

## INSIDE

President's Report2	
Editorial3	
UCO Officer's Reports4	
Property Manager's Report5	
Treasurer's Report5	
Maintenance5	

Security	8	
Legal: Being a Board Member	9	
Tax Talk	9	
Palm Beach County News	.11	
Growing up in the Fifties	.14	
Fun Facts and Holidays for March	.15	

Notables Born in March	.15
Dining Out Review	.20
Nutrition and Health	.20
The Reader's Corner	.21
Letters to the Editor	.23

## REMINDER

DELEGATE MEETING HAS BEEN CANCELLED

Email articles & comments: ucoreporterwpb@gmail.com



## The President's Report

# COVID-19 Vaccination in CV-WPB

**BY PRES. DAVID ISRAEL** 

Well, as of February 8, 2021 we in CV-WPB have registered Residents and dispensed our initial allocation of 3000 doses A little history of the project is in order.

The chart in Fig. 1 shows the daily vaccinations delivered and the cumulative total in Palm Beach County for the month of February 2021, thus far.

The principle driver behind the vaccination project Statewide is Executive order 20-315, which clearly delineates the eligible recipient classes.

Governor Ron DeSantis signed Executive Order 20-315 which outlines that providers can only administer the COVID-19 vaccine to the following groups:

- Long-term care facility residents and staff.
- Persons 65 years of age and older.
- Health care personnel with direct patient contact.
- Persons deemed to be extremely vulnerable to COVID-19 by hospital providers.
- It should not go unnoticed or un-

February 1, 2021	393	160,905
February 2, 2021	3,944	163,707
February 3, 2021	5,667	169,342
February 4, 2021	6,382	174,573
February 5, 2021	8,276	181,091
February 6, 2021	6,271	186,037
February 7, 2021	3,214	190,770
February 8, 2021	994	192,952

appreciated that the Closed PoD distribution here in CV-WPB was really a Godsend, and thanks is due the Governor, and the lower levels of Administration that helped make the Closed PoD happen.

Pursuant to direction from Governor Ron DeSantis, the Florida Department of Health and local health departments are responsible for receipt and distribution of the COVID-19 vaccine on behalf of the State. Initial priorities for distribution were redefined in the Governor's Executive Order 20-315: health care personnel; individuals 65 years of age and older; and longterm care facility residents and staff.

County staff are working closely with the Department of Health Palm Beach County and the Health Care District of Palm Beach County to distribute the vaccine in accordance with the Governor's priorities. Our local efforts will be in addition to the direct rollouts of the vaccine by the State of Florida or direct deliveries by federal agencies or contractors. Our strategies will include designated PODs (points of dispensing) at both fixed and mobile locations that will be accessible by walk-up and/or drive-up.

Local distribution plans do not include nursing homes and longterm care facilities which are being handled at the federal and state level. Additional announcements specific to public distribution within the County will be forthcoming from the County Health Department and the Palm Beach County Division of Emergency Management.

Reading between the lines, it becomes clear that we have a classical issue of "supply and demand", but we in UCO are not giving up in our effort to obtain another allocation for CV-WPB.

Following is a letter that we have sent to Governmental entities up to and including Tallahassee, I assure you all, every effort will be made to continue our CV-WPB vaccination program.

#### February 1, 2021

The Honorable Matt Wilhite 400 House Office Building 402 South Monroe Street Tallahassee, FL 32399-1300

RE: Distribution of COVID-19 vaccines at Century Village, West Palm Beach

Dear Representative Wilhite:

My name is Dave Israel. I am President of the United Civic Organization of Century Village, West Palm Beach. My Senior Community, consisting of 7854 homes, lies within your District.

Last month, Century Village WPB was designated as a Point of Distribution for the Pfizer COVID-19 vaccine, with an initial allocation of 3000 doses (6000 doses total). With very little notice, our Community registered and vaccinated. Recent news reports tell us that all future allocations of COVID-19 vaccines for Palm Beach County will be funneled through the Publix Supermarket distribution system. From our vantage point, this method of vaccine registration and distribution is very difficult for many of our residents to access and navigate. Many of our over-65 residents have difficulty using the Internet based registration system, and many have no Internet access at all. As long as vaccinations are restricted to over 65 year old seniors, this distribution model will likely fail the very population that it is intended to serve.

