Social Security Increase

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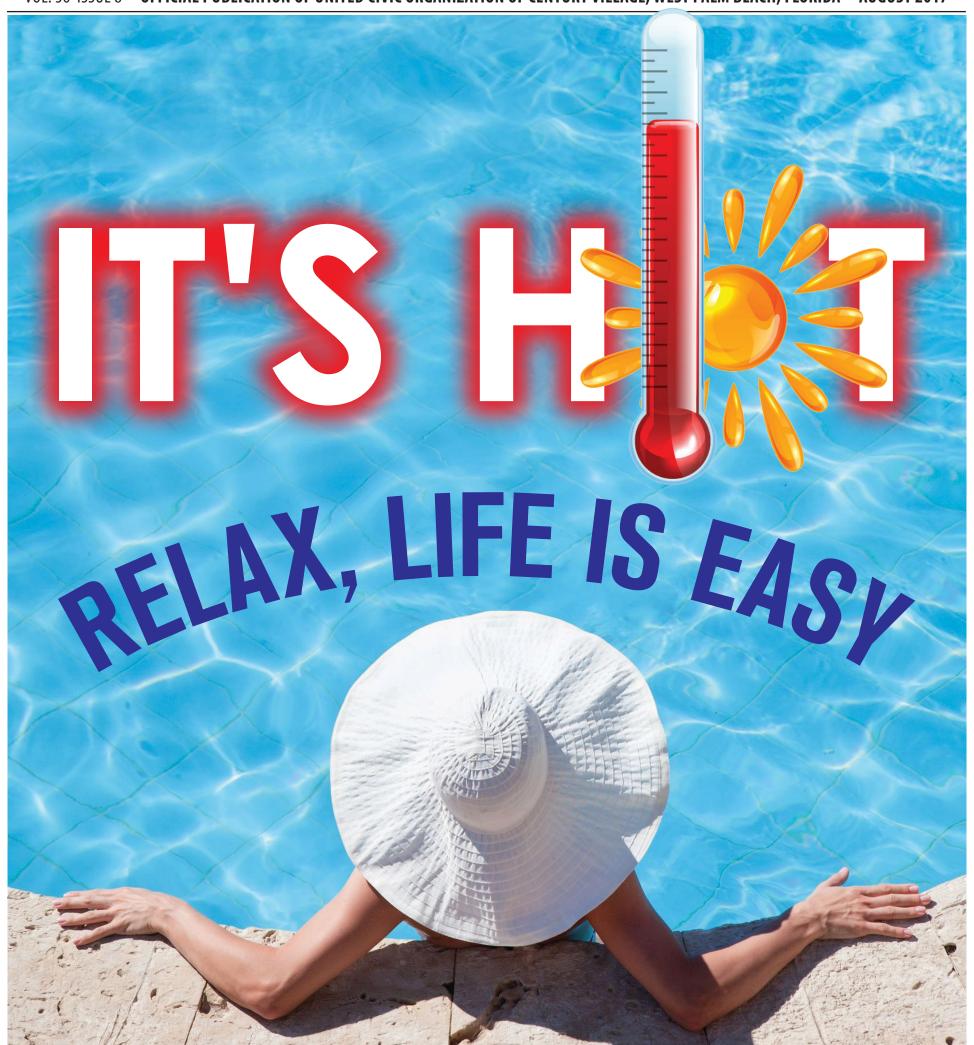
# U.C.O. — www.uco-reporter.blogspot.com — REPORTER

Home Grocery Delivery

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\* \* \*

VOL. 36 ISSUE 8 • OFFICIAL PUBLICATION OF UNITED CIVIC ORGANIZATION OF CENTURY VILLAGE, WEST PALM BEACH, FLORIDA • AUGUST 2017



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#### REMINDER

DELEGATE MEETING
Friday 8/4/17
9:30AM in the Theater

Read recent back issues at: www.uco-reporter.blogspot.com

Email articles & comments: ucoreporterwpb@gmail.com





## The President's Report

By Dave Israel

# Atlantic Broadband Fiber Backbone Project moves ahead. Project Monitor selected

Broadband and Cable Committee has selected the Project Monitor. The name of the company is "About Project Control, LLC" (APC). This is a new group created by CSI to insure timely performance by our new provider, Atlantic Broadband. This team consists of the technical experts required to monitor our project, and bring it in On-Time. APC will conduct Technical Assessment and Project Management of the proposed fiber to the home project in Century Village. APC has more than 100 years of combined experience in all phases of the fiber and broadband market. The APC team has an extensive background in planning, engineering, design, construction, technical assessments, project management, evaluation of facilities and providers.

APC will conduct a complete technical assessment from the design phase of the Fiber to the Premise (FTTP) network, as required by our contract with Atlantic Broadband, with emphasis on service reliability improvements, reducing service related interruptions and associated costs.

The new fiber backbone will provide enhanced technical operations. APC will provide system guidelines and evaluations on how to consistently improve system performance and continuity of products delivered to our residents.

Additionally, APC will apply best practices on how to monitor and oversee the proposed upgrade of

facilities to ensure that all of the work is completed to specifications and all the facilities are returned to their pre construction condition.

Following is a brief Scope of Services APC shall provide:

- Evaluation of provider's (Atlantic Broadband) network design proposal and projected network improvements inherent in such design.
- Vet potential subcontractor and ensure compliance.
- Support and management of the project's planning, engineering and construction activities to ensure end to end continuity from the final accepted design plan through execution within established timelines using best practices.
- Review and evaluation of Project design and construction parameters as prepared by Provider.
- Assist with the evaluation of security network proposal and design suggestions.
- Analyze technical data and service logs of testing prior to turnover.
- Evaluate proposed network installation and impact to the residents.
- Review suggested installation practice and restoration procedures.

- Make recommendations to alleviate Residents concerns about impact on the Community during construction.
- Evaluate Project timelines and project planning, construction and activation road maps.
- Analyze Provider's service, support, and network conversion plans.
- Oversee and evaluate testing and acceptance of new network.
- Evaluate planned telecom installation and construction plans against industry best practices.
- Recommend quality control parameters and testing procedures for Project, and evaluate results of quality control checks and testing.
- Assist with evaluation and resolution of any issues associated with construction of the project, including issues relating to contractor performance, damages to Property, and restoration landscaping. Act as liaison between UCO on the one hand, and Atlantic Broadband and construction contractors, on the other hand
- Review and give comments to provider with respect to written communications and updates that provider proposes to be given to Community residents before and during construction.

- Review and evaluate provider's process map and timeline for conversion to new network and work with provider to evaluate whether timeline is realistic and achievable, and report to UCO regarding same.
- Hold weekly construction meeting with provider's management team.
- Prepare punch list and evaluate whether punch list items have been completed prior to final project signoff by UCO.

This represents a high level overview of some of the components necessary to successfully integrate and maximize the impact of upgrading and installing a state of the art fiber optic distribution network. APC will provide weekly progress reports in the form of Gantt charts. These charts will be published to the Residents.

About Project Control has started working with us with a preliminary project review at the July 12th. Meeting of the Cable & Broadband Committee. Of course, of great interest is the cost of these services. Well the answer is, there is no cost to the Residents, as these costs will be paid by Atlantic Broadband, I repeat, there will be no cost to UCO or the Residents.

UCO will be providing regular reporting on this major project.

# Century Village, WPB Atlantic Broadband Project Management Initial Meeting - July 20, 2017

#### In attendance were:

- Atlantic Broadband (ABB):
- Regan Anderson, Director About Project Control (APC):
- Erez Michaeli
- Marcel Korman

This was the initial preliminary meeting at ABB's offices in North Bay Village. We identified the parties involved with the fiber overbuild project at Century Village, West Palm Beach (CV-WPB), the needs for project progress communications, what has been accomplished, challenges and next steps.

#### **Hi-Level Description:**

- The design is FTTP (fiber to the premise) with in-unit connections accomplished with new coax from the fiber demarcation point at each building.
- Exterior pedestals/vaults installed at grade shall be provided in fewer numbers than existing currently

- as these junctions may serve a greater number of units than the existing infrastructure.
- Coax routing to upper building floors will be installed using exterior mounted duct/moldings, a sample of which has previously been provided and approved.
- The Comcast infrastructure will be abandoned.
- ABB owns dark fiber assets and is expanding this network. It is prepared to purchase dark fiber from other providers in the event its own fiber has not been completely extended to the Okeechobee Blvd. area.

#### **Project Management:**

- The pre-design review of the Village has been completed during a previous site walk.
- The 18 month project plan has included lead time for preliminary design and revision, permit acquisition, long haul fiber

- construction outside of CV-WPB, mobilization, network build, activation and close-out.
- The preliminary design work will commence at the beginning of August.
- We will be receiving initial diagrams and maps of the planned construction to review with CV-WPB (United Civic Organization).
- A hi-level timeline by phase, including dates, will be developed in August by their Construction following design completion and approval.
- ABB has advised the lead Construction Supervisor assigned to this project, Charles Roberts, is known to APC, experienced and effective.
- In-unit scheduled access will be required for:
- 1. Initial coax installation,
- 2. Terminal box and terminal activation.

#### Challenges:

- Running the new coax into the units may be obstructed by existing coax home runs.
- Precautions not to disrupt existing service.

#### Next Steps:

- Approval of APC as monitor on behalf of CV-WPB is pending the return of ABB's President and Chief Revenue Officer, David Isenberg, to Miami from a business trip. This is expected to occur by Friday, July 28.
- The bi-weekly billing for monitoring services is acceptable. CV-WPB to advise of any requirements of modifications to the current invoicing format.
- Marcel Korman is to schedule a site drive-thru the week of July 24.

Marcel Korman Director of Project Management

# A Tale of Two Buildings A trade that will benefit all

BY DAVE ISRAEL

**UCO** and WPRF have been in preliminary conversation about swapping the titles of two buildings. Let's look at both and consider the pros and cons.

#### **BUILDING ONE**



This building, within the red box, is on Fairway Street, near Southampton A. It occupies 1274 square feet of space. It has historically served as a laundry, and recently as a WPRF storage building. This is a solid-block building but in need of rehabilitation. Its total appraised value including the building and land is \$198,350. It belongs to WPRF.

#### Now let's look at BUILDING TWO:



This building, at 2729 East Drive, has for some time been the leased home of CV Real Estate. It occupies about 2000 square feet. The building is essentially a prefabricated mobile structure made of wood, and is in need of major rehabilitation. The PBC Property Appraiser values this building at \$0.00. However, for insurance purposes, it is appraised at \$215K. The building belongs to the United Civic Organization (UCO).

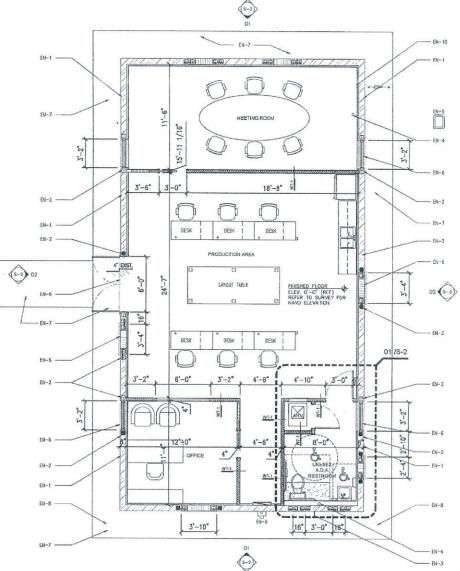
So, what is this all about? Simple. For many years, the UCO below Reporter occupied space in the Camden pool building. This space was provided contingent upon a \$1.00-per-year lease of Building Two, above, to CV Real Estate. Recently, the *UCO Reporter* had to abandon the space at the Camden pool due to mold and excessive moisture. In respect for the long-standing space reciprocity agreement, WPRF has made space for the UCO Reporter in the main Clubhouse. WPRF has further committed to bring the old storage facility, Building One, above, up to office building code as a new home for the UCO Reporter, quit-claiming it to UCO. to the Delegate Assembly for This would be in exchange for UCO agreeing to quit-claim the CV Real Estate building to WPRF. In short, this would be a swap of the two properties.

The architectural drawing shows in part the anticipated rehabilitation of the storage facility.

An additional possible benefit to our unit owners would be the option to lease about half of the rehabilitated storage building to Atlantic Broadband for the nominal rent of one dollar per square foot, thus bringing in some income to help reduce the UCO unit owner coupon. This income could be as much as \$1200 per month, if the UCO Reporter could remain in the Main Clubhouse for the duration of the Atlantic Broadband roll-out period.

This deal will be presented approval. I strongly recommend that the Delegates approve the exchanging of titles of these two properties.





ROPOSED FLOOR PLAN



#### **EDITORIAL**

## Project Management Team

#### BY MYRON SILVERMAN & JOY VESTAL

A Project Management Team has come on board to monitor and report on the progress of Atlantic Broadband. They have assured us that we will have monthly reports that will be distributed to us. The UCO Reporter will make these reports available on a regular basis. Although there will be a great deal of technical information we will include them along with interviews with their personnel and AB as well.

This is a huge project with what we hope will be a minimum of inconvenience to all of us. But as the installation process moves along UCO will be involved in every step of the process. In their presentation meeting this team clearly told us all AB and the team's employees will have identification badges clearly visible at all times. There will be an entry and exit process for all these workers that will be coordinated with our security committee.

This is just the beginning folks so be patient as we start to see some earth being turned over and the many trucks and workers who will be with us for the next two years. It's a huge project, tempers may flare from time to time and our patience, and these companies as well will be tested, but think of what we will enjoy at the finish, hundreds of tv channels, new fangled devices to work our tv's and all of this at a manageable cost.

Myron Silverman, UCO Reporter Co-Editor Joy Vestal, UCO Reporter Co-Editor

# REPORTER

The Official Newspaper of Century Village

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# AUGUST 2017 UCO Monthly Meetings

TUESDAY 1	TRANSPORTATION	UCO	9:30AM
TUESDAY 1	COMMUNICATIONS	UCO	11:00AM
WEDNESDAY 2	PROGRAM & SERVICES	UCO	11:00AM
FRIDAY 4	<b>DELEGATE ASSEMBLY</b>	THEATER	9:30AM
FRIDAY 4	SECURITY	UCO	1:00PM
TUESDAY 8	ADVISORY	UCO	10:00AM
WEDNESDAY 9	BROADBAND	UCO	11:00AM
THURSDAY 10	COP	ROOM B	9:30AM
FRIDAY 11	CERT	UCO	1:00PM
TUESDAY 15	INSURANCE	UCO	10:00AM
WEDNESDAY 16	BEAUTIFICATION	UCO	9:30AM
THURSDAY 17	BIDS	UCO	10:00AM
THURSDAY 24	OFFICERS	UCO	10:00AM
MONDAY 28	<b>EXECUTIVE BOARD</b>	ROOM B	1:30PM
TUESDAY 29	OPERATIONS	UCO	10:00AM

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**President** David Israel

#### **Vice Presidents**

Joy Vestal Ed Black Stew Richland Bob Marshall

**Treasurer** 

Corresponding Secretary Bobbi Levin
Recording Secretary John Hess

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Suzie Byrnes
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George Loewenstein
Michael Rayber
Louise Warner

Jack Adams
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Christine Armour
Dom Guarnagia
Jean Komis
Carlos Nunez
Lori Torres
Carole Szepesi
David Boas

#### 1 Year Term

Marilyn Pomerantz Esther Sutofsky Marcia Ziccardy

#### - EDITORIAL POLICY -

The *UCO Reporter* promises to continue its long held beliefs that this publication will print articles to inform our residents of the important issues concerning our Village. We promise to seek the truth and to print both sides of an issue, to open dialogue to inform our readers, not to create controversy.

We promise to listen to your concerns and to treat all our residents with courtesy and respect. Your opinion is valuable to us and will be considered in our decision for publication. These are the criteria for publication:

LETTERS TO THE EDITOR: Letters to the Editor should be limited to 250 words, and must be e-mailed (ucoreporterwpb@gmail.com) to the Reporter by the 7th of the month prior to publication. Your opinions are important to us, but please refrain from gossip, innuendo, nasty or inflammatory remarks. Letters deemed to be inappropriate, inflammatory or libelous will be returned by the Staff for revision or removal. All letters must include the name, address and phone number of the author. No letters from *UCO Reporter* staff will be published. They may however have the opportunity to submit an opinion article also limited to 250 words.

ARTICLES: Articles for inclusion should be limited to 500 words, e-mailed (ucoreporterwpb@gmail.com) to the *Reporter* by the 7th of the month prior to the month of publication. All articles will be limited to one per writer. The topic of your article is of your choosing, but the Staff has the discretion to edit it with your approval or reject it based on the above stipulations. All articles must include the name, address and phone number of the author.

## THE UCO ADVISORY COMMITTEE

# What the Committee Does and Its Latest Project

#### BY LANNY HOWE

If there is one thing that can be said about UCO, it is that there is no lack of boards and committees. Everywhere you turn, there is a committee for this or that, usually named for its function-Transportation, Security, Beautification, Communications, Bid and Investigations being but five examples.

The purpose of this article is to tell you a little about the Advisory Committee (AC). In the Q & A that follows, Anita Buchanan, current chair of the Advisory Committee, tells us what the committee does.

Please note use throughout the text of the following abbreviations: AC = Advisory Committee; EB = Executive Board; DA = Delegate Assembly.

- **Q:** The Advisory Committee, from what I have understood, is where many or most motions which reach the Delegate Assembly originate. Is this right?
- A: Yes, a major function of the AC is to review proposals for amending UCO bylaws. The committee is currently reviewing the 2013 version of the bylaws, including an update that was begun a few years ago and postponed. We will continue that work until we have amendments to propose to the delegates.
- **Q:** How does this work, Anita? Which motions start with AC? What happens if an idea arises at another board or committee meeting?
- A: All proposals for amendment to the bylaws are submitted to the Advisory Committee. are three ways amendment can be proposed: a resolution by the Officers Committee or by the Advisory Committee itself, or a petition by a unit owner ("UCO member") submitted in writing with 25 signatures. Only unit owners may sign a petition.

A resolution which comes from the Officers Committee must be approved by the Advisory Committee and vice versa before it goes forward. An idea from another board or committee meeting should be submitted in writing via petition to Advisory.

- **Q**: When an idea or a resolution begins with the AC, what is the sequence of committees/boards to next consider it?
- A: From Advisory to Officers to Executive Board (EB) to delegates with consideration and vote at each step.
- **Q:** Do all motions go to the DA?
- Yes, even if Advisory, Officers and EB vote against a motion. The airing of the pros and cons at all the committees gives delegates a chance to understand all the issues around the particular proposal as they consider their vote.

present at a DA for a quorum, Q: Without going into a lot of the (previous) decision of the Executive Board on the matter prevails?

- **A:** Without a quorum, the Executive Board vote applies. However, to avoid this, delegates may vote to adjourn the meeting to a later date and time when there is a quorum.
- **Q:** Who is on the current Advisory Committee?
- **A:** It is a privilege to work with this group: David Boas, Barbara Cornish, Ruth Dreiss, Marilyn Gorodetzer, Herb Finkelstein, Jackie Karlan, Bob Marshall, George Pittell, Stewart Richland, David Saxon, plus ex-officio members (UCO Officers).

All proposals for amendment to the bylaws are submitted to the Advisory Committee. There are three ways an amendment can be proposed: a resolution by the Officers Committee or by the Advisory Committee itself, or a petition by a unit owner ("UCO member") submitted in writing with 25 signatures. Only unit owners may sign a petition.

- **Q:** What if the idea is frivolous? Suppose 25 persons sign a petition for some crazy thing? Do all these boards and committees have to waste their time on it?
- A: It's hard to define "frivolous," in a way that everyone would accept. Advisory takes in all proposals, and if we and the other committees were to find them silly we would vote them down straightaway and, I expect, so would delegates. I've been on the Advisory Committee under the past two chairpersons and so far have found unit owners very responsible and thoughtful about what they propose, even if I disagree with their premise.
- **Q:** Is it true that if an insufficient number of delegates are

- **Q:** How many visitors attend the average AC meeting?
- A: It ranges from a few to a crowd.
- **Q:** What are the rules on visitors participating in deliberations?
- **A:** Respect for everyone in the room. Committee members get to speak on a given issue before guests, but we try to give everyone full opportunity to participate.
- Q: Does the AC have closed sessions?
- A: Robert's Rules permits closed sessions (Executive Session) but so far we haven't called any since I have been Chair.

- detail, what is affected by UCO bylaw changes that make the bylaws revision project so complicated and timeconsuming?
- A: Bylaw changes are serious and changing anything in UCO governance is naturally controversial. We review current bylaw language and discuss changes we think necessary to bring bylaws up to date and in the best interests of UCO and the people it serves. We listen to everyone and are painstaking in our attention to detail. We check the Articles of Incorporation and the Bilateral Agreement to make sure there are no conflicts with the bylaw edits we are proposing and reach beyond our committee for input. Our goal is to respect the document and change only what needs to be brought up to date.

For example, we are adding committees that exist now but were not originally included in the bylaws, so we are reaching out to chairpersons be sure descriptions are accurate. Some of our members knowledgeable about Florida Statutes 617 and 718 help us make sure our edits are consistent with those laws, although our attorney will be the last word on legal compliance. We pore over every word we write, then do it again.

**Q:** When the AC has done its work on the present bylaws, will they then go to Rod Tennyson, the UCO attorney? When he has made his changes and suggestions, do parts have to go back to the AC for reconsideration?

#### **A:** Yes and yes.

I know the Committee is in the throes of a huge job recommending changes to the 2013 bylaws now. At what point can the AC begin considering new bylaws and new

Continues on Pg A7

#### UCO OFFICER'S REPORTS



#### Joy Vestal

Cambridge • Canterbury Chatham • Dorchester Kent • Northampton Sussex

As you can see from the content of this edition of the paper it's summertime. It's time to relax a bit, have some fun, explore some new places or revisit some that you haven't been to in a long time. Now, snowbirds don't get the idea that UCO is on vacation, NEVER HAPPEN! But, you have to admit it's been a very busy year with the cable contract negotiations and supporting documents and reporting all the information so let's take a deep breath and enjoy the bright sunshine and wonderful entertaining venues that surround us.

In the meantime a project management team has been brought on board to keep us all informed of Atlantic Broadband's progress. This is a tremendous project and must be monitored carefully. UCO is still in need of a Treasurer. This is a position does not require a CPA however, a knowledge and/or financial background is necessary. Surely we must have a candidate or candidates with this qualification. Come on folks this is your Village so give a few hours a week to help.

Until next month as I said before let's have a good summer filled with pleasant thoughts.

## NOTICE TO RESIDENTS NEW PARKING ENFORCEMENT AT CLUBHOUSE:

CV CLUBHOUSE
MANAGEMENT
HAS CONTRACTED
WITH A TOWING
SERVICE TO CONTROL
UNAUTHORIZED
PARKING. VEHICLES
THAT ARE PARKED IN
PLACES OTHER THAN
MARKED SPACES
WILL BE SUBJECT TO
TOWING.



#### S. Richland

Andover • Bedford Golf's Edge • Greenbrier Kingswood • Oxford, Southampton • Dover

For the last few months I have been listening to unit owners lamenting about issues they are having with their association board members, with the financials of their building, with the way meetings are run, with the lack of planning for infrastructure projects, and about intimidating unit owners to accept decisions by one or two board members.

The Cambridge College Dictionary defines what is illustrated above: "to have difficulty understanding something."

No one lives long enough to learn everything they need to learn starting from scratch. To be successful, as a member of an association board, regardless of position, you absolutely, positively have to learn and understand the things that must be learned in order to prevent some sort of catastrophic event that could bankrupt your association.

Prospective owners of a condo should know from the outset that there is a board, hopefully elected by a democratic process, given the responsibility for protecting the interests of their building community and individual owner. Many of those who sit on condo association boards have never ever held any positions in their former life that gave them even a modicum of experience with the expertise in dealing with condo documents, building infrastructure issues, budgeting, insurance, professional documents, and legal issues. Often new board members enter into their positions without knowing the full scope of the responsibilities that they will be taking on. That is why each quadrant has a V.P. that can come to a board meeting and help out.

Hamlet reminds "THEREIN LIES THE RUB." all starts with the real estate agent. The agent should provide their client with certain information about the association. What are the monthly payments? Is the association planning to impose an assessment on the unit owners? Are the association's reserves large enough to cover the costs for the basic upkeep of the building. Is the association's by-laws up to date and what special restrictions have been customized in the by-laws? The prospective buyer should hire an inspector to

examine the unit for mold, water, and electrical issues. Once you buy the unit the costs to repair falls on the unit owner. The prospective unit owner should take a walk around the property to see how well the property is maintained. If there are any



issues, one might conclude that the association board is not performing their due diligence maintaining the property. A prospective buyer should also have the opportunity to examine the financial records and board meeting minutes to see what issues have been discussed. Of all the concerns that have vexed most unit owners is the fact that board members are snowbirds and are not on site to fulfill their obligations as board members when they are thousands of miles away. This is an issue that is throughout the Village. I am not sure how this problem can be resolved. In my next column I will address some of the other important concerns of unit owners board members and hopeful buyers.

As usual I am in my office every day and will welcome one and all to help you resolve your issues. My extension at the UCO office is #105. Come in and let's talk.

VP BOB MARSHALL'S
REPORT IS
UNAVAILABLE DUE
TO ILLNESS.



#### Ed Black

Coventry • Easthampton Norwich • Plymouth Sheffield • Stratford Waltham

Southeast Transportation, Century Village's bus company, has completed installing the decals that were designed by CV Homeowner Bob Rivera. We have received many positive comments from the riders and community, and we thank Bob for his creative efforts. Decals for the rear sides of the buses will be installed next.

Schedules for all CV buses will now be available on the buses, at the Main Clubhouse and the UCO office. All changes to the schedule will be posted on the buses, well in advance of the change.

Security staff have now begun using IPad tablets, which will enable Security to check ID's at the WPRF amenities. This will help residents that have forgotten to bring their ID's with them. These devices will also help Security with guests arriving at the East and West Gates, and the roving patrol guard will use these tablets during peak traffic times to expedite entry into the Village.

Soliciting: While this Community does not support soliciting and does not permit soliciting vendors to enter the Village, we still hear complaints. In order for Security to stop this annoyance, we must hear from you immediately after you are aware of this activity.

Please call the Rover to report this activity, report the area they are working and our team will ask them to cease all activity and leave.

