

Women in Politics

Page A7

A Trip to Wawa

How Long Does it Take to Order
a Cup of Coffee?

Page A16

Something New is Coming CLICKERS

Page B28

INSIDE

SECTION A

President's Report.....	A2
CERT 2017	A3
Editorial: Changes	A4
Delegate Assembly Minutes.....	A5
UCO Officer's Report	A6
September: A Season of Change	A7
Credit Unions	A8
Jewish Holidays.....	A9
About Senior Living	A10
Labor Day in America.....	A11

The Battle for Democracy	A14
Legal: New Laws 2.....	A15
Hurricane Preparedness	A19
Night of the Iguana	A23
Brightline High Speed Rail.....	A26
Entertainment	A27

SECTION B

Radio: Brings Politics and Culture	B1
Local Dining/Food is Love	B2
Nutrition and Health: Ancient Grains ..	B3

Dunkirk: A Review	B4
Political	B5
Organizational News.....	B6
WPRF News.....	B9
CV Class Schedule	B10
Exploring Copenhagen	B11
Sports Page.....	B14
Classified	B20
Library News	B21
Norton Museum News	B22
Ask Olivia	B27

REMINDER

DELEGATE MEETING

Friday 9/1/17
9:30AM in the Theater

Read recent back issues at:
www.uco-reporter.blogspot.com

Email articles & comments:
ucoreporterwpb@gmail.com



MONTHLY BUS SCHEDULE — SEE PAGES B15 - B18



The President's Report

By Dave Israel

Cable & Broadband

Where we have been, where we are, where we are going.



What hath UCO wrought for our unit owners? When we signed the present Comcast cable contract in 2009, the bulk video rate was \$25.95/month/unit, the signing bonus was \$300 per unit, and the annual escalator was 5 percent. There were no premium channels in that deal. Yours truly was the Cable chair, but not yet UCO president.

Recently we signed a new contract with a new provider, Atlantic Broadband. The bulk video rate, which will engage in 2019, is \$29.00/month/unit. This rate is approximately equal to what the Comcast rate was in 2011 (\$28.61).

Think about this: In 2019, we will be charged a rate that pushes back eight years, to prices in 2011! Where else can you get such a deal? Moreover, this price is discounted 84% from the retail rate. Additionally, our deal includes EPIX, STARZ and HBO; three premium channels; a signing bonus of \$450 per unit; and an annual escalator reduced to **3 percent!** And yet a small group of chronic complainers threaten to sue us. A great deal of credit goes to our industry experts, Converged Systems Inc (CSI), for their fine work in forging this agreement.

Additionally, our new provider, Atlantic Broadband, will pay up to \$100,000 to a project monitoring firm, About Project Control, LLC (APC). This firm was created by CSI as a part of their services. What exactly is this project? Nothing less than the design and installation of a campus-wide fiber-optic cable network, to deliver this new video content to each of our 7854 apartments. *It is the task of APC to ensure that Atlantic Broadband is ready to deliver their product to our television screens*

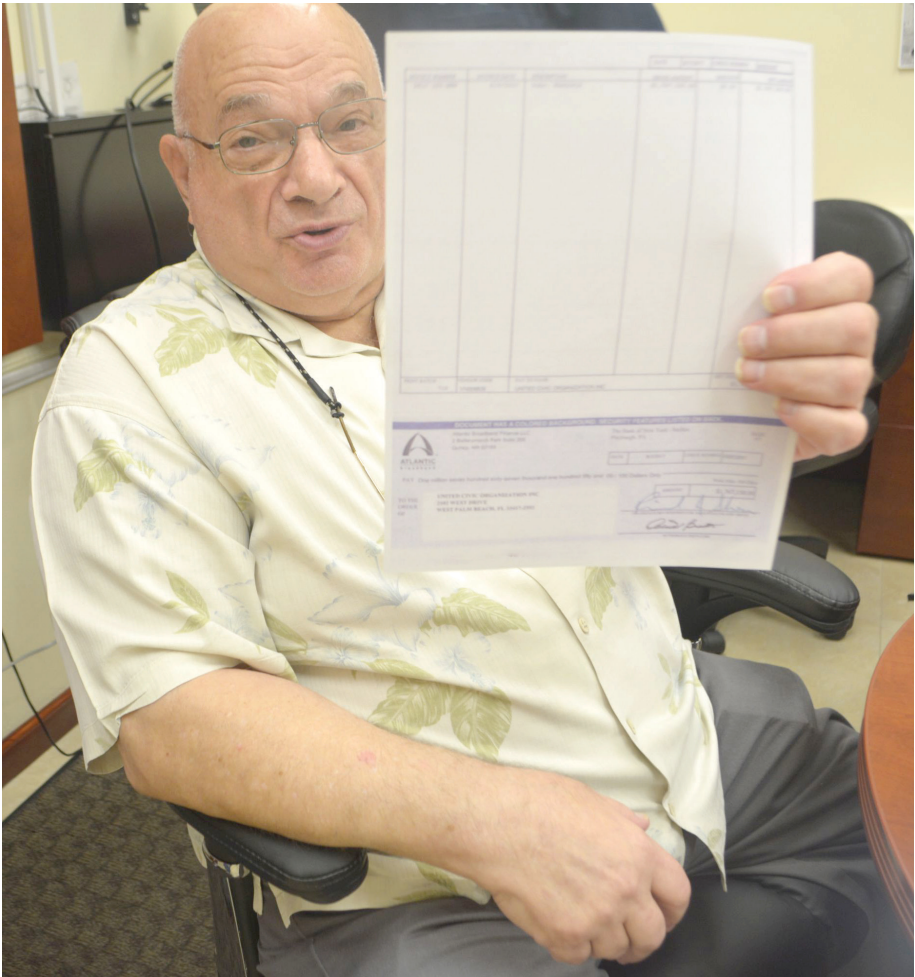
when the Comcast contract ends in 2019.

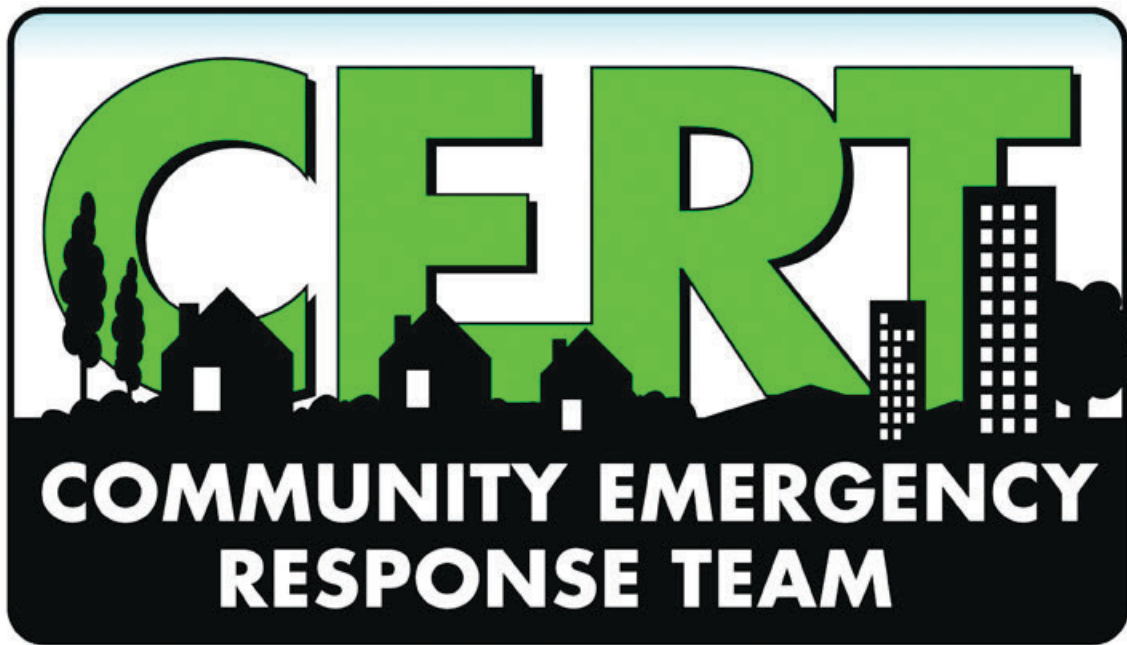
Wait a minute! Did I fail to mention two more products that are available? Atlantic Broadband will provide—**on an optional basis**—High-Speed Internet, at 100Mbit downstream and 10Mbit upstream, for only \$26/month and optional Telephone for only \$25/month.

Finally, keep in mind that Atlantic Broadband will provide our Village with *three* community TV channels.

APC is already at work, and they are to be seen quite regularly in UCO spaces as the project rolls forward. Soon you will see Atlantic Broadband trucks, big reels of orange fiber cable and other equipment. Have no fear, there will be minimum trenching, as a technique called "directional boring" will be used. Any damage to property will be repaired. In a paraphrase of the New York Consolidated Edison signage: "Dig we must for a better CV."

In conclusion, Atlantic Broadband is right on schedule and in compliance with our agreement, having already delivered to UCO, by hand, 50% of the agreed-upon signing bonus on August 7, 2017. Keep your eye on this column for additional information as it becomes available.





2017

Community Emergency Response Team is comprised of volunteers, who are trained in basic life safety and emergency preparedness skills. CERT volunteers are not intended to replace emergency responders, but instead to provide basic care, stabilization and information, until emergency First Responders, Firemen, Police Officers, EMTs', and Rescue teams, can arrive on scene.

However we also attempt to make plans and give warnings before a disaster, like when a hurricane hits. We ask that you watch local TV stations for weather bulletins to keep you informed of conditions. Pick up hurricane booklets at Publix and

other stores, also they are found in the Palm Beach Post, the UCO Reporter, and on channel 63. There are lists of things that need to be done and lists of supplies that need to be on hand in your hurricane kits.

Again this year, Courtesy of Tax Collector, Anne Gannon, we have available the "Hurricane Kit" (a calling card size fold out sheet with information you may need for a hurricane). They are available at the UCO office, the clubhouse Ticket Office and at Hastings Fitness center.

Our purpose is to help those in need, do the most good in the least amount of time. Previously we had been trained to go "door to door" checking on residents to see if they are O.K. or if they need help. Century village is 2 square miles. As we have been aging and the weather has

become hotter, it has become apparent that 65 and 75 year old individuals would not fair to well and become heat stroke victims and need rescued themselves.

Therefore, a CERT REPRESENTATIVE or Contact for each association has been added in the interest of safety for all concerned, it was determined that each individual association could inquire as to the

well being of its' residents and report the results to the Command center, saving a considerable amount of time and allow us to aid those who are in distress sooner. However if there is someone in need of assistance call, and we will dispatch a team to dispatch to assist them.

What is being asked of the CERT Rep. is to report on health status of their residents and any damage to the building, (using the "After the Storm" form as a guide.) This form is available at the UCO office. This information will be passed along to the appropriate people for action.

C.E.R.T. PLANNING:

Community based preparedness planning allows us to anticipate disruptions and hazards. Through pre-event planning and working together, we will be able to reduce injuries and property damage.

Effective response requires planning and coordination of all who will be involved. The Community Emergency Response Team (CERT) program is designed to help communities prepare for effective response and planning. With your help we can provide effective first-response capability. We are all in this together; LEND A HAND. We also have FRIENDS of CERT for those who want to volunteer to assist but are unable to attend certification classes. There are several positions available for those willing to serve. Trained volunteers are also important in crowd control, and supply distribution. We are always looking for volunteers to join CERT in helping our community in time of need. It is best if the volunteers are trained before hand and have some idea of where they might be needed in lieu of just showing up to help. Safety is important, wearing the proper clothing, shoes, eye protection, and safety equipment.etc. More injuries occur from unprepared, untrained people trying to help than are actually injured in a storm.

MISSION STATEMENT:

Century Village CERT volunteers, under the sponsorship UCO, strive to work within a network of state and local emergency response teams to provide support for public safety by acting as additional resources and providing community education and service programs when appropriate in emergency and non-emergency situations.

CERT REPRESENTATIVES

Hurricane Preparations/Recovery

The CERT REP was added in an effort to expedite the recovery process after a hurricane. After considering the changes in support from the Palm Beach County along with the age of the volunteers covering the large campus (2 sq. mi.), more help was necessary. It made sense to have a person from each Association to check on their residents and report their status to CERT Command Center (UCO Office). All association would be doing this simultaneously instead of waiting for CERT personnel to walk the campus in search of those needing aid. Calling in your information would allow us to dispatch aid those in need quicker rather than going door to door. Teams will have radio contact with the command center.

- CERT has requested that each association President assign a person to represent their building in emergency situation.
- The CERT reps name and phone number is to be included on the Officers and Delegates form.

(List three for the job to insure someone is available) Also post the list of Cert Representatives on your bulletin board...

- The names and numbers should be posted on each Association Bulletin Board so the residents know who to contact for help and to report building damage.
- All residents should be aware of this effort and participate by assisting their building Rep in gathering this information.
- WE NEED TO KNOW WHAT HELP YOU NEED FOR CERT TO GET HELP TO YOU.

This is what is needed from CERT Representatives and residents

Pre Storm Preparation (24 hours)

- Determine which residents are riding out the storm and in which units they will be staying.
- Make a quick look around area

for anything that might become airborne.

- Remind residents to lock their windows to prevent wind & rain from entering
- Encourage residents to stay on first floor and not to be alone if possible.
- Do not open doors until storm subsides. STAY INSIDE!

After the storm

A phone squad will be setup to take you phone calls at the CERT command Center (UCO office). All CERT personnel will take care of their own families and associations before coming to the Command Center to perform their CERT duty. It may take a couple of hours before the phone squad is ready. If you happen to call and not get an answer keep trying.

CERT Representatives:

- Check on all Association residents and report their condition to CERT, Report medical problems immediately. For severe medical emergency, call 911 first. Call any of these numbers-683-9189, 683-9904, 683-9336, 683-5135, 683-2830, 683-5049 to make report to CERT.
- Check for building damage, roof, etc., each unit for water damage, etc., survey yard and roads for trees down, blockage, or flooding.
- Please make surveys as soon as you can and report the results to one of the numbers listed above.

If phone service isn't available, and if you are able, make you way to the UCO office to make the report, or send someone (with the "After the Storm Recovery" form filled in) and send it with someone who is capable.

CERT will also have teams dispatched with radio contact to relay information to CERT Command center (UCO office) ASAP.

EDITORIAL CHANGES

BY MYRON SILVERMAN
& JOY VESTAL

Wow! UCO just received the first of three checks from Atlantic Broadband for the gateway fee that was negotiated in our cable contract. You know how much? \$1,767,150.00. Soon if not before this edition of the UCO Reporter hits the street (so to speak) we will see their trucks and initial personnel coming into the Village. And so it begins the enormous project of fiber cable being laid, new boxes that will be issued to all units, new devices for us homeowners to use and on we go. Once again, we remind our residents, be patient, hopefully there will be a minimum of disturbance once the work begins and continues. Let's all look at the end result, many more programs available with the option of internet and phone at a reasonable if not reduced cost.

Now a word on another new program, the CLICKERS! What's a clicker? If you are a delegate you will soon be introduced to a new voting system at our meetings. Instead of the old way - receiving a paper to wave in the air you will be able to vote using a device that will register your vote instantly and accurately. This will eliminate the confusion of having the vote counted with sometimes at least three different totals, switching of ballots between friends (a definite no-no) delegates leaving before a final vote (sometimes the delegate leaves, forgetting to turn in their ballot) meaning that there may no longer be a quorum. There will be classes for all of us to learn and become comfortable with these devices and there will be votes taken with them as well as paper until we know they are accurate and everyone is comfortable using them. Think about it, another opportunity for our delegates to step into the 21st Century. Aren't we something? Just think what we can tell our kids when we start using this voting system along with the voice activated tv controls!

So enough with the heavy stuff -- the editors of this paper would like to express our opinion on a subject that has come to our attention. At both UCO and Delegate Assembly meetings recently we have seen some residents (men) attending in what we feel is dressing inappropriately. Mindful of the weather of course, we know it's hot but does that mean dressing in attire that most of us wear when we are participating in an active sport. And we don't mean golf. Oh well, maybe we're just getting old and cranky...

Myron Silverman,
UCO Reporter Co-Editor
Joy Vestal,
UCO Reporter Co-Editor

U.C.O. REPORTER

The Official Newspaper of Century Village

Visit your Web site:
www.uco-reporter.blogspot.com

Clubhouse, West Palm Beach, FL 33417
Tel: 561-299-9907 / Fax: 561-683-5473
Email: ucoreporterwpb@gmail.com
Send photos to: ucoreporterpix@gmail.com
Office hours: 9 a.m. to noon, Mon.-Thurs.
Fri: By Appointment

Your Volunteer Staff

Co-Editor.....	Myron Silverman
Co-Editor.....	Joy Vestal
Associate Editors.....	Anita Buchanan, Lanny Howe, Ruth Dreiss, Bobbi Levin
Office Manager	David Givens
Advertising Manager	Phil DePaul
Sports	Irwin J. Cohen & Sam Milham
Copy Editor.....	Andre Legault
Copy Editor.....	Jody E. Lebel
Copy Editor.....	Bobbi Levin
Production	OPS
Photography	Frank Stagliano , Kate Odorado
Circulation	Seacrest, Pruitt, Gallagher, CMC
Staff.....	Diane Andelman, Lillian Lam Irv Rikon, Ginger Veglia Lenore Velcoff, Mary Patrick Silverman

The UCO Reporter is a monthly publication distributed within Century Village in West Palm Beach. It is the official publication of Century Village. For advertising information, please call 561-299-9908. Editorial and Advertisement submissions are welcome, but subject to editing at the publisher's discretion and publisher may decline to publish any submission. Facts and statements expressed in the editorial content are not necessarily those of the UCO Reporter. All content is copyrighted and may not be reprinted, copied or reproduced without written permission from the Publisher. ©2015.

NOTICE TO RESIDENTS NEW PARKING ENFORCEMENT AT CLUBHOUSE:

CV CLUBHOUSE
MANAGEMENT HAS
CONTRACTED WITH A
TOWING SERVICE TO
CONTROL UNAUTHORIZED
PARKING. VEHICLES THAT
ARE PARKED IN PLACES
OTHER THAN MARKED
SPACES WILL BE SUBJECT
TO TOWING.

UCO REPORTER NEW PHONE NUMBERS

RECEPTION	561-299-9907
MYRON SILVERMAN CO-EDITOR	561-299-9991
JOY VESTAL CO-EDITOR	561-299-9992
ADVERTISING	561-299-9993
LANNY HOWE	561-299-9908
DAVID GIVENS	561-299-9908



UCO OFFICERS

President David Israel

Vice Presidents

Joy Vestal Ed Black Stew Richland Bob Marshall

Treasurer

Corresponding Secretary Bobbi Levin

Recording Secretary John Hess

EXECUTIVE BOARD

Herb Finkelstein	Jack Adams
Mary Patrick	George Franklin
Phyllis Richland	Christine Armour
Suzie Byrnes	Dom Guarnagia
George Pittell	Jean Komis
George Loewenstein	Carlos Nunez
Michael Rayber	Lori Torres
Louise Warner	Carole Szepesi
	David Boas

1 Year Term

Marilyn Pomerantz
Esther Sutofsky
Marcia Ziccardy

— EDITORIAL POLICY —

The UCO Reporter promises to continue its long held beliefs that this publication will print articles to inform our residents of the important issues concerning our Village. We promise to seek the truth and to print both sides of an issue, to open dialogue to inform our readers, not to create controversy.

We promise to listen to your concerns and to treat all our residents with courtesy and respect. Your opinion is valuable to us and will be considered in our decision for publication. These are the criteria for publication:

LETTERSTO THE EDITOR: Letters to the Editor should be limited to 250 words, and must be e-mailed (ucoreporterwpb@gmail.com) to the Reporter by the 7th of the month prior to publication. Your opinions are important to us, but please refrain from gossip, innuendo, nasty or inflammatory remarks. Letters deemed to be inappropriate, inflammatory or libelous will be returned by the Staff for revision or removal. All letters must include the name, address and phone number of the author. No letters from UCO Reporter staff will be published. They may however have the opportunity to submit an opinion article also limited to 250 words.

ARTICLES: Articles for inclusion should be limited to 500 words, e-mailed (ucoreporterwpb@gmail.com) to the Reporter by the 7th of the month prior to the month of publication. All articles will be limited to one per writer. The topic of your article is of your choosing, but the Staff has the discretion to edit it with your approval or reject it based on the above stipulations. All articles must include the name, address and phone number of the author.

UCO Delegate Assembly Minutes

AUGUST 4, 2017

The meeting was called to order at 9:30 AM by President David Israel.

PBSO, Capt. Palenzuela, led the delegate assembly in the Pledge of Allegiance.

Attendance:

- David Israel - President
- Ed Black - Vice President
- Stewart Richland - Vice President
- Joy Vestal - Vice President
- John Hess - Recording Sec.
- Bobbi Levin - Corresponding Sec.

This meeting is being videotaped by UCO.

Guests

PBSO –Capt. Palenzuela and Lt. J. Hill, Palm Beach County Appraiser, Mike Pratt assistant of Dorothy Jacks Property Appraiser , Port Commissioner and assistant to Palm Beach County Mayor Paulette Burdick, Peyton McArthur, Nick Ciotti from Brian Mast's State Rep. Office, and Greg Langowski regional Director for Senator Marco Rubio, and Inspector General of Palm Beach County, John Carey.

PBSO Report

Captain Palenzuela reminded everyone that hurricane season in still here and be sure you have supplies. Always carry a bottle of water when out, stay hydrated in hot weather. The crime rate is low.

Lt. Hill Reported on “Operation Pill Drop” (flier in packet). Reminder- Hurricane Season in full swing. Be aware of scams, on line and phone calls etc.. Check credit card and bank statements. There was a report of stolen windows from a unit being remodeled. Also residential burglaries and some vandalism to automobiles were reported. A stalker was apprehended and is in jail.

Attendance There are 121 delegates in attendance. Quorum met.

Presidents Report

President Israel thanked Anita Buchanan for sitting in for Molly Marshall. Bob Marshall will be absent due to illness The president commented on Waldman needing drainage easement rights to satisfy SFWD requests; “good luck”.

Treasurer’s Report

A financial report was given by Sebastian Weend; the detailed recalculated and balanced report for June and July is enclosed in the packet. An additional line for UCO Reporter Net Income will be added for detailed info.

Minutes: The minutes were accepted as written

Guest Comments

Inspector General John Carey Thanks all in the public for their support. They do audits in 39 municipalities and investigate reported wrong doings. They have found 21 million dollars during investigations and have made recommendations for prosecution and for corrections to the Ethics Committee.

Port Commissioner Peyton McArthur, wants the Port of Palm Beach to come under the jurisdiction of the I. G... Peyton met with Congressman Brian Mast and announced that a second ship will be cruising out of the Port. He remarked on how quick Emily (tropical storm) developed and reminded all to be vigilant and prepared.

Property Appraiser, assistant Mike Pratt reminded all that a representative from their office is here, in the lobby, on the first Thursday of every month to assist anyone with business to conduct with his office. Taxes for 2017 have been approved and statements will be sent for your review. If there is an error, file for a correction. Dorothy Jacks sends her Regards.

Congressman Brian Mast had a representative from his office in North Palm Beach to let us know they will be available here once a month for any issues of concern.

U. S. Senator Marco Rubio’s Regional Director, Greg Langowski reported that congress approved 7 (seven) more VA clinics to be opened in northern Florida. And have received more funding from Medicaid money. They are working on ways to reduce insurance cost. There has been a realignment of flood zones; some were increased while others decreased. The Senate is now focusing on the tax bill, immigration, and budgets for next year.

New Business

Don Foster, Cam presented a proposal for decorative year round lighting and maintenance.

A motion was made by Phyllis Richland to accept the proposal from Godly Electrical Services to install and maintain Decorative lighting on palm trees between guard houses and the main road at each entrance. Motion seconded by Roy Roberts. Discussion held. Vote 89 YES 30 NO -Motion Passed.

A motion was made by Fausto Fabbro to swap titles to the Real Estate office building and property added for maintenance shop/storage property with a remolded building built to Office code. Motion

seconded by George Franklin. Discussion was held. Motion was rescinded by Fausto Fabbro.

A motion was made by Felix Stanlo to table this item. Multiple seconds. Vote to Table discussion was over whelming. Motion passed

Officers’ Report

Joy Vestal: Welcome to guests who help the village, Diana Evans and staff from Seacrest. Thanks, for the assistance with the delivery of the UCO Reporter as do all the Maintenance companies.

John Hess: Delegates should attend more meetings to be aware of happenings within the village to be able to vote intelligently when vote comes up. Most motions of importance don’t come up overnight. If all the negative attitudes were changed to positive, we could accomplish anything without all the dissention.

Stewart Richland- Clicker demonstration and training coming for use when voting on motions, delegates make it your business to attend. Be aware of cyclists talking on phone when riding, someone has to be paying attention. Please be civil with your neighbors when there is a dispute. Respect the rights of others. Please obey pool rules—shower before entering, etc...

Ed Black: Call 911 for assist, if you feel you are being attacked, file for restraining orders if necessary to stop aggression.

Cam Stratford area drainage pipes will be cleaned and repaired starting next week.

Committee Reports

CERT Jackie Karlan reported on CERT preparations and urged all to check on their supplies and have

their preparation completed soon if not done already. Associations’ have their CERT rep assigned and residents informed of appointee.

Committee reports are in the packet.

Good of the Order

- Make agenda for next meeting now to allow for preparation??
- Red Cross-Call to pre-register for Special Needs Shelter reservations (electricity, oxygen etc.)
- Clickers for voting were demonstrated at Computer Club meeting. Worked very well!! A TOWN HALL MEETING (TBA) for all delegates and those interested will be heavily advertised when set up to insure participation by delegates and concerned residents...
- Glencoe still needs signs
- Traffic problem at Okeechobee light.
- Questions on items not in contract at signing but added later in TV contract. 3% increase for internet, non completion clause omitted, and rental space for AB equipment for initial start up. Provisions added due to alert Attorney preparing contract.
- Sept 14, “Campaign for School Supplies” donations.

Dave Saxon made a motion to adjourn, seconded by Herb Finklestein. Meeting adjourned 11:14 AM.

*Respectfully submitted,
John Hess, Recording Secretary*

SEPTEMBER 2017			
UCO Monthly Meetings			
FRIDAY 1	DELEGATE ASSEMBLY	THEATER	9:30 AM
FRIDAY 1	SECURITY	UCO	1:00 PM
MONDAY 4	CLOSED-LABOR DAY		
TUESDAY 5	TRANSPORTATION	UCO	9:30 AM
TUESDAYS	COMMUNICATIONS	UCO	11:00 AM
WEDNESDAY 6	PROGRAM & SERVICES	UCO	11:00 AM
THURSDAY 7	BUDGET	ROOM C	9:00 AM
FRIDAY 8	CERT	UCO	1:00 PM
TUESDAY 12	ADVISORY	UCO	10:00 AM
WEDNESDAY 13	BROADBAND	UCO	11:00 AM
THURSDAY 14	COP	ROOM B	9:30 AM
WEDNESDAY 20	BEAUTIFICATION	UCO	9:30 AM
TUESDAY 19	INSURANCE	UCO	10:00 AM
TUESDAY 26	OPERATIONS	UCO	10:00 AM
WEDNESDAY 27	BIDS	UCO	10:00 AM
THURSDAY 28	BUDGET	ROOM C	9:00 AM
THURSDAY 28	OFFICERS	UCO	10:00 AM
SENIOR VS CRIME	MONDAY & WEDNESDAY 1-3 PM	FRIDAY 10 AM-NOON	

UCO OFFICER'S REPORTS



Joy Vestal

Cambridge • Canterbury
Chatham • Dorchester
Kent • Northampton
Sussex

Lock Your Door! It's a simple reminder but extremely important. Yes we all think about what would happen if we have an emergency and 911 needs entry to our home. Number One, every association board should have a key to your unit. If you choose not to give your key to an officer in your building make sure you have a friend or neighbor who they can reach within a few minutes. These few minutes can make the difference between life and death! Yes, it sounds dramatic but think about it if you are having a heart attack or stroke the minutes that you receive medical attention very often means just that, life or death.

Of course there are many other reasons why everyone should lock their door. And, this just doesn't mean when you are going to bed, it means all the time. When you go the laundry room or taking the trash out are a few examples. This is not only to guard against theft but having the shock of finding a stranger in your home. Another tip especially for women -- try to take your pocketbook in your bedroom when you are going to sleep. There was a recent example of a resident (who like myself left her pocketbook next to her favorite chair when she went to bed). The next morning she discovered that someone had broken into her unit, stolen all the money and credit cards in her pocketbook. Fortunately she wasn't hurt.

We know that we have excellent security here in the Village but there's always that one time that someone who is watching will take advantage of a lapse of good judgment on our part. That good judgment means keeping your door locked at all times and making alternate arrangements for someone nearby to have your key.



S. Richland

Andover • Bedford
Golf's Edge • Greenbrier
Kingswood • Oxford,
Southampton • Dover

Our fingers are very useful tools. They are used 24/7 and for the most part help us get through our daily rituals. However, one of the more distasteful uses of our digits is "finger pointing." For the last few weeks I have listened to board members, owners and renters describe the issues they are confronting and the frustration it generates, but the one common element to these issues is the fact they are all "finger pointing," and they feel that their issues should be resolved by someone other than them.

The most important step you have to take in becoming a board member, an owner, and a renter is to be educated. Board members and owners must familiarize themselves with their Association's Governing Documents, Bylaws, Rules and Regulations. In particular, board members should learn the provisions regarding their duties, meetings, assessments provisions and convenient enforcement.

While it is not necessary to memorize the Association's documents, those who live in an Association's building should become familiar enough with them so that they are comfortable.

Thus, when issues arise, those that are impacted will know what to do to resolve their problems quickly and satisfactorily.

This month's tip: The keys for all units must be available at all times. If the President has them in his/her possession and is planning to be away for a period of time, leave the keys with a member of the board. This is what we mean by being proactive.

Reminder: this is hurricane season, Be prepared. DON'T FEED THE DUCKS!!!! Full Stop at all intersections. Speed limit is 25 mph.

As usual, I can be reached at the UCO office to assist you in resolving your problems.



Ed Black

Coventry • Easthampton
Norwich • Plymouth
Sheffield • Stratford
Waltham

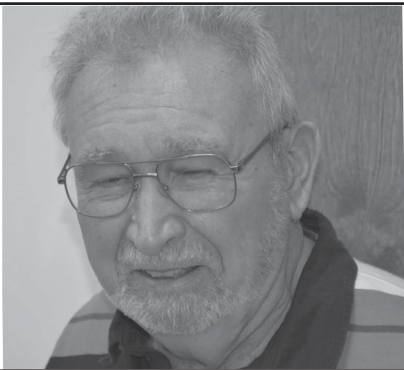
Our Temporary Treasurer, Sebastian Yeend, will hold two budget meetings in September. Both will be held in Classroom C from 9:00 AM to 11:00 AM on September 7th and September 28th.

We encourage all residents, that are interested, to attend and participate in the formation of the final proposal that will be presented to the Delegates at the October 6th, 2017 Delegate assembly meeting.

The bookkeeping team recommended that we resume calendar year budgets rather than the April 1st through March 31st that we implemented enabling our seasonal residents to vote. Since the budget was always approved for our management companies in October providing for your association to meet and approve by thanksgiving, it would seem to have had little impact.

We continue to look for ways to improve service on the transportation system. Some confusion continues to impact some riders when we changed from a Building named bus stop to an intersection named site. Please understand there has been no change to your previous bus stop or the time it was scheduled to stop there. This system eliminates the view that any bus stop is only for the residents of a specific building and makes it clear that the bus stop is for anyone choosing to use that stop.

IPads have been distributed for Security to use at the pools and heavy traffic at the gates, to provide improvements in all aspects of their performance. We look forward to your reviews on how this has helped.



Bob Marshall

Berkshire • Camden
Hastings • Salisbury
Somerset • Wellington
Windsor

**REPORT
FOR VP BOB
MARSHALL IS
UNAVAILABLE
DUE TO
ILLNESS.**

On Friday September 1st between the hours of 10:00 A.M. and 2:00 Pm Greg Langowski the Regional Director for the South Florida Office of Senator Marco Rubio will be set up in the lobby of our club house. Greg will be here to answer any questions or help with any problems you may have or have been having with anything on the Federal level that the Senator's Office may be able to help you with. Sen. Rubio is committed to helping seniors with any federal issues that you may have.

First Day of Autumn

September 22

LETTERS TO THE EDITOR

Intimidating Phone Call

If you receive a phone call or phone message on your answering machine from the US Treasury, as I did, saying that there is a warrant for your arrest, just hang up. It will give you a phone number to call -- 916-312-2444 -- threatening that if you or your attorney do not respond to the call, the warrant will be executed.

Research of the phone number revealed that it comes from Sacramento, CA and is flagged as Extortion and the Spam/Fraud Potential is HIGH RISK. Do not be intimidated or frightened. Other residents in our community have gotten this call, as well. I reported this to the FTC. Although I did not call the number, it's obvious that the caller is looking to part you from your money, thus the Extortion flag..

Ruth Bernhard-Dreiss

Women in Politics

BY NICHOLAS MA



With every passing year, women are taking charge in governance worldwide. Some commentators have dubbed German Chancellor Angela Merkel as the new leader of the free world, not only for her 12 years of power in her home country, but also for her steady pragmatic leadership in guiding Europe through the Euro Debt and Syrian migrant crises in recent years. UK Prime Minister Theresa May has entered the world stage last year with a tenacity similar to Britain's first female prime minister, the late Lady Margaret Thatcher, in negotiating her nation's withdrawal from the European Union (or "Brexit") and forging deeper trans-Atlantic ties with the United States. In the last election cycle, former-Secretary of State Hillary Clinton was the first female presidential nominee for a

major political party.

One does not need to look far to see women in power, for the tide of female political representation sweeps not only the world stage, but also the local county. Over the last few years, Palm Beach County has led the nation in female political representation. While women make up about a quarter of politicians nationwide, they comprise more than half of Palm Beach County's main elected officials, according to the Palm Beach County Elections website. From figures like Property Appraiser Dorothy Jacks to Tax Collector Anne Gannon, female leadership continues growing locally. The School Board itself consists almost entirely of women, making up five out of its seven current members.

One might not even need to look further beyond the neighborhood

to see women in power. Paulette Burdick, the County Commissioner of District 2 and Mayor of Palm Beach County, can easily be spotted around Century Village with her sunny demeanor under a wide-brimmed hat, greeting anyone she run into with a friendly, down to earth fist bump. Always driven by her kindness and determination, Mayor Burdick started her political career with the Palm Beach County School Board, inspired by her motherly instincts.

"My son was in our public-school system and I was concerned about his education, so I ran for the School Board where I serve four four-year terms," Mayor Burdick said. "I then decided to run for County Commission."

After being elected as County Commissioner in 2010, and recently elected as mayor last year, Mayor Burdick assumed a greater role in public affairs. As a commissioner, Mayor Burdick votes on the county's contracts and land-use policies, as well as various funding operations for law enforcement and infrastructure. Alongside her responsibilities, she devotes special attention to her elderly constituents, especially through many state and federal programs Palm Beach County participates in.

"These programs cover a broad range - from assistance with utility bills to mental health services. It is also my job to make sure that county departments are sensitive to the unique need and concerns of

our senior citizens," Mayor Burdick said. "And for the record, I am now a 'senior citizen.'"

Mayor Burdick owns two condominium units in Century Village, and her involvement with issues close to the Village has made her especially attuned to the concerns of her neighbors.

"Some of my proudest moments have been when I stood up for what is right on issues such as the Ag Reserve or the conversion of the Century Village Golf Course even though I knew I would be on the losing side," Mayor Burdick said. "I am proud to say that I have made a difference. The commission has recently turned down applications to develop in the Ag Reserve and county staff is preparing rules that will require developers converting golf courses will have to maintain the property throughout the process."

Although Mayor Burdick is one of many leading women in politics, she sometimes faces an uphill struggle.

"It can be frustrating. You have to work hard to make sure your voice is heard and that your concerns are addressed," Mayor Burdick said. "You have to be consistent and persistent."

With the current progress in gender equality, the nation's future might look much more like Palm Beach County, led by strong women in office. For now, it seems the long march for more female political representation must be made on the local level, from county to county, and state to state.

SEPTEMBER: A SEASON OF CHANGE

COMMENTARY BY IRVING RIKON

September is more than a month. Like April earlier in the year, seasonal change is ushered in. Autumn begins in the Northern Hemisphere. (This year the date is September 22). In the Southern Hemisphere people look forward to spring. Here, in the U.S.A., it's a time of falling, colorful leaves, cooler breezes, harvests, happy or perhaps melancholy endings and hopeful new beginnings. The astrological symbol of September is Virgo, the Virgin. Life itself begins in a virginal, innocent, state.

When I lived in the Northeast, autumn was my favorite season. I was enchanted by the changing colors of leaves, from green to varying shades of red, tan, beige, orange, yellow. Many, many autumns ago, I was walking alone through a dense forest of trees in the northernmost island of Japan when I came upon a small wooden Shinto shrine. It was unpainted, but its roof was carpeted with fallen leaves from the nearby towering trees. It appeared to be covered by all the colors of the loveliest of rainbows. Shinto, the indigenous religion of Japan, teaches that the divine spirit dwells in all nature and brings joy and bounty to

human lives. The shrine didn't need paint. Nature itself had painted it.

For Jewish people, the holiest days of the year, from Rosh Hashanah through Yom Kippur, come in September. Rosh Hashanah is translated as "head of the year" or "New Year". Some hold that on this date God created Adam, the first man. (Speak of a new beginning!). But Rosh Hashanah is also known as "The Day of Judgment". God looks down from above to determine the destiny of each individual in the year ahead. Who is righteous? Who is wicked? Who is deserving of a good year and who is not? It is a time of introspection, of repentance and asking forgiveness of one's sins. Culminating in Yom Kippur, "The Day of Atonement," on that day, people deny themselves all sensual pleasures to focus upon the divine and their own place in the world, past, present and future. In October, comes Sukkot. This began as a harvest festival: We've planted; we've nurtured; now we can enjoy the fruits of our labor. A new season has begun.

Chinese and Southeast Asian people celebrate the harvest with a

"Mid-Autumn Festival". Its origins go back 4,000 years. Occurring during the so-called "Harvest Moon," the holiday usually occurs in late September, although this year it falls on October 4. Food is important, especially sweet, round mooncakes, made with a thin dough and most often filled with tasty red and green bean paste, poppy seed or lotus seed paste. In Germany, the population of Munich celebrates "Oktoberfest" in late September. (October gets too cold for outdoor fun and lots of beer).

Popular songs have been written about September, including "September in the Rain," written by Harry Warren and Al Dubin in 1937 and the classic "September Song" written a year later by Kurt Weill and Maxwell Anderson.

September can be a time of war. Sometimes it's as though the heat of summer boils the blood of bellicose leaders, and they release their fire and fury on the fringes of autumn. I was reminded of this re-reading parts of historian Barbara Tuchman's book, "The Guns of August," in which she describes the preparations made for battle on the eve of World War One. Hitler's armies invaded Poland

September 1, 1939. On September 13, 1939, the Soviet Union invaded Poland. Islamic terrorists took down the World Trade Center and part of the Pentagon on September 11, 2001. The United States has been fighting wars against them since that time.

Yet September is sometimes the reverse. On September 3, 1783, The Treaty of Paris was signed, ending the American Revolution. On September 5 that same year the First Continental Congress gathered in Philadelphia. On September 17 the Constitution was approved, guaranteeing Americans many freedoms. (Slavery would not be abolished until the Civil War, which began in April, 1861 and ended in April, 1865).

For the record, the People's Republic of China was proclaimed on September 21, 1949. Modern Germany was re-united on September 12, 1990.

If only for 24 hours, Labor Day changes our thoughts from work to at least relative relaxation. Labor Day comes in September. September has a way of changing things. But then again, as Bob Dylan has written, "The Times They Are A-Changin'"

Discover the Credit Union Difference

BY RUTH BERNHARD-DREISS

Our new neighborhood credit union, IBMSECU (formerly Mackinac Bank) is worthwhile in discovering the Credit Union difference. At their last program about Credit Fraud and Identity Theft, Jeff Fine, Senior Branch Manager of IBMSECU, and Joey Petruzzelli, IBMSECU Account Manager conducted a very informative talk brought to you in a previous issue of this publication. Now we will talk about the credit union.

Their current program brought us extensive information about the Credit Union difference. They are not just another financial institution because of their personalized service, but they are safe and sound, and have a valuable product. There are 100 million Americans belonging to a Credit Union and IBMSECU is one of the largest in the nation. Credit Unions pool members' savings to create funds for loans which are made available to members only.

There are numerous free membership benefits such as free checking and 55,000 surcharge-free ATM locations across the country for Visa check card holders. A free notary service is another perk. If you are desirous of account fraud

protection, this is available with a checking account at a cost of \$1.90 per month. Children who manage their parents' accounts would find this worry-free protection for their folks valuable. IBMSECU provides the usual Savings accounts, Certificates, Money Markets, IRA's and Loans. As of this writing, there is a Special CD offer available for 26 months at a rate of 1.75% APY.

The mission of IBMSECU is to deliver service excellence to its members while ensuring the safety and soundness of the Credit Union. Some might be wary of union protection of their money vs. that of banks. They are a 5-Star rated institution by Bauer Financial, Inc. and proud to be on their Recommended Credit Union Report as a safe and financially sound credit union for its members. No credit union, including IBMSECU has ever lost one penny of its depositors' money. Although not FDIC insured, they are insured by NCUA (National Credit Union Administration).

The NCUA operates the National Credit Union Share Insurance Fund (NCUSIF) to protect accounts federally insured credit unions up to \$250,000. The \$250,000

in coverage applies to each share owner, per insured credit union, for each account ownership category. The shares in your credit union are insured by the National Credit Union Share Insurance Fund (NCUSIF), which is backed by the full faith and credit of the U.S. Government established by Congress in 1970 to insure member share accounts at federally insured credit unions. The NCUSIF is managed by NCUA under the direction of its three-person Board. Your share insurance coverage is similar to the deposit insurance coverage offered by the Federal Deposit Insurance Corporation (FDIC). Again, not one penny has ever been lost by its depositors insured by a credit union.

Stop in to IBMSECU, located at the site of the old Mackinac Bank next to Publix on Community Drive. You can't miss its new large and impressive sign. Speak to one of those waiting to serve you -- Senior Branch Manager Jeff Fine, or Service Reps, Betty Santomartino and Jim Farnach -- each of them long-time employees and happy to continue to serve you. They will be happy to open an account for you or serve you with your existing account.

**INDOOR
POOL
EXTERIOR
DOOR
WILL BE
LOCKED
NIGHTLY AT
November -
March : 7:00PM
April - October :
10:00pm
PLEASE
USE MAIN
ENTRANCE**

Wills • Trusts • Estate Planning Probate • Real Estate

ALEXANDER & DAMBRA, P.A.
ATTORNEYS AT LAW

Karen Levin Alexander Georgiana Fratella Dambra
kalexander@addlawpb.com gmdambra@aol.com

Telephone: 561-471-5708

Fax: 561-471-7287

5737 Okeechobee Boulevard, Suite 201
West Palm Beach, Florida 33417
1/4 Mile East of the Turnpike

**Window Screen Replacement
Window Cleaning Glass Tinting
Reduces 79% heat & lower A/C cost,
controls glass breakage &
provides privacy**

SOLAR ENERGY CONTROL, INC.
561-968-7520

"Honey Do Man" for general chores
20% OFF ALL WORK FREE ESTIMATES



HER PRIMARY GOAL: *Keeping You Well*

Vivian Carta-Sanchez, ARNP, DNP specializes in providing primary care to adults 50+. Her care includes:



Vivian Carta-Sanchez, ARNP, DNP

- Annual physicals and preventive care for men and women
- Chronic condition management for diabetes and hypertension
- Treatment of sexually transmitted diseases
- In-home visits for established patients with demonstrated need
- Fluent in English and Spanish

CALL TO MAKE AN APPOINTMENT:
(561) 697-3131
OR BOOK YOUR APPOINTMENT ONLINE AT
WWW.CARTASANCHEZARNP.COM

Free R/T transportation from Century Village to the office



Tenet Florida Physician Services

5405 Okeechobee Boulevard, Suite 100, West Palm Beach, FL 33417

The Jewish calendar uses the moon for basic calculations and then makes adjustments for the solar seasons so that certain holidays always occur in a particular season. Because of this, the actual dates for the Jewish holidays, which go by the Jewish months and days, move from year to year when compared to the calendar used in today’s world.

Rosh Hashanah

Jewish holidays start with Rosh Hashanah literally means “Head of the Year” in Hebrew. The month of Tishrei (Sept. or Oct.) is believed to be the month in which God created the world. Wishes for a sweet new year are expressed in foods such as apples dipped in honey.

Yom Kippur (the Day of Atonement) falls ten days after Rosh Hashanah. The purpose of Yom Kippur is to bring about reconciliation between people and between individuals and God. According to Jewish tradition, it is also the day when God decides the fate of each human being. To atone for ones sins, Yom Kippur is a day to fast, from after sunset the night before until after sunset that night.

Sukkot

Beginning just four days after Yom Kippur, Sukkot coincides with the harvest when workers in Biblical

times would live in temporary huts in the fields. It also commemorates the 40 years the Israelites lived in temporary shelters while wandering in the desert. Fall foods such as pumpkin and squash are served along with cabbage, grape leaves, peppers, symbolic of a “full” harvest. Falling the day after Sukkot, Simchat Torah – Rejoicing with the Torah – celebrates with humor, joy and song the completion and immediate beginning again of the yearly cycle of reading the Torah, Jewish written law. Children are given honey so they “taste” the sweetness of the Torah.

Hanukkah

The first recorded holiday celebrating religious freedom, Hanukkah commemorates the rededication of the temple in Jerusalem, wrecked by idol

worshippers and recaptured by the Maccabees and their followers. Only one day’s worth of sacramental oil was found, but miraculously it lasted the eight days needed to prepare more. Hanukkah is known as the Festival of Lights – with one more candle on the nine-branched menorah lit each night – and also the festival of fried foods! It’s a good excuse for parties and eating potato pancakes and foods fried in oil. Israelis popularized gooey jelly doughnuts

Purim

Costumes, carnivals, plays, parodies and the consumption of liquor make Purim quite popular! In the synagogue, the Megillah is read, re-telling the story of how wicked Haman’s (Boo) plotted to kill all the Jews of ancient Persia. He was thwarted by the lovely Esther and her wise uncle Mordecai. There is the

holiday custom of giving gifts of fruit and sweets to friends. Hamantashen, Purim’s popular tri-cornered cookies filled with poppy seeds or preserved fruit, are said to represent Haman’s triangular-shaped hat.

Passover is a celebration of freedom observed by Jews everywhere. The name comes from the story of God’s angel of death “passing over” the homes of Hebrews when God sent the tenth plague upon the Egyptians, the killing of the first-born children. It commemorates when Hebrew slaves were released by God from bondage in Egypt.

Because they did not have time to let their bread rise, we eat unleavened bread (matzah). We celebrate with a seder, which is a service held at home as part of the Passover celebration. Participants use a book called a haggadah to lead the service, which consists of storytelling, a seder meal, wine drinking and songs.

Shavuot is a Jewish holiday that celebrates the giving of the Ten Commandment. Shavuot always falls 50 days after the second night of Passover. Milk serves as sustenance, the source of life, and honey represents sweetness. So Jews the world over make dairy-based sweet treats like cheesecake and blintzes.

Old-time comedians used to say of Jewish holidays, “They tried to kill us, they couldn’t, let’s eat.”

Susan Wolfman

RE/MAX DIRECT

Buyer Specialist
561-401-8704 Office

email: wolfieremax@gmail.com

Visit my website ~ susanwolfman.com



#1 REMAX
in
Century
Village

Upper Floor ~ 1 BED/1 BATH

SHEFFIELD M Walk to health club, pools and transportation from lovely upper floor unit. Great association, pretty building.\$27,900
KENT C Bring your toothbrush, move in waterfront beauty. Completely redone, tile, new kitchen, stainless appliances, walk to pool\$49,900

Ground Floor ~ 1 BED/1½ BATH

CAMBRIDGE G Next to **SOLD** light/bright, hurr. shutters, garden patio...\$29,900
STRATFORD N Oversized waterfront, furn., W/D, great patio\$63,900

OXFORD 200 - 2/2

PET FRIENDLY oversized unit, ceramic tile, updated baths, newer major appliances, 2 lifts, across from pool 79,900

Upper Floor ~ 1 BED/1½ BATH

CAMDEN M Corner!! Across from pool on greenway. Redone light & bright, open kitchen, ceramic tile, furnished.....\$50,000
STRATFORD N Turnkey waterfront, picture perfect, great assoc.\$64,900

WELLINGTON M - 2/2

HOME SWEET HOME! Cozy oversized 2br. Designer touches, laminate & tile floors, updated kitchen & baths, cul-de-sac, waterfront bldg.\$99,900

Ground Floor ~ 2 BED/1½ BATH

WINDSOR G Corner, new kitchen, new impact windows, new baths, open floorplan, walk to pool and transportation\$79,900
SUSSEX M Stunning ,redone beauty!!! Park at your door,all new windows & doors, flooring, baths. Perfect neutral color palate, move in ready...\$69,900

Upper Floor ~ 2 BED 1 BATH

EASTHAMPTON H Open floorplan with stunning updates. New a/c and appliances. lovely touches throughout.\$62,000

Upper Floor ~ 2 BED/1½ BATH

HASTINGS H CORNER! Across from gym and pool. Updated kitchen and baths, stall shower, nicely done.....\$63,500
KENT K Corner, updated, ceramic tile, step in shower, walk to pool and clubhouse, furnished, light & bright, move in ready.....\$59,900
KENT J Move right into this renovated, furnished beauty. New kitchen, appliances, extra prep space/storage, baths redone.....\$64,500
KENT K Fabulous, furnished, updated, tile, near pool.....\$64,900
WINDSOR N Stunning,move in ready, shows like a model.....\$69,900
CHATHAM M On the lake, excellent condition, walk to pool.....\$79,900

GREENBRIER A
OVERSIZED BEAUTY! 1 bedroom, 1½ bath, tons of closets. Updated kitchen, tile floors, furnished, across from pool, elevator.....\$59,900

LUXURY LAKESIDE ELEVATOR BUILDINGS ~ ALL 2/2's
WELLINGTON K POOLSIDE CORNER, 2nd floor, lake & pool views, oversized lanai, nicely tiled, cat friendly..... \$99,900
WELLINGTON H Stunning views, updates through out, kitty cat only, no rental \$104, 900
WELLINGTON J Great price, great view needs TLC..... \$82,000
WELLINGTON B Cul-de-sac location, poolside, needs TLC..... \$89,900
SOMERSET E Magnificent Lake view, tile, bldg has lift \$89,900
WELLINGTON D PARK AT YOUR DOOR, grd. flr., on cul-de-sac, diagonal tile, new kitchen, stainless appls., new vanities..... \$145,000
WELLINGTON K grd flr., park at your door, poolside, reconfigured floor plan, open kitchen stainless appliances, handicap friendly..... \$79,500
WELLINGTON J Spectacular views, **SOLD** newly enclosed patio. Needs TLC, great price..... **SOLD** \$79,900
WELLINGTON J Park at your door, lakeside building, new kitchen, like new appliances, ceramic on diagonal, updated baths \$109,900
BEDFORD D Upper corner. Pristine,beautifully maintained building. A “hop & a skip” from Clubhouse elevator, storm protection \$59,900
SOMERSET L Lovely oversized,waterfront,two full baths, on its own island, Ribs on the barbeque every weekend !!!! Friendly Association elevator building..... \$79,900

WELLINGTON J
CORNER!! Stunning remodel. Open floor plan with water views from every window. Ceramic tile throughout! Light & bright from sun up to sundown. Oversized patio, water and pool views.\$149,900

List your condo with Remax for fast results!

How Much Do You Know About Senior Living?

BY RUTH BERNHARD-DREISS



I attended a further talk about Atria Meridian on which I wrote last month. This was held in July at CSI in the medical building on our premises. I again met with Gisela Ashley, Community Sales Director who attended this session along with Scott Brown, another Atria representative. Today's program was "How Much Do You Know About Senior Living?"

At Atria older adults receive the discreet 24-hour support they need to lead an active, independent lifestyle. There is a full calendar of daily activities and opportunities for fun, creativity and connection, all in beautiful surroundings with good neighbors and a full staff to attend to all needs. Although I already mentioned in my previous article that there are three meals a day, the dining room is open from 7 AM to 6 PM daily and if you want breakfast at 6 PM, you can have it then. Join others at any meal at their table to make friends or choose another seating that appeal to you.

What Atria offers: Independent and Assisted Living on two levels with no need to change units if your living needs change and none of your neighbors will know if you don't care to disclose your change, because only the monthly cash payments are adjusted up or down to accommodate you and this is privileged information for you.

I particularly enjoyed listening to

two Atria residents who have been living there for some time -- Joanie, a lady whose daughter believed that a more active life was needed for her mother and Herb, who had come to live there after a very serious accident.. Being the computer devotee that he is, Herb researched every assisted living facility he could find, until he narrowed them down to two -- Atria Meridian and one other which he did not name. He is an extrovert with a wonderful sense of humor who couldn't say enough about his wonderful life at Atria and all of the friends he had made -- at no extra cost, he added. Joanie was in show business and also very outgoing, getting people together to join in and do things. She let the audience know that embarking on this type of living was strange at first and took some getting accustomed to, but once she did it was marvelous. I believe the group attending this session sat spellbound wondering about the possibilities as it related to them.

Questions were entertained from the audience and they asked these:

What are the prices? In my last article, I said that prices ranged from \$3,430 mo. to over \$4,800, but learned that an alcove unit, their smallest, could be as low as \$1,700 mo. I further learned that if you make your move by September 30,

2017, your rental rate is locked in until January, 2019.

Are you required to sign a contract? A contract is required, but if lifestyles change during its course and you find that you must move before it expires, it can be voided with one month's notice.

Can visitors stay? They are welcome to stay in the unit at no charge in rent. There is a charge for their food -- \$5.00 for lunch and \$9.50 for dinner was mentioned.

Are there provisions for special diets? The daily menu offers many selections, including sugar free and gluten free dishes. Your particular needs can be discussed with the dietary staff.

Before committing to a contract, accommodations are available for those who would like to try living there for a period to get the feel of that life, the food and the amenities offered. It is also a good place for recuperating after a hospital stay.

Arrangements are in the works for another bus to take our CV residents to Atria to view their units and amenities, and to ask further questions.

I had the good fortune while writing my articles to be introduced to a lady who was an Activity Director with a wide background on what to look for in assisted living facilities. She gave me good pointers which I want to share with you. When touring any independent/assisted facility, here is a list of items to look for --

Is there a urine smell when you first enter the lobby? If so, turn around and walk out. This facility is not maintained well. If there is a musty odor, the same applies to maintenance.

What is the food budget for the meals you will receive? If it's very small and not much is allowed for the preparation of meals, don't expect gourmet food -- or even tasty

food. While it may be nutritious, food allowance will dictate what kind of food is served.

Is the facility owned by a corporation? Independently owned facilities are preferable because the focus is on the residents, rather than a board of directors.

Have the various directors of the facility been working there long, or is the turnover great? The Nursing Director, Director of Activities, etc.?

Are all residents dressed with clean clothes? They will be in assisted living because they are dressed by the nursing staff. All staff members should wear ID tags to identify them to the residents to let them know that they are speaking with a member of the staff.

Is there a call button in the unit? They are there so that residents can let the facility know that they are up in the morning by a given time. If no response is received by then, someone will check to find out why.

How filled to capacity is the facility? Are they pretty well filled or is a large percentage of units empty?

Prospective residents should ask to see the State Survey which will show any citations, how often and if they have been satisfied within the time limit allowed.

Look for live plants, rather than artificial. They can be rented and watered by a service which gives the facility a more inviting ambiance. Look at wall hangings -- paintings in nice frames, rather than dime store pictures in dime store frames.

Look at the social calendar. Are there enough activities every day in which you can take part?

Look at many facilities before making your final choice. A tour will usually include lunch, so you can taste what your meals will be like. You may notice things I haven't mentioned that are important to you, both good and bad.

CENTURY VILLAGE CONDO FOR RENT

MINT 1BR / 1BATH
DORCHESTER C -APT UPPER FLR
FULLY FURNISHED
AVAILABLE SEASONAL / YEAR-ROUND

Asking price is \$850
Please call: 212-721-3434.

YOUR FLORIDA HOUSE OF REPRESENTATIVES



I'm Matt Willhite, your State Representative in District 86. As a member of this great community, I'm honored to have earned the privilege of representing you. In Tallahassee, I'll fight to strengthen our neighborhood schools, protect our environment, and improve Florida's economy. If you have an issue that you believe I can be of service with, please do not hesitate to call my office. I'm here to listen and serve.

REPRESENTATIVE
Matt Willhite
Florida House District 86



Tallahassee Office
1102 The Capitol
402 South Monroe Street
Tallahassee, FL 32399-1300
Phone: (850)717-5086

District Office
9200 Belvedere Rd.
Suite C-107
Royal Palm Beach, FL 33411-3615
Phone: (561) 791-4071

WHY DO WE CELEBRATE LABOR DAY IN AMERICA?

BY BOBBI LEVIN

Observed on the first Monday in September, Labor Day pays tribute to the contributions and achievements of American workers. It was created by the labor movement in the late 19th century and became a federal holiday in 1894. In 1887, Oregon was the first state to make it an official public holiday. Canada's Labour Day is also celebrated on the first Monday of September.

Labor Day also symbolizes the end of summer for many Americans and is celebrated with parties, parades and athletic events. In fashion, Labor Day is (or was) considered the last day when it is acceptable to wear white or seersucker! To take advantage of large numbers of potential customers with time to shop, many retailers offer deep discounts, especially for back-to-school sales. Some economists claim Labor Day is one of the largest sale dates of the year, second only to the Christmas season's Black Friday.

In the late 1800s, at the height of the Industrial Revolution in the United States, the average American worked 12-hour days and seven-day weeks in order to eke out a basic living. Despite restrictions in some states, children as young as 5 or 6 toiled in mills, factories and mines across the country, earning a fraction of their adult counterparts' wages. People of all ages, particularly the very poor and recent immigrants, often faced extremely unsafe working conditions, with insufficient access to fresh air, sanitary facilities and breaks.

As manufacturing jobs overtook agricultural based employment, the labor unions which first appeared in the late 18th century, grew more prominent. They began organizing strikes and rallies to protest poor conditions and compel employers to renegotiate hours and pay.

On September 5, 1882, 10,000 workers took unpaid time off to march from City Hall to Union Square in New York City, holding the first Labor Day parade in U.S. history. Many labor union events of this era turned violent, including the

infamous Haymarket Riot of 1886, in which several Chicago policemen and workers were killed.

Congress would not legalize the Labor Day holiday until 12 years later when an iconic moment in American labor history brought workers' rights into the public's view.

On May 11, 1894, employees of the Pullman Palace Car Company in Chicago went on strike to protest wage cuts and the firing of union representatives. On June 26, the American Railroad Union, led by Eugene V. Debs, called for a boycott of all Pullman railway cars, crippling railroad traffic nationwide. To break the strike, the federal government dispatched troops to Chicago, unleashing a wave of riots that resulted in the deaths of more than a dozen workers. In the wake of this massive unrest and in an attempt to repair ties with American workers, Congress passed an act making Labor Day a legal holiday in the District of Columbia and the territories.

Throughout American history, workers had to fight to get better pay and shorter hours — evenings and weekends weren't just handed over by lawmakers and benevolent managers.

The Triangle Shirtwaist Factory fire killed 146 garment workers, most of them young immigrant women, on March 25, 1911, in New York City. It was a critical event in the history of the U.S. labor movement, the New Deal, the development of occupational safety and health standards, and the New York City Fire Department. Only the day before the catastrophe at Triangle, the New York State Court of Appeals had struck down a new "workmen's compensation" law as unconstitutional, as it interfered with the "due process" rights of employers to have their liability adjudicated in court. Ironically, the oldest victim of the fire was the great aunt of a former Republican New York State senator who opposed most health and safety initiatives that came before the Legislature.

In 1912, the Bread and Roses strike began by immigrant

women in Lawrence, Massachusetts, ended with 23,000 men, women and children on strike and with as many as 20,000 on the picket line.

Stewart Richland, UCO Vice President, clearly remembers his first interaction with the labor movement. "My mother was a member of the Bakers and Bakery Workers union. They rarely went on strike but, when they did, they wanted all their members to picket. My father did not want my mother to walk the line so he ordered me to take her place, which I did. Walking a picket line is a boring activity and I was happy with the knowledge that this type of strike never lasted more than a few days. In 1960, when I became a teacher in the New York City School system, teachers did not have any union representation. Salaries were low and teachers were without any protection from principal's and the Board of Education. In the early 1960's, a few labor organizations began to compete for the opportunity of representing New York City teachers. I remember sitting in the auditorium listening to a very energetic union organizer named Al Shanker promoting a union known as the United Federation of Teachers. This was the organization that won the right to represent N.Y.C. teachers. Before that there were groups of Jewish teacher and Catholic teachers along with administrators all trying to improve their economic situation. Until the arrival of the UFT, there was no unified organization to help teachers.

I have been a member of this union from its inception. They fought for and won salary increases and other benefits for teachers. The medical benefits that they negotiated were excellent and the pension program they helped established, in my opinion, is the best in the nation. I may not support the current UFT's political agenda, but putting that aside, compared to some of



the corrupt practices of many of the unions that seem to grab the headlines, I can unreservedly say that the UFT has followed the motto of Samuel Gompers when he said, "We do want more....and we will never stop seeking more..." The UFT was able to help teachers earn a living wage."

As we celebrate Labor Day in 2017, we should remember the labor pioneers, safety advocates, community leaders and ordinary workers whose vision for a stronger America laid the foundations for the laws that keep workers safe and healthy today.

In celebration of those who make American a proud and strong country through their labor, here are some Labor Day 2015 quotes to honor the holiday. Some are inspirational, even funny - but all give meaning to those and the spirit we celebrate.

"If all the cars in the United States were placed end to end, it would probably be Labor Day weekend." -- Doug Larson

"There is no substitute for hard work," - Thomas Edison

"All labor that uplifts humanity has dignity and importance and should be undertaken with painstaking excellence." -Martin Luther King

"Nobody can think straight who does not work. Idleness warps the mind." -Henry Ford

"I believe in the dignity of labor, whether with head or hand; that the world owes no man a living but that it owes every man an opportunity to make a living." -- John D. Rockefeller





The On-Site Century Village Specialists

SALE LISTINGS

Southampton B ..	1 BR / 1.5 BA	\$29,900
Waltham D.....	1 BR / 1 BA	\$33,900
Canterbury F	1 BR / 1.5 BA	\$33,900
Hastings H.....	1 BR / 1 BA	\$34,000
Windsor L	1 BR / 1 BA	\$34,900
Northampton L...	1 BR / 1 BA	\$35,000
Windsor L	1 BR / 1 BA	\$35,000
Kent A	1 BR / 1.5 BA Waterfront	\$35,000
Sheffield L	1 BR / 1 BA	\$35,900
Andover K	1 BR / 1 BA	\$38,000
Chatham J.....	1 BR / 1 BA	\$38,500
Bedford G.....	1 BR / 1.5 BA Waterfront	\$38,700
Hastings H.....	1 BR / 1 BA	\$39,000
Andover H	1 BR / 1.5 BA	\$39,900
Easthampton H...	1 BR / 1.5 BA	\$44,900
Salisbury H.....	1 BR / 1 BA	\$45,000
Dorchester H	1 BR / 1.5 BA	\$45,000
Dorchester G.....	1 BR / 1.5 BA	\$46,000
Somerset G.....	1 BR / 1 BA Waterfront	\$47,000
Oxford	1 BR / 1.5 BA	\$48,900
Dorchester F	1 BR / 1.5 BA	\$49,000
Chatham M	1 BR / 1.5 BA	\$49,000
Waltham I	1 BR / 1 BA	\$49,900
Northampton F...	1 BR / 1.5 BA Waterfront	\$56,000
Canterbury B	1 BR / 1.5 BA	\$59,900
Wellington M	1 BR / 1.5 BA Waterfront	\$69,900
Plymouth I.....	1 BR / 1.5 BA	\$85,000
Norwich G	2 BR / 1 BA	\$39,900
Windsor I.....	2 BR / 1.5 BA	\$49,900
Southampton A..	2 BR / 2 BA	\$54,900
Andover L.....	2 BR / 1.5 BA Waterfront	\$55,000
Dorchester G.....	2 BR / 1.5 BA	\$56,900
Dorchester F	2 BR / 1.5 BA	\$57,000
Andover F.....	2 BR / 1.5 BA	\$57,000
Kent N	2 BR / 1.5 BA	\$59,900
Coventry D	2 BR / 1.5 BA	\$62,000
Chatham D.....	2 BR / 1.5 BA	\$65,000
Easthampton I....	2 BR / 1.5 BA	\$65,000
Sheffield A	2 BR / 1.5 BA Waterfront	\$69,000
Waltham H.....	2 BR / 1.5 BA	\$69,900

SALE LISTINGS

Chatham L.....	2 BR / 1.5 BA	Waterfront	\$74,900
Stratford O	2 BR / 2 BA	Waterfront	\$79,900
Wellington B	2 BR / 2 BA	Waterfront	\$87,500
Somerset E.....	2 BR / 2 BA		\$89,900
Wellington G	2 BR / 2 BA	Waterfront	\$94,900
Wellington H.....	2 BR / 2 BA	Waterfront	\$105,000
Wellington H.....	2 BR / 2 BA	Waterfront	\$109,900
Stratford J.....	2 BR / 2 BA	Waterfront	\$115,000
Oxford	2 BR / 2 BA		\$115,000
Wellington C.....	2 BR / 2 BA	Waterfront	\$149,000
Andover I.....	2 BR / 1.5 BA		\$149,900
Dover A.....	2 BR / 1.5 BA		\$155,000
Wellington L.....	2 BR / 2 BA		\$159,900

RENTAL LISTINGS

E Easthampton G	1 BR / 1.5 BA	\$800
Norwich C.....	1 BR / 1.5 BA	\$850
Salisbury H.....	1 BR / 1 BA	\$850
Sheffield J	1 BR / 1.5 BA	\$850
Coventry F	1 BR / 1.5 BA	\$875
Stratford O	1 BR / 1.5 BA	\$950
Andover C.....	1 BR / 1.5 BA	\$1,000
Canterbury G	1 BR / 1.5 BA	\$1,400
Camden L.....	1 BR / 1 BA	\$1,600
Easthampton I....	1 BR / 1.5 BA	\$1,800
Easthampton C ..	2 BR / 1.5 BA	\$825
Chatham K.....	2 BR / 1.5 BA	\$875
Dorchester C	2 BR / 1.5 BA	\$950
Northampton D ..	2 BR / 1.5 BA	\$950
Norwich M	2 BR / 1.5 BA	\$950
Sussex D.....	2 BR / 1.5 BA	\$975
Sheffield A	2 BR / 1.5 BA	\$1,000
Cambridge F	2 BR / 1.5 BA	\$1,000
Stratford K.....	2 BR / 2 BA	\$1,200
Dorchester E.....	2 BR / 1.5 BA	\$1,600
Somerset J.....	2 BR / 2 BA	\$1,600
Sheffield G	2 BR / 1.5 BA	\$1,700
Somerset J.....	2 BR / 2 BA	\$1,600

WE ADD YEARS TO YOUR LIFE AND LIFE TO YOUR YEARS!

82 Stratford F, West Palm Beach, FL 33417

TOLL-FREE 800.654.2832 • 561.471.9677

www.CenturyVillage.com



The On-Site Century Village Specialists

Agents at Century Village Real Estate are thoroughly familiar with the policies and procedures of buying, selling and renting within the Century Village Community. We do our best to protect the ideals of its residents, strive for smooth, professional transactions, and consistently sell properties faster and for higher sales prices than any other agents working in the Community. Stop by to meet some of our new, friendly faces.

TESTIMONIALS What our customers say:



Joan Deluca

★★★★★ - Highly likely to recommend

Sold a home in Florida.

*"Very professional, and knowledgeable about the market, pleasure doing business with him. My agent went out of his way to accommodate this sale and help facilitate the move out of Century Village. He got the job done!" - D.K.**



Ann V. Kilpatrick

★★★★★ - Highly likely to recommend

Sold a Single Family home in 2015 for approximately \$25,000 in West Palm Beach, FL.

*"He helped sell my condo for the price we discussed and delivered, would use him again. The condo had a lot of restrictions making it hard to sell. He got a buyer and got them through the condo boards." - B.C.**



Cynthia Brown Williams

★★★★★ - Highly likely to recommend

Rented a condo home in 2014 in West Palm Beach, FL.

*"My Agent was a life saver in a long distance transaction. Her communication, attention to detail and just plain caring made the impossible happen. A MILLION thanks!" - L.A.**



Gustavo Martinez



Barbara Thibault

★★★★★ - Highly likely to recommend

Bought a Condo home in 2014 for approximately \$50,000 in West Palm Beach, FL.

*"My agent helped me find and buy my Florida residence. She was most helpful explaining and answering all my questions and concerns. She was always available to show me listing and helped gain access to all homes I wanted to see. I wouldn't hesitate to use my agent, both buying and selling. I have recommended her to others who have been very pleased." - G.G.**



Gladys Meneses



Ewart "E" Speer

★★★★★ - Highly likely to recommend

Bought a condo home in 2015 for approximately \$30,000 in West Palm Beach, FL.

*"Very impressed by my agent's patience, good humor, helpfulness and knowledge of real estate. Will be happy to deal with her again and recommend to any buyer or renter." - M.M.**



Sherry Levy

**Names available on request.*

WE ADD YEARS TO YOUR LIFE AND LIFE TO YOUR YEARS!

82 Stratford F, West Palm Beach, FL 33417

TOLL-FREE 800.654.2832 • 561.471.9677

www.CenturyVillage.com



OPINION BY IRVING RIKON

Americans are in danger of losing their democracy for the reason we, you and I, are not putting enough effort into keeping it. In practice, we have a republic, a government in which we elect people to represent us. In the United States, we have three branches of government at the national and local levels which are intended as "checks and balances": Executive (President, Governor, Mayor,) Legislative (Congress and State houses,) and a Judiciary. We also have an unofficial fourth check and balance: a responsible free and independent media.

If there is to be a successful republic, the country must have at least two political parties, which may oppose each other on any given policy issue but whose members recognize we are "all in this together," who recognize, too, that the opposition, despite having different opinions, is a LOYAL opposition, loyal to the ideals and precepts of America. Some domestic terrorists call themselves "white nationalists". Know them for what they are. All true Americans are nationalistic. But not all Americans are terrorists. True Americans regard other Americans with the same dignity they allot to themselves and their kinfolk.

In the United States, especially, coping with democracy at times can be difficult. Ours is geographically a very large nation in size. Northeasterners may not always perceive things as Southerners or Midwesterners do.

And except for those we term "Native Americans," the indigenous

people of this land, all Americans are either immigrants or descendants of immigrants. We bring to our country sometimes contradictory traditions and customs that began with our forebears and perhaps go back millennia.

Being a nation of immigrants means that our people are diverse. Not only do we differ in location and background, today as a nation we differ in color, race, ethnicity, religion, education, occupation, wealth (or lack of it,) and nowadays because for some unknown reason people are living longer, age. The first job of good government is to attempt to bring together all these varied components and to weld them into one .

When, after World War Two the Dutch left their East Indies colony and Indonesia became a new nation, its first President, Sukarno, recognized that his country was very large, spreading thousands of miles across the Pacific Ocean, and it held very many people who were sometimes of dissimilar backgrounds. So he or someone on his staff coined a phrase, "Unity in Diversity". Mr. Sukarno may not have been the best president, but those memorable words are a thought Americans and their leaders should adopt for their own: UNITY IN DIVERSITY.

Job One of American politicians and their political parties is to attempt to unify the diverse people of America. Don't call them names. Don't berate them. Respect existing differences even while recognizing a free people must harmoniously

work together in order to remain free. But the people themselves must participate.

Perhaps the main reason democracy is slipping away in America is that we barely have a two-party system. Following the elections of 2016, Republicans won the Presidency, a majority of both houses of Congress and a majority of governors and state assemblies. Democratic Party leaders have pulled in their heads like tortoises.

I pose questions for Democratic Party incumbents: At this time, the two political parties are badly divided within themselves, so what happens next in Washington? What is YOUR agenda? Can you and your colleagues, with Republican Party help, get beyond partisan politics and work hard for the common good? Now is the time for potential Democratic Party leaders, with the bi-elections of 2018 in mind, to come forward and advance a program or programs the majority of American people can support with their ballots.

I fault current Democratic Party leadership. Hillary Clinton, who ran for President in 2016, has all but disappeared from public view. Bernie Sanders, who opposed her in the primaries, put his finger on some of the country's problems, but I can't accept his socialist approach to solving them. Like it or not, economically the country has capitalist roots, and solutions must be found through what has flowered. Minority leadership in both the House and Senate has been uninspiring even when vocal.

The country needs a sound foreign policy that includes cooperating with other nations to insure international peace and progress. Domestically, it needs improved educational systems that provide opportunities for achievements in adult life. Because our contemporary world alters so swiftly with scientific and technological changes, It needs searching for ways by which adults can readily adapt to those changes and employment won't be lost by experienced personnel because today's machines are younger and have replaced them.

The country needs to think AMERICA. Not necessarily "America first," but first among equals. Other great nations, particularly the oldest and the largest, having their own claims, need to be given their own space. These include China, India and Russia. Sometimes, their people look at us, perceive us, despite our stated ideals, to be unequal in wealth and status and our nation divided, our democracy a land of strong words: "Constitution," "Bill of Rights," "Amendments," but now weakened -- "swamped" by violence almost as a substitute for law. Hitler's Germany was once such a nation.

If we are to win our fight for democracy, if indeed our democracy is to make America really great again, a beacon for all humankind, our diverse population has to unite and make it happen. I repeat: The time is NOW.



➤ Painting
➤ Tile Work
➤ Basic Electrical
➤ FREE Estimates

J & B Handyman

Resident of
Century Village

Charlie Bresee
561-215-1580

**The State of Florida Requires all
Contractors to be Registered or
Certified.**

**Be advised to Check License Numbers
with the State by Calling
1-850-487-1395 or
on the Web at
myfloridalicense.com**

LEGAL

2017 NEW LAWS – PART 2:



ELSS - the Law that was vetoed and Criminalization of the Condominium Act

BY MARK FRIEDMAN, ESQ.

ELSS

The governor vetoed the bill dealing with fire sprinkler systems and Emergency Life Safety Systems (“ELSS”). For high rise condominiums that opted out of the fire sprinkler system retrofitting requirement by the last day of 2016, the building is not required to have a fire sprinkler system installed. Due to the governor’s veto, these condominiums will probably still be required to install the ELSS, as directed by local fire marshals as an alternative to the fire sprinkler system Section 718.112(2)(l), Florida Statutes provides that this must be accomplished by December 31, 2019. A “high-rise building” as defined by the Florida Fire Prevention Code means a building where the floor of an occupiable story is greater than 75 feet (23 m) above the lowest level of fire department vehicle access.”

Condominium buildings not defined as a “high rise” should not be required to install an ELSS based on the Florida Fire Prevention Code and the aforementioned section of the Condominium Act, unless the county or municipality, or local

fire marshal requires it. The bill vetoed by the governor would have made this clearer. However, as we cannot offer opinions in a newspaper column, I strongly recommend that each condominium consult with the local fire marshal to determine what, if any requirements they will impose on buildings of different heights within Century Village, as there may be different requirements for different types of buildings within the Village.

Criminalizing the Condo Act

Board members or managers taking kickbacks has always been understood to be a violation of the Condominium Act. New emphasis has been provided by adding (as underlined) to the existing clause, so now, you may not “accept any thing or service of value or kickback”. There used to only be a civil penalty, now the statute provides, “if applicable, a criminal penalty”.

Further, forgery of a ballot envelope or voting certificate used in a condominium association election is punishable as provided in Section 831, Florida Statutes.

The theft or embezzlement of funds of a condominium association is punishable as provided in Section

812.014, Florida Statutes. Section 812.014 is the criminal statute on theft.

The destruction of or the refusal to allow inspection or copying of an official record of a condominium association that is accessible to unit owners within the time periods required by general law in furtherance of any crime is punishable as tampering with physical evidence as provided in section 918.13 or as obstruction of justice as provided in Chapter 843, Florida Statutes..

An officer or director charged by information or incitement with a crime referenced [above] must be removed from office, and the vacancy filled until the end of the officer’s or director’s period of suspension or the end of his or her term of office, whichever occurs first. That does not mean that a unit owner can merely accuse a board member. An information is a charging document filed by a prosecutor. For an indictment a prosecutor must convince a grand jury that there is enough evidence to warrant the filing of formal charges.

All of the foregoing is meant to sound scary. But it shouldn’t. If you do not forge ballots or voting certificates, take kickbacks, or

destroy records, you have nothing to be concerned about. The one new law that I predict will cause the most issues has to do with the “refusal to allow the inspection of records.” Most of you do not actually “refuse” but your records are kept in such a manner that easy access is problematic. Now that this law is on the books, I recommend that each Association review its records inspection policies. If you do not have one your attorney should work with you to create reasonable rules regarding such inspections, and review your records to see how quickly you can actually make them available during an inspection (a sort of records inspection practice run might be in order).

Mark D. Friedman is a shareholder in the law firm of Becker & Poliakoff, P.A. This article is intended for educational purposes only and is not intended as a substitute for consulting with your association’s legal counsel, or the local fire marshal (as to ELSS). If you wish to contact Mr. Friedman he may be reached at mfriedman@bplegal.com. If your association wishes to hire an attorney call 561-820-2868 and ask for Mr. Friedman.



MILITARY

BRAKE & ALIGNMENT

COMPLETE CAR CARE

4449 12th Street
West Palm Beach, FL 33409

561-684-1323

- ★ Family Owned and Operated for Over 31 Years
- ★ AAA Approved Repair Facility
- ★ 24 Month/24,000 Mile Nationwide Warranty
- ★ 90 Days Same as Cash Financing Available
- ★ Courtesy Shuttle Delivery Available
- ★ Affordable Towing Available for Non AAA Members



 Like us on Facebook

Oil Change and Tire Rotation

SPECIAL \$29.95

plus tax and disposal fees

No other discounts apply. Offer valid with coupon only. Must present coupon at the time of write-up. Most vehicles, some exclusions apply.



FREE Alignment Check

WITH \$10.00 OFF Alignments

No other discounts apply. Offer valid with coupon only. Must present coupon at the time of write-up. Most vehicles, some exclusions apply.



FREE Check Engine Light Scans

No other discounts apply. Offer valid with coupon only. Must present coupon at the time of write-up. Most vehicles, some exclusions apply.



FREE A/C Checks

No other discounts apply. Offer valid with coupon only. Must present coupon at the time of write-up. Most vehicles, some exclusions apply.



FREE Brake Inspections

WITH \$20.00 OFF Brake Service

No other discounts apply. Offer valid with coupon only. Must present coupon at the time of write-up. Most vehicles, some exclusions apply.



FREE Electrical System Test

No other discounts apply. Offer valid with coupon only. Must present coupon at the time of write-up. Most vehicles, some exclusions apply.



Prescription Pill-Drop Program Coming Soon

BY GEORGE FRANKLIN

Hi folks. Just an update to a program that we will be bringing to you in September. In conjunction with the Palm Beach County Sheriff's Office The PRESCRIPTION PILL DROP PROGRAM date has been finalized. This event will take place as follows:

DAY: Friday
DATE: September 1st, 2017
TIME: 10:00 A.M. to 2:00 P.M.
PLACE:
Century Village Clubhouse Lobby

Please note: NO LIQUID MEDICATIONS IN GLASS CONTAINERS will be accepted, as they could cause problems with leakage. Only SOLID medications should be turned in. Sheriff's employees will be on hand to accept your medications. Please watch for fliers and Channel 63 for information. PLEASE DO NOT FLUSH your unused medications into the toilets or sinks or throw them into your garbage, as they will affect the ecosystem. If you have any questions or concerns regarding this program please contact me at the UCO office (683-9189) and I will be glad to sit and discuss this with you.

OPERATION PILL DROP

**DROP OFF YOUR UNWANTED
PRESCRIPTION DRUGS!**

**Keep prescription medicine away from
our children and out of our water supply!**

YES - Accepted

- Prescriptions
- Over-the-counter medications
- Vitamins
- Samples
- Medications for pets
- Lotions
- Liquid medication in plastic or leakproof containers



NO - Not Accepted

- Needles (Sharps)
- Thermometers
- Bloody or infectious waste
- Medications from businesses or clinics
- Hydrogen Peroxide
- Aerosol cans
- Inhalers
- Medication glass containers



LOCATIONS:



CENTURY VILLAGE CLUB HOUSE
DATE: FRIDAY, SEPTEMBER 1st
TIME: 10:00 A.M. TO 2:00 P.M.
FOR FURTHER INFORMATION CALL:
UCO OFFICE 561 683 9189



**NO
WEAPONS
OF ANY KIND
ALLOWED ON
RECREATIONAL
PROPERTIES**

**VIOLATORS WILL
BE REMOVED FROM
THE PROPERTY AND
RISK SUSPENSION OF
THEIR PRIVILEGES**

WE HAVE MOVED! (SAME PLAZA NEXT TO ROYAL SUBS) PETERSON PHYSICAL THERAPY "PROFESSIONAL CARE YOU CAN TRUST"



Tired of being in pain?
- Balance problems
- Difficulty Walking
- Arthritis/ Stroke (CVA)
-Auto/Work related injuries
-Sports injuries
-Relaxing Massage
-Physical Therapy
-Occupational Therapy

"Serving our community for over 20 years"
5922 OKEECHOBEE BLVD. WPB, FL 33417
(OPPOSITE CENTURY VILLAGE)
561 - 697 - 8800
!!! WE OFFER FREE TRANSPORTATION !!!



Patriot Day will be remembered September 11. Perhaps as a reminder of the sacrifices that have been made by all our patriots for our country this book is a beautifully illustrated version of our National Anthem (shown in the accompanying photographs) is available from the Disabled Veterans National Foundation. To order a copy contact the organization at 4601 Forbes Blvd., Suite 130, Lanham, Md 20706 .www.dvnf.org Suggested contributions are \$26, \$39 or \$52 or more.



Busted Dumpster?

Call UCO! 683-9189 • UCOGARBAGE@GMAIL.COM

Waste Pro, our sanitation contractor, has requested that all service requests from Century Village be routed through UCO for processing. The reason for this request is to provide faster service by reducing multiple requests for the same job.

Waiting times for service can vary, due to contractor workload, availability of material and delivery schedules. All service requests received by UCO are emailed to a Waste Pro service coordinator who is permanently assigned to Century Village.

Own a cellphone? Send photos of busted dumpsters or other sanitation related complaints to ucogarbage@gmail.com . Please include location with photo.

For Many, A Hurricane Makes Good Reading But Never a Good Experience

BY DOM GUARNAGIA

We arrived in November 2005 and experienced a Category 3 event within 4 days of our arrival that was less severe than those we had experienced in Boston during the 58 years there. Newcomers have yet to heed the information regarding preparedness because it is usually a false alarm. This is partly due to hype in newspapers, pamphlets and televised warnings. More than 2/3 of today's residents here in our buildings have read the news or watched the storm unfold elsewhere but are not preparing to collect and compile those necessary commodities needed to ease the stress after the event.

Fortunately, the majority of residents are either 'Snowbirds' or 'Snowflakes' and are not here during the wet season between June 1 and November 30. However, that leaves the elderly and those who have not experienced the wrath of a severe storm. The UCO Insurance Committee has taken steps to entice a large General Contractor to gather several crews to open the roads that may be clogged with debris, and assist the team of UCO volunteers, known as C.E.R.T., to aid and report to the UCO Office, where a Command Center will be set up whereby they can answer calls from residents in need of assistance.

This is just part of the story. To that end, it is important that the often described but never experienced storm can shut down electric power during a critical time of year when the

temperatures reach extreme levels and Air Conditioners and fans are inoperable causing heat related situations. On top of that, when the electric grid supplying power to South Florida is interrupted for as many as a week (7 days), our neighbors as well as we, ourselves, will need to rely on adhering to steps described again and again, for the inconveniences that may threaten our health and lives.

The suggested items are essential and the lack of foresight life-threatening. Here is a brief of those essentials.

- Though sometimes difficult to do, have on hand with the help of your Doctor and Pharmacist, sufficient medication to sustain you for at least 7 days.
- Store plenty of bottled water to use for both drinking and hygiene. Do not store the accumulated water in an area that is not air conditioned. Some plastic bottles are made with undesirable chemicals that leach into the water and can be harmful.
- Block the drain of your bath tub tightly and fill the tub halfway with cold water. It can be used for flushing the toilet and for light bathing, if the water does not flow during the first few days, as well.
- Purchase extra batteries for your flash

and lanterns during the blackout. Candles can cause an unwanted fire, so rely on battery-operated sources of light.

- Share both your space and time with neighbors to allay fears and extend comfort and friendship.
- Hopefully, the predictions by the Weather Bureau will be overblown and once again, you will have missed experiencing an angry hurricane.



- Condominium and HOA Law
- Estate Planning
- Wills and Trusts
- Probate
- Revocable Trust Agreements
- Durable Powers of Attorney

- Living Wills
- Residential Real Estate Matters & Deeds
- Loan Modifications
- Foreclosures
- Personal Injury Matters

FREE CONSULTATION

THE LAW OFFICES OF STABLER & BALDWIN

MIDTOWN IMAGING BUILDING, SUITE 202
5405 OKEECHOBEE BLVD., WEST PALM BEACH, FLORIDA 33417
(Located directly outside Century Village)

TEL. (561) 471-7100

The hiring of a lawyer is an important decision that should not be based solely upon advertisements. Before you decide, ask us to send you free written information about our qualifications & experience.



What Do Your CV ID Card Numbers Mean?

BY RUTH BERNHARD-DREISS

At a recent Transportation Committee meeting the subject of CV ID cards came up in regard to the plan to swipe the cards on the buses in an effort to find out what the ridership is. Some of you may already know what the numbers on the bottom of the front of your ID mean, but if you have wondered, here is an explanation.

The basics are that there are 29 areas, 309 associations, 354 buildings and 7,854 units in our Village. Alphabetically, Andover is #1 and Windsor is #29. And, alphabetically, any "A" building is #1 up to "U" building which is #21. Each building has a different number of units.

As an example, if you live in 312 Wellington G, your card numbers reading from left to right would be 28-7-312. Wellington is the 28th area, G is the 7th building and 312 is the apt. number. These numbers are followed

to the right be 3 more numbers. The next number indicates whether you are an owner or a renter. An owner is #1 and a renter is #9. Next is your gender. Males are #1 and females are #2 (don't blame me, ladies if men are #1, I didn't make the rules) and the last number is how many ID cards have been issued to you. So, if you are a female owner with 1 card issued to you, your numbers would read 1-2-1. The entire number is 28-7-312-1-2-1.

If you are a male renter with 2 ID's issued in the unit next door, your numbers would read 28-7-311-9-1-2. And there you have it. Occupants and caregivers, etc. are also issued ID's. No unit ID shows the number of occupants in the unit.

Many thanks to Joy in the WPRF ID office for confirming the information to me which I thought might have changed over the years.



AT HOME PODIATRY

Michael S. Bess, DPM
*Podiatric Physician
& Surgeon*

(561) 689-0303

- Housecalls by Appointment -
Se habla español

- Diabetic Foot care
- Diabetic shoes
- Wound care
- Corns & Calluses
- Non-healing wounds
- Ingrown or Fungal nails
- Foot or Ankle Injuries
- Heel or Arch Pain
- Bunions or Hammertoes
- Custom Orthotics
- Routine foot care

Medicare and most insurance plans accepted

INJURED? ACCIDENT?

Personal Injuries Deserve Personal Attention

I Am Here To Listen, Advise & Aggressively Pursue Your Claim

ALL INJURY CASES

- AUTO ACCIDENTS
- WRONGFUL DEATH
- SLIP AND FALL & TRIP AND FALL
- DEFECTIVE PRODUCT INJURIES
- BUS ACCIDENTS



DRUCKER
LAW OFFICES

561 - 686 - 7070

CALL 24 HOURS / 7 DAYS A WEEK

Available for Free Consultation at

500 S. AUSTRALIAN AVE, SUITE 600. WEST PALM BEACH, FL 33401

www.DRUCKERLAWOFFICES.COM

The hiring of a lawyer is an important decision that should not be based solely upon advertisements. Before you decide, ask us to send you free written information about our qualifications and experience. Main office in Boca Raton.

No Fees Or Cost, If No Recovery

Evening & Weekend Appointments
Home & Hospital Visits

*Se Habla Español/
Nou Pale Kreyol*



Gary J. Drucker



MASTERS MARY JEAN MASTERS, BROKER
REAL ESTATE, INC.
“I Love To List and Sell”

5849 Okeechobee Blvd., Ste. 201 - West Palm Beach, FL 33417

2nd Floor of Wells Fargo Bank Just Outside West Gate



Office: 561-804-9603 - Cell: 561-512-2485 - Fax: 561-689-4164

www.maryjeanmasters.com - mastersmaryjean@gmail.com



**Call and Make
An Appointment Today
Mary Jean Masters,
available anytime,
7 days a week!**

UPPER FLOOR, CORNER, 1 BED 1.5/2 BATH

151 ANDOVER F <i>Furnished, ceramic tile, central air conditioning, garden view, security gate, clubhouse, fitness center</i>	\$42,000
20 WINDSOR A <i>Outside corner, furn, waterview, two year rest on rental, near the west gate, steps to condo</i>	\$42,000
116 EASTHAMPTON E <i>Unfurn, ceramic tile flooring, neast east gate, tankless h2o heater, stall shower! Lots of light!</i>	\$39,900
164 EASTHAMPTON G <i>Near east gate, cent. A/c, near clubhouse. Lots of space and lots of light! Priced to sell!</i>	\$39,900
272 WINDSOR L <i>Well taken care of unit ceramic tile flooring, crown molding, low cost for laundry. Hurricane and bahama shutters</i>	\$38,000
184 DORCHESTER H <i>Spectacular waterview! Newer kitchen, 2 full baths, lift in building, beautifully furnished, comm. Patio. Upgrades!</i>	\$55,000
237 COVENTRY J <i>Wood flooring, knock down wall in kitchen, furnished, dishwasher, mirrored doors in hallway, near east gate!</i>	\$39,900
69 NORWICH C <i>This unit is near the east gate, and the Hastings Fitness center, well taken care of, central air, furnished</i>	\$39,900
44 WALTHAM B <i>Beautifully furnished corner unit, central a/c, near pool and clubhouse, small dog ok</i>	\$39,000
68 CAMDEN C <i>This condo has upgrades to include: newer kitchen, ceramic tile flooring, crown molding newer baths, unfurnished, water view, knock down wall in kitchen, hurricane shutters, near the camden pool and the west gate. This building has a gorgeous patio with bbq.</i>	\$47,000

GROUND FLOOR CORNER 1BED 1.5 BATH

323 SHEFFIELD N <i>Ceramic tile flooring, freshly painted, enclosed patio, knock down wall in kitchen, comm. Patio.</i>	\$45,000
164 BEDFORD G <i>Beautiful wood flooring, newer appliances, updates through-out, waterview, lots of light, inside corner</i>	\$45,000
199 SHEFFIELD I <i>Furnished, ceramic tile flooring, inside corner, near the hasting's fitness center and pool, desirable area!</i>	\$41,000
112 OXFORD 400 <i>Development has its own pool, ceramic tile & carpet, central a/c, washer included, patio has garden view, tenant in place(not rentable to new owners) furniture neg., New garbage disposal, comm. Patio</i>	\$42,000

UPPER FLOOR 1BED. 1.5 BATH

156 KENT I <i>Ceramic tile flooring, lift inc. Rentable, near kent pool, furn. Lots of light, beauty!</i>	\$35,000
206 EASTHAMPTON I <i>Handy man special! Tenant in place, garden view, carpet, near the east gate and clubhouse</i>	\$22,000
158 EASTHAMPTON G <i>Newer shower, unfurnished, rentable, new impact windows, new hot H2O, community patio, near east gate</i>	\$39,900
151 HASTINGS I <i>Absolutely beautiful, newer furniture, steps to pool and fitness, rentable, well taken care of.</i>	\$39,900
198 NORTHAMPTON J <i>Waterview, fully furnished, carpet. Laundry on 2nd floor and first floor, storm shutters in storage area.</i>	\$28,000
436 DOVER B <i>Beautiful condo! Furnished, tile, enclosed patio overlooking a spectacular waterview, near the east gate</i>	\$95,000
23 CAMBRIDGE A <i>Furn., Ceramic tile, rentable, near west gate & camden pool, ready to move into</i>	\$42,000

GROUND FLOOR, 1 BED, 1 BATH

30 SHEFFIELD B <i>Newer kitchen, newer shower, pristine, waterview, ceramic tile flooring, 2 AC units, steps to parking</i>	\$36,700
119 BERKSHIRE F <i>Upgrades to include ceramic tile floors, new shower, rentable, steps to parking, turn key, furnished, dishwasher, this condo has lots of light and is close to the Kent pool and the west gate.</i>	\$36,800
167 WINDSOR H <i>Beauty, ceramic tile flooring, unfurnished, knock down wall in kitchen, steps to parking, near west gate</i>	\$37,000
146 CAMBRIDGE G <i>Beautiful pergo wood flooring, unfurnished, well taken care of condo, new counter top and backsplash, shows pretty, and is ready to move into</i>	\$30,400
103 SUSSEX F <i>Furn., carpet, near elevator, garbage shoots on each floor, owner motivated, pool, front of bldg!! Cul-de-sac!</i>	\$39,500
357 NORTHAMPTON R <i>Steps to parking, across Kent pool and mailboxes. Great association!! Near east gate and clubhouse. Turn key! Garden view</i>	\$32,000
28 CAMDEN B <i>Furn, waterview, shows great, steps to Camden pool, near the west gate, two year restriction rental</i>	\$34,900
322 SHEFFIELD N <i>Newer kitchen, ceramic tile flooring, furnished, patio, quiet area, shows with lots of light & bright.</i>	\$37,000

UPPER FLOOR 1 BED, 1 BATH

254 DORCHESTER K <i>Waterview! Great building, close to Hastings Fitness and pool! Furnished, rentable! Cul-de-sac</i>	\$32,000
362 NORTHAMPTON R <i>Beautiful, rentable, ceramic tile flooring, newer carpet, furn. community patio, move right into, Kent pool</i>	\$31,499
283 COVENTRY L <i>Hurricane shutters, ceramic tile, central air, serene garden view, lift, plantation shutters</i>	\$29,900
166 SALISBURY G <i>Ceramic tile flooring, garden view, comm. patio, furn, near east gate, pet only with certification</i>	\$33,000
198 ANDOVER H <i>Beauty, cul-de-sac, crown molding, furnished, upgrades galore! Great building with com. patio.</i>	\$33,000
138 SUSSEX G <i>Extra! Extra! Clean! Furnished, garden view, rentable, pet friendly and rentable, carpet! Near Kent pool</i>	\$37,000
146 CANTERBURY F <i>Rentable building, furnished, ready to move into, cul-de-sac, close to pool and fitness center</i>	\$35,000
88 BERKSHIRE D <i>Absolutely turn key all remodeled, modern style, waterview, rentable, near pool and west gate</i>	\$45,000
231 BERKSHIRE K <i>Prettiest in village!!Very clean and well taken care of! Newer bath, ceramic tile in kitchen, plank flooring everywhere else</i>	\$38,500
91 SALISBURY D <i>Beautifully furnished, near east gate, clubhouse, ceramic tile flooring, move right into. Amenities galore!</i>	\$26,000
151 WINDSOR G <i>Central air, furnished, tile, garden view, rentable, near the west gate and the Camden pool, great association</i>	\$34,000
230 DORCHESTER J <i>Ceramic tile flooring, newer hot water heater, furnished, steps to Dorchester pool and hasting fitness center</i>	\$32,000
187 CAMDEN H <i>Move right into, furnished, ceramic tile flooring and carpet, enclosed patio, rental restrictions, near pool</i>	\$29,900

UPPER FLOOR CORNER 2 BED.1.5/2 BATHS

72 WALTHAM C <i>Outside corner, tenant in place, ceramic tile flooring, near the east gate, clubhouse, great building</i>	\$55,000
264 NORWICH K <i>Ceramic tile flooring, outside corner, tenant in place, rentable & pet friendly, lots of light</i>	\$59,900
121 BEDFORD E <i>Some furniture, carpet, inside corner and lift in the building! Rentable lots of light!!</i>	\$54,000

40 CHATHAM B <i>Waterview, furniture negotiable. Lots of light! Beautiful sunrise on the water!! Quartz counter tops. New stainless steel appliances with a newer kitchen with state of the art cabinets.</i>	\$89,000
130 BEDFORD E <i>Outside corner, unfurnished, garden view, tenant in place central air conditioning, serene area and lots of light</i>	\$53,000
73 CANTERBURY C <i>This unit is tenant in place, lots of upgrades, unfurn, close to either gate, amenities galore!</i>	\$59,900
288 NORWICH L <i>Unfurnished, out side corner, rentable, serene area, ceramic tile flooring, carpet in bedrooms, newer kitchen</i>	\$49,900
323 WINDSOR N <i>Inside corner, furnished, pet friendly, near the west gate, ceramic tile flooring, central air conditioning, ready!</i>	\$49,900

GROUND FLOOR CORNER, 2 BED,1.5/2 BATH

313 CHATHAM P <i>Absolutely a beaut! Outside corner, newer everything, tenant in place, dec delight, ceramic tile floors</i>	\$65,000
351 NORTHAMPTON R <i>Outside corner, rentable, com patio steps from condo, washer, dryer, lots of light, custom blinds</i>	\$57,000
128 CAMDEN F <i>Outside corner, waterview, rentable, ceramic tile flooring, close to parking, near kent pool & west gate, this condo is a great investment.</i>	\$55,000
154 CAMBRIDGE G <i>This condo is in excellent condition, ceramic tile flooring, beautiful furnishings, steps to pool, no pets</i>	\$59,900

GROUND FLOOR 2 BED, 1.5/2 BATH

101 KENT G <i>Newer kitchen, stall shower, built-in for ex storage, newer baths, mirrored walls, cl to parking nr pool</i>	\$62,500
156 CANTERBURY G <i>New bath shower, lots of upgrades, shows beautifully, quiet and very serene, lots of breezes!</i>	\$68,000
111 OXFORD 200 <i>Ceramic tile, unfurn, washer/dryer allowed, pet friendly, newer kitchen/baths, step to pool and laundry.</i>	\$65,000

UPPER FLOOR 2 BED, 1.5/2 BATH

135 CAMBRIDGE F <i>Absolutely beautiful! Wood flooring and carpet in LR, rentable, near pools, upgrades galore! Come see!</i>	\$87,500
252 WELLINGTON H <i>Beautifully renovated, and ready for move in, waterview, pretty ceramic tile flooring, furnishings for a model, new air conditioning 2017</i>	\$124,000
110 SOMERSET F <i>Completely renovated, waterview that takes your breath, move right into, cul-de-sac, walking distance to tennis & pool</i>	\$84,900
206 WELLINTON C <i>Lots of upgrades to include tile shower, new tile floor, new toilet, lake view, very very lovely unit!!</i>	\$124,900
450 WELLINGTON H <i>Newer kitchen, hurricane shutters, ECM contract, hot water heater, - 5 yrs old, a/c - 2 yrs old, ceramic tile, 6 fans, close to west gate, furniture negotiable- building upgrades, near catwalk & led lights</i>	\$114,900
93 KENT F <i>Ceramic tile, unfurn, steps to Kent pool, cul-de-sac, central air, enclosed patio, heart of the community</i>	\$55,000

ANNUAL RENTALS

GROUND FLOOR 1 BED, 1 BATH:

191 CHATHAM J <i>Beautiful, central air, wood floors, extra clean and ready to move into, heart of community</i>	\$850
354 NORTHAMPTON R <i>Unfurnished, ceramic tile floors, close to parking, and close to kent pool, great building</i>	\$825
55 CAMBRIDGE C <i>Unfurnished, ceramic tile, steps to laundry & parking, cul-de-sac, security gate house, clubhouse</i>	\$875
126 SALISBURY F <i>Unfurnished, ceramic tile, steps to laundry & parking , near east gate, clubhouse, bike trail</i>	\$875
149 CAMDEN G <i>Unfurnished, completely redone, central air conditioning, garden view, near west gate, security</i>	\$875

UPPER FLOOR 1 BED 1 BATH:

91 COVENTRY D <i>Beautiful ceramic tile flooring, furnished, near the fitness center, new range, lots of light, com patio</i>	\$875
391 NORTHAMPTON S <i>Unfurnished, ceramic tile flooring, lift incl. Near pool, move in ready, freshly painted, nr west gate</i>	\$850
394 NORTHAMPTON S <i>Near Kent pool, building has lift, garden view, ready to move into. Cul-de-sac</i>	\$800
25 CANTERBURY A <i>Beautiful ceramic tile floors. Unfurnished, newer fridge. Near dorchester pool</i>	\$875
146 CANTERBURY F <i>Furnished, near Dorchester pool, cul-de-sac, ready to move into. Great building great people</i>	\$800

UPPER FLOOR CORNER 1 BED 1.5 BATH:

213 NORWICH I <i>Beautiful condo, near the east gate, ready to move into. Lots of light!</i>	\$875
232 SUSSEX L <i>Beautifully furnished, central A.C., ceramic tile, garden view, security gate, clubhouse, bike trail</i>	\$950

UPPER FLOOR CORNER 2 BED 1.5/2 BATH:

236 SHEFFIELD J <i>Furnished, ceramic tile flooring, quiet area, well taken care of, central air, inside corner near fitness</i>	\$975
88 SHEFFIELD D <i>Near Hastings Fitness center./pool, corner unit, lake view from patio, garden view from front</i>	\$950

UPPER FLOOR 2 BED 1 BATH OR 1.5 BATH:

135 CAMBRIDGE F <i>Wood flooring, carpt in lr, near pool, unfurnished, or furnished. Beautiful living!</i>	\$1,150
46 NORWICH B <i>Ceramic tile flooring, unfurn, move in ready, near the east gate and clubhouse, garden view</i>	\$875
93 KENT F <i>Unfurnished, ceramic tile flooring, well taken care of and ready for occupancy. Near the Kent pool</i>	\$950

GROUND FLOOR 1 BED/1.5 BATH:

10 GOLFS EDGE C <i>Furnished, ceramic tile flooring, steps to parking, garden view, close to the east gate.</i>	\$875
--	--------------

GROUND FLOOR CORNER 1 BED 1.5 BATH:

6 ANDOVER A <i>Ceramic tile flooring, inside corner, furniture, lots of light, near the west gate, beautiful!!</i>	\$875
5 WALTHAM A <i>Furnished, ceramic tile, next to east gate, clubhouse, security gate, bike path, fitness center</i>	\$875

SEASONAL RENTALS

254 NORTHAMPTON M <i>Fully furnished, waterview, ceramic tile, near laundry, security gate, clubhouse, fitness center</i>	\$1,350
143 STRATFORD K <i>Ceramic tile, steps to parking, large spacious rooms, security gate house, bike path, fitness center</i>	\$1,350



WHEN IT COMES TO IMPROVEMENTS FOR YOUR ASSOCIATION

TRUST THE PROS YOU ALREADY KNOW.

If you've been thinking about enhancing your property with general repairs or improvements, choose the company Century Village trusts to make your property look its best.

TRUST US FOR:

- SCREEN REPLACEMENT
- SPINDLE & RAIL REPAIR & REPLACEMENT
- PAINTING BUMPERS, CAUTION STRIPING & DUMPSTER ROOM DOORS
- FASCIA REPAIRS
- LANDSCAPE ENHANCEMENTS & DESIGNS

Call a Customer Service Representative today to schedule your **FREE** consultation.

(561) 656-6310

SeacrestServices.com



FIRE ■ WATER ■ MOLD

Powered by **faciliSmart** 

Water Damage | Fire Disaster Restoration | Mold Remediation
Content Cleaning & Restoration | Pack-out Inventory (POI) Services | Reconstruction Services

For Emergency Service Call 561-881-8567
www.deanmitchellgroup.com/restoration



THE NIGHT OF THE IGUANA

BY RUTH BERNHARD-DREISS

Do you remember "The Night of the Iguana", the 1964 film starring Ava Gardner and Richard Burton? Now the iguanas have found their way to our community in West Palm Beach, Florida -- night and day. Just last week, I saw a bright green one right outside my patio door. I don't know what the attraction was, except maybe the bed of stones along the side of the building which was a sunny spot at that time and they do like warmth. These reptiles, or lizards if you will, are native to areas of Mexico, Central America, South America and the Caribbean where I saw my first iguanas in Roatan walking leisurely in an outdoor shopping center.

We are seeing more iguanas

wandering around in our neighborhoods thanks to the warmer weather. Spring and summer months are mating season for them and they are in search of food. The female at maturity will lay 20 to 60 eggs. Residential areas are attractive to them for plants because they are herbivorous. The hibiscus, popular in CV, is a favorite for them as are various other plants. The 3-foot long critter outside my patio was munching on grass after I tapped on the door and it took off to the center of the lawn. I am very brave behind high impact glass.

Iguanas are not confined to yards and local roadways. Several weeks ago I spotted one racing across State Road 7 where they are known to be

hit by cars. At another time, one crept over my lawn, leaving a rut in the grass with its tail, and crossed the pavement to the other side of the street. There is an orange one that has not yet reached my building. This one is 5 or 6 feet long and likes to stretch out in trees. They range in length from 5 to 6 feet, including their tail and have a row of spines running down their backs to their tails (dewlops).

This year there have been more iguana sightings because of the warm winter. They migrate north through the state and a large portion of them in South Florida were killed off during a severe cold snap in the winter of 2010. They have since rebounded. They can carry salmonella bacteria and it's best to keep your distance because they will attack if threatened. Be aware that removals can cost in the hundreds of dollars which is not surprising because the cost of removing ducks is \$50 each.

The green iguana is considered

an evasive species in South Florida and is found along the Gulf Coast from Key West to Pinellas County -- the Clearwater area. Invasion is attributed to exotic pets gone wild and can be many colors -- green, orange, black, brown, blue and other colors with 350 species living around the world today.

Like snakes, iguanas have scales, lay eggs and are cold-blooded. They bask in the sun to boost their body temperatures and require year-round warm weather to survive in the wild. If the temperature drops below 40 degrees, they become sluggish and with too many cold days in a row, they will die from the stress. Babies are 7" long and eaten by a variety of predators. Adult iguanas are bothered only by us, since there are no native predators. They will not attack you, unless threatened and their bite is quite severe.

So now you have the lowdown on our latest neighbors. Caution: Keep your distance. They can move very swiftly!

ESTERMAN EYE INSTITUTE *Still Located in the Century Medical Plaza*

Bradley J. Esterman, M.D.

Ophthalmologist, Specialist in Disease & Surgery of the Eye

Cataracts • Glaucoma

Laser Eye Surgery

Eyelid Surgery

Diabeti Eye Care

Dry Eye Therapy

Cosmetic Lid Procedures

Macular Degeneration

Contact Lenses

Ocular Allergy Testing/Treatment

Medicare Assignment Accepted • Most Insurances Accepted

(561) 687-8772



\$59.00

Frame and Single Vision Lenses

(Few restrictions apply) New customers only.

20 Year Anniversary Special

Not valid with any other offers or prior purchases. With purchase of complete pair. Expires 9-30-17

DAD'S DOOR & WINDOW, INC.

"Dad Gets It Done!"

● **Impact Windows** ● **Hurricane Shutters**

● **Acrylic Patio Enclosures**

● **Tub Enclosures** ● **Shower Doors**

Call

Matt Mynahan U-19958 U-20177

561-333-1036



CENTURY PHYSICAL THERAPY



PUT LIFE BACK IN YOUR YEARS

Orthopedic and Neurological Rehab * Improve Strength and Flexibility * Gait and Balance Training

****Now offering Transportation****

Conveniently located in Century Village
100 Century Plaza, Suite 201
(561)469-6061
Upstairs from Walgreens



HAPPY FEET

We specialize in the medical and surgical treatment of the foot and ankle in adults and children, such as:

- Arthritis (Joint Pain)
- Bunions
- Corns and Calluses
- Custom Orthotics
- Diabetic Conditions
- Diabetic Ulcers/Wounds
- Flat Feet/High Arches
- Fractures
- Fungal Toenails
- Heel Pain/Spurs
- Ingrown Toenails
- Neuromas
- Sports Injuries
- Warts



Laser treatment for fungal nails and warts available in our office
We participate in the Diabetic shoe program

Providing Surgical and Non-Surgical Podiatric Treatment Options

Ankle & Foot Associates of the Palm Beaches

6901 W. Okeechobee Blvd. Suite C-11
West Palm Beach, FL 33411
(561) 640-3838 • Fax (561) 478-5259
caring4feet@aol.com
www.westpalmpodiatry.com

Caren L. Block, DPM, FACFAS
Podiatric Physician & Surgeon
Diplomate, American Board of Podiatric Surgery
Fellow, American College of Foot & Ankle Surgeons



Congregation Anshei Sholom
5348 Grove St.
West Palm Beach, FL 33417 – 684-3212

HIGH HOLIDAY SERVICES - 5778

Come join us for the High Holy Days at our beautiful Sanctuary beginning September 20, 2017. Our Rabbi Eli Kavon and Cantor Irvin Bell will be officiating.

Following is the schedule of services:

High Holy Day Services – Sat. September 16 – Selichot 8:00PM (Collation following services.)
Wed. September 20 – Erev Rosh Hashanah – 6:00PM
Thurs. September 21 – Rosh Hashanah 8:45AM-1:30PM (Tashlich immediately following services)
Evening Services at 6:00PM
Fri. September 22 – Rosh Hashanah (Second Day) 8:45 AM – 1:30PM
Evening Shabbat Service – 6:00PM

Fri. September 29 – Yom Kippur (Mincha 6:30PM) Kol Nidre 7:00PM - 8:30PM
Sat. September 30 – Yom Kippur 8:45AM to 2:00PM (Yiskor approx. 10:30am)
Evening Service – 5:30PM Mincha, Neilah 6:30PM
All ending times are approximate.

Seats for High Holidays may be purchased at our office Monday – Friday 9:00am – 12:00am.


Members - \$85.00 Non Members - \$125.00

For further information, please call the **Synagogue office 684-3212**

SERVICES

Transportation

By Lori Torres



It was misstated previously that we have 1,200 new people moving into the Village. We have 1,200 to 1,500 per year and it is a mix of owners and renters. Of them, how many are regular bus riders is unknown, but since the inception of Century Village, buyers and renters have come here because of our very excellent transportation system. As time goes on, more and more will be depending upon the buses for their daily lives. A statement that the bus drivers will not go into the Walgreens lot, but will stop at the bench in front of the road was corrected to say that this will happen only when there is a delivery truck on the lot.

The 4-page full color bus schedule in the UCO Reporter is being scrutinized to determine whether it can be returned to 1 page previously printed in black and white to save space and cost. The committee would entertain thoughts about this from the riders. In the meantime, schedules are on each bus route and

in the ticket office. The excursion schedule will appear in the UCO Reporter only.

Domenick and Jose from the bus company were at our August meeting to discuss resident ID card swipes which is still a work in progress. An analysis of card swipes will be a huge help in determining better service. How many residents use the buses, where they are going and how often? If some buses are traveling with too few riders, they can be eliminated.

Discussion of whether or not to run excursion buses on religious holidays (Rosh Hashanah, Yom Kippur) was determined that they will go out, regardless of how many riders will travel on those days. That would leave the committee short staffed for the Wednesday excursions because of those who are key people and unable to travel on these holidays. Marcia Ziccardy, in attendance at our meeting, very graciously offered to fill in to assist to make the trip run smoothly. Thank you, Marcia.

There is a problem of riders not showing up on

time for the return trip home. They will receive a letter advising that they will be unable to go on the next trip because this is a major inconvenience to the people in charge of seeing to their welfare and to the bus driver. It holds up the bus and in addition, it is unknown whether they have gotten sick somewhere and cannot be found. Phyllis Zeidman does a wonderful job in keeping track of the number of riders on a trip and should be given thoughtful consideration.

Regarding the transportation budget, Jose has given an accounting of expenses showing higher costs for the last 7 months for fuel which

is being reviewed. Transportation is a very large budget item for UCO and must be studied carefully. A good suggestion arose regarding alternating the shuttle and mall route buses out of season.

A meeting with the Reporter, newspaper people and the bus company is being held to discuss advertising on the buses.

As always, we are looking for suggestions from our bus riders and all residents for new places to go on excursion days. Please turn in your ideas to the UCO office to my attention and I will review them to determine whether they are feasible.



CV TRASH COLLECTION SCHEDULE

CV ANDOVER
CV BEDFORD
CV BERKSHIIRE
CV CAMBRIDGE
CV CAMDEN
CV CANTERBURY
CV CHATHAM
CV COVENTRY
CV DORCHESTER
CV DOVER
CV EASTHAMPTON
CV GOLFS EDGE
CV GREENBRIER
CV HASTINGS
CV KENT
CV KINGSWOOD
CV NORTHHAMPTON
CV NORWICH
CV OXFORD 100
CV PLYMOUTH
CV SALISBURY
CV SHEFFIELD
CV SOMERSET
CV SOUTHAMPTON
CV STRATFORD
CV SUSSEX
CV TECHNOLOGY INC
CV WALTHAM
CV WELLINGTON
CV WINSOR

MONDAY- THURSDAY
MONDAY- THURSDAY
MONDAY- THURSDAY
TUESDAY-FRIDAY
MONDAY- THURSDAY
TUESDAY-FRIDAY
MONDAY- THURSDAY
TUESDAY-FRIDAY
MONDAY- THURSDAY
TUESDAY-FRIDAY
TUESDAY-FRIDAY
MONDAY- THURSDAY
MONDAY- THURSDAY
TUESDAY-FRIDAY
MONDAY- THURSDAY
MONDAY- THURSDAY
TUESDAY-FRIDAY
TUESDAY-FRIDAY
TUESDAY-FRIDAY
TUESDAY-FRIDAY
TUESDAY-FRIDAY
TUESDAY-FRIDAY
MONDAY- THURSDAY
TUESDAY-FRIDAY
MONDAY- THURSDAY
THURSDAY
TUESDAY-FRIDAY
MONDAY- THURSDAY



WE BUY CARS ALL MAKES & MODELS

WE COME TO YOU!

FREE QUOTES

We Beat CarMax Appraisals

561-248-1903

LICENSED • BONDED • INSURED



More than a century ago, Henry Flagler made his long march down the east coast of Florida, forging tracks of steel and raising hotels and cities through the drained marshlands from Jacksonville to Key West. While his towering resorts and metropolitan masterpieces continue to thrive today, Flagler’s passenger train ambitions have been derailed by labor disputes in the 1960s. In recent years, however, the Florida East Coast Industries revived Flagler’s dream with Brightline, a high-speed rail that can ease drivers’ traffic woes and invest long-term into Florida’s transportation infrastructure for tourism and business.

Building and operating a world-class efficient high-speed railway has been an elusive dream in the United States. Currently, the only American high-speed rails are operating in the Northeast, particularly Amtrak’s Acela Express and Northeast Regional. California, among many other states, is attempting to construct a high-speed rail line, though the project has been criticized for its burden on the state budget, unrealistic expectations, lengthy construction period, and poor planning. Florida had many

opportunities to build a high-speed rail, including most recently in 2009 with funds from the federal government, though concerns about repeating California’s “white elephant” experience deterred any plans for construction. This time, however, the private sector is willing to spare taxpayers the burden. The Florida East Coast Industries is investing \$3 billion in Brightline, making it not only the first high-speed rail outside the Northeast, but also the first American private passenger rail to open in about a century.

Brightline, formerly named All Aboard Florida, will span 240 miles from Orlando to Miami, eventually with an estimated 5.5 million passengers annually. The project is projected to generate \$6.4 billion for the state economy and create 10,000 jobs during construction and 5,000 jobs every year after completion. Brightline will be built with domestically-produced materials and components and powered by 2 million gallons annually of clean biodiesel fuel from FPL. There will be four stations at Miami, Fort Lauderdale, West Palm Beach, and Orlando. MiamiCentral,

the southernmost station is in downtown Miami, followed by the Fort Lauderdale station 15 minutes away from the international airport, the sleek modern West Palm Beach station in City Place, and the final stop at Orlando International Airport. Brightline will also build apartment complexes for travelers near the Miami and West Palm Beach stations. Brightline will run 79 miles per hour, with 30 minutes from West Palm Beach to Fort Lauderdale and another 30 minutes from Fort Lauderdale to Miami. From West Palm to Orlando in the second phase, the train will speed up to 125 miles per hour, bringing the duration of an entire trip from Miami to Orlando to about 3 hours.

Brightline faces opposition from activists who dispute the project’s funding legitimacy. Brightline initially planned to sell \$1.75 billion tax-exempt bonds to cover construction costs, though the US Department of Transportation rejected the initial offer in favor of a \$600 million sale for the first phase of the project followed by a later \$1.15 billion sale for the second phase. Martin and Indian Counties, backed by Citizens Against Rail

Expansion in Florida, still filed a lawsuit against Brightline because the bond sale was approved before the completion of a final environmental review. Nevertheless, since the initial bond sale was already rejected in favor of two separate bond sales, U.S. District Judge Christopher Cooper dismissed the lawsuit. Protesters on the Treasure Coast still express their grievances over safety, potential decline in property values, and transparency over funding and governmental connections.

Currently, Brightline will continue testing its trains along its tracks from West Palm Beach to Fort Lauderdale. Although originally planned to open by the end of July, Brightline’s debut from West Palm to Fort Lauderdale was pushed back to mid-September and the line to Miami is expected to operate by the end of 2017. The line from West Palm to Orlando has not been built yet, but will likely open by 2020. Ticket fares have not been released yet, but will be comparable, if not cheaper, than the cost of driving; frequent-rider passes and special deals will also be offered. Brightline will be accessible for wheelchairs, walkers, strollers, and pets.

OUT OF SIGHT – OUT OF MIND

BY LENORE VELCOFF

Do you remember these old-time expressions that we no longer hear or see used?

I’ll tell you a story of this young couple. The girl, 18, was as pure as the driven snow. She was not a pill. She believed, though, that a hard man is good to find. She was beautiful, with skin as white as snow. Her hair was as black as pitch. She was full bodied and had an ample bosom – a real piece of eye candy. The boy, also 18, was a bit of a knucklehead, a nincompoop. Ordinarily, she would not have given him a second look. He would never

have gotten his foot in the door, but most of the eligible young men were off to war. So. Heavens to Betsy! Gee whillikers! Jumpin’ Jehoshaphat! Holy moley! She decided to give him a chance. After all, a bird in the hand is worth two in the bush. He was in like Flynn. They were going to get married and live the life of Riley.

Not so fast. The boy got off on the wrong foot. Along came her father who was as old as the hills. He had eyes in the back of his head. He said, “Enough of this fiddle-faddle and monkeyshines. You will not marry my daughter. Not for all the tea

in China! You are barking up the wrong tree.”

However, the boy knew that a faint heart never won fair lady. He grabbed the girl’s hand and as fast as greased lightening, they ran off to live in the sticks. They lived happily ever after. Isn’t that swell?

Most of these phrases, sayings and idioms have vanished with scarcely a notice from our tongues and our pens and our keyboards.

Newcomers have yet to heed the information regarding.....etc.

NEW OFFICE HOURS FOR THE UCO REPORTER:

MONDAY THROUGH THURSDAY
9:00AM TO 12:00 NOON

UCO REPORTER STAFF MAY BE CONTACTED ANY TIME AT THE FOLLOWING EMAIL ADDRESS:
UCOREPORTERWPB@GMAIL.COM

SEPTEMBER 2017 ENTERTAINMENT



Saturday, September 2, 8 pm

ALEXANDRA MARIE

AN EVENING OF SUPERB MUSIC

Possessed of a beautiful lyric soprano voice, Argentina-born Alexandra Marie has been singing since childhood. She has appeared as a soloist with such symphony orchestras as The Coral Springs Pops, The Hallandale Pops and has sung Zarzuela (Spanish Operetta) with the Hispanic-American Lyric Theater and Classical Concerts.



Saturday, September 9, 8 pm

JULIA LANGLEY

“CABARET STYLE”

An accomplished vocalist and energetic entertainer with a lifetime of experience, Julia Langley has performed in 16 countries around the world as well as in all 50 of our states. Working for the last five years as the lead vocalist in Cirque Dreams, she has also performed for two Broadway series national tours and is involved in the Doris Day project,



Saturday, September 16, 8 pm

ORANGE SUNSHINE

“A TRIBUTE TO GREAT ‘60s MUSIC”

In a show guaranteed to have you clapping and singing along, Orange Sunshine pays homage to the great sounds of the 1960s – songs that defined a generation and became classics. These five very talented and experienced musicians – Stephen B, Bob Alter, Tony Viscardi, Ron Burrano and Daryl Leoce produce that fabulous ‘60s sound



Saturday, September 23, 8 pm

REWIND

FEATURING TK BLU & THE UNCOOL BAND

Just hit the rewind on your old cassette player and TK Blu will take you on a journey through the ‘60s, ‘70s and ‘80s of rock ‘n’ roll music. This exciting, lively band also features three dynamic ladies, great costumes and special video effects.



Saturday, September 30, 8 pm

A NATURAL HIGH

AN EVENING OF SONG WITH DON STANSFIELD

Transporting you back in time, Don Stansfield uses his clear, strong tenor/baritone voice to recreate the signature songs of the most famous entertainers of the past 20th century. Don’s performing credits range from off-Broadway to regional theater along with cabaret performances in New York. He has also appeared at the Adrienne Arsht Center in Miami where he played the starring role of Odysseus in the new rock musical Rock Odyssey.

“R” Rated Movies

“R” Rated (under 16 requires accompanying parent or adult guardian).

Additional ratings for this movie are:
V for Violence

L for Language (strong language and drug content)

N for Nudity (graphic nudity)

SC for Sexual Content (pervasive language including sexual references and situations)

An “R” rated motion picture, in the view of the Rating Board, contains some adult material. An “R” rated motion picture may include adult themes, adult activity, hard language, intense or persistent violence, sexually-oriented nudity, drug abuse or other elements. Due to a wide viewing audience, WPRF will not censure “R” rated movies. **Therefore, if you find any of the above offensive, WPRF suggest you “OPT OUT” of seeing this movie.**

MOVIE SCHEDULE

Afternoon showings are at 1:45PM — Tuesday & Sunday. Evening Showings are at 6:45 PM.

The 1st Monday Evening & Tuesday Afternoon showings of each new movie (some movies are shown two Mondays and Tuesdays) will have “Closed Caption” (for the hearing impaired) when available. **No charge for residents.**

SEPTEMBER 2017 MOVIES

09/03 Sun 1:45PM **THE COMEDIAN** - Robert DeNiro Danny DeVito, Patti Lupone, Charles Grodin and Edie Falco.

R, 120 MIN. (RATED R FOR ADULT SITUATIONS).

Robert De Niro stars in this comedy/drama of an aging comic icon who has seen better days. Forced to do community service, he tries to reinvent himself only to have his audiences prefer him as the former character he once portrayed on television.

09/04 Mon. 6:45PM **THE LAST WORD** — Shirley MacLaine, Anne Heche and AnnJewel Lee Dixon

09/05 Tue. 1:45PM **R, 108 MIN. (RATED R FOR ADULT SITUATIONS).**

09/07 Thu. 6:45PM Shirley MacLaine portrays a retired businesswoman with the need to control everything around her.

09/10 Sun. 1:45PM Deciding to write her life history, she hires a young journalist (Amanda Seyfried to do the job. Not liking the truth of it, she and the journalist set out on a journey to reshape her history. What happens next results in a life-altering friendship.

09/12 Tue. 1:45PM **IN DUBIOUS BATTLE** - James Franco, Vincent D’Onofrio, Robert Duvall, Selena Gomez and Ed Harris

09/14 Thur. 6:45PM **R, 100 MIN. (RATED R FOR ADULT SITUATIONS).**

09/17 Sun. 1:45PM Based on the first major work by Pulitzer-prize winning novelist John Steinbeck, the movie takes place during the great Depression in California apple country telling the story of two unemployed friends who arrive at the farm and begin to rally the workers to unionize for better working conditions and causing 900 migratory workers to raise up against the landowners.

09/21 Thur. 6:45PM **A UNITED KINGDOM** - David Oyelowo, Rosamund Pike, Jack Davenport and Tom Felton.

09/24 Sun. 1:45PM **PG-13 111 MIN.**

09/25 Mon. 6:45PM This thoughtful, historical film tells the true story of Seretse Khama, the future King of the African country Botswana who, as a young man studying in England, meets and falls in love with Ruth Williams, a white, London office worker. Their marriage was challenged by the British government, the neighboring country of South Africa and especially that of his own country.

▲ This showing will be in Room C

Entertainment information is provided by W.P.R.F.
Any questions regarding Clubhouse entertainment should be directed to W.P.R.F. at 640-3120.



COMING IN SEPTEMBER

**CENTURY VILLAGE
Wastewater System Improvement Project**

Check your email, Channel 63 and the
Our Village Blog at village-blog-and-chat.blogspot.com
for project updates.

**Questions?
Call the Water Project Information Line
561-493-6251**





RADIO

Brings Politics and Culture in Your Home

BY STEW RICHLAND

The effect that the radio industry had on the nation cannot be underestimated. Experts agree that it was the most important innovation of the 20th century. It introduced a new form of consumer economy, it contributed to the star system in the entertainment industry, it introduced to the American public mass media super stars such as Al Jolson and Rudy Vallee.

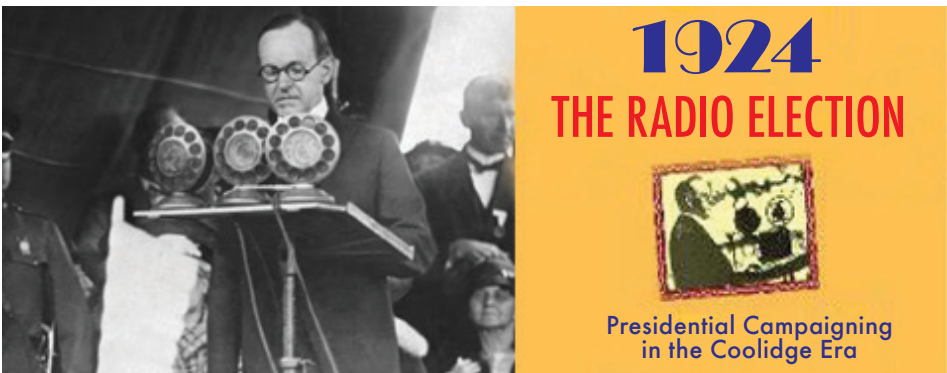
There were all kinds of discussions on how to integrate radio into every day American life. Radio can be used in the car, the beach, at home, camping, just about anywhere.

Since music was featured on the air in the early days of broadcasting, especially before comedy, it played an important role in support of radio in the early days. Radio was a modern invention. People began to discuss a new cultural theme, "modernism." To own a radio one was thought as being "modern" Very often people were asked, "Do you own a radio?" The middle-class promoted radio. Very often commentators compared the "modernist" with those people who were viewed as "premodern."

In the 1920's the radio industry was just in its infancy. No one could really predict the power that this broadcast medium would have on people's attitudes and values from a national perspective to people living in urban or rural settings. Newly arrived immigrants became part of this new melting pot by adopting this new technology. Program after program-The Goldberg's with Mama speaking in her Yiddish accent, or Life with Luigi with Luigi and his Italian accent- emphasized this modern technological advance on all aspects of our society. Radio become more

than a fad, it was something useful, something every household had to have.. Radio was the instrument that could unite people. It could be used to offer American values; it could uplift everyone culturally by playing good music; it could provide news; it could provide the weather and agricultural information and it could educate. The campaign to promote the use of radio was on. By 1922 the number of radio stations began to skyrocket and the sales of radios took off.

Radio broadcasting in the 1920s was inextricably suffused with politics. In November 1920 radio station KDKA (Pittsburgh) conducted a marathon on the Harding-Cox presidential race. In 1921, a radio station in Long Island beamed the voice of President Harding to Europe, Asia and South America. Harding was the first president to use the radio as a means of political communication. Coolidge, who followed Harding in 1923, felt very comfortable with radio as a form of communication with the public. Coolidge observed, "I can't make an engaging, rousing or oratorical speech..but I have a good radio voice and now I can get my message across to (the public) without acquainting them with my lack of oratorical ability." William White,



Coolidge's biographer noted that he used short sentences, used simple words, was direct, forthright and unsophisticated in his utterances. And so, over the radio, he went to the popular heart." In typical Coolidge fashion, during the campaign he had "little to say and said it well," White noted.

At the beginning, radio was viewed as a public, democratic medium. In 1922 the initial program of "Radio Broadcast" heralded radio as "the people's university," a form of communication that would make government, "a living thing to its citizens." Radio historian Erik Barnouw noted that radio symbolized, "the coming of age of the enlightenment". It would link rich and poor, young and old. It would end the isolation of rural life. It would unite the nation.i

Within a few short years there were over 400 radio stations that were run by public, religious or education institutions. Politics and culture were its main themes. However, the idea of mass education was paramount in radio programming. Advertising, slowly crept into the radio industry. WEAf was viewed as a kind of phone booth in which anyone could, for a fee, broadcast

Later he warned that the civil value of broadcasting would be lost if presidential messages became the meat in a sandwich of two patent medicine advertisements.i

Frederick Lewis Allen in his history of the 1920 observed the following about radio: In San Francisco "There is radio music in the air, every night, everywhere." Any boy could put one together in an hour. President Harding installed a radio in the Dixmoor Golf Club so golfers could hear church services. A Lieutenant Maynard broke all records for modernizing Christianity by broadcasting an Easter service from an aero plane. In the Ziegfeld Follies of 1922 the popularity of "My Rambler Rose" was rivaled by that of a song about a man who hoped his love might hear him as she was "listening on the radio." People sat up all night listening to radio from Havana.

American Indian Chief Charging Horse, a native American, sitting near a small radio set, only knew how to read and send a message by smoke, the Crosley Radio Company sent a photo of this chief in native American traditional garb to their advertising company with the caption, "What a treat it is to hear



Cartoonist Frank Hanely
Reproduced with permission of The New Yorker

The New Yorker, May 30, 1925

a message to a listening audience. Americans reaction to advertising was universally negative. In New York City when local government was told they would have to pay for broadcasting messages, they refused and bought their own transmitter. Herbert Hoover noted in 1920, "It is inconceivable that we should allow so great a possibility for service to be drowned in advertising chatter.i

Indian music." That's how far and wide the influence of the radio was tracked

Radio broadcasting was here to stay and Americans embraced this new technology with a passion.

Short Quiz: What was the name of the famous Orson Welles radio broadcast that caused people to flee their homes?

LOCAL DINING

AROMA

INDIAN CUISINE

BY LENORE VELCOFF

At the suggestion of Father Antony of Holy Name of Jesus Church, my friend and I had a wonderful buffet lunch at Aroma. Their menu describes the food. Most people who have never had Indian food are under the misapprehension that all the food is very spicy. No, no, no. There was one dish that was HOT! It had 3 red peppers next to its name meaning the hottest dish they had. That was a Vindaloo (a staple curry in the region of Goa, then a Portuguese colony, carne de vinha d'alhos means meat marinated in wine vinegar and garlic) All the rest of the dishes we had were mildly seasoned.

The restaurant is very pretty and the buffet tables were spotless. Our first course was mulligatawny soup – an international soup with lentil, coconut and lemon – which tasted very much like pea soup. Our waiter brought us a basket of nan – a flat, leavened bread made of wheat flour, baked in a tandoori oven and cut in triangles. You may dip it in seasoned yogurt, if you desire. There is a

very large tray of salad ingredients (soaked lentils, tomatoes cucumber, onion, fresh coriander on a bed of lettuce) to sample, but not for me. I wanted to save room for the many dishes at the buffet.

Some delicious food that I had: two appetizers (Channa Masala) – slow cooked chickpea seasoned, (Adraki Gobi Aloo) blanched cauliflower and potato, sautéed; (Chicken Tikka Masala) in a creamy tomato gravy, claimed to have originated in Glasgow, (Tandoori Chicken) bone-in, grilled with ginger and garlic, (Mixed Vegetables Makhani) with tomatoes spices and herbs. All of these can be placed on a bed of Basmati rice. I was chicken – I did not try the goat dish.

Then on to dessert – a yummy rice pudding that was creamier than ordinary rice pudding. They also had a carrot pudding which I was too full to try. All this for \$12.95. A very delicious treat to please your taste buds.

731 Village Blvd. (Village Commons)
(Same side as Duffy's) • aromawestpalmbeach.com
W. Palm Beach • 619-6437



FOOD IS Love

BY ZOË FRIEDMAN

Autumn Apple Sauce

September brings cool weather as crisp as an apple (in Maryland, at least) - which reminds me, McIntosh apples are now in season! All summer long I've been searching through my local grocery and specialty stores for the shiny red and green gleam of a McIntosh apple, to no avail. I've even considered importing the apple from Canada (but decided against it upon viewing the outrageous shipping cost). Gala and Red Delicious apples just don't cut it! McIntosh apples boast a slight tartness with a hearty and juicy white flesh. They're not as delicate as Pink Lady apples and hold up well in baked goods, like your traditional apple pie. Sliced McIntosh apples slathered with goat cheese

or almond butter is a decadent and nutritious snack. My favorite use of McIntosh apples is in my homemade Autumn Apple Sauce!

My Autumn Apple Sauce combines traditional aromatic fall flavors – cinnamon, nutmeg, and apples – with a sweet ingredient – dates – to create the perfect balance of fruit and spice. Spoon the apple sauce over brisket and baked chicken or enjoy with Greek yogurt and granola for a healthy breakfast! The serving possibilities are endless. The recipe uses a slow cooker so that you can "set it and forget it." Take a stroll around Century Village while your apple sauce cooks itself! You can also use a Dutch oven (on low heat) in

place of a slow cooker.

Apples have symbolic meaning for the month of September with the Jewish New Year right around the corner. For the New Year, it is customary to eat apples dipped in honey as a symbol of a sweet new year. From my kitchen to yours, enjoy!

- 10 medium McIntosh apples, cored, peeled, and sliced (don't worry about the size of the slices)
- 1 cup filtered water

- 1/2 teaspoon ground cinnamon
- 1/4 teaspoon ground nutmeg
- 1/4 teaspoon sea salt
- 5 Medjool dates, pitted and finely chopped

Combine all ingredients in a slow cooker. Cook on low heat for at least six hours or until the apples are mushy and broken down. If the applesauce is too thick for your liking, stir in more water, 1 tablespoon at a time.



Nutrition and Health

Ancient Grains

BY JEANIE W. FRIEDMAN, MS RD LD/N



What did you eat today? What did you have yesterday? There's a good chance that those meals consisted of rice, potatoes, bread and pasta. Are you interested in changing things up? A plethora of grains is out there, just waiting for you to discover them. Have you heard of quinoa, teff, amaranth, buckwheat, sorghum, or spelt, also known as the ancient grains?

Ancient Grains

Ancient grains are said to be grains that have grown with very little selective breeding or man-made interference, and are classified as such. Spelt, teff, sorghum, millet, amaranth, barley, quinoa and others fall into this category, though some, like quinoa, are technically seeds.

Ancient grains were grown and harvested by numerous ancient civilizations, including the Israelites, Aztecs, Incas, Egyptians, and Greeks. Spelt has been consumed for thousands of years, but has recently found new life as a health food. Quinoa and sorghum have also shared the nutritional spotlight.

Benefits of Ancient Grains

Ancient grains, which can also be whole grains, have been associated with a variety of health benefits. Like other whole grains (such as whole wheat) ancient grains also have protein and are full of vitamins, minerals, and fiber. Whole grains have the fiber that is missing from highly refined and processed grains, helping to keep us fuller for a longer period of time. They can help with weight management and lower risk of obesity.

In addition, there are reports that ancient grains may help lower risk of Type II diabetes, some cancers, and can lower cholesterol as well. While more research needs to be done in these areas, including ancient grains into a nutritious diet can be beneficial to your overall health. To top it off, they also taste great and add variety in your diet.

Where to Find Them

Ancient grains can be found in health foods stores and increasingly in local groceries and even online.

How to Prepare

It is important to follow the instructions on the package of grains; soaking or rinsing before cooking may be necessary.

Ideas on How to Enjoy Ancient Grains

In bread and other baked goods:

- Many of these ancient grains can be ground up into a flour. (This form won't need rinsing or soaking.) It's not recommended to swap out flours in a recipe; doing so can greatly alter how your recipe turns out. It is best to use the specific flour called for in a recipe.
- Some stores may carry breads baked with spelt or other grains
- Ancient grains like sorghum or quinoa are gluten-free and would be a good option for those diagnosed with Celiac disease or gluten sensitivities. Always read the label first.

In salads:

- Just add cooked grains to your

usual mix of salad ingredients

In meals:

- Replacing rice in a stir fry
- Adding to or replacing ground meat in tacos
- Adding in soup or chili

In desserts:

- Some grains, like sorghum, can be made into a sweet syrup to drizzle onto desserts
- Flours can be used in making cakes, brownies, cookies
- Try a fruit crisp

Jeanie W. Friedman is a Registered Dietitian and nutritionist licensed in the State of Florida. This article is intended for educational purposes only and is not intended as a substitute for consultation with your health care professional.

Jeanie W. Friedman is a Registered Dietitian and nutritionist licensed in the State of Florida. This article is intended for educational purposes only and is not intended as a substitute for consultation with your health care professional.

Your Staying Home Is Where Our Heart Is!

GRAND OPENING

Come in and tour our new West Palm facility and enter to win the Fabulous Gift Basket!



MIND&MOBILITY


Home Care Centers


Stay Independent




In Your Home Longer!


TRANSPORTATION AVAILABLE 


Hourly Services 


Live-In Care 24 Hours 


Companionship 


Alzheimer's Care 


Meal Preparation 

Light Housekeeping 

Shopping 


Medication Management 


Transportation And Errands 


Personal Care And Hygiene 





mindandmobility.com


 Stroke


 Weakness


 Fall Prevention


 Cognitive Therapy

 Orthopedic Injuries

 Post Ortho Surgeries

 Balance/Gait Disturbances

 Parkinson's Disease

 Alzheimer's Disease and Other Dementias

NOW IN
WEST PALM
BEACH!

Therapy Services Provided:
(Home or at Center)

Accepting all long term care
policies and insurances

WEST PALM BEACH

5912 Okeechobee Blvd., 33417
(800) 650-5289

BOCA RATON

6018 SW 18th Street #C11, 33433
(561) 430-5345

FORT LAUDERDALE

2655 E Oakland Park Blvd #5, 33306
(954) 630-3131

MIAMI

2265 164th Street, 33160
(800) 650-5289

DUNKIRK

WHEN THE FUTURE OF WESTERN EUROPE AND PERHAPS THE U.S. HUNG IN THE BALANCE

BY LANNY HOWE

In late July I saw the movie "Dunkirk." Before seeing the movie, I sent the following e-mail to my three siblings (all younger than I) of my remembrances of Dunkirk. We lived in Boston at the time. Please forgive any inaccuracies—I was only three years old. Many in CV today lived in Europe at the time. Some suffered terribly and some fought in the War. I bow to you all.

I checked and it [Dunkirk] was May 1940. So I was what, three and a half?! Can't believe I was that young, so of course Ray would have no memory of it, being just under one! The amazing thing to me is that Dad shared that kind of stuff with a three-year-old. I'm glad he did. It was vivid to me and remains so to this day—not just Dunkirk after the fact (after the great evacuation), but the fear beforehand of what could happen. It was all in the papers. I remember seeing the headlines. Again, Dad must have shown them to me.

We had "blackouts" back then, practice times when everyone in the town had to turn off all lights so the town buildings wouldn't be visible at night in case of an air raid. A little later someone determined that black

window shades would keep the lights in homes from being able to be seen from the air, so this was allowed, and Dad installed them inside the regular tan- or green-colored shades. We were not in the War then, but Roosevelt had been sending plenty of materiel and munitions to Britain, and some of our ships were being torpedoed and sunk.

At some point things were rationed: sugar, butter, gasoline, a number of things. You were issued coupons by the government which you had to surrender to buy these items--unless you bought them on the illegal black market, and Dad wouldn't do that. He saved up our gas coupons so we could make the long trip to Campton, NH each summer to go tent camping during his two weeks' vacation. It is also why he would put the car in neutral on the long downhills in NH and shut off the gas--to save a little more fuel. That wasn't only because he was frugal.

"Overlord," the name of the anticipated invasion of Europe by the allied forces that everyone knew were gathering in Britain, seemed

long in coming and was shrouded in secrecy. There weren't leaks in those days, or very few anyway compared to today. People had a conscience and were patriotic. We waited and waited for the great invasion to take place. Where and when the allies would land was kept secret. It had to be, or the Germans would know where to concentrate their strength to repulse the invaders. The much-vaunted Maginot Line of the French had been broken by the Germans as if it were a pretzel. I can remember Dad telling me about that.

It wasn't until June 6, 1944 that we invaded. Eisenhower, a lowly Brigadier General in the Army, had been chosen to leapfrog over many generals his senior, to be Supreme Allied Commander of all the allied forces taking part in the Normandy invasion. This was a tremendous job. You had to be a diplomat as well as commanding general, for no country would easily allow its precious troops to be under the command of a general from another country.

I have seen a few World War II movies but not many, and never thought about the fact little or

nothing had been done about a movie on Dunkirk. In a way I'm glad, for Dunkirk has a sacredness about it, and now—apparently—this director has done a great job of depicting it, including the lead-up to the great evacuation. Despite the fact it's a war movie, it is rated PG-13. That says something for what you can do.

No, I will never forget those days, which our dad saw fit to make clear to a little tyke. The times were very tense and scary—I felt it—for should the Dunkirk evacuation have failed, the bulk of the allied armies of the time, French, British and some Belgian and Dutch, would have been lost. Britain would have almost assuredly have fallen, and finally, in time, the US mainland been invaded. Churchill spoke later of England's "Finest Hour" being when a small contingent of British planes saved Britain in the decisive "Battle of Britain." If not then, I think Dunkirk may have been *his* finest hour. And the finest hour of the people of southern England, who crossed the channel in all kinds of small boats—ANYTHING to evacuate those men so desperate on the French shore.



TRASH PICKUP SCHEDULE

Monday and Thursday: Berkshire, Andover, Bedford, Camden, Chatham, Dorchester, Greenbrier, Kent, Kingswood, Northampton, Somerset, Southampton, Sussex, Wellington and Windsor.

Tuesday and Friday: Cambridge, Canterbury, Coventry, Dover, Easthampton, Hastings, Norwich, Oxford, Plymouth, Salisbury, Sheffield, Stratford, Waltham

Monday, Thursday and Saturday: Golf's Edge

Bulk Pickup: Friday for all areas. It is not a pleasant sight to see the bulk trash out all week, so please remember to put your bulk trash out late Thursday evening or very early Friday.

Recycling: Wednesdays and Saturdays for all areas.

DURING SUMMER SEASON, RECYCLING PICKUP WILL BE WEDNESDAYS ONLY.

P O L I T I C A L

What is Your Real Estate Worth in Taxes?

BY SHANNON R. BOCK - WPC CLERK & COMPTROLLER



Friday, September 15, 2017, is the deadline to file a petition with the VAB. Palm Beach County government is predominantly funded by ad valorem property taxes. If you own property in Palm Beach County, August is the month when you receive your property's assessed and market values and proposed taxes in a Truth in Millage (TRIM) notice from the Palm Beach County Property Appraiser. You may file a petition with our office's independent Value

Adjustment Board (VAB) to contest a Property Appraiser's assessment, classification or exemption status for your property. When property values increase, not all property owners will receive a huge tax bill. Under Florida law, the taxable value of a homestead property cannot increase by more than 3% or by the percent change of the Consumer Price Index, whichever is less. State law allows Florida homeowners to claim up to a \$50,000 Homestead Exemption on their primary residence. The first \$25,000 of this exemption applies to all taxing authorities and the second \$25,000 excludes School Board taxes and applies to properties with assessed values greater than \$50,000.

Homestead exemption is granted to permanent Florida residents that own and live in the property on January 1. If you sell your Florida home, the state's portability laws allow you to transfer up to \$500,000 of your property's homestead value to the new property anywhere in Florida. Property taxes are calculated by subtracting your exemptions from the assessed value of your property, dividing the sum by a thousand, and then multiplying it by the total millage rate. If you've seen an increase in your TRIM, it is more likely a result of increased property value or millage rates. The VAB settles disputes between taxpayers and the Property Appraiser and is an independent entity not

affiliated with the Property Appraiser or the Tax Collector. The VAB consists of two county commissioners, one school board member and two citizen members who approve and hire special magistrates to settle disputes during scheduled quasi-judicial hearings. These hearings are open to the public. Last year, our VAB office processed 5,396 petitions. It is important to know that if you file a petition, it does not release you from paying your property taxes before the results of the VAB decision. You may lose your discount and/or accrue interest even if your assessment, exemption or classification is changed if you do not pay your taxes by the due date.

Palm Beach County Property Appraiser

BY DOROTHY JACKS, CFE, AAS



Autumn is upon us as we head into the final stages of the tax roll process. To recap some of the highlights from the summer, in July we received approval from the Florida Department of Revenue for the tax roll and we distributed the notices of proposed taxes (Truth In Millage or TRIM notices) to all taxpayers in the County on August 21st. After receiving the TRIM notice, which indicates a property's market and assessed values, owners have the option to appeal (or not) their property's assessment or denial of portability before the County's Value Adjustment Board (VAB). According to Florida law, the value petition filing period begins when the TRIM notices are sent and ends 25 days later. This year's deadline to file a petition is September 15, 2017. Our office is responsible for assessing more than 635,000 parcels and nearly 60,000 tangible personal property accounts in Palm Beach County. We work carefully to produce a fair and equitable tax roll. On average, the number of petitions filed in Palm Beach County is very low. In 2016, there were 5,336 petitions (both real property and tangible accounts) filed with the VAB, this is less than 1% of the total parcels in the County. This month's newsletter examines the VAB process. I hope you will find this information useful. In the last few months of 2017, we will be working on the final certification of values for the taxing

authorities and the Tax Collector's Office. **The Value Adjustment Board Process** Property owners who disagree with the property assessment listed on their Notice of Proposed Property Taxes (or TRIM Notice) have two options - contact the Property Appraiser's office for an informal review of the matter or file a petition for adjustment with the Value Adjustment Board (VAB), or both. The VAB is administered by the Clerk & Comptroller's Office, which is independent of the Property Appraiser's Office. The Board is made up of five individuals: two from the county's board of commissioners, one from the county's school board, and two citizen members. They approve and use special magistrates experienced in property appraisal techniques or legal matters who conduct hearings and recommend decisions to the VAB for final approval. Special Magistrates will review property valuation, denials of portability, deferrals, and change of ownership or control determinations. All final rulings are determined by the VAB. **Prior to Filing a Petition** Our office encourages property owners to contact us to request a conference regarding their concern prior to filing a petition. In preparation for this discussion, records on your property are available on our website. You can call us at 561.355.3230 or visit us at any of our service centers to begin the process. If the matter cannot be resolved, you can file a petition with the VAB.

Filing a Petition Florida law sets the deadlines for filing a petition on or before the 25th day following the mailing of the TRIM notice from our office. This year's deadline is September 15, 2017. These deadlines do not change, even if you choose to discuss the issue with our office. The VAB may charge up to \$15 for filing a petition. Petitions forms (with instructions) are available on our website or you may visit Palm Beach County's VAB website for online petition filing. Once a petition is filed, you will receive a notice with the date, time, and location of your hearing at least 25 days before your hearing date. You can reschedule your hearing once for good cause. If your hearing is rescheduled, the clerk will send notice at least 15 days before the rescheduled hearing. Fifteen days prior to the scheduled petition hearing, you are required to provide our office with a list and summary of evidence that you will present at the hearing. You can submit your evidence electronically on the Clerk's website, or send by mail or drop off evidence to our office located in downtown West Palm Beach.

If someone who is not a licensed professional represents you, you must sign the petition or provide written authorization or power of attorney for your representative. During the hearing, a special magistrate, usually a licensed appraiser or attorney, will ask you to present your evidence and testimony in support of your petition. A representative from our office will then present evidence in support of the property valuation, denied exemption, etc., depending on the issue. You will have another opportunity to comment before the end of the hearing. Keep in mind, although the decision of the magistrate is binding, the hearing itself is an informal process. The VAB will mail you a written copy of its final decision. In most cases, to win a reduction in appraised value before the VAB, you must prove that the county's appraisal of your property exceeded market value and explain why. Regardless of the outcome of your hearing, you must pay all or the required portion of your taxes by April 1 to keep your petition valid and avoid additional cost and fees.

Seven days before the VAB hearing, our office is required provide you with a list and summary of evidence, which will be presented at the hearing. **The Hearing** At the VAB hearing, you may represent yourself or seek assistance from a professional, some examples might be an attorney, a licensed real estate appraiser or broker, or a certified public accountant.

After the Hearing The VAB must issue all final decisions within 20 calendar days of the last day it was in session. You may file a lawsuit in circuit court if you do not agree with the VAB's decision. For more information about the VAB in Palm Beach County, click here to visit their website or call our office at 561.355.3230.

ORGANIZATIONAL NEWS

DO NOT resubmit dates for events already appearing unless there is a correction. There is no charge for listings. ALL SUBMISSIONS SHOULD BE ADDRESSED TO: ucoreporterwpb@gmail.com.

Submissions for Organizational News may be submitted in person at the UCO Reporter office on Tuesdays, Wednesdays and Thursdays from 9:00AM to 12:00PM.

(All meetings are in the main Clubhouse unless stated otherwise.)

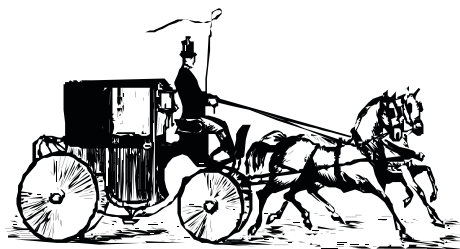
ACT II COMMUNITY THEATRE - Meets every Wednesday at 7:00 PM at the Clubhouse. New members welcome!

ACTORS STUDIO OF CENTURY VILLAGE: Join the fun! We have minor parts, leading roles, and a need for writers, stage hands and props people. We read scripts and practice acting every week, and we put on two performances a year. No prior acting experience needed. We meet every Monday night at 7:00 PM in Classroom B. Stop in or call Shari @ 415 385-9925.

AFRICAN AMERICAN CLUB
Fourth Sunday Potluck Social - WE'RE BACK! Our Potluck will be on Sunday, September 24th from 2 to 5 PM. Please bring food or beverage to share. We look forward to seeing you and ALL ARE WELCOME.
Cards & Games Nights - Come out to play Hand & Foot or Rummikub in the Clubhouse Card Room. All skill levels are welcome. For more details, contact: Terry 561-249-7262, or Sadie 845-541-7167. For general information on membership contact Mina 561-574-3240. Information on club events and activities, contact Cheryl 561-512-1307.
AITZ CHAIM: Daily services 8:00 AM. Mincha and Maariv at Sundown, Sisterhood 3rd Monday of month 10:00 AM. Charlotte 917-815-7711; Charlotte 478-8756; Anita 686-9083.

ALZHEIMER'S ASSOCIATION: Join us at these sessions of respite care for Caregivers. We meet in Card Room B - 10:00 AM to 12:00 Noon - 4:30 to 6:00 Starting September 11, 2017 - EVERY 2nd and 4th Monday of each month until May 08, 2018. We start again in September 2018.

ALZHEIMER'S ASSOCIATION: FREE COMMUNITY WORKSHOPS SEPTEMBER 15 - 11 AM - ROOM C Behavior is a powerful form of communication and is one of the primary ways for people with dementia to communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage. Join us to learn to decode behavioral messages, identify common behavior.



ANSHEI SHOLOM: 5348 Grove St. in Century Village. We are happy to welcome you to our Synagogue. Planning a party? Rent our Social Hall which is strictly kosher. Shabbat Services Friday evening at 5:00 PM and Saturday morning at 9:00 AM. If you have to say Kaddish please call ahead so we can get a minyan together. Upcoming events for September: - Sept. 4th 12:00-0 Noon Labor Day Bar-B-Que. Tickets available in Synagogue office. Sept. 17th at 10:00 AM the new Anshei Sholom Breakfast Club. Come enjoy a breakfast followed by our guest speaker to kick off this series, Rabbi Eli Kavon, who will discuss "Israel & Islam - The root of the conflict". Tickets are also available at the Synagogue office Monday through Friday, 9:00 AM to 11:30 AM. We will have the Breakfast Club every month in the off season when our Men's Club is on hiatus. Look for for the Men's Club to resume their fabulous breakfast programs in December. The Synagogue is offering a Rosh Hashanah basket consisting of Flowers, Kosher Wine and a challah for \$20.00. This a great gift for your friends or even for yourself for the High Holidays. Order forms are available in the office.

High Holy Day Services - Saturday September 16 - Selichot 8:00PM (Collation following services.) Wed. September 20 - Erev Rosh Hashanah - 6:00PM Thurs. September 21 - Rosh Hashanah 8:45AM-1:30PM (Tashlich immediately following services) Evening Services at 6:00PM Fri. September 22 - Rosh Hashanah (Second Day) 8:45 AM - 1:30PM Evening Shabbat Service - 6:00PM Fri. September 29 -Yom Kippur (Mincha 6:30PM) Kol Nidre 7:00PM- 8:30PM Sat. September 30 - Yom Kippur 8:45AM to 2:00PM (Yiskor approx. 10:30am) Evening Service - 5:30PM Mincha, Neilah 6:30PM Seats for High Holidays may be purchased at our office.

For further information on any or all of these events, please call the Synagogue office 684-3212.

BABY BOOMERS CLUB: Meetings 3rd Wednesday each month at 3:30 PM, December through April. Contact Lynn at Lynnsevan@aol.com for further information.

BALLROOM DANCE GROUP: Meets Mondays 2 - 4 PM, Party Room, except 2nd Monday is occasionally in Art Room. No charge. Info: Irwin @ 917-915-2174.

BEST SHORT STORY DISCUSSION GROUP: Meets 1st and 3rd Tuesday of each month. Craft Room 1:30 PM. Contact Julie at 249-6565

BIBLE STUDY GROUP - "Taste & See": Non-denominational group. All residents welcome. Meets every Sunday at 5pm, Classroom B, 2nd floor. For information call Leonore 478-9459.

B'NAI B'RITH CENTURY UNIT #5367: We will resume monthly meeting in October 2017.

BROOKLYN QUEENS CLUB: meets in the clubhouse party room October to April on the second Wednesday of the month at 2:00PM, doors open at 1:30. For further information, call club president Harriet Levine @ 684-9712.

CENTURY VILLAGE ARTISTS: We welcome all Century Village residents to view our artwork on 1st and 2nd floor of main Clubhouse. Info about purchase or display -- Beth Baker @ 684-3166.

CENTURY VILLAGE BOOK CLUB- We are already working on books for next season. For more information call 640-6944 or email arzj@Hot-mail.com

CENTURY VILLAGE BRIDGE CLUB: Activities four times weekly. Card Room A, Clubhouse. Call Kristy Brown 640-3120 ext. 0 or Bill Halprin (248) 672-2292. Advanced registration is required for lessons and/or Supervised Play. Scheduled events: (\$5/play)- Bridge lessons: beginners: Mon 1-3 PM, intermediates: Mon 3:30-5:30 PM, supervised play: Wed. 10:30AM - 12:30 PM, Duplicate Bridge: Wed. 1:00-4:30 PM, Sat. 1:00-4:30 PM.

CENTURY VILLAGE CAMERA CLUB: Any questions, e-mail Ken Graff at cameraclubcv@gmail.com.

CENTURY VILLAGE COMPUTER CLUB: Meet 1st Thursday at 1 PM in Classroom C from May through October. Annual Dues are \$12. Call Kathy @ 252-8495 or visit our website at: <http://www.cv-computerclub-wpb.com/>

CENTURY VILLAGE CRAFT CREATIONS KNITTING-CROCHETING CLUB: Meets every Tues. 9:30 AM-12 PM Craft room (104). We create items donated to - The Teacup Premie Program, Veterans. & Boys and Girls Club.

CENTURY VILLAGE GUN CLUB: Meets every 2nd Tuesday 7 PM in Classroom B. Every meeting has a guest speaker. For information call George at 471-9929.

CENTURY VILLAGE MEN'S CLUB: meets the first Sunday of every month at the Clubhouse at 9:30 AM. It is a great place to meet other men that live here at Century Village. Activities include dinners, dinner dances, fishing trips, football games, baseball games, basketball games, casino trips, cruises and other fun activities. Coffee, bagels, cream cheese is served at every meeting. Come and make new friends and have a great time. For more information please contact Ruben Ramos at 561-459-7176 or do-cruben1@gmail.com

CENTURY VILLAGE NORTH AMERICAN EDUCATORS CLUB: Meets the 2nd Monday of every month at 12:00 pm in Classroom C. It is a place where school-related retirees and in-service personnel can meet on a regular basis to socialize, share ideas, and learn about issues that affect them presently and possibly in the future. Contact Bob Zuckerberg at zuckie15@aol.com or 917-796-1317 for information.

CENTURY VILLAGE ORCHESTRA: Meet every Monday in Classroom C at 1:15 to 3:35 PM. More information call Rickie @ 683-0869 or Joel @ 688-9455. We need trombone players, string players and percussion players.

CENTURY VILLAGE (OA) OVEREATERS ANONYMOUS - Everyone welcome !!

Meets every Sunday 6:30 to 7:30 PM - In the Craft Room - First meeting July 16, 2017
For information call - 242-0189 or 347-469-2929 or 308-6444

CENTURY VILLAGE REPUBLICAN CLUB - Will meet the second Thursday of October. For information please contact Geoff 291-1940 or Barbara 689-9275

CENTURY VILLAGE WOODWORKING CLUB: Meets 6 days a week from 8:30 AM to 11:30 AM. Please come and join us in our hobby shop.

CENWEST FISHING CLUB: Meets 1st Wednesday of each month 3:00 to 4:30 PM Classroom B. For more Information call Al at 242-0351 or Capt. Mike at 570-445-4391.

CHRISTIAN CLUB: First meeting of the season of the Christian Club will be on Wednesday, October 4, 2017 in the Clubhouse Party Room at 1:00 PM. Christian Club meeting will be on the first Wednesday of every month October to May. Events are being planned for all year round. Everyone is welcome at the Christian Club. Upcoming Events: 2017 - 2018: September 11*: Bus trip to Calder Casino (*DATE PENDING) - October 15-21: Motor Coach trip to Myrtle Beach and Charleston, SC - Shows & Hotel package deal - November* - Overnight to Ft. Myers, FL - Dinner & Show on the Murder Mystery Train (*DATE PENDING) - December 3 - Christian Club Christmas Show - Jan. 30 - Feb. 1, 2018 - Two Nights Motor Coach trip to Miami & Key West, FL - March 13 - 15, 2018 - Motor Coach Trip to Orlando - Holy Land and Cocoa Beach, FL - For Club information call Rae: 561-254-2290 - For Events and Information call Figgy: 561-707-6548

COUNTRY LINE DANCING: Country and Regular, Monday and Friday 9:00 to 11:00 AM in the Art Room. For information contact Frankie 561-777-5712

ORGANIZATIONAL NEWS

THE NIGHT CLUB: We hold a FREE dance every week on Tuesday in the Party Room from 6:30- 9:00 PM. There's never been a Dance Party like this...we play every genre of music... Ballroom, Motown, Funk, R&B, Disco, Salsa, Swing, Rock & Roll, Blues, Line Dancing and CW. Requests taken...Come to dance, listen, watch... we bet you won't be nappin'...your feet will be tappin'... and your fingers snappin'. Call for more info: Erwin 917-915-2174 or Lou 561-398-8785

FRIENDS OF BILL WILSON: Meets every Thursday 6:30: to -8:00 PM in the Clubhouse, Craft Room.

BEST SHORT STORY DISCUSSION GROUP: Meets 1st and 3rd Tuesday of each month. Craft Room - 1:30 PM Contact Julie 249-6565

HASTINGS CUE CLUB: Welcoming New Members. We play Mon. - Sat. 9:30 AM - 12 noon. Bernie @ 684-2064 or Zev @ 290-4824.

HOLOCAUST SURVIVORS OF THE PALM BEACHES: Meets 1st Wednesday of month 9:30 AM, Golden Lakes Temple. Bus provided from Century Village Clubhouse. Information: call Kathy @ 689-0393

IRISH AMERICAN CLUB OF CENTURY VILLAGE- The Irish American Cultural Club of Century Village wishes everyone a safe and healthy season ahead. Meetings will continue to be held in Room C in the Clubhouse at 2 PM. Our first meeting will be on Tuesday, December 5, 2017. For further information, contact Carole- 914-343-5547.

ITALIAN AMERICAN CULTURE CLUB: (IACC) OF CENTURY VILLAGE: Meets the 3rd Wednesday of each month at the Clubhouse Party Room at 1:00 pm. For club information call Fausto 478-1821. Bowling Saturdays at Verdes Lanes, 9:00 A.M. for information call Lenny 471-2603. Saturday league bowling will resume in October, date to be announced- for info, call Lenny @ 471-2603. Check out our blog at: <http://cvitalianclub-wpb.blogspot.com>.

JEWISH WAR VETERANS POST #501: Meet 1st Sunday of month at Cypress Lakes Clubhouse. Breakfast, 9 AM. Guest speakers. Activities include servicing VA patients. Howard @ 478-2780.

JUDITH EPSTEIN CHAPTER OF HADASSAH: Meet 3rd Wednesday of month at Congregation Anshei Sholom.

KARAOKE Tuesdays 6 - 9 PM, in Party Room hosted by Marshall Eads. Fridays 6 - 9 PM, hosted by Janisse.

KNIGHTS OF PYTHIAS: Palm Beach Rainbow Lodge #203 meets the 2nd and 4th Tuesdays in Century Village Walgreens/Medical building (separate ground floor entrance), 100 Century Blvd., CSI Caregiver Services, at 1:00pm. We are an international fraternal organization, non-sectarian. The Lodge welcomes new members, dual members, transferees, and Pythian reinstatements regardless of inactive years of service. WE WELCOME ALL MEN! Participate in social and charitable events. Collation after each meeting. For further info, call Irv 683-4049. Check out our blog at: <http://knight203.blogspot.com>.

LATIN AMERICAN CLUB: (LAC)) celebrates its monthly dance on the third Sunday of the month. Remember, you must present the club ID CARD at all our activities. For more information call Juana(646-407-6808) or Madeline(631-697-4961). SEPTEMBER COMING EVENTS: Thursday - Sept.7: Bingo Night - 7:00 PM \$\$\$ Cash prizes according to attendance: Sunday - Sept. 17: Monthly Dance from 5:00 PM to 9:00 PM in the Party Room. Members must present LAC ID at entrance. Guests and members who haven't renewed their membership will pay \$3 at entrance.

LINE DANCE WORKSHOP STARTING THIS SUMMER - Learn the most used line dance steps. This will prepare you for line dancing. Have fun while stimulating your brain and working your muscles. Contact Class Office 561-640-3120 for starting date and time. For Information Contact Julie Adams - 731-439-0730.

MIND SPA DISCUSSION GROUP: Meet 2nd and 4th Thurs. 1:30 PM, only October through March, Classroom A. All invited for in-depth discussions of significant issues.. Allan @ 687-3602.

NEW YORK CITY TRANSIT RETIREES: N.Y.C. Transit Retirees, Anyone interested in attending a meeting of the New York City Transit Retirees of Florida, West Palm Beach Chapter, please call Kathy - 689-0393.

NORTHERN STARS: Canceled for the rest of the season. For Further info call Janisse @ 586-291-8286 or email to: northernstarsbo@hotmail.com

POLISH AMERICAN SOCIAL CLUB OF CENTURY VILLAGE- Established in February, 2016. The mission of the Polish American Social Club is to promote and preserve the traditions and customs of Polish ancestry. The club meets the 1st and 3rd Thursday of the month at 6:30 PM at the Art Room. For info. call Krystyna Teller at 561-674-4887, www.facebook.com/polishsocialclubflorida2x

PHILADELPHIA CLUB: The Greater Philadelphia Club meets the first Thursday of each month at 12:30 PM in the Clubhouse Party Room, with lunch and entertainment. Our next meeting will be on Thursday December 7, 2017 at 12:30PM in the Clubhouse Party Room. There will be lunch and entertainment. For information, contact Phyllis at 561-712-0612 or 215-219-0297

PICKLEBALL: Welcoming new members to the Pickleball club. Courts open at 8:00 each morning, great way to meet new people, exercise and have lots of fun. For more info, call Barbara Di Domenico @ 716-499-6737. Come join us to learn and play the fastest growing sport in the USA.

PROACTIVE RESIDENTS PROJECTS COMMITTEE: We are a non-profit group of CV resident owners concerned with Village issues. For information and meeting schedule check our Blog at <http://proactive-committeeblogspot.com/>

RUSSIAN CLUB: Canceled for the rest of the season. For Further info call Tamara @ 712-1417

SAILING CLUB: Meets every 2nd Fri. 10 AM, Classroom C. Info: Ron @ 683-8672.

SHUFFLEBOARD CLUB: Time of play is Tuesday 9:00 AM - , Wednesday and Thursday at 1:15PM. Equipment will be provided. We have all levels of members with a wide level of playing ability, from long time players to first time members. Our goal is to get outside have some exercise and get to meet new people Come and join us. Contact Jack at 640-3373.

SNORKEL CLUB: For information call Ron Helms 683-8678

The former **UNITED ORDER OF TRUE SISTERS** will resume meeting in the Party Room under **'FRIENDS OF THE PAST.'** The meeting will take place on Monday, September 11 at 11 AM to 12:30 PM. For information contact Contact Harriet @ 689-5102 ro Barbara @ 615-4527

THE SCRABBLE CLUB OF CENTURY VILLAGE: Every Tues. 6 PM 2nd Floor Card Room. For information call Lucy @ 729-0705.

THE VILLAGE SONGBIRDS: We are a singing group that sings in Memory Care Nursing Homes in Palm Beach County. We are auditioning men and women for the 2018 season. Auditions are held every Tuesday at 9:30 AM in Music Room A. If you sing in the shower - WE NEED YOU!! For information contact Carmen Watson @ 561-469-1220.

UNITED DEMOCRATIC CLUB OF CENTURY VILLAGE : Will meet at 1:30 PM in the Club House Party Room on Thursday, September 14th. Guest speaker will be Ms. Sylvia Sharps, Candidate for Palm Beach County Commissioner, District 2. Please help the Club collect school supplies for the students of Palm Beach County. Bring notebooks, paper, pencils, etc to our meeting on September 14th.

UNITED DEMOCRATIC CLUB OF CENTURY VILLAGE - Will meet on Thursday October 19 , 1:30 PM in the Clubhouse Party Room. Guest speaker will be Ms. Pam Keith, Candidate for U.S. House of Representatives, Florida Congressional District 18.

UNITERS SOCIAL CLUB OF CENTURY VILLAGE: A group of awesome diverse people coming together in a united way for social times. Bring a guest or come alone and meet other like minded individuals. Meet up every second Sunday of each month in Club House Craft Room. For additional information, call Esther 561 635-4298 or 561 328-7935. Like us on Facebook/United Social Club of Century Village.

YIDDISH CULTURE GROUP: The objective of the Yiddish Culture Club is to present programs that perpetuate our Jewish heritage. All of our programs are also translated into English. Our programs are held in the Auditorium on Tuesday morning at 10:00 A.M. Everyone is welcome.

HAMS WANTED!

Actors Studio Invites New Members

No Memorization Required

No Experience Necessary.

Workshops!

To be held during our Summer regular meetings. Can You Act? Direct? Write? Make Props? Actors Studio, CV's Readers Theatre Group, Invites You to Join in the Fun!

For more information please call Shari @ 415 385-9925

Actors Studio meets Monday Nights From 7 to 9 pm at the Clubhouse.

Check with the security desk for our room location.



BARRIOS CONSTRUCTION

Residential-Commercial

Lic#CGCI515634-Lic#I329049

General & Roofing Contractors

- Additions • Remodeling • Kitchen & Baths
- Windows & Doors • Roofing • New Construction
- HANDYMAN SERVICES

BIG ENOUGH TO MEET ALL YOUR NEED...
... SMALL ENOUGH TO BE YOUR FRIEND

“ A Century Village Resident”

Tel. 561-966-4531

Para Espanol Tel. 561-667-8903

barriosconstructioncorp@yahoo.com

EFFECTIVE SEPTEMBER 1, 2016

NO SMOKING

AT ANY RECREATION FACILITIES

MAIN CLUBHOUSE, HASTINGS CLUBHOUSE,
CAMDEN, DORCHESTER, KENT,
SO. HAMPTON & SOMERSET



VITAS [®] Healthcare		110 Century Blvd., Suite 101 • West Palm Beach, FL 33417		561-683-5012					
COMMUNITY RESOURCE CENTER — SEPTEMBER 2017									
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
ALL OF THE SERVICES WE OFFER HERE ARE FREE		PLEASE NOTE THAT EVENT DATES ARE SUBJECT TO CHANGE AT ANY TIME **FOOD PROVIDED WITH PRESENTATION		OFFICE HOURS: 9:00AM-11:59AM CLOSED – 12:00PM • 1:00PM-4:00PM		RSVP REQUIRED FOR EVENTS		1	
4 9:30am- 10:30am Chair Yoga 10:45am-11:30am Blood Pressure Check LABOR DAY LUNCH W/ VITAS		5 1:30pm-2:30pm Game Day		6 10:00am-11:30am Crafts w/ Bonnie		7 10:00am-11:30am Bereavement Support Group		8 10:00am-11:30am Color Therapy	
11 9:30am- 10:30am Chair Yoga 10:45am-11:30am Blood Pressure Check 10:00am-11:45am Massage Therapy *Limited Appointments*		12 1:30pm-2:30pm Game Day		13 9:00am-3:15pm FREE AUDIOLOGIST -Hearing checks ETC. Call for an appointment		14 10:00am-11:30am Bereavement Support group		15 Become a VITAS Volunteer Orientation will be 8:00am- 4:00pm guest speaker & light breakfast	
18 9:30am- 10:30am Chair Yoga 10:45am-11:30am Blood Pressure Check		19 10:00am-11:00am VITAS PRESENTS: “Hospice Trivia”		20 10:00am-11:30am Crafts w/ Bonnie		21 10:00am-11:30am Bereavement Support group		22 10:00am-11:30am Color Therapy	
25 9:30am- 10:30am Chair Yoga 10:45am-11:30am Blood Pressure Check		26 10:00am-11:45am Paint Therapy with AISHA		27 1:30pm-3:30pm GAME DAY		28 10:00am-11:30am Bereavement Support group		29 1:30pm-2:30pm Game Day	

The UPS Store

PRINT & BUSINESS SERVICES

P: (561) 478-7048 • F: (561) 686-1838
email: store0467@theupsstore.com



The UPS Store #0467
Village Commons
(Publix Shopping Center)
931 Village Blvd., #905
West Palm Beach, FL 33409

- Mailbox Services
- Print & Copy Services
- Notary Public
- Fax Services
- Scan & Email Services

- Print & Marketing Materials
- Professional Packing
- International Shipping
- Freight Shipping
- Document Shredding Service



PACK & SHIP GUARANTEE

Our certified packing experts are here to help.

The UPS Store

PRINT & BUSINESS SERVICES

\$2 OFF

Notary Service

Redeemable at The UPS Store #0467 only. Limit one coupon per customer. Not valid with any other offers.

The UPS Store

PRINT & BUSINESS SERVICES

59¢/Lb.

Shredding Service

Redeemable at The UPS Store #0467 only. Limit one coupon per customer. Not valid with any other offers.

The UPS Store

PRINT & BUSINESS SERVICES

\$2 OFF

UPS Shipping

Redeemable at The UPS Store #0467 only. Limit one coupon per customer. Not valid with any other offers.

ADVANCED MUFFLER & BRAKE

OF WEST PALM BEACH

A Full Service Automotive Repair Facility

2774 Okeechobee Blvd., West Palm Beach
(just east of Palm Beach Lakes Blvd.)

(561) 684-6882

NEW SERVICE! FRONT END ALIGNMENTS
Come in and allow us to be your friendly, trustworthy neighborhood mechanic!

SPECIALS:

A/C Service (REG. \$75) **Special \$59.95**

Coolant Flush (Reg. \$109.95) **Special \$79.95**

Wednesday Only Special:
Front End Alignment (Reg. \$69.95) **Special \$59.95**



- Cooling Systems
- Air Conditoning
- Charging Systems
- Tune Ups
- Driveline Service
- Fuel Induction Service

- Transmission Services
- Brakes
- Exhaust Repair
- Shocks & Struts
- Oil Changes
- Tires

Towing Available

ALL OF OUR
TECHNICIANS ARE
ASE CERTIFIED!

FREE

ENGINE
DIAGNOSTIC
SCAN

Most Cars
Must Present Coupon

*Not valid with any other offer

SPECIAL

\$26.95

OIL CHANGE
with 25 Point
Courtesy Check

Must Present Coupon
Most cars. Excludes
synthetic.

*Not valid with any other offer

15%

Senior
Discount

Must Present Coupon

*Not valid with any other offer

WPRF
NEWS

BY EVA RACHESKY



Five Databases

Dear Residents,

In this month's article, I would like to touch on those residents who come to the Clubhouse with a caregiver. Recently the Ushers experienced a situation where a caregiver brought her charge into the theater and then left. What if the charge needed help with something? Who was to provide the assistance now that the caregiver had left the building?

While we, the staff, strive to meet the varied needs of the residents that avail themselves of the facilities, the fact is, a caregiver is paid to give care to the person in their charge. To “deposit” them at the Clubhouse and leave is abdicating their responsibility to their charge. WPRF frowns upon

this and expects the caregiver to stay with their charge for the duration of the visit. Additionally, the caregiver did NOT have the proper WPRF ID card. The Ushers worked in tandem with Security who then made sure that both the resident and caregiver understood the course of action needed to rectify the situation. Happily, the resident and aide now come to the clubhouse with the proper ID's and stay to enjoy the Sunday movie matinee together!

At the last Delegate Assembly, a resident thought it was a good idea to march themselves up on the stage in order to make their point to the audience from a greater height. Those residents accessing the stage have always been asked to sign a Release and Hold Harmless. No one will be allowed on the stage if they have not signed the necessary paperwork. There was an incident where a resident fell down that short flight of stairs and broke BOTH legs. In an effort at keeping everyone safe, I ask for the cooperation of all residents in this regard.

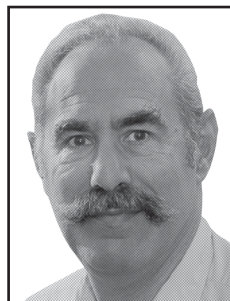
The last topic to be discussed is that of religious flyers being left in various areas of WPRF property. This is not allowed. As the literature is found by my staff, security or janitorial...it is being picked up and disposed of. Thank you for your anticipated cooperation.

September 2017

SERVICES

Safety

By George Franklin



carefully but watch out for walking children and stopped school busses. An accident could cost in injuries and mega bucks with insurance costs and traffic fines. The police will be out in force watching for traffic violators. Watch for flashing yellow lights indicating school speed zones along with signs. DO NOT ever pass a stopped school bus when it is flashing RED lights with stop signs showing! Wait until the driver has turned off the lights and pulled in the stop signs and begins to move. Even then proceed slowly with caution. The latest report from the Sheriff's Office shows that there were 38 traffic warnings given out here in the Village and 26 traffic citations issued! PLEASE obey stop signs and speed limits.

These citations are expensive just ask anyone that has received one! One last subject. Seems that people still don;t know you CAN NOT win a lottery if you don't buy a ticket. In addition to this the lottery DOES NOT have your name and phone number so they can NOT call you! If you receive a call like that HANG UP THE PHONE Immediately! Do Not engage in conversation! Also no one in Nigeria has SEVEN MILLION DOLLARS waiting for you to claim! DELETE those e mails and NEVER engage back and forth with these people or send any money!! Last but not least we are now working with representatives from Senator Marco Rubio and Congressman Brian Mast's Offices to set up a once a month visit to the club house. You will be able to meet and greet along with asking any questions relating to any Federal issues that may be affecting you and get them resolved or voice your concerns. Watch for further information as we work all this out. Until next time as always Be safe and secure out there and if you need to sit and discuss any of these issues I have mentioned here please feel free to call me at UCO and I will be glad to discuss them with you.

The advertisement is enclosed in a double-line border. On the left, a vertical grey bar contains the word "VERTICALS" in white, spaced-out capital letters. To its right, a dark grey square logo features a stylized white "W". Further right, a dark grey horizontal bar contains the word "WHOLESALE" in white, spaced-out capital letters. Below this bar, the text "PVC • Woods", "Faux Woods", "Woven Woods", and "Shutters" is listed in a serif font. To the right of the text is a black and white photograph of a window with dark shutters, a small table with a lamp and plants, and a chair. Below the photograph, the text "Visit our Showroom" is in a bold serif font, followed by "Monday-Friday 9 a.m. to 4 p.m." and "6001 Georgia Avenue, Suite 10, West Palm Beach" in a regular serif font. Below this is the text "Call for an In-Home Appointment" in a bold serif font. A horizontal line separates this from the large, bold, sans-serif phone number "561-585-1485" at the bottom.


Petrina Penio, P.A.
Attorney at Law

Condominium Law
Wills - Probate
Trusts - Estate Planning
Medicaid Planning
Real Estate

Northbridge Centre
515 North Flagler Drive Suite 300P
West Palm Beach, FL 33401


561-568-2320

Free initial consultation at my office or YOUR home




Great Clips®
IT'S GONNA BE GREAT™

Great haircut,
great price.

 **OnlineCheck-In®**

Download our free app
or visit greatclips.com.



CENTURY VILLAGE CLASS SCHEDULE

SEPTEMBER 2017

Class Registration in the Staff Office Monday - Friday 9:00am-4:30pm

Payments by CASH or CHECK ONLY

MONDAY								
COURSE NAME	INSTRUCTOR	BEGINS	ENDS	TIME	COST	MTRLS	WEEKS	ROOM
STAINED GLASS	PETE	09/05/17	09/26/17	1:00-3:00PM	\$ 20.00	***	4	STAINED GLASS
TUESDAY								
COURSE NAME	INSTRUCTOR	BEGINS	ENDS	TIME	COST	MTRLS	WEEKS	ROOM
CERAMICS	GERT	ONGOING	ONGOING	9:00-11:00AM	\$ 36.00	***	6	CERAMIC
BASIC LINE DANCE STEPS WORKSHOP - <u>NEW!</u>	JERRI	09/12/17	10/03/17	10:00-11:00AM	\$ 5.00		4	ART ROOM
TAP DANCE - BEGINNERS/INTERMEDIATE	JOAN	09/05/17	09/26/17	11:00AM-12:00PM	\$ 24.00	***	4	PARTY ROOM
ZUMBA GOLD	PATRICIA	09/05/17	09/26/17	11:15-12:15PM	\$ 32.00		4	FITNESS CENTER
PEACE EDUCATION CLASS	BRUCE	ONGOING	ONGOING	6:30-7:30PM	FREE		10	CLASSROOM A
WEDNESDAY								
COURSE NAME	INSTRUCTOR	BEGINS	ENDS	TIME	COST	MTRLS	WEEKS	ROOM
LATIN RHYTHM DANCE	MIRIAM	09/06/17	09/27/17	10:00-11:00AM	\$ 20.00		4	ART ROOM
LECTURE SERIES WITH MYRNA	MYRNA	09/06/17	09/27/17	10:30-12:00PM	\$ 25.00		6	MEETING ROOM C
BALLROOM DANCE CLASS BEGINNER	NATALIA	09/06/17	09/27/17	4:00-5:00PM	\$ 25.00		4	ART ROOM
BALLROOM DANCE CLASS INTERMEDIATE	NATALIA	09/06/17	09/27/17	5:00-6:00PM	\$ 25.00		4	ART ROOM
STAINED GLASS	PETE	08/30/17	09/20/17	6:00-8:00PM	\$ 20.00	***	4	STAINED GLASS
THURSDAY								
COURSE NAME	INSTRUCTOR	BEGINS	ENDS	TIME	COST	MTRLS	WEEKS	ROOM
CERAMICS	GERT	ONGOING	ONGOING	6:30-8:30PM	\$ 36.00	***	6	CERAMIC
FRIDAY								
COURSE NAME	INSTRUCTOR	BEGINS	ENDS	TIME	COST	MTRLS	WEEKS	ROOM
CERAMICS	GERT	ONGOING	ONGOING	9:00-11:00AM	\$ 36.00	***	6	CERAMIC
SATURDAY								
COURSE NAME	INSTRUCTOR	BEGINS	ENDS	TIME	COST	MTRLS	WEEKS	ROOM
BEGINNERS BALLROOM GROUP	ERWIN	09/09/17	09/30/17	10:00-11:00AM	\$ 25.00		4	ART ROOM
BALLROOM PRIVATE INSTRUCTIONS-SINGLE	ERWIN	09/09/17	09/30/17	11:00AM-12:00PM	\$ 50.00		4	ART ROOM
BALLROOM PRIVATE INSTRUCTIONS-COUPLE	ERWIN	09/09/17	09/30/17	11:00AM-12:00PM	\$ 75.00		4	ART ROOM

NO REFUNDS OR NEW REGISTRATIONS AFTER THE END OF THE 1ST CLASS

ROOM LOCATION SUBJECT TO CHANGE OR MODIFICATION. \$15.00 SERVICE CHARGE ON ALL RETURNED CHECKS

(***) MATERIALS NEEDED. PLEASE PURCHASE MATERIALS PRIOR TO START OF CLASS. TAP SHOES REQUIRED FOR TAP DANCE CLASS.

All Classes are NOT final, and are subject to change. Call Class Office with questions: 561-640-3120 option 0
Have a Class Idea or Interested in Teaching a Class? Call the Class Office at 561 640-3120 Ext. 0 or stop by the office

Greetings Century Village Residents! My name is Melissa Harris and I am pleased to be your new Class and Meeting Room Registrar. I am hard at work getting the rooms and classes set up for this fall and the upcoming season.

I am asking for all Clubs and Class Instructors to come in and fill out new reservation forms so we can be certain all requests are up-to-date. Please bring a list of the dates you are requesting. As always, all requests must be approved by our V.P., Eva Rachesky.

I have met with Eva and we have decided upon a few changes for classes and room reservations.

1. We will now accept reservations for ONE YEAR ONLY. This reservation period will run from April through the following March. All new reservations will only run until the end of March, 2018.
2. Reservations will no longer be open ended. Once the reservation dates have passed, that reservation will no longer be valid and the club representative or class instructor must submit a new reservation request and list of dates for approval.
3. We will honor current reservations, but it is the responsibility of the Club or Instructor to be certain we have the proper paperwork.
4. Reservations for April 2018 thru March 2019 will not be accepted until Feb. 15, 2018.

As always, reservations and setup are subject to change or cancellation at the sole discretion of W.P.R.F.
You may contact me in the Class Office. My email is classoffice.wpb@cenrec.com and the phone number is 561-640-3120, option 0.
Here's hoping for a fun-filled fall and Season!

Cash Paid For Your Car



HASSLE FREE!

Call Debbie @
561.502.2939

DARLING CONTRACTING SERVICES & MORE

HANDYMAN SERVICES

LICENSEDINSURED



Painting • Flooring • Drywall • Windows
Doors • Kitchens • Baths • Custom Carpentry
"Quality Workmanship At Affordable Rates"

561-386-4066



EXPLORING COPENHAGEN

BY NICHOLAS MA

It was the beginning of summer—a seemingly anticlimactic, blazing-hot summer awaiting me after I returned from my freshman year in Gainesville. While my internship did keep me busy, I dreaded the monotony of going to work every day. Do not fear, Air Norwegian’s low European air fares whispered assuring to me, your vacation is here. Indeed, Air Norwegian’s tickets to Copenhagen (Denmark’s capital) from Fort Lauderdale were even cheaper than a flight to San Francisco. Denmark, until just this year, was ranked the Happiest Country of the World, as well as the land of former-Vikings who have turned their energies towards bike-riding, culinary innovation, beer-drinking, recycling and Lego-making. From there, we planned to head to Sweden and Norway as well. With all our preparation, we were Denmark-bound and ready to start our two-week-long summer getaway.

Upon landing on a clear sunny afternoon—a true Danish anomaly—in Copenhagen airport, we made haste boarding the airport transit to the city’s Central Station, from which our accommodation, STF Copenhagen Star hotel, was situated right across the exit. For newcomers, the Copenhagen Grand Free Walking Tour is essential to getting acquainted with the Danish capital. Our tour guide took us on a three-hour long city-wide trek along the cobblestone streets of Copenhagen, entertaining us with tales from the city’s history, from its ax-wielding warrior-cleric founder, Bishop Absalon,

to the modern fairytale romance between Danish Crown Prince Frederick and Australian former-commoner Princess Mary. Perhaps most heartening was Denmark’s miraculous Jewish evacuation during German occupation in WWII. The Danes had a three-day advanced notice about Nazi deportation plans for the Jews, and used their narrow time span to evacuate 7,220 out of Denmark’s 7,800 Jews to neutral Sweden. Danish Nobel Prize-winning physicist Niels Bohr negotiated asylum status for the refugees using his diplomatic connections at the Swedish embassy. After the war, the returning Jews found all their properties maintained as if they never left. Other stops along the tour include the royal palaces in Copenhagen, Christiansborg and Amalienborg, which still stand today to house the Danish government and monarchy. Nyhavn Harbor, Copenhagen’s famed scenic port, may have been the loveliest site of the day. Lined with bright, multicolored homes, restaurants, and shops along the pier, Nyhavn Harbor is the perfect spot to unwind for the afternoon or evening. Since the establishment along the pier are notoriously expensive, a leisurely stroll would suffice for my parents and me. The clean blue waters of the port are never still, with ferries and fishermen skiffs coming in and out with tourists and fresh catches from the Baltic Sea.

On our next day, we continued wandering through the Inner City.

Along our walk, we grew ever more charmed by Copenhagen’s traditional narrow cobblestone streets, where bicycles reign as the favored mode of transportation among the populace. Though the ground we tread on is old, the buildings are a colorful mix of quaint stone and brick apartments and modern metropolitan shopping malls. For whatever reason, 7-Elevens are ubiquitous throughout the city; there are two inside the Central Station and about three more just outside. Although the sky was cloudy and rainy, the city was singing with the sound of bicycle bells, violins and accordions

from street performers, and chatter and laughter among tourists and locals. The crepe and hot dog stands at every corner were culinary oases for tourists seeking refuge from Copenhagen’s wallet-siphoning prices. In such an atmosphere, one could discover the concept of hyggæ, an untranslatable Danish word describing a sense of coziness and intimacy, a sort of “Danish Zen” or glue that seals a society together, wrapped and snuggled under a warm blanket with a mug of coffee and a

and visited the observatory at the top where Tycho Brahe, the famed Danish astronomer, gazed at the heavens. The tower has no steps, since its builder, King Christian IV, was supposedly too lazy to walk up and instead had a spiral slope for a horse carriage to carry him. At the top, we received a 360-degree view of the city, revealing Denmark’s flat skyline, consisting only of church spires and scattered pointy roofs. Afterwards, I did a bit of my own wandering around Copenhagen. I headed up towards the Kastellet, a Danish military barracks complex situated in the middle of a pentagram-shaped island surrounded by a moat. Nearby is Churchill park, with an Anglican Church, a bust of Churchill, and a monument to British servicemen who liberated Copenhagen from the Germans. Just north of the Kastellet is the statue of famed Danish writer Hans Christian Anderson’s Little Mermaid. I initially avoided visiting this cultural icon, described as the most overrated tourist attraction in Copenhagen and perhaps the furthest from my hotel. At last, however, I saw the greening-bronze fish-maiden, sitting on a rock at just four-feet tall. Unimpressive in retrospect, but after evading me for my entire stay at Copenhagen, the Little Mermaid was a charming site for sore eyes.

Upon our departure on the next day, I knew I would miss



cinnamon pastry in hand.

In the late afternoon, we took the Copenhagen Canal Grand Tour, which offered an incredible view of the city and its Nordic architecture by a canal ship. With buildings ranging from the centuries-old red-brick stock exchange and rickety house-boats to the graduation cap-shaped National Opera House and the modern glass, box-like dwellings, one could sense the underlying practicality and innovativeness of Danish society. Lying back would also be enough, simply to feel the northern evening breeze breathe a gentle chill across the waters and watch the sun sink gently into the ripples of the Baltic like a golden leaf falling onto a pond.

On the fourth day, we wrapped up our time at Copenhagen. We ascended the Round Tower near the city center

Copenhagen. There is too much to say about the Danish port capital and too little space to express my lukewarm fondness for the city. The city was my gateway to Scandinavia, the beginning chapter to my adventures in these ex-Viking lands. Before boarding the train to Sweden, I spent my remaining Danish kroner at a market in the Central Station on some bread, cheese, two large frikadeller (Danish meatballs), and a Wienerbrod (the pastry more commonly known as “Danishes”, despite originating from Vienna). There was no meal as simple and delicious, especially as we crossed the Oresund bridge to Malmo and bid farewell from our train cabin to one of the happiest countries in the world.



Did you know some Medicare beneficiaries are eligible for extra help with prescription drug costs and may not even know it?



You may be eligible right now to choose a Humana Medicare Advantage Plan to get the Medicare and prescription drug benefits you need and more.

- ✓ Do you have *Medicare* and *limited financial resources*?
- ✓ And an annual income *under \$18,090*?

OR

- ✓ Are a married couple with a *combined annual income under \$24,360*?

If so, you may be eligible to enroll at any time.

Don't miss out!

Call to speak with a licensed Humana Sales Agent



Toll free 1-877-315-6883 (TTY: 711)

8 a.m. – 8 p.m., Monday – Friday

¿En Español? Llame gratis al 1-877-315-6847

Humana®



Humana is a Medicare Advantage HMO, PPO and PFFS organization with a Medicare contract. Enrollment in any Humana plan depends on contract renewal. Humana Inc. and its subsidiaries (“Humana”) do not discriminate on the basis of race, color, national origin, age, disability, or sex.

English: ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call toll free 1-877-315-6883 (TTY: 711). Español (Spanish): ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame gratis al 1-877-315-6847 (TTY: 711). 繁體中文 (Chinese): 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-877-315-6883 (TTY：711)。



Act 2 Community Theater

*Meets
Every Wednesday
At 7:00 p.m.
at the
Clubhouse*

Phyllis Richland Invites You To
Brunch-n-Learn with Attorney Jennifer Cunha

UNDERSTANDING YOUR MAINTENANCE CONTRACTS

September 14, 2017 @
9:30-12:00 NOON
Please Notice Change of Room

MEETING WILL BE IN ROOM C
Breakfast will be provided!

Seating is Limited - RSVPs required!
BOARD MEMBERS ONLY PLUS ONE
Please call 561.231.0640

Jennifer may also be reached at:
Jennifer M. Cunha, Esq.
601 Heritage Dr., Ste 424 • Jupiter, FL • 33458

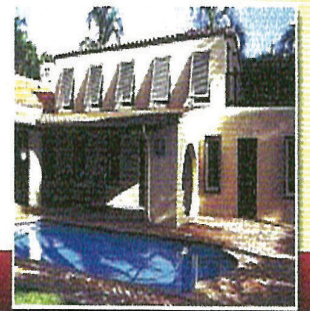
Jennifer@jennifercunhalawoffice.com

*Phyllis Richland is not affiliated with the Law Office of J. M.

**SUNSHINE
ALUMINUM**

**PROTECT YOUR HOME FROM
HURRICANES & CRIME**

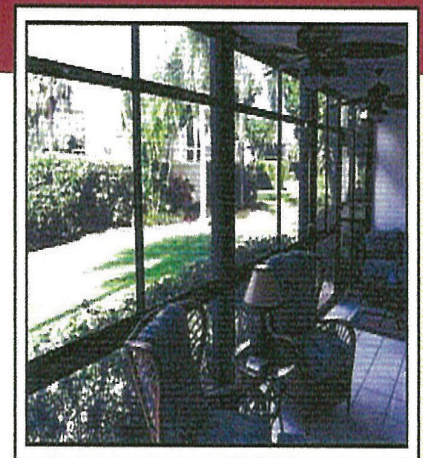
- STORM PANELS
- COLONIAL SHUTTERS
- ACCORDION SHUTTERS
- AWNINGS (Impact & Non Impact)
- BAHAMA SHUTTERS
- ROLL UPS



Add Functionality And Space To Your Home

Convert Your Screen Room Into A "Usable Room"

With Either Glass, Acrylic or Vinyl Window Enclosures



We Also Offer & Install:



PATIO ROOFS
Insulated & Non Insulated

SCREEN ENCLOSURES

**DECORATIVE SCREEN
DOORS**

**P.G.T. WINDOWS &
DOORS**

Impact & Non-Impact

Complete Service & Repair Department.

State Certified Building Contractor (CBC# 1258963)

**SUNSHINE ALUMINUM
SPECIALTIES INC.**



5440 Maule Way • West Palm Beach

www.SunshineAluminum.com

TOLL FREE IN SOUTH FLORIDA

800-427-3705

WEST PALM BEACH

(561) 842-3643

DELRAY

(561) 272-4414

LICENSED • BONDED • INSURED

CALL TODAY FOR A NO OBLIGATION FREE ESTIMATE



Around the Bases with Irwin Cohen

It was just a bit over 60 years ago in the waning weeks of 1956 when the Brooklyn Dodgers traded the iconic Jackie Robinson.

It was a great time for this youngster living in Detroit and the most important thing in life was collecting baseball cards and watching The Lone Ranger on television. The top television shows at the time were: The Ed Sullivan Show, The sixty Four Thousand Dollar Question, The Perry Como Show and I Love Lucy. The only movie I saw that year was Cecil B. Demille's lengthy "The Ten Commandments," starring Charlton Heston as Moses.

Jackie Robinson finished his tenth year in the majors in '56 with a .275 batting average and ten home runs. He was slowing down and only saw action in 117 of the Dodgers' 154 games, playing mostly third base, but also playing first and second base and the outfield.

Only six weeks away from turning 38 at the time of the trade, the Giants thought there was enough in his tank left to be of help to their team and wanted the man who broke baseball's color barrier in 1947 and had a career .311 batting average. The trade shocked Brooklyn and its Dodgers players and especially Robinson. Ebbetes Field was his second home and his Brooklyn uniform with number 42 on it was part of him.

Robinson rejected the trade, but not because, as most people still believe, that he didn't want to play for the hated rival Giants. Robinson had no love for then Dodgers owner Walter O'Malley who squeezed out Jackie's mentor Branch Rickey and was at the time, running the Pittsburgh Pirates. Robinson liked and admired Giants owner Horace Stoneham who offered him a hefty raise to join his team. But Robinson's body told him it was time to retire and accept an offer from private industry to be vice-president of a coffee company.

One of baseball's top trivia questions to this day is, "Who was Jackie Robinson traded for?"

Answer: Dick Littlefield.

Littlefield is quite a story. Signed off the sandlots of Detroit by a local scout who worked for the Boston Red Sox, Littlefield spent the late 1940s pitching his way up the minor

league ladder in Oneonta, Wellsville, Roanoke, Scranton and Birmingham before making his Boston debut in 1950. He was sent back down for more seasoning with Memphis and Buffalo and then was sent to the Chicago White Sox. The ChiSox sent him to his hometown Tigers in '51 who swapped him to the St. Louis Browns the following year and he went with the franchise when it relocated to Baltimore and became the Orioles.

Littlefield often saw Baltimore mayor Tommy D'Alesandro and his young daughter, Nancy at home games. She went on to be politician Nancy Pelosi and Littlefield went on to pitch for the Pittsburgh Pirates, St. Louis Cardinals and the Giants before he was traded for Robinson. When the trade fell through, he started the '57 season with the Giants but was traded to the Chicago Cubs. It was his ninth big league team in nine years, a record at the time.

Littlefield told the press: "When I phone home, my wife is always afraid that I've been traded again."

But it was ten teams in ten years in 1958 when the Cubs traded him to the Milwaukee Braves. But after compiling 33 big league wins and 54 losses he was sent back down to the minors and spent the next couple of years trying to pitch his way back by toiling for Wichita, Louisville, Indianapolis, Dallas-Fort Worth before managing the latter in 1962.

He was 35 at the time and had a minor league pitching record of 91-69 and a fairly good earned run average of 3.55. But it was time for the wife and kids to have a normal life and it was back to their Detroit home where he worked in a tool and die factory and would be part of the Detroit Tigers alumni where I often saw him.

Littlefield died in 1997 at age 71 giving him another unusual distinction. He was born in Detroit, lived in Detroit, played for Detroit, died in Detroit and was buried in the city of Detroit.

Author, columnist, public speaker Irwin Cohen headed a national baseball publication for five years and interviewed many legends of the game before working for a major league team where he earned a World Series ring. The CV snowbird may be reached in his dugout at irdav@sbcglobal.net.

Sports of the Century—Village

BY TED MILHAM

“Take one and bunt down the third base line.”

Ted Milham, still pinch-hitting for his brother Sam, describes a fight in the stands, agrees with Sam on two baseball proposals, and has a Super Bowl suggestion.

My brother Sam, four friends and I had season tickets to Yankee Stadium to watch the football Giants. To this day I am amazed we are still alive because of the heated—almost violent—arguments we had in the car during our ride from Brooklyn to the Bronx. Crazier still, our arguments were almost always about BASEBALL.

FIGHT IN THE STANDS:

Speaking of arguments, one of the problems we encountered in Yankee Stadium at the Giants' football games was fans who would guzzle beer all game long. For the first half it would just be having to step back as they walked in front of us several dozen times to go to the men's room. By the third and fourth quarter, they were just plain drunk, and arrogant and rowdy, and more than a few times spilled beer on us. I finally responded, and not in a friendly way, which led at first to a verbal confrontation. I was a New York City firefighter and was scheduled to work on this particular Sunday night, so I left late in the third quarter. I had ridden to the game with the guys by car, in which we had our usual BASEBALL arguments, but had to travel from the stadium in the Bronx to my firehouse in Brooklyn by subway, which was well over an hour away.

The next day Sam called and told me that I had almost got our guys all killed, because a bunch of the drunks physically attacked them—and Sam blamed me. Fortunately, a group of black fans who witnessed the attack joined the fray on the side of the good guys (Sam and company) and order was restored.

THE BROTHERS DO AGREE SOMETIMES:

There are some ideas my brother Sam has advocated that I think make sense. By now you readers should all be familiar with his "Eye in the Sky" proposal, which is far superior to the current baseball-challenge protocol. It just prolongs the game when umpires have to connect with some all-knowing guru in New York City to determine the validity of a challenge. Place a fifth umpire at each game in front of a replay monitor, and you won't even need the time-consuming challenge. The "Eye in the Sky" communicates with the umpire immediately: "Stanley, you got that wrong." Case closed.

Sam's other good idea concerns the World Baseball Classic. I am not a fan of this series, but many people are. Play the games in November after the major league baseball season is over. The problem with the current spring schedule is that you are asking players to go all out before they are in shape to do so. That is why they are in spring training in the first place, so asking them to play full tilt before they are ready just increases injury potential.

MY FOOTBALL SUGGESTION:

Some people have called for the Monday after the Super Bowl to be a national holiday in order to allow us all to sober up after those Super Bowl parties. I think it's a great idea, but it just ain't gonna happen. Simple solution: play the game on Saturday night. Any votes for this?

Sam Milham hosts a Channel 63 Sports Show daily at 10:00 a.m. and 4:00 p.m., as well as a Computer Radio Show Monday night at 5:00 p.m. on the WEI network.



SEPTEMBER-INTERNAL BUS ROUTE - 1

PLEASE HAVE YOUR ID READY FOR THE DRIVER

Clubhouse	8:00	9:00	10:00	11:00	DRIVERS	1:00	2:00	3:00	4:00	5:00	6:00	7:00	8:00	9:00	10:00
Century Blvd and East Dr	8:01	9:01	10:01	11:01	LUNCH	1:01	2:01	3:01	4:01	5:01	6:01	7:01	8:01	9:01	10:01
East Dr and Dover A-B	8:02	9:02	10:02	11:02		1:02	2:02	3:02	4:02	5:02	6:02	7:02	8:02	9:02	10:02
South Dr and Dover B-C	8:03	9:03	10:03	11:03		1:03	2:03	3:03	4:03	5:03	6:03	7:03	8:03	9:03	10:03
Somerset Pool	8:04	9:04	10:04	11:04		1:04	2:04	3:04	4:04	5:04	6:04	7:04	8:04	9:04	10:04
Somerset Tennis Court	8:05	9:05	10:05	11:05		1:05	2:05	3:05	4:05	5:05	6:05	7:05	8:05	9:05	10:05
South Dr and Somerset Dr	8:05	9:05	10:05	11:05		1:05	2:05	3:05	4:05	5:05	6:05	7:05	8:05	9:05	10:05
South Dr and Somerset J-L	8:06	9:06	10:06	11:06		1:05	2:06	3:06	4:06	5:06	6:06	7:06	8:06	9:06	10:06
South Dr and Berkshire A-K	8:06	9:06	10:06	11:06		1:05	2:06	3:06	4:06	5:06	6:06	7:06	8:06	9:06	10:06
Berkshire B	8:07	9:07	10:07	11:07		1:07	2:07	3:07	4:07	5:07	6:07	7:07	8:07	9:07	10:07
South Dr and West Dr	8:07	9:07	10:07	11:07		1:07	2:07	3:07	4:07	5:07	6:07	7:07	8:07	9:07	10:07
West Dr and Berkshire A-K	8:08	9:08	10:08	11:08		1:08	2:08	3:08	4:08	5:08	6:08	7:08	8:08	9:08	10:08
Camden F	8:08	9:08	10:08	11:08		1:08	2:08	3:08	4:08	5:08	6:08	7:08	8:08	9:08	10:08
Camden C-D	8:09	9:09	10:09	11:09		1:09	2:09	3:09	4:09	5:09	6:09	7:09	8:09	9:09	10:09
Benton St and Windsor Dr	8:09	9:09	10:09	11:09		1:09	2:09	3:09	4:09	5:09	6:09	7:09	8:09	9:09	10:09
Benton St and West Dr	8:10	9:10	10:10	11:10		1:10	2:10	3:10	4:10	5:10	6:10	7:10	8:10	9:10	10:10
Camden Dr and West Dr	8:10	9:10	10:10	11:10	DRIVERS	1:10	2:10	3:10	4:10	5:10	6:10	7:10	8:10	9:10	10:10
Camden Dr and Windsor Dr	8:11	9:11	10:11	11:11	LUNCH	1:11	2:11	3:11	4:10	5:11	6:11	7:11	8:11	9:11	10:11
Windsor Dr and Durham St	8:11	9:11	10:11	11:11		1:11	2:11	3:11	4:11	5:11	6:11	7:11	8:11	9:11	10:11
Durham St and West Dr	8:12	9:12	10:12	11:12		1:12	2:12	3:12	4:12	5:12	6:12	7:12	8:12	9:12	10:12
Evans St and West Dr	8:12	9:12	10:12	11:12		1:12	2:12	3:12	4:12	5:12	6:12	7:12	8:12	9:12	10:12
Evans St and Windsor Dr	8:13	9:13	10:13	11:13		1:13	2:13	3:13	4:13	5:13	6:13	7:13	8:13	9:13	10:13
Farham St and Windsor Dr	8:13	9:13	10:13	11:13		1:13	2:13	3:13	4:13	5:13	6:13	7:13	8:13	9:13	10:13
Farham St and West Dr	8:14	9:14	10:14	11:14		1:14	2:14	3:14	4:14	5:14	6:14	7:14	8:14	9:14	10:14
UCO	8:15	9:15	10:15	11:15		1:15	2:15	3:15	4:15	5:15	Except Saturdays and Sunday				
Wellington Dr w and West Dr	8:16	9:16	10:16	11:16		1:16	2:16	3:16	4:16	5:16	6:16	7:16	8:16	9:16	10:16
Wellington M	8:17	9:17	10:17	11:17		1:17	2:17	3:17	4:17	5:17	6:17	7:17	8:17	9:17	10:17
Wellington L	8:17	9:17	10:17	11:17		1:17	2:17	3:17	4:17	5:17	6:17	7:17	8:17	9:17	10:17
West Dr and Wellington K	8:18	9:18	10:18	11:18		1:18	2:18	3:18	4:18	5:18	6:18	7:18	8:18	9:18	10:18
West Dr and Wellington J	8:18	9:18	10:18	11:18		1:18	2:18	3:18	4:18	5:18	6:18	7:18	8:18	9:18	10:18
West Dr and South Dr	8:19	9:19	10:19	11:19	DRIVERS	1:19	2:19	3:19	4:19	5:19	6:19	7:19	8:19	9:19	10:19
South Dr and Wellington H	8:19	9:19	10:19	11:19	LUNCH	1:19	2:19	3:19	4:19	5:19	6:19	7:19	8:19	9:19	10:19
South Dr and Wellington G	8:20	9:20	10:20	11:20		1:20	2:20	3:20	4:20	5:20	6:20	7:20	8:20	9:20	10:20
South Dr and Hampshire S t	8:20	9:20	10:20	11:20		1:20	2:20	3:20	4:20	5:20	6:20	7:20	8:20	9:20	10:20
Carlisle St and Hampshire St	8:21	9:21	10:21	11:21		1:21	2:21	3:21	4:21	5:21	6:21	7:21	8:21	9:21	10:21
Carlisle st and Imperial Ct	8:21	9:21	10:21	11:21		1:21	2:21	3:21	4:21	5:21	6:21	7:21	8:21	9:21	10:21
Wellington C	8:22	9:22	10:22	11:22		1:22	2:22	3:22	4:22	5:22	6:22	7:22	8:22	9:22	10:22
Wellington A	8:23	9:23	10:23	11:23		1:23	2:23	3:23	4:23	5:23	6:23	7:23	8:23	9:23	10:23
Wellington B	8:24	9:24	10:24	11:24		1:24	2:24	3:24	4:24	5:24	6:24	7:24	8:24	9:24	10:24
Wellington D	8:25	9:25	10:25	11:25		1:25	2:25	3:25	4:25	5:25	6:25	7:25	8:25	9:25	10:25
Imperial Ct and Dorset St	8:26	9:26	10:26	11:26		1:26	2:26	3:26	4:26	5:26	6:26	7:26	8:26	9:26	10:26
Dorset St and Hampshire St	8:26	9:26	10:26	11:26		1:26	2:26	3:26	4:26	5:26	6:26	7:26	8:26	9:26	10:26
South Dr and Glencoe St	8:27	9:27	10:27	11:27		1:27	2:27	3:27	4:27	5:27	6:27	7:27	8:27	9:27	10:27
South Dr and Fairway St	8:28	9:28	10:28	11:28		1:28	2:28	3:28	4:28	5:28	6:28	7:28	8:28	9:28	10:28
South Dr and Elizabeth St	8:28	9:28	10:28	11:28		1:28	2:28	3:28	4:28	5:28	6:28	7:28	8:28	9:28	10:28
East Dr and Golf's Edge 12-14	8:29	9:2	10:29	11:29		1:29	2:29	3:29	4:29	5:29	6:29	7:29	8:29	9:29	10:29
East Dr and Golf's Edge 2	8:30	9:30	10:30	11:30	DRIVER	1:30	2:30	3:30	4:30	5:30	6:30	7:30	8:30	9:30	10:30
Walgreens-Medical Plaza	8:32	9:32	10:32	11:32	LUNCH	1:32	2:32	3:32	4:32	5:32	6:32	7:32	8:32	9:32	10:32
Clubhouse	8:35	9:35	10:35	11:35		1:35	2:35	3:35	4:35	5:35	6:35	7:35	8:35	9:35	10:35
Publix	8:45	9:45	10:45	11:45		1:45	2:45	3:45	4:45	5:45	6:45	7:45	8:45		

Times vary according to the number of people that the driver must help when entering or leaving the bus. Please be at the bus stop 10 minutes before time.

Mon, Wed Seniors Vs Crime 1:00 To 3:00 Pm Friday Seniors Vs Crime 10:00 to Noon

All internal buses will On REQUEST complete Perimeter Drive Run at 11:45

Please Note: On Saturdays all internal bus routes will drop off at Anshei Sholom on the 9:00 Am run. Monday thru Friday internal bus #1 & #3 drops off at Hastings Fitness Center at 8AM & 1PM ONLY, #2 runs all day.

SEPTEMBER-INTERNAL BUS ROUTE - 2

PLEASE HAVE YOUR ID READY FOR THE DRIVER

Clubhouse	8:00	9:00	10:00	11:00	DRIVERS	1:00	2:00	3:00	4:00	5:00	6:00	7:00	8:00	9:00	10:00
Century Blvd and East Dr	8:01	9:01	10:01	11:01	LUNCH	1:01	2:01	3:01	4:01	5:01	6:01	7:01	8:01	9:01	10:01
East Dr and Bath St	8:02	9:02	10:02	11:02		1:02	2:02	3:02	4:02	5:02	6:02	7:02	8:02	9:02	10:02
East Dr and Clinton St	8:03	9:03	10:03	11:03		1:03	2:03	3:03	4:03	5:03	6:03	7:03	8:03	9:03	10:03
North Dr and Plymouth Ln	8:04	9:04	10:04	11:04		1:04	2:04	3:04	4:04	5:04	6:04	7:04	8:04	9:04	10:04
North Dr By Sheffield E	8:05	9:05	10:05	11:05		1:05	2:05	3:05	4:05	5:05	6:05	7:05	8:05	9:05	10:05
North Dr and Hampshire St	8:05	9:05	10:05	11:05		1:05	2:05	3:05	4:05	5:05	6:05	7:05	8:05	9:05	10:05
Hampshire St and Clinton St	8:06	9:06	10:06	11:06		1:05	2:06	3:06	4:06	5:06	6:06	7:06	8:06	9:06	10:06
Clinton st and Inverness	8:06	9:06	10:06	11:06		1:05	2:06	3:06	4:06	5:06	6:06	7:06	8:06	9:06	10:06
Clinton St and James St	8:07	9:07	10:07	11:07		1:07	2:07	3:07	4:07	5:07	6:07	7:07	8:07	9:07	10:07
Kent St and Clinton St	8:07	9:07	10:07	11:07		1:07	2:07	3:07	4:07	5:07	6:07	7:07	8:07	9:07	10:07
Kent G and Kent St	8:08	9:08	10:08	11:08		1:08	2:08	3:08	4:08	5:08	6:08	7:08	8:08	9:08	10:08
Kent St and Kent C	8:08	9:08	10:08	11:08		1:08	2:08	3:08	4:08	5:08	6:08	7:08	8:08	9:08	10:08
Chatham A	8:09	9:09	10:09	11:09		1:09	2:09	3:09	4:09	5:09	6:09	7:09	8:09	9:09	10:09
Charham C	8:09	9:09	10:09	11:09		1:09	2:09	3:09	4:09	5:09	6:09	7:09	8:09	9:09	10:09
Chatham D	8:10	9:10	10:10	11:10		1:10	2:10	3:10	4:10	5:10	6:10	7:10	8:10	9:10	10:10
Ascot St and West Dr	8:10	9:10	10:10	11:10	DRIVERS	1:10	2:10	3:10	4:10	5:10	6:10	7:10	8:10	9:10	10:10
Ascot Cr and Northampton St	8:11	9:11	10:11	11:11	LUNCH	1:11	2:11	3:11	4:10	5:11	6:11	7:11	8:11	9:11	10:11
Northampton I-L	8:11	9:11	10:11	11:11		1:11	2:11	3:11	4:11	5:11	6:11	7:11	8:11	9:11	10:11
Northampton St and Carleton St	8:12	9:12	10:12	11:12		1:12	2:12	3:12	4:12	5:12	6:12	7:12	8:12	9:12	10:12
Northampton St and Devon St	8:12	9:12	10:12	11:12		1:12	2:12	3:12	4:12	5:12	6:12	7:12	8:12	9:12	10:12
Northampton St and Elgin St	8:13	9:13	10:13	11:13		1:13	2:13	3:13	4:13	5:13	6:13	7:13	8:13	9:13	10:13
Falkirk st and Lincoln St	8:13	9:13	10:13	11:13		1:13	2:13	3:13	4:13	5:13	6:13	7:13	8:13	9:13	10:13
Lincoln St	8:14	9:14	10:14	11:14		1:14	2:14	3:14	4:14	5:14	6:14	7:14	8:14	9:14	10:14
West Dr and Lincoln St	8:15	9:15	10:15	11:15		1:15	2:15	3:15	4:15	5:15	6:15	7:15	8:15	9:15	10:15
kent St and North Dr	8:16	9:16	10:16	11:16		1:16	2:16	3:16	4:16	5:16	6:16	7:16	8:16	9:16	10:16
Kent St and Devon St	8:17	9:17	10:17	11:17		1:17	2:17	3:17	4:17	5:17	6:17	7:17	8:17	9:17	10:17
Kent St and Elgin St	8:17	9:17	10:17	11:17		1:17	2:17	3:17	4:17	5:17	6:17	7:17	8:17	9:17	10:17
Kent St and Falkirk St	8:18	9:18	10:18	11:18		1:18	2:18	3:18	4:18	5:18	6:18	7:18	8:18	9:18	10:18
James St and Falkirk St	8:18	9:18	10:18	11:18		1:18	2:18	3:18	4:18	5:18	6:18	7:18	8:18	9:18	10:18
Falkirk St and Inverness	8:19	9:19	10:19	11:19	DRIVERS	1:19	2:19	3:19	4:19	5:19	6:19	7:19	8:19	9:19	10:19
Falkirk St and Hampshire St	8:19	9:19	10:19	11:19	LUNCH	1:19	2:19	3:19	4:19	5:19	6:19	7:19	8:19	9:19	10:19
Hampshire by Dorchester G	8:20	9:20	10:20	11:20		1:20	2:20	3:20	4:20	5:20	6:20	7:20	8:20	9:20	10:20
Oxford 100 and Devon St	8:20	9:20	10:20	11:20		1:20	2:20	3:20	4:20	5:20	6:20	7:20	8:20	9:20	10:20
Devon St and Oxford 500	8:21	9:21	10:21	11:21		1:21	2:21	3:21	4:21	5:21	6:21	7:21	8:21	9:21	10:21
North Dr by Chatham U	8:21	9:21	10:21	11:21		1:21	2:21	3:21	4:21	5:21	6:21	7:21	8:21	9:21	10:21
North Dr by Stratford N-O	8:22	9:22	10:22	11:22		1:22	2:22	3:22	4:22	5:22	6:22	7:22	8:22	9:22	10:22
Glencoe St and Devon St	8:23	9:23	10:23	11:23		1:23	2:23	3:23	4:23	5:23	6:23	7:23	8:23	9:23	10:23
Glencoe St and Elgin St	8:24	9:24	10:24	11:24		1:24	2:24	3:24	4:24	5:24	6:24	7:24	8:24	9:24	10:24
Sheffield N	8:25	9:25	10:25	11:25		1:25	2:25	3:25	4:25	5:25	6:25	7:25	8:25	9:25	10:25
Hastings fitness by PARKING	8:26	9:26	10:26	11:26		1:26	2:26	3:26	4:26	5:26	6:26	7:26	8:26	9:26	10:26
Hastings Fitness by BUS STOP	8:26	9:26	10:26	11:26		1:26	2:26	3:26	4:26	5:26	6:26	7:26	8:26	9:26	10:26
Hastings A-B	8:27	9:27	10:27	11:27		1:27	2:27	3:27	4:27	5:27	6:27	7:27	8:27	9:27	10:27
Glencoe St and Falkirk St	8:28	9:28	10:28	11:28		1:28	2:28	3:28	4:28	5:28	6:28	7:28	8:28	9:28	10:28
Falkirk St and Essex St	8:28	9:28	10:28	11:28		1:28	2:28	3:28	4:28	5:28	6:28	7:28	8:28	9:28	10:28
Cardiff St and Essex St	8:29	9:29	10:29	11:29		1:29	2:29	3:29	4:29	5:29	6:29	7:29	8:29	9:29	10:29
Coventry C	8:30	9:30	10:30	11:30	DRIVER	1:30	2:30	3:30	4:30	5:30	6:30	7:30	8:30	9:30	10:30
Walgreens-Medical Plaza	8:32	9:32	10:32	11:32	LUNCH	1:32	2:32	3:32	4:32	5:32	6:32	7:32	8:32	9:32	10:32
Clubhouse	8:35	9:35	10:35	11:35		1:35	2:35	3:35	4:35	5:35	6:35	7:35	8:35	9:35	10:35
Publix	8:40	9:40	10:40	11:40		1:40	2:40	3:40	4:40	5:40	6:40	7:40	8:40		

Times vary according to the number of people that the driver must help when entering or leaving the bus.

Please be at the bus stop 10 minutes before time.

All internal buses will On REQUEST complete Perimeter Drive Run at 11:45

Please Note: On Saturdays all internal bus routes will drop off at Anshei Sholom on the 9:00 Am run. Monday thru Friday internal bus #1 & #3 drops off at Hastings Fitness Center at 8 AM & 1PM ONLY, #2 runs all day.

SEPTEMBER-INTERNAL BUS ROUTE - 3

PLEASE HAVE YOUR ID READY FOR THE DRIVER

Clubhouse	8:00	9:00	10:00	11:00	DRIVERS	1:00	2:00	3:00	4:00	5:00	6:00	7:00	8:00	9:00	10:00
Century Blvd and East Dr	8:01	9:01	10:01	11:01	LUNCH	1:01	2:01	3:01	4:01	5:01	6:01	7:01	8:01	9:01	10:01
East Dr and Dover A-B	8:02	9:02	10:02	11:02		1:02	2:02	3:02	4:02	5:02	6:02	7:02	8:02	9:02	10:02
South Dr and Dover B	8:03	9:03	10:03	11:03		1:03	2:03	3:03	4:03	5:03	6:03	7:03	8:03	9:03	10:03
Fairway Dr and Carlisle St	8:04	9:04	10:04	11:04		1:04	2:04	3:04	4:04	5:04	6:04	7:04	8:04	9:04	10:04
Greenbrier B	8:05	9:05	10:05	11:05		1:05	2:05	3:05	4:05	5:05	6:05	7:05	8:05	9:05	10:05
Greenbrier C	8:05	9:05	10:05	11:05		1:05	2:05	3:05	4:05	5:05	6:05	7:05	8:05	9:05	10:05
Greenbrier A	8:06	9:06	10:06	11:06		1:05	2:06	3:06	4:06	5:06	6:06	7:06	8:06	9:06	10:06
Greenbrier and Elizabeth St	8:06	9:06	10:06	11:06		1:05	2:06	3:06	4:06	5:06	6:06	7:06	8:06	9:06	10:06
Southampton by the POOL	8:07	9:07	10:07	11:07		1:07	2:07	3:07	4:07	5:07	6:07	7:07	8:07	9:07	10:07
Southampton B	8:07	9:07	10:07	11:07		1:07	2:07	3:07	4:07	5:07	6:07	7:07	8:07	9:07	10:07
Southampton A	8:08	9:08	10:08	11:08		1:08	2:08	3:08	4:08	5:08	6:08	7:08	8:08	9:08	10:08
Fairway St and Dorset St	8:08	9:08	10:08	11:08		1:08	2:08	3:08	4:08	5:08	6:08	7:08	8:08	9:08	10:08
Dorset St and Glencoe	8:09	9:09	10:09	11:09		1:09	2:09	3:09	4:09	5:09	6:09	7:09	8:09	9:09	10:09
Glencoe St and Carlisle St	8:09	9:09	10:09	11:09		1:09	2:09	3:09	4:09	5:09	6:09	7:09	8:09	9:09	10:09
Glencoe St and South Dr	8:10	9:10	10:10	11:10		1:10	2:10	3:10	4:10	5:10	6:10	7:10	8:10	9:10	10:10
South Dr and fairway St	8:10	9:10	10:10	11:10	DRIVERS	1:10	2:10	3:10	4:10	5:10	6:10	7:10	8:10	9:10	10:10
South Dr and Elizabeth St	8:11	9:11	10:11	11:11	LUNCH	1:11	2:11	3:11	4:10	5:11	6:11	7:11	8:11	9:11	10:11
East Dr and Golf's Edge 12-14	8:11	9:11	10:11	11:11		1:11	2:11	3:11	4:11	5:11	6:11	7:11	8:11	9:11	10:11
East Dr and Golf's Edge 2	8:12	9:12	10:12	11:12		1:12	2:12	3:12	4:12	5:12	6:12	7:12	8:12	9:12	10:12
East Dr and Bath St	8:12	9:12	10:12	11:12		1:12	2:12	3:12	4:12	5:12	6:12	7:12	8:12	9:12	10:12
East Dr and Clinton st	8:13	9:13	10:13	11:13		1:13	2:13	3:13	4:13	5:13	6:13	7:13	8:13	9:13	10:13
Norwich F	8:13	9:13	10:13	11:13		1:13	2:13	3:13	4:13	5:13	6:13	7:13	8:13	9:13	10:13
Falkirk St and Avon Ave	8:14	9:14	10:14	11:14		1:14	2:14	3:14	4:14	5:14	6:14	7:14	8:14	9:14	10:14
Avon Ave and Elgin St	8:15	9:15	10:15	11:15		1:15	2:15	3:15	4:15	5:15	6:15	7:15	8:15	9:15	10:15
Norwich E	8:16	9:16	10:16	11:16		1:16	2:16	3:16	4:16	5:16	6:16	7:16	8:16	9:16	10:16
Elgin St and Cardiff St	8:17	9:17	10:17	11:17		1:17	2:17	3:17	4:17	5:17	6:17	7:17	8:17	9:17	10:17
Cardiff Sty and Devon	8:17	9:17	10:17	11:17		1:17	2:17	3:17	4:17	5:17	6:17	7:17	8:17	9:17	10:17
Norwich h	8:18	9:18	10:18	11:18		1:18	2:18	3:18	4:18	5:18	6:18	7:18	8:18	9:18	10:18
Devon and Avon Ave	8:18	9:18	10:18	11:18		1:18	2:18	3:18	4:18	5:18	6:18	7:18	8:18	9:18	10:18
North Dr and Avon Ave	8:19	9:19	10:19	11:19	DRIVERS	1:19	2:19	3:19	4:19	5:19	6:19	7:19	8:19	9:19	10:19
North Dr and Borden St	8:19	9:19	10:19	11:19	LUNCH	1:19	2:19	3:19	4:19	5:19	6:19	7:19	8:19	9:19	10:19
Borden St and Clinton St	8:20	9:20	10:20	11:20		1:20	2:20	3:20	4:20	5:20	6:20	7:20	8:20	9:20	10:20
Easthampton E	8:20	9:20	10:20	11:20		1:20	2:20	3:20	4:20	5:20	6:20	7:20	8:20	9:20	10:20
Clinton and Avon Ave	8:21	9:21	10:21	11:21		1:21	2:21	3:21	4:21	5:21	6:21	7:21	8:21	9:21	10:21
Avon Ave and Bath St	8:21	9:21	10:21	11:21		1:21	2:21	3:21	4:21	5:21	6:21	7:21	8:21	9:21	10:21
Avon Ave and Ascot Ave	8:22	9:22	10:22	11:22		1:22	2:22	3:22	4:22	5:22	6:22	7:22	8:22	9:22	10:22
Salisbury A	8:23	9:23	10:23	11:23		1:23	2:23	3:23	4:23	5:23	6:23	7:23	8:23	9:23	10:23
Borden St and Bath St	8:24	9:24	10:24	11:24		1:24	2:24	3:24	4:24	5:24	6:24	7:24	8:24	9:24	10:24
Walgreens-Medical Plaza	8:25	9:25	10:25	11:25		1:25	2:25	3:25	4:25	5:25	6:25	7:25	8:25	9:25	10:25
Clubhouse	8:28	9:28	10:28	11:28		1:28	2:28	3:28	4:28	5:28	6:28	7:28	8:28	9:28	10:28
Publix	8:35	9:35	10:35	11:35		1:35	2:35	3:40	4:35	5:35	6:35	7:35	8:35		

Times vary according to the number of people that the driver must help when entering or leaving the bus.

Please be at the bus stop 10 minutes before time.

All internal buses will On REQUEST complete Perimeter Drive Run at 11:45

Please Note: On Saturdays all internal bus routes will drop off at Anshei Sholom on the 9:00 Am run. Monday thru Friday inter drops off at Hastings Fitness Center at 8 AM & 1PM ONLY, #2 runs all day.

SEPTEMBER-EXTERNAL BUS SCHEDULES

PLEASE HAVE YOUR ID READY FOR THE DRIVER

SHUTTLE BUS (TUESDAY AND THURSDAY)				Perimeter run at 12:45			
Clubhouse	9:00	10:00	11:00	DRIVERS	1:00	2:00	3:00 4:00
Family Dollar	9:07	10:07	11:07		1:07	2:07	3:07 4:07
Imaging Center	9:10	10:10	11:10		1:10	2:10	3:10 4:10
Library	9:15	10:15	11:15	LUNCH	1:15	2:15	3:15 4:15
Humana	9:18	10:18	11:18		1:18	2:18	3:18 4:18
UCO	9:21	10:21	11:21		1:21	2:21	3:21 4:21
Walmart/Jog	9:25	10:25	11:25		1:25	2:25	3:25 4:25
Publix(home depot plaza-Jog Rd)	9:28	10:28	11:28	DRIVERS	1:28	2:28	3:28 4:28
Century Plaza	9:31	10:31	11:31		1:31	2:31	3:31 4:31
Emporium Shoppes	9:37	10:37	11:37	LUNCH	1:37	2:37	3:37 4:37
Goodwill	9:41	10:41	11:41		1:41	2:41	3:41 4:41
Post Office drop off/pick up	Tuesday and Thursday Only					2:46	3:46
Perimeter Drive	On request				On Request		
Clubhouse	9:58	10:58	11:58		1:58	2:58	3:58 4:58

MALL BUS (MONDAY-WEDNESDAY AND FRIDAY)							
Clubhouse	9:00	10:00	11:00	DRIVERS	1:00	2:00	3:00 4:00
Dr Sapenoff	9:09	10:09	11:09		1:09	2:09	3:09 4:09
Pine Trail	9:14	10:14	11:14	LUNCH	1:14	2:14	3:14 4:14
Walmart/Military Trl	Mon-wed	9:23	10:23	11:23	1:23	2:23	3:23 4:23
President’s Market	Friday only		11:25		1:25		
Family Dollar	(Friday Only)	Mil n Cherr	9:20	10:20	11:20	1:20	2:20 3:20 4:20
Palm Beach Outlets	Friday Only		10:30		2:30		
Winn Dixie/Ross	No Friday service	9:34	10:34	11:34	1:35	2:40	3:40 4:40
Dollar Tree/Aldi’s	No Friday service	9:38	10:38	11:38	DRIVERS	1:45	2:45 3:45 4:45
Church	No Friday	10:41 and 2:48	9:41	11:41	1:48	3:48	4:48
Village Commons		9:43	10:48	11:48	LUNCH	1:52	2:52 3:52 4:52
Clubhouse		9:53	10:53	11:53	1:58	2:58	3:58 4:58

PUBLIX EXPRESS (Mon-Fri)				Mon-Fri Perimeter Run 8:45 and 12:50			
Clubhouse	9:00	10:00	11:00		1:00	2:00	3:00 4:00
Morse	9:10				1:10		
Publix	9:20	10:15	11:15		1:20	2:15	3:15 4:15

AS REQUESTED POINTS OF SERVICE

COMBO RUN (Saturdays)				Perimeter Run at 12:45			
Clubhouse	9:00	10:00	11:00	DRIVERS	1:00	2:00	3:00 4:00 5:00
Village Commons	9:10	10:10	11:10		1:10	2:10	3:10 4:10 5:10
Church	9:15	10:15	11:15	LUNCH	1:15	2:15	3:15 4:15 5:15
Pine Trail	9:22	10:22	11:22		1:22	2:22	3:22 4:22 5:22
Walmart/Military	9:30	10:30	11:30		1:30	2:30	3:30 4:30 5:30
Winn Dixie/Kmart	9:37	10:37	11:37		1:37	2:37	3:37 4:37 5:37
Emporium Shoppes	9:42	10:42	11:42		1:42	2:42	3:42 4:32 5:42
Goodwill	9:48	10:48	11:48		1:48	2:48	3:48 4:48 5:48
Perimeter Dr	ON REQUEST						
Clubhouse	9:58	10:58	11:58		1:58	2:58	3:58 4:58 5:58

COMBO RUN (Sundays and holidays)				Perimeter Run at 12:45			
Clubhouse	9:00	10:00	11:00	DRIVERS	1:00	2:00	3:00 4:00 5:00
Pine trail	9:10	10:10	11:10		1:10	2:10	3:10 4:10 5:10
Walmart/Military	9:15	10:15	11:15	LUNCH	1:15	2:15	3:15 4:15 5:15
Winn Dixie/Kmart	9:22	10:22	11:22		1:22	2:22	3:22 4:22 5:22
Church	9:30	10:30	11:30		1:30	2:30	3:30 4:30 5:30
Village Commons	9:35	10:35	11:35		1:35	2:35	3:35 4:35 5:35
Emporium Shoppes	9:42	10:42	11:42		1:42	2:42	3:42 4:32 5:42
Goodwill	9:48	10:48	11:48		1:48	2:48	3:48 4:48 5:48
Perimeter Dr	ON REQUEST						
Clubhouse	9:58	10:58	11:58		1:58	2:58	3:58 4:58 5:58

EXCURSION TRIPS

- WEDNESDAY 6 Golden Corral and Stein Mart Plaza (LEAVING AT 11:00AM)
- WEDNESDAY 13 Festival Flea Market
- WEDNESDAY 20 Wellington Mall
- WEDNESDAY 27 IKEA Store (sunrise)

EXCURSIONS DEPART CLUBHOUSE AT 10:00A.M
AND RETURN ABOUT 3:00P.M

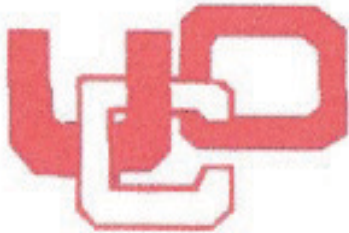
You will be told the time to come back to the bus by the driver and also when you sign in before leaving.
If you are NOT returning with our bus please notify the driver.

THE FOLLOWING FEDERAL HOLIDAYS WE WILL ONLY USE THE COMBO RUN BUS.

- JANUARY 1 New Year’s Day
- JANUARY 15 Martin Luther king
- FEBRUARY 19 President’s Day
- MAY 28 Memorial Day
- JULY 4 Independence Day
- SEPTEMBER 3 Labor Day
- OCTOBER 8 Columbus Day
- NOVEMBER 12 Veterans Day
- NOVEMBER 22 Thanksgiving Day
- DECEMBER 25 Christmas Day

YOU MUST SHOW YOUR ID’s AS YOU ENTER THE BUS.....

THIS IS VERY IMPORTANT FOR THE SECURITY OF OUR VILLAGE



PLEASE BE AT BUS STOP 10 MINUTES BEFORE THE SCHEDULE TIME.
SHUTTLE EVERY DAY UCO IS OPEN ALSO WHEN SENIORS VS CRIME SEE INTERNAL
ALL INTERNAL BUSES WILL AWAIT THE RETURN OF ALL EXTERNAL BUSES.

The Construction Guys, Inc.

State Licensed Plumbing Contractor

TEN YEARS is the
life expectancy
of a Water Heater!

**WATER HEATER
SPECIAL**

\$789

Installed

Permit Fee Additional \$89
Includes Basic Electrical Work and
Water Heater

**How to tell how old your
Water Heater is:**



The first four numbers
in the serial number
tell you its age.

Call Peter
(561) 351-5003

The Construction Guys, Inc.
State Licensed Plumbing Contractor #CFC1429170

PLUMBING



- Toilets Fixed
- Leaks Repaired
- Sinks & Faucets Replaced
- Drains Cleaned

We are State Licensed Plumbers

Call Peter (561) 351-5003

The Construction Guys, Inc.
State Licensed Plumbing Contractor #CFC1429170



FLOOD??

Call us first!
The insurance company
is not your friend.
*We Clean Up The
Mess and Bill The
Insurance Company*

OUR GUARANTEE

*If the insurance company refuses to pay,
we accept the loss and you pay nothing!
No other company will guarantee this.*

The cause of the water damage, ie: broken water heater,
leaking toilet, etc., is not covered by insurance.
That's the only money you are obligated to pay.

NO INSURANCE?
We will still help you!

The Construction Guys, Inc. - Flood Help, Inc.
State Licensed Plumbing Contractor #CFC1429170
Environmental Protection Agency Certification #RI-133490903176

Call Peter
(561) 351-5003

CONVERT YOUR TUB TO A WALK IN SHOWER



FOR ONLY \$895⁰⁰
INCLUDES EVERYTHING

Call Peter (561) 351-5003

The Construction Guys, Inc.
State Licensed Plumbing Contractor #CFC1429170



CLASSIFIED

Prices for the ads are \$10. All ads must be paid in advance by the 7th of the month prior to the edition they will appear. Classified ads are printed on a space available basis. Ads may be placed for 1, 2 or 3 months. Submissions must be made at the UCO office at Music Room A in the Clubhouse.

Classified advertisements may be submitted by email to the following address:

ucoreporterclassifieds@gmail.com

Ads submitted by email must be paid for before they will be included in the paper. All ads are subject to editing.

FOR SALE:

Nice condo: 1 bedroom, 1 bath. Call David: 561- 471-8124

Andover C - 1 BR - 1 Bath - Renovated - Open Kitchen - Tile - 2 A/C's - Walk in Shower with seat - Storm Windows - Close to Parking and Laundry - Rentable after 2 Years - Indoor Cats allowed - \$44,900 - 561-307-2980

Camden E - 1 BR -2 Bath - First Floor - Water View - Rentable - New A/C & Carpet - Enclosed Porch - \$ 33,900 - 718-316-3767

Go-Go Ultra X Personal Mobility Scooter - Excellent Condition Brand New Battery - \$450 O.B.O. - Contact - 954-478-5814

FOR RENT

Nice condo: 1 bedroom, 1 bath. Call David: 561- 471-8124

Berkshire - First Floor - 2 BR- 2 Bath - Yearly Lease - \$900 Per Month Seasonal - \$1,500 Monthly - 6 Months Call 717-870-4946

YEARLY OR SEASONAL RENTALS

2 Bedroom - 2 Bath - Second Floor - Seasonal \$1,250 Per Month - Yearly Lease \$950 Per Month - Call 1-561-536-8488



1 Bedroom - 1.5 Bath - First Floor - Seasonal \$1,200 Per Month - Yearly Lease \$750 Per Month - Call 1-561-536-8488

1 BR - 1.5 Bath - 2nd Floor - Water plus Panoramic Views - Tile & Wood Floors - 6 Month or 1 Year Lease - References - Call 561-346-1803

WANTED

To Rent - First Floor - 1 Bedroom - 1.5 Bath - Call 561-682-0931

Seasonal Rental - January - April - 2018 - 1 or 2 BR - Upper Floor - Central A/C - Corner Unit - Phone 718-829-9028

NOTARY PUBLIC AND PHOTOCOPY SERVICE AT UCO

NOTARY PUBLIC SERVICE IS AVAILABLE AT THE **UCO OFFICE** 2102 WEST DRIVE, JUST OUTSIDE THE OKEECHOBEE GATES.

NEED A PHOTOCOPY? SURE, WE CAN DO THAT FOR YOU TOO. PLEASE LIMIT PHOTOCOPY REQUESTS TO FIVE PAGES PER DAY.

THERE IS NO CHARGE TO OUR RESIDENTS FOR THESE SERVICES.

Special for Century Village

Have your major appliances and air conditioning equipment repaired for one low annual fee!!!

\$199.00 Special Includes the following items:

A/C up to 3 Ton:

Heating:

Thermostat:

Humidistat:

Garbage Disposal:

Refrigerator:

Ice Maker:

Plumbing (2Baths):

Minor Electrical:

Dishwasher:

Oven / Range (Includes self-clean):

Water Heater (up to 30 gallon):

No Deductibles !!!

Unlimited Service calls

for covered items !!!



Broward Factory Service

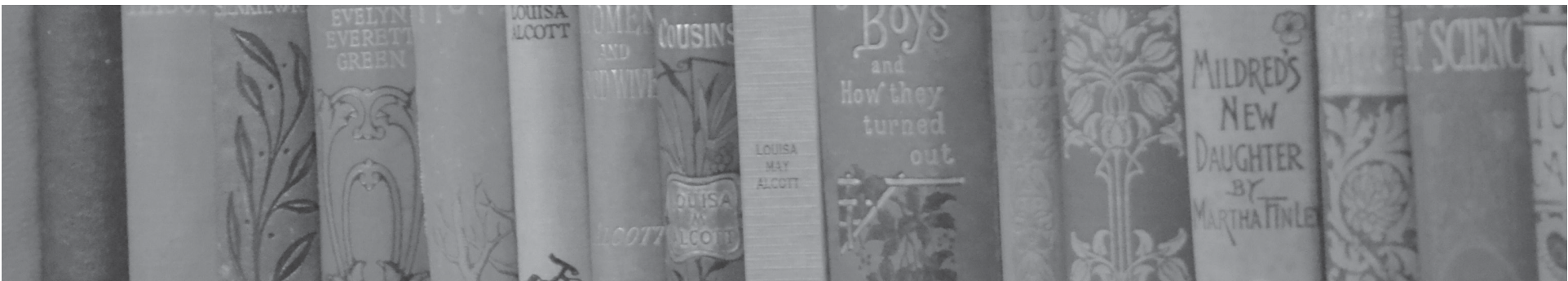
SATISFYING OUR CUSTOMERS FOR OVER 40 YEARS!!!

Call us at (561) 684-0146 or 1-888-237-8480

Visit us at www.browardfactory.com

BFS is licensed and insured

CACO56774 • CACO57400 • CFCO56867 • CACO56778 • ES0000336



Okeechobee Branch LIBRARY NEWS

BY CHARLES WAUGH

The library will offer many fun and educational opportunities in September! When you visit the library, pick up a copy of “Happenings” which lists all the events at each library in the Palm Beach County Library System. Celebrate Hispanic Heritage Month (9/15-10/15) with the showing of two films, call for titles. Other events include a concert by the Women of Note Chorus, Adult Coloring, computer classes, and movie matinees.

Library computer and eBook classes include something for everyone. If you need help downloading a book, learning the computer mouse and browser, or want to freshen up your resume we have a class just for you! If you just

have a computer question or two, you can attend our new Computer Q&A class. If you need individualized help with library services, such as downloading library books to your mobile device or accessing library online databases, try our “Book-a-Librarian.” Call for an appointment.

The Okeechobee Boulevard Branch Library is located next to Dunkin' Donuts. The hours are: Monday, Tuesday, and Wednesday from 10:00 a.m. to 8:00 p.m., Thursday and Friday from 10:00 a.m. to 6:00 p.m., and Saturday from 10:00 a.m. to 5:00 p.m. All Village residents, including seasonal residents, are eligible for a free library card with proper I.D. Visit the library today!

September Events

By Appointment	Book-a-Librarian
Wed, Sept 6, 2:00 p.m.	Women of Note Chorus
Thu, Sept 7, 2:00 p.m.	Adult Coloring
Tue, Sept 12, 8:30 a.m.	Mousing
Wed, Sept 13, 2:00 p.m.	Hispanic Heritage Movie
Thu, Sept 14, 2:00 p.m.	Hispanic Heritage Movie
Mon, Sept 18, 6:00 p.m.	Beginning Word Processing
Tue, Sept 19, 8:30 a.m.	Internet Browser Basic
Thu, Sept 21, 2:00 p.m.	Movie Matinee
Mon, Sept 25, 6:00 p.m.	Resume Basics
Wed, Sept 27 2:00 p.m.	Computer Q&A
Thu, Sept 28, 2:00 p.m.	Movie Matinee

Okeechobee Blvd. Branch Library
5689 Okeechobee Blvd
West Palm Beach, FL 33417
(561) 233-1880 • www.pbclibrary.org



NR 3032096 NR 3012096

No Minimums – Accept Long Term Care Insurance, Private Pay, Medicaid Managed Care Programs, and Veteran Benefits – On Hour Visits to 24 Hour Live-In Care – Respite Care, Personal Care – Transportation for Doctor’s Appointments, Grocery Shopping and Pharmacy Pickup – Safety Assessments and Medication Management – Light Cleaning, Laundry, Linen Change

September 2017

Monday	Tuesday	Wednesday	Thursday	Friday
4 Office Closed In observance of the holiday 	5 10:30-11:30 am Q&A with Sherri Greenblatt from Florida Elder Law Concepts, PA 2:30-3:30 pm Grandparents Celebration with Trustbridge	6 10:30-11:30 am Karen Carlson discussed Skin Care & Wellness Snacks provided 2:30-3:30 pm Computer Help: “Back to the Basics” with Rebecca Kerchak	7 2:30-3:30 pm Tips on Staying Safe with Social Media with Michelle Larkin Consumers Affairs Division	8 10:30-11:30 am Vision care with Wellcare. Snacks provided
11 10:30-11:30 am Karina Parifan presents “Juicing and Energy”! Refreshments provided 	12 10:30-11:30 am Come out and join our CV Team for the WPB Walk to End Alzheimer’s! Snacks provided	13 2:30-3:30 pm Alzheimer’s Community Care presents “How to remain safely in the community”	14 2:30-3:30 am Up your Chi: Learn how to increase your enegery! Presentation and demonstration by Dorothy Rettay	15 1:30-2:30 pm Join us at the CV Clubhouse for our Homecare 101 presentation! RSVP REQUIRED. Snacks will be provided.
18 11:30-1 pm Medical Monday Luncheon with Dr. Claude Oster, Physician Medicine & Rehabilitation “Head injuries due to falls”	19 	20 	21 10:30-11:30 am Ask the Nurse with Nurse 1 Refreshments served	22 10:30-11:30 am Tips for traveling with Valerie Dorey, Travel Agent 2:30-3:30pm Dr. Bruce Elkind “Dental Myths & Misconceptions”
25 2:30-3:30 pm Rebecca Gould discusses the importance of Speech Therapy for seniors Snacks provided 	26 	27 5:30-7 pm Who’s up for Pizza, Bingo & Prizes?? FREE for all residents. RSVP REQUIRED.	28 12 Noon Lunch and Learn with Morgan Stanley “Life Insurance Review Getting the most out of your coverage”	

RSVP REQUIRED - CALL 561-373-0329

ANOTHER PROVOCATIVE EXHIBIT OPENS AT THE NORTON MUSEUM

BY BOBBI LEVIN

Do you want to learn more about climate change and global warming? Visit the Norton Museum of Art and view its new exhibition that depicts how humans are directly and indirectly impacting our planet.

Earth Works: Mapping the Anthropocene will feature 22 new and recent works by Justin Brice Guariglia, a transdisciplinary artist, who in 2015 and 2016, flew seven times with NASA as part of Operation IceBridge, a survey mission of Greenland to study how melting glaciers affect sea level rise. “The images Guariglia took during his flights with NASA, serve to illustrate with visual evidence, and through metaphor, the complexity of human impact on the planet.”

The Anthropocene, a new era in geologic history, is when humans’ made a permanent mark on the entire planet, from the far reaches of the atmosphere to the lowest depths of the ocean.

Guariglia’s photographic works, which often blur the line between photography and painting, explore our current ecological crisis. Ranging in scale from 2.5 x 3.3 feet to 12 x 16 feet, his images illustrate Greenland’s melting and deteriorating glacial ice sheets and sea ice in stunning detail and on a monumental scale. Other images reflect the impact of agriculture and mining on the Earth’s surface.

The exhibition opens on September 5, 2017 and runs through January 7, 2018

Remember: The Norton is located at 1451 S. Olive Ave. in West Palm Beach, FL., and during construction through December 2018 is open Tuesday, Wednesday, Friday, Saturday, and Sunday noon to 5 p.m. and Thursday, noon to 9 p.m., and is free to the public. The Museum is closed on Mondays and major holidays. For additional information, please call (561) 832-5196, or visit www.norton.org.



Now Serving The Western Communities
For Over 27 Years

 **The Village Barber**
A Real Barber Shop
Not a Styling Salon

\$12⁰⁰
Men’s and Boy’s
Haircuts

Mon.-Fri. 8:30 a.m. to 5:30 p.m.
Sat. & Sun. 8:30 a.m. to 3:30 p.m.

www.thevillagebarberpb.com

10045 W. Belvedere Rd., #3 • Royal Palm Beach

561-793-8392



CRUISE FROM SIDNEY AUSTRALIA to AUCKLAND NEW ZEALAND
12 Days FEBRUARY 18th 2019
\$1569 pp 2 Cabin Upgrade + On Board Credits +



CRUISE THE CARRIBEAN FROM FT LAUDERDALE
10 Days NOVEMBER 30th 2017
\$1099 pp \$100.00 deposit
Call Today GoTravelJMB Jim 561-792-4197

Leisure Line Coconut Creek Casino
\$20.00 Fan Play Isle Casino Racing Casino:
Pick Up Wells Fargo Bank, Okeechobee Blvd

\$20 Round Trip Includes: \$15 FanPlay & \$5 off Farmers Pick Buffet At the Isle Casino
POMPANO PARK Groups Welcome!

Saturday & Sunday 9:15 & 12:15
Call Call 855-777-5855

Leisure Line Door to Door Bus Service to:

The Isle Casino Racing Pompano Park

\$20 Round Trip Includes: \$15 FanPlay & \$5 off Farmers Pick Buffet Daily morning and afternoon trips Groups Welcome!
For Reservations and Information:
Call 855-777-5855



Flooded?

Immediate Response • Experts in Water Damage

24 HOUR WATER REMOVAL



Residential • Commercial



- Moisture Detection
- Mold Control
- Leak Detection
- Structural Drying
- Condo Multi-Unit Experts
- Full Plumbing Services



**24 HR /
7 DAYS
CLEAN
UP
TEAM**

J & R RESTORATION INC.

MOLD • FLOODING • FIRE

MOLD REMOVAL SPECIALIST

COMPLETE RESTORATION SERVICES

- Mold Remediation
- Mold Testing Without High Costs
- Clearance Certificates
- Full Remediation & Rebuild
- Moisture Detection
- Water Removal
- Water Damage
- Dehumidification
- Complete Structure Drying
- Fire & Smoke Damage

FREE VISUAL INSPECTION

LICENSED • BONDED • INSURED

Since 1999



561-674-2332

IMMEDIATE RESPONSE

www.jnrrestoration.com

S E R V I C E S

Golden Nails

Professional Service • Nails • Waxing • Facials
Mon.–Fri. 9:30 a.m. to 7 p.m. / Sat. 9 a.m. to 6 p.m.
Phone 561-684-0061
Walk-Ins Welcome • Gift Certificates Available
7750 Okeechobee Blvd. #14, West Palm Beach, FL 33411
(1/2 mile west of Jog Road)

CRAIG THE HANDYMAN

Don't Sweat It, You Won't Regret It
Just Sit Back, Relax & Make The Call
Honest, Reliable & Dependable Service Guaranteed
INSURED

561-333-8961

FREE ESTIMATES

A Good Handyman

Reliable, Dependable and Affordable
NO JOB TOO BIG OR SMALL!
Home Repairs • Quality Work • Reasonable Rates • Prompt Service
Call for **FREE** Estimates • CL 131 02908325
Steve — 561-722-6087

South Shore Locksmith

Serving Palm Beach Since 1975

Save Money \$\$\$
REKEY YOUR LOCKS

COMMERCIAL & RESIDENTIAL
Locks Installed & Serviced
Family Owned & Operated

CALL US NOW!
561-531-2619
www.southshorelocksmiths.com
"We Are Not a Telephone Service Handing Out Work to Subs!"

WATER HEATERS

INSTALLED \$789
Permit Fee Additonal \$89
The Construction Guys, Inc.
Call Peter 561-351-5003
License #CFC 1427480

FLOOD CLEANUP

WE CLEAN UP THE MESS AND
BILL THE INSURANCE COMPANY
Call Peter
561-351-5003

HANDY MAN THINGS, INC.

HMT WINDOWS & DOORS

- Door Repairs
- Door Replacement
- Window Screens
- Porch Enclosures
- Window Repair
- Window Replacement

- Hurricane Shutters
- Accordion Shutters
- Window Glass
- Porch Rescreening
- Kitchen and Bath Countertops
- Sliding Glass Door Repair & Wheels

30 Years in Construction / Licensed / Bonded / Insured

Joe Carriker — (561) 840-6345

License Nos. U-20681; U-20702

FYZICAL®

Therapy & Balance Centers
Formerly Gold Coast Physical Therapy

561-701-8925
www.FYZICALpbc.com

Spelled different
because we are
different

Electrical problems are **"NO PROBLEM"**
when you call...

DMG Electrical LLC

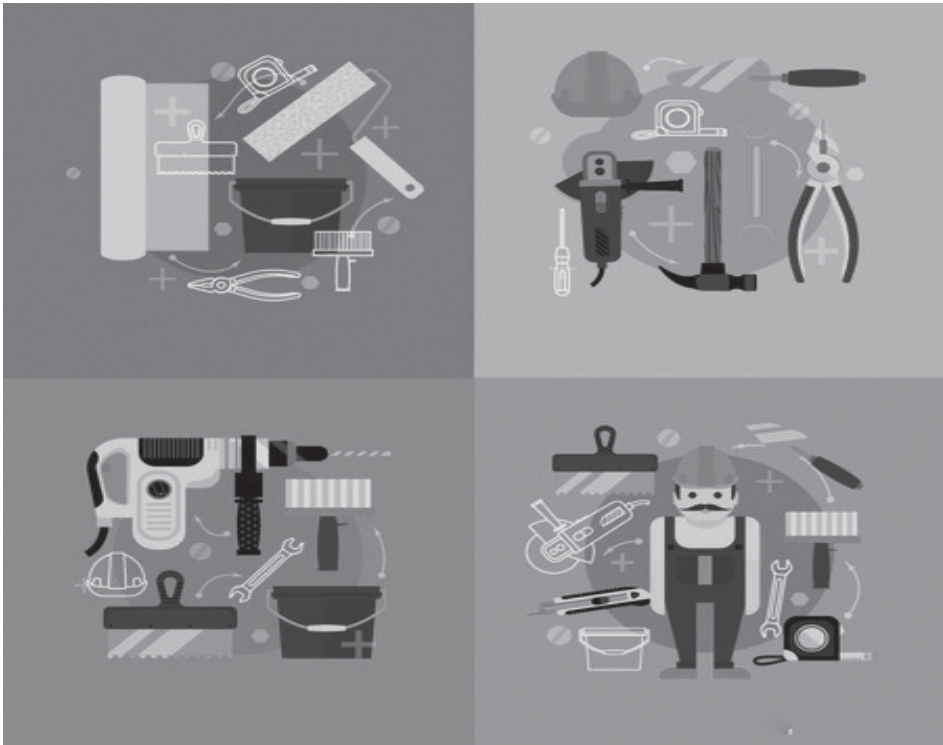
- ✓ Check Electrical Panel
- ✓ Check An Outlet in Each Room
- ✓ Residential Rewiring
- ✓ **FREE CONSULTATION**

CV Resident • Lic: ER13014134 **561-628-4708**

In the Jewelry Business for over 50 years.

Watch batteries replaced
Most \$6.00 & No Wait.
Most done while you wait

Henry Fein, C.V. Resident • 561 632-1639



GOTHAM HANDY WORK INC

Appliances • Electrical Contractor • Air Conditioning/Portable & Window
Full Services Remodels • Electrical Design Installation and Service
Indoor Light Fixture Installation • Landscape Lighting • Recess Lighting
Security Lighting • Additional Outlets and Switches • Pool Equipment Wiring
Outdoor Lighting & Surge Suppression • Electrical Panel Upgrades
• Ceiling Fan Installations

Serving Palm Beach County
Since 2001
Resident for Over 30 Years
561-575-2653
www.gothamhandywork.com

*Come out and be thankful as we celebrate
the Thanksgiving holiday with friends*
Thursday, November 23

1-4 PM

In Century Village Clubhouse Party Room



Dinner and Entertainment
Open to all Century Village Residents
\$25/person
Cash Only

Call 561-373-0329 to RSVP
RSVP & Payment Required
No payments accepted at door

Deadline is October 13, 2017. Non-refundable payment is to be
brought to CSI Office located in
the Century Village Medical Plaza at
100 Century Blvd, Suite 104, West Palm Beach, FL, 33417.



TENET AND HUMANA REACH AGREEMENT AS OF JUNE 1, 2017

According to a spokesperson for
Tenet Health Services an agreement
was reached June 1 with Humana to
resume services. For more information
or to make an appointment using
Tenet services it would be advisable to
contract your own physician's office.

SOCIAL SECURITY REPS AT CLUBHOUSE

THERE WILL BE SOCIAL SECURITY REPS
AT OUR CLUBHOUSE THE 4th THURSDAY
OF EVERY MONTH 8 AM-1 PM. PLEASE
SIGN UP IN THE CLUBHOUSE TICKET
OFFICE SO THEY KNOW HOW MANY
REPS TO HAVE HELP US.



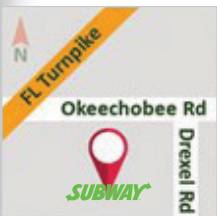
FRESH DEALS!

**ANY 6 inch
for \$2.99**
(with proof of Century Village ID)

6 inch Meatball Marinara and
Cold Cut Combo are only \$1.99
ALL DAY EVERY DAY with proof
of Century Village ID! WOW!

**ANY 2 foot longs for only
\$12 after 6pm EVERYDAY.**
(with proof of Century Village ID)

**SUBWAY® AT OKEECHOBEE BLVD
AND THE FLORIDA TURNPIKE**
6080 OKEECHOBEE BLVD,
WEST PALM BEACH, FL 33417
561-686-2299



You will find the **AHA Heart Check** on all SUBWAY FRESH FIT® meals featuring a variety of 6-inch subs along with a selection of
salads. These meals meet the **Heart Check's** nutritional criteria for levels of sodium, calories, cholesterol, saturated and trans fats.



SUBWAY® is a Registered Trademark of Subway IP Inc. ©2016 Subway IP Inc.

\$2.99 6" SUB

GET ANY 6" SUB FOR ONLY \$2.99



SUBWAY® AT OKEECHOBEE BLVD AND THE FLORIDA TURNPIKE
6080 OKEECHOBEE BLVD,
WEST PALM BEACH, FL 33417
561-686-2299

For a limited time only at location listed. Void if transferred, sold, reproduced or auctioned. Additional charge for extras, including Deluxe subs. Plus applicable tax. Not for sale. One coupon per customer, per visit. May not be combined with other offers, coupons or discount cards. Coupon must be surrendered with purchase. SUBWAY® is a Registered Trademark of Subway IP Inc. ©2016 Subway IP Inc.

ATTENTION RECLAIMED WATER CUSTOMERS

Please take the time to read the following important message regarding your reclaimed water service.

What is reclaimed water?

Reclaimed water is domestic wastewater which has been treated and disinfected to a high degree so it can be safely used to irrigate golf courses and residential lawns. Reclaimed water must meet strict water quality requirements established by the Florida Department of Environmental Protection. Although reclaimed water meets most of the drinking water standards and is safe for human or animal contact, it is not intended for use as drinking water. It's always a good idea to wash hands thoroughly after contact with reclaimed water, especially before preparing or eating food.

Why use reclaimed water?

Using reclaimed water is a simple, low-cost, user-friendly way to help conserve our fresh drinking water supplies.

How is reclaimed water used?

- Irrigate lawns and golf courses.
- Irrigate flower gardens.
- Irrigate trees and shrubs.

What can't you do with reclaimed water?

- DO NOT DRINK RECLAIMED WATER.
- Do not connect any pipes to reclaimed water lines.
- Do not use reclaimed water to fill swimming pools, hot tubs, or wading pools.
- Do not use reclaimed water to irrigate edible crops that will not be peeled, skinned, or cooked before being eaten.

If you have questions about the use of reclaimed water in your community or to modify your reclaimed water system, contact Palm Beach County Water Utilities Department at 561-740-4600.

**FREE
DELIVERY!**

Monday-Friday
9:00AM to 5:30PM

Saturday
9:00AM to 1PM
Sunday Closed

Charles
Pharmacy
&
Medical Supplies

**FLU SHOTS AVAILABLE
NO APPOINTMENT NEEDED
(561) 507-5300**



Debbie Charles



Michelle Green

5081 Okeechobee Blvd.
West Palm Beach, FL 33417

**NOW ACCEPTING HUMANA,
CARE PLUS & MOLINA**

Se Habla Español

- **Personal Attention**
- **Prescriptions Filled While You Wait
Usually Within 15 minutes
(Both Brand Name & Generic)**
- **Competitive Prices**
- **We Accept Most Major And
Local Insurance Plans**

- **Free Medication Management
Service (Blister Packs) Prescription
Counseling**
- **Medical Equipment & Supplies**
- **Flu, Shingles & Pneumonia
Shots Available**
- **Vitamins And Supplements**



www.CharlesPharmacyRX.com



Members of the Italian-American Club donated to the Back to School Drive sponsored by the Palm Beach County Sheriff's Office



OLIVIA TARTAKOW,
LICENSED CLINICAL SOCIAL WORKER
ALPERT JEWISH FAMILY & CHILDREN'S SERVICE WPB

My mother is a Holocaust survivor, and the recent news about the disturbances in Virginia, regarding the white supremacists, are upsetting to her. I am a little on edge as well. But she is thinking about this all the time. I have explained to her that she is safe, that this is not the 1940s. But she continues to be very, very, anxious. What can be done? Melanie, daughter of survivor, 88

I am sorry that you and your mother are going through this. These scenes are disturbing to most people, and many of our veterans of World War II are also upset because they fought so hard - and so many lives

were lost - to stop Nazi terrorism. Your mother's reaction is considered post traumatic stress syndrome, that is feeling anxious, having trouble sleeping, reliving bad memories and being depressed. Considering what she has been through in her life, it is not unusual that she is having these feelings. What we suggest would be to limit exposure to television programs about this to a few minutes a day. Don't sit and watch all day! Reassure her that she will not have to go through the Holocaust again. That is in her past. Keeping her routine is also very important. Make sure your mother is getting enough sleep and that she's eating, hydrating and exercising. And make sure she feels she can talk to you. If this continues, you can always seek help from our mental health specialists.

While reading a magazine article in the doctor's office

the other day, I found out that the biggest regret among older Americans is worry. People very close to the end of their life told researchers if they could change anything about their life, they would worry less. I know this is logical, but it's very hard for me to do. I've always been a worrywart. How can I calm down and enjoy the time I have left? Bev, 79

Worrying seems to be the way of our world today, doesn't it? Nobody wants to worry, but we all do. So what can you do about it? For starters, worrying can be a way of trying to solve a problem. And if your worrying is creating solutions, that's good. If you're worrying about something you can't change, or something that could happen in the future - what if? - that's not so good. First, identify when you are experiencing these kinds of run-a-

way thoughts. Be very aware of any triggers. Why did you start thinking of all this? Then you basically need to identify situations that are out of this moment. That is, things that are not affecting you currently. There are many mindful techniques available that can help you appreciate the now and offset your negative feelings and thoughts. Most of us can't stop these thoughts from coming up, but we can manage them. Get some books about worrying. Read up on what this is and why you're doing it! Try meditation techniques such as meditation, yoga (you can do yoga in a chair!), quiet thinking time and other exercises to help you with your worrying. During these quiet times, think of things for which you are grateful. It does seem that you want to choose to live your life in the moment, or you wouldn't have written. Good for you!

CHANNEL 63 SCHEDULE - SEPTEMBER 2017

LET'S EAT
NOW YOU KNOW
SPORTS TALK
MIDNIGHT MYSTERY

With Al Goodman and David Givens
John Holt & David Givens
With Sam Milham and Peter Wein

HERE & THERE
HASTINGS GYM
SPORTS DISCUSSION

Attention Delegates: The "Clickers" Are Coming

BY JOANNE ROBINSON

On August 18, 2017, in the Clubhouse Theater, there was a demonstration of the new iclicker system was provided by the Board Members who have put so much time and effort into updating the old paper balloting system of voting at delegate meetings. The new system will make voting much quicker and easier for everyone involved.

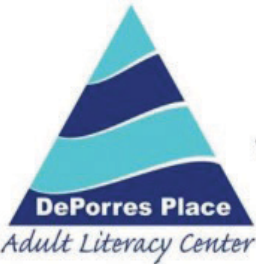
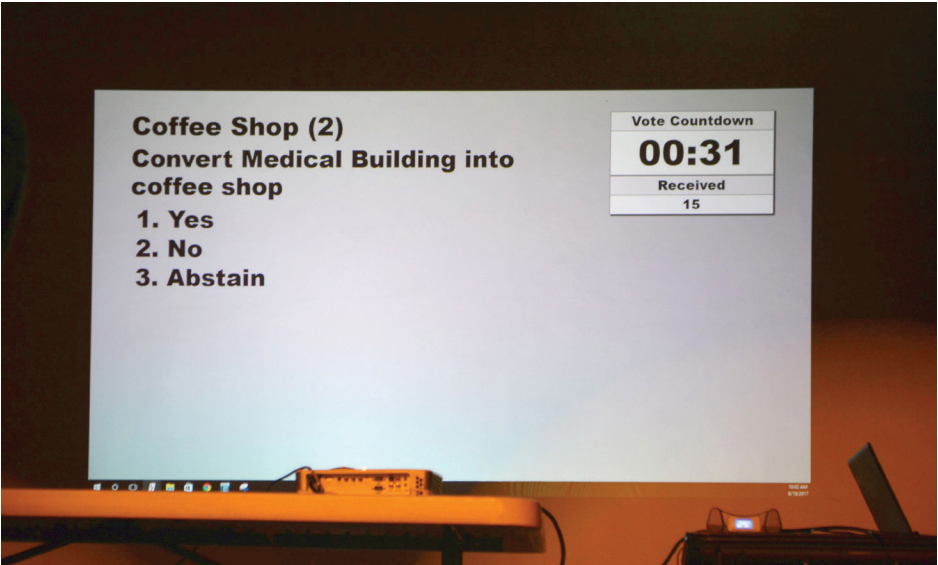
The first thing that the clickers can be used for is to establish right up at the front of each meeting whether a quorum is present if there are any items that need to be addressed at that meeting that require a quorum. Each motion that is to be voted on will appear on the screen on stage very clearly for everyone to see. Since most issues only require a iYESi, iNOi, or iABSTAINi delegate simply need to push button 1/A, 2/B, or 3/B (see pictures) before the timer on the screen runs out and the vote closes. If there is a motion that requires a choice be made between up to 5 items can be voted on.

Once the system is adopted, when delegates arrive they will be able to pick up their clicker before entering the meeting. To get the clicker the delegate will need to surrender their ID to ensure that all clickers are then collected once all the delegates have left. Should someone leave during

the meeting there will be volunteers manning the desks to assist with the returns. Should someone leave and not return the device their Condo Association will be billed for the replacement cost.

Over the next few months the new system will be introduced at delegate meetings. A schedule to implement will be established, and the new process will be make things so much easier and streamlined. Instant results of each motion, and completed, printed records of every motion and every vote just a iclicki away. One of the key elements will be that trained volunteers are available to operate the system, so if anyone is interested be sure and let the Board know. It will be very important that this part of the roll-out goes smoothly, not only having enough people operating the computer, but for volunteers to be available at the desks out front to assist with the device distribution and collection (noncomputer related tasks).

So keep an eye out for more information about the new "CLICKER" SYSTEM. Everyone benefits when Century Village runs as smoothly as possible, and this is new system will certainly be helping to achieve that goal.



Volunteer Tutors Needed

We offer free classes for adults learning to read, write, and speak English.

To volunteer, or to register for classes, call 561.863.5778

Located at 1016 N. Dixie Highway, West Palm Beach – 3 blks. south of Good Samaritan Hospital

SENIORS VS. CRIME,

a service provided to Century Village residents by volunteers working with the Palm Beach County Sheriff’s office, announces new hours at the UCO Office, 2102 West Drive.

New hours are
Monday - 1:00 to 3:00 PM
Wednesday - 1:00 to 3:00 PM
Friday - 10:00 AM to 12:00 noon

Telephone number for Seniors vs. Crime is
721-7424