On behalf of my Community, I respectfully request that you make every effort to continue the closed POD vaccine distributions, and secure additional allocations for Century Village and all other senior communities.

Thank You, as always, for your kind attention to our Community.

Respectfully.

vaccinated 3200 CV Residents, exceeding 100 percent of our allocation. The second round of vaccinations for these residents will begin on February 3. By all accounts, this event proceeded smoothly and safely, and a significant portion of our Community now feels safer and very fortunate to be among the first Palm Beach County seniors to be vaccinated. The closed POD distribution model, with Government and senior communities working as partners, proved itself to be an efficient and effective means of getting the "shots into arms" of Palm Beach County seniors.

There is still more work to be done. Our research shows that our Community has many more over-age 65 residents that have yet to be

Dave Israel

President United Civic Organization of Century Village, West Palm Beach

### **CHANNEL 592 PHOTOS**

Check TV Channel 592 for photos of our CV friends and neighbors. Send in your own for publication. E-mail to: cvwpb63@gmail.com.



UCO Office, 2102 West Drive West Palm Beach, FL 33417 Tel: 561-683-9189 Send email & photos to: ucoreporterwpb@gmail.com Office hours: 9 a.m. to noon, Mon.-Thurs. Fri: By Appointment

Your Volunteer Staff, UCO Reporter		
Editor-in-ChiefRut	h Dreiss	
Associate Editor Anita Bu	uchanan	
Staff WritersRuth	n Dreiss,	
Marilyn Curtis, Lenore Velcroff, Bob	bi Levin	
Business Manager Myron Sil	verman	
Advertising ManagerPhil	l DePaul	
SportsIrwin J	. Cohen	
Photographers Walter J	ohnson	
Production	OPS	
Circulation Global Circulation	ow, Inc.	
StaffRowena Bacchus, Bob	bi Levin	

## **The UCO Reporter**

2102 WEST DRIVE, WPB New Telephone Number for UCO Reporter Staff

(561) 683-9189

#### UCO OFFICERS

**President David Israel Treasurer Edward Grossman** Vice Presidents David Boas Domenic Guarnagia Stew Richland Fausto Fabbro **Corresponding Secretary** Mary Patrick **Recording Secretary Bob Rivera** 

#### **EXECUTIVE BOARD**

Marilyn Curtis	Dennis Burrows
Maureen Debigare	Gina Facchiano
<b>Ruth Dreiss</b>	George Franklin
Richard Handelsman,	Susan Heller
Jackie Karlan	John Hess
Norma Pullman	Bobbi Levin
Michael Rayber	Carol Mainwald
Joyce Reiss	Gerry Sutofsky
David Torres	Lori Torres

**The UCO Reporter** is a monthly publication distributed within Century Village in West Palm Beach. It is the official publication of Century Village. For advertising information, please call 561-683-9189. The UCO Reporter assumes no responsibility for the workmanship or services rendered by advertisers. It is recommended that you confirm they are licensed prior to using their services. Check any references they supply. Editorial and Advertisement submissions are welcome, but subject to editing at the publisher's discretion and publisher may decline to publish any submission. Facts and statements expressed in the editorial content are not necessarily those of the UCO Reporter. All content is copyrighted and may not be reprinted, copied or reproduced without written permission from the Publisher. ©2015.

#### EDITORIAL POLICY

The UCO Reporter promises to continue its long held beliefs that this publication will print articles to inform our residents of the important issues concerning our Village. We promise to seek the truth and to print both sides of an issue, to open dialogue to inform our readers, not to create controversy.

We promise to listen to your concerns and to treat all our residents with courtesy and respect. Your opinion is valuable to us and will be considered in our decision for publication. These are the criteria for publication:

LETTERS TO THE EDITOR: Letters to the Editor should be limited to 250 words, and must be e-mailed (ucoreporterwpb@ gmail.com) to the Reporter by the 7th of the month prior to publication. Your opinions are important to us, but please refrain from gossip, innuendo, nasty or inflammatory remarks. Letters deemed to be inappropriate, inflammatory or libelous will be returned by the Staff for revision or removal. All letters must include the name, address and phone number of the author. No letters from UCO Reporter staff will be published. They may however have the opportunity to submit an opinion article also limited to 250 words.

ARTICLES: Articles for inclusion should be limited to 500 words, e-mailed (ucoreporterwpb@gmail.com) to the Reporter by the 7th of the month prior to the month of publication. All articles will be limited to one per writer. The topic of your article is of your choosing, but the Staff has the discretion to edit it with your approval or reject it based on the above stipulations. All articles must include the name, address and phone number of the author.

## EDITORIAL

It is time for another UCO Annual Election taking place on March 5th. We look forward to congratulating the two VP's elected who will serve the residents for the next two years, along with the two still filling out their term. The year 2020 made its mark on those volunteer officers who weathered Covid-19, as well as all of the volunteers who continued to come to the office daily, so that UCO business could continue.

We are gradually seeing recreation facilities opening up with social distancing. Until shows in the theater can be scheduled again, there are excellent Saturday night programs available online by signing up for them. See the form to fill out which is available in this publication. With the warm weather back again, pools are an option, if masks and social distancing are respected. If you find on occasion that a pool has been closed because social distancing was not practiced, everyone suffers. Don't blame WPRF for being concerned for your health by closing the pool. Blame those who will not follow regulations. We know that you like your favorite pool for relaxation and exercise, but there are many

## **MARCH 2021 UCO Committee Meetings**

TUE 2	TRANSPORTATION	1:00 PM	MCH ROOM C
TUE 2	COMMUNICATIONS	10:00 AM	MCH ROOM C
WED 3	<b>PROGRAMS &amp; SERVICES</b>	1:00 PM	MCH ROOM C
FRI 5	UCO ELECTION	8:00 AM	MCH ROOM C
FRI 5	DELEGATE ASSEMBLY	9:30 AM	MCH AUDITORIUM
FRI 5	SECURITY	1:00 PM	MCH ROOM C
TUE 9	ADVISORY	1:00 PM	MCH ROOM C
THU 11	СОР	1:00 PM	MCH ROOM C
FRI 12	CERT	1:00 PM	MCH ROOM C
TUE 16	INSURANCE	1:00 PM	MCH ROOM C
WED 17	BEAUTIFICATION	12:00 PM	MCH ROOM C
THU 18	BIDS/INFRASTRUCTURE	1:00 PM	MCH ROOM C
TUE 23	OPERATIONS	1:00 PM	MCH ROOM C
WED 24	FINANCE	1:00 PM	MCH ROOM C
THU 25	OFFICERS	1:00 PM	UCO BOARDROOM
FRI 26	EXECUTIVE BOARD	1:00 PM	MCH ROOM C

others to choose from until everyone complies with health rules.

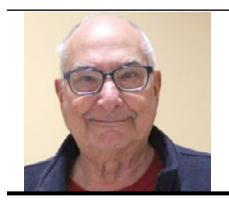
As many of you who had appointments and received a second vaccine, I also had mine and am happy to say that there were no ill effects. Let's hope that these vaccines will do the job, so that we can return to a better quality of life soon. UCO and County officials are working on getting another quantity of vaccine from the DOH. The 3,000+ just ad-

ministered went so well, it is hoped that many more residents will receive the vaccinations here in CV. We can never give enough commendation to those involved in our first program.

Don't miss the interesting Reflection Bay Q&A by the developer, in response to residents' concerns, in this issue of the newspaper.

by Ruth Dreiss, Editor-in-chief Meetings are limited to Committee Members until further notice **Committee Meetings are Subject to change. Principles only, Masks and Social Distancing** 

# **UCO OFFICER'S REPORTS**



#### Stew Richland vicepresident1@unitedcivic.org

Andover • Bedford • Golf's Edge Greenbrier • Kingswood • Oxford Southampton • Dover

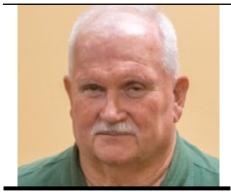
A warm welcome to new board members. I hope that you are ready for it! No matter how successful you were in your former career, you can never be prepared for your experience on a condo association board.

Board members are responsible for the administration of the association. The association is responsible for the maintenance, management and operation of the association property. Some of the duties of board members include: establishing an annual budget, conducting legal elections, overseeing the maintenance of the common elements, enforcing the rules of the association and working with others to achieve the goals of the association.These responsibilities require a great deal of knowledge and a thick skin. Being on the board is a thankless job, but someone has to do it! We here at UCO will do all we can to assist you in resolving the constant issues that board members have to contend with during their term in office.

To help new and old board members contend with their responsibilities, I would like to make a few suggestions. Become educated and take the classes that are offered by local law firms. This is the first step in becoming board certified. Familiarize yourself with the condition of the property. Determine what maintenance and repair projects are being done and that they are being done by licensed companies. Gain an understanding of the fiscal operation, review the current and past budgets and financial statements. Make sure that the current budget is sufficient to cover all expenses. Provide for reserves so that future projects can be easily funded. Board members must understand that there will be people on the board or in the Association that might disagree with the board. Remember, you took a seat on the board to represent the interests of the entire Association and to exercise your judgment to fulfill the board obligations.

I wish all board members a trouble free year and your elected UCO Vice-Presidents will always be available to assist you in resolving your issues.

Just a reminder. I am a candidate for re-election as Vice-President and the elections will be held March, 2021. I welcome your support in the upcoming election. Thank you!



David Boas vicepresident4@unitedcivic.org

Coventry • Easthampton
Norwich • Plymouth
Sheffield • Stratford • Waltham

Yikes, how quickly the month of February is going. It has been a busy month. But at least I don't have to shovel snow! A few things to be aware of. Many associations have already, or are going to have their Annual Meeting. What to do after this. Get a Delegate form at the UCO office. Fill it out with the Association Seal on it. Return it to the UCO office, as soon as possible. Why, you may ask? This ensures that your association is able to take part in voting at elections and at delegate assemblies. It should be done EVERY year, even if the Board stays the same. There are always things that may change -- phone numbers or email addresses, or alternate delegate changes. If you're not on the board, take a moment to thank those who VOLUNTEER to serve.

On Friday, March 5th, the election will be held in the Main Club House. Hours for voting will be from 8:00am to 10:30am. Once again, if your delegate information is wrong, you will be throwing your vote away.

I see that many associations are already upgrading their buildings. New roofs are being installed at several places, along with other exterior projects such as banisters and stairs, and also painting. This takes planning. Once again, thank your board members.

I know that people are anxious to socialize again. Me, too! However, this is not the time to stop being vigilant about the Coronavirus. As I go around the Village, I am seeing more and more groups of people without masks. Really folks, this is not over yet. Even if you have been vaccinated, many have not. I don't think wearing masks awhile longer is that great of a sacrifice. This is a wonderful place to live. If you are having a stressful time, just remember the three things that you don't have to do in Century Village. I don't cut grass, I don't rake leaves, and I don't shovel snow. Hurray for us! Until next month, stay well, and please be polite.



## Dom Guarnagia vicepresident2@unitedcivic.org

Cambridge • Canterbury Chatham • Dorchester Kent • Northampton • Sussex

In the beginning, three hundred and nine (309) associations shared a "common" set of By Laws and Officers could banter back and forth with Officers of any other association, how to interpret a particular situation to be handled equitably. Today, there are probably a handful of Associations that deal with situations with the same results. We, the officers of UCO, are not Attorneys and therefore, cannot solve situations for which you require guidance in order to bring a solution that satisfies both the Officers and the Unit Owner.

Further, a point of information regarding the documents required to complete the transaction of a Condo sale requires that the prospective "Owner" is required to present to the board a \$100.00 check, payable to the Association that is then deposited in the Association's account. The Association then presents a check



Fausto Fabbro vicepresident3@unitedcivic.org

Berkshire • Camden Hastings • Salisbury • Somerset Wellington • Windsor

March is here. Election time is this month. Please remember to vote on March 5th. drawn on their account with UCO as the recipient, utilized to carry out the investigation. It is the Board's responsibility to include that check along with the remaining pertinent required documentation to the UCO Investigator and not the Realtor. Upon the scrutiny and acceptable completion of the documents, a phone call will be made to the member of the Board who may retrieve the material. Uniformity in this action is necessary and may require additional time to complete all issues.

Those residents requiring a Bar Code to facilitate entering the Village without queuing in the "Slow Lane," must present to UCO their valid current Century Village I.D. and a currently dated auto registration issued in the name of the Owner (not an insurance policy). Some Bar Codes merely need an update, while those who are new to CV, or have a Bar Code that is so old that the Gate reