56,000 STRATFORD N Turnkey waterfront, picture perfect, great assoc......\$69,900

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KENT K Corner, updated, ceramic tile, step in shower, walk to pool and clubhouse, furnished, light & bright, move in ready......\$59,900 KENT J Move right into this renovated, furnished beauty. New

kitchen, appliances, extra prep space/storage, baths redone......\$64,500 CHATHAM M Updated waterfront, excellent cond., walk to pool\$79,900

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Lamb and Landscaping

April is here, folks, and spring is in the air! This column combines cooking and landscaping, so sit back and enjoy.

Crisp new rays of spring sunshine like freshly laundered pants highlight a heaping pile of compost in my backyard. Bundles of branches and spiky thorns crisscross my backyard, suffocating my azalea bushes. If you can't tell, my backyard is a major landscaping horror. Between running, writing, cooking and homework, I just haven't had time to even peek outside. Well, I think I did myself a favor.

Next weekend, I'm going to dust off my gardening gloves and get dirty. First, I'm going to attack the bramble of weeds and thorns (assuming that the overgrowth allows me to open my backdoor). Next, I'm going to mow the lawn, clear the flower plots and plant daffodils and hydrangeas. This process usually takes a day or two and might take longer if my pruning shears malfunction.

Once I finish the major

landscaping items on my list, I need a backyard centerpiece. My ideal focal point is a wave pool situated adjacent to an outdoor seating area, complete with pergola, outdoor fire pit and grill. While this is slightly over my budget, this year I'll just settle on an herb garden!

Last year, my rosemary plant took off, and this year, it's the inspiration for my Grilled Rosemary Lamb Chops. Rosemary, an herb with a woody and slightly minty flavor, gives these lamb chops a lighter note. Grilling the lamb chops infuses the meat with a smoky aroma and makes professional grill marks. These chops marinate in a mixture of olive oil, rosemary, Italian seasoning, garlic, honey, and lemon juice, imparting even more delicious flavor with a hint of sweetness. The lemon juice tenderizes the meat slightly, so every chop cuts like butter. You won't believe how easy it is to make a restaurant quality meal in the comfort of your own home. While lamb is a seasonal meat that symbolizes springtime,



feel free to substitute lamb chops for a cheaper option, such as chicken, steak, or turkey cutlets. I promise that whatever protein you choose, this recipe will still "wow" your taste buds!

GRILLED ROSEMARY LAMB CHOPS

Ingredients:

4 bone-in lamb chops about 3/4 inch thick (each chop has approx. 2 oz. of meat)

1/4 cup extra virgin olive oil 1/4 cup lemon juice

1 tablespoon fresh rosemary sprigs, chopped finely

1 teaspoon Italian herb seasoning 1 garlic clove, peeled and minced finely

1 tablespoon honey

1/2 teaspoon black pepper

1/2 teaspoon fine sea salt

1 teaspoon canola oil

A few extra rosemary sprigs (for garnish)

Directions:

Whisk the olive oil, lemon juice, chopped rosemary sprigs, Italian herb seasoning, garlic, honey, and black pepper in a small bowl. Divide the marinade in half and pour each portion into two Ziploc bags. Add two lamb chops to each bag, press out the air, and make sure that each lamb chop is thoroughly coated in marinade. Place the two lamb-chop bags in the

refrigerator for two hours. After the lamb chops have marinated, remove from the refrigerator and allow the lamb chops to come to room temperature for about 20 minutes or until the chops are no longer cold to the touch (this ensures that the meat cooks evenly). Sprinkle each of side of the lamb chops with salt.

Next, brush a grill or grill pan with canola oil and heat to high. When the grill starts to smoke, add the lamb chops. Grill for 2 1/2 minutes on the first side, and then 3 1/2 minutes on the next side for juicy medium chops. When flipping the chops, be sure to rotate them 45 degrees in order to get diamond-shaped grill marks.

Remove the meat from the grill, cover with foil, and allow the meat to rest for 10 minutes. Serve and garnish with rosemary sprigs. Enjoy!

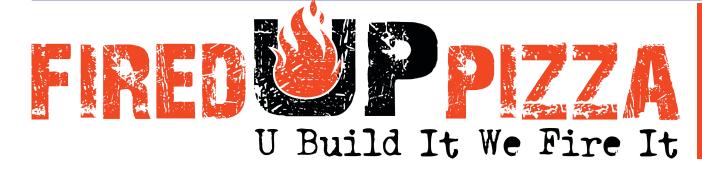
Prep time: 15 minutes

Cooking time: 6 minutes

Inactive: 2 hours

Total time: 2 hours 21 minutes

LOCAL DINING



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BY LENORE VELCOFF

This new concept pizza restaurant cannot be seen from Okeechobee Blvd. but look for it. You will be glad you did. Two old friends - Norm Rader & Dave Lengel - discovered the new and popular fast casual pizza business. You choose the type of crust, sauce, cheese, toppings, and your finishes. Millions of combinations possible, all for one low price....just \$7.95 per pizza.

As you walk along the counter, you tell the pizza maker what you want and they assemble it

for you. For instance, I choose thin crust, which meant the sauce and toppings went right out to the edge rather leaving a thick, dry crust all along the outer edge. Next came the yummy sauce. I opted for chunked up red and then shredded mozzarella. Next came the protein. For me pizza isn't pizza without sausage and pepperoni so I ordered both. I am not a veggie lover but I do like onions, so on they went. I finished it up with some extra virgin olive oil and into the 700 degree brick oven it went,

A short while later it was ready. It looked wonderful and I certainly was not disappointed. The crust was crisp not thick and doughy. The pie was hot and delicious. I was able to eat most of it but was able to take home the last couple of slices to enjoy the next day.

But don't take my word for it. Try one of their combo specials such as Hawaiian or White Out – different but really special. I think it is the BEST PIZZA in South Florida.





HASTINGS FITNESS CENTER CLASS SCHEDULE • April - October 2017

	<u>MONDAY</u>		<u>TUESDAY</u>		WEDNESDAY		THURSDAY		FRIDAY	
8:30 8:45 9:00 9:15	8:45 8:30 - 9:15AM 9:00 AQUATIC		ADVANCED AEROBICS 8:30 - 9:15AM		LOW INPACT AEROBICS 8:30 - 9:15AM AQUATIC ZUMBA		ADVANCED AEROBICS 8:30 - 9:15AM		AEROBICS 8:30 - 9:15AM AQUATIC ZUMBA	
9:25 9:30 9:45 10:00	9:00 - 10:00AM AT CAMDEN BY: THERESA WATER	FUNCTIONAL WEIGHT TRAINING		ATES 10:15AM	9:00 - 10:00AM AT CAMDEN BY: THERESA WATER	FUNCTIONAL WEIGHT TRAINING		ATES 10:15AM	9:00 - 10:00AM AT CAMDEN BY: THERESA WATER	FUNCTIONAL WEIGHT TRAINING 9:30 - 10:15AM
10:15 10:30 10:45 11:00 11:15	AEROBICS 10:00 - 11:00AM BY: ARLEEN	9:30 - 10:15AM HATHA YOGA 10:30 - 12:00PM	ZUMBA GOLD	AQUAROBICS 10:45 - 11:30AM	AEROBICS 10:00 - 11:00AM BY: ARLEEN	9:30 - 10:15AM HATHA YOGA 10:30 - 12:00PM	TAI-CHI (PAID CLASS)	AQUAROBICS 10:45 - 11:30AM	AEROBICS 10:00 - 11:00AM BY: ARLEEN	- HATHA YOGA 10:30 - 12:00PM
11:30 11:45 12:00 12:15 12:30	BODY B 12:15 - '	ALANCE	(PAID CLASS) 11:15 - 12:15PM BY: PATRICIA	PERSONAL FITNESS CONSULTATION 12:00 - 1:00PM		ALANCE 12:45PM	11:00 - 12:00PM BY: DOROTHY	PERSONAL FITNESS CONSULTATION 12:00 - 1:00PM	CLASSES	BY: BLANCA
12:45 1:00 1:15 1:30 1:45	1:00 1:15 1:30							CARDIO PUMP 12:00 - 1:00PM SCULP TING & BALANCE		
2:00 2:15 2:30 2:45 3:00 3:15 3:30	5			BEGINNERS YOGA 2:00 - 3:30PM		SIT & FIT 2:00 - 3:00PM		BEGINNERS YOGA 2:00 - 3:30PM		2:00PM TCHING 3:00PM
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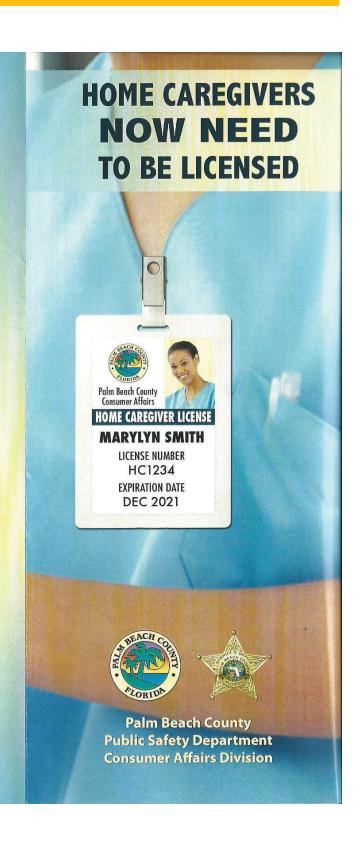
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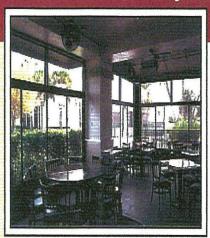


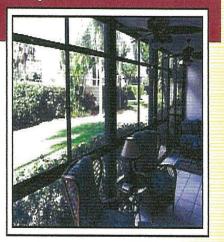


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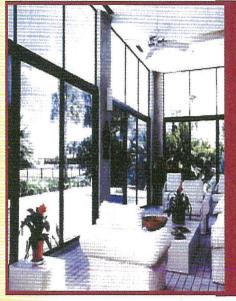
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Saturday, April 8, 8 pm

JEFF LAUB

Comedian, writer and MC, Brooklyn-born Jeff Laub has been making people laugh for as long as he can remember. A two-time winner of The Side Splitters Comedy Competition, he was also involved in such TV shows as the \$25,000 Pyramid, Jackpot, Shoot For The Stars, Three On A Match and Colgate-Palmolive.



Saturday, April 15, 8 pm GYPSY LIGHTS

SONGS FROM THE '50s - '70s

In a unique musical collaboration of babyboomer musicians from the United States and the United Kingdom, Gypsy Lights takes on the music of the '50s through the '70s.



Saturday, April 22, 8 pm MICHAEL D'AMORE

A MUSICAL JOURNEY

Singer and songwriter, New-York born Michael D'Amore has been entertaining audiences for 28 years. He was eventually drawn to the harmony of classic R&B and the Doo Wop sound and in his new show he highlights the very best of the '50s, '60s & '70s.



Saturday, April 29, 8 pm SIMPLY TINA

THE ULTIMATE TINA TURNER TRIBUTE BAND

With all the glitz and glamour of an actual Tina Turner concert, this 9 piece tribute band featuring the very talented Karena Korokous as well as singers and dancers brings high energy to such Turner classics as Simply The Best, What's Love Got To Do With It, River Deep Mountain High and Proud Mary. Wearing faithfully duplicated costumes that Tina wore during her concerts, Karena and the band reproduce all the sizzle of an actual Turner concert.

"R" Rated Movies

"R" Rated (under 16 requires accompanying parent or adult guardian).

Additional ratings for this movie are: **V for Violence**

L for Language (strong language and drug content)

N for Nudity (graphic nudity)
SC for Sexual Content (pervasive language including sexual references and situations)

An "R" rated motion picture, in the view of the Rating Board, contains some adult Imaterial. An "R" rated motion picture may include adult themes, adult activity, hard language, intense or persistent violence, sexually-oriented nudity, drug abuse or other elements. Due to a wide viewing audience, WPRF will not censure "R" rated movies. Therefore, if you find any of the above offensive, WPRF suggest you "OPT OUT" of seeing this movie.

MOVIE SCHEDULE

Afternoon showings are at 1:45PM — Tuesday & Sunday. Evening Showings are at 6:45 PM.

The 1st Monday Evening & Tuesday Afternoon showings of each new movie (some movies are shown two Mondays and Tuesdays) will have "Closed Caption" (for the hearing impaired) when available. *No charge for residents*.

APRIL 2017 MOVIES

04/02 Sun 1:45PM **DENIAL** — Rachel Weisz, Tom Wilkinson, Timothy Spall

04/03 Mon 6:45PM **PG-13** 109 Min

04/04 Tue 1:45PM Acclaimed writer and historian Deborah E. Lipstadt must battle for historical truth to 04/06 Thu 6:45PM prove the Holocaust actually occurred when David Irving, a renowned denier, sues her

prove the Holocaust actually occurred when David Irving, a renowned denier, sues her for libel. Directed by Mick Jackson

(continued from last month)

04/09 Sun 1:45PM **QUEEN OF KATWE** — Madina Nalwanga, David Oyelowo, Lupita Nyong'o

04/10 Mon 6:45PM **PG 124 Min**

04/24 Mon 6:45PM

04/11 Tue 1:45PM A wonderful true story of a young girl selling corn on the streets of rural Uganda whose

04/13 Thu 6:45PM world rapidly changes when she is introduced to the game of chess, and, as a result of the 04/16 Sun 1:45PM support she receives from her family and community, is instilled with the confidence and determination she needs to pursue her dream of becoming an international chess champion.

Directed by Mira Nair

04/17 Mon 6:45PM **THE ACCOUNTANT** — Ben Affleck, Anna Kendrick, J.K. Simmons

04/18 Tue 1:45PM **R 128 Min** Rated R for Adult Situations

04/20 Thu 6:45PM As a math savant uncooks the books for a new client, the Treasury Department closes in on his

 $04/23 \, \text{Sun} - 1:45 \text{PM}$ activities and the body count starts to rise. Directed by Gavin O'Connor

04/25 Tue 1:45PM **MR. CHURCH** — Eddie Murphy, Britt Robertson, Natascha McElhone

04/27 Thu 6:45PM **PG-13 104 Min**04/30 Sun 1:45PM "Mr. Church" tells the story of a unique friendship that develops when a little

"Mr. Church" tells the story of a unique friendship that develops when a little girl and her dying mother retain the services of a talented cook - Henry Joseph Church. What begins as a six month arrangement instead spans into fifteen years and creates a family bond that lasts forever. Directed by Bruce Beresford

(continued next month)

Entertainment information is provided by W.P.R.F.
Any questions regarding Clubhouse entertainment should be directed to W.P.R.F. at 640-3120.

lacktriangle This showing will be in Room C



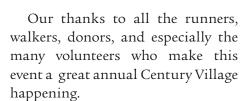
5K Walk

BY VINNY LEE

We held our fifth Annual President's Day Fun 5K Walk/Run on Monday February 20th at 9:00 am to benefit the Southeast Florida Honor Flight. There were 197 contributors who donated a total of \$2000.00 Patriotic music was provided by Bob Maguire and, before the first "runner" moved onto the course, Bill Lafferty performed a stirring and inspiring version of our National Anthem and UCO VP Joy Vestal made brief opening remarks.

Meanwhile, volunteers were busy slicing bagels and schmearing them with cream cheese or butter to feed the gang when they returned. Other volunteers were timing the race, operating a registration desk, and creating a chute for competitors to enter the finish line. Others acted as traffic guards at all major intersections along the perimeter.

Corporate sponsors present were Century Village Real Estate, Humana, CSI, and Vitas.



I have proudly chaired this event for the past five years and now it is time to pass the baton to a younger and more energetic person as my wife and I would like more time to do things in Century Village and perhaps travel.

The Walk practically runs itself. However it still demands time to coordinate all the moving parts. I will be available to assist my successor and will provide all the paraphernalia needed to run a successful event. On April 1st CSI Home Care sponsored an Alzheimers Walk here at Century Village, and I was involved in helping them kick it off.

Anyone interested in devoting time to the President's Day Walk, please call me at 631-889-2614.















VOL. 36 ISSUE 4 • OFFICIAL PUBLICATION OF UNITED CIVIC ORGANIZATION OF CENTURY VILLAGE, WEST PALM BEACH, FLORIDA • APRIL 2017

Act 2 Repertory Theater



Presents

SONGS OF WAR AND REMEMBRANCE

A Memorial Weekend Concert to Benefit

The Honor Flight Program

Sunday, May 28th, 7:00 PM

Clubhouse Classroom C

\$1.00 Admission



Houston Astros Washington Nationals, with the help and support of Palm Beach County and the City of West Palm Beach, are now Century Village's neighbors just north on Haverhill Rd

Official press releases proclaim that "The Ballpark of the Palm Beaches is a state-of-the-art, twoteam facility that offers a fanfriendly layout with a 6,500 seat stadium as its centerpiece. Fans will find shade, a 360-degree concourse and suites and party areas in which to enjoy an all-encompassing Spring

Take me Out to the Ballpark

BY BOBBI LEVIN

Training experience. The Astros and Nationals training areas each feature a six-field layout that is inviting and easily navigated by

I recently attended two ballgames and offer these suggestions to my Century Village neighbors who plan to attend an upcoming game:

- Wear comfortable walking shoes. The parking lots I was directed to are not paved and the ground underfoot is uneven and rutted. Parking per car is \$10. Remember where you park as there are no signs indicating rows or numbers.
- If you drive to the park, use the parking lot closest to 45th St. as the walk to the park entrance is closest to this lot Parking is \$10 per car. Valet parking is an additional \$10 per car. Arrive early if you plan to use a handicapped parking space.
- If you cannot climb the stairs to the Park entrance, there is an elevator entrance to the right of the staircase. It will take you to both the field level and the Party

Deck level.

- Security is similar to airports all bags are checked and patrons enter the park through a metal detector. No food is allowed into the Park except for sealed water
- If you want a shaded seat, opt for a ticket in "Row S" or higher. Those rows are located under the overhang from the Party Deck and offer relief from the sun. Seats closer to the field are not shaded but do offer a close up and personal view of the players and the antics of the energetic team mascots. Bring sunscreen and sunglasses and perhaps a hat to protect you from the sun's rays.
- If you want to follow the lineup on the score board, bring binoculars with you. I could not read details from my seat on the third base line.
- Eat before you leave for the ballpark - or bring a fat wallet. Food stalls are located along the concourse that runs the entire perimeter of the park and the aroma of grilled dogs and fries permeates the air.

A Seventy-Year

Retrospective on Pro Sports

BY TED MILHAM

Beer prices range from \$7.50 to \$9.50 A bucket of popcorn is \$7. Peanuts are \$5 and water is \$4.50. A hamburger and fries are \$10 as are a chicken sandwich and fries. A hot dog is a bargain at \$5 and a pretzel is \$5. Food vendors with booming voices and clever spiels entice you to buy food at your seat. There are a number of restaurants located throughout the park - ranging from The Ice Cream Café, the Tap Room, the Oceanside Café, and the Capitol

- The Party Decks on the Suite Level are reserved for groups of 40 or more. If you opt for a ticket with a group, you can enjoy an all-you-can eat lunch and Florida style seating. The buffet is quite good - we enjoyed huge hot dogs with all the fixings, delicious hamburgers, grilled sausages, homemade chips, salads, fruit, cookies, and lemonade.
- Public bathrooms are located along the concourse and are handicapped accessible.

Note: Ted Milham is the older brother of Sam Milham, who has a regular column in the Reporter.

I first became interested in sports at the age of ten during the 1946 national league pennant playoff, which was a best two-out-of-three series to decide the pennant winner after the Brooklyn Dodgers and St. Louis Cardinals ended up in a tie for first place at the close of the regular season.

Since then the economics of baseball and all other sports has been on a rocket-propelled inflationary spiral. Back in 1947, when Jackie Robinson made his major league debut with the Dodgers, he signed for \$5000. Established players in the game were paid a median salary of probably about \$8000 a year at that time. The median salary for workers throughout the U.S. was about \$4000. Today the minimum salary in baseball is just under \$600,000 a year. Almost all of the players are making many millions of dollars. Clayton Kershaw and David Price are just a couple of players making \$20 million to \$25 million per year. The median salary across the nation last year was about \$52,000.

There have been dramatic increases in prices of all commodities over the years, but nothing remotely resembling the inflation in salaries and ticket prices in sports. Ticket prices in Ebbets Field in 1947 ranged from 60 cents for bleacher seats, where my friends and I mostly sat, to \$1.25 for grandstand, 2.50 for loge, and \$3.50 for box seats. If those prices had risen at the rate of inflation of the

general economy, a bleacher seat would cost \$8 today, and a box seat would cost \$40. Try getting into Yankee Stadium Fenway Park at those prices. Of course the teams would go broke at those prices.

Ultimately it is the fan who pays the freight, and no one is forced to attend the games,

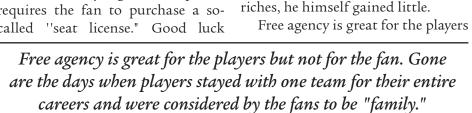
although there has been a slight drop off in NFL attendance, and a flattening of attendance figures in major league baseball over the last few years. The NFL, which is the strongest of the sport leagues, in addition to sky-high ticket prices, requires the fan to purchase a socalled "seat license." Good luck

baseball when the Supreme Court a right all citizens have, so I am not ruled in 1955 that baseball was a sport, not a business, ruling that the reserve clause was legal. Curt Flood successfully fought that clause in The irony is that although he opened the door for athletes to gain untold

court, and it became null and void. riches, he himself gained little.

advocating that we turn back the

Flood rightly deserves credit for bringing down the reserve clause, but it should be mentioned that prior to that there were notable holdouts, where players refused to accept contract terms that ownership tried to impose. Joe Dimaggio always had contentious bargaining sessions with the Yankees. Back then players did not have agents, but were on their own. There is one event prior to the players unionizing that I think of as the start of collective bargaining. That was in the 1960s when Sandy Koufax and Don Drysdale insisted bargaining together, which gained them each a better contract, which worked out especially well for Drysdale. He was a great pitcher but not as great as Koufax, who got only \$10,000 more than Drysdale, even though he was worth a lot more than



with that. Save your money and buy a jumbo screen TV, and you will get a better view and avoid the traffic congestion. Instead of skyhigh parking prices, get a couple of six packs and have your own tailgate party at home.

The main driver of sports inflation over the years has been free agency. Players are not tied to a team in perpetuity as they were in

but not for the fan. Gone are the days when players stayed with one team for their entire careers and were considered by the fans to be "family." Much of the romance and loyalty has gone from the game.

But in fairness, one must realize that although the reserve clause lent stability to sports, it also deprived athletes of the freedom to choose whom they would work for, which is

LOYALTY vs. PROFITS BY STEW RICHLAND

At the last UCO Reporter meeting there was a lively discussion on the opening of the baseball complex on Haverhill Road. The ticket fees are reasonable and many fans indicated that they were going to attend the games. One person told us that she had taken her grandson to a Miami Heat basketball game. She was shocked at the high cost of the ticket price and how far away her seats were from the playing court. We all agreed that sports tickets were outrageously priced and many of our residents have been priced out of the market.

I had reached that conclusion many years ago. I was asked to write a column about how my loyalties toward sports teams came to an end. So here goes.

In a galaxy far, far away, there is a place called Brooklyn. To those who are not familiar with this land, it was the birthplace for a very special spoken English. Dee's, thems, doz, tree (for three) were made popular by the Bowery Boys movies of the 1930s. Brooklyn had Coney Island, Nathan's hot dogs and hundreds of ethnic enclaves throughout its borders. Brooklyn had lots of paved streets, all school playgrounds were devoid of any grass, and it had stoops. For those who lived a galaxy that had private homes with picket fences around them, you probably would not know what a stoop is. Each multiple storied building had a stoop. You climbed the stoop to get to your doorway. But to us kids, it was used as a batting cage for a game called "stoop ball." All you needed was a red Spalding ball that cost ten cents and two teams of players and you were in business. The rules were simple. You would draw a triangle on the street. The defense would cover the bases and the offense would run up to the stoop and throw the Spalding, hoping to hit the edge of the stoop so that the ball would fly over the heads of the defenders for a home run.

When the auto traffic was light we would play "stick ball." All you needed was an old broom handle and the street to play on. A pitcher would bounce the ball towards the batter who would swing for the fence. However, we did not have fences we had sewers. Long fly balls were designated as a 3 or 4 sewer drive. Of course you had outfielders who were ready to catch the ball when it came their way. Each block had a stickball team that boasted as being the best.

New York City was blessed with three major league baseball teams. Each team had their fanatic fans. You would think that living in Brooklyn, every kid would be a Dodger rooter. No way. Many of my street mates loved the Yankees. For some unexplained reason only the older guys loved the Giants. Why were these names important?

Every block had a stickball team. Every block was up for a challenge. Each team had a name. Why did you need a name? To write the score on the ground with chalk. When both teams demanded the same name we flipped a coin.

Every kid had a favorite team. When you got up to bat you yelled out to the defense your favorite player and how far you were going to hit the ball. Not only did we fight over which team was the greatest but which league had the best team. However, the issue that created the most controversy was which team had the better play by play announcer. The Dodgers had Red Barber and the Yankees had Mel Allen. No one ever won this argument.

There was nothing more American than supporting your baseball team. Sadly for me being a Dodger fan was one of the most painful experiences that a fan could endure. They hardly ever won the big game. Hardly won a world series. Lost to the Yankees more often than not. Yet the fans were loyal. To get to Ebbets was in the

Flatbush section of Brooklyn. Every kid knew how to get there. The trolley ride was five cents, and a bleacher ticket cost 25 cents. Anyone could afford to see a game. Not only did you see a game but you were entertained by a group of loyal fans that called themselves the "Brooklyn Symphoney." Before and during the break between innings they just hammered out great music and the fans cheered and clapped. No other team could boast that they had their own "symphony."

We loved the Dodgers, we were a true American baseball fan.

And then disaster, betrayal, we were stabbed in the back. The Dodgers packed up in the middle of the night and fled to Los Angeles. No warning, to the fans, they were gone and we were left with an empty Ebbets Field. Shortly after the Dodgers sneaked out of town, the Giants moved on the San Francisco. The Dodgers said they could make more money in California. Loyalty lesson one. Shortly after the move, Ebbets Field became a housing project and the Polo Grounds was converted into affordable housing.

The New York football Giants moved from the closed Polo Grounds to play in Yankee Stadium. My block buddies decided to support the Giants. If you arrived at Yankee Stadium around 9 in the morning, you could buy inexpensive seats to see the game. After a few home games, my friends decided they did not want to get up so early on a Sunday morning. My buddy Leo and I continued to traipse up to the Stadium to see the games.

The following year I purchased two season tickets. Now we did not have to leave home at 8 am we could either drive to the stadium or take the "D" train. Rain, freezing weather, snow, heat could not stop us from attending a Giant football game. Our ritual was simple. When

it was cold, we would bring hot tea and newspapers to sit on. We each had a huge hero sandwich to eat during half time. One freezing day, we found our car door frozen shut. We had to break a window to get into the car. We never missed a home game. The routine was the same each season. We were true, blue loyal fans of the Big Blue team. Then the Giants had the opportunity to make a home in a new stadium being built in Jersey. Season ticket holders were offered first "dibs" on seat location. We bought season tickets for the new stadium. The cost was a bit more, travel time longer, parking and tolls increased, but we were loyal fans and that was that.

When the new stadium was being built, the Giants played their home games at the Yale Bowl. Leo could not go so Phyllis and I would drive up to New Haven, get a room at the same hotel the Giants were staying at, eat at the same restaurants they went to, obtain autographs whenever we asked, and even sat next to Fran Tarkenton, the Giant quarterback in the local movie theater. For a fan this was just great.

When the new stadium opened, Leo and I sat in the stands to enjoy the magnificent field. My buddy Leo was the President of a large Greek Church in Staten Island. Our season tickets would arrive a few weeks before the Greek Festival. Phyllis and I looked forward to attending this event. We loved the music and the food. Leo and I would split the tickets up. We were both married to football fans and so we took our wives. As my sons got older I began to take them to the games. This was our ritual for over ten years. Like the postmen, we never let the weather stop us from going to a home game. The prices slowly rose, the parking fees climbed but we hung in there, we were loyal fans. Over the years, we made friends with our fellow season ticket holders. As time went on, the older fans turned the tickets over to their children and so we made new friends. We saw some memorable games. It did not matter if the Giants had a losing season, we were loyal, we attended the games, we had hope.

Then the miracle occurred. The New York Football Giants won the championship and now were headed to the Super bowl being played in Giant Stadium. I received my ticket application and was informed that tickets would be sold on a first come basis and the time stamp on your mail order was important. I rushed to New Jersey, waited at the post office and turned in my order envelope and it was stamped 12:01 AM so I knew that I would qualify for two tickets. I waited and waited and no tickets came. At the time I was teaching part time at a religious school. The Monday after the super bowl, I went to class and found out that many of my students had gone to the game. I asked if they were N.Y. Giants season

ticket holders. None were.

How did non-season get their tickets? Each NFL team and players are given blocks of tickets to the super bowl. These players then sell their tickets to brokers who then package them for sale. These ticket holders can attend parties with the players and be invited to all the pre-and -post game activities. These packages are quite expensive so corporations scoop them up to give to their clients or customers. Money was the driving force behind the way the tickets were distributed. Loyalty to the fans that supported the team through the good and bad days was not a consideration, money, money and money was the motivation.

When Phyllis and I moved to California I transferred my ticket ownership to my brother-in-law. He now is a loyal Giant fan. However, when the new Giant stadium was being built, the team told all ticket holders that they must purchase their seat. The cost of the seat started at 20K depending on where your seat was located. If you did not buy your seat, you were not eligible to purchase season tickets. This deal was like obtaining a mortgage on a house. Well my brother-in-law Steve and his son purchased 4 seats. They are now Giant season ticket holders, they are very loyal fans. Parking fees are based on where your seats are located. They pay \$50 per game. You are no longer allowed to bring in food, you must buy what you eat at the stadium. You are given a clear plastic bag so that the security guards can see what items you have brought with you. They just recently changed one rule allowing fans to bring in closed bottles of water. Prior to this you had to remove the cap on your water bottle before entering the stadium.

Every winter when Phyllis and I travel north to visit her family, I get to go to a Giant game. The stadium is just grand. The excitement is still there. I am just waiting until the Giants win a championship and head to the super bowl. Based on past history, I can safely say that loyalty to the fans who have purchased their seats at such a high cost will not be there based on the way super bowl tickets are distributed.

I am so glad I do not own a season ticket. I can watch the game at home. Eat my hero and go to the bathroom without waiting on long lines. I can switch channels and watch another game, and simile and think about all the money I am savings. Yes, I can watch the super bowl with the knowledge that I have saved a bundle of cash. Now that's what I call a good deal.

(Author's note: The football Giants just stuck it to their loyal fans last week. They raised their ticket prices based on the fact that that they had a 7-1 home record.)



"Take Two and Hit To Right"

Sports of The Century—Village Sam Milham

BASEBALL TIMESAVER?

Baseball Commish Bob Manfred is looking into ways to speed up the game. The latest is to look at the Intentional Pass (IP). Instead of the pitcher throwing four balls, they may have the batter just go to first base, thereby saving about 30 seconds of a three-hour-plus ballgame. On average, however, there is less than one IP per game, so how does this

If you want to speed up the game, there are many ways, such as cutting down the time between innings.

Another way is to allow the manager no more than three trips to the mound per game. And of course there is my "Eye in the Sky" suggestion for baseball, which by now you know by heart—but can you think of a better way to save eight minutes per game? If 30 seconds is important, can you imagine this amount of time multiplied by sixteen?

Saving time, however, may result in fewer commercials, which in turn may mean a loss in revenue.

IS THE HIGH COST OF A **SPORTS TICKET TODAY SUSTAINABLE?**

TV viewership of sports is down across the board. There are many reasons for this, but mainly, it seems, it is because our lifestyles have changed. Today's youth have many more things to do in their free time market will bear. But can our children afford to take their kids to sporting events as we did? I think not.

Do you think that perhaps this adds as well to the problem of TV viewership being down?

Let's go back in time to the 1950s. To see a baseball game it cost me:

60 cents Bleacher ticket 20 cents Transportation 10 cents Hot dog 5 cents Drink 95 cents **TOTAL** yes, less than a buck!

Enough said. Owners, WAKE UP!

No, lords of baseball, football, basketball and hockey, I don't want 1950s prices. Just realize that what's going on cannot continue. Today's youth are your future fans, whether watching your sports at games or on television. Without the fans you can be in big trouble. I know this may be hard for you to see, but the warning signs are appearing.

MORE BASEBALL:

David Wright of the NY Mets has suffered yet another injury, this time an impingement in his right shoulder. It will keep him out two to three weeks, and possibly more. In the last two years David has missed 249 games. No one knows how many he may miss in 2017. At the age of 34 it seems his future is in doubt. It's too bad-David has played 13 seasons

As a young man I must have gone to (combined) a thousand baseball, football, basketball and hockey games. And it didn't cost my parents or me a fortune.

than mom and dad did, and thank (all with class) and has 970 RBIs, God they do. As a young man I must 1777 hits, 242 home runs, and a .296 have gone to (combined) a thousand batting average. Plus he has been a baseball, football, basketball and hockey games. And it didn't cost my parents or me a fortune.

I bring this up because sports ticket prices have skyrocketed. Cheap seats such as the bleachers were where most kids learned about sports, because that's what their parents could afford. But can they now? Derek Jeter's No. 2 is being retired next season. With food, parking and the cost of tickets, for a family of four to attend the game honoring Derek it will cost \$1000, or \$250 per person! Even a normal \$16 bleacher seat for this event will cost \$150-and much more on the secondary market.

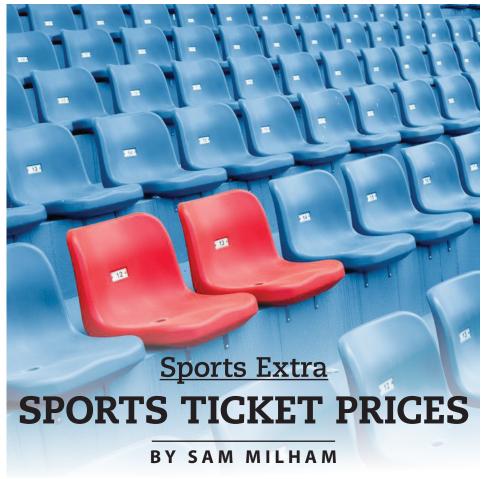
Sports in general have gotten used to us, the fans, paying whatever the seven-time All Star.

Let's hope the priest who said a prayer for Gil Hodges in the 1952 World Series says one for David, a true nice guy and a model for today's youth. Higher praise I cannot give.

In my last column I wrote that the Mets have a deep bench. They may have to prove it early.

Until next time, folks-take two and hit to right!

Sam Milham hosts a Channel 63 Sports Show daily at 10:00 a.m. and 4:00 p.m., as well as a Computer Radio Show Monday night at 5:00 p.m. on the WEI



As noted in my "Take Two and Hit to Right" column, ticket prices for sports are out of control. The average fan just can't afford to take his family to the game. Baseball attendance has been flat for the last three years. Big corporations buy up the seats and give them to their clients. They are happy to get them, even though many of them don't know much about the game, but "Hey, it's a good seat!" We are not shut out if we know someone, but how often does that happen?

So if attendance is flat and TV ratings are down, what does this tell you? It tells me that maybe the owners should take a dollar appetitesuppressant pill and should think of the fans of tomorrow--that is if they can look past the cash register.

As I stated in my column, going to Ebbets Field for a ball game with food and transportation included cost me 95 cents in the old days. Tickets for a bleacher seat in the 1956 World Series were \$2.10 -- not \$210.00. I have my two tickets to prove it. Along with my ticket for the last game ever played in Ebbets Field, I was on the right field line in a \$1.25 grandstand seat to see Danny McDevitt shut out the Pittsburgh Pirates 2-0. This game was attended by about 6,500 Dodger fans, but I know about a million people who claim they were there.

By now you know the cost at

many ball parks. Yankee and N.Y. baseball Giant tickets cost about the same, from 50 cents to about \$3.75. That \$3.75 seat is \$1,250 in Yankee Stadium today. Glad I'm in Century Village! But hey, don't blame only baseball. Back in the day, the NFL played a 12-game season. My bleacher seat was 50 cents if you had a G.O. (General Organization) card. So my cost was \$3 for the season. (Don't ask me how I got my G.O. card!)

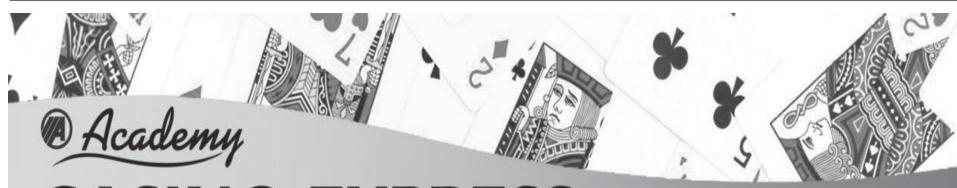
Let's jump to the 2000s, where I had to give up my season's tickets of over 45 years because I did not want to pay \$10,000 for a PSL (Personal Seat License), which did not include the cost of my seats! Thank you, John Marra; I'll bet your dad is still spinning in his grave!

For hockey-N.Y. Rangers and basketball-N.Y. Knicks, prices were the same: The lowest price seats cost about 45 cents, with the high being about \$4. I don't know for sure exactly what ticket prices are today. Maybe your grandkids do.

Let's not blame only sports; just look at your food bill. Lastly, let's all remember that sports exists in the mind of the fan. To the owners and players, it's a business, and a big one at that. To the latter: It's time to take that diet pill to suppress your appetite!

Take two and cut costs!





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ORGANIZATIONAL

DO NOT resubmit dates for events already appearing unless there is a correction. There is no charge for listings. ALL SUBMISSIONS SHOULD BE ADDRESSED T0: ucoreporterwpb@gmail.com.

Submissions for Organizational News may be submitted in person at the UCO Reporter office on Tuesdays, Wednesdays and Thursdays from 9:00AM to 12:00PM.

(All meetings are in the main Clubhouse unless stated otherwise.)

ACT II COMMUNITY THEATRE-

Meets every Monday at 5:00 PM in Classroom C . New members welcome!

ACTORS STUDIO OF CENTURY VIL-

LAGE: Join the fun! We have minor parts, leading roles, and a need for writers, stage hands and props people. We reads scripts and practice acting every week, and we put on two performances a year. No prior acting experience needed. We meet every Monday night at 7:00 PM in Classroom B. Stop in or call Bernie Kaufman @ 308-0957.

AFRICAN AMERICAN CLUB-

Upcoming events-Annual Spring Fling Dance SUNDAY, APRIL 23rd, 6-9 PM Wear Spring Pastels or All White \$10 ticket includes finger foods and soft drinks. Come out and share an entertaining evening!

Washington, DC Summer Bus Excursion

9 days and 8 nights departing Wednesday, June 14, 2017 returning Thursday, June 22, 2017. The \$815 tour package includes Charter Bus transportation, lodging, tours, and most meals. Payment plan requires \$75 deposit to reserve your space. For details on this trip, contact Flo at 561-242-1260.

CARDS & GAMES NIGHTS

Come out to play Hand & Foot or Rummikub in the Clubhouse Card Room. All skill levels are welcome. For more details, contact: Terry 561-249-7262, Marilyn 561-444-9825, or-Sadie 845-541-7167.

For general information on membership contact Mina 561-574-3240. Information on club events and activities, contact Cheryl 561-512-1307. and activities, contact Cheryl 561-512-1307.

AITZ CHAIM: Daily services 8:00 AM. Mincha and Maariv at Sundown, Sisterhood 3rd Monday of month 10:00 AM. Charlotte 917-815-7711; Charlotte 478-8756; Anita 686-9083.



ALZHEIMER'S ASSOCIATION: Join us at the caregiver's sessions. We help each other to understand this illness and our loved ones with the many changes in their life and ours. Just remember you are not alone. We meet from 1:00pm to 3:00pm, every 2nd and 4th Thursday of the month. We will be starting this year on Sept. 26, 2016 and ending on June 26, 2017 at the Clubhouse - in the Art Room on the 2nd floor. For more information call Carmen Watson - 469-1220 or Sandy Goldstein - 689-3540

ANSHEI SHOLOM: We welcome you to our family. Planning a party? Rent our hall, which is strictly kosher. Attend our Minyans Mondays & Thursdays at 8:45 am & Saturdays at 5 pm. Shabbat services Friday evenings at 5 pm and Saturday mornings at 9 am. Mondays at 10 am Hebrew classes with Sara. Rabbi's class 10 am on Thursdays following the Minyan.

April 9 - Men's club meeting. April 10 - Passover Seder led by Rabbi Eli Kavon.

April 11 - Passover Seder led by Len Feldman.

Passover April 12,13,14,15,16,17,18 (Yiskor)

Come into the office to make your reservations for the Passover Seders. April 23 B'nai Brith meeting April 25 Sisterhood meeting Call 684-3212 for information For further information call 684-3212.

BABY BOOMERS CLUB: Meetings 3rd Wednesday each month at 3:30 PM, December through April. Contact Lynn at Lynnsevan@aol.com for further information.

BALLROOM DANCE GROUP: Meets Mondays 2 - 4 PM, Party Room, except 2nd Monday is occasionally in Art Room. No charge. Info: Irwin @ 917-915-2174.

BIBLE STUDY GROUP - "Taste & See": Non-denominational group. All residents welcome. Meets every Sunday at 5pm, Classroom B, 2nd floor. For information call Leonore 478-9459.

#5367: Annual Membership Fee \$25. Breakfast meetings fourth Sunday of month at Congregation Anshei Sholom with entertainment and speak-

BROOKLYN QUEENS CLUB: meets in the clubhouse party room October to April on the second Wednesday of the month at 2:00PM, doors open at 1:30. For further information, call club president Harriet Levine @ 684-9712.

CENTURY VILLAGE ARTISTS: We welcome all Century Village residents to view our artwork on 1st and 2nd floor of main Clubhouse. Info about purchase or display -- Beth Baker @ 684-3166.

CENTURY VILLAGE BOOK CLUB-

We are already working on books for next season. For more information call 640-6944 or email arzj@Hot-

CENTURY VILLAGE BRIDGE CLUB:

Activities four times weekly. Card Room A, Clubhouse. Call Kristy Brown 640-3120 ext. 0 or Bill Halprin (248) 672-2292. Advanced registration is required for lessons and/ or Supervised Play. Scheduled events: (\$5/play)- Bridge lessons: beginners: Mon 1-3 PM, intermediates: Mon 3:30-5:30 PM, supervised play: Wed. 10:30AM - 12:30 PM, Duplicate Bridge: Wed. 1:00-4:30 PM, Sat. 1:00-4:30 PM.

CENTURY VILLAGE CAMERA CLUB:

Any questions, e-mail Ken Graff at cameraclubcv@gmail.com.

CENTURY VILLAGE COMPUTER **CLUB:** Meet 1st and 3rd Thursday Nov through Apr. 1 PM in Classroom C. Annual Dues are \$12. Call Kathy @ 252-8495 or visit our website at: http://www.cv-computerclub-wpb. com/

CENTURY VILLAGE CRAFT CRE-ATIONS KNITTING-CROCHETING **CLUB:** Meets every Tues. 9:30 AM-12 PM Craft room (104). We create items donated to - The Teacup Preemie Program & Veterans.

CENTURY VILLAGE GUN CLUB: Meets every 2nd Tuesday 7 PM in Classroom B. Every meeting has a guest speaker. For information call George at 471-9929.

CENTURY VILLAGE NORTHAMERI-CAN EDUCATORS CLUB: meets the 2nd Monday of every month at 12:00 pm in Classroom C. It is a place where school-related retirees and in-service personnel can meet on a regular basis to socialize, share ideas, and learn about issues that affect them presently and possibly in the future. Contact Bob Zuckerberg at zuckie15@aol.com or 917-796-1317 for information.

CENTURY VILLAGE ORCHESTRA:

B'NAI B'RITH CENTURY UNIT Meet every Monday in Classroom C at 1:15 to 3:35 PM. More information call Rickie @ 683-0869 or Joel @ 688-9455. We need trombone players, string players and percussion players.

> CENTURY VILLAGE REPUBLICAN **CLUB**- The Republican Club will take a hiatus until 6/14, when there will be a meeting at 1:30 PM. Please join us to participate in lively debates on the election process, our nominees and interactive discussion of the U.S. Constitution and the Bill of Rights. Hope to see all old and new faces. As usual, cookies and coffee will be served. Geoff 291-1940, Barbara 689-9275.

> **CENTURY VILLAGE WOODWORK-ING CLUB**: Meets 6 days a week from 8:30 AM to 11:30 AM. Please come and join us in our hobby shop.

CENWEST FISHING CLUB: Meets 1st Wednesday of each month 3:00 to 4:30 PM Classroom B. For more Information call Al at 242-0351 or Capt. Mike at 570-445-4391.

CENTURY VILLAGE CHRISTIAN **CLUB:** The club holds meetings the first Wednesday of the month at 1:00PM. Contact Grace @ 640-5279.

COUNTRY LINE DANCING: Country and Regular, Monday 9 to 10:30 AM in Party Room..

DANCE PARTY CLUB: We hold a FREE dance every week on Tuesday in the Party Room from 6:30-9:30PM. There's never been a Dance Party like this...we play every genre of music...Ballroom, Motown, Funk, R&B, Disco, Salsa, Swing, Rock & Roll, Blues, Line Dancing and CW. Requests taken...Come to dance, listen, watch...we bet you won't be nappin'...your feet will be tappin'...and your fingers snappin'. Call for more info: Erwin 917-915-2174 or Lou 561-398-8785

FRIENDS OF BILL WILSON: Meets every Thursday 7:00-8:00 PM in the Clubhouse, Craft Room.

GREAT BOOKS DISCUSSION GROUP: Meet 1st and 3rd Thurs. afternoons 6:30 PM, Card Room B. .We discuss short readings of "Great Works" of literature that continue to have meaning for us today. Julie--249-6565.

HASTINGS CUE CLUB: Welcoming New Members. We play Mon. - Sat. 9:30 AM - 12 noon. Bernie @ 684-2064 or Zev @ 290-4824.

HOLOCAUST SURVIVORS OF THE PALM BEACHES: Meets 1st Wednesday of month 9:30 AM, Golden Lakes Temple. Bus provided from Century Village Clubhouse. Information: call Kathy @ 689-0393.

IRISH AMERICAN CLUB OF CEN-**TURY VILLAGE**- Meets first Tuesday of each month, 2:00 PM, Clubhouse room C. 2/12, 6-10;00 PM- From Ireland, "TR Dallas", Irish country western dance band. 3/9, 5-10:00 PM-St. Patrick's Day Dinner/Dance. Music by Sharon and Band. For further information, contact Carole- 914-343-5547.

AMERICAN CULTURE ITALIAN CLUB: (IACC) OF CENTURY VIL-**LAGE:** Meets the 3rd Wednesday of each month at the Clubhouse Party Room at 1:00 pm. For club information call Fausto 478-1821. Bowling Saturdays at Verdes Lanes, 9:00 A.M. for information call Lenny 471-2603. Saturday league bowling will resume in October, date to be announced- for info, call Lenny @ 471-2603. Cruises thru Celebration Lines- contact Ashley 561-845-7737 mention the CV Italian Club. Check out our blog at: http://cvitalianclubwpb.blogspot.

ORGANIZATIONAL NEWS

JEWISH WAR VETERANS POST #501: Meet 1st Sunday of month at Cypress Lakes Clubhouse. Breakfast, 9 AM. Guest speakers. Activities include servicing VA patients. Howard @ 478-2780.

JEWISH WAR VETERANS POST # **520**: Meet 4th Sunday of month at Elks Lodge, Belvedere Rd. Continental breakfast, 9 AM followed by meeting. Information: Phil @ 686-2086.

JUDITH EPSTEIN CHAPTER OF HA- DASSAH: Meet 3rd Wednesday of month at Congregation Anshei Sholom.

KARAOKE Tuesdays 6 - 9 PM,in Party Room hosted by Marshall Eads. Fridays 6 - 9 PM, hosted by Janisse.

KNIGHTS OF PYTHIAS: Palm Beach Rainbow Lodge #203 meets the 2nd and 4th Tuesdays in Century Village Walgreens/Medical building (separate ground floor entrance), 100 Century Blvd., CSI Caregiver Services, at 1:00pm. We are an international fraternal organization, non-sectarian. The Lodge welcomes new members, dual members, transferees, and Pythian reinstatements regardless of inactive years of service. WE WEL-COME ALL MEN! Participate in social and charitable events. Collation after each meeting. For further info, call Irv 683-4049. Check out our blog http://knight203.blogspot.com

LATIN AMERICAN CLUB: Meets the 3rd Thursday of the month. Our monthly dance is on the 3rd Sunday. Remember: must present Club ID at all club activities.

COMING EVENTS: Thursday, April 6: Bingo Night! \$\$\$ Cash prices according to attendance. Sunday April 16- monthly dance from 5pm to 9pm at the Party Room. Members who haven't renewed their membership will pay \$3 at entrance. Thursday, 20: Important members' meeting. Topics to be discussed: a) Picnic and Pool Party- Sunday, April 23, from 2pm to 6pm at the guest pool area. Limited to 50 spaces. Reservation and payment by April 20. b) New York Mets vs. Marlins on Tuesday, June 27. Fieldtrip to the Marlins Baseball Park in Miami. Limited spaces. Payment includes bus and game ticket. Pay ASP to secure your space. c) Mardi Grass Casino (date to be announced). Come and join us! For more information check promotion at the Club House Lobby or call Juana (646-407-6808) or Madeline (631-697-4961).



CLUB LATINO AMERICANO, C.V.

Se reúne el 3er jueves del mes a las 7:00 pm en el salón C del Club House. Nuestro baile mensual es el 3er domingo del mes. Recuerde: tiene que presentar su Club ID en todas las actividades. EVENTOS FUTUROS: Jueves, 6 de abril- \$\$\$ Noche de Bingo en el Party Room (7pm). Premios en efectivo de acuerdo a la asistencia. Domingo, 16 de abril-Baile mensual de 5pm a 9pm en el Party Room. Personas que no han renovado su membresía pagarán \$3 al entrar. Jueves 20 de abril -reunión importante de socios. Tópicos a discutirse: a) Picnic and Pool Party- Domingo, 23 de abril de 2pm a 6 pm en la piscina de invitados del Club House (50 espacios disponibles) b) Martes, 27 de junio- excursión al Parque de Pelota de los Marlins en Miami- juego: New York Mets vs. Marlins, cantidad limitada. Pago incluye transportación y entrada al juego. Asegure su espacio mediante pago; c) Excursión al Mardi Grass Casino (fecha en proceso). ¡Únete a nuestro club y disfruta de las actividades! Para más información vea promoción en el área del lobby del Club House o llame a: Juana (646-407-6808) o Madeline (631-697-4961).

MIND SPA DISCUSSION GROUP: Meet 2nd and 4th Thurs. 1:30 PM, only October through March, Classroom A. All invited for in-depth discussions of significant issues.. Allan @ 687-3602.

NEW YORK CITY TRANSIT RETIR-EES: N.Y.C. Transit Retirees, Anyone interested in attending a meeting of the New York City Transit Retirees of Florida, West Palm Beach Chapter, please call Kathy - 689-0393.

NORTHERN STARS: Northern Stars no longer has a fee, it is now FREE!!! New time 6:30pm-9:30pm. Karaoke with Janisse on Fridays is also 6:30pm-9:30pm.Country Western 1st Monday of the month. 6:30-9:30pm - Party Room. Enjoy singing, dancing, refreshments and good wholesome fun. For further info, call Janisse @ 586-291-8286 or email to: northernstarsbo@hotmail.com..

POLISH AMERICAN SOCIAL CLUB OF CENTURY VILLAGE- Established in February, 2016. The mission of the Polish American Social Club is to promote and preserve the traditions and customs of Polish ancestry. The club meets the 1st and 3rd Thursday of the month at 6:30 PM at the Art Room . For info. call Krystyna Teller at 561-674-4887, www.facebook. com/polishsocialclubflorida2x

PHILADELPHIA CLUB: The Greater Philadelphia Club meets the first Thursday of each month at 12:30 PM in the Clubhouse Party Room, with lunch and entertainment. Our next meeting will be on 12/8 at 12:30 PM in the Clubhouse Party Room. There will be lunch and entertainment. For information, contact Phyllis at 561-712-0612 or 215-219-0297

PICKLEBALL: Welcoming new members to the Pickleball club. Courts open at 8:00 each morning, great way to meet new people, exercise and have lots of fun. For more info, call Barbara Di Domenico @ 716-499-6737. Come join us to learn and play the fastest growing sport in the USA.

PROACTIVE RESIDENTS PROJECTS COMMITTEE: We are a non-profit group of CV resident owners concerned with Village issues. For information and meeting schedule check our Blog at http://proactive-comitteeblogspot.com/

RUSSIAN CLUB: Meets 2nd Thurs. monthly October to April at 4 PM in the Art Room. Looking for a new members. If you have any questions, please call Tamara @ 712-1417

SAILING CLUB: Meets every 2nd Fri. 10 AM, Classroom C. Info: Ron @ 683-8672.

SHUFFLEBOARD CLUB: Time of play is Tuesday, Wednesday and Thursday at 1:15PM. Equipment will be provided. We have all levels of members with a wide level of playing ability, from long time players to first time members. Our goal is to get outside have some exercise and get to meet new people Come and join us. Contact Ed at 632-5268.

SNORKEL CLUB: For information call Ron Helms 683-8678

THE SCRABBLE CLUB OF CENTU-RY VILLAGE: Every Tues. 6 PM 2nd Floor Card Room. For information call Lucy @ 729-0705.

UNITED DEMOCRATIC CLUB -

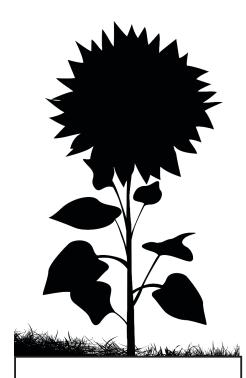
Clubhouse Party Room - 1:30 p.m. Everyone welcome. April 20th, Frank Cerabino. May 16, Ice Cream Social. For more information, call 688-1934.

UNITED ORDER OF THE TRUE SISTERS: A Cancer Service Organization meets 2nd Monday of the month. New members welcome. For information call Shirley@478-2391 or Marlene@683-1208. Meeting held in the Century Village Party room at 11:30 am.

UNITERS SOCIAL CLUB OF CENTURY VILLAGE: A group of awesome diverse people coming together in a united way for social times. Bring a guest or come alone and meet other like minded individuals. Meet up every second Sunday of each month in Club House Craft Room. For additional information, call Esther 561 635-4298 or 561 328-7935. Like us on Facebook/United Social Club of Century Village.

WALL STREET CLUB: Local resident of CV has formed a club regarding the stock market. We are not professionals. We are looking for fresh ideas. Meetings will be held every Wednesday, at Clubhouse Room B. Call Don 254-0917.

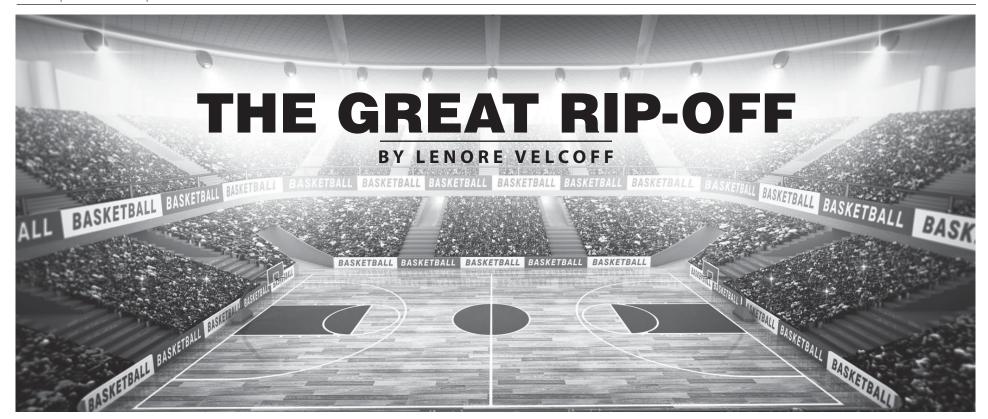
YIDDISH CULTURE GROUP: The objective of the Yiddish Culture Club is to present programs that perpetuate our Jewish heritage. All of our programs are also translated into English. Our programs are held in the Auditorium on Tuesday morning at 10:00 A.M. Everyone is welcome.



INDOOR POOL EXTERIOR DOOR WILL BE LOCKED NIGHTLY AT

November -March: 7:00PM April - October : 10:00pm

PLEASE
USE MAIN
ENTRANCE



On a beautiful Saturday in February, my son, grandson and I ventured down to the American Airlines arena in downtown Miami to see a Miami Heat basketball game. What an unpleasant day. How shall I enumerate all my complaints? Oneby-one-by-one.

- 1. We had to purchase the tickets on-line. Since I did not want to take out a mortgage on my condo, we purchased inexpensive tickets (their description, not mine) - \$60 each. We could not speak to a human being to get a good description of where the seats were situated in the arena.
- 2. On the day of the game, we tried every ½ hour to try to find out what time the arena opened as we did not want to get shut out of available indoor parking. Once again, no human being and no time on-line.
- 3. We arrived at the arena 5:30 p.m. assuming the gates would open around 6p.m. My second sticker shock was the charge for parking - \$45. I explained I only wanted to park for one evening, not to buy the spot permanently. Never mind. \$45. And they could not tell me what time the elevators would allow us up into the arena.
- 4. Every employee in the parking garage (and there 6. By 7:40 we finally sat down to watch the game were several) were all standing around doing nothing and each one told us a different time for access upstairs - 5:30, 6:00. 6:30, 7:00. So every half hour we tried the elevators and were rebuffed. Finally, at 7:00 pm, after passing thru a screening that was more stringent than at the airport, we finally allowed upstairs.
- 5. We walked to the section of the arena indicted on our tickets only to find out that they were not handicapped accessible. There is no way I
- can walk up sixteen rows of seats, not even with my son and grandson helping me. So what to do? My son was directed to Customer Service which was on the other side of the arena. He returned with a rep who offered us less desirable seats then what we had paid for, but at least there were no stairs for me to walk.
- but we were hungry. So my son went off to the concession stand and about 5 minutes after the game had started, returned with a hot dog, a small order of fries and a soda for each one of us - \$23.59 each. What highway robbery!

At least the Heat won. But I learned a valuable lesson for my almost\$300. Stay home. You can see it better and with much less aggravation

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SOCIAL SECURITY REPS AT CLUBHOUSE

THERE WILL BE SOCIAL SECURITY REPS AT OUR CLUBHOUSE THE 4th THURSDAY OF EVERY MONTH 9 AM-2 PM. PLEASE SIGN UP IN THE CLUBHOUSE TICKET OFFICE SO THEY KNOW HOW MANY REPS TO HAVE HELP US.

Cash Paid For **Your Car**



Call Debbie @ 561.502.2939

HELP

The UCO Reporter needs help. Come on folks this is your paper! We have a small staff who all work very hard and enjoy it but we could use a few extra hands.

We need computer literate people specifically for editing. It's not a full time job but there a few days when we are going to need you for several hours. We promise you the work is exciting, challenging and rewarding. Please call our office at

561 299-9907 and ask to speak to a staff member.



Around the Bases with **Irwin Cohen**



My favorite spring training memory was 41 years ago in 1976.

Most teams at the time were training in Florida close to the Miami area. Miami stadium was the home of the Baltimore Orioles, and the Texas Rangers were north in Pompano Beach while the New York Yankees played in a nice ballpark in Fort Lauderdale. The three were just a car ride from the hotel district on Collins Avenue in Miami Beach.

At the time I headed The Baseball Bulletin, a national baseball monthly, and had access to all clubhouses, dugouts and press boxes. I met Yanks manager Billy Martin and team owner George "Boss" Steinbrenner in the relaxed Florida pre-season atmosphere. Near game time I elevatored up to the rooftop press box and chose a seat among several empties. In the second inning an elderly gentleman wearing an offwhite summer suit with light blue stripes and a light-colored canvas round hat with a small brim turned upward sat beside me. The outfit went well with his white hair.

Over the course of the game he commented on the game between the Yanks and Dodgers, the weather and the view. I mentioned that Dodgers first baseman Steve Garvey was my favorite current player because he was obliging to everyone. The man shook his head in agreement with my assessment and our time together had more quiet time than conversation.

With a few innings to go, he got up and said, "Have a nice day," and headed to the elevator. As the elevator door opened, I heard the press box attendant say, "Have a nice day, Red." "You, too," the nattily dressed elderly gentleman said as the elevator door closed. It hit me like a baseball bat on my head. I had been sitting next to Red Smith, the legendary sports columnist who had known Babe Ruth, Lou Gehrig, Ty Cobb and other historic figures of note.

What a wasted opportunity it was. What stories I could have heard. What great lines he had penned such as these two gems: "Baseball is dull

only to those with dull minds," and "Ninety feet between the bases is the closest to perfection that man has yet to achieve."

As memorable as that spring training was 41 years ago, spring training 2017 will go down as even more memorable. That is because of the brand new, absolutely beautiful complex of the Ballpark of the Palm Beaches, housing the Houston Astros and the Washington Nationals only 3.4 miles from my parking space here in the Village.

There are well over 3000 parking spaces and it's a scenic walk to the ballpark itself in the center of the complex with 6500 beautiful blue seats and the outfield lawn berms that could hold another thousand slanted fans. The area has hundreds of new palm trees and hundreds more of smaller bushes and a large lake that gleams in the sun as you elevate up to the top rows of the ballpark.

It's quite a hike from the parking areas to the ballpark, so CV residents may need to prepare by doing their own "spring training" and walk more. Once inside the ballpark, it's fun to walk around the concourse and drink in the view of the goingson on the field below.

The 12-acre public park in the southwest corner on the lower end of the Haverhill side will feature a playground, splash park, four night-equipped basketball courts and a 1.8 mile walking trail that we could make use of on a daily basis.

So, a great complex will get even better and even non-baseball fans will benefit from the Ballpark of the Palm Beaches.

Author, columnist, public speaker Irwin Cohen headed a national baseball publication which led to a front office position with a major league team where he earned a World Series ring. He may be reached in his dugout at irdav@sbcglobal. net.

A Busload to the Ball Game

BY LOU PISCITELLI & JOEL LEICHTER

A bus load of Century Village residents signed up to go to the Ballpark of the Palm Beaches, on March 23, 2017. The ball game was between the New York Mets, and the Washington Nationals.

41 of the 55 seats were full for the bus trip. The bus arrived at the club house on time after a short, enjoyable trip to the ballpark. We sang Take Me Out To The Ball Game. I felt I was at karaoke.

The bus left us right by the ball field, which was a short walk for all. The game was delayed because of rain for 45 minutes but was quick paced once it started. The nationals won 1-0. The pitching was very good

for both sides. There were only 7 hits for the entire game.

When we left the ball park at the end of the game, around 4 o'clock, the bus was waiting for us. We were home in ten minutes.

Two items became complaints. One was the fact when we returned to the bus for our trip home, six attendees were missing. We were told they went home by car, but they did not let us know us in advance. The second complaint was from Yankee and Red Sox fans who wanted to know why we didn't schedule bus trips to games when the Yankees and the Red Sox were playing at the Ballpark of the Palm Beaches.







See More Photos on Page A21

SERVICES

Another Situation That May Lead to a Reason to Forgiveness

Maintenance

By Dom Guarnagia



Palm Beach
County Building
Inspectors,
who are here
to provide
guidance, inspect
construction
projects and

make sure that alterations and renovations meet a stringent Building Code. Many try to skirt the required "Permit" to save money only to find out later that work performed by some unscrupulous handyman has performed inadequately, leaving the Owner no way to recover money or have the work corrected.

When the large Housing Developers create a new community and provide a "Model" home, that unit contains all the upscale bells and whistles with the intention of persuading you, the prospective Buyer, to opt for the frills that enhance your future abode. Herein lays, what I think were the 'Builder's Upgrades' here in Century Village West Palm Beach.

Currently, observations reveal

that too many condo units have rows of Awning Windows that enclose the rear porch to have been installed later, after the unit was complete to the satisfaction of the owner. Those windows that are made with anodized aluminum frames were, by most observation a Builder's Upgrade. Those windows similarly made with painted-white aluminum have been installed more recently and should be the subject of scrutiny regarding permitting from the County.

Unfortunately, the Building Code requires at least one window on porches above the Ground Floor have an unobstructed 24" x 24" opening through which an occupant may be rescued. Unlike large cities like New York City that has fire escapes that satisfy a "Health and Safety" requirement (a second egress for emergencies), Century Village does not. Resolution is pending.

Another item found in many rear porches is storage closets that seem to be found throughout as well. Were they also a Builder's Upgrade? During the past forty years, ownership of our condos has changed more frequently than we can track. Those early purchasers made decisions regarding

color of the walls and tile in the Bathroom(s) and perhaps, enclosed porches and additional storage in an uninhabitable area, the rear porch.

Once again, the County Officials are faced with the decision to fine and have the entity removed or forgive and allow the current owner, who has neither knowledge of something occurred forty years ago nor the County Code referring to this appurtenance. Action against an Owner should be universal throughout the Village but as with the awning windows. It would be justifiable to allow a 'status quo" situation rather than single out one example and forgive the rest. There will be no more condos built and the questionable closet has little or no effect on wind load as the owner making the complaint infers. Further, the space occupied by the closet in question reduces uplifting of the roof assembly as the wind's force is diverted laterally.

Finally, information from the Palm Beach County related to me that it takes judicial action of a Magistrate to resolve the issue. Read further information next month.



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1 BEDROOM. 1½ BATH - GROUND FLOOR

STRATFORD N Tile Thruout, New Paint, Steps to Lake, **Rent Only**....\$900/mo. SUSSEX M spotless, Completely Tiled, Furnished, Enclosed Patio......\$35,900 SUSSEX H Outside Corner, C/A, Compl. Furnished, Newer Kitchen....\$47,500 SHEFFIELD H Corner, Furn., Newer Appll. Open Kit., 18" Tile..........\$59,900

1 BEDROOM, 1½ BATH - UPPER FLOOR

CAMDEN D Completely Furn., Beautiful Lake Views, 2 A/C's\$36,000 COVENTRY G Central Air, Patio Faces Greenview, Furn., Corner.....\$39,000 CHATHAM U Corner, Total Renov., 18" Tile, Compl. Furnished\$39,900 GOLF'S EDGE 7 Furn, Excellent Cond. 6 Min. Walk to Gate\$55,000 COVENTRY B Furn., Tile & Lam., Corner, New W/H, Nr. Club/Gate ...\$59,900 STRATFORD H Wonderful Lake Vu, Open Kitchen, Furn, C/A, Tile ...\$79,000 DOVER A Penthouse, 4th Flr., Remodeled, Encl. 100 sq. ft. Patio,

Partly Furnished, Near Clubhouse & East Gate.....\$105,000 DOVER C Total Renovation, A Gem. 4th Flr. Waterview,

Walk to Clubhouse & East Gate.....\$109,000

2 BEDROOMS, 11/2 BATH - GROUND FLOOR

SHEFFIELD A Part. Furn., Lagoon View, Walk to Fitness Center.......\$59,000 CHATHAM P Corner, Compl. Furnished, All Tile, Great Area.....\$59,900 COVENTRY I Furnished, Walk to E-Gate and Clubhouse......\$69,900

2 BEDROOMS, 1½ BATH - UPPER FLOOR

KENT F Outer Corner, Compl. Furn., Pool View, Hurricane Windows...\$65,000

<u>2 BEDROOMS, 2 BATHS - GROUND FLOOR</u>

GOLF'S EDGE 9 Move In, Tile, Washer/Dryer, New Kosher Kitchen,

Granite Countertops, 5 min. Walk to East Gate & Clubhouse........\$99,900 WELLINGTON L 1100 sq. ft., Laminate Flrs, Encl. Patio, Lakeview....\$109,000 STRATFORD B Many Upgrades, Furnished, Tile, Kosher Kitchen,

Lake View, Walk to East Gate\$149,000

2 BEDROOMS, 2 BATHS - UPPER FLOOR

GOLF'S EDGE 19 Corner, Furnished, Good View, Walk to E-Gate\$69,900 GOLF'S EDGE 9 Corner, Compl. Furn., Newer Kit, Walk to Clubhouse ...\$74,900 GREENBRIER C 4th Flr. Pent., All Tile, Encl. Patio, Kosher Kitchen\$109,000 PLYMOUTH B Dramatic Villa Wrap Around Corner, Never on Market, Tile,

2 Full Baths, Washer & Dryer, 1000 sq. ft. Plus Wrap Patio, Lush Landscaping, Kosher, Granite, Very Nice Kitchen, Rare Villa, Must See Now\$190,000

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CLASSIFIED



Prices for the ads are Real Estate -\$10.00 for first 4 lines, additional lines are \$2.00. Classified--\$5.00 for first 4 lines additional lines are \$1.00. All ads must be paid in advance by the 7th of the month prior to the edition they will appear. Classified ads are printed on a space available basis. Ads may be placed for 1, 2 or 3 months. Submissions must be made at the UCO office at Music Room A in the Clubhouse.

Classified advertisements may be submitted by email to the following address:

ucoreporter classifieds@gmail.com

Ads submitted by email must be paid for before they will be included in the paper.

FOR SALE:

For Sale-2 1/5 downstairs corner, gutted, rebuilt 2010. Hurricane windows, copper wiring, new kitchen & baths, CAC in all rooms, etc. MUST BE SEEN 561 -684-5944

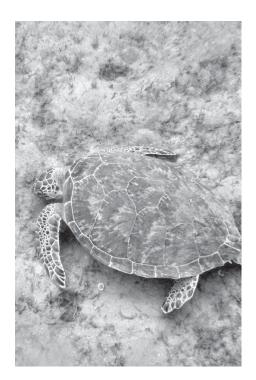
126 Wellington G. 2/2 on the lake. First floor, new kitchen, vanities and appliances. Owner finance available, phone: 561-945-2869. Asking 95K

One bedroom 1 1/2 bath corner unit completely remodeled 1st floor. D/W built in Mico, W/D furnished. 65K Era Frank 561-900-6634

Golf's Edge: One bedroom, 1.5 bath, 1st floor. Move in ready. Lam floors, furn. Rent able. Call: 561-845-1133

Nice condo: 1 bedroom, 1 bath. Call David: 561- 471-8124

1 Bedroom, 1 Bath First floor for sale. Call 561-389-2963.



FOR RENT

Camden L, 1-1/2 fully furnished, beautiful condition, freshly painted, tiled throughout, updated bathrooms, 2nd floor call Janine 561-839-9012

Nice condo: 1 bedroom, 1 bath. Call David: 561- 471–8124

Norwich C, 2-1.5, Ground Floor, Newer Kitchen & bath, Window A/C & fans. Must See. No pets. Near Clubhouse and East Gate. Ready May 1. For Appointment call 561-814-8180.

YEARLY OR SEASONAL RENTALS

2 Bedrooms, 2 Bath, Second Floor, Seasonal, \$1,250 per Month. Yearly Lease \$925 per Month. Call 1-917-861-4174

1 BR, 1 bath - Ground Floor - Seasonal \$1,000 Per Month - Yearly \$700 Per Month
Call 1-917-861-4174

1 BR, 1.5 Bath - First Floor - Seasonal \$1,200 Per Month - Yearly Lease \$750 Per Month. 1-917-861-4174



MISCELLANEOUS

10 Cubic Ft Whirlpool Refrigerator H-59' W-25' D-22' 8yrs old - like new \$100 originally \$400 + 7' Travel Iron w/cover \$15.00. Century Village 347-968-0227

INFORMATION

Positive Move Fitness - Certified Personal trainer, Michael Quinn will be here at Century Village. He works to increase health through the science of sports medicine and "corrective exercise and proper body mechanics". To set up an appointment call: 1-315-481-2205.

Chantale's Cleaning Service \$15.00 per hour, call: 561-502-5257 (LBTR # 200710338)



MIDTOWN IMAGING BUILDING, SUITE 202
5405 OKEECHOBEE BLVD., WEST PALM BEACH, FLORIDA 33417
(Located directly outside Century Village)



TEL. (561) 471-7100

The hiring of a lawyer is an important decision that should not be based solely upon advertisements. Before you decide, ask us to send you free written information about our qualifications & experience.



You might have seen a gentleman walking on the path with what appears to be ski poles. The sport is called Nordic Walking and the poles, Nordic Walking poles. Nordic Walking was first used as a summer training method by cross-country skiers. It was then developed into a fitness exercise with specific training equipment. Nordic Walking uses specifically designed poles to engage the upper body during fitness walking. Now you can "walk smarter, not harder"!

Normal walking, even at a fast pace and good stride, only uses approximately 70% of the muscle mass in the body at any given time, using Nordic Walking poles and with the proper technique, you will now be utilizing up to 90% of your body's muscle while increasing your heart rate.

There aren't many fitness tools seniors can use every day to become more fit, to stand taller against gravity, and to off set chronic pain. Nordic Walking poles provide the opportunity to retrain the body for movement efficiency.

Ten Reasons to Nordic Walk

- 1. Poles add resistance and increase muscle use by 20% compared to regular walking.
- 2. Provides a full-body workout that tones upper body, legs, and glutes.
- 3. Relieves neck and shoulder pain.
- 4. Works the arms, shoulders and upper chest and back muscles.
- 5. Reduces stress to the knees and lower joints.
- 6. Allows you to get a better workout without feeling like you are working any harder.
- 7. Consumes approximately 400 calories per hour (compared with 280 calories per hour for normal walking).
- 8. Poles provide more stability for walkers who have balance, knee or leg problems.
- 9. Targets the hips, thighs and buttocks.

10. A great social activity you can enjoy with family and friends.

Experience the added results of turning walking into a total body exercise that gently engages every major muscle with every stride.



WPRF PHONE DIRECTORY

640-3120

Staff & Class Office	Ext. 0
Ticket Office	Ext. 1
WPRF Maintenance Office	Ext. 2
WPRF Accounts Receivable Office	Ext. 3
I.D. Office	Ext. 4
Administrative Office	Ext. 5
Main Clubhouse Security	Ext. 6
Hastings Clubhouse Security	Ext. 7
Aerobic Instructor	Ext. 8
Gym Trainers	Ext. 9
Operator, Please Press Zero	

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Nutrition and Health NUTRITION BEFORE AND AFTER SURGERY

JEANIE W. FRIEDMAN, MS RD LD/N

In spite of our healthy lifestyles, sometimes the need for surgery arises. Optimizing nutrition before and after your surgical procedure can help with recovery. For surgeries that come up unexpectedly, we have no control. Keeping a healthy lifestyle would the best way to make sure you stay one step ahead. But for those that have been planned, you can work to improve our health and to help shorten recovery time.

BEFORE SURGERY

While maintaining a healthy weight or Body Mass Index (which is a calculation of height and weight) is important regardless of any upcoming surgical procedures, surgery itself can be quite a stressful event on the body. It is important to ensure that your body is as strong as it can be to undergo the procedure and to heal afterwards.

HYDRATION

And here is that word again....it

must be pretty important if you've heard me mention hydration yet once more. Sufficient water is needed to keep your body running smoothly.

Always remember to follow preop instructions as to when you are required to stop eating and drinking before surgery.

ADEQUATE INTAKE

Although eating balanced diet that includes protein, carbohydrates, and healthy fats can help provide the nutrients needed to heal, there are a few vitamins and minerals that deserve a paragraph of their own.

Both zinc and vitamin C aid in wound healing, which is especially important after surgery. Zinc is found in meats, dairy, as well as beans and nuts. Vitamin C is present in not only citrus fruits like oranges, but also strawberries, broccoli, and bell peppers. It is best to obtain your nutrients from food sources.

AFTER SURGERY

After surgery, your appetite may not be the same as before and that is normal. Unless your medical condition and doctor's instructions prevent you from doing so, include protein into each meal. Protein is a necessary building block for muscle and also for bone healing and rebuilding. Protein can also help strengthen your immune system. Depending on your diet and what you can tolerate, eggs, dairy like cheese or yogurt, and meats can provide good quality protein that is needed. Soybased products can provide protein for those who are vegetarians. Reading the food label can give you a good idea of how much protein each serving would give you.

CONSTIPATION

For those who are recovering from surgery, pain medications can be a wonderful thing, however, along with the anesthesia, they can also cause constipation. And I'm sure you know how miserable we can feel when that happens!

It can take the bowels a few days to right themselves again. In the meantime, drinking plenty of water can help alleviate the discomfort of irregular bowels. Some people also try prune juice or prunes to help move things along. Motion, like walking, can be helpful to encourage movement within your bowels. And remember to always check with your doctor and/or surgical facility before changing your diet or lifestyle.

Stay healthy!

Jeanie W. Friedman is a Registered Dietitian and nutritionist licensed in the State of Florida. This article is intended for educational purposes only and is not intended as a substitute for consultation with your health care professional. Ms. Friedman may be reached at IFriedmanRD@aol.com



As anyone can read in the back of The New York Times Book Review each Sunday, the best seller lists reflect the sales of books in 1,400 bookstores across the country. Each week those stores submit sales figures of the most popular titles, and this information is fed into a computer, which comes up with the top fifteen books in four categories: hardcover fiction, hardcover general, trade paperback, and mass market paperback.

Most of the time, I don't agree with their choices. This month I read three of them. They were all right. Nothing special. I will give you a brief review of each of them. You can pick out one you might like to read or none of them.

NEWS OF THE WORLD by Paulette Jiles is a novel. Captain Jefferson Kyle Kidd is one of the characters as is Johanna. It's 1870 in Texas and after his service in the wars, Captain Kidd is a News Reader going from town to town reading the news of the day to anyone who will pay a dime to hear it. He is offered a 50 dollar gold piece from someone he trusts to take a 10 year old orphaned girl to her relatives. She had been taken by the Kiowa Indians when she was six years old, so she is a bit wild to everyone's eyes.

Their journey together is genuinely beautiful! The characters won my heart. Johanna only knows the way of the Indians now and has lost the English language. The Captain has a

long and dangerous journey ahead. Although most reviews were glowing, I felt It wasn't a bad story, I'm just finding that post civil war fiction is not for me... really can't say why. Oh,

Hilderbrand is the last book in a trilogy. I did not know that when I started reading it. It is fiction. We are back for the final story on Winter Street and the Quinn Family as they are facing another year with Bart still missing in Afghanistan, Patrick getting out of jail for insider trading, Jennifer addicted to pills, Ava trying to decide which man she loves and Kelley surviving his bout with cancer. As the year passes each of the Quinn children are facing problems and coming up with solutions.

ongoing family issues (even if they characters we won't meet again. If crude and explicit.

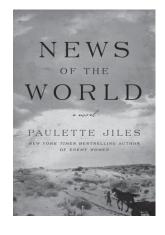
you are going to read this one, read books one and two first.

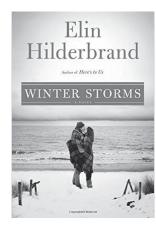
FILTHY RICH by James Patterson

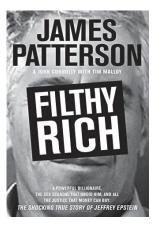
with John Connolly and Tim Malloy is non-fiction. It is the case of Jeffrey Epstein, a resident of Palm WINTER STORMS by Erin Beach.. Epstein's story is one of an extremely wealthy 50-ish man who recruited dozens of high school aged girls to give him massages while partially undressed or naked, and then sexually assaulting them. Unfortunately, after the police department collected evidence against Epstein, the local prosecutor declined to fully prosecute. Epstein was a wealthy donor to many charities and politicians, and there's

influenced the prosecutor's decision. Bill Cosby's legal cases only makes I have really mixed feelings about the case of Jeffrey Epstein sound this one. It's nice reading about worse. Celebrities and the ultra rich too often seem to find loopholes in are ordinary issues) and seeing the laws and courts which make the family tough it out together. them all but immune from being Enjoyable except for the abrupt treated like most citizens in criminal ending and a feeling of loss for the cases. The language in this one is

a question as to whether or not this









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PLEASE HAVE YOUR ID READY FOR THE DRIVER

Clubhouse	8:00 9:	00 10:00 11:0	00 DRIVERS	1:00 2:00 3:00 4:0	0 5:00 6:00 7:00 8:00 9:00 10:0	<u>0</u>
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vary according to the number of people that the driver must help when entering or leaving the bus.

Please be at the bus stop 10 mins before time.

All nternal buses will 0nREQUEST complete <u>Perimeter</u> Drive Run at 11:45



APRIL-INTERNAL BUS SCHEDULE ROUTE #2

PLEASE HAVE YOUR ID READY FOR THE DRIVER

Clubhouse	8:00 <u>9:00</u> 10:00 <u>11:00</u>	DRIVERS 1:00 2:00 3:00 4:00 5:00 6:00 7:00 8:00 9:00 10:00	
Century Blvd and East Dr	8:01 <u>9:01</u> 10:01 11:0	LUNCH 1:01 2:01 3:01 4:01 5:01 6:01 7:01 8:01 9:01 10:01	
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North Dr and Plymouth Ln	8:04 <u>9:04</u> 10:04 <u>11:04</u>	1:04 2:04 3:04 4:04 5:04 6:04 7:04 8:04 9:04 10:04	
North Dr By Sheffield E	8:05 <u>9:05</u> 10:05 <u>11:05</u>	1:05 2:05 3:05 4:05 5:05 6:05 7:05 8:05 9:05 10:05	Times vary
North Dr and Hampshire St	8:05 <u>9:05</u> 10:05 11:05	1:05 2:05 3:05 4:05 5:05 6:05 7:05 8:05 9:05 10:05	according
-lampshire St and Clinton St	8:06 9:06 10:06 11:06	1:05 2:06 3:06 4:06 5:06 6:06 7:06 8:06 9:06 10:06	J
Clinton st and Inverness	8:06 <u>9:06</u> 10:06 <u>11:0</u>	6 1:05 2:06 3:06 4:06 5:06 6:06 7:06 8:06 9:06 10:06	to the
Clinton St and James St	8:07 <u>9:07</u> 10:07 <u>11:0</u>	7 1:07 2:07 3:07 4:07 5:07 6:07 7:07 8:07 9:07 10:07	number of
Kent St and Clinton St	8:07 9:07 10:07 11:0	7 1:07 2:07 3:07 4:07 5:07 6:07 7:07 8:07 9:07 10:07	people
Kent G and Kent St	8:08 9:08 10:08 11:08	1:08 2:08 3:08 4:08 5:08 6:08 7:08 8:08 9:08 10:08	
Kent St and Kent C	8:08 9:08 10:08 11:0 8	1:08 2:08 3:08 4:08 5:08 6:08 7:08 8:08 9:08 10:08	that the
Chatham A	8:09 <u>9:09</u> 10:09 <u>11:09</u>	1:09 2:09 3:09 4:09 5:09 6:09 7:09 8:09 9:09 10:09	driver
Charham C	8:09 9:09 10:09 11:0	9 1:09 2:09 3:09 4:09 5:09 6:09 7:09 8:09 9:09 10:09	marret help
Chatham D	8:10 <u>9:10</u> 10:10 <u>11:1</u> 0	1:10 2:10 3:10 4:10 5:10 6:10 7:10 8:10 9:10 10:10	must help
Ascot St and West Dr	8:10 <u>9:10</u> 10:10 <u>11:1</u>	O DRIVERS 1:10 2:10 3:10 4:10 5:10 6:10 7:10 8:10 9:10 10:10	when
Ascot Cr and Northampton St	8:11 <u>9:11</u> 10:11 <u>11:1</u>	1 LUNCH 1:11 2:11 3:11 4:10 5:11 6:11 7:11 8:11 9:11 10:11	entering
Northampton I-L	8:11 9:11 10:11 11:1	1 1:11 2:11 3:11 4:11 5:11 6:11 7:11 8:11 9:11 10:11	
Northampton St and Carleton St	8:12 9:12 10:12 11:1	2 1:12 2:12 3:12 4:12 5:12 6:12 7:12 8:12 9:12 10:12	or leaving
Northampton St and Devon St	8:12 9:12 10:12 11:12	1:12 2:12 3:12 4:12 5:12 6:12 7:12 8:12 9:12 10:12	the bus.
Northampton St and Elgin St	8:13 9:13 10:13 11:1	3 1:13 2:13 3:13 4:13 5:13 6:13 7:13 8:13 9:13 10:13	
Falkirk st and Lincoln St	8:13 9:13 10:13 11:13	3 1:13 2:13 3:13 4:13 5:13 6:13 7:13 8:13 9:13 10:13	
Lincoln St	8:14 9:14 10:14 11:1	4 1:14 2:14 3:14 4:14 5:14 6:14 7:14 8:14 9:14 10:14	
West Dr and Lincoln St	8:15 9;15 10:15 11:1	5 1:15 2:15 3:15 4:15 5:15 6:15 7:15 8:15 9:15 10:15	Please be
kent St and North Dr	8:16 9:16 10:16 11:1	6 1:16 2:16 3:16 4:16 5:16 6:16 7:16 8:16 9:16 10:16	at the bus
Kent St and Devon St	8:17 9;17 10:17 11:1		
Kent St and Elgin St	8:17 9:17 10:17 11:1	7 1:17 2:17 3:17 4:17 5:17 6:17 7:17 8:17 9:17 10:17	stop 10
Kent St and Falkirk St	8:18 9:18 10:18 11:1	8 1:18 2:18 3:18 4:18 5:18 6:18 7:18 8:18 9:18 10:18	mins
James St and Falkirk St	8:18 9:18 10:18 11:18	1:18 2:18 3:18 4:18 5:18 6:18 7:18 8:18 9:18 10:18	
Falkirk St and Inverness	8:19 9:19 10:19 11:1 9	9 DRIVERS 1:19 2:19 3:19 4:19 5:19 6:19 7:19 8:19 9:19 10:19	before
Falkirk St and Hampshire St	8:19 9:19 10:19 11:1 9	9 LUNCH 1:19 2:19 3:19 4:19 5:19 6:19 7:19 8:19 9:19 10:19	time.
Hampshire by Dorchester G	8:20 9:20 10:20 11:2 0	0 1:20 2:20 3:20 4:20 5:20 6:20 7:20 8:20 9:20 10:20	
Oxford 100 and Devon St	8:20 9:20 10:20 11:20	1:20 2:20 3:20 4:20 5:20 6:20 7:20 8:20 9:20 10:20	
Devon St and Oxford 500	8:21 9:21 10:21 11:21	1:21 2:21 3:21 4:21 5:21 6:21 7:21 8:21 9:21 10:21	
North Dr by Chatham U	8:21 9:21 10:21 11:2 1	1:21 2:21 3:21 4:21 5:21 6:21 7:21 8:21 9:21 10:21	All internal
North Dr by Stratford N-O	8:22 9:22 10:22 11:2	2 1:22 2:22 3:22 4:22 5:22 6:22 7:22 8:22 9:22 10:22	buses will
Glencoe St and Devon St	8:23 9:23 10:23 11:2	3 1:23 2:23 3:23 4:23 5:23 6:23 7:23 8:23 9:23 10:23	<u>On</u>
Glencoe St and Elgin St	8:24 9:24 10:24 11:2		REQUEST
Sheffield N	8:25 9:25 10:25 11:2		complete
Hastings fitness by PARKING	8:26 <u>9:26</u> 10:26 <u>11:2</u>		Perimeter
Hastings Fitness by BUS STOP	8:26 9:26 10:26 11:2		
Hastings A-B	8:27 9:27 10:27 11:2		Drive Run
Glencoe St and Falkirk St	8:28 <u>9:28</u> 10:28 <u>11:2</u>		at 11:45
Falkirk St and Essex St	8:28 <u>9:28</u> 10:28 <u>11:2</u>	1:28 2:28 3:28 4:28 5:28 6:28 7:28 8:28 9:28 10:28	
Cardiff St and Essex St	8:29 9:29 10:29 11 :		
Coventry C	8:30 <u>9:30</u> 10:30 <u>11:3</u>		
Walgreens-Medical Plaza	8:32 <u>9:32</u> 10:32 <u>11:3</u>		Section and the section of the contract of the section of the sect
Clubhouse	8:35 9:35 10:35 11:3		
Publix	8:40 <u>9:40</u> 10:40 <u>11:4</u>	1:40 2:40 3:40 4:40 5:40 6:40 7:40 8:40	

<u>Please Note: On Saturdays all internal bus routes will drop off at Anshei Sholom on the 9:00 Am run. Monday thru Friday internal bus</u> #1 & #3 drops off at Hastings Fitness Center at 8 AM & 1PM & On request at other times,#2 runs all day.

APRIL-INTERNAL BUS SCHEDULE ROUTE #3

PLEASE HAVE YOUR ID READY FOR THE DRIVER

Century Blvd and East Dr 8:01 9:01 10:01 11:01 LUNCH 1:01 2:01 3:01 4:01 5:01 6:01 7:01 8:01 9:01 10:02 East Dr and Dover A-B 8:02 9:02 10:02 11:02 1:02 2:02 3:02 4:02 5:02 6:02 7:02 8:02 9:02 10:0 South Dr and Dover B 8:03 9:03 10:03 11:03 1:03 2:03 3:03 4:03 5:03 6:03 7:03 8:03 9:03 10:0 Fairway Dr and Carlisle St 8:04 9:04 10:04 11:04 1:04 2:04 3:04 4:04 5:04 6:04 7:04 8:04 9:04 10:0 Greenbrier B 8:05 9:05 10:05 11:05 1:05 2:05 3:05 4:05 5:05 6:05 7:05 8:05 9:05 10:05
South Dr and Dover B 8:03 9:03 10:03 11:03 1:03 2:03 3:03 4:03 5:03 6:03 7:03 8:03 9:03 10:00 Fairway Dr and Carlisle St 8:04 9:04 10:04 11:04 1:04 2:04 3:04 4:04 5:04 6:04 7:04 8:04 9:04 10:04
Fairway Dr and Carlisle St 8:04 9:04 10:04 11:04 1:04 2:04 3:04 4:04 5:04 6:04 7:04 8:04 9:04 10:0
Greenbrier B 8:05 9:05 10:05 11:05 1:05 2:05 3:05 4:05 5:05 6:05 7:05 8:05 9:05 10:
Greenbrier C 8:05 9:05 10:05 11:05 1:05 2:05 3:05 4:05 5:05 6:05 7:05 8:05 9:05 10:05
Greenbrier A 8:06 9:06 10:06 11:06 1:05 2:06 3:06 4:06 5:06 6:06 7:06 8:06 9:06 10:0
Greenbrier and Elizabeth St 8:06 9:06 10:06 11:06 1:05 2:06 3:06 4:06 5:06 6:06 7:06 8:06 9:06 10:06
Southampton by the POOL 8:07 9:07 10:07 11:07 1:07 2:07 3:07 4:07 5:07 6:07 7:07 8:07 9:07 10:0
Southampton B 8:07 9:07 10:07 11:07 1:07 2:07 3:07 4:07 5:07 6:07 7:07 8:07 9:07 10:0
Southampton A 8:08 9:08 10:08 11:08 1:08 2:08 3:08 4:08 5:08 6:08 7:08 8:08 9:08 10:0
Fairway St and Dorset St 8:08 9:08 10:08 11:08 1:08 2:08 3:08 4:08 5:08 6:08 7:08 8:08 9:08 10:0
Dorset St and Glencoe 8:09 9:09 10:09 11:09 1:09 2:09 3:09 4:09 5:09 6:09 7:09 8:09 9:09 10:09
Glencoe St and Carlisle St 8:09 9:09 10:09 11:09 1:09 2:09 3:09 4:09 5:09 6:09 7:09 8:09 9:09 10:09
Glencoe St and South Dr 8:10 9:10 10:10 11:10 1:10 2:10 3:10 4:10 5:10 6:10 7:10 8:10 9:10 10:1
South Dr and fairway St 8:10 9:10 10:10 11:10 DRIVERS 1:10 2:10 3:10 4:10 5:10 6:10 7:10 8:10 9:10 10:1
South Dr and Elizabeth St 8:11 9:11 10:11 11:11 LUNCH 1:11 2:11 3:11 4:10 5:11 6:11 7:11 8:11 9:11 10:1
East Dr and Golf's Edge 12-14 8:11 9:11 10:11 11:11 1:11 2:11 3:11 4:11 5:11 6:11 7:11 8:11 9:11 10:1
East Dr and Golf's Edge 2 8:12 9:12 10:12 11:12 1:12 2:12 3:12 4:12 5:12 6:12 7:12 8:12 9:12 10:1
East Dr and Bath St 8:12 9:12 10:12 11:12 1:12 2:12 3:12 4:12 5:12 6:12 7:12 8:12 9:12 10:1
East Dr and Clinton st 8:13 9:13 10:13 11:13 1:13 2:13 3:13 4:13 5:13 6:13 7:13 8:13 9:13 10:1
Norwich F 8:13 9:13 10:13 11:13 1:13 2:13 3:13 4:13 5:13 6:13 7:13 8:13 9:13 10:1
Falkirk St and Avon Ave 8:14 9:14 10:14 11:14 1:14 2:14 3:14 4:14 5:14 6:14 7:14 8:14 9:14 10:1
Avon Ave and Elgin St 8:15 9:15 10:15 11:15 1:15 2:15 3:15 4:15 5:15 6:15 7:15 8:15 9:15 10:15
Norwich E 8:16 9:16 10:16 11:16 1:16 2:16 3:16 4:16 5:16 6:16 7:16 8:16 9:16 10:1
Elgin St and Cardiff St 8:17 9:17 10:17 11:17 1:17 2:17 3:17 4:17 5:17 6:17 7:17 8:17 9:17 10:1
Cardiff Sty and Devon 8:17 9:17 10:17 11:17 1:17 2:17 3:17 4:17 5:17 6:17 7:17 8:17 9:17 10:1
Norwich h 8:18 9:18 10:18 11:18 1:18 2:18 3:18 4:18 5:18 6:18 7:18 8:18 9:18 10:18
Devon and Avon Ave 8:18 9:18 10:18 11:18 1:18 2:18 3:18 4:18 5:18 6:18 7:18 8:18 9:18 10:1
North Dr and Avon Ave 8:19 9:19 10:19 11:19 DRIVERS 1:19 2:19 3:19 4:19 5:19 6:19 7:19 8:19 9:19 10:1
North Dr and Borden St 8:19 9:19 10:19 11:19 LUNCH 1:19 2:19 3:19 4:19 5:19 6:19 7:19 8:19 9:19 10:19
Borden St and Clinton St 8:20 9:20 10:20 11:20 1:20 2:20 3:20 4:20 5:20 6:20 7:20 8:20 9:20 10:20
Easthampton E 8:20 9:20 10:20 11:20 1:20 2:20 3:20 4:20 5:20 6:20 7:20 8:20 9:20 10:2
Clinton and Avon Ave 8:21 9:21 10:21 11:21 1:21 2:21 3:21 4:21 5:21 6:21 7:21 8:21 9:21 10:2
Avon Ave and Bath St 8:21 9:21 10:21 11:21 1:21 2:21 3:21 4:21 5:21 6:21 7:21 8:21 9:21 10:22
Avon Ave and Ascot Ave 8:22 9:22 10:22 11:22 1:22 2:22 3:22 4:22 5:22 6:22 7:22 8:22 9:22 10:22
Salisbury A 8:23 9:23 10:23 11:23 1:23 2:23 3:23 4:23 5:23 6:23 7:23 8:23 9:23 10:23
Borden St and Bath St 8:24 9:24 10:24 11:24 1:24 2:24 3:24 4:24 5:24 6:24 7:24 8:24 9:24 10:2
Walgreens-Medical Plaza 8:25 9:25 10:25 11:25 1:25 2:25 3:25 4:25 5:25 6:25 7:25 8:25 9:25 10:2
Clubhouse 8:28 9:28 10:28 11:28 1:28 2:28 3:28 4:28 5:28 6:28 7:28 8:28 9:28 10:2
Publix 8:35 9:35 10:35 11:35 1:35 2:35 3:40 4:35 5:35 6:35, 7:35 8:35

Times vary according to the number of people that the driver must help when entering or leaving the bus.

Please be at the bus stop 10 mins before time.

All internal buses will On REQUEST complete Perimeter Drive Run at 11:45



APRIL-EXTERNAL BUS SCHEDULES

PLEASE HAVE YOUR ID READY FOR THE DRIVER

SHUTTLE BUS (Mon-Fri) Mon-Fri Perimeter run at 12:45

Shorre 803 (Molern) Mon-	rri Peri	imeter r	un at 12	143				
Clubhouse	9:00	10:00	11:00	DRIVERS	1:00	2:00	3:00	4:00
Imaging Ctr *Family Dollar	9:07	10:07	11:07		1:07	2:07	3:07	4:07
Library	9:15	10:15	11:15	LUNCH	1:15	2:15	3:15	4:15
Humana	9:18	10:18	11:18		1:18	2:18	3:18	4:18
UCO	9:21	10:21	11:21		1:21	2:2:	3:21	4:21
Walmart/Jog	9:25	10:25	11:25		1:25	2:29	3:25	4:25
Publix(home depot plaza-Jog Rd)	9:28	10:28	11:28	DRIVERS	1:28	2:28	3:28	4:28
Century Plaza	9:31	10:31	11:31		1:31	2:31	3:31	4:31
Emporium Shoppes	9:37	10:37	11:37	LUNCH	1:37	2:37	3:37	4:37
Goodwill	9:41	10:41	11:41		1:41	2:41	3:41	4:41
Post Office drop off/pick up	Tuesda	y and Th	nursday (Only		2:46	3:46	
Perimeter Drive	(On reque	est		On Request			
Clubhouse	9:58	10:58	11:58		1:58	2:58	3:58	4:58
MALL BUS (Mon-Fri)								
Clubhouse	9:00	10:00	11:00	DRIVERS	1:00	2:00	3:00 4:00	5:00
Dr Sapenoff	9:09	10:09	11:09		1:09	2:09	3:09 4:09	5:09
Pine Trail	9:14	10:14	11:14	LUNCH	1:14	2:14	3:14 4:14	5:14
Walmart/Military Trl Mon-Tue-wed	9:23	10:23	11:23		1:23	2:23	3:23 4:23	5:23
President's Market Thursday Only			11:25		1:25			
Palm Beach Outlets Friday Only		10:23				2:30		
Winn Dixie/Kmart No Friday service	9:34	10:34	11:34		1:35	2:40	3:40 4:40	5:40
Dollar Tree No Friday service	9:38	10:38	11:38	DRIVERS	1:45	2:45	3:45 4:45	5:45
Church No Friday 10:41 and 2:48	9:41		11:41		1:48		3:48 4:48	5:48
Village Commons	9:43	10:48	11:48	LUNCH	1:52	2:52	3:52 4:52	5:52
Clubhouse	9:53	10:53	11:53		1:58	2:58	3:58 4:58	5:58

PUBLIX EXPRESS (Mon-Fri) Mon-Fri Perimeter Run 8:45 and 12:50

Clubhouse	9:00 10:00 11:00	1:00	2:00	3:00	4:00	
Morse	9:20	1:20				
Publix	9:35 <u>10:15</u> 11:15	1:35	2:15	3:15	4:15	

COMBO RUN (Saturdays-Sundays and Holidays)

Clubhouse	9:00	10:00	11:00	DRIVERS	1:00	2:00	3:00	4:00	5:00
Village Commons	9:10	10:10	11:10		1:10	2:10	3:10	4:10	5:10
Church	9:15	10:15	11:15	LUNCH	1:15	2:15	3:15	4:15	5:15
Pine Trail	9:22	10:22	11:22		1:22	2:22	3:22	4:22	5:22
Walmart/Military	9:30	10:30	11:30		1:30	2:30	3:30	4:30	5:30
Winn Dixie/Kmart	9:37	10:37	11:37		1:37	2:37	3:37	4:37	5:37
Emporium Shoppes	9:42	10:42	11:42		1:42	2:42	3:42	4:32	5:42
Goodwill	9:48	10:48	11:48		1:48	2:48	3:48	4:48	5:48
Perimeter Dr		ON	REQU	EST					
Clubhouse	9:58	10:58	11:58		1:58	2:58	3:58	4:58	5:48

PLEASE BE AT BUS STOP 10 MINUTES BEFORE THE SCHEDULE TIME.

SHUTTLE EVERY DAY UCO IS OPEN ALSO WHEN SENIORS VS CRIME SEE INTERNAL

ALL INTERNAL BUSES WILL AWAIT THE RETURN OF ALL EXTERNAL BUSES.

YOU MUST SHOW YOUR ID'S AS YOU ENTER THE BUS

THIS IS VERY IMPORTANT FOR THE SECURITY OF OUR VILLAGE



EXCURSION TRIPS

Wednesday APR 5 Town Center Mall
Wednesday APR 12 Lake Worth Beach/PGA
Mall (depending on the weather)
Wednesday APR 19 Festival Flea Market
Wednesday APR 26 Wellington Mall

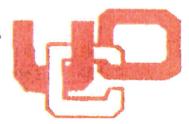
EXCURSIONS DEPART CLUBHOUSE AT 10:00A.M
AND RETURN ABOUT 3:00P.M

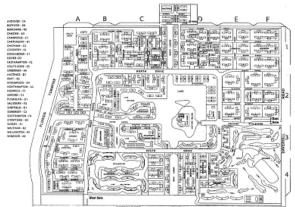
You will be told the time to come back to the bus by the driver and also when you sign in before leaving.

If you are **NOT** returning with our bus please notify the driver.

THE FOLLOWING FEDERAL HOLIDAYS WE WILL ONLY USE THE COMBO RUN BUS.

Monday MAY 29 MEMORIAL DAY
Tuesday JUL 4 INDEPENDENCE DAY
Monday SEP 4 LABOR DAY
Monday OCT 9 COLUMBUS DAY
Friday NOV 10 VETERANS DAY
Thursday NOV 23 THANKSGIVING
Monday DEC 25 CHRISTMAS DAY







Sailing Through A Fog

Allen Preston An Inspiration For Us All

BY CHRISTINE MOHANTY

"He just blew me out of the water! I've never seen a new sailor handle a Sunfish as if he were born in one, and I've been training and certifying residents of Century Village West Palm for years," declared dock master Helga Lieb-O'Neill with a huge smile on her face. Day one he learned how to assemble his Sunfish, and prior to conducting my interview, I observed him doing so firsthand. After an hour's tour with Helga, he was able to sail semi-independently on a tether. Day two, he was already navigating

completely on his own. All this would be remarkable in and of itself were it not for the fact that Allen Preston is impaired with only 15% vision devoid of color to guide him through the waters of our lagoon. Fortunately, he can detect shadows, so he's aware of nearby Sunfish. "However, to see a smile, I have to be no farther than a couple of feet." He navigates under the only white sail out there so that other sailors know to communicate with him. He says he has yearned to test the waters for many years but never had the opportunity to do so until now.

Helga claims training Allen was an honor, "a first for me. I am amazed and

impressed by what he's been able to accomplish in record time; I never worked with such a fast learner. Without much instruction, he already intuited how to navigate the wind as well as the water. I also respect the fact that he knows his limitations and won't

take chances out there." W.P.R.F. Vice-President, Eva Rachesky, has been a staunch supporter of Allen's latest venture, encouraging him to get his feet wet.

Allen may be new to sailing but certainly not to sports in general. He has biked, ridden horseback, scuba dived, and cross-country skied. Here in Century Village where he's lived for three years, he walks a good deal and tries to swim at least a mile three times a week. In the past, he

even solo experimented an ultra-light powered parachute. Aside from sailing, his most recent activity is ballroom dancing. He may occasionally be seen with partner Corrine Healey in the Spotlight Tuesday night's dance party. Jokingly, he said, "I did have to resign myself to the fact that I would never be a commercial airline pilot."

Sailing is just one of the feathers in Allen's handiCAP. This season alone, he has performed twice Actors Studio. Since this reporter has performed for over 27 years on

> many stages, I can attest to the fact that he is a born natural; he has the indefinable IT which makes for an outstanding presentation. In Jody Lebel's Disorder in the Court, Allen as the prosecuting attorney even swore his service guide dog, Links, in as a witness in one of the cases.

Allen is very committed to helping others challenged by the same impairment. Born blind, he says there was no adjustment to be made. Not true for those who become handicapped later in life. In the past, he hosted a PBS program "Cooking Without Looking." You may still catch this Vision World Foundation program on YouTube. He's also on the Board of Directors of the Lighthouse for the Blind of the Palm Beaches and is

● NO BIKES, SKATES, SKATEBOARDS ON POOL DECK.



involved plugging the Guide Dog Handlers of the Palm Beaches. Aside from advocating for the blind, Allen is also a member of the Lions Club.

Prior to retirement, Allen was an industrial arts teacher holding a degree from his native Minnesota state university. He was also involved in rental real estate. He has one son. When asked what his next challenge might be, Allen replied, "To dance with my granddaughter at her wedding." Said granddaughter is now only twelve years old, so it's clear Allen sees himself continually exploring new venues. He is an inspiration not just for handicapped people but for us all. For the time being, however, his immediate goal is to pass every portion of the restricted sailing license to ultimately participate in the competitive races. We should all cheer him on to SAIL AWAY!



POOL RULES

USE OF POOL FACILITIES RESTRICTED TO RESIDENTS WITH PROPER I.D.'S AND GUESTS WITH PROPER PASSES. THESE MUST BE EXHIBITED UPON REQUEST. VIOLATORS WILL BE CONSIDERED TRESPASSERS AND WILL BE ASKED TO LEAVE THE POOL AREA. ONLY SECURITY OR MANAGEMENT PERSONNEL MAY EXCLUDE A PERSON FROM USING THE POOL AND/ OR OTHER FACILITIES. SWIMMING ATTIRE: TRADITIONAL SWIMWEAR SPECIFICALLY DESIGNED FOR SWIMMING IN A POOL MUST BE WORN AT ALL TIMES

(WITHOUT ANY ADDITIONAL CLOTHING) WHILE ANY PART OF A PERSON IS IN THE POOL. NUDE BATHING AND/OR WEARING LESS THAN A FULL, TRADITIONAL SWIMSUIT SPECIFICALLY DESIGNED FOR SWIMMING IN A POOL IS STRICTLY PROHIBITED AT ALL TIMES.

●POOL HOURS: 8:00 AM TO DUSK ●BATHING LOAD 68 PERSONS ●MAXIMUM WATER TEMP. IS 104 F. WELCOME TO YOUR FACILITY, WHILE YOU ARE HERE ENJOYING YOURSELF. PLEASE NOTE THE FOLLOWING:

- PLEASE DO NOT SIT ON, LEAVE SHOES / SLIPPERS ETC. ON OR IN FRONT
 NO FOOD OR BEVERAGE IN POOL OR POOL WET DECK. UNDER
- **OF POOL STEPS** NO BARE FEET ALLOWED IN BATHROOMS.
- NO SMOKING/NO E CIGS ON POOL DECK OR BATHROOMS
- DO NOT SWIM ALONE, BRING A BUDDY.
- NO CHAIRS OR LOUNGERS WITHIN 4 FEET OF POOL EDGE. SHOWER BEFORE ENTERING. SUNSCREEN/OIL USERS RINSE AFTER
- NO PETS OF ANY KIND. SERVICE ANIMALS ONLY WITH W.P.R.F I.D.
- NO ONE UNDER THE AGE OF 16 PERMITTED IN THIS POOL FACILITY.
- TO BE USED FOR PERSONAL BELONGINGS. ONE CHAIR OR LOUNGER EACH USE. PLEASE USE TOWELS TO PROTECT CHAIRS AND LOUNGERS. PER PERSON.

NO FOUL LANGUAGE.

NO STACKING OF CHAIRS.

● NO RAFTS, RINGS, FOAM WATER BELLS, FINS OR KICKBOARDS. NOODLES ONLY. • HEADPHONES MUST BE USED WHEN LISTENING TO ELECTRONIC DEVICES.

AWNING ONLY. NO GLASS OF ANY KIND. PLEASE USE TRASH RECEPTACLES.

NO RESERVING OF CHAIRS. LOUNGERS. TABLES. FURNITURE IS NOT

MY USE OF THESE FACILITIES IS AN ACKNOWLEDGEMENT OF THE RULES & REGULATIONS. NON COMPLIANCE WITH THE ABOVE CAN RESULT IN THE CONFISCATION OF YOUR I.D.'S / PASSES. REPORT NON-COMPLIANCE TO SECURITY ROVER: # OR STAFF OFFICE: # 561-640-3120

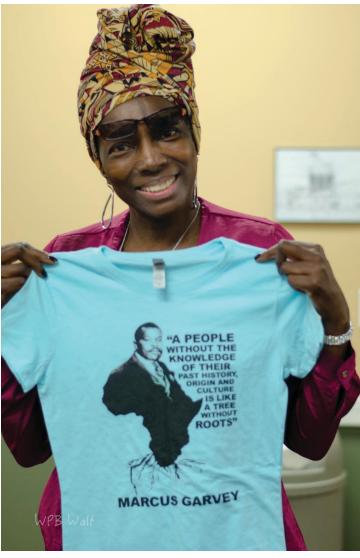
BLACK HISTORY MONTH

PHOTOS BY WALTER THOMPSON









SENIORS VS. CRIME,

a service provided to Century Village residents by volunteers working with the Palm Beach County Sheriff's office, announces new hours at the UCO Office, 2102 West Drive.

New hours are Monday and Wednesday, 1PM to 4PM and Friday, 9AM to 12PM.

Telephone number for Seniors vs. Crime is

721-7424

Century Village Bridge Club

offers

Lessons and Duplicate Games.

Enjoy the game /raise your SKILLS! Lessons and Games throughout the Winter Season

LESSONS:

Beginners Three sessions Mon 10-noon Fundamentals . Tue 10-noon Intermediate bids Fri 10-noon

SUPERVISED PLAY: Wed/Thu 10-noon DUPLICATE: (Open) Mon 6:30pm-10pm

Call Jennifer at (561)640-3120 ext. 0 or Bill at (248)672-2292

The Construction Guys, Inc.

State Licensed Plumbing Contractor

IMPORTANT NOTICE

The Federal Government has changed the laws on water heaters.

The electric lines in Century Village are designed for 3500 to 3800 watt water heaters. If your water heater comes from Home Depot, LOOK, ASK, what is the wattage? If you are told 4500 watts, this is a fire waiting to happen.

We have special ordered water heaters from Lowe's that are compatible with the electrical system in Century Village.

Any water heater that is 3500 to 3800 watts is ok for Century Village.

TEN YEARS is the life expectancy of a Water Heater!



Permit Fee Additional \$89 Includes Basic Electrical Work and Water Heater

How to tell how old your Water Heater is:



The first four numbers in the serial number tell you its age.

Call Joshua or Peter (561) 351-5003

The Construction Guys, Inc. State Licensed Plumbing Contractor #CFC1429170

PLUMBING



- Toilets Fixed
- Leaks Repaired
- Sinks & Faucets Replaced
- Drains Cleaned

We are State Licensed Plumbers

Call Joshua (561) 351-5003 or Peter

The Construction Guys, Inc.



FLOOD??

Call us first!
The insurance company
is not your friend.
We Clean Up The
Mess and Bill The
Insurance Company

OUR GUARANTEE

If the insurance company refuses to pay, we accept the loss and you pay nothing!
No other company will guarantee this.

NO INSURANCE?

We will still help you!

The cause of the water damage, ie: broken water heater, leaking toilet, etc., is not covered by insurance.

The Construction Guys, Inc. - Flood Help, Inc.
State Licensed Plumbing Contractor #CFC1429170
Environmental Protection Agency Certification #RI-133490903176

That's the only money you are obligated to pay.

Call Joshua *or* Peter **(561) 351-5003**

CONVERT YOUR TUB TO A

WALK IN SHOWER



FOR \$89500 INCLUDES EVERYTHING

Call Joshua or Peter

(561) 351-5003

The Construction Guys, Inc.
State Licensed Plumbing Contractor #CFC1429170









OLITICAL

Department Highlights

BY DOROTHY JACKS, CFA, AAS PALM BEACH COUNTY PROPERTY APPRAISER



April marks important month office continues with preparations for the release of estimated taxable property values for 2017, to the Palm

Beach County taxing authorities. Typically, these preliminary estimates (which are officially released at the end of May of each year) assist the county, its municipalities and other taxing authorities in projecting their budgets and tax rates and also provide a benchmark as to what they can expect to receive from property taxes in the coming year.

As we move forward into spring, each month I'll be highlighting the various departments in my office, introducing you to staff leadership and their department functions, with one goal in mind - to provide transparency in the way we are working for you.

This month you'll meet Steve Letson, MAI, Director of Commercial Appraisal Services. This department is made up of dedicated employees who are highly skilled in analyzing commercial property values, data and trends in the market.

I am proud of their meticulous work ethic, as they strive to ensure our government agency is the best in the state. Enjoy reading.

Commercial Appraisal Services Department

Steve Letson, MAI, as Director of the Commercial Appraisal Services Department and has been with the Palm Beach County Property Appraiser's Office for 18 years. He oversees the daily functions of the department, the commercial valuation process, and is responsible for evaluating future

trends in commercial real estate. We sat down with him for a discussion.

What is the function of the Commercial Appraisal Services Department at the PBC Property Appraiser's Office?

Letson: We're responsible for assessing commercial incomeproducing properties such retail, industrial, office buildings, cemeteries, golf courses, etc. There are approximately 60 different property use categories and more than 100 subcategories. For example, warehouse classification consists of warehouse storage, self storage, distributions centers, manufacturing, warehouse, cold storage, etc.

How is commercial property appraised in Palm Beach County?

Letson: By law, our assessments must reflect market value which is the value recognized by the market investors. We review the current property use, income generation, competitive sales, and replacement cost. Our mass appraisal (Computer-Assisted Mass Appraisal) system is then adjusted accordingly to reflect market values derived from this process. Income generating potential is generally one of the better indicators of value. Rental rates, expenses, vacancy and other operating data are analyzed and compared to similar properties.

Sometimes the market does not recognize the current use (improvements) to be the optimal use of the property. Under these circumstances, the improvements may be obsolete (no value) and the property is valued as vacant land.

(Operating information provided by commercial property owners is crucial to the evaluation of local

Clerks in the 'Sunshine' shed light on public's right to know

SHARON R. BOCK, ESQ. **CLERK & COMPTROLLER, PALM BEACH COUNTY**



cornerstone of our democracy is founded on the right know what your government is doing. This week is National

Sunshine Week which is dedicated to the education and awareness of that concept. In Florida, our constitution guarantees the right to information necessary to hold our public officials accountable. An open and transparent government is a responsible government. And, you should expect no less.

As your independently elected Clerk & Comptroller of Palm Beach County, I make the preservation, maintenance and availability of public records a priority of my office. We serve as a gateway to all county, court and official records. As the county's watchdog, I protect the integrity of all public

records to ensure transparency and accountability in the process.

This week, I encourage you to take the time to research the activities of your county government, learn more about your right to information, and take advantage of the online tools and resources available. On our website, you will find monthly summaries on county investments, yearly financial reports, county debt information, agendas, minutes and videos Board of County Commission meetings and a database storing the official records of Palm Beach County. You can also peruse court case data and documents. All of this information can be found at www. mypalmbeachclerk.com. It is your right to know!

I reaffirm to you my commitment to protect, preserve and maintain the public records and public funds with integrity and accountability. But, it is up to all of us to keep the sun shining on our government all year long.

Wills · Trusts · Estate Planning Probate · Real Estate

ALEXANDER & DAMBRA, P.A.

ATTORNEYS AT LAW

Karen Levin Alexander kalexander@addlawpb.com

Georgiana Fratella Dambra gmdambra@aol.com

Telephone: 561-471-5708

Fax: 561-471-7287 5737 Okeechobee Boulevard, Suite 201 West Palm Beach, Florida 33417

markets. The information provided is exempt from Florida's Public 1/4 Mile East of the Turnpike Records law and kept confidential.)

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Any Haircut

Not valid with any other offers. Limit one coupon per customer. Valid only at Great Clips at Lake Point Center. Offer Expires: 6/30/17

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OLITICAL



Monthly Update

BY PAULETTE BURDICK PALM BEACH COUNTY MAYOR



Since becoming Mayor of Palm Beach County, things have been very The hectic. Mayor's position largely ceremonial. It is like a chairperson.

You run the meetings, you don't have any additional authority. So why you ask does it take so much time. First there are a lot of ceremonial functions, like opening baseball stadiums and other new facilities. Then you are the unofficial spokesperson for the Board of County Commissioners. I cannot tell you how many interviews I have done regarding the impact and cost of presidential visits. I was even on a national program, Dateline, When correspondence or E-mails are directed to all members of the Board of County Commissioners, the mayor responds. And finally, as the titular head of the county, the mayor has to sign a myriad of documents ranging from agenda documents to grant applications. The bottom line is that it is just more time consuming, but time is a very precious commodity which was already in short supply.

The Village was one of the first

communities to benefit from the passage of the one-cent infrastructure sales surtax approved by voters last November. The penny surtax is expected to generate approximately \$2.7 billion over the next 10 years. That revenue paid for the recent repaving of Haverhill Road. Many of you have asked why the repaving coincided with the opening of the new baseball stadium on Haverhill Road, north of Roebuck Road. Well that is a very good question. In fact, I asked the same question. County Engineering staff didn't think it would be a problem because they were only working on the road at night and all the baseball games during this period are afternoon games.

I have heard from a number of Village residents who are looking forward to attending a few games at The Ballpark of the Palm Beaches. I attended the opening, but could only stay to see two batters, then it was off to another event - the first municipal solar farm in Florida was opening in City of Lake Worth. I hope you get to see a few complete games.

Please remember, I am here to help if you need my assistance. You may also call to schedule an appointment. If you would like to speak with me personally, want a speaker for a group or just want to be well informed about important issues facing Palm Beach

Property Matters

ANNE M. GANNON TAX COLLECTOR, PALM BEACH COUNTY



the middle of Florida Legislative Session. State Senators Representatives

Tallahassee

crafting new state laws. It's challenging to get all sides to agree on what's best for the citizens of Florida.

Tax Collector offices are busy. Unreliable state equipment and the installation of new equipment makes the wait longer. We depend on state lawmakers to budget improvements so we can assist people more efficiently. If you have any feedback, I encourage you to contact the Palm Beach County Legislative Delegation. Senator Bobby Powell, Jr. is the Delegation Chair and can be reached at (850) 487-5030.

Unpaid Taxes

We collect and distribute over \$3 billion in property taxes and fees each year. A small percentage of property owners miss the March 31 deadline. Some wonder if unpaid taxes impact agencies funded by tax dollars, such as public schools, the county, cities and fire rescue. The short answer is no.

State law requires us to hold a tax certificate sale. This system ensures taxing authorities get the money to fund their budgets and provide much needed services.

Bills that are unpaid on June 1 are installment-payment-plan.

included in the annual tax certificate sale. At this sale, buyers bid on the unpaid taxes. This allows us to collect all the taxes and remit to taxing authorities. Property owners have two years to purchase back the delinquent taxes. Otherwise, a Tax Deed Application may be filed. And the property owner potentially may lose their property unless all taxes are paid in full.

Penny Sales Tax

In the November 2016 election, Palm Beach County voters approved a penny sales tax increase. The Tax Collector is not involved in the collection of this sales tax. You will notice the increase when purchasing items at stores. The penny sales tax only applies to the first \$5,000 spent per transaction. For more information on how sales tax revenue will be used, visit www.pbcgov.org.

Payment Plan Deadline

Time is running out to join our money-saving property tax payment plan. The deadline to sign up for the Installment Payment Plan is April 30. Participants receive a discount of slighly under 4 percent. Quarterly installment payments for the 2017 property tax season are due:

- June 30, 2017
- September 30, 2017
- December 31, 2017
- March 31, 2018

Apply online at www.pbctax.com/

Start of the Legislative Session

BY MATT WILLHITE, STATE REPRESENTATIVE, DIST. 86



and Neighbors,

During 60-day Legislative Session, my office will be sending out a weekly wrap up

of some of the bills we voted on and the major issues that came before the House chamber.

Opening Day of Session took place on March 7th. We kicked off the start of the Legislative Session by welcoming the Senate to join us in a joint session to listen to Governor Rick Scott deliver his State of the State address. If you missed the

Here are some of the important issues that were up this week.

On Friday the House passed HB 9 - Florida Tourism Industry Marketing Corporation. This bill moves VISIT Florida from the supervision of Enterprise Florida and places it under the purview of the Department of Economic Opportunity (DEO). VISIT Florida, a public private partnership created to encourage the growth of the tourism industry in our state, receives state funds but has not been required to disclose certain details of how the money is spent. This legislation provides for more transparency and turns it into a government entity.

which would eliminate certain incentive and economic development programs and offices including Enterprise Florida and the Office of Film & Entertainment. It also eliminates certain State Trust funds.

On the floor we also heard SB 280 which refers to death penalty sentencing. This bill requires a jury's verdict as to whether or not a capital defendant should be put to death be unanimous; if the jury is not unanimous, the judge must impose life in prison. This measure passed the House and Senate and is on it's way to the Governor's desk.

One of my bills, HB 383 - Public Records/FormerFirefightersPersonal Identifying Information, was heard

Dear Friends Governor's address, you can watch it CS/CS/CS/HB 7005 was passed by the Oversight Transparency & Administration Subcommittee. This bill will expand the current exemption from public records requirements to include former firefighters personal information. Presently, other current and former first responders are protected however, firefighters are the only group whose information becomes public once they retire or leave their position. I am proud to report that this bill passed unanimously and has one more committee left.

Thank you for taking the time to read my weekly wrap-up. As usual, please do not hesitate to contact my office if you have any questions regarding legislation.



BY BETH BAKER

Snorkel club members fly, snorkel, kayak, walk and talk. We fly to an island in the Caribbean each May. We snorkel at Phil Foster Park and Peanut Island. We kayak at John D. MacArthur State Park. We attend Silver Science at South Florida Science Center and Science of Seniors at Okeeheelee Park each month to learn about the variety of animals and fauna here in Florida. We will walk, observe, and photograph birds and other wildlife at Wakodahatchee Park and other interesting venues.

Each March, we gather at Ocean Reef Park on Singer Island for a catered lunch. Some of us swim before or after in the nearby Atlantic Ocean.

We are looking for you to join our active, fun loving group. Membership is a check for \$10 to CV Snorkel

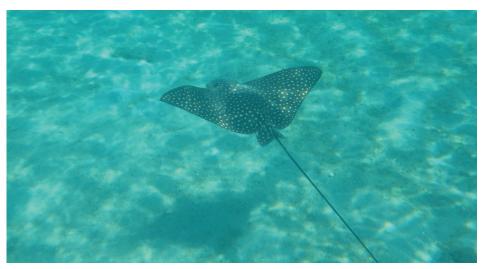
Club. The Century Village Snorkel Club's meetings are the third Friday morning, in Classroom B of main clubhouse.

Check our busy monthly calendar at sailing dock for snorkel and kayaking dates if you are not yet a member.

Join Christine Smith, Lucea Keller, Barbara Seide, Gail Tomei, Sandra Beaty, Paul and Mary Chavin, and others for our out-of-the country snorkeling trip to St. Kitts. It's an all-inclusive excursion from Century Village to St. Kitts from April 30 to May 6th. For more information, please call me at 561-684-3166 or our travel agent, Ivy, at 561-439-3223.

Choose to be more active. Come meet our water loving and environmental caring members for fun filled times.





Fishing Club

BY MIKE RYAN

During the annual CenWest Fishing Club picnic held on Duck Island, Alice and Al Roth were presented with a Certificate of Appreciation for being outstanding officers for the past several years.



Shuffleboard Club

8 B 7 7 10 OFF

BY ED WRIGHT

nearing its end for this year. When you read this article the tournaments will be over. The last tournament winners will be announced in next month's article. We will continue to play on Tuesdays, Wednesdays, and Thursdays through the month of April. It has been a good year. We currently have 60 members, 17 of which are new. We had our awards banquet on March 17 at the Golden Corral. I was encouraged to see two first-time winners in the last tournament, one of which was a firsttime player. In the singles: First place was Carlos Munz; second place was

The shuffleboard season is aring its end for this year. When u read this article the tournaments ll be over. The last tournament onth's article. We will continue to ay on Tuesdays, Wednesdays, and nursdays through the month of oril. It has been a good year. We are desired aring its end for this year. When way tie Jack Fahey, Tom Kelly, Mel Switkes and Peter Van De Graaff. In the doubles: First place Carlos Munz; Second place Jean Guy Giroux; third place Jack Fahey. In Bowling Pin: First place Carlos Munz; Second place Archie McKay; Third place Ed Wright.

Everyone is welcome to join us. We play singles on Tuesdays, doubles on Wednesdays, and Bowling Pin on Thursdays. Come by 1:15 so we can be organized to start around 1:25. I am always willing to come early to help you learn the game. just give me a call at 561 632 3180.

Gun Club



BY GEORGE FRANKLIN

The Century Village Gun Club met on March 14th with two guests - a special agent from the Federal Bureau of Alcohol Tobacco Firearms and Explosives and a detective from the Violent Crimes Unit of the Palm Beach County Sheriff's Office. They both showed many types of confiscated crime-related firearms and spoke about Florida and Federal gun laws. The highlight of the weapons shown was a fully automatic Thompson Submachine Gun from the 1920's also known as a "Chicago Typewriter"! This

weapon had been confiscated long ago from criminals in our area. Many questions were asked and answered. Door prizes were awarded at the close of the meeting. Meetings are OPEN to all residents of Century Village and there is never a charge to belong. The club meets the SECOND (2nd) Tuesday every month at 7:00 P.M. at the Clubhouse and all meetings have a speaker. For membership or program information, please call Mike Rayber, V.P., at 561 312 8042 or Henry Sohmer, V.P., 561 712 9694.





RECREATION



BY RHODA NADELL & ALAIN METHOT

Sadly, our tennis/pickle ball et de nouvelle season is coming to an end for our mission accomplie. members.

At the time of the printing of this article we had our final Ladies' doubles tennis tournament won by Marion and Doris in the final match with Connie and Irina. (photo included) and the 70+ tournament was held on the final Friday, March 24. This particular tournament turned out to be the most "fun". (Results will be in the next paper).

Congratulations to both of the Century Village Men's Travel Teams. They made it to the semifinal playoffs. Participating in the PBC Senior League Team One with captain Jan Roszko and his team of: Marcel Giguere, Owen Robertson, Mark Schwarz, Ray Schwarz, Jeff Frischman, Ricky Bursaw, Valery Videsis, Dave Carroll, Mike Counts, Gary Kudler, John Krapf and Mitch Dillon.

Team Four with captain Jacques Lageaux and his team of: John Bagdonas, Alan Cutler, Robert Daignault, Reginald Dube, Jean-Claude Jacques, Stan Mark Koper, Alain Methot, Roger Otis, Darryl Smith, Jean-Paul Turbide. This team had over 40 people from Banyan Springs cheering them on. The ambiance was electrifying and FUN.

Now, if we could only get our HardTru courts here in Century Village our guys would be playing home matches here instead of on the road and we could watch and cheer them on. Wouldn't that be wonderful?

We say farewell to most members who are snowbirds and we wish them a safe and wonderful summer and look forward to their return in the fall.

Apres une saison extraordinaire, remplit de plaisir, d'emotion

et de nouvelle connaissance, mission accomplie. Un nombre impressionnant on participle aux tournois hebdomadaires. Une ligue qui ajoutant de la competition, en concluant avec une fierte de nos deux equips representant CV qui on participe au series eliminatoires. Bravo!

A chacun des membres de notre club, merci pour votre participation. En attente de vous revoir l'an prochain, notre objectif premier en tant que comite demeure de vous fournir le meilleur environnement possible au tennis et pickle ball. En esperant que les dirigeants seront enclin beintot a nous fournir les surfaces tant attendues afin d'arreter les blessures et enfin jouir de notre retraite tant meritee.

Bon voyage et a l'an prochain.



Winners of recent tournament



VITAS Healthcare	110 Century	110 Century Blvd., Suite 101 • West Palm Beach, FL 33417							
		ESOURCE CENTER	— APRIL 2017						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY					
OFFICE HOURS: 9:00AM-11:59AM CLOSED – 12:00PM • 1:00PM-4:00PM	JOIN US FOR FREE COFFEE EVERY MORNING & AFTERNOON								
10:00am-11:30am Blood Pressure Check	10:00am-11:00am Expicare nursing agency What's covered by Medicare and other insurances?	10:00am-11:30am Arts and crafts w/ bonnie	6 10:00am-11:30am Bereavement Support Group	7 1:30-2:30pm Game Day					
10:30am-11:30am Blood Pressure Check 10:00am-11:45am Massage Therapy *RSVP REQUIRED*	11 1:30pm-2:00pm Caregiver support group 10:00am-11:00am Snack & Learn with Shenetria Topic: Origin of Easter/Passover	9:00am-3:15pm Join our Audiologist for FREE hearing checks, Hearing aid cleanings, etc. *RSVP REQUIRED*	13 10:00am-11:30am Bereavement Support group	14 12:00pm-2:00pm Easter/Passover "POTLUCK BRUNCH" *RSVP REQUIRED* GOOD FRIDAY					
17 10:30am-11:30am Blood Pressure Check	18 1:30pm-2:30pm Game Day	19 10:00am-11:30am Arts and crafts w/ bonnie	10:00am-11:30am Bereavement Support group	21 10:00am-11:45am Color therapy					
10:30am-11:30am Blood Pressure Check	25 1:30pm-2:00pm Caregiver support group	26 1:30-2:30 Game Day/ Ice cream social *RSVP REQUIRED*	10:00am-11:30am Bereavement Support group	28 10:00am-11:45am Color therapy					

RECREATION



Carol had a weak hand with 5 HCP. Even if his partner had MAXIMUM of 17 HCP they would not have a good play at a NT game so she passed.