East Gate: 686-0961 West Gate: 686-0432

## **LETTER TO THE EDITOR**

# **Shame On The Messenger Club!**

Mr. Ed Grossman, president of the Messenger Club, had my husband and me removed from his meeting on July 6, 2017. We were sitting at a table talking quietly, waiting for the meeting to start. Mr. Grossman came over and said you MUST sign in. I never was told this at other meetings. So Mr. Grossman called Ms. Eva Rachesky, who in turned called us and we were told, "It's his meeting, his rules, we must leave." I thought this was an open meeting to all. Other members of the Messenger

Club told Mr. Grossman it was not right, but he evidently does what he wants. I thought by going to the meeting I could listen to another side and maybe give my opinion and maybe accomplish something. But evidently the MESSENGER CLUB only wants to hear one side. Also, at UCO meetings which are open to all, there is a sign-in sheet. Members must sign for voting, but GUESTS are asked to sign, but are not removed if they DON'T. I have always tried to get along with all for the benefit of our Village.

Caring Resident, Barbara Cornish

# UCO Delegate Assembly Minutes

JULY 7, 2017

The meeting was called to order at 9:30 AM by President David Israel.

PBSO, Lt. J. Hill, led the delegate assembly in the Pledge of Allegiance.

#### **Attendance:**

David Israel - President Ed Black - Vice President Stewart Richland - Vice President Joy Vestal - Vice President John Hess - Recording Sec. Bobbi Levin - Corresponding Sec.

This meeting is being videotaped by UCO.

#### **Guests**

PBSO Lt. J. Hill, Palm Beach County Appraiser Dorothy Jacks, and assistant Mike Pratt, Port Commissioner Peyton McArthur, and State Attorney Dave Aronberg and assistant Mike Edmundson.

#### **PBSO Report:**

Lt. Hill: Reported on "Operation Pill Drop" (flier in packet). Prescription label may be removed -- everything is destroyed. Reminder about hurricane season and to be prepared. Be aware of scams, check credit card and bank statements regularly for irregularities. There is an epidemic of car break-ins countywide — don't leave valuables in your car and remember to lock your

doors. There were reports of stolen tools from units being remodeled and tools taken from pickup trucks. Also residential burglaries and some vandalism to automobiles were reported.

#### **Attendance:**

There are 108 delegates in attendance. No Quorum. Meeting continues for guest speakers and informational purposes only, no business.

#### **Treasurer's Report:**

A financial report was given by Sebastian Weend. Detailed report is enclosed in the packet.

#### **Minutes:**

The minutes were read and corrected. Correction: Olga Wolkenstein misspelled

Dave Aronberg thanked Century Village for its continued support. He stated cooperation between his office and other law enforcement agencies is good—cleaning up the drug-opioid problems and the prosecution of criminals is making progress. Florida Laws on marijuana have changed for medicinal use. Prosecution has become less stringent on those charges.

Dorothy Jacks wished everyone a "happy summer." Her office

is preparing the Tax Notice & Exemptions for Homestead. Be sure to check for errors when you receive them. Inform your new neighbors to apply for homestead exemptions. Her office has someone here every month to handle homestead exemptions. There has been a new exemption for First Responders that have become handicapped while performing their duty. NO TAXES. Value limits were also raised to include \$100K-150K residences.

Peyton McArthur reported that County Mayor Paulette Burdick sends her regards and will be attending next month, and another reminder on hurricane preparation being important.

#### **President's Report:**

President Israel reported that 2 firms have submitted resumes for the position of Project Monitor for the installation project of the TV cable. One interview is complete and the other will be scheduled immediately.

#### **Officers' Reports:**

Joy Vestal: The next Honor Flight will be in September and will include Korean Veterans. Applications are available for those interested.

John Hess: Presidents Coffee Club meeting is July 10th at 10:30 a.m. in the UCO office.

Stewart Richland: Don't feed animals. A reminder for pet owners to pick up after their pets. Please be civil if confronted and follow the rules. Remind your contractors doing work; they are responsible for the construction debris, not to be piled by dumpster.

Cam: Debris by Okeechobee walkin gate from repaired water leak in process of being cleaned up.

#### **Committee Reports:**

Committee reports are in the packet.

#### **Good of the Order:**

- Mark Friedman is being asked to do a presentation on the "Retrofit Sprinkler" and the effects it will have on Century Village. TBA
- Thank you for getting action from waste haulers to empty dumpster at Hastings!!
- Thank you for quick action on fence repair on Century Blvd.
- Traffic problem at Okeechobee light.

Herb Finkelstein made a motion to adjourn, all seconded. Meeting adjourned 11:35 a.m.

Respectfully submitted, John Hess, Recording Secretary

# THE UCO ADVISORY COMMITTEE Continued

#### **Continued from Pg A5**

changes? Is there the possibility of doing this BEFORE final proposal of changes to current bylaws goes to the DA?

The committee voted to complete the current review of bylaws before dealing with new petitions or proposals. Otherwise, we might never finish our review. We are three-quarters of the way through our update and optimistically looking at three meetings/three months to completion. Once we're done, we will consider the petitions in the queue, process them and incorporate the update them into we take to the delegates.

Ordinarily, without an update in process, we would receive a petition, vet the

signatures, evaluate, vote and move it through the process in time for the next Delegate Meeting. Once the update is complete, we will go back to doing things this way.

**Q:** I have watched you on the "Our Village" blog video chairing AC meetings AND being recording secretary for the meetings. How on earth do you manage both?

A: My secret weapon is the same video recording you watch, that is placed on the blog right after our meetings. I can be sure I won't miss a word.

**Q:** Does it add to your difficulties to have an attendee be disruptive, loud, and use obscene language?

A: Yes, of course. Disruption wastes time and there's no

need for it. We have adopted a process, supported by Robert's Rules, that allows the Chair to call for a motion to remove a disruptor who refuses to stop destructive behavior and to ban the person for the rest of the meeting. Once a vote is taken, if it is a yes, the disruptor becomes a trespasser and the Chair is authorized to call PBSO for removal.

Past chairs of the Advisory Committee have been Randall Borchardt, Marilyn Gorodetzer, and Arlynn Abramson. Our thanks to them, those who served on the committee in the past, Anita Buchanan, and those serving now. Hopefully, readers will now better understand the important role the Advisory Committee plays in our Village.

# CENTURY VILLAGE BRIDGE CLUB OFFERS LESSONS AND DUPLICATE GAMES.

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TUE 10-NOON

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FRI 10-NOON

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DUPLICATE: (OPEN)

MON 6:30PM-10PM

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BY BOBBI LEVIN

Washington, DC.

Social Security Trustees recently announced that "...In January 2018, the millions of Americans who rely on Social Security can expect to receive their biggest payment increase in years." It is projected that seniors will get a 2.2% automatic benefit increase or about \$28 a month for the average recipient.

And, the Trustees project that "Medicare Part B premiums will remain unchanged in 2018. Most beneficiaries now pay \$134 a month.

Forty percent of seniors (and 90 percent unmarried seniors) rely on Social Security for all or most of their income.

Unfortunately, the average monthly retirement benefit of \$1,355 is barely enough to meet basic needs, and the Trustees' latest projected cost-of-living increase of 2.2 percent will not keep pace with seniors' true expenses.

Following the release of the federal report, Max Richtman, president and CEO of the National Committee to Preserve Social Security (NCPSSM) said, "Under these circumstances, any benefit cuts (including raising the fall.

Finally, some good news out of the retirement age to 70 as some propose) would be truly painful for our nation's retirees."

> a statement. Richard Fiesta, Executive Director of the Washington, DC-based Alliance of Retired Americans, noted that the Trustees project that the Social Security Disability Insurance (SSDI) trust will be fully solvent until 2028, five years longer than last year's report. "In light of this data, it makes no sense that the President's FY 2018 budget seeks to cut Social Security Disability Insurance funding by \$63 billion."

> Despite the trustees' strong report, Mr. Fiesta believes that improvements can be made that would benefit all workers and retirees. His organization supports safeguarding and expanding Social Security benefits, providing a more accurate formula for cost-ofliving adjustments, and lifting the cap on earnings for the wealthiest Americans. "Reigning in the prices of prescription drugs would strengthen Medicare for the future and reduce costs to retirees."

Final numbers will be released in

#### **IDEAS FOR WEEKLY EXCURSION TRIPS**

WHAT WOULD YOU LIKE TO DO?

WHERE WOULD YOU LIKE TO GO?

WHAT WOULD YOU LIKE TO SEE?

The **Transportation Committee** is interested in what ideas the residents of Century Village may have in reference to our weekly Excursion trips.

Museums, Attractions, Lectures Day Trips, etc. We would appreciate your suggestions!!

Simply obtain a form at the ticket Office or at the UCO Office and return it to the attention of Lori Torres, Chair of the Transportation Committee.

PLEASE TAKE ADVANTAGE OF THIS WONDERFUL **OPPORTUNITY TO CONTRIBUTE YOUR IDEAS!!!** 

**Leisure Line Coconut Creek Casino** \$20.00 Fan Play Isle Casino Racing Casino: Pick Up Wells Fargo Bank, Okeechobee Blvd

\$20 Round Trip Includes: \$15 FanPlay & \$5 off Farmers Pick Buffet At the Isle Casino POMPANO PARK Groups Welcome!

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## County Personnel to Maintain Storm Shelters

#### BY RUTH BERNHARD-DREISS

An urgent request for hundreds of Palm Beach County employees to train for hurricane shelters was made following a decision to end the county's dependence on Red Cross volunteers during storm emergencies because it is unwise to depend on volunteers.

Palm Beach County Administrator Verdenia Baker said in an email to employees that teams of trained county workers will partner with school district staff to manage the county's 15 shelters. "We will no longer be relying on Red Cross to perform this function," Baker said. "We must take care of our own and shelters are a critical component of our emergency response system."

The move, made weeks after June 1, the official start of hurricane season, comes after as many as 20 counties statewide struggled to open and staff shelters during October's Hurricane Matthew, a Category 4 storm, which was the first time since 2004 and 2005 that widespread evacuations were called for in Florida.

Matthew, as it approached the state, threatened counties from Palm Beach to the Georgia border, forcing areas farther inland to open shelters to accommodate people fleeing the coasts. In Palm Beach County, 49,000 people in mobile or manufactured homes, and 90,000 who live on

barrier islands or along some areas of the Intracoastal, were asked to evacuate for Matthew. Nearly 8,000 fled to general population shelters, 184 stayed in a special-needs shelter, and 245 went to the pet-friendly shelter at West Boynton Recreation Center.

Jon VanArnam, Deputy Palm Beach County administrator, said there were concerns during Matthew about getting enough Red Cross volunteers for shelters and getting the shelters open on time. "The Red Cross has been a great partner," VanArnam said. "But ultimately the responsibility to make all these things work falls under the county, so we have to make sure all the shelters can open when we need to open them." The Red Cross said Palm Beach County's decision to open eight shelters during Matthew, followed by another request for five more as evacuations were made mandatory, "stretched the capacity of many agencies. But the fact remains that the Red Cross opened and staffed all of the general population shelters requested by the county as well as one pet shelter," the statement

Many of Palm Beach County's more than 6,000 employees already work during hurricanes, such as fire-rescue and utilities workers. Those

not designated to an emergency management post, and who apply for training first, will get choices of shelter assignments. They will be paid based on their exempt status, but VanArnam said the county is usually reimbursed for those costs if a disaster declaration is made.

Challenges with opening and staffing shelters during Matthew were a recurring theme at the Governor's Hurricane Conference in May. There was an instance where volunteers were going to manage a shelter and there was nobody there. We can't afford that. Bill Johnson, Director of Palm Beach County's Emergency Operations Center, said it's unwise to rely wholly on volunteers who worry about their own families during emergencies.

"In this day and age, we are seeing volunteerism decline," Johnson said at the conference. "It's tough when you are a volunteer and you are staring at a Cat 4 storm and you have to ask whether you are going to take care of your belongings and your family. I can see why people may change their minds."

Bear in mind that there are special needs shelters who need assistance in connection with their medical needs, and pet shelters. Check out pre-registration with these facilities if you are in need of them.

# DEMONSTRATION OF OUR NEW UCO ELECTRONIC VOTING SYSTEM AT THE COMPUTER CLUB MEETING

#### WHEN:

THURSDAY, AUGUST 3 AT 1:30 P.M.

#### WHERE:

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#### August 2017

NR 3032096 NR 3012096		<u> August 201</u>	<u>7</u>	
Monday	Tuesday	Wednesday	Thursday	Friday
I ♥ August	1 2:30-3:30 pm Antonella Martino discusses "Cholesterol Management and Lifestyles"	2 2:30-3:30 pm Lisa Kline with LKG Law discusses Estate Planning "What Everyone Should Have in their Legal Tool Box"	3	4 10:30-11:30 am Let's Learn about AMR with Sarah Kirkwood
7 12 Noon Lunch and Learn with Dr. Henriquez 'Healthy Heart Discussion'	8 12 Noon Lunch and learn with Morgan Stanley "2017 Midyear Review"	2:30-3:30 pm Silver Sneakers Chair Exercises with WellCare	10	11 10:30-11:30 am 'New Innovations with Hearing Aids' presented by Dr. Natalie Fernandez-Roque
14 11:30 am-1 pm Medical Monday Luncheon w/ Dr. Suzanne Fuchs, DPM "Diabetic Foot Check and Nail and Skin Conditions, know your Feet!	15 10:30-11:30 am Were you a Veteran or Surviving Spouse? How can Veteran Aide & Attendant help you?	16	17 10:30-11:30 am Bagels and Brains- Trivia with Nurse1.	18 1:30-2:30 pm Join us at the CV Clubhouse for our Homecare 101 presentation! RSVP REQUIRED. Snacks will be provided.
21 2:30-3:30 pm Century Physical Therapy: What to know about total hip replacements presented by owner, Brett Richman. Snacks provided.	22 10:30-11:30 am Healthy Choices with Karina Parifan. Snacks will be provided.	23 10:30-11:30 am Century Village Realty-Learn how they can help you with your next move!	10:30-11:30 am Arthritis Discussion with Century Physical Therapy Snacks provided	2:30-3:30 pm Dr. Jonathan Chung presents "Boosting Your Brain to Beat Pain"
2:30-3:30 pm Rock & Roll Art Day! Come listen to music, have a good time and decorate a guitar to take home!	2:30-3:30 pm  Distinguishing "dementia"  from Alzheimer's presented by Alzheimer's Community Care.	2:30-4 pm Canvas Art Painting. ALL SUPPLIES INCLUDED. 15 slots available.	31	

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# **LEGAL**

#### **2017 NEW LAWS - PART 1:**

Debit Cards, Estoppel Certificates, Financial

# Reports, Official Records, And Term Limits

#### BY MARK FRIEDMAN, ESQ.

#### **Debit Cards**

There have been numerous instances where issues have arisen due to the use, misuse, or mistaken use of debit cards. The new law provides that an association and its officers, directors, employees, and agents may not use a debit card issued in the name of the association, or billed directly to the association, for the payment of any association expense. The law also clarifies that the use of a debit card issued in the name of the association, or billed directly to the association, for any expense that is not a lawful obligation of the association may be prosecuted as credit card fraud pursuant to s. 817.61. In short, if you have an association debit card, cut it up and stop using it immediately

#### **Estoppel Certificates**

Prior to July 1, 2017, the only

information you had to provide the prospective purchaser was the amount of money owed on the unit as of the date of transfer. Under the changes in the law you not only have to provide that financial information but you must also provide answers to a long list of itemized questions. We strongly recommend that your attorney review the association's governing documents and create the initial estoppel certificate based on each association's individual documents, which you and/or your management company may use and charge for thereafter. The certificate even requires you to reveal whether you have a right of first refusal; which seems to be an issue that many associations in Century Village are uncertain about. Do not attempt to create this legal document on your

#### **Financial Reports**

Associations that operates fewer than 50 units must prepare a financial statement based on its total annual revenues (not just an

automatic report of case receipts).

- An association with total annual revenues of \$150,000 or more, but less than \$300,000, shall prepare compiled financial statements.
- An association with total annual revenues of at least \$300,000, but less than \$500,000, shall prepare reviewed financial statements.
- An association with total annual revenues of \$500,000 or more shall prepare audited financial statements.
- An association with total annual revenues of less than \$150,000 shall prepare a report of cash receipts and expenditures.

#### **Official Records**

The legislature has granted tenants limited access to inspect only the association's bylaws and rules

#### **Term Limits**

A board member may not serve more than four consecutive 2-year terms, unless approved by an affirmative vote of two-thirds of the total voting interests of the association or unless there are not enough eligible candidates to fill the vacancies on the board at the time of the vacancy. This only applies to Associations that use two-year terms. If you elect your directors annually, it arguably does not apply to your Association.

## Emergency Life Safety Systems ("ELSS")

The governor vetoed the bill on the sprinklering and ELSS installation. We will discuss that in further detail next month along with information on other new laws.

Mark D. Friedman is a shareholder in the law firm of Becker & Poliakoff, P.A. This article is intended for educational purposes only and is not intended as a substitute for consulting with your association's legal counsel. If you wish to contact Mr. Friedman he may be reached at mfriedman@bplegal.com





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   Shots Available
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# Home Delivery of GROCERIES

#### BY LENORE VELCOFF

Publix now has agreed with a company called Instacart to provide home delivery. It is *not Publix*. It is an outside company.

You must have a computer to use this service. You order your groceries online. Shop at Publix Super Markets from any device. Schedule the delivery. Get your groceries in as little as an hour, or when you want them. Your order must be for at least \$35.

The delivery fee depends on the size of your order and the delivery time that you choose. The specific delivery fee for your order will be displayed when you choose a delivery time during checkout before you place your order. When Instacart experiences high demand for a delivery time, a Busy Pricing Fee may apply in addition to the delivery fee. Busy Pricing is also shown clearly at checkout.

There is no way to know the delivery fee in advance. Generally the cost of an item is the same as in the store. But sometime there is Busy Pricing. This means that the average price of items on Instacart is 15% higher or more compared to the average price of Publix. Busy Pricing allows the company to keep more delivery times open and make their service available to you during the busiest parts of the day. The exact amount depends on how busy they are and other factors. You will be much more likely to pay standard delivery fees if you are able to schedule your delivery well in advance.

If you are in a Publix before you order online, go up to the counter and get a \$10-off coupon for Instacart. You cannot order by telephone. It must be done online.





Hurricane Season is from June 1st to November 30th. In the case of a hurricane or tropical storm it is important to be properly prepared. Often times people do not have the necessary tools and equipment in their homes prior to a storm. This lack of preparation creates chaos as people rush to grocery stores to buy essential, last minute items. Following a few basic steps can help to create a stress-free experience when preparing for a storm.

#### Hurricane Kit

Essential to your preparations is a Hurricane Kit, prepared long before you know a storm is on its way. While preparing your Hurricane Kit, you should take into account that there should be plenty of resources to last you and your family at least 72 hours (3 days).

- · Non-perishable food
- Manual Can Opener
- Battery operated Radio
- Water for drinking, cleaning, and other hygiene concerns
- · Flashlight (with extra batteries)
- Waterproof Container for cash and important documents



- Lighter or Matches
- First Aid Kit (Including prescription meds)
- Personal Hygiene and Sanitation Items
- Books, Magazines, and games for recreation
- Special need items: Pet supplies and baby food if applicable

#### Secure Your Home

- Close, secure, and brace internal doors
- Bring anything that can't be tied down inside



- When winds become strong, stay away from windows and doors
   Cover all windows, either with hurricane shutters or wood
- Trim all trees and shrubs and make sure rain gutters are clear

#### Before the Storm

- Have an evacuation plan
- Install/ test smoke detectors
- Obtain cash or traveler's checks
- Establish an out of state contact in case of an emergency
- Purchase and fill large gas cans

Visit the website below for even more information.

www.PBCgov.org/DEM





# **SUBWAY**



# **SUMMER SAVINGS!**

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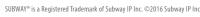
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# An Insight into Independent and Assisted Living

BY RUTH BERNHARD-DREISS

As we get older, the thought is on more minds than not, as to what will happen when we are no longer in a position to take care of ourselves. Some have families and some do not. Most often, seniors don't want to move in with their families because the children or other family members have their own lives, much different from theirs, and the senior doesn't want to become a burden or interrupt the other's way of life. There appear to be two choices then -- hire live-in help or move to an independent or assisted living facility. The latter is a hard choice, but a great way of life, as I learned by visiting several of them. They offer a full social calendar and freedom from housework, so greatly desired.

I came upon one such place in Lantana that I would like to tell you about. It is called Atria Meridian. It has a 185 capacity on 2 levels, but no facility for memory care (Alzheimer's or dementia). This facility includes 3 meals daily vs. only 2 in other facilities and anytime-dining from 7:00 a.m. to 6:00 p.m. allows the resident to choose the times they wish to eat --no set time for breakfast, lunch, or dinner. It was of particular note that there is no stove in any unit because food is always available, but you may have a microwave oven.

For those without cars, 7-dayper-week transportation is offered, including to doctors within 15 miles. Cleaning is included once a week and you can have your bed linens and towels done. If you wish, personal laundry can be done for \$12 a week, or there is a laundry (washers and dryers) on each level where you can do your own laundry at no extra cost.

In addition to the independent and assisted living options, there is the Atria Retreat which is a temporary place to stay for those recovering from surgery or illness, or for those who simply want to test the waters of community living. These stays start at \$175 per day.

Accommodations are available from 400 to 1,323 sq. ft., and prices range from \$3,430 to \$4,805 depending on size and location...... location, location. The smallest unit is called an alcove. It is so called because there is separate space to fit a bed and make a small bedroom of it. I call it a studio. Sometimes there are special rates for a unit if it has been unrented for a period of time. For example, at the time of this interview, there was a unit available for \$3,150, well below its usual price. There is a New Resident Nonrefundable Service Fee of \$1,500, but there are cases when this can be applied to the monthly rental, which will be discussed with you by the staff.

What is most convenient is that if you are in an independent living unit, and you find that as time goes on you need assisted living, you don't have to move into another unit. Your particular needs are elevated, and all you do is pay the difference between independent and assisted. Assisted living is not segregated on a different

level of the building.

The cost of electricity is included, but telephone is not. You may use the Internet in the lobby, but you must otherwise subscribe to your own Internet. A guide on how much money you will need to enter a facility begins with the affordability of the rent, added to which are your own personal expenses incurred monthly. With those figures, you will know how far your income will go.

I visited this facility with a CV friend and we were given a guided tour by Gisela Ashley, the Community Sales Director. We asked her what happens when you have been a resident for a length of time and find that your funds have run out. We were assured that no one is put out in the street because there are contacts for assistance that can be made to assure a smooth transition elsewhere. Atria Meridian is pet friendly and you can bring your pet (size restricted) for a one-time nonrefundable fee of \$500. The highlight of the tour to me was seeing a resident with her friendly little white curly-haired dog, Mollie, carrying a stuffed animal in its mouth everywhere. Is that cute, or what?

It is interesting to compare living at home vs. living at Atria. At home, you may be isolated from friends with fewer opportunities to socialize and stay involved in outside interests. There is reliance on others' availability to get where you need and want to go. You eat alone with prepackaged meals if you don't cook

and there is difficulty following special dietary requirements. There is the burden of cleaning laundry and maintenance of your home. Here your repairs are taken care of.

At Atria, there is the warm company of neighbors and engaging social and other events in which you can participate every day. You are able to make lasting friends. There are scheduled services always available for local appointments, errands and outings.

Most impressive in Atria Meridian is the cheerfulness and cleanliness. Outside of each unit is a triangular shelf where residents may put evidence of their personal lives, such as photos, plants, flowers and figurines. As you walk down one hall, you can see different decorations put there by the individuals living there. Another impressive sight was a huge wall with nameplates of residents who served in the armed forces --Army, Navy, Air Force, Coast Guard and even one in the National Guard. Veterans of the Army have the most nameplates for those in residence. It reminded me of our own Honor Flight honorees.

And there you have it. It is expected that the UCO Reporter may do follow-up articles such as this to bring information to our residents in order that they may consider their various options at other places and make choices.

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#### 640-3120

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Ticket Office	Ext. 1
WPRF Maintenance Office	Ext. 2
WPRF Accounts Receivable Office	Ext. 3
I.D. Office	Ext. 4
Administrative Office	Ext. 5
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Hastings Clubhouse Security	
Aerobic Instructor	
Gym Trainers	Ext. 9
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# The On-Site Century Village Specialists

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Canterbury F 1 BR / 1.5 BA\$33,	900
Northampton P 1 BR / 1.5 BA\$34,	900
Windsor L	900
Northampton L 1 BR / 1 BA\$35,	000
Sheffield L	900
Windsor L	000
Andover K 1 BR / 1 BA\$38,	000
Chatham J 1 BR / 1 BA\$38,	500
Hastings H	000
Andover H 1 BR / 1.5 BA\$39,	900
Norwich G 1 BR / 1 BA\$43,	900
Easthampton H 1 BR / 1.5 BA\$44,	900
Canterbury A 1 BR / 1.5 BA	000
Dorchester H 1 BR / 1.5 BA\$45,	000
Dorchester G 1 BR / 1.5 BA	000
Sheffield J	500
Somerset G 1 BR / 1 BA Waterfront\$47,	000
Waltham E 1 BR / 1.5 BA\$48,	000
Oxford 1 BR / 1.5 BA\$48,	900
Dorchester F 1 BR / 1.5 BA	000
Waltham I	
Northampton F 1 BR / 1.5 BA Waterfront\$56,	000
Canterbury B 1 BR / 1.5 BA	900
Sheffield A 1 BR / 1.5 BA	
Wellington M 1 BR / 1.5 BA Waterfront	900
Plymouth I 1 BR / 1.5 BA	900
Bedford E	000
Kent B 2 BR / 1.5 BA Waterfront\$53,	000
Norwich E	000
Andover L 2 BR / 1.5 BA	000
Dorchester G 2 BR / 1.5 BA\$56,	
Andover F 2 BR / 1.5 BA\$57,	
Windsor G	
Windsor I	
Kent N	
Coventry D 2 BR / 1.5 BA	000

#### **SALE LISTINGS**

Chatham D 2 BR / 1.5 BA	\$65,000
Easthampton I 2 BR / 1.5 BA	\$65,000
Bedford D 2 BR / 1.5 BA	\$68,000
Waltham H 2 BR / 1.5 BA	\$69,900
Coventry J 2 BR / 1.5 BA	\$72,000
Golfs Edge E 2 BR / 2 BA	\$75,900
Stratford O 2 BR / 2 BA Waterfront	\$79,900
Chatham L 2 BR / 1.5 BA Waterfront	\$84,900
Somerset E 2 BR / 2 BA	\$89,900
Wellington H 2 BR / 2 BAWaterfront	\$109,900
Stratford J 2 BR / 2 BAWaterfront	\$115,000
Oxford 2 BR / 2 BA	\$115,000
Wellington H 2 BR / 2 BAWaterfront	\$129,900
Greenbrier A 2 BR / 2 BA	\$129,900
Oxford 2 BR / 2 BA	\$139,900
Wellington C 2 BR / 2 BAWaterfront	\$149,000
Andover I 2 BR / 1.5 BA	\$149,900
Dover A 2 BR / 1.5 BA	\$155,000
Wellington L 2 BR / 2 BA	\$164,900
-	

#### **RENTAL LISTINGS**

Easthampton G 1 BR / 1.5 BA	\$800
Bedford F 1 BR / 1.5 BA	\$850
Norwich C 1 BR / 1.5 BA	\$850
Bedford F 1 BR / 1 BA	
Salisbury H 1 BR / 1 BA	
Stratford O 1 BR / 1.5 BA	
Andover C 1 BR / 1.5 BA	
Canterbury G 1 BR / 1.5 BA	
Waltham G 1 BR / 1.5 BA	
Camden L 1 BR / 1 BA	
Dorchester C 2 BR / 1.5 BA	\$950
Northampton D 2 BR / 1.5 BA	
Norwich M 2 BR / 1.5 BA	\$950
Easthampton C 2 BR / 1.5 BA	\$975
Sheffield A 2 BR / 1.5 BA	\$1,000
Cambridge F 2 BR / 1.5 BA	\$1,000
Dorchester E 2 BR / 1.5 BA	\$1,600
Somerset J 2 BR / 2 BA	\$1,600

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**TESTIMONIALS** 

What our customers say:



#### $\bigstar \bigstar \bigstar \star \star \star$ - Highly likely to recommend

#### Sold a home in Florida.

"Very professional, and knowledgeable about the market, pleasure doing business with him. My agent went out of his way to accommodate this sale and help facilitate the move out of Century Village. He got the job done!" - D.K.\*



#### ★ ★ ★ ★ . Highly likely to recommend

Sold a Single Family home in 2015 for approximately \$25,000 in West Palm Beach, FL.

"He helped sell my condo for the price we discussed and delivered, would use him again. The condo had a lot of restrictions making it hard to sell. He got a buyer and got them through the condo boards." - B.C.\*





#### ★ ★ ★ ★ . Highly likely to recommend

Rented a condo home in 2014 in West Palm Beach, FL.

"My Agent was a life saver in a long distance transaction. Her communication, attention to detail and just plain caring made the impossible happen. A MILLION thanks!" - L.A.\*



#### \* \* \* \* \* - Highly likely to recommend

Bought a Condo home in 2014 for approximately \$50,000 in West Palm Beach, FL.

"My agent helped me find and buy my Florida residence. She was most helpful explaining and answering all my questions and concerns. She was always available to show me listing and helped gain access to all homes I wanted to see. I wouldn't hesitate to use my agent, both buying and selling. I have recommended her to others who have been very pleased." - G.G.\*





#### ★ ★ ★ ★ . Highly likely to recommend

Bought a condo home in 2015 for approximately \$30,000 in West Palm Beach, FL.

"Very impressed by my agent's patience, good humor, helpfulness and knowledge of real estate. Will be happy to deal with her again and recommend to any buyer or renter." - M.M.\*

estate. Will be happy to deal with her again and recommend to any buyer or renter." - M.M.\*

\*Names available on request.



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# THE OLD MAN by Thomas Perry

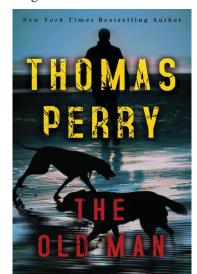
Dan Chase is always on guard, always on the run, needing to hide out from the government that betrayed him so many years ago. Armed with multiple aliases and the paperwork to back them up, Dan is always ready to move at a moment's notice. It's been awhile since he has had to move on, but one fateful night his safe house has been discovered and his life threatened, so with his two trusty dogs, Dan Chase must run yet again.

This is an intriguing book about a former Defense Intelligence agent who is forced to go on the run (although unfairly) over a botched mission in his past. It's fascinating to see how this older man outwits his pursuers across the USA and Canada. The chase grows in intensity until the pursued discovers the root of his problem. Resolving the situation proves difficult to accomplish. Telling the tale from the perspective of the chased person adds a certain thrill to the narrative. When hiding in plain sight no longer works, he takes to the road and winds up partnered with a lovely pianist who's not only single once again, but willing to exist in a life on the run despite what her adult children think. But, of course, the past catches up (doesn't it always?)

and our man must decide whether to fight his enemies and be done with all the running once and for all.

In this book the suspense is high, theplottight, and the characterization lean but compelling. There is travel galore, a chase scene, crashed cars, and some unlikely subplots. The author draws characters out so they are both complex and believable. Ethical questions arise about using others when you are in danger. The man of many names tries to lead a life of integrity but his past gets in

The title to me is a misnomer. Sixty today is really middle-aged and the older I get the younger 60 is. This novel is a page-turner and I enjoyed reading it.





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Erik Sodemann (561) 578-3590





While relaxing at the pool left at a doorstep. recently, I overheard a woman say that a delivery made by UPS had working their magic in Century mysteriously "disappeared" from her Village. In order to protect your front door. Because it was a surprise packages it is recommended that: from her children, she had not been home to accept the package.

According to UPS, thefts of deliveries are rare. The company delivers more than 19 million every day and a packages spokesperson says the rate of thefts involving UPS has been relatively flat over the last few years.

However, online sales skyrocketing and that means the number of boxes being delivered to homes is also spiking.

The online sales phenomena has been great for some retailers and convenient for many shoppers. It has also spawned a new caliber of crooks called "patio pirates." These hoodlums follow delivery trucks around residential neighborhoods and gated communities in the hope of making off with a package that is

these pirates are Evidently

- You make arrangements to have your shipment delivered when you will be at home.
- If you cannot be home at the designated delivery time, ask a neighbor to accept the package and bring it inside.
- UPS customers consider signing up for the free UPS MY CHOICE service which will send a text message or email the day before a package arrives.

If you believe a package has been stolen, call local authorities and file a police report. You may also contact the original shipper to find out if reimbursement or reshipment is available.

# Nutrition and Health The Amazing Avocado

BY JEANIE W. FRIEDMAN, MS RD LD/N



Spring and summer bring with them not only a change in the weather but a bounty of fruits. I am sure you have seen the colorful assortment of plums, apricots, peaches, and berries, and the avocado; which is also a fruit.

The avocado is rich and creamy in texture due to its high fat content. But do not be alarmed, avocados are naturally high in monounsaturated fats, which are a type of heart-healthy fat that is also found in olive oil. In addition, avocados have been studied for possible protection against viral liver damage, such as is caused by hepatitis. In a Japanese study, laboratory rats who received avocado resulted in the least amount of liver damage.

In a 2005 study it was discovered that that adding avocado to salad allowed the study's participants to absorb at least three times the amount of antioxidants, which can help protect against cell damage.

#### **Selection**

There are many varieties of avocados, though Hass is most common. Choose avocados that have a nice sheen to them. The skin can be bumpy in texture. Avoid fruit that are cracked or have black spots that are sunken. If you hear rattling when you shake the fruit, that means that the pit has separated from the flesh and it is overripe; avoid this.

The avocados found in most markets and grocery stores are hard. Avocados generally do not ripen on the tree. Once purchased, they will ripen at home. Ripe avocados change color from green to a dark greenish brown and will yield to slight pressure when you press on the skin. It should not be squishy.

#### **Storage**

With ripe avocados, it is best to keep them refrigerated, to slow down the ripening process and give you a chance to eat them. In the refrigerator, do not keep them longer than 2 days. Cut avocados when ready to eat.

Unripe avocados are best left at room temperature, where they will keep for up to a week. Refrigerating unripe avocados will not let the ripening process to start, only allowing them to decompose slowly.

#### **Peeling it**

Be careful when peeling, it can be slippery!

The easiest way to peel:

- Carefully cut length-wise around the pit
- Hold each half and twist in opposite directions, as if wringing out a wet cloth
- Take out the pit, which should come out easily
- Cut each half length-wise so each piece isn't so wide
- Then just peel off the skin

#### **Not Just for Guacamole**

There are many ways to enjoy them as part of a healthy diet; not only as a dip. Adding fresh slices to any sandwich will give you that wonderful creamy taste without all the added salt and fat from mayonnaise. Cut up an avocado and add it to your salad. Use avocado to replace butter or oil when you bake a chocolate cake or banana bread. Instead of saturated fat, you'll get heart-healthy fats and nearly 20 different nutrients. The California Avocado website has a number of recipes online.

Jeanie W. Friedman is a Registered Dietitian and nutritionist licensed in the State of Florida. This article is intended for educational purposes only and is not intended as a substitute for consultation with your health care professional.

**Credit Fraud and Identity Theft** 

# Are you protected?

#### BY RUTH BERNHARD-DREISS

Each month at the Delegates Assembly, we are reminded by PBSO Captain Palenzuela and Lieutenant Hill not to let our guard down when protecting ourselves against theft, fraud, and scams. We also read UCO Executive Board member George Franklin's Safety column in the UCO Reporter which often gives us tips about protecting ourselves against such schemes.

VITAS, in the CV Medical Building, held a very informative talk on Credit Fraud and Theft hosted by Joey Petruzzelli, the Account and Business Development Manager for IBM Southeast Employees' Credit Union (IBMSECU -- the new kid on the block that merged with Mackinac Bank). Also co-hosting was Jeff Fine, Manager of the local Mackinac Bank on Community Drive.

The in-depth agenda included the definitions of types of fraud, how to protect yourself, how to detect signs of credit fraud/ID theft, and how to defend yourself against ID theft. Credit card fraud claims millions of victims. It was stressed how important it is to protect your credit card at all times. Never give out the number carelessly; know to whom you are entrusting it. When dining in a restaurant make sure you get

your card back, although this is no guarantee that the employees aren't running scams of their own and selling your number. There is only so much that can be done and the alternative is to pay cash. Then you may be subject to robbery if you carry large sums. It would seem that you can't win.

Some common sources of fraud and their names commonly referred to are: phone solicitation scams (vishing), E-mails scams (phishing), fraudulent websites (pharming), texting scams (Smishing) and spyware on your computer.

Be wary while on shopping sprees. One of our own UCO volunteers offered a very good suggestion years ago when he said that when you leave a store in the mall with your purchases, especially at holiday time, put them in your trunk and drive away to another parking space, far away from where you were parked before returning to the mall. And never leave anything on the back seat of your car, which is an invitation to theft.

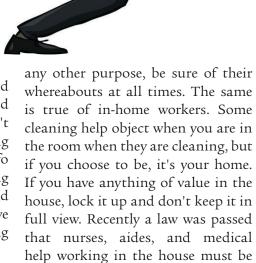
Thieves are looking for unlocked mailboxes to gain access to mail that has pertinent information such as your SS number which you should never give out carelessly.

They are looking for information on such things as banks, department stores, doctors you use, which can be accessed by those looking to steal your ID. Make sure

your mailbox is not left open and that the postman has securely closed the top of the bank of boxes. Don't let anyone stand within reading distance of the ATM where your info can be easily seen when you are using it. Be cautious at gas stations and check to see that there is a protective sticker there that prevents filming your info

Dumpster divers are often seen in CV. Some will be looking for discarded items, but there are those who will be after your credit and banking information, or receipts with account numbers on them. Everything should be shredded before discarding, including junk mail which could alert a thief that you have a car, its make, which insurance you have, or other signs of how you live.

Unfortunately there are dishonest employees and if you have anyone come into your house for repairs or



protection.

Be wary of phone solicitation scams (hang up), e-mail scams (don't open anything from an unknown address) and anything suspicious. Have a good spyware system on your computer such as Norton or McAfee or other.

licensed, which adds a measure of

I believe this covers many major areas to which we should all pay strict attention, but there are more. The bottom line is "Be Vigilant, Be Aware."



# WPRF NEWS

BY EVA RACHESKY



Dear Residents,

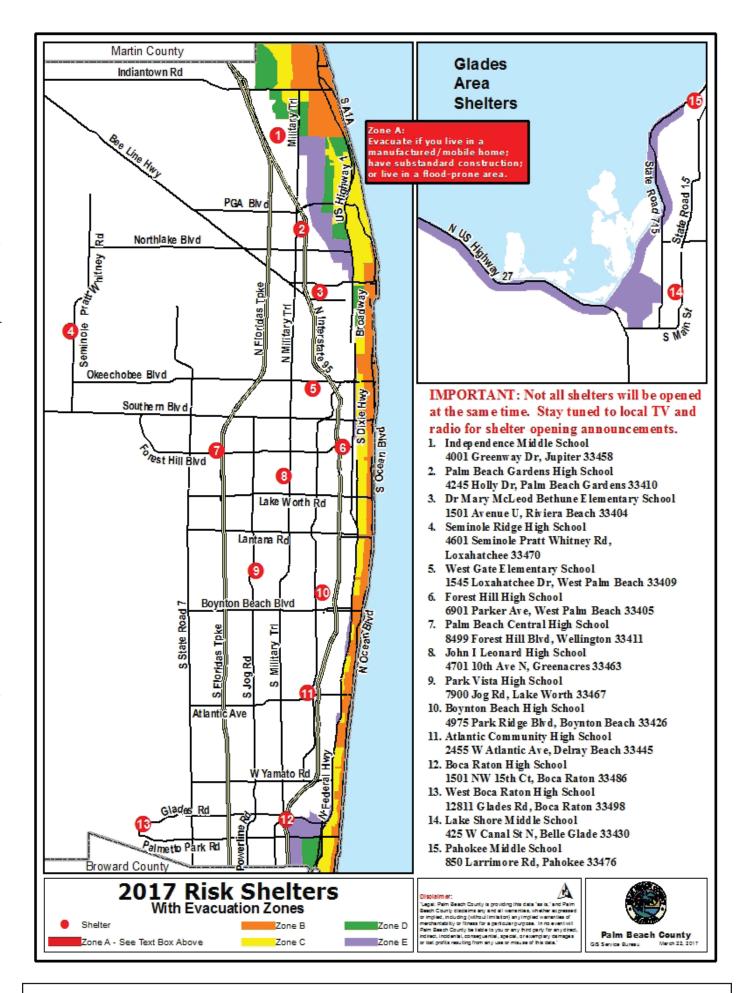
Recently I was brought into a situation by a club president who was trying to eject two residents from a meeting for not following the club/group rule of signing in. With limited information, as I was off property, I asked the two residents to leave the meeting, getting their side of the story after the fact. How this played out has nagged me to the point that I thought additional clarification, along with a warning to all groups and clubs, was necessary.

For a club/group to operate successfully, rules are essential. Having said that, the rules MUST be applied evenly across the spectrum of residents attending the meeting or event. No one is to be singled out in a discriminatory manner. While this group had the right to ask the residents attending to sign in at the door, I ask myself if the situation could have been handled better and the answer is YES.

The residents that were being ousted made the claim that they had attended prior meetings without having to sign in. This was confirmed to be true by the president. What would have been the right way to handle this? The president should have announced that all persons must sign in before singling out the two residents. Then the list of signatures should have been matched up to the attendees, and any residents that had not signed in should have done so. This did not happen. The singling out of those two residents was strictly political and will not be allowed going forward. The President has been put on notice, as are all clubs/ groups, that the onus is on the person running the meeting to make sure that the rules are applied evenly to everyone or the club/group can lose the privilege of securing a room for future meetings.

Now we are on to the topic of residents/guests refusing to show ID's at the pools. Please read the backs of your WPRF issued ID card. You MUST, when asked by Security, show your ID card. It is proof that you have a right to be on WPRF property. Please remember that Security has lapel cameras that are recording your refusal to follow the rules. Suspensions will be issued to those that remain non-compliant. Thank you in advance for everyone's anticipated cooperation.

# **2017 Shelters and Evacuation Zones**



# **Busted Dumpster?**

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Waste Pro, our sanitation contractor, has requested that all service requests from Century Village be routed through UCO for processing.

The reason for this request is to provide faster service by reducing multiple requests for the same job.

Waiting times for service can vary, due to contractor workload, availability of material and delivery schedules. All service requests received by UCO are emailed to a Waste Pro service coordinator who is permanently assigned to Century Village.

Own a cellphone? Send photos of busted dumpsters or other sanitation related complaints to ucogarbage@gmail.com . Please include location with photo.

# A Look Into our Area Banks

BY RUTH BERNHARD-DREISS

With interest rates gradually inching up, my focus for this article was on the best interest on Certificates of Deposit in our area banks. Checking accounts and Money Markets (liquid accounts) are always lower when compared to Certificates of Deposit, which haven't risen all that much either, but if you are interested in depositing money for longer terms, I have listed some current rates. Bear in mind that rates can change at any time, but these were available as of June 30, so you always need to check out the most current rates. I had hoped to learn that Century Village depositors might get some special offers to encourage new customers, but we cannot get special treatment because rates are controlled for all.

I found that Bank United offers the best CD rates of the banks I researched. A 12-month CD will earn you 1.30% APY and if you want to invest for 18 months, the rate is 1.45%. Longer periods earn more. The minimum opening deposit on these accounts is \$1,000.

Other banks offering CD's for a year had rates of 0.10% and 0.45% APY. Stopping into Mackinac Bank may be beneficial because it sometimes offers unadvertised rates. If you want to go out of Florida, Synchrony Bank offers 1.35% (\$2,000 minimum) for a year and Discover Bank also offers 1.35% with a \$2,500 minimum deposit. In nearby Bank of America the rates range from .03% - 0.15% depending on the term and balance with a \$1,000 minimum opening balance. You may choose from 28 days to 10-year available terms. This gives further insight into how low rates are at present.

Keep checking with the banking institutions -- you may find specials as time goes on. You must do the best you can with what's available at the time -- it's better than putting your money in the mattress!

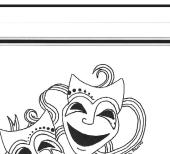
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Clubhouse

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#### SERVICES

#### **Safety**

By George Franklin



Hi folks hope everyone had a great 4th of July and is enjoying the heat summer and humidity this season I know I am. Just

a few updates to let you know just because summer season is here we don't have to keep up our guard. WRONG. For instance The Sheriff's Office reported big up swing in car burglaries this past month. PLEASE remove any valuables and close the windows and LOCK your car doors! This again is a crime of opportunity and just a big pain to you as to the Sheriff Deputies. A couple of interesting items and programs we are working on for our residents. First is the Medical Pill Drop Program to be held Friday September 1st at the club house Hours are from 10:00 A.M. to 2:00 P.M. Please bring any unwanted medicines to the club house lobby and Sheriffs personnel will be there to collect and properly dispose of these items PLEASE NO LIQUIDS in glass containers as they may leak or break. Fliers are being distributed and watch for information in the UCO REPORTER and CHANNEL 63. We wish to thank PBSO and the

PBC Solid Waste Authority for their help with this program. Another important program we are working on is with the PBSO and Florida Dept of Financial Services is on Financial Crimes and Rip Off and Scams This program is set up to be held come January 16th 2018 10:00 A.M. to 2:00 P.M. at the club house Plan on attending. On this subject PLEASE DO NOT dump unwanted or unused medicine down the toilet or sink. This plays havoc with the environment and water supplies. We also have a few OTHER important programs we are working on dates not yet set but when we get them up and running we will notify you all on what they are and where they will be held. Also PLEASE as I have spoken about many times and will continue to watch your driving habits here in the village!! Deputies are watching! Any questions on any of what has been written here call me at the UCO Office i will be glad to sit and discuss these with you. Meantime have a safe summer season!

Hi folks. Just a few items I am going to touch on today. First, please be on the lookout at gas stations for the Palm Beach County Sheriff's Office flier warning about CREDIT CARD SKIMMERS. This flier will be placed in the UCO Reporter and other venues around the Village. Please take the time to read this so you do not become a victim of credit card or debit card number thieves.

#### Car thefts and car break-ins on the rise:

On attending the June Sheriff's Advisory Board meeting I learned that there has been a massive uptick in automobile burglaries in this county -- 70 percent! Why? The majority of break-ins occur because people leave items in their cars, doors unlocked, and windows sometimes open! These are crimes of opportunity that happen when bad guys just walk along trying the door handles on cars. If you leave a valuable item in plain view in your vehicle, even if it is locked, you are looking for a broken window and the theft of that item. How to avoid this sort of crime? DO NOT LEAVE ANY VALUABLES IN PLAIN SIGHT IN YOUR VEHICLE and be sure to lock the doors and close the windows when the vehicle is not in use.

Please also note that school is out for the summer and there is always an increase of home burglaries at this time of year. You can help prevent these crimes by following simple rules of common sense. When you go out, be sure to close and lock your windows and doors. Again, at night be sure that your doors and windows are securely locked.

#### "Prescription Pill Drop," a new program:

conjunction with Sheriff's Office we are working on a PRESCRIPTION PILL DROP program for the unused medications you may have around the house that need to be discarded PROPERLY. We hope to have this program in place in August and, if successful, will try to run it twice a year. Please watch Channel 63 and the UCO Reporter for further information.

#### Carjacking, another crime on the increase:

Carjacking--the theft of your car while you are using it--has increased also and can happen almost anywhere. The bad guys are mostly juveniles. Be aware of your surroundings when you get out of your vehicle, and do not leave the vehicle running when you are not in it! Remove the keys or "Fob" and take them with you. Do not leave a purse or a wallet on the seat or dash, even when fueling up!

I hope everyone had a good Fourth of July. If you have any questions on this or any other article I have written, please contact me at the UCO Office. I will be glad to sit and discuss these issues with you. Until next time, be safe and secure out there!

<b>VITAS</b> Healthcare	110 Century Blvd., Suite 101 • West Palm Beach, FL 33417			561-683-5012	
	COMMUNITY RESOURCE CENTER — AUGUST 2017				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
ALL OF THE SERVICES WE OFFER HERE ARE FREE	PLEASE NOTE THAT EVENT DATES ARE SUBJECT TO CHANGE AT ANY TIME  **FOOD PROVIDED WITH PRESENTATION	**10:00am-11:00am VALUE CARE Home Health Seminar	3 10:00am-11:30am Bereavement Support Group	<b>4 **2:30pm-3:30pm</b> Understanding Medicare. PART 1: Understanding Original Medicare A&B	
7 10:30am-11:30am Blood Pressure Check **1:30pm-2:30pm CLEAR CAPTIONS Home Phone Solutions	8 1:30pm-2:30pm Game Day Join us for a Friendly game of RUMMIKUB	9:00am-3:15pm AUDIOLOGIST FREE hearing checks 10:00am-11:30am Crafts w/ Bonnie **12:00-1:00pm IBM BANK "What is a credit Union?"	10:00am-11:30am Bereavement Support Group	11 **2:30pm-3:30pm PART 2: Understanding Medicare Prescription Drug Plans & Supplement Plans	
14 10:30am-11:30am Blood Pressure Check 10:00am-11:45am Massage Therapy *Limited Appointments*	15 10:00am-11:00am VITAS PRESENTS: Hospice Trivia	**10:00am-11:30am MEDICAL ALERT SYSTEMS New technology gives you more options	17 10:00am-11:30am Bereavement Support group	**2:30pm-3:30pm PART 3: Understanding Medicare Advantage Plans	
10:30am-11:30am Blood Pressure Check	10:00am -11:00am AmRon Insurance Education on Home Health	10:00am-11:30am Crafts w/ Bonnie **1:00pm-2:00pm PRIME HOME CARE Home Health Care Solutions	10:00am-11:30am Bereavement Support group	25 **1:30-3:30 POT LUCK ALL attendees must sign up to bring an appropriate dish	
28 10:30am-11:30am Blood Pressure Check	10:00am-11:45am Color Therapy with AISHA	30 1:30pm-2:30pm GAME DAY Join us for a Friendly game of Rummikub	31 10:00am-11:30am Bereavement Support group	<b>OFFICE HOURS:</b> 9:00AM-11:59AM <b>CLOSED</b> — <b>12:00PM</b> • 1:00PM-4:00PM	





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# Celestial show of a lifetime See Partial Eclipse of the Sun Here on August 21

#### BY LANNY HOWE

#### Two basic kinds of eclipses:

An eclipse of the moon occurs when the full moon at night becomes darkened because the earth itself gets between the moon and the sun. The earth then blocks the sun's light from illuminating the moon and reflecting back to Earth. It's an interesting phenomenon to watch, especially if you have an astronomical bent.

I remember being told years ago in school, however, that A MUCH RARER OCCURRENCE IS AN ECLIPSE OF THE SUN, CALLED A SOLAR ECLIPSE. Scientists travel from all over the world to see a solar eclipse. For most observers a solar eclipse is partial. What you will see, if you can it see at all (we'll get into that), is only a part of the sun blocked out—like a piece bitten out of an apple. The "real show," prized by astrophysicists, is a TOTAL eclipse of the sun. That's when—only affecting a narrow band of the earth's surface for a brief period, perhaps about only two minutes at any one point—the *entire disk* of the sun is blocked out by the moon getting between the sun and Earth. This is called "totality."

#### What does "totality" look like?

During the two minutes or so of totality, daytime becomes like nighttime. Everything is dark. The birds and the animals respond accordingly, some to sleep, some to hunt.

If it's all so dark, you might ask, how can you see the blacked out sun? Good question. The answer is in the beautiful corona that surrounds the disk of the sun. The corona consists of brilliant, colorful fiery gases spewn out by the sun. You CAN see this as it encircles and sets off the blackened disk of the sun.

# What will we see in the United States, and specifically West Palm Beach?

The August 21, 2017 solar eclipse will be an especially rare one because it will be seen, either partial or total, throughout the entire continental

United States. The real prize, totality, will be seen progressively, from west to east, only along a 70-milewide band extending from the Oregon coast to Charleston, South Carolina. It's about 525 miles from here to Charleston, the closest place to us to find totality. Good luck, though, driving there and finding a motel!

Good luck to us, also, no matter where we hope to view the eclipse, for if it's overcast, we simply won't see the sun's disk. Those in totality, however, *will* experience the two-plus minutes of total darkness.

If we stay here in West Palm, we will have about *two hours* to see the sun partially eclipsed between 1:25 and 4:18 in the afternoon of Monday, August 21—IF the weather cooperates, that is. AND if we have the right kind of dark glasses with which to look at the sun.

# What's that about the right kind of dark glasses? Listen up!

It is very dangerous to look directly at the sun. Your retinas can be burned out, making you blind. This is true at all times but especially so during an eclipse of the sun, when you might have reason to be looking at the sun and might *think* it safe. Ordinary sunglasses, even expensive ones, probably will not suffice. You need CE-1S0 certified lenses (with an "ISO 12312-2" or an "ISO 12312-2:2015" marking). These have the proper density. They're selling a lot of these safe-for-eclipse-viewing glasses now. They are NOT expensive. I bought four pairs for \$12. Amazon.com has many choices.

There are other ways to protect your eyes from the sun's glare. One is to turn your back to the sun and hold up a piece of cardboard with a pinhole in the center. Hold it up over your shoulder so the sunlight passing through the pinhole lights up another piece of cardboard (with no pinhole), which you hold in front of you with your other hand and look at. You'll be able to see the "bite taken out of the apple."

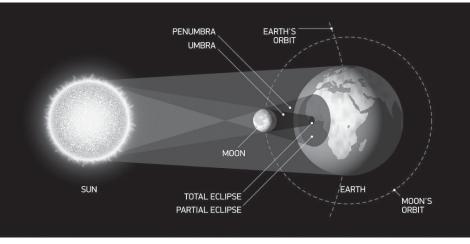
A second alternative, but I won't go into it here because you need to know what you're doing, is to look through a properly fully-exposed film negative. There will be lots of information about the eclipse in the coming days in the newspapers and undoubtedly on TV.

It won't do any good, by the way, to "snatch a glance" at the partially eclipsed sun. In addition to being dangerous without the right kind of light filter, so much light will get through from the part of the sun not blocked out that it will obscure the blacked-out portion! You'll just see a mass of brilliance with very little definition.

#### How big a bite of the apple will we see?

We will see a lot (again, using the right kind of filter). In West Palm they say that well over three quarters of the sun will be blocked out at 2:57 p.m., midpoint of the two-hour "show." Let's hope the afternoon clouds and showers hold off!

Why not get yourself equipped for this once-in-a lifetime celestial experience? Be an astronomer for a day!



#### **To Find More Information**

TO OBTAIN:

- The PBC Home Caregiver Application Form
- The Home Caregiver Affidavit Form
- Information About Home Caregiver Licenses

AND FOR ADDITIONAL INFORMATION

Visit Our Website:

www.pbcgov.com/publicsafety/consumeraffairs/homehealthcaregivers/

Call Us:

Palm Beach County Public Safety Department Consumer Affairs Division (561) 712-6600

Office Location: 50 South Military Trail, Suite 201 West Palm Beach, FL 33415

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www.pbcgov.com/publicsafety/ consumeraffairs/homehealthcaregivers/

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Public Safety Department
Consumer Affairs Division

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(561) 712-6600

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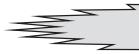
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# THE KING, HIS COURT, AND HIS PRESIDENCY

#### COMMENTARY BY IRVING RIKON

I confess: I did not vote for president in the 2016 election. I rejected Hillary Clinton in part because her husband had been president, and I disapprove of dynasties in a republic such as ours. Also during the couple's time in office, they had become millionaires. I couldn't accept Donald Trump in part since he'd had no prior political experience, and I felt the President of the United States should not be given on-the-job training. Also he is a billionaire. A millionaire and a billionaire competing for the free world's highest office? speaks for "the common man" and woman?

I haven't written much about Donald Trump for the reason that everyone else seems to have already done it. But in my mind I had a question about him: When did he decide he wanted to be king? One day last year I was in Mar-a-Lago, Mr. Trump's "Winter White House". No special occasion. For a huge sum the President rents out space to groups willing to pay. I became part of a luncheon group, my name appearing on someone's list who rented space and wanted to sell something I didn't buy. But while there I caught glimpses of a grand room, a replica of a room in the palace of the kings in Versailles, France. I thought, "He

would like to be KING TRUMP".

As it is Donald Trump is the most powerful person who ever lived. He heads a nation which at this time remains the world's mightiest. But he also owns a \$3.5 billion-dollar real estate empire. And empire it is. His holdings reach to all corners of the globe including Europe, Turkey, Azerbaijan, Brazil, and South Korea. He's had "long-standing business relations" with Saudi Arabia and the United Arab Emirates. His daughter recently went to China promoting to Chinese investors the "Trump Brand". Mr. Trump's family is first in his Court.

All this represents a potential, if not a real, conflict of interest. Were the President's properties under attack abroad and the U.S. leaped in to defend them, conceivably such action could lead to war. Or the reverse might happen: Blackmail. Terrorists might threaten to destroy Mr. Trump's holdings if America makes a move against the extremists, or spare them if it doesn't. When its Commander-in-Chief is vulnerable to attack and/or blackmail, isn't this a conflict of AMERICA's interest?

During his first visit abroad, Mr. Trump visited, among other countries, Saudi Arabia. He oversaw a deal which is to supply the Saudi government with at least \$110 billion of weaponry, including advanced aircraft and tanks. Yet in Saudi Arabia, the most conservative of Muslim countries, there are no Christian churches. Christians are not allowed to practice their faith openly nor are they permitted crucifixes or even bibles. Violation of these rules is punishable by death. Muslims who convert to Christianity may well suffer the same fate. Under such circumstance isn't this armaments deal a moral conflict of the President and his country?

Donald Trump never saw military service, but like a king, he's appointed generals to his Cabinet and other top government positions, a larger number than any of his predecessors. Businessman that he is, millionaire former CEOs of major corporations serve in his Cabinet and as chief advisors. Who did you say speaks for "the common man" and woman?

From mere observation of Donald Trump, in his fashion he seems to perceive life as something of a game in which he is the star player who can outsmart, outwit, out-maneuver any challenger. He can mock and belittle opponents. I dub him "Tweeter Trump". He says something and later reverses himself in order to confuse others and put them off balance, if not on edge. Tweeter Trump's word

is not his bond.

He can use (bankruptcy) laws to his advantage, even when it badly hurts losers in a deal. This might seem skullduggery to his victims and detractors. To him it's a victory in the game he plays.

To me, despite his flaws Donald Trump seems to be the sort of individual one would like as a personal friend. He's a gambler and a showman and those are often fun to watch and sometimes generous. Clearly he has an eye for beauty, including his wife and children and his Florida home. That is nice.

As President, I surely wish he would listen to "the common man" and woman. The President cannot "Make America Great Again" by making millionaires and billionaires richer, if only for the reason they are too few in number. Very many Americans want and need to be uplifted. One thing the President can do is to help provide opportunities to better the lives of those who crave good health, a better education, work that affords a respectable income, and social status. If he sincerely even attempts this, and Americans unite to take their place once more as a role model and beacon for the world, only then will America be truly great -- again.



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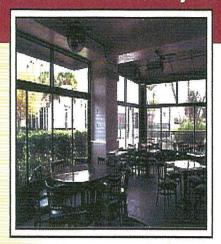
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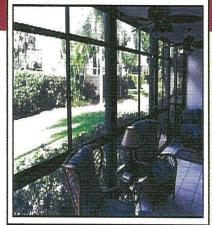


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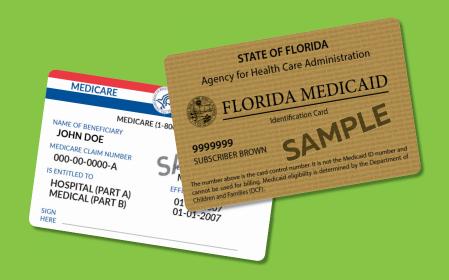


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#### **AUGUST 2017 ENTERTAINMENT**



Saturday, August 5, 8 pm **CINDY MILLER** 

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Saturday, August 12, 8 pm ACROSS THE UNIVERSE

THE ULTIMATE BEATLES TRIBUTE

Across The Universe breathes new life into the music of The Beatles and their solo careers, all with an accuracy and attention to detail that is incredible. This group will take you on a musical journey through the careers of Lennon, McCartney, Harrison and Starr that includes selections ranging from their early careers through 1980 and beyond.



Saturday, August 19, 8 pm IRIS REVSON AND MICHAEL **RAPPOSELLI** 

With her remarkable voice, Iris Revson has performed on Broadway and national tours in such well-known musicals as The Pirates Of Penzance and Evita. A seasoned performer who has played on Broadway, in Las Vegas and on several cruise ships, Michael Rapposelli wows his audiences with his charm, wit and talent.



#### Saturday, August 26, 8 pm **MARVELOUS MAMAS**

STARRING JEANNE LYNN GRAY & **RACHEL KLEIN** 

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#### "R" Rated Movies

"R" Rated (under 16 requires accompanying parent or adult guardian).

Additional ratings for this movie are: **V** for Violence

**L for Language** (strong language and drug content)

N for Nudity (graphic nudity) **SC for Sexual Content** (pervasive language including sexual references and situations)

An "R" rated motion picture, in the view of the Rating Board, contains some adult Imaterial. An "R" rated motion picture may include adult themes, adult activity, hard language, intense or persistent violence, sexually-oriented nudity, drug abuse or other elements. Due to a wide viewing audience, WPRF will not censure "R" rated movies. Therefore, if you find any of the above offensive, WPRF suggest you "OPT OUT" of seeing this movie.

#### **MOVIE SCHEDULE**

Afternoon showings are at 1:45PM — Tuesday & Sunday. Evening Showings are at 6:45 PM.

The 1st Monday Evening & Tuesday Afternoon showings of each new movie (some movies are shown two Mondays and Tuesdays) will have "Closed Caption" (for the hearing impaired) when available. No charge for residents.

#### **AUGUST 2017 MOVIES**

08/01 Tue 1:45PM THE FOUNDER - Michael Keaton, Nick Offerman, John Carroll Lynch

PG-13 115 Min 08/03 Thu 6:45PM

08/06 Sun 1:45PM The story of Ray Kroc, a salesman who turned two brothers' innovative fast food eatery,

McDonald's, into one of the biggest restaurant businesses in the world with a combination of 08/07 Mon 6:45PM

ambition, persistence, and ruthlessness. Directed by John Lee Hancock

(continued from last month)

08/08 Tue 1:45PM **HIDDEN FIGURES** — Taraji P. Henson, Octavia Spencer, Janelle Monáe, Kevin Costner, Kirsten Dunst

08/10 Thu 6:45PM **PG 127 Min** 

08/13 Sun 1:45PM The incredible untold story of three brilliant

African-American women working at NASA, who served as the brains behind one of the greatest 08/14 Mon 6:45PM

operations in history: the launch of astronaut John Glenn into orbit, a stunning achievement that 08/15 Tue 1:45PM

> restored the nation's confidence, turned around the Space Race, and galvanized the world. The visionary trio crossed all gender and race lines to inspire generations to dream big. Directed by

Theodore Melfi

HAVA NAGILA - Harry Belafonte, Regina Spektor, Glen Campbell, Connie Francis, Leonard Nimoy 08/17 Thu 6:45PM

08/20 Sun 1:45PM N/R 75 Min

08/21 Mon 6:45PM A documentary on the history, mystery, and meaning of the ubiquitous Jewish standard that follows the around-the-world journey of the song, "Hava Nagila," from Ukraine to Youtube. Directed by

08/22 Tue 1:45PM

08/27 Sun 1:45PM THE COMEDIAN - Robert De Niro, Danny DeVito, Patti Lupone, Charles Grodin, Edie Falco,

08/28 Mon 6:45PM Cloris Leachman

08/29 Tue 1:45PM 120 Min Rated R for Adult Situations

An aging comic icon, Jackie (Robert De Niro) has seen better days. Despite his efforts to reinvent 08/31 Thu 6:45PM

himself and his comic genius, the audience only wants to know him as the former television character he once played. Directed by Taylor Hackford

(continued next month)

Entertainment information is provided by W.P.R.F. Any questions regarding Clubhouse entertainment should be directed to W.P.R.F. at 640-3120.

# 4th of July Celebrations



















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VOL. 36 ISSUE 8 • OFFICIAL PUBLICATION OF UNITED CIVIC ORGANIZATION OF CENTURY VILLAGE, WEST PALM BEACH, FLORIDA • AUGUST 2017

# The Invention that Changed American Culture

#### BY STEW RICHLAND

There was an element of mystery to radio in the early 1920s. You sat next to a big box with dials and when you moved the dial out came the magic that made radio the greatest form of communication of its time.

The 1920s has been referred to as the "Roaring 20s." The rise of prosperity soon after the end of World War I, led to the emergence American Consumerism. of Consumerism is the theory that it is economically attractive to encourage the attainment of goods and services in ever-increasing amounts. Technical advances in communications along with innovative ideas in manufacturing, such as the assembly line and improved transportation, stimulated Americans demands for goods that were unavailable during the war years.

This new consumerism stimulated the rise of the advertising industry in their attempt to reach these millions of American consumers to encourage them to spend and spend on a daily or weekly basis.

Americans moved from the traditional avoidance of debt to the concept by buying goods on credit installments. Mass advertising and marketing techniques via the newspapers and the radio saw a great increase in sales and the expansion of consumer credit.

Advertisers hired famous movie stars and sports celebrities to persuade Americans to buy all types of products from coffee to cosmetics

The influence of radio in the 1920s could be likened to the growth of the television and social media of today. In the 1920s radio spread information of all kinds that had not been available to the average person. It exposed people to unprecedented

amounts of information about politics and government. It introduced the public to candidates and helped them decide whose merits they supported. Immigrants listened to familiarize themselves with the American language and customs.

One interesting thing about radio was that it was the first free form of entertainment in the American home and it reached out to a larger audience, including those who could not read.

At the beginning, radio was a free form of public service, and not a way to gain a profit. Then Madison Avenue discovered radio. Until now radio was not a money-making proposition. On-airadvertising began to finance programming. One would think that this would be a normal progression in the development of both industries; however, no one expected the blowback that radio advertising created. Many people complained that radio advertising was an invasion of privacy. It brought the marketplace into people's homes. Madison Avenue resorted to indirect advertising. This is a type of advertising with which the merits of the product, the price and where it could be sold were not mentioned. Celebrities assumed the role of the Corporate sponsorship sponsor. provided the money to increase quality and variety of programming, which kept the listeners happy.

Commercial radio had very humble beginnings. An engineer for Westinghouse, Frank Conrad, working from his garage in Pittsburgh, experimented with this new "toy" and began to transmit music, news and baseball scores. Hundreds of people in the Pittsburgh

area began sending Conrad requests for air time. It did not take long for Westinghouse to realize that Conrad was onto something and this hobby of his could become commercially profitable. Radio advertising became big business in the 1920s.

When Warren G. Harding defeated James Cox, the news was broadcast on radio as far north as New Hampshire and south to Louisiana. In the 1928 presidential election radio networks sold more than \$1 million dollars in advertising to the Democratic and Republican parties. Earl Reeves wrote in Popular Science magazine in 1928: "Radio Brings Politics into Your Home. . . This year radio will elect a President . . . There is eminent authority for that statement. Calvin Coolidge believes radio is in large measure responsible for his popularity, and the White House view is that if radio can popularize a President, it can elect one. . . . "

The first call letters the federal government issued was to KDKA in Pittsburgh. There were no government regulations over radio broadcasting and this fostered a chaotic competition over call letters and frequencies. To resolve the conflicts between broadcast networks, Congress passed the Federal Radio Commission to restore order.

Why was radio so attractive to the radio listener? Once the listeners paid for their radio equipment, radio was free. Radio in the 1920s and 1930s wasn't just designed to appeal to specific musical and philosophical tastes as it is today. It was a family medium. Families sat around and listened to shows like "Amos and Andy," "Buck Rodgers" and the "Sixty-Four Dollar Question." (Yes, \$64 was the top prize.) Today's

listeners use the radio for background while doing something else.

You might wonder how radio could hold a listener's interest for several hours at a time? There is a one-word answer: "Imagination." As one radio station noted:

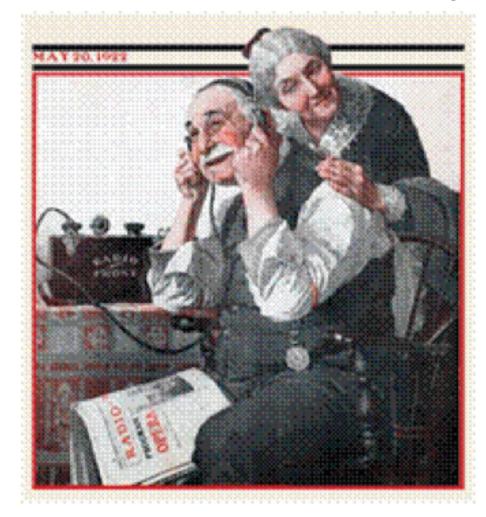
Just set your dial And stay a while With W-X-Y-Z.

People did not have to be troubled about details of pictures. All the listener had to do was imagine what the people and situations looked like. This explains why radio was so personally involving. Radio scripts were sprinkled with clues as to what was going on: "Emma, why are you going to the window?" "I see that you are wearing your bright red dress, Clare."

And then there were sound effects - the recorded or created sounds of footsteps, horses' hooves, doors being slammed, rain, thunder, car engines, dogs barking, babies crying, birds singing, fire crackling, etc. In the early days all the sound effects had be done live and in the studio. You had doors to slam, bells and phones to ring and some effects required a great deal of imagination. For example, cellophane was massaged next to the microphone to create the sound of a crackling fire and sheet metal was used to recreate the sound of thunder. What these sound effects did was to make the program more real to the listener.

Radio stations made money by selling advertisements. Being able to reach millions of potential customers at once led advertisers scrambling to get their messages on the growing numbers of stations

#### Continues on Pg B2



# Radio the Invention that Changed American Culture

#### **Continued from Pg B1**

filling the airwaves.

The first infomercial was broadcast on radio station WEAF in New York. Since direct selling was not allowed, H.M. Blackwell, a representative of the Queensboro Corporation, which sold apartment homes, described how wonderful life is when you live in the "suburbs." He urged listeners to look at the homes and "green fields" and friendly environment. Blackwell never mentioned price so this type of commercial was considered an "indirect approach" and passed muster with the government.

One of the problems that radio sponsors had to cope with was how to sell their products on the air when direct advertising was not allowed. With some programs, the show's title was the only way to inform the listeners of the product. Some clever methods were devised to skirt the government regulations. One example was The Cliquot Club Eskimos on the NBC network. The Cliquot Club Eskimos was a sixpiece banjo group that played a style of music that was considered "sparkling." This was fitting, because Cliquot Club Ginger Ale was a sparkling soft drink.

How did sponsors deal with advertising when they did not have a musical group? The Colgate-Palmolive-Peet Company, the makers of Palmolive Soap simply changed the names of two people who starred on their first network program, The Palmolive Radio Hour. The Palmolive program was one of the most prestigious on radio. The two main performers were Fran Munn and Virginia Rea. On the radio program Munn and Ms. Rea went under the aliases "Paul Oliver and "Olive Palmer." Guess which famous soap product had a similar name to the program's two stars?

In my next installment I will provide you with some more examples of how radio show sponsors sidestepped the rules to sell their products on the radio. In addition, I will describe a few success stories on how radio helped many producers whose sales were floundering become popular. Just a hint to what is coming. Pepsodent Tooth Paste along with how the soap opera format was born on the radio.

Question: Which breakfast cereal was saved from bankruptcy by radio advertising? Hint: The breakfast of champions.

## TRASH PICKUP SCHEDULE

Monday and Thursday: Andover, Bedford, Camden, Chatham, Dorchester, Greenbrier, Kent, Kingswood, Northampton, Somerset, Southampton, Sussex, Wellington and Windsor.

**Tuesday and Friday:** Berkshire, Cambridge, Canterbury, Coventry, Dover, Easthampton, Hastings, Norwich, Oxford, Plymouth, Salisbury, Sheffield, Stratford, Waltham

Monday, Thursday and Saturday: Golf's Edge

**Bulk Pickup:** Friday for all areas. It is not a pleasant sight to see the bulk trash out all week, so please remember to put your bulk trash out late Thursday evening or very early Friday.

**Recycling:** Wednesdays and Saturdays for all areas.

DURING SUMMER SEASON, RECYCLING PICKUP WILL BE WEDNESDAYS ONLY.

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# Tatiana And Dominique are On The Move Again!

Life is great in Century Village. Most days, we are content to gossip at the pool, play cards in the clubhouse, shop at the malls, and eat in local restaurants. However, whenever possible, we are determined to venture beyond Zip Code 33417. Just as we did before retirement, we want to spread our wings and expand our minds - not just our waistlines. We have decided not to allow limited finances, aches and pains, or the price of gasoline keep us tied to West Palm Beach.

Just as we made our summer plans, fate stepped in - the cost of a new air conditioning system and cataract surgery will keep us close to home this summer. But, here are a few inexpensive excursions that we still plan to take in:

We are anxious to see "Los Trompos" (Spinning Tops) which opened on the WPB Waterfront on June 2nd and will continue through August 28th daily from 10:00 a.m. to 10:00 p.m. This colorful art installation consists of 20 threedimensional, larger-than-life structures. Contemporary Mexican designers Héctor Esrawe and Ignacio Cadena, creators of this interactive installation, want participants to engage with the individual spinning tops and work together to spin the

works and bring "Los Trompos" to life. Each top has a unique shape inspired by nature and traditional Latin American design, architecture, and folk art.

An evening stroll along Clematis Street is always fun. This year West Palm Beach will celebrate 21 Years of Clematis by Night Fun every Thursday night from 6:00 p.m. to 10:00 p.m. Also continuing during the summer is Sunday on the Waterfront on the 3rd Sunday of each month from 4:00 p.m. to 7:00 p.m. at the Meyer Amphitheatre. Check the city's website to learn what band will be featured when you plan

We've already met some really interesting people and tried some delicious food at the **Northwood Village Food Truck Roll-In.** On the 3rd Wednesday of each month from 6:00 p.m. to 10:00 p.m. food trucks invade the west end of Northwood Road with a variety of culinary experiences and live music. Food dispensed by a chef from a truck window is an exciting change from sitting indoors and ordering from a standard menu.

Northwood Village also offers **ART NIGHT OUT** on the last Friday of each month from 6:00 p.m. to 9:00 p.m. This colorful neighborhood brings to mind the

bohemian areas in big cities around the world. Visitors experience the creative lifestyle as they stroll and chat with local art and craft vendors from all over South Florida. Shopping in the unique boutiques and galleries, which remain open late, and live street-side artists and musicians make for an interesting and enjoyable evening.

In cool weather we often visit the manatee lagoon in Riviera Beach, and in the summer we visit the turtles at the Loggerhead Marinelife Center on US Highway One in Juno Beach. world renowned rehabilitation, education, conservation center promotes the conservation of ocean ecosystems with a special focus on threatened and endangered sea turtles. facilities include a sea turtle hospital, a research laboratory, and exhibit areas including live sea turtles and other coastal creatures. After viewing the turtles and listening to the volunteers, who range in age from teenagers to retired senior citizens, I am left with a better understanding and greater appreciation for the Center's important work. consider leaving a donation at the door as you leave the Center.

We usually close our day in Juno with an early dinner at the **Dive Bar** located close to the intersection of

Indiantown Road and US Highway One. While we enjoy some delicious casual food, we dream about sailing away on one of the gleaming yachts moored at the dock. If we are not exhausted, we drive another block north to **Harbourside** in Jupiter where we treat ourselves to some more people watching, free music, and delicious gelato.

Has anyone joined a West Palm Beach Food Tour? They take place weekly between 11 a.m. and 2 p.m. on Tuesday, Wednesday, Thursday, Friday and Saturday through the month of August. Reservations must be made in advance. Call 866-6343 for more information. The guided tour costs \$65 and includes stops at 13 different stops where you meet chefs in locally owned restaurants and taste new food. The route covers one mile of easy walking with no more than 3 blocks between stops. Parking is available at the Evernia St. Parking Garage for \$1/hour.

Leave Century Village for a day. There are new places to explore and interesting people to meet all over Palm Beach County. Try something new and keep your mind engaged and young in spirit. Remember: We're never too old for an adventure -- especially one that fits our pocketbooks!

# **Prescription Pill-Drop Program Coming Soon**

BY GEORGE FRANKLIN

Hi folks. Just an update to a program that we will be bringing to you in September. In conjunction with the Palm Beach County Sheriff's Office The PRESCRIPTION PILL DROP PROGRAM date has been finalized. This event will take place as follows:

DAY: Friday
DATE: September 1st, 2017
TIME: 10:00 A.M. to 2:00 P.M.
PLACE:
Century Village Clubhouse Lobby

NO LIQUID Please note: **GLASS MEDICATIONS** IN CONTAINERS will be accepted, as they could cause problems with leakage. Only SOLID medications should be turned in. Sheriff's employees will be on hand to accept your medications. Please watch for fliers and Channel 63 for information. PLEASE DO NOT FLUSH your unused medications into the toilets or sinks or throw them into your garbage, as they will affect the ecosystem. If you have any questions or concerns regarding this program please contact me at the UCO office (683-9189) and I will be glad to sit and discuss this with you.



CENTURY VILLAGE CLUB HOUSE

DATE: FRIDAY SEPTEMBER 1st

UCO OFFICE 561 683 9189

FOR FURTHER INFORMATION CALL:

TIME: 10:00 A.M. to 2:00 P.M.

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# Zoë and Her Dad Find the Reporter Office

#### BY LANNY HOWE

Zoë and her dad, Arthur Friedman, paid us a long-awaited visit at the *Reporter* office in late June. Diane (Zoë's mom) could not visit this time. Zoë Friedman, you may remember, is our current *Reporter* intern. The Friedmans are CV snowbirds, living in Maryland during the off-season. Among Zoë's many talents, she is a gourmet cook and frequently contributes a personal recipe for the paper's "Food Is Love" column.

Fortunately, Arthur and Zoë were able to FIND the *Reporter* office, for it is now tucked away in a remote upper corner of the Clubhouse. We have moved twice in the past few months, from the building by the Camden pool to tiny Music Room A on the second floor of the Clubhouse to, now, the far more spacious Music Room B around the corner from A. Directions are in a box at the end of this article. Come and visit us. If the Friedmans found their way, so can you!

Joy Vestal, David Givens and I were in the office when Zoë and Arthur came in. Poor dad was hobbling about with a cane. He had suffered a bad fall stumbling on a curb in the late fall and fractured his femur. This required complicated surgery and a long convalescence, which is why the family could not visit us over the December holidays, and he is still in pain. Zoë, now seventeen

and through her junior year in high school, by contrast seemed in the peak of health (ah, youth!). She is still running. "I run mostly cross-country now," the little pixie told us.

Right after their visit here, she would be off to a training camp for a week in Colorado Springs, where there would be no actual racing, just training—speed drills and workouts. "How do you keep up with the tall, long-legged women?" I asked Zoë. "A key is ankle strength," she said. "I'll be focusing some on that."

After that, she and her family will be visiting more colleges and universities. A straight -A student with a ton of extra-curricular activities, Zoë will probably have her pick of colleges. She is considering some top institutions—University of Pennsylvania, Williams College, Columbia University, Georgetown University, Johns Hopkins, Yale, and maybe Princeton, to name a few.

Zoë seems to never lack for projects. Her latest, for a communications course, was a color brochure featuring foods and recipes of different parts of the world. It's titled *Spinning the Globe, A Guide for the Culinary Explorer*, and got top honors. It's absolutely beautiful, full of color photos, all of which she took herself except for one. She left an original at the *Reporter* office. To design it, in addition to the computer program

Word, which she already knew, she had to learn *InDesign* and *Photoshop* in the space of only two weeks. *InDesign* in particular is no easy program to learn. It's on a par with the much-used, difficult *QuarkXpress* often used by graphic designers.

"What courses will you be taking in your senior year?" Joy asked Zoë. "AP Calculus, English Honors, a CAP (Communications Arts Program) course, and Forensics," she said. "Forensics?" we asked. "Is this more medical or crime forensics?" "Crime," said Zoë. David and I looked at each other in wonderment. *Another* interest?

That's a brief update for you on our current intern. Look for another Zoë recipe in this issue of the *Reporter*: gazpacho. If you like a nice cold gazpacho on a hot summer

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evening, you might like her version. It's made with watermelon. Kudos to Zoë and her dad for finding us in Music Room B.









#### **Directions to UCO Reporter Office**

- $\bullet \ \ Enter \ Clubhouse, show \ ID.$
- Go down corridor to left.
- At end turn right and go up stairs.
- At top of stairwell go left through door.
- Turn left to end at Music Room B.

#### IF TAKING ELEVATOR:

- Exiting elevator go straight ahead (south) down long corridor to end.
- Take short corridor to right and go straight ahead through door at end.
- Take left and go through another door.
- Turn left to end at Music Room B.

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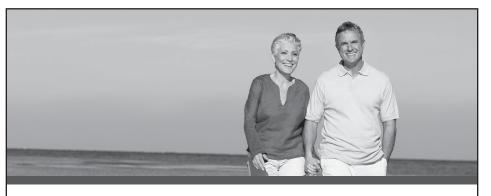


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#### ORGANIZATIONAL

DO NOT resubmit dates for events already appearing unless there is a correction. There is no charge for listings. ALL SUBMISSIONS SHOULD BE ADDRESSED TO: ucoreporterwpb@gmail.com.

Submissions for Organizational News may be submitted in person at the UCO Reporter office on Tuesdays, Wednesdays and Thursdays from 9:00AM to 12:00PM.

(All meetings are in the main Clubhouse unless stated otherwise.)

#### **ACT II COMMUNITY THEATRE**

Meets every Monday & Wednesday at 7:00 PM at the Clubhouse. New members welcome!

**ACTORS STUDIO OF CENTURY** VILLAGE: Join the fun! We have minor parts, leading roles, and a need for writers, stage hands and props people. We read scripts and practice acting every week, and we put on two performances a year. No prior acting experience needed. We meet every Monday night at 7:00 PM in Classroom B. Stop in or call Shari @ 415 385-9925.

#### **AFRICAN AMERICAN CLUB**

Fourth Sunday Potluck Social -WE'RE BACK! Our Potluck will be on Sunday, August 27th from 2 to 5 PM. Please bring food or beverage to share. We look forward to seeing you and ALL ARE WELCOME.

Cards & Games Nights - Come out to play Hand & Foot or Rummikub in the Clubhouse Card Room. All skill levels are welcome. For more details, contact: Terry 561-249-7262, or Sadie 845-541-7167. For general information on membership contact Mina 561-574-3240. Information on club events and activities, contact Cheryl 561-512-1307.

**AITZ CHAIM:** Daily services 8:00 AM. Mincha and Maariv at Sundown, Sisterhood 3rd Monday of month 10:00 AM. Charlotte 917-815-7711; Charlotte 478-8756; Anita 686-9083.

**ALZHEIMER'S ASSOCIATION: Join** us at these sessions of respite care for Caregivers. We meet in Card Room B - 10:00 AM to 12::00 Noon - 4:30 to 6:00 Starting September 11, 2017 EVERY 2nd and 4th Monday of each month until May 08, 2018. We start again in September 2018.

ALZHEIMER'S ASSOCIATION: FREE COMMUNITY WORK-SHOPS: KNOW THE 10 WARN-ING SIGNS - AUGUST 11TH - 11:AM ROOM C - If you or someone you know is experiencing memory loss or behavioral changes, it's time to learn the facts. Early detection of Alzheimer's disease gives you a chance to begin drug therapy, enroll in clinical studies and plan for the future. This interactive workshop features video clips of people with Alzheimer's disease.



**ANSHEI SHOLOM:** 5348 Grove St. in Century Village. We are happy to welcome you to our Synagogue. Planning a party? Rent our Social Hall which is strictly kosher. Shabbat Services Friday evening at 5:00 PM and Saturday morning at 9:00 AM. If you have to say Kaddish please call ahead so we can get a minyan together. Upcoming events: August 13, Open House - 1-3PM. Come meet our Rabbi Kavon and our Synagogue family. Learn about the wonderful programs and activities we have to offer. Coffee and cake will be served. For further information, call Charlotte 616-3355. August 16th 9:30am - Isle Casino Bus Trip (call Sema 615-9556). Sept. 4th 12:00 noon Labor Day Bar-B-Que. Tickets available in synagogue office.

High Holy Day Services - Saturday September 16 - Selichot 8:00PM (Collation following services.) Wed. September 20 - Erev Rosh Hashanah - 6:00PM Thurs. September 21 - Rosh Hashanah 8:45AM-1:30PM (Tashlich immediately following services) Evening Services at 6:00PM Fri. September 22 - Rosh Hashanah (Second Day) 8:45 AM - 1:30PM Evening Shabbat Service - 6:00PM Fri. September 29 -Yom Kippur (Mincha 6:30PM) Kol Nidre 7:00PM- 8:30PM Sat. September 30 - Yom Kippur 8:45AM to 2:00PM (Yiskor approx. 10:30am) Evening Service - 5:30PM Mincha, Neilah 6:30PM

Seats for High Holidays may be purchased at our office.

For further information on any or all of these events, please call the Synagogue office 684-3212.

BABY BOOMERS CLUB: Meetings 3rd Wednesday each month at 3:30 PM, December through April. Contact Lynn at Lynnsevan@aol.com for further information.

**BALLROOM DANCE GROUP: Meets** Mondays 2 - 4 PM, Party Room, except 2nd Monday is occasionally in Art Room. No charge. Info: Irwin @ 917-915-2174.

**BEST SHORT STORY DISCUSSION GROUP:** Meets 1st and 3rd Tuesday of each month. Craft Room 1:30 PM. Contact Julie at 249-6565

BIBLE STUDY GROUP - "Taste & See": Non-denominational group. All residents welcome. Meets every Sunday at 5pm, Classroom B, 2nd floor. For information call Leonore 478-9459.

B'NAI B'RITH CENTURY UNIT **#5367:** We will resume monthly meeting in October 2017.

**BROOKLYN QUEENS CLUB:** meets in the clubhouse party room October to April on the second Wednesday of the month at 2:00PM, doors open at 1:30. For further information, call club president Harriet Levine @ 684-9712.

**CENTURY VILLAGE ARTISTS: We** welcome all Century Village residents to view our artwork on 1st and 2nd floor of main Clubhouse. Info about purchase or display -- Beth Baker @ 684-3166.

#### CENTURY VILLAGE BOOK CLUB-

We are already working on books for next season. For more information call 640-6944 or email arzj@Hotmail.com

#### **CENTURY VILLAGE BRIDGE CLUB:**

Activities four times weekly. Card Room A, Clubhouse. Call Kristy Brown 640-3120 ext. 0 or Bill Halprin (248) 672-2292. Advanced registration is required for lessons and/ or Supervised Play. Scheduled events: (\$5/play)- Bridge lessons: beginners: Mon 1-3 PM, intermediates: Mon 3:30-5:30 PM, supervised play: Wed. 10:30AM - 12:30 PM, Duplicate Bridge: Wed. 1:00-4:30 PM, Sat. 1:00-4:30 PM.

#### **CENTURY VILLAGE CAMERA CLUB:** Any questions, e-mail Ken Graff at

cameraclubcv@gmail.com. CENTURY VILLAGE COMPUTER CLUB: Meet 1st Thursday at 1 PM

in Classroom C from May through October. Annual Dues are \$12. Call Kathy @ 252-8495 or visit our website at: http://www.cv-computerclubwpb.com/

CENTURY VILLAGE CRAFT CRE-ATIONS KNITTING-CROCHETING **CLUB:** Meets every Tues. 9:30 AM-12 PM Craft room (104). We create items donated to - The Teacup Preemie Program, Veterans. & Quantum House.

**CENTURY VILLAGE GUN CLUB:** Meets every 2nd Tuesday 7 PM in Classroom B. Every meeting has a guest speaker. For information call George at 471-9929.

**CENTURY VILLAGE MEN'S CLUB:** 

meets the first Sunday of every month at the Clubhouse at 9:30 AM. It is a great place to meet other men that live here at Century Village. Activities include dinners, dinner dances, fishing trips, football games, baseball games, basketball games, casino trips, cruises and other fun activities. Coffee, bagels, cream cheese is served at every meeting. Come and make new friends and have a great time. For more information please contact Ruben Ramos at 561-459-7176 or docruben1@gmail.com

**CENTURY VILLAGE NORTH AMER-**ICAN EDUCATORS CLUB: Meets the 2nd Monday of every month at 12:00 pm in Classroom C. It is a place where school-related retirees and in-service personnel can meet on a regular basis to socialize, share ideas, and learn about issues that affect them presently and possibly in the future. Contact Bob Zuckerberg at zuckie15@aol.com or 917-796-1317 for information.

**CENTURY VILLAGE ORCHESTRA:** 

Meet every Monday in Classroom C at 1:15 to 3:35 PM. More information call Rickie @ 683-0869 or Joel @ 688-9455. We need trombone players, string players and percussion players.

**CENTURY VILLAGE (OA) OVEREAT-ERS ANONYMOUS** - Everyone welcome!! Meets every Sunday 6:30 to 7:30 PM - In the Craft Room - First meeting July 16, 2017 For information call - 242-0189 or 347-469-2929 or 308-6444

**CENTURY VILLAGE REPUBLICAN CLUB** - Will meet the second Thursday of October. For information please contact Geoff 291-1940 or Barbara 689-9275

**CENTURY VILLAGE WOODWORK-ING CLUB**: Meets 6 days a week from 8:30 AM to 11:30 AM. Please come and join us in our hobby shop.

**CENWEST FISHING CLUB**: Meets 1st Wednesday of each month 3:00 to 4:30 PM Classroom B. For more Information call Al at 242-0351 or Capt. Mike at 570-445-4391.

**COUNTRY LINE DANCING**: Country and Regular, Monday and Friday 9:00 to 11:00 AM in the Art Room. For information contact Frankie 561-777-5712

**THE NIGHT CLUB**: We hold a FREE dance every week on Tuesday in the Party Room from 6:30- 9:00 PM. There's never been a Dance Party like this...we play every genre of music... Ballroom, Motown, Funk, R&B, Disco, Salsa, Swing, Rock & Roll, Blues, Line Dancing and CW. Requests taken...Come to dance, listen, watch... we bet you won't be nappin'...your feet will be tappin'... and your fingers snappin'. Call for more info: Erwin 917-915-2174 or Lou 561-398-8785

FRIENDS OF BILL WILSON: Meets every Thursday 6:30: to -8:00 PM in the Clubhouse, Craft Room.

**BEST SHORT STORY DISCUSSION GROUP:** Meets 1st and 3rd Tuesday of each month. Craft Room - 1:30 PM Contact Julie 249-6565

**HASTINGS CUE CLUB:** Welcoming New Members. We play Mon. - Sat. 9:30 AM - 12 noon. Bernie @ 684-2064 or Zev @ 290-4824.

**HOLOCAUST SURVIVORS OF THE** PALM BEACHES: Meets 1st Wednesday of month 9:30 AM, Golden Lakes Temple. Bus provided from Century Village Clubhouse. Information: call Kathy @ 689-0393.



## ORGANIZATIONAL NEWS

**IRISH AMERICAN CLUB OF CENTURY VILLAGE**- The Irish American Cultural Club of Century Village wishes everyone a safe and healthy season ahead. Meetings will continue to be held in Room C in the Clubhouse at 2 PM. Our first meeting will be on Tuesday, December 5, 2017. For further information, contact Carole- 914-343-5547.

ITALIAN AMERICAN CULTURE CLUB: (IACC) OF CENTURY VILLAGE: Meets the 3rd Wednesday of each month at the Clubhouse Party Room at 1:00 pm. For club information call Fausto 478-1821. Bowling Saturdays at Verdes Lanes, 9:00 A.M. for information call Lenny 471-2603. Saturday league bowling will resume in October, date to be announced-for info, call Lenny @ 471-2603. Check out our blog at: http://cvitalianclubwpb.blogspot.com.

**JEWISH WAR VETERANS POST #501:** Meet 1st Sunday of month at Cypress Lakes Clubhouse. Breakfast, 9 AM. Guest speakers. Activities include servicing VA patients. Howard @ 478-2780.

**JUDITH EPSTEIN CHAPTER OF HA- DASSAH:** Meet 3rd Wednesday of month at Congregation Anshei Sholom.

**KARAOKE** Tuesdays 6 - 9 PM,in Party Room hosted by Marshall Eads. Fridays 6 - 9 PM, hosted by Janisse.

KNIGHTS OF PYTHIAS: Palm Beach Rainbow Lodge #203 meets the 2nd and 4th Tuesdays in Century Village Walgreens/Medical building (separate ground floor entrance), 100 Century Blvd., CSI Caregiver Services, at 1:00pm. We are an international fraternal organization, non-sectarian. The Lodge welcomes new members, dual members, transferees, and Pythian reinstatements regardless of inactive years of service. WE WEL-COME ALL MEN! Participate in social and charitable events. Collation after each meeting. For further info, call Irv 683-4049. Check out our blog at: http://knight203.blogspot.com.

LATIN AMERICAN CLUB: (LAC)) celebrates its monthly dance on the third Sunday of the month. Remember, you must present the club ID CARD at all our activities. For more information call Juana(646-407-6808) or Madeline(631-697-4961). AUGUST COMING ACTIVITIES: Thursday, August 3rd., BINGO NIGHT, at 7:00 pm., in the party room. \$\$\$ Cash prizes according to attendance. SUN-DAY, August 20, monthly dance, 5-9 pm in the party room. REMEMBER, all members must present the Club ID CARD at entrance. Non-members pay \$3.00 fee to enjoy the dance. PRO-JECTED ACTIVITY: August 22nd. Monday, trip to Mardi Gras Casino. Time: 9:00 AM a 4:00 PM. For more details call Juana,646-407-6808 or Madeline, 631-697-4961

de Century Village celebra su fiesta mensual el tercer domingo del mes. Recuerde, usted debe presentar su tarjeta de membresia para participar en todas las actividades del club.

tarjeta de membresia para participar ACTIVIDADES PARA EL MES DE AGOSTO: Jueves 3 de agosto, NOCHE DE BINGO, a las 7:00 pm, en el party room. \$\$\$ Premios en efectivo de acuerdo a la cantidad de personas que participen en el juego. DOMINGO 16 de agosto, nuestro baile mensual, de 5-9 pm. en el party room. Recuerde, la identificacion de miembro del club debe ser presentada a la entrada. Los no-miembros deben pagar \$3.00 a la entrada. AC-TIVIDAD EN PROJECTO: Lunes 21 de agosto, viaje al Casino Mardi Gras. Hora: 9:00 AM to 4:00 PM. Para mas detalles sobre esta actividad por favor llamar a Juana(646-407-6808) o a Madeline(631-997-4961).

**LINE DANCE WORKSHOP START-ING THIS SUMMER** - Learn the most used line dance steps. This will prepare you for line dancing. Have fun while stimulating your brain and working your muscles. Contact Class Office 561-640-3120 for starting date and time. For Information Contact Julie Adams - 731-439-0730.

**MIND SPA DISCUSSION GROUP**: Meet 2nd and 4th Thurs. 1:30 PM, only October through March, Classroom A. All invited for in-depth discussions of significant issues.. Allan @ 687-3602.

**NEW YORK CITY TRANSIT RETIR-EES:** N.Y.C. Transit Retirees, Anyone interested in attending a meeting of the New York City Transit Retirees of Florida, West Palm Beach Chapter, please call Kathy - 689-0393.

**NORTHERN STARS:** Canceled for the rest of the season. For Further info call Janisse @ 586-291-8286 or email to: northernstarsbo@hotmail.com

**POLISH AMERICAN SOCIAL CLUB OF CENTURY VILLAGE-** Established in February, 2016. The mission of the Polish American Social Club is to promote and preserve the traditions and customs of Polish ancestry. The club meets the 1st and 3rd Thursday of the month at 6:30 PM at the Art Room . For info. call Krystyna Teller at 561-674-4887, www.facebook. com/polishsocialclubflorida2x

PHILADELPHIA CLUB: The Greater Philadelphia Club meets the first Thursday of each month at 12:30 PM in the Clubhouse Party Room, with lunch and entertainment. Our next meeting will be on Thursday December 7, 2017 at 12:30 PM in the Clubhouse Party Room. There will be lunch and entertainment. For information, contact Phyllis at 561-712-0612 or 215-219-0297

**PICKLEBALL:** Welcoming new members to the Pickleball club. Courts open at 8:00 each morning, great way to meet new people, exercise and have lots of fun. For more info, call Barbara Di Domenico @ 716-499-6737. Come join us to learn and play the fastest growing sport in the USA.

**PROACTIVE RESIDENTS PROJECTS COMMITTEE:** We are a non-profit group of CV resident owners concerned with Village issues. For information and meeting schedule check our Blog at http://proactive-comitteeblogspot.com/

**RUSSIAN CLUB:** Canceled for the rest of the season. For Further info call Tamara @ 712-1417

**SAILING CLUB:** Meets every 2nd Fri. 10 AM, Classroom C. Info: Ron @ 683-8672.

**SHUFFLEBOARD CLUB:** Time of play is Tuesday 9:00 AM - , Wednesday and Thursday at 1:15PM. Equipment will be provided. We have all levels of members with a wide level of playing ability, from long time players to first time members. Our goal is to get outside have some exercise and get to meet new people Come and join us. Contact Jack at 640-3373.

**SNORKEL CLUB:** For information call Ron Helms 683-8678

THE CHRISTIAN CLUB: The Christian Club meets the 1st Wednesday of the month at 1:00 PM in the Club House Party Room from October to May. Events are planned for year round. The Christian Club welcomes everyone. A motor coach trip to Savannah / Jekyll Island, Ga. is planned for August 21 - 25, 2017. 4 nights lodging and 8 meals are included in this package. Myrtle Beach Show Trip is planned for October 15 - 21, 2017. LOOKING AHEAD: Miami -Key West January 30 - February 1, 2018 - Christmas Show planned for December 3, 2017 (price will include Bus and Show) For Club information call Grace at 561-640-5279 For Events and Club information call Figgy at 561-616-3691 - 561-707-6548 We welcome your calls.

The former **UNITED ORDER OF TRUE SISTERS** will resume meeting in the Party Room under '**FRIENDS OF THE PAST.**" The meeting will take place on Monday, September 11 at 11 AM to 12:30 PM. For information contact Contact Harriet @ 689-5102 ro Barbara @ 615-4527

**THE SCRABBLE CLUB OF CENTU-RY VILLAGE:** Every Tues. 6 PM 2nd Floor Card Room. For information call Lucy @ 729-0705.

**UNITED DEMOCRATIC CLUB OF CENTURY VILLAGE** -Will not meet in July or August. Next regularly scheduled meeting will be on September 14. For more information call Connie at 688-1934.

UNITERS SOCIAL CLUB OF CENTURY VILLAGE: A group of awesome diverse people coming together in a united way for social times. Bring a guest or come alone and meet other like minded individuals. Meet up every second Sunday of each month in Club House Craft Room. For additional information, call Esther 561 635-4298 or 561 328-7935. Like us on Facebook/United Social Club of Century Village.

YIDDISH CULTURE GROUP: The objective of the Yiddish Culture Club is to present programs that perpetuate our Jewish heritage. All of our programs are also translated into English. Our programs are held in the Auditorium on Tuesday morning at 10:00 A.M. Everyone is welcome

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#### Okeechobee Blvd. Branch Library

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#### Okeechobee Branch

# LIBRARY NEWS

#### BY CHARLES WAUGH

During August, the Okeechobee Blvd Branch continues to offer interesting and useful educational activities. Computer classes abound, including using the mouse, internet basics, word processing, and general computer Q&A. And, since keeping your resume up to date is always a good idea, check out the Resume Basics class. TIP: If you bring your own flash drive you can save your resume changes or start a new one!

Interested in reading or listening to books on your mobile device (phone or tablet)? We will present classes on two ways of doing that in August. There will be a Monday

During August, the Okeechobee evening eBook class, or you can schedule a Book-a-Librarian 30 minute session. However, if all you want is cool relaxation, attend a minute session, word processing, and general and enjoy some fun.

The Okeechobee Boulevard Branch Library is located next to Dunkin' Donuts. The hours are: Monday, Tuesday, and Wednesday from 10:00 a.m. to 8:00 p.m., Thursday and Friday from 10:00 a.m. to 6:00 p.m., and Saturday from 10:00 a.m. to 5:00 p.m. All Village residents, including seasonal residents, are eligible for a free library card with proper I.D. Visit the library today!

#### **August Events**

By Appointment

Book-a-Librarian

Wed, Aug 02, 2:00 p.m.

Movie Matinee

Thu, Aug 03, 2:00 p.m.

Resume Basics

Tue, Aug 08, 8:30 a.m.

Mousing

Mon, Aug 14, 6:00 p.m.

eBook Assistance

Tue, Aug 15, 8:30 a.m.

Internet Browser Basics

Tue, Aug 15, 2:00 p.m.

Movie Matinee

Mon, Aug 21, 6:00 p.m.

Beginning Word 2013

Wed, Aug 23, 2:00 p.m.

Adult Coloring

Thu, Aug 24 2:00 p.m.

Computer Q&A Lecture

Thu, Aug 31, 2:00 p.m. Movie Matinee

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Cannot be combined with any other offers. Offer expires August 31, 2017

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I'm Matt Willhite, your State Representative in District 86. As a member of this great community, I'm honored to have earned the privilege of representing you. In Tallahassee, I'll fight to strengthen our neighborhood schools, protect our environment, and improve Florida's economy. If you have an issue that you believe I can be of service with, please do not hesitate to call my office. I'm here to listen and serve.

# REPRESENTATIVE Matt Willhite

Florida House District 86

Tallahassee Office 1102 The Capitol 402 South Monroe Street Tallahassee, FL 32399-1300 Phone: (850)717-5086 District Office 9200 Belvedere Rd. Suite C-107 Royal Palm Beach, FL 33411-3615 Phone: (561) 791-4071



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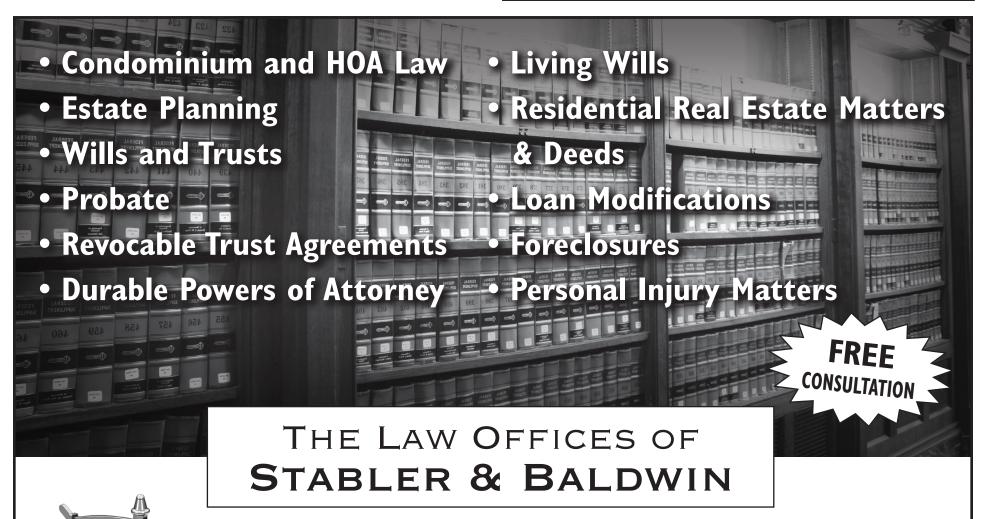
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HASTINGS CLUBHOUSE	687-4875
WPRF - MAIN NUMBER	640-3111
CV SECURITY	689-0432
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# The Importance of Rat and Mouse Control

#### BY RUTH BERNHARD-DREISS

We all come from different places in the US and elsewhere, but this is Florida and we must expect that we will be faced with unexpected situations that are inherent to this area and need to be ready to deal with them.

It's a nasty subject but with an influx of rats and mice in our community, residents need to be aware of the problem and how to control them. They have always been around, but this year they are in abundance.

Rats eat any kind of food that people eat and contaminate ten times as much food as they eat with urine, droppings, and hair. Having said that, be aware that they can also carry at least ten different kinds of diseases, among which is rabies.

Rats and mice also start fires by gnawing matches and electrical wires in the home. The Norway rat, roof rat, and house mouse are the most persistent rodent populations in need of control and have been found

Norway Rats are most common along the sea coasts and canals in Florida. They thrive particularly in areas where garbage is not properly stored. Although Norway rats generally prefer to eat fresh meat, fish, and grain they can survive quite well on an ounce per day of garbage or decayed food along with an ounce of water. Frequently they range 100-150 feet from harborage in search of food or water.

As burrowers they often dig in rubbish and under buildings or concrete slabs and cause damage by undermining the foundation and blocking sewer lines. They are reddish-brown and heavy-set with a blunt muzzle. The tail is about as long as the combined head and body. Adults weight 3/4 to 1 lb. Their droppings are 3/4" long and capsuleshaped. Norway rats live about a

year and reach sexual maturity in 3-5 months. They have 8-12 young per litter and up to 7 litters per year.

Roof Rats thrive in attics, roof spaces, palm trees, and ornamental shrubbery. They are climbers and prefer to nest off the ground. Roof rats are destructive to citrus groves since they live in citrus trees and gnaw on the fruit. They can be quite destructive in attics, gnawing on electrical wires and rafters. They prefer vegetables, fruits, and grain but they consume 1/2 to 1 ounce per day of food from various sources. Because they must have water to survive, roof rats also consume an ounce per day and will range 100-150 ft. from harborages to search for water or food.

Their color ranges from black to grizzled gray to tan with a light belly. The tail is longer than the combined head and body. Adults weigh from 1/2 to one pound. Their droppings are up to 1/2" long and spindle-shaped. Roof rats live about 1 year and reach sexual maturity in 3-5 months. They have 6-8 young per litter and up to 6 litters per year.

House Mice normally live outdoors in fields, occasionally migrating into structures. In houses they live behind walls and in cabinets and furniture. They prefer to feed on grains, but usually nibble at a wide variety of foods. House mice require only 1/10 ounce of food and 1/20 ounce of water daily, surviving on food alone if it has high moisture. Frequently house mice range 10-30 feet from harborages.

Their color is brown to gray with the tail as long as the body. Adults weigh about 1/2 ounce. Their droppings are 1/8" long and rodshaped. They live about one year and reach sexual maturity in 6 weeks. They have 5-6 young per litter and up to 8 litters per year.

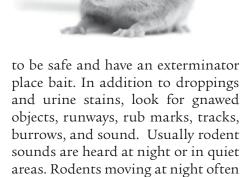
Important Rat Behavior. The

movement of rats and mice is usually related to food, water, or harborage. Knowing where they are likely to go is important to controlling them. Rats use any method to get to food, water or harborage. Their excellent sense of balance enables them to run on pipes, narrow ledges, and utility wires. Roof rats especially will climb anything their claws will hold on to, including wires, pipes, and rough walls. Because rats are excellent swimmers, they often live in sewers and occasionally enter homes through toilets. A rat was found in the toilet of an upper apartment in Chatham the village recently. That building association very wisely contracted with an exterminating company to control further presence of rats. Norway and roof rats are both aggressive species. The Norways are usually more aggressive. Both species are seldom found in the same building.

Rats and mice frequently gnaw on their surroundings. Their teeth grow 4-1/2 to 5-1/2 inches per year and gnawing keeps them short and sharp. They are active mostly at night. Although mostly active at night, they will be active during daytime hours when food is scarce, when there is an overpopulation of rats, or when a poison has been used and the population is sick.

Rodent Control is very important. Know that rats can squeeze through cracks 1/2 inch wide and mice can get into a space1/4 inch wide. Any place a pencil can be poked, a mouse can go. Rats can climb pipes and jump high.

Recognizing Rat and Mouse Signs is important since they are active at night and are rarely seen during the day. It is necessary to recognize signs of their activity. The size and shapes of their droppings have been mentioned above. Lizard and gecko droppings look similar, but don't confuse the two. It is better



often squeak while in the nest. The sighting of live rats is a sure sign of infestation. Sightings in the daytime indicate large populations, disease, or poisoning. Mummified rat carcasses may indicate a former infestation although many fresh carcasses suggest disease or poisoning.

scratch, gnaw, and fight. The young

Sanitation is of the utmost importance. Clean up garbage and rubbish. Properly store garbage. Metal garbage cans should have tight-fitting lids. Make sure to put the bar up on the outdoor garbage receptacles in our community after disposing of garbage. If you have fruit trees, pick the fruit when ripe so rodents will not feed on them. Sanitation must be used constantly in rodent control to be effective.

Knowing that we have an influx of rodents, each building association should engage a professional exterminator for control these vermin. Exterminators are knowledgeable in this field and will place bait and spray poisons to prevent problems while protecting humans. Don't be lax about taking action to prevent further rodent infestation. It's important to everyone in our community. Florida is a haven for many species of animals, but rodents are a nasty lot in need of extermination.

# **Health Care and the Profiteers**

#### COMMENTARY BY IRVING RIKON

or revising the Affordable Care Act (Obamacare), few media persons and almost no one in Congress is publicly asking the most basic of all questions: Who or what is profiting excessively from the high costs of medical care? What can be done to lower those costs?

#### A short list of who or what profits:

Doctors; Hospitals; Nursing Homes; Pharmaceutical (Drug) Companies; Manufacturers of Medic Devices; Insurance Companies; Lawyers; Congressional Lobbyists; Congresspersons: Members of the House of Representatives and the United States Senate.

Obviously, not everyone or every

Many fine, honorable, even outstanding persons and organizations belong to these groups.

#### But here is some data worth knowing:

In July, 2017, a study showed that 50 members of Congress had financial assets in excess of \$7.7 million. In 2015, 30% of senators and 20% of representatives held shares in biomedical and health care companies, their investments in these sectors topping \$68 million. They held more stock in healthrelated companies than in defense and construction sectors combined. (Under the Trump administration, change can be expected).

Among law-makers elected to represent us, some sit on health-

In all the discussions about ending entity listed here is making excessive related committees and sometimes forward the information to a doctor, chair them, supposedly regulating companies in which they hold stock. This surely is a conflict of interests and might be viewed as immoral, but it is not illegal.

#### More data:

Cardiologist Dr. Eric Topol, in a recent Wall Street Journal column, noted that in 2016 more than \$1 trillion was spent for hospital care, \$670 billion for doctor and clinician services, \$360 billion for drugs. "We do more than 125 million ultrasound scans a year in the U.S. at an average charge of well over \$800 that's \$100 billion." Dr. Topol, with the help of colleagues, is working to develop electronic medical devices in which a person at home can monitor his or her own health and be able to

thereby saving hours of testing time and often devastating costs.

Meanwhile, legislators don't publicly talk about PROFITS in the health-care industry, an industry in which some have financial interests . They talk about cutting benefits to the poor, the elderly and the otherwise needy. But I submit that no elected public servant should be a private profiteer.

Consider all this. Discuss it with family and friends. Protest to politicians and in the media until health care costs to individuals and governments are reduced and excessive profits cut. America great again is making Americans healthier -- at prices they can afford to pay.



### water for 3 minutes

- 2 tablespoons chopped yellow onion
- 2 tablespoons chopped flat leaf parsley
- 1 tablespoon chopped fresh sweet basil

½ tablespoon dried tarragon

- 1/4 cup minced cucumber
- 1 tablespoon pure lemon juice
- 2 teaspoons dried chili powder, and more for garnish
- 1 cup of crumbled feta cheese

2 cloves of garlic, poached in boiling Some sprigs of fresh tarragon, for garnish

> In a food processor, pulse watermelon, tomatoes, garlic, onion, parsley, basil and dried tarragon until smooth. Stir in the minced cucumber, lemon juice and 2 teaspoons of chili powder. Chill the gazpacho for a minimum of 2 hours. Immediately before serving, top each bowl with 2 tablespoons of crumbled feta cheese, a sprig of fresh tarragon, and chili powder.

Prep time: 15 minutes Inactive time: 2 hours Total time: 2 hours 15 minutes

## Soup before the storm

enough for you yet, here comes August! Sweltering waves of heat roll like sound waves through the air, crashing into my exposed skin. Fans and air conditioning fail to stifle the heat. The only relief seems to be a brief rain shower intermission every day at around 2:15 p.m. During this time, I cozy up with a bowl of chilled soup and listen to raindrops pitterpatter on the window sill, seeping into flower beds and pooling in water-logged grass.

Inspired by Florida's fifteenminute rain showers, as well as the beautiful and juicy watermelons at Publix, I created my Watermelon Gazpacho. This is not your typical tomato-base gazpacho, which is acidic and can irritate the stomach. My watermelon gazpacho is sweet, light and refreshing. Small bits of onion offer a slight kick, and sharp

If this summer hasn't been hot feta cheese finishes off the soup for a creamy note that counteracts the sugary watermelon. Specks of dried tarragon give the soup a woody depth of flavor.

If you crave a cold afternoon snack or need a quick entrée for your next dinner party, look no further than my Watermelon Gazpacho. This dish doesn't need any equipment that generates enormous amounts of heat, like an oven. It's easy to assemble and can be made well in advance - the more time it chills, the more flavorful it becomes. I recommend making it 24 hours before serving so it can chill in the refrigerator overnight. Enjoy!

#### **Ingredients:**

- 2 cups watermelon, chopped and de-
- 2 Brandywine tomatoes



#### LOCAL



#### BY LENORE VELCOFF

\$25.00 per person."

We saw this advertisement and decided to try this spot for dinner. We were not disappointed. This restaurant is located off SR7. Not very large but the tables are not on top of one another. Lovely decor.

This is a traditional Italian restaurant. Before our first course, we were treated to bruschetta as an amenity. Then one of my companions and I had PASTA E FAGIOLI ALLA TOSCANA, a traditional Tuscan white bean soup with pasta. Hearty and tasty. My other companion had INSALATINA MISTA DI STAGIONE, a mixed organic green salad with fresh tomato and balsamic vinegar dressing.

We then moved on to entrees. A wonderful choice of Pasta, Pesci or Carni (pasta, seafood or others). I

"Summer Prix Fixe Menu - A had SALMONE SELVAGGIO IN three-course dinner served daily CRUSTA DI MANDORLE IN SALSA from 5-10 p.m., choice of soup or DI ARANCIA - almond crusted wild salad, main course and dessert, salmon in an orange reduction with rice and asparagus. Companion One ordered POLLO ALLA RAMONA chicken breast sauteed with garlic, capers, roasted red and yellow peppers, kalamati olives with a touch of brandy with potato and vegetable. Companion Two had POLLO ALLA PARMIGIANA CON SPAGHETTI POMODORO pounded and breaded chicken breast with a side of spaghetti tomato basil (the traditional chicken parmigiana). All were more than ample portions.

Though rather full, we all had room for dessert. I had TIRAMISU with iced tea and the other two had a NAPOLEON and coffee. Beverages were included with the dinner. The food was very tasty and, all in all, we all enjoyed the entire meal.

Give it a try.







### ENTERTAINMENT



# "SWEENEY TODD"

# At Palm Beach Dramaworks





"Sweeney Todd, the Demon Barber instruments and she with of Fleet Street" is at PALM BEACH DRAMAWORKS in downtown West Palm Beach through August 6. The production is so good it could win takes several interesting South Florida's Carbonell Awards. "Sweeney" swept Broadway's Tony Awards after debuting in 1979. With music and lyrics by Stephen Sondheim, book by Hugh Wheeler, the whole musical thriller directed by Clive Cholerton, this is fascinating, stimulating adult theater.

Based upon an old British tale, an 1846 book and a 1973 drama by Christopher Bond, the musical is set in London during the 19th century. Sweeney's beloved wife, Lucy, was abducted by corrupt Judge Turpin, who lured her to his home and raped her. The woman subsequently killed herself. Sweeney learns of this from Mrs. Lovett, who bakes "The Worst Pies in London". He vows revenge. Vengeance becomes his life's obsession. Mrs. Lovett suggests that barber and baker collaborate, he with a growing reputation for giving smooth shaves with sharp

a need for fresh meat to serve in her pies.

The diabolical plot twists. At the time of the abduction, Sweeney had been away at sea. He'd fallen into the water and been rescued from drowning by a young sailor, Anthony, whom Sweeney hires to assist him. But while working for Sweeney, the young man develops a crush

on Judge Turpin's ward, Johanna. Meanwhile, saucy Mrs. Lovett casts her loving eyes on Sweeney. There's humor, but tensions rise aided by Sondheim's marvelous score and Cholerton's admirable direction. He moves his players like waves in an ocean, rising, falling, ever flowing, yet mesmerizing.

In addition to an outstanding cast headed by Shane Tanner as Sweeney Todd, the company is aided by a wonderful technical crew: Michael



Amico has created a two-story, multifunctional, grayish-brown set that has Sweeny's barber shop on the second floor just above Mrs. Lovett's eatery and oven. It surely conveys the tone of the neighborhood. The action is properly illuminated by Donald Edmund Thomas's lighting. contrast to these are Brian O'Keefe's costumes, which are colorful and provide yet another mood: The neighborhood may lack luster, but many of its inhabitants are full of life

and capable of having a fun time.

The story melodramatic, somehow the magic of Sondheim's music elevates it to great art. Even while enjoying it, this is music to think about.

A few words of caution, however: If plays had a rating system like movies, this would "X-rated". With a

psychopathic hero, at least six murders and sexual innuendoes, this is not a show for young, impressionable, immature minds. It's for grown-up adults. If you qualify, go see it! The quality of the work is something to behold!

Closing date is August 6. For reservations and additional information telephone 514-4042. Online:www.palmbeachdramaworks.



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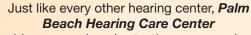
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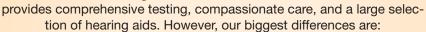
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I'm so tired of reading articles that say senior women have to tone down their style as they age. Although it's true that with maturity comes an end to many things you probably wish you'd stopped doing sooner; like dating useless men, eating tacos for breakfast, and wearing costume jewelry that turns your neck green, but should maturity also mean giving up on makeup?

The answer is yes, at least according to 2,000 women over the age of 45 (and really what do they know about being 65, right?) who took part in a survey on the ins and outs of aging gracefully conducted by Nurture Replenish Skincare, a UK-based personal care company. According to the results of this survey, ladies should stop wearing high heels, glitter, tight clothes, and red lipstick by the time they're 59. (Notice the 45-year-olds didn't clip their own wings?)

To that survey I say pfft.

According to Mandy Lehto, PhD, who is a self help coach, writer and personal presence expert (that's a real job?) a recent French study found: "waitresses (of any age) wearing red lipstick received tips 50% of the time from male customers and waitresses wearing pink, brown or no lipstick were only tipped 30% of the time. When asked about their tipping behaviors, the men were unaware of being influenced by their server's appearance." Translation? It could go either way: Either red lipstick will clearly get you noticed or men are easily manipulated.

As a young adult I recall my mom telling me that less is more and to go for a natural look. The nuns of my youth spit in hankies to wipe any hint of color off our faces in junior high. And I attended an all-girl high school in the 60s where makeup was not allowed. So it's not difficult to understand why I had never worn red lipstick before. But for the sake of this article, I decided to use red lipstick for one week. And by that I don't mean just wearing it inside my house or at night at dinner in a dark restaurant, but also first thing when I get up in the morning, and when I check my mail, and even when I'm at the supermarket at noon in my jammies (but that's another issue).

OMG, the things I do for you, the reader. I should get a medal or something. But I digress. Here are details of my seven-day red adventure.

I chose a really red lipstick. No orange or dark pink. Fire engine red. Russian red. Cause a heart attack red. The first thing I noticed is red

lipstick is difficult to apply. You have to really have a good understanding of where your lips end and your skin begins. It took me several tries and a box of wipes before I nailed it but when I got it right, I couldn't stop staring in the mirror. It was fascinating. I moved my lips and watched them form words like I've never seen them do that before. I kissed the mirror leaving a mark that surely the cleaning lady will wonder about. For a brief moment I felt like a secret agent and if I had had a trench coat in the closet I would have worn it. I knew better than to touch my lips because that color leaves its mark everywhere. Most of all though I realized that red lipstick would definitely up the ante -- and I hoped I could handle it.

# Day 1: Family and neighbors are not thrilled.

"Are you in a vampire movie?" (My granddaughter.)

"Is the Navy fleet in town?" (My mother.)

"Heels and red lipstick put the fear of god into your grandfather." (My grandmother, winking at me.)

"Did you walk into a door?" (My 88-year-old male neighbor.)

"Wowsa." (My husband, who is still grinning and following me around.)

"Does this match?" (My neighbor lady, holding up her husband's red smudged shirt collar to my lips.)

# Day 2: My fellow writers treated me differently.

Today I attended a writer's group meeting and told my author friends I had to wear red lipstick for my UCO Reporter article. One of them said, "You should consider not selling your soul for these stunts at the newspaper." Geez, you'd think a fellow writer would understand suffering for your art.

### Day 3: Bartenders paid more attention to me.

I boldly walked into an establishment on Okeechobee in my red lipstick and sat at the bar. First of all, I'm sure they really hate to wash this red stuff off the glass rims, but nonetheless I did notice that the bartender kept drinks coming my way. Although he did switch me to throw-away cups. Of course I also got lots of drinks bought for me, so what the heck. Plastic it is.

# Day 4: On day four I realized my friends were just jealous.

Someone in the Actors Studio said, "Are we trying out for a clown part today?" Another woman in my Act 2 Repertory group said, "Your job pays you to do this BS?" Envy is such an ugly thing I said to myself as I twisted the applicator and Red Riot shimmied up the tube. I applied a fresh coat and held my head high. I closed my mirror with a sharp snap and walked out of the clubhouse. I didn't bother to correct her; I don't get paid for this column.

# Day 5: My best friend up north judged me hard.

I wanted to ask her, a woman who doesn't wear any lipstick, what she thought about my experiment. My UCO deadline was looming, so I texted her "Emergency! Call me now, must talk!!" She's an OR nurse. She actually left the operating room to call me because she thought I was in jail or terminally ill or something. Later that night I got an Instagram of a cancerous tumor that she helped remove from some women's intestines along with a note that said, "Isn't it interesting that we both have important stuff to do during the day."

# Day 6: I alternated between feeling stupid and sexy as heck.

If you wear red lipstick know that women will often ask you, "What are you wearing that color for?" (Men never ask that question.) The answer is "For me". Generally people don't like that answer. When I wore red lipstick, for the most part it made my day better. It's like being a blonde; I just had more fun. One major thing I did learn though is that if you decide to wear it then own it. You need to wear the color with confidence -- or it will wear you

Also the bagger at Publix did a double take and dropped my bag of apples today.

# Day 7: I thought about the 'why' of it all.

Dr. Jennifer Baumgartner, psychologist and author of You Are What You Wear: What Your Clothes Say About You, says "there is the chicken and egg question when it comes to red lipstick: is the person who wears the red lip more daring, or does she become that way because of the external reinforcement after the fact?" You will never know until you try it.

"Lips without lipstick are like cake without frosting." - Unknown (but wise) author.

# NEW OFFICE HOURS FOR THE UCO REPORTER:

MONDAY THROUGH THURSDAY, 9:00AM TO 12:00 NOON

UCO REPORTER
STAFF MAY BE
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FOLLOWING EMAIL
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Every 2nd and 4th Monday.

1:30 PM
Card Room B at the Clubhouse.

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Goldstein

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Jennifer may also be reached at: Jennifer M. Cunha, Esq. 601 Heritage Dr., Ste 424 • Jupiter, FL • 33458 Jennifer@jennifercunhalawoffice.com

\*Phyllis Richland is not affiliated with the Law Office of J. M.

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## **AUGUST-INTERNAL BUS ROUTE - 1**

#### PLEASE HAVE YOUR ID READY FOR THE DRIVER

Clubhouse	8:00 <b>9</b> :	00 10:00 11:00	DRIVERS 1:00 2:00 3:00 4:00 5:00 6:00 7:00 8:00 9:00 10:	00
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Somerset Pool		:04 10:04 11:04		
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Durham St and West Dr	8:12 <b>9</b> :	:12 10:12 <u>11:1</u> 2	1:12 2:12 3:12 4:12 5:12 6:12 7:12 8:12 9:12 10	):1 <u>2</u>
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West Dr and South Dr	8:19 <u>9</u> :	<u>19 10:19 11:1</u>	DRIVERS 1:19 2:19 3:19 4:19 5:19 6:19 7:19 8:19 9:19 10	<u>):19</u>
South Dr and Wellington H	8:19 <u>9</u> :	<u>19 10:19 11:1</u>	LUNCH 1:19 2:19 3:19 4:19 5:19 6:19 7:19 8:19 9:19 10	<u>):19</u>
South Dr and Wellington G	8:20 <u>9</u> :	20 <u>10:20</u> <u>11:2</u>	1:20 2:20 3:20 4:20 5:20 6:20 7:20 8:20 9:20 10	<u>0:20</u>
South Dr and Hampshire S t	8:20 <u>9</u> :	20 <u>10:20</u> <u>11:2</u>	1:20 2:20 3:20 4:20 5:20 6:20 7:20 8:20 9:20 10	<u>):20</u>
Carlisle St and Hampshire St	8:21 <u>9</u>	<u>:21                                    </u>	1:21 2:21 3:21 4:21 5:21 6:21 7:21 8:21 9:21 10	<u>):21</u>
Carlisle st and Imperial Ct	8:21 <u>9</u> :	21 10:21 11:2	1:21 <u>2:21</u> 3:21 <u>4:21</u> 5:21 <u>6:21</u> 7:21 <u>8:21</u> 9:21 <u>1</u>	<u>):21</u>
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Dorset St and Hampshire St	8:26 <b>9</b>	<u>:26 10:26 11:2</u>	1:26 2:26 3:26 4:26 5:26 6:26 7:26 8:26 9:26 1	<u>0:26</u>
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South Dr and Fairway St	8:28 <u>9</u> :	28 10:28 <b>11:2</b>	1:28 2:28 3:28 4:28 5:28 6:28 7:28 8:28 9:28 10	<u>0:28</u>
South Dr and Elizabeth St	8:28 <u>9</u>	28 10:28 11:2	1:28 2:28 3:28 4:28 5:28 6:28 7:28 8:28 9:28 1	<u>0:28</u>
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Walgreens-Medical Plaza	8:32 <u>9</u> :	32 10:32 11:3	LUNCH 1:32 2:32 3:32 4:32 5:32 6:32 7:32 8:32 9:32 10	<u>0:32</u>
Clubhouse	8:35 <b>9</b> :	35 10:35 11:35	1:35 2:35 3:35 4:35 5:35 6:35 7:35 8:35 9:35 10	<u>):35</u>
Publix	8:45 <u>9</u> :	<u>10:45</u> 10:45	1:45 2:45 3:45 4:45 5:45 6:45 7:45 8:45	L

Times vary
according to
the number
of people
that the
driver must
help when
entering or
leaving the
bus. Please
be at the
bus stop
10 minutes
before
time.

Mon, Wed Seniors Vs Crime 1:00 To 3:00 Pm Friday Seniors Vs Crime 10:00 to Noon

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## **AUGUST-INTERNAL BUS ROUTE - 2**

#### PLEASE HAVE YOUR ID READY FOR THE DRIVER

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Hastings A-B  8:27 9:27 10:27 11:27  1:27 2:27 3:27 4:27 5:27 6:27 7:27 8:27 9:27 10:27  Glencoe St and Falkirk St  8:28 9:28 10:28 11:28  1:28 2:28 3:28 4:28 5:28 6:28 7:28 8:28 9:28 10:28  Falkirk St and Essex St  8:28 9:28 10:28 11:28  1:28 2:28 3:28 4:28 5:28 6:28 7:28 8:28 9:28 10:28  Cardiff St and Essex St  8:29 9:29 10:29 11:29  1:29 2:29 3:29 4:29 5:29 6:29 7:29 8:29 9:29 10:29  Coventry C  8:30 9:30 10:30 11:30 DRIVER 1:30 2:30 3:30 4:30 5:30 6:30 7:30 8:30 9:30 10:30  Walgreens-Medical Plaza  8:32 9:32 10:32 11:32 LUNCH 1:32 2:32 3:32 4:32 5:32 6:32 7:32 8:32 9:32 10:32  Clubhouse  8:35 9:35 10:35 11:35  1:36 2:36 3:40 4:40 5:40 6:40 7:40 8:40				_
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Falkirk St and Essex St       8:28 9:28 10:28 11:28       1:28 2:28 3:28 4:28 5:28 6:28 7:28 8:28 9:28 10:28         Cardiff St and Essex St       8:29 9:29 10:29 11:29       1:29 2:29 3:29 4:29 5:29 6:29 7:29 8:29 9:29 10:29         Coventry C       8:30 9:30 10:30 11:30 DRIVER 1:30 2:30 3:30 4:30 5:30 6:30 7:30 8:30 9:30 10:30         Walgreens-Medical Plaza       8:32 9:32 10:32 11:32 LUNCH 1:32 2:32 3:32 4:32 5:32 6:32 7:32 8:32 9:32 10:32         Clubhouse       8:35 9:35 10:35 11:35 11:35 1:35 2:35 3:35 4:35 5:35 6:35 7:35 8:35 9:35 10:35         Publix       8:40 9:40 10:40 11:40 11:40 1:40 2:40 3:40 4:40 5:40 6:40 7:40 8:40				_
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Coventry C       8:30 9:30       10:30 11:30       DRIVER       1:30 2:30 3:30 4:30 5:30 6:30 7:30 8:30 9:30 10:30         Walgreens-Medical Plaza       8:32 9:32       10:32 11:32       LUNCH       1:32 2:32 3:32 4:32 5:32 6:32 7:32 8:32 9:32 10:32         Clubhouse       8:35 9:35 10:35 11:35       1:35 2:35 3:35 4:35 5:35 6:35 7:35 8:35 9:35 10:35         Publix       8:40 9:40 10:40 11:40       1:40 2:40 3:40 4:40 5:40 6:40 7:40 8:40				_
Walgreens-Medical Plaza       8:32 9:32 10:32 11:32 LUNCH 1:32 2:32 3:32 4:32 5:32 6:32 7:32 8:32 9:32 10:32         Clubhouse       8:35 9:35 10:35 11:35       1:35 2:35 3:35 4:35 5:35 6:35 7:35 8:35 9:35 10:35         Publix       8:40 9:40 10:40 11:40       1:40 2:40 3:40 4:40 5:40 6:40 7:40 8:40				_
Clubhouse       8:35       9:35       10:35       11:35       1:35       2:35       3:35       4:35       5:35       6:35       7:35       8:35       9:35       10:35         Publix       8:40       9:40       10:40       11:40       1:40       2:40       3:40       4:40       5:40       6:40       7:40       8:40				
Publix 8:40 9:40 10:40 11:40 1:40 2:40 3:40 4:40 5:40 6:40 7:40 8:40				_
				<u>5</u>
Dlagga Natai On Saturdaye all internal huc routes will drop off at Anchoi Shalam on the 0,00 Am run Manday thru Eriday intern				

Times vary
according to
the number
of people
that the
driver must
help when
entering or
leaving the
bus.

Please be at the bus stop 10 minutes before time.

All
internal
buses
will On
REQUEST
complete
Perimeter
Drive Run
at 11:45

Please Note: On Saturdays all internal bus routes will drop off at Anshei Sholom on the 9:00 Am run. Monday thru Friday internal bus

# **AUGUST-INTERNAL BUS ROUTE - 3**

#### PLEASE HAVE YOUR ID READY FOR THE DRIVER

Clubhouse	8:00 <u>9:00</u> 10:00 <u>11:00</u> DR	RIVERS 1:00 2:00 3:00 4:00 5:00 6:00 7:00 8:00 9:00 10:00
Century Blvd and East Dr	8:01 <u>9:01</u> 10:01 <u>11:01</u> LU	UNCH 1:01 2:01 3:01 4:01 5:01 6:01 7:01 8:01 9:01 10:01
East Dr and Dover A-B	8:02 <u>9:02</u> 10:02 <u>11:02</u>	1:02 2:02 3:02 4:02 5:02 6:02 7:02 8:02 9:02 10:02
South Dr and Dover B	8:03 <u>9:03</u> 10:03 <u>11:03</u>	1:03 2:03 3:03 4:03 5:03 6:03 7:03 8:03 9:03 10:03
Fairway Dr and Carlisle St	8:04 <u>9:04</u> 10:04 <u>11:04</u>	1:04 2:04 3:04 4:04 5:04 6:04 7:04 8:04 9:04 10:04
Greenbrier B	8:05 <u>9:05</u> 10:05 <u>11:05</u>	1:05 2:05 3:05 4:05 5:05 6:05 7:05 8:05 9:05 10:05
Greenbrier C	8:05 <u>9:05</u> 10:05 <u>11:05</u>	1:05 2:05 3:05 4:05 5:05 6:05 7:05 8:05 9:05 10:05
Greenbrier A	8:06 <u>9:06</u> 10:06 <u>11:06</u>	1:05 2:06 3:06 4:06 5:06 6:06 7:06 8:06 9:06 10:06
Greenbrier and Elizabeth St	8:06 <u>9:06</u> 10:06 <u>11:06</u>	1:05 2:06 3:06 4:06 5:06 6:06 7:06 8:06 9:06 10:06
Southampton by the POOL	8:07 <u>9:07</u> 10:07 <u>11:07</u>	1:07 2:07 3:07 4:07 5:07 6:07 7:07 8:07 9:07 10:07
Southampton B	8:07 <u>9:07</u> 10:07 <u>11:07</u>	1:07 2:07 3:07 4:07 5:07 6:07 7:07 8:07 9:07 10:07
Southampton A	8:08 <u>9:08</u> 10:08 <u>11:08</u>	1:08 2:08 3:08 4:08 5:08 6:08 7:08 8:08 9:08 10:08
Fairway St and Dorset St	8:08 <u>9:08</u> 10:08 <u>11:08</u>	1:08 2:08 3:08 4:08 5:08 6:08 7:08 8:08 9:08 10:08
Dorset St and Glencoe	8:09 <u>9:09</u> 10:09 <u>11:09</u>	1:09 2:09 3:09 4:09 5:09 6:09 7:09 8:09 9:09 10:09
Glencoe St and Carlisle St	8:09 <u>9:09</u> 10:09 <u>11:09</u>	1:09 2:09 3:09 4:09 5:09 6:09 7:09 8:09 9:09 10:09
Glencoe St and South Dr	8:10 <u>9:10</u> 10:10 <u>11:10</u>	1:10 2:10 3:10 4:10 5:10 6:10 7:10 8:10 9:10 10:10
South Dr and fairway St	8:10 9:10 10:10 11:10 DR	RIVERS 1:10 2:10 3:10 4:10 5:10 6:10 7:10 8:10 9:10 10:10
South Dr and Elizabeth St	8:11 <u>9:11</u> 10:11 <u>11:11</u> LU	JNCH 1:11 2:11 3:11 4:10 5:11 6:11 7:11 8:11 9:11 10:11
East Dr and Golf's Edge 12-14	8:11 <u>9:11</u> 10:11 <u>11:11</u>	1:11 2:11 3:11 4:11 5:11 6:11 7:11 8:11 9:11 10:11
East Dr and Golf's Edge 2	8:12 <u>9:12</u> 10:12 <u>11:12</u>	1:12 2:12 3:12 4:12 5:12 6:12 7:12 8:12 9:12 10:12
East Dr and Bath St	8:12 <u>9:12</u> 10:12 <u>11:12</u>	1:12 2:12 3:12 4:12 5:12 6:12 7:12 8:12 9:12 10:12
East Dr and Clinton st	8:13 <u>9:13</u> 10:13 <u>11:13</u>	1:13 2:13 3:13 4:13 5:13 6:13 7:13 8:13 9:13 10:13
Norwich F	8:13 <u>9:13</u> 10:13 <u>11:13</u>	1:13 2:13 3:13 4:13 5:13 6:13 7:13 8:13 9:13 10:13
Falkirk St and Avon Ave	8:14 <u>9:14</u> 10:14 <u>11:14</u>	1:14 2:14 3:14 4:14 5:14 6:14 7:14 8:14 9:14 10:14
Avon Ave and Elgin St	8:15 <u>9;15</u> 10:15 <u>11:15</u>	1:15 2:15 3:15 4:15 5:15 6:15 7:15 8:15 9:15 10:15
Norwich E	8:16 <u>9:16</u> 10:16 <u>11:16</u>	1:16 2:16 3:16 4:16 5:16 6:16 7:16 8:16 9:16 10:16
Elgin St and Cardiff St	8:17	1:17 2:17 3:17 4:17 5:17 6:17 7:17 8:17 9:17 10:17
Cardiff Sty and Devon	8:17 <u>9:17</u> 10:17 <u>11:17</u>	1:17 2:17 3:17 4:17 5:17 6:17 7:17 8:17 9:17 10:17
Norwich h	8:18 <u>9:18</u> 10:18 <u>11:18</u>	1:18 2:18 3:18 4:18 5:18 6:18 7:18 8:18 9:18 10:18
Devon and Avon Ave	8:18 <u>9:18</u> 10:18 <u>11:18</u>	1:18 2:18 3:18 4:18 5:18 6:18 7:18 8:18 9:18 10:18
North Dr and Avon Ave	8:19 9:19 10:19 11:19 DRIV	VERS 1:19 2:19 3:19 4:19 5:19 6:19 7:19 8:19 9:19 10:19
North Dr and Borden St	8:19 <u>9:19</u> 10:19 <u>11:19</u> LUN	ICH 1:19 2:19 3:19 4:19 5:19 6:19 7:19 8:19 9:19 10:19
Borden St and Clinton St	8:20 <u>9:20</u> 10:20 <u>11:20</u>	1:20 2:20 3:20 4:20 5:20 6:20 7:20 8:20 9:20 10:20
Easthampton E	8:20 <u>9:20</u> <u>10:20</u> <u>11:20</u>	1:20 2:20 3:20 4:20 5:20 6:20 7:20 8:20 9:20 10:20
Clinton and Avon Ave	8:21 <u>9:21</u> 10:21 <u>11:21</u>	1:21 2:21 3:21 4:21 5:21 6:21 7:21 8:21 9:21 10:21
Avon Ave and Bath St	8:21 <u>9:21</u> 10:21 <u>11:21</u>	1:21 2:21 3:21 4:21 5:21 6:21 7:21 8:21 9:21 10:21
Avon Ave and Ascot Ave	8:22 <u>9:22</u> 10:22 <u>11:22</u>	1:22 2:22 3:22 4:22 5:22 6:22 7:22 8:22 9:22 10:22
Salisbury A	8:23 <u>9:23</u> 10:23 <u>11:23</u>	1:23 2:23 3:23 4:23 5:23 6:23 7:23 8:23 9:23 10:23
Borden St and Bath St	8:24 <u>9:24</u> 10:24 <u>11:24</u>	1:24 2:24 3:24 4:24 5:24 6:24 7:24 8:24 9:24 10:24
Walgreens-Medical Plaza	8:25 <u>9:25</u> 10:25 <u>11:25</u>	1:25 2:25 3:25 4:25 5:25 6:25 7:25 8:25 9:25 10:25
Clubhouse	8:28 <u>9:28</u> 10:28 <u>11:28</u>	1:28 2:28 3:28 4:28 5:28 6:28 7:28 8:28 9:28 10:28
Publix	8:35 <u>9:35</u> 10:35 <u>11:35</u>	1:35

Times vary
according to
the number
of people
that the
driver must
help when
entering or
leaving the
bus.

Please be at the bus stop 10 minutes before time.

All internal buses will On REQUEST complete Perimeter Drive Run at 11:45

### **AUGUST-EXTERNAL BUS SCHEDULES**

#### PLEASE HAVE YOUR ID READY FOR THE DRIVER

SHUTTLE BUS (Mon-Fri)	Mon	-Fri Pe	rimete	r run at 1	2:45			
Clubhouse	9:00	10:00	11:00	DRIVERS	1:00	2:00	3:00	4:00
Family Dollar(Wed,Thur and Fri)	9:07	10:07	11:07		1:07	2:07	3:07	4:07
Imaging Center	9:10	10:10	11:10		1:10	2:10	3:10	4:10
Library	9:15	10:15	11:15	LUNCH	1:15	2:15	3:15	4:15
Humana	9:18	10:18	11:18		1:18	2:18	3:18	4:18
UCO	9:21	10:21	11:21		1:21	2:21	3:21	4:21
Walmart/Jog	9:25	10:25	11:25		1:25	2:25	3:25	4:25
Publix(home depot plaza-Jog Rd)	9:28	10:28	11:28	DRIVERS	1:28	2:28	3:28	4:28
Century Plaza	9:31	10:31	11:31		1:31	2:31	3:31	4:31
Emporium Shoppes	9:37	10:37	11:37	LUNCH	1:37	2:37	3:37	<u>4:37</u>
Goodwill	9:41	10:41	11:41		1:41	2:41	3:41	4:41
Post Office drop off/pick up	Tuesday	and Th	nursday (	Only		2:46	3:46	
Perimeter Drive	C	n requ	est		C	n Req	uest	
Clubhouse	9:58	10:58	11:58		1:58	2:58	3:58	4:58
MALL BUS (Mon-Fri)								
Clubhouse	9:00	10:00	11:00	DRIVERS	1:00	2:00	3:00	<u>4:00</u>
Dr Sapenoff	9:09	10:09	11:09		1:09	2:09	3:09	<u>4:09</u>
Pine Trail	9:14	10:14	11:14	LUNCH	1:14	2:14	3:14	<u>4:14</u>
Walmart/Military Trl Mon-Tue-wed	9:23	10:23	11:23		1:23	2:23	3:23	4:23
President's Market Thursday Only			11:25		1:25			
Palm Beach Outlets Friday Only		10:23				<u>2:30</u>		
Winn Dixie/Ross No Friday service	9:34	10:34	11:34		1:35	2:40	3:40	<u>4:40</u>
Dollar Tree/Aldi's No Friday service	9:38	10:38	11:38	DRIVERS	1:45	2:45	3:45	<u>4:45</u>
Church No Friday 10:41 and 2:48	9:41		11:41		1:48		3:48	<u>4:48</u>
Village Commons	9:43	10:48	11:48	LUNCH	1:52	2:52	3:52	<u>4:52</u>
Clubhouse	9:53	10:53	11:53		1:58	2:58	3:58	<u>4:58</u>
PUBLIX EXPRESS (Mon-Fri)	Mon-F	ri Peri	meter	Run 8:45	and 12	:50		
Clubhouse	9:00	10:00	11:00		1:00	2:00	3:00 4	:00
Morse	9:10				1:10			
Publix	9:20	10:15	11:15		1:20	2:15	3:15 <u>4</u>	:15
A	S REQ	UESTED	POINTS	OF SERVIC	E			

#### **EXCURSION TRIPS**

Wednesday AUG 2 PGA Mall

Saturday AUG 12 Wellington Mall(Farmers

Market inside the Mall)

Wednesday AUG 16 Festival Flea Market
Wednesday AUG 23 Town Center Mall

# EXCURSIONS DEPART CLUBHOUSE AT 10:00A.M AND RETURN ABOUT 3:00P.M

You will be told the time to come back to the bus by the driver and also when you sign in before leaving. If you are NOT returning with our bus please notify the driver.

THE FOLLOWING FEDERAL HOLIDAYS WE WILL ONLY USE THE COMBO RUN BUS.

**Monday SEP 4 LABOR DAY** 

**Monday OCT 9 COLUMBUS DAY** 

**Friday NOV 10 VETERANS DAY** 

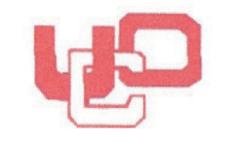
**Thursday NOV 23 THANKSGIVING** 

**Monday DEC 25 CHRISTMAS DAY** 

<b>COMBO RUN (Saturdays)</b>	Perimeter Run at 12:4!	<mark>5</mark>	
Clubhouse	9:00 <u>10:00</u> 11:00	DRIVERS	1:00 2:00 3:00 4:00 5:00
Village Commons	9:10 <u>10:10</u> 11:10		1:10 2:10 3:10 4:10 5:10
Church	9:15 <u>10:15</u> 11:15	LUNCH	1:15
Pine Trail	9:22 <u>10:22</u> 11:22		1:22
Walmart/Military	9:30 <u>10:30</u> 11:30		1:30 <b>2:30</b> 3:30 <b>4:30</b> 5:30
Winn Dixie/Kmart	9:37 <u>10:37</u> <u>11:37</u>		1:37
Emporium Shoppes	9:42 <u>10:42</u> 11:42		1:42
Goodwill	9:48 <u>10:48</u> <u>11:48</u>		1:48
Perimeter Dr	ON REQU	EST	<u>.</u>
Clubhouse	9:58 <u>10:58</u> 11:58		1:58
COMBO RUN (Sundays an	d holidays) Perimeter F	Run at 12:	<mark>45</mark>
COMBO RUN (Sundays an Clubhouse	d holidays) Perimeter F 9:00 10:00 11:00	Run at 12: DRIVERS	45 1:00 2:00 3:00 4:00 5:00
, ,	• •		
Clubhouse	9:00 <u>10:00</u> <u>11:00</u>		1:00 2:00 3:00 4:00 5:00
Clubhouse Pine trail	9:00 10:00 11:00 9:10 10:10 11:10	DRIVERS	1:00 2:00 3:00 4:00 5:00 1:10 2:10 3:10 4:10 5:10
Clubhouse Pine trail Walmart/Military	9:00 10:00 11:00 9:10 10:10 11:10 9:15 10:15 11:15	DRIVERS	1:00     2:00     3:00     4:00     5:00       1:10     2:10     3:10     4:10     5:10       1:15     2:15     3:15     4:15     5:15
Clubhouse Pine trail Walmart/Military Winn Dixie/Kmart	9:00 10:00 11:00 9:10 10:10 11:10 9:15 10:15 11:15 9:22 10:22 11:22	DRIVERS	1:00     2:00     3:00     4:00     5:00       1:10     2:10     3:10     4:10     5:10       1:15     2:15     3:15     4:15     5:15       1:22     2:22     3:22     4:22     5:22
Clubhouse Pine trail Walmart/Military Winn Dixie/Kmart Church	9:00 10:00 11:00 9:10 10:10 11:10 9:15 10:15 11:15 9:22 10:22 11:22 9:30 10:30 11:30	DRIVERS	1:00     2:00     3:00     4:00     5:00       1:10     2:10     3:10     4:10     5:10       1:15     2:15     3:15     4:15     5:15       1:22     2:22     3:22     4:22     5:22       1:30     2:30     3:30     4:30     5:30
Clubhouse Pine trail Walmart/Military Winn Dixie/Kmart Church Village Commons	9:00 10:00 11:00 9:10 10:10 11:10 9:15 10:15 11:15 9:22 10:22 11:22 9:30 10:30 11:30 9:35 10:35 11:35	DRIVERS	1:00     2:00     3:00     4:00     5:00       1:10     2:10     3:10     4:10     5:10       1:15     2:15     3:15     4:15     5:15       1:22     2:22     3:22     4:22     5:22       1:30     2:30     3:30     4:30     5:30       1:35     2:35     3:35     4:35     5:35
Clubhouse Pine trail Walmart/Military Winn Dixie/Kmart Church Village Commons Emporium Shoppes	9:00 10:00 11:00 9:10 10:10 11:10 9:15 10:15 11:15 9:22 10:22 11:22 9:30 10:30 11:30 9:35 10:35 11:35 9:42 10:42 11:42	<u>LUNCH</u>	1:00     2:00     3:00     4:00     5:00       1:10     2:10     3:10     4:10     5:10       1:15     2:15     3:15     4:15     5:15       1:22     2:22     3:22     4:22     5:22       1:30     2:30     3:30     4:30     5:30       1:35     2:35     3:35     4:35     5:35       1:42     2:42     3:42     4:32     5:42

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#### HASTINGS FITNESS CENTER CLASS SCHEDULE

#### OCTOBER 2016-17

MON	MONDAY		<u>TUESDAY</u> <u>WEDNESDAY</u>		WEDNESDAY		WEDNESDAY		WEDNESDAY		SDAY	FRI	DAY
			ADVANCED AEROBICS 8:30 - 9:15AM		LOW INPACT AEROBICS 8:30 - 9:15AM AQUATIC		ADVANCED AEROBICS 8:30 - 9:15AM		OBICS 9:15AM				
9:00 - 10:00AM AT CAMDEN POOL BY: THERESA WATER	FUNCTIONAL WEIGHT TRAINING 9:30 - 10:15AM			9:00 - 10:00AM AT CAMDEN POOL BY: THERESA WATER	FUNCTIONAL WEIGHT TRAINING 9:30 - 10:15AM			9:00 - 10:00AM AT CAMDEN POOL BY: THERESA WATER	FUNCTIONAL WEIGHT TRAINING 9:30 - 10:15AM				
10:00 - 11:00AM BY: ARLEEN	HATHA YOGA 10:30 - 12:00PM	ZUMBA GOLD (PAID CLASS) 11:15 - 12:15AM	AQUAROBICS 10:45 - 11:30AM	10:00 - 11:00AM BY: ARLEEN	HATHA YOGA 10:30 - 12:00PM	TAI-CHI (PAID CLASS) 11:00 - 12:00PM BY: DOROTHY	AQUAROBICS 10:45 - 11:30AM	10:00 - 11:00AM BY: ARLEEN	HATHA YOGA 10:30 - 12:00PM				
		BY: PATRICIA	CONSULTATION 12:00 - 1:00PM				CONSULTATION 12:00 - 1:00PM		BY: BLANCA				
			LUN	ICH				12:00	- 1:00PM				
CHAIR YOGA BEGINNERS YOGA 2:00 - 3:30PM		SIT & FIT 2:00 - 3:00PM		BEGINNERS YOGA 2:00 - 3:30PM		1:00 - 2:00PM  STRETCHING 2:00 - 3:00PM							
	DANCE AI 8:30 - 9 AQUATIC ZUMBA 9:00 - 10:00AM AT CAMDEN POOL BY: THERESA  WATER AEROBICS 10:00 - 11:00AM BY: ARLEEN  BODY BA 12:30 - 4	DANCE AEROBICS 8:30 - 9:15AM  AQUATIC ZUMBA 9:00 - 10:00AM AT CAMDEN POOL BY: THERESA  WATER AEROBICS 10:00 - 11:00AM BY: ARLEEN  BODY BALANCE 12:30 - 1:00PM  CHAIR YOGA	DANCE AEROBICS 8:30 - 9:15AM  AQUATIC ZUMBA 9:00 - 10:00AM AT CAMDEN POOL BY: THERESA  WATER AEROBICS 10:00 - 11:00AM BY: ARLEEN  HATHA YOGA 10:30 - 12:00PM  BODY BALANCE 12:30 - 1:00PM  CHAIR YOGA  ADVANCED 8:30 - 1 8:	DANCE AEROBICS 8:30 - 9:15AM  AQUATIC ZUMBA 9:00 - 10:00AM AT CAMDEN POOL BY: THERESA  WATER AEROBICS 10:00 - 11:00AM BY: ARLEEN  HATHA YOGA 10:30 - 12:00PM  PILATES 9:30 - 10:15AM  AQUAROBICS 10:45 - 11:30AM PERSONAL FITNESS CONSULTATION 12:00 - 1:00PM  LUN  CHAIR YOGA  BEGINNERS YOGA	DANCE AEROBICS   8:30 - 9:15AM   ADVANCED AEROBICS   8:30 - 3	DANCE AEROBICS   8:30 - 9:15AM   AQUATIC   ZUMBA   9:00 - 10:00AM   AT CAMDEN POOL   BY: THERESA   WEIGHT   TRAINING   9:30 - 10:15AM   BY: ARLEEN   AQUARDICS   10:45 - 11:30AM   BY: ARLEEN   AQUARDICS   10:45 - 11:30AM   BY: ARLEEN   AQUARDICS   10:30 - 12:00PM   EVENTAGE   ACCOUNTY   ACCOUNTY	DANCE AEROBICS   8:30 - 9:15AM	DANCE AEROBICS   8:30 - 9:15AM   ADVANCED AEROBICS   8:30 - 9:15AM   AQUATIC   ZUMBA   9:00 - 10:00AM   AT CAMDEN POOL   BY: THERESA   TRAINING   9:30 - 10:15AM   BY: ARLEEN   AQUAROBICS   10:00 - 11:00AM   BY: ARLEEN   AQUAROBICS   10:30 - 12:00PM   BY: PATRICIA   BY: PATRICIA   BODY BALANCE   12:30 - 1:00PM   DATA   12:30 - 1:00PM   BEGINNERS YOGA   BEGINNE	DANCE AEROBICS   8:30 - 9:15AM				

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UPPER FLOOR, CORNER, 1 BED 1.5/2 BATH		40 CHATHAM B Waterview, furniture negotiable. Lots of light! Beautiful sunrise on the water!! Quartz counter top	os.
151 ANDOVER F Furnished, ceramic tile, central air conditioning, garden view, security gate, clubhouse,	ć42.000	New stainless steel appliances with a newer kitchen with state of the art cabinets.	\$89,000
fitness center <b>20 WINDSOR A</b> Outside corner, furn, waterview, two year rest on rental, near the west gate, steps to condo	\$42,000 \$42,000	<b>130 BEDFORD E</b> Outside corner, unfurnished, garden view, tenant in place central air conditioning, serene area and lots of light	\$53,000
116 EASTHAMPTON E Unfurn, ceramic tile flooring, neast east gate, tankless h2o heater, stall shower!	ć20 000	73 CANTERBURY C This unit is tenant in place, lots of upgrades, unfurn, close to either gate, amenities galore!	\$59,900
Lots of light!  164 EASTHAMPTON G Near east gate, cent. A/c, near clubhouse. Lots of space and lots of light! Priced to sell!	\$39,900 \$39,900	<b>288 NORWICH L</b> Unfurnished, out side corner, rentable, serene area, ceramic tile flooring, carpet in bedrooms, newer kitchen	\$49,900
<b>272 WINDSOR L</b> Well taken care of unit ceramic tile flooring, crown molding, low cost for laundry. Hurricane and bahama shutters	\$38,000	<b>323 WINDSOR N</b> Inside corner, furnished, pet friendly, near the west gate, ceramic tile flooring,	ċ40 000
184 DORCHESTER H Spectacular waterview! Newer kitchen, 2 full baths, lift in building, beautifully furnished,	<b>330,000</b>	central air conditioning, ready!  GROUND FLOOR CORNER, 2 BED, 1.5/2 BATH	\$49,900
comm. Patio. Upgrades! 237 COVENTRY J Wood flooring, knock down wall in kitchen, furnished, dishwasher, mirrorred doors in hallway,	\$55,000	<b>313 CHATHAM P</b> Absolutely a beaut! Outside corner, newer everything, tenant in place, dec delight,	
near east gate!	\$39,900	ceramic tile floors  351 NORTHAMPTON R Outside corner, rentable, com patio steps from condo, washer, dryer, lots of light,	\$65,000
<b>69 NORWICH C</b> This unit is near the east gate, and the Hastings Fitness center, well taken care of, central air, furnished	\$39,900	custom blinds	\$57,000
44 WALTHAM B Beautifully furnished corner unit, central a/c, near pool and clubhouse, small dog ok	\$39,000	<b>128 CAMDEN F</b> Outside corner, waterview, rentable, ceramic tile flooring, close to parking, near kent pool & west gate, this condo is a great investment.	\$55,000
<b>68 CAMDEN C</b> This condo has upgrades to include: newer kitchen, ceramic tile flooring, crown molding newer baths, unfurnished, water view, knock down wall in kitchen, hurricane shutters, near the camden pool and the		154 CAMBRIDGE G This condo is in excellent condition, ceramic tile flooring, beautiful furnishings,	•
west gate. This building has a gorgeous patio with bbq.	\$47,000	steps to pool, no pets	\$59,900
GROUND FLOOR CORNER 1BED 1.5 BATH  323 SHEFFIELD N Ceramic tile flooring, freshly painted, enclosed patio, knock down wall in kitchen, comm. Patio.	¢45 000	GROUND FLOOR 2 BED, 1.5/2 BATH  101 KENT G Newer kitchen, stall shower, built-in for ex storage, newer baths, mirrored walls, cl to parking nr pool	\$62,500
164 BEDFORD G Beautiful wood flooring, newer appliances, updates through-out, waterview, lots of light,	\$ <del>4</del> 3,000	<b>156 CANTERBURY G</b> New bath shower, lots of upgrades, shows beautifully, quiet and very serene, lots of breezes!	
inside corner <b>199 SHEFFIELD I</b> Furnished, ceramic tile flooring, inside corner, near the hastings fitness center and pool,	\$45,000	<b>111 OXFORD 200</b> Ceramic tile, unfurn, washer/dryer allowed, pet friendly, newer kitchen/baths, step to pool and laundry.	\$65,000
desirable area!	\$41,000	UPPER FLOOR 2 BED, 1.5/2 BATH	
<b>112 OXFORD 400</b> Development has its own pool, ceramic tile & carpet, central a/c, washer included, patio has garden view, tenant in place(not rentable to new owners) furniture neg., New garbage disposal, comm. Patio	\$42,000	<b>135 CAMBRIDGE F</b> Absolutely beautiful! Wood flooring and carpet in LR, rentable, near pools, upgrades galore! Come see!	\$87,500
UPPER FLOOR 1BED. 1.5 BATH	¥ 1=/000	252 WELLINGTON H Beautifully renovated, and ready for move in, waterview, pretty ceramic tile flooring,	707,300
156 KENT I Ceramic tile flooring, lift inc. Rentable, near kent pool, furn. Lots of light, beauty!	\$35,000	furnishings for a model, new air conditioning 2017  110 SOMERSET F Completely renovated, waterview that takes your breath, move right into, cul-de-sac,	5124,000
206 EASTHAMPTON I Handy man special! Tenant in place, garden view, carpet, near the east gate and clubhouse 158 EASTHAMPTON G Newer shower, unfurnished, rentable, new impact windows, new hot H2O,	? \$22,000	walking distance to tennis & pool	\$84,900
community patio, near east gate	\$39,900	<b>206 WELLINTON C</b> Lots of upgrades to include tile shower, new tile floor, new toilet, lake view, very lovely unit!!	124,900
151 HASTINGS I Absolutely beautiful, newer furniture, steps to pool and fitness, rentable, well taken care of. 198 NORTHAMTPON J Waterview, fully furnished, carpet. Laundry on 2nd floor and first floor,	\$39,900	<b>450 WELLINGTON H</b> Newer kitchen, hurricane shutters, ECM contract, hot water heater, - 5 yrs old, a/c - 2 yrs old	d,
storm shutters in storage area. 436 DOVER B Beautiful condo! Furnished, tile, enclosed patio overlooking a spectacular waterview,	\$28,000	ceramic tile, 6 fans, close to west gate, furniture negotiable- building upgrades, near catwalk & led lights  93 KENT F Ceramic tile, unfurn, steps to Kent pool, cul-de-sac, central air, enclosed patio, heart of the community	\$114,900 \$55,000
near the east gate	\$95,000	25 Kant I Celanic die, aman, steps to tem poor, car de say central an, enclosed party near or the community	433,000
23 CAMBRIDGE A Furn., Ceramic tile, rentable, near west gate & camden pool, ready to move into	\$42,000	ANNUAL RENTALS	
GROUND FLOOR, 1 BED, 1 BATH  30 SHEFFIELD B Newer kitchen, newer shower, pristine, waterview, ceramic tile flooring, 2 AC units,		GROUND FLOOR 1 BED, 1 BATH:	
steps to parking	\$36,700	191 CHATHAM J Beautiful, central air, wood floors, extra clean and ready to move into, heart of community	\$850
<b>119 BERKSHIRE F</b> Upgrades to include ceramic tile floors, new shower, rentable, steps to parking, turn key, furnished, dishwasher, this condo has lots of light and is close to the Kent pool and the west gate.	\$36,800	<b>354 NORTHAMPTON R</b> Unfurnished, ceramic tile floors, close to parking, and close to kent pool, great building <b>55 CAMBRIDGE C</b> Unfurnished, ceramic tile, steps to laundry & parking, cul-de-sac, security gate house, clubhou	<b>\$825</b> ise <b>\$875</b>
<b>167 WINDSOR H</b> Beauty, ceramic tile flooring, unfurnished, knock down wall in kitchen, steps to parking, near west gate	\$37,000	126 SALISBURY F Unfurnished, ceramic tile, steps to laundry & parking , near east gate, clubhouse, bike trail	\$875
146 CAMBRIDGE G Beautiful pergo wood flooring, unfurnished, well taken care of condo, new counter top and	•	<b>149 CAMDEN G</b> Unfurnished, completely redone, central air conditioning, garden view, near west gate, security	\$875
backsplash, shows pretty, and is ready to move into  103 SUSSEX F Furn., carpet, near elevator, garbage shoots on each floor, owner motivated, pool, front of bldg!!	\$30,400	<u>UPPER FLOOR 1 BED 1 BATH:</u> 91 COVENTRY D Beautiful ceramic tile flooring, furnished, near the fitness center, new range, lots of light, compa	ntio <b>\$875</b>
Cul-de-sac!	\$39,500	<b>391 NORTHAMPTON S</b> Unfurnished, ceramic tile flooring, lift incl. Near pool, move in ready, freshly painted,	
<b>357 NORTHAMPTON R</b> Steps to parking, across Kent pool and mailboxes. Great association!! Near east gate and clubhouse. Turn key! Garden view	\$32,000	nr west gate <b>394 NORTHAMPTON S</b> Near Kent pool, building has lift, garden view, ready to move into. Cul-de-sac	\$850 \$800
28 CAMDEN B Furn, waterview, shows great, steps to Camden pool, near the west gate, two year restriction renta		25 CANTERBURY A Beautiful ceramic tile floors. Unfurnished, newer fridge. Near dorchester pool	\$875
322 SHEFFIELD N Newer kitchen, ceramic tile flooring, furnished, patio, quiet area, shows with lots of light & bright UPPER FLOOR 1 BED, 1 BATH	. \$37,000	<b>146 CANTERBURY F</b> Furnished, near Dorchester pool, cul-de-sac, ready to move into. Great building great people	\$800
<b>254 DORCHESTER K</b> Waterview! Great building, close to Hastings Fitness and pool! Furnished, rentable! Cul-de-sac	\$32,000	<u>UPPER FLOOR CORNER 1 BED 1.5 BATH:</u> 213 NORWICH I Beautiful condo, near the east gate, ready to move into. Lots of light!	\$875
<b>362 NORTHAMPTON R</b> Beautiful, rentable, ceramic tile flooring, newer carpet, furn. community patio, move right into, Kent pool	\$31,499	232 SUSSEX L Beautifully furnished, central A.C., ceramic tile, garden view, security gate, clubhouse, bike trail	\$950
<b>283 COVENTRY L</b> Hurricane shutters, ceramic tile, central air, serene garden view, lift, plantation shutters	\$29,900	UPPER FLOOR CORNER 2 BED 1.5/2 BATH:	¢075
166 SALISBURY G Ceramic tile flooring, garden view, comm. patio, furn, near east gate, pet only with certification 198 ANDOVER H Beauty, cul-de-sac, crown molding, furnished, upgrades galore! Great building with com. patic		<b>236 SHEFFIELD J</b> Furnished, ceramic tile flooring, quiet area, well taken care of, central air, inside corner near fitm <b>88 SHEFFIELD D</b> Near Hastings Fitness center,/pool, corner unit, lake view from patio, garden view from front	950 \$950
138 SUSSEX G Extra! Extra! Clean! Furnished, garden view, rentable, pet friendly and rentable, carpet! Near Kent poo	/ <b>\$37,000</b>	UPPER FLOOR 2 BED 1 BATH OR 1.5 BATH:	
146 CANTERBURY F Rentable building, furnished, ready to move into, cul-de-sac, close to pool and fitness center 88 BERKSHIRE D Absolutely turn key all remodeled, modern style, waterview, rentable, near pool and west gate		135 CAMBRIDGE F Wood flooring, carpt in Ir, near pool, unfurnished, or furnished. Beautiful living!	\$1,150
<b>231 BERKSHIRE K</b> Prettiest in village!!Very clean and well taken care of! Newer bath, ceramic tile in kitchen,		<b>46 NORWICH B</b> Ceramic tile flooring, unfurn, move in ready, near the east gate and clubhouse, garden view <b>93 KENT F</b> Unfurnished, ceramic tile flooring, well taken care of and ready for occupancy. Near the Kent pool	\$875 \$950
plank flooring everywhere else <b>91 SALISBURY D</b> Beautifully furnished, near east gate, clubhouse, ceramic tile flooring, move right into.	\$38,500	GROUND FLOOR 1 BED/1.5 BATH:	
Amenities galore!	\$26,000	<b>10 GOLFS EDGE C</b> Furnished, ceramic tile flooring, steps to parking, garden view, close to the east gate.	\$875
<b>151 WINDSOR G</b> Central air, furnished, tile, garden view, rentable, near the west gate and the Camden pool, great association	\$34,000	GROUND FLOOR CORNER 1 BED 1.5 BATH:  6 ANDOVED A Coramic tile flooring, incide corner furniture, lets of light, poor the west gate, heautifull.	¢07F
<b>230 DORCHESTER J</b> Ceramic tile flooring, newer hot water heater, furnished, steps to Dorchester pool and hasting fitness center	\$32,000	6 ANDOVER A Ceramic tile flooring, inside corner, furniture, lots of light, near the west gate, beautiful!! 5 WALTHAM A Furnished, ceramic tile, next to east gate, clubhouse, security gate, bike path, fitness center	\$875 \$875
187 CAMDEN H Move right into, furnished, ceramic tile flooring and carpet, enclosed patio, rental restrictions,			
near pool	\$29,900	SEASONAL RENTALS	
UPPER FLOOR CORNER 2 BED.1.5/2 BATHS 72 WALTHAM C Outside corner, tenant in place, ceramic tile flooring, near the east gate, clubhouse, great building	\$55,000	<b>254 NORTHAMPTON M</b> Fully furnished, waterview, ceramic tile, near laundry, security gate, clubhouse,	
<b>264 NORWICH K</b> Ceramic tile flooring, outside corner, tenant in place, rentable & pet friendly, lots of light <b>121 BEDFORD E</b> Some furniture, carpet, inside corner and lift in the building! Rentable lots of light!!	\$59,900 \$54,000	fitness center  143 STRATFORD K Ceramic tile, steps to parking, large spacious rooms, security gate house, bike path, fitness center	\$1,350 r \$1,350
12. DEDI VILO E Some ramitare, tarpet, inside torner and int in the validing: rentavie ivis of light:	7J71000	y	,

# RESERVES – The Monetary Fiduciary Responsibility For a Well-Run Condominium Association

#### BY DOM GUARNAGIA

For the past 10 years, my articles have dealt with maintaining your property with emphasis on your individual condo. Maintenance comes with a cost; a cost that permits us to enjoy both those necessities and other creature comforts in a way that we have been accustomed. Replacing AC filters for proper cooling is one. Changing the direction of rotation to improve air flow from your ceiling fans, another, and adding a leak detector adjacent to the water heater is yet another. Likewise, the building envelope required more extensive and expensive maintenance and these is my reasons for building reserve funds to protect the building and its occupants.

There are solid reasons to set aside both Specific and General monetary funds for future expenses that are 'common expenditures"; things that are common elements shared by all residents of an association, as well as, those sneaky pesky unforeseen unscheduled failures that occur resulting from nature's elements as materials are ravaged by heat, summer deluges, fall wind storms and normal use that jeopardize our well-being.

The suggestion here is that we must anticipate wear and tear of the following specific systems by setting the monthly fees to include funds for specific failures such as roofing, concrete railings and balusters, wood soffits and downspouts to carry run-off away from the foundation, replacing or adding landscape features to both enhance and shelter the structure.

Shingled roofs have a shorter life span when exposed to both sunlight and heat both from without and from within the 'attic' where temperatures can exceed 130 degrees F. Because there have been changes in the PBC Building Code; what passed for roofing material several years ago has been increased from 90 MPH to 130 MPH. What does this mean? When your roof has reached the point where the white granules are scarce, shingles are beginning to curl

and perhaps atop floor occupant has a small leak with a stained spot on their ceiling... it's time for a replacement.

As a Specific Reserve item, it is the responsibility of the Board of Directors to have accumulated funding for the specific use to replace the existing roof. If the cost has eluded you, begin now by getting three (3) quotes from Licensed / Insured Roofers today. That quote will be based on the new 'Code" requiring the application of threetab asphalt-impregnated fiberglassbased roof shingles that weigh 300 LB. to cover an area of 100 SF with a wind resistance of 130 MPH gust. Suppose your roof has five (5) years of useful life remaining; using the new quote, add 5% per year to that amount and that will reveal the approximate cost in 2022.

Hopefully, your Roofing Reserve has been actively increased since the last installation. The shortfall, therefore, must be spread over the next five years to avoid borrowing the necessary money from a lending institution. Using monies reserved for other contingencies will leave that from which it came, insufficient to cover the intended repairs and the Monkey will chase his tail to fund needed repairs. As a last resort, the derelict Officers will be seen with disdain, when a large 'assessment' is required to cover the cost that was not built-up over time.

Reserves for such things as painting walkways, replacing incandescent lights with energy-saving LED bulbs, tree and shrub pruning, etc., can in an emergency, be used to supplement but not replace Specific reserves.

A UCO Insurance Committee is scheduled to review this and other writings to create one cohesive report that should assist Boards on Condo Associations.



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# CLASSIFIED

Prices for the ads are \$10. All ads must be paid in advance by the 7th of the month prior to the edition they will appear. Classified ads are printed on a space available basis. Ads may be placed for 1, 2 or 3 months. Submissions must be made at the UCO office at Music Room A in the Clubhouse.

Classified advertisements may be submitted by email to the following address:

ucore porter classifieds @gmail.com

Ads submitted by email must be paid for before they will be included in the paper. All ads are subject to editing.

#### **FOR SALE:**

**Nice condo:** 1 bedroom, 1 bath. Call David: 561- 471-8124

Andover C - 2 Br. - 2Bath - Ground Floor -Corner Outside End - Wood Floor Thru Out - Kitchen Tile Floor - Dishwasher - Central Air - Walk to Temple - Furnished or Unfurnished - Includes 3 Flat Screen TV's - 3 Ceiling Fans - Enclosed Patio with outside door - Parking space at front door & bus stop - Storm shutter win-

dows - Building recently painted and new roof. \$75,000.00 Call 561-254-4484

#### **FOR RENT**

**Nice condo:** 1 bedroom, 1 bath. Call David: 561- 471-8124

# YEARLY OR SEASONAL RENTALS

**2 Bedroom** - 2 Bath - Second Floor - Seasonal \$1,250 Per Month - Yearly Lease \$950 Per Month - Call 1-561-536-8488

**1 Bedroom** - 1.5 Bath - First Floor - Seasonal \$1,200 Per Month - Yearly Lease \$750 Per Month - Call 1-561-536-8488

#### **WANTED**

**To Rent** - First Floor - 1 Bedroom - 1.5 Bath - Call 561-682-0931

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# OLITICAL

# **Property Matters**

#### ANNE M. GANNON TAX COLLECTOR, PALM BEACH COUNTY



This August Palm as Beach County children return to school, safe driving is more important than ever. According to AAA, the greatest

schoolkids face is getting on and off the bus. In this issue of Property Matters, we offer motorist and school bus safety tips to help keep our youngest residents safe.

Don't forget Tourist Development Tax is due on the 20th of every month. Also, the Property Appraiser mails a "Truth in Millage" (TRIM) Notice of Proposed Property Taxes to all property owners in August. This notice is not a bill. If you have questions about the notice, please contact the Property Appraiser's office.

#### **Back to School**

Students head back on August 14, which means the morning and afternoon commutes will get busier. Safe driving is more important than ever. Many drivers don't know the laws relating to school busses.

#### **Motorist and School Bus Safety Tips:**

- All drivers moving in either direction on a two-way street must stop for a school bus displaying a stop signal, and must remain stopped until the road is clear of children AND the school bus stop arm is withdrawn.
- On a highway divided by a paved median, all drivers moving in either direction must stop for a school bus displaying a stop signal, and must remain stopped until the road is clear of children AND the school bus stop arm is withdrawn.

barrier or an unpaved median at least 5 feet wide, drivers moving in the opposite direction do not have to stop for the bus (painted lines or pavement markings are not considered barriers). However, these motorists should slow down and watch for students loading or unloading from the bus.

On a highway divided by a raised

- · Be alert and watch for children especially near schools, bus stops, school buses and in school parking lots.
- · Pay extra attention to lower speed limits in school zones.
- Watch for and obey signals from school crossing guards.
- · Only drive or park in authorized areas to drop off or pick up children at school.

#### **Tourist Development Tax Supports County Tourism**

Tourist Development Tax (TDT) plays a vital role in sustaining local community strengthening our economy and supporting our County's tourism industry. Examples of this support include tourism

Palm Beach County residents who rent and/or lease any unit six months or less are required to pay Tourist Development Tax. Funds are due by the 20th of the month and are collected on a monthly basis. Failure to collect and pay this tax is a crime that negatively affects our communities for residents and visitors alike.

If someone you know is renting but not collecting and paying the required Tourist Development Tax, call our anonymous tip line at 561-355-3547.

#### **Check Your Mailbox**

This month, the Property Appraiser mails "Truth In Millage" (TRIM) Notice of Proposed Property Taxes to property owners. This is not a bill. These notices provide information on any proposed changes in the millage rate (tax rate) of each taxing authority and lists your property's market and assessed value. They also list exemptions applied to your property. Owners looking to appeal the market value of their property must do so with the Property Appraiser Value Adjustment Board by September 15.

Do you have a new mailing address? Verify your address and report any errors to the Property Appraiser's Office at (561) 355-2866. We use the information they have on file to mail your 2017 property tax bill in November.



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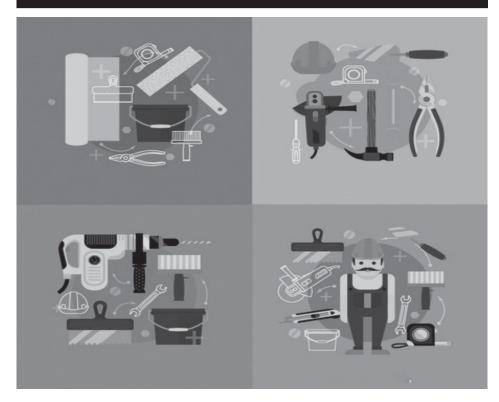
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# Around the Bases with **Irwin Cohen**

Jim Bunning accomplished something no one else in the universe ever did.

Bunning was elected to baseball's Hall of Fame and the United States Senate.

And as trivia fans know, Bunning was the only pitcher ever to strike out Ted Williams three times in a single

But I didn't like him and told him why.

Here's the story. With other youngsters during the 1955 baseball season, we went to a Tigers game. Detroit was hosting the Baltimore Orioles and we sat high up in the upper deck between the pitcher's mound and first base.

It happened to be Jim Bunning's major league debut. Bunning was tall, slim and light-haired. From a distance he looked like my favorite player, Hoot Evers, a Tigers outfielder who was traded to Boston and bounced around to four more teams.

I followed Evers religiously and thought it was sacrilegious that Bunning was wearing Evers' uniform number while with the Tigers. The first time I saw Bunning turn around and noticed number 14, I took an immediate dislike to him. Although I rooted for my home team Tigers, I wasn't too sorry that Bunning wasn't impressive in his debut and had a high earned-run average of 6.35 in 51 innings in 1955.

Three years later my classmates were playing ball on a Sunday afternoon. Following the Tigers on television with Bunning on the mound against the Red Sox, I opted to join my friends and decided to miss the last several innings.

About an hour into our game a friend arrived running from his father's car. "Bunning pitched a nohitter," he yelled. "Ted Williams made the last out," he added.

Fast forward six years to 1964. I was in New York and tuned in to the Mets game against the visiting Phillies. The Tigers had traded Bunning to Philadelphia and he was pitching that night and threw a perfect game.

Bunning won more than 100 games with the Tigers, before being traded to the Phils in 1963. Traded

to Pittsburgh in 1967, Bunning also pitched for the Los Angeles Dodgers before going back to Philadelphia in 1969 for his last two career years.

Bunning's career record was 224-184 with an earned run average of 3.27. He is the answer to the trivia questions, "Which pitcher won 100 games in each league?" (American League and National League.) And "Who pitched a no-hitter in each league?"

As a player, Bunning was known as a "clubhouse lawyer," by management. He was active in fighting for player's rights and their union and helped bring in Marvin Miller as the executive director of the players' union. After managing in the Phillies' minor league system through 1976, Bunning worked as a stockbroker before running for political office.

I had a chance to chat with Bunning on the baseball beat prior to an Old-Timers Game in the 1980s. He was sitting in the dugout at Chicago's Comiskey Park along with two other early-bird former players, Dom DiMaggio and Harmon Killebrew. While DiMaggio and Killebrew were engaged in conversation, I introduced myself to Bunning and told him I saw his debut and why his uniform number kept me from liking him.

He explained that that was the uniform number he was issued, and he would have chosen a different one if he had known of my dedication to Hoot Evers. I got an autograph from Bunning and moved to the far side of the bench listening to Bunning and Dom DiMaggio (former Red Sox outfielder and Joe's brother) talk about my favorite era--the 1950s.

In 1986, Bunning, a conservative Republican, began a string of six consecutive terms as a United States representative from Kentucky's Fourth District. He became Senator Bunning from 1998 to 2010. Known throughout his baseball career for his devotion to family, Bunning had nine children, 35 grandchildren and 14 great-grandchildren.

The tall, handsome Bunning suffered a stroke in October and died recently at age 85. Because of baseball and politics, he was part of our lives for 60 years.



# Sports of The Century—Village Sam Milham

# Random Thoughts on Sports

#### BY TED MILHAM

Editor's Note: Ted Milham is pinchhitting again this month for his brother Sam. Ted titled this piece "Random Thoughts on Sports." Perhaps more accurately it might be called "General Gripes and Some Bragging on the New York Yankees."

Why are we sports fans in the Eastern Time Zone treated so shabbily by the lords of baseball?

World Series games do not start until after 8:30 p.m., and games are already taking longer to play due to an outrageous number of commercials, pitching changes, and pitchers who take forever between pitches. Who among all of you great fans out there has not fallen asleep as a game has lumbered on past the three-hour mark? We old graybeards just do not have the staying powers of yesteryear, and the young studs have to get up early to go to work.

Football has the common sense to start the Super Bowl at 6:30 p.m., EST. Well, we can all live with that.

#### The Yankees dynasty:

Back to baseball: Has there ever been an unbroken line of succession of great ballplayers on one team as Ruth to DiMaggio to Mantle? And don't forget, playing alongside outfielder and one-time great pitcher Ruth was the great "Iron Horse," Lou Gehrig.

We all know that the greatest sports dynasty in history has been the New York Yankees. (Take this from an old Brooklyn Dodger fan.) Do you realize that there was a period from 1949 thru 1958-for ten yearswhen the Yankees won *nine* American League pennants? The only year they didn't was 1954, when they had their biggest winning season of that tenyear period, winning 103 games, only to finish a whopping 8 games behind the 111-game winning Cleveland Indians-who then went on to be swept by the 97-game winning National League champion New York Giants.

By the way, of the nine times that the Yankees got into the World Series in that stretch, they won seven times, losing only to Brooklyn in '55 and Milwaukee in '57. In 1958 it looked as if the Braves would bring down the Bronx Bombers for a second consecutive year, a truly rare occurrence. But these were the Yankees, and this does not happen. They came roaring back, took three in a row and reclaimed their place as the kings of baseball.

# Extra-inning games are exciting, not boring!

What's with Baseball Commissioner Manfred? When he took office, he said he would look into outlawing defensive shifts. That never happened, and never will, but I have to question the baseball smarts of anyone who would consider it. Now, he is looking into the feasibility of having tie games begin with an automatic man on second in every inning after the 11th inning. Commissioner, we had some weird schoolyard rules in Brooklyn due to the odd configuration of the playing fields and sometimes because of not having enough players, but this is MAJOR LEAGUE BASEBALL, right?

Fans do not mind the long war of attrition of extra-inning games; in fact, they love the competition. What they hate is the 3-hour, 55-minute 6-to-2 game with ten pitching changes. One of the great extrainning games in the early 1960s was a 16-inning game between the Braves and Giants when the winningest left hander in history, Warren Spahn, and the great Giants righthander, known as the Dominican Dandy, Juan Marichal, each went all the way. After the Giants got the Braves out in top of the 16th inning, Juan told Willie Mays, "Willie, I got nothing left." Willie said, "I'm going to take care of it this inning." When he came to bat, he launched one and everybody went home. Willie keeps his promises.

Sam Milham hosts a Channel 63 Sports Show daily at 10:00 a.m. and 4:00 p.m., as well as a Computer Radio Show Monday night at 5:00 p.m. on the WEI network.













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### **SENIORS VS. CRIME**,

a service provided to Century Village residents by volunteers working with the Palm Beach County Sheriff's office, announces new hours at the UCO Office, 2102 West Drive.

> New hours are Monday - 1:00 to 3:00 PM Wednesday - 1:00 to 3:00 PM Friday - 10:00 AM to 12:00 noon

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Found items will be held for 6 months then donated to a local charity.



### **CHANNEL 63 SCHEDULE - AUGUST 2017**

LET'S EAT **NOW YOU KNOW SPORTS TALK** MIDNIGHT MYSTERY With Al Goodman and David Givens

**ZOE FRIEDMAN & FAMILY** 

With Sam Milham and Peter Wein SPORTS DISCUSSION

**LEFTOVERS** 



# TABLE TALK

#### BY IRV RIKON

When I was still a kid, children were told there are three subjects one should not talk about in polite society: sex, religion, and politics.

Sex? Parents might have spoken about the birds and the bees. Those winged creatures laughed, the birds chirping, "Human beings are so dumb! None of them asked how we FLY." The bees buzzed, "How y' doin', Honey? Sex? I don't have to teach MY kids sex! They know already!" But times change. Today people don't just talk about sex.

Religion? Folks now prattle on about Islam, even if they know nothing about it. Some persons are not prejudiced. They hate everyone equally.

Politics? Forget Republicans. Forget Democrats. Conservatives? Liberals? No! No! No! Nowadays everyone has a Trump card and is playing it! With regard to the President, my family is so divided about him, a feud has started, so no one in our home is speaking to anyone about anything.







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# Good Samaritan Community Connections Medical Center



#### Kimmerle "K.C." Cohen, MD **Surgical Oncologist**

Dr. Kimmerle "K.C." Cohen, a general and hepatopancreaticobiliary surgeon on the medical staff at Good Samaritan Medical Center, is board certified in general surgery and trauma/surgical critical care. Her specialties include skin cancer, laparoscopy/robotic surgery, pancreas, liver, bile duct and complex GI surgery. Dr. Cohen is a member of the American College of Surgeons, the Americas Hepato-Pancreato-Biliary Association (AHPBA), the Society of Critical Care Medicine, and the Women in Surgery Planning Committee.



#### Supriya Tomar, MD **Dermatologist**

Dr. Supriya Tomar is a board-certified dermatologist and fellowship trained specialist in Mohs micrographic surgery and reconstruction. She is on staff at Good Samaritan Medical Center and specializes in non-surgical cosmetic enhancement and anti-aging, anti-acne and anti-rosacea treatments. Dr. Tomar is a recipient of the Platinum Award from Allergan and Medicis She is a member of the American Academy of Dermatology, American College of Mohs Micrographic Surgery and Cutaneous Oncology, American Society for Dermatologic Surgery, American Society of Laser Medicine and Surgery, Women's Dermatological Society, and the Palm Beach County Medical Society.

#### **Skin Cancer: Everything You Need to Know**

Presented by: Kimmerle "K.C." Cohen, MD, surgical oncologist Supriya Tomar, MD, dermatologist

#### Thursday, August 17, 12:00pm-1:00pm

Good Samaritan Medical Center, HR Classroom 1309 N. Flagler Drive, West Palm Beach, FL

Skin cancer is the most common cancer in the United States, and is responsible for the diagnosis of nearly 9,500 people each day. There are three main types of skin cancer, including the more common basal cell and squamous cell carcinomas that are highly curable if detected early and treated properly. The third type, melanoma, is the least common – accounting for less than one percent of skin cancer cases – but is responsible for the vast majority of skin cancer deaths. Prevention and early detection is key when it comes to fighting skin cancer. Join us for an educational presentation and discussion on skin cancer, and learn about the signs, symptoms and risk factors, as well as staging diagnosis and treatment options. We will also discuss the National Comprehensive Cancer Network (NCCN) guidelines specific to the different types of skin cancer.

A light lunch and refreshments will be served. Reservations are required, so please call 844-790-7315 to register today!

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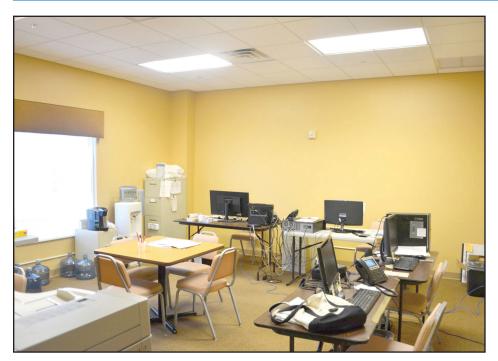
Kimmerle "K.C." Cohen, MD, surgical oncologist Supriya Tomar, MD, dermatologist

#### Saturday, August 19, 10:00am-12:00pm

Good Samaritan Medical Center, Breast Institute 1309 N. Flagler Drive, West Palm Beach, FL

Reservations are required, so please call 844-790-7315 to register today!

# The UCO Reporter Has a New Home!





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