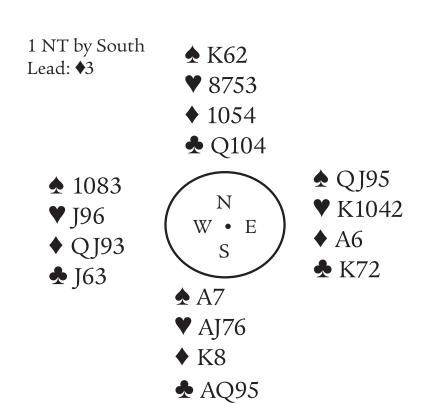
South as declarer counted his tricks. He had 2 spade tricks, 1 Heart trick and 1 Club trick, totaling 4 sure tricks while needing 7 tricks to make the contract. With the diamond lead, the King of Diamonds is now a sure trick, needing just 2 more. There are 2 chances for the needed tricks, both of which must work to achieve the contract. With the King of Hearts in East hand and the missing club honors split, West having the Jack and East having the King, the

contract is makeable.

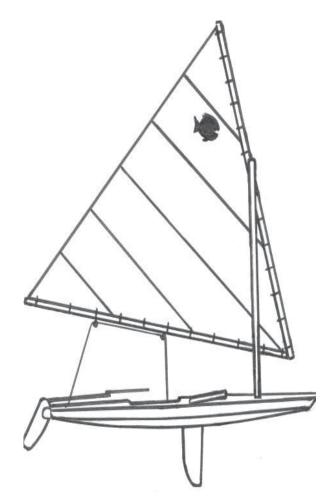
East will take the opening lead with his Ace, hoping West has the King ,x,x. East returns his last diamond, the trick taken by South's King. South plays the Club 9, intending to cover whichever club West plays. If West covers with the Jack, The Queen will draw out the King, leaving 3 hich club tricks for Declarer. If West does not cover, dummy lets the 9 ride to East's King, leaving 3 club winners for declarer.

While in dummy, lead a small Heart to finesse East's King. If it fails, you still have 7 tricks and the contract. If the finesse succeeds, you have an overtrick! Good Play.

West	North	East	South
Pass	Pass	Pass	1 NT
Pass	Pass	Pass	Pass



Bill Halprin Operates the Century Village Bridge Club with all sessions held at the main clubhouse from December thru April. There are duplicate bridge games, supervised bridge play and bridge lessons weekly. Those interested in learning the game or improving their skills can contact Bill Halprin (248)672-2292 [williamhalprin@gmail.com] or Kristy Brown at CV Administration (561)640-3121-0.



First Annual Sailboat Parade

On Century Lake

2 PM Launch

Monday April 3rd, winds permitting

Thursday April 6th "Wind Day" if postponed

This event is being organized by the Century Sailing Club as a way to thank the Century Village Community for their support. We hope you enjoy the view!

Caregivers Must be Licensed

Cherchez la Femme! (Look for the woman!)

BY RUTH BERNHARD-DREISS

BY BOBBI LEVIN

As of March 1, 2017, the grace period ended for those providing home care to seniors and other vulnerable adults. Those without licenses face a \$500 fine and up to two months in jail. That's strict, but Palm Beach County means business in order to protect seniors and those who are being taken advantage of.

The Palm Beach County Commission voted to require caregivers, who hadn't already done so, to submit fingerprints and undergo a national criminal background check so that it would be harder for seniors and physically or mentally disabled adults to be abused by those who are caring for them. Any persons who have committed a serious criminal offense - fraud, elder abuse or exploitation, homicide, burglary or theft -- are ineligible for the license which must be renewed every five years.

Home care agencies already requiring employees to undergo fingerprinting and a background check must provide the County with an affidavit attesting that, in those instances, the employee still would

be required to be photographed and obtain a physical license expected to cost \$20. Others who work independently must undergo the background check, fingerprinting, and photographing at a cost of approximately \$75.

In view of this new requirement, caregivers appearing at the UCO office for a gate pass will be asked to show documentation that they are licensed in compliance with the law, in addition to any other documents that are ordinarily asked of anyone requesting a pass.

There are many good and caring home health caregivers, but I have witnessed some who are not. Case in point: while waiting my turn for a haircut, an elderly man was finished with his haircut and ready to go so he told his aide he was finished and she just sat there when it was her responsibility to help him out of the chair which was a difficult task for him. Seeing that the aide wasn't about to assist him, the hairdresser did. Even with licensing, one has to be lucky to find a good and responsible caregiver.

Where were 250 French Canadian 8, 2017?

Theywere joyously and exuberantly celebrating International Women's Day in the Clubhouse Party Room.

The imaginative program was organized by a committee of 8 members of the "Cercle des bons amis" (CBA) - Monique Levesque, Maurice Boisvert, Irene Ste-Marie, Carmen Lacharite, Denis Levesque, Deslauriers, Michelle Ginette Quesnel, and Helene Tessier.

The afternoon began with opening remarks from Monique Levesque, Irene Ste-Marie and Helene Tessier followed by the presentation of a well-prepared video presentation by Maurice Boisvert. This video highlighted significant contributions made by both Canadian and American woman in the areas of science, politics, history, and social welfare.

A humorous interlude was offered women in Century Village on March by Jocelyne Allard and Monique Levesque who enacted a 1950 era Tupperware party. The audience was reminded that the celery crispers and Jello molds sold at Tupperware parties created an alternative choice for women who either needed or wanted to work. These "soirees" allowed women to get into the workforce and enjoy the benefits of earning an income while at the same time keeping their focus on the

> The afternoon's program continued with both men and women in the audience speaking about the important women in their

> A wonderful repast of sangria, wine, cheese, bread, and fruit were enjoyed by all attendees as were the extravagant door prizes that were awarded before the festivities closed.

If you want a "SOLD" sign next to your address,



Aloye

The cond!

Crowd!

Aloye

Crowd!

February Sales & Rentals

11	ANDOVER A	1/1½	PENDING	\$35,000	212	WELLINGTON C	2/2	PENDING	\$135,000			
11	SOMERSETA	2/2	UNDER CONTR.	\$94,000	456	SOUTHAMPTON C	1/1½	UNDER CONTR.	\$32,500			
307	WELLINGTON M	1/1½	SOLD	\$38,000	69	HASTINGS E	2/1½	UNDER CONTR.	\$45,000			
					C	Doutala						
Recent Sales & Rentals												
99	STRATFORD	1/1½	RENTED	\$975/mo.	279	ANDOVER K	2/1½	SOLD	\$65,000			
229	WELLINGTON G	2/2	SOLD	\$72,500	301	WELLINGTON A	2/2	SOLD	\$129,900			
204	STRATFORD O	1/11/2	SOLD	\$61,500	203	STRATFORD O	1/1½	SOLD	\$60,000			
241	CAMDEN J	1/1	SOLD	\$29,000	64	WINDSOR C	2/1½	RENTED	\$950/mo.			
239	CAMDEN J	1/1½	SOLD	\$34,500	316	SHEFFIELD M	1/1½	SOLD	\$36,000			
111	SOUTHAMPTON A	1/1½	SOLD	\$48,500	40	KINGSWOOD B	2/1½	SOLD	\$60,000			
463	WELLINGTON J	2/2	SOLD	\$138,500	213	WELLINGTON C	2/2	SOLD	\$150,000			
295	SHEFFIELD M	2/1½	SOLD	\$63,500	112	WELLINGTON D	2/2	SOLD	\$74,000			
392	SHEFFIELD P	1/1½	SOLD	\$27,000	208	WELLINGTON F	1/1½	SOLD	\$52,000			
301	WELLINGTON D	2/2	SOLD	\$145,000	153	CAMDEN G	1/11/2	SOLD	\$50,000			
224	WELLINGTON G	2/2	SOLD	\$105,000	116	OXFORD 200	1/1½	SOLD	\$57,500			
76	HASTINGS E	2/1½	SOLD	\$44,000	92	SOMERSET E	2/2	SOLD	\$87,500			
243	SOUTHAMPTON C	1/1½	SOLD	\$35,000	201	OXFORD 100	1/1½	SOLD	\$38,500			
305	WELLINGTON B	2/2	SOLD	\$108,500	208	WELLINGTON E	1/1½	SOLD	\$57,500			
208	WELLINGTON E	1/1½	SOLD	\$57,500	92	SOMERSET E	2/2	SOLD	\$87,500			
184	CHATHAM I	2/1½	SOLD	\$55,000	116	OXFORD 200	1/1½	SOLD	\$57,500			
110	WELLINGTON B	2/2	SOLD	\$112,500	132	BEDFORD F	1/1½	SOLD	\$36,000			
305	WELLINGTON B	2/2	SOLD	\$108,500	204	ANDOVER H	1/1½	SOLD	\$30,000			
9	EASTHAMPTON A	1/1½	SOLD	\$32,500	79	BERKSHIRE D	1/1½	SOLD	\$27,500			
71	BERKSHIRE C	1/1	RENTED	\$750/mo.	112	WELLINGTON A	2/2	SOLD	\$45,000			

Susan Wolfman turns "LISTED" into "SOLD"

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SERVICES

Safety

By George Franklin



Hi folks here are some interesting items you may be not aware of involving Traffic Safety. Please read and digest these

items that are very important to having a safe trip, weather across town or across country. Ever hear of the THREE "S's?" Speed, Space and Stress? These can help you and other motorists get to and from your destination safely without incident. Let's define these "S's"

First off there is SPEED: slow down when approaching work and

school zones and MOVE over for emergency and broken down vehicles and obey posted speed limits.

Then SPACE: leave plenty of space between you and the vehicle in front of you. Be aware of traffic patterns, trucks and construction barriers and workers that may have changed your

STRESS: keep your cool!

Remember this is only a temporary situation. Plan ahead, leave a bit earlier, plan an alternate route if possible and use, if possible, public transportation. Thinking about and using these THREE "S's" will help you get to and from your destination safely. THINK: that's the BIG ONE here folks. Anyone having questions or comments I may be reached at the UCO Office and I will be glad to sit and discuss your concerns. Mean time be Safe and Secure out there!

Transportation

By Lori Torres



T h e
Transportation
Committee held
a productive
meeting in
March. We
voted to add a
new bus stop for

the UCO Reporter when they move to their new office. The site was formerly the old Seacrest maintenance building near Southampton. We also voted to allow internal advertising on the new buses with proceeds going to UCO.

We are anxiously awaiting the delivery of our new custom-made buses later this month. Please watch for the new, more efficient schedule with all bus stops listed.

Many drivers are passing a bus when it is parked at a perimeter bus stop loading or discharging passengers. Remember: The same rules apply as if it were a public school bus. Passing a bus in the Village is dangerous. Please wait the extra few minutes.

I would also like to take this opportunity to to thank retired Vice-President Barbara Cornish, "Thanks for your friendship and guidance during your term," and to Steve Tolkin, the Transportation Committee Secretary and my right hand man. I am always amazed when I look at his notes weeks later. He manages to write almost every word said at the meeting. Another big thank you to Phylis Zeidman, my captain on the Excursion Bus trips. She helps register the riders and accompanies them on the trip making sure everyone returns safely.

This committee is seeking new members. If you ride the bus and own your condo, please apply at the UCO Office. We are always looking for new ideas on how to improve our system.

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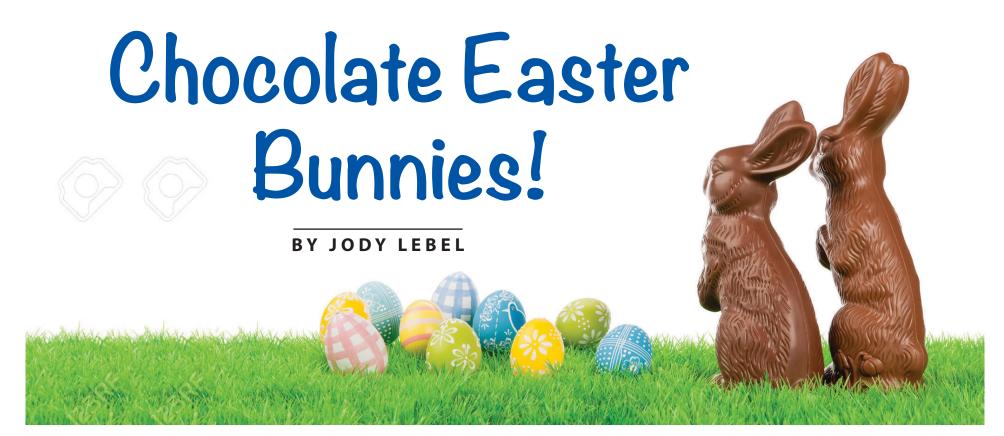
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The tradition of chocolate Easter bunnies in this country dates back to the 19th-century when America borrowed the trend from Germany. Some people, me for example, swear that Easter candy in general is the best holiday candy of all. In fact, I'm quite the all-around Easter candy connoisseur. I've said it before, and I'll say it again, that my dying breath will be: Tell the cats I love them and I have a stash of leftover Easter candy (that I bought after the holiday at 75% off like the good consumer I am) stashed behind the cans of beets on the top shelf. Anyhoo, anyone who knows candy like I know candy knows there is a huge difference between Easter candy and Easter-themed candy. You folks that slap some pastel colors on your usual year-long candy and call it Easter candy? You're not fooling anyone. I'm looking right at you Brach Bunny Corn. Candy Corn is Halloween candy. This "bunny corn" thing is borderline insulting to Easter candy, so knock it off.

I will give a pass, however, if the candy is pastel coated and delicious, like for instance Peeps, which come out at every single holiday on the calendar, and are so wonderful they make your teeth hurt. (Someone told me to put a few Peeps in the microwave. Has anyone done that?) Also if a year-round candy company releases something in an egg or a bunny shape, you won't get a complaint letter from me because

that makes them extra magical. Don't know why but I'm sure there's probably some science behind it. Pass the Reeses peanut butter eggs, please, while I ponder that.

Seriously, Easter is second only to Halloween in the USA for candy sales. I'm thinking it's because people gave up sweets for lent and when they finally make it to day 40 they're almost insane with sugar lust. Americans are expected to spend around \$2.4 BILLION on Easter candy this year. Let me pop a few jelly beans in my mouth while we go over some other random facts about Easter candy:

- 1. Easter is the second-biggest candy holiday of the year with Halloween being the first. (Wallet Hub)
- 2. 87% of parents will buy or make an Easter basket for their kids. 81% of them will STEAL candy from their kid's stash. Hmm, this number seems low. I mean the stealing percentage. (Bustle)
- 3. 89% of people believe the proper way to eat a chocolate bunny is ears first. 5% like to eat the feet first and 4% go for the tail. (Elite Daily)
- 4. More than 1.5 BILLION Peeps are consumed each year. There are 35 flavors of Peeps available at different times of the year. (Wallet Hub)

5. Americans eat more than 16 million jelly beans during Easter. That's enough jelly beans to circle the globe three times. (Elite Daily)

Yes, I realize Easter is the most spiritually significant holiday of the Christian calendar, but really, what is Easter without a chocolate bunny rabbit? And there is a lot of controversy about how to eat Mr. Rabbit. "Nothing says more about personality and perhaps relationship issues than the simple act of what a person does first with a chocolate Easter bunny," says WLMagazine, which brings us the following list to contemplate:

Ears First:

These folks are practical, organized and traditional. Their greatest weakness is impatience. They are loyal and honest and kind to a fault. Everyone loves these people.

Tail First:

These folks believe in taking the path less traveled. Not necessarily because they are innovators but because less people will see what they're up to. In other words, sneaky people.

Head first:

These people are monsters. Restless and independent, head snappers are always on the move. Most of these folks have magnetic personalities and make friends easily. Not sure why since no one likes to have their heads chopped off.

Sniff It First:

Sniffers are cautious people. They pay close attention to detail. They are very polite, courteous and self restrained because they worry that others will discover that they are all weirdos.

Lick It First:

Lickers exude sensuality and flaunt it to their advantage. These people are fun, vibrant, and exciting. Most people don't realize it but lickers lick their bunnies so they don't have to share.

Smash It Into Pieces First:

Bunny smashers have a "just do it" no-nonsense approach to life. People tend to stay out of their way because they know these folks are a bit unpredictable."

To wrap this up in yellow and purple cellophane, remember that when you go to take a bite out of your bunny you are being judged. So do what I do. Close the curtains, turn out all the lights, and eat it in the dark.



OLIVIA TARTAKOW, LICENSED CLINICAL SOCIAL WORKER

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My neighbor keeps talking about politics and forwarding me racist emails that are disturbing.

What should I do? Emma, 66

We all know that discussing politics can be unsettling and this past election cycle seems to have been disturbing for people on all sides. Many of us receive unwanted emails or "jokes" forwarded by friends, family and co-workers. Offensive remarks can target people of all races, Democrats, Republicans, Muslims, Catholics, Jews, people with disabilities, gays, the list goes on. First, don't read the emails. Delete them. Next, can you speak with your neighbor to say you find bigoted language to be offensive? Explain that respect and tolerance are important values in your life. You could also try educating her, if you think she might be receptive, as to how hurtful these comments are to others. If none of that works, don't

Facebook

put the blame on the neighbor. If she tries to bait you into conversation, simply walk away and agree to disagree.

I made my New resolution Year's to take a walk every

day, and now I'm feeling terrible because I haven't done it. Help! Sheila, 72

You are not alone. We all make resolutions to try to become healthier by eating better and exercising. How many of us follow through on these resolutions? Very few. But remember, any journey starts with that first step. A couple of suggestions: Don't be so hard on yourself. Guilt does not help anything. Start with your successes. Take a five-minute walk, even if it's around the house, and build from there. Remember, it takes 21 days to get into a habit. Once it becomes part of your routine, you won't even think about it. The hard part is taking that first step, and then making the walk a part of your life.

My husband is in failing health and I worry constantly about him dying. I don't know what I'll do when he goes. How can I start preparing myself? Lanie, 77

In our modern western culture,

fear of dying is a very common experience. To prepare yourself, let's think of all the pieces. Your life will probably be impacted emotionally, financially and socially. Start looking at all these aspects. You may feel sad, afraid, anxious, and lonely, and it might be helpful to share your feelings with your husband, family and friends. If you find you need even more support, you could turn to your clergyman or a licensed mental health professional. If you haven't already, start now to learn how to manage the bills and make sure you have your financial planning in place. Is there life insurance? Do you know what your income will be from Social Security and retirement funds? Have you talked to your husband about his funeral preferences? Getting these kinds of details started and setting up a support

system of friends and neighbors

before he dies might allow you to

feel less anxious about some of

the areas you can control.

Agency intake specialist, Sam Vitoulis, visits Century Village once a month to field questions and help clients who feel they might need assistance. Call him directly at 561-238-0252 for an appointment. Should you have any other questions or problems, please feel free to call the Intake Department at Alpert Jewish Family & Children's Service. That number is 561-684-1991.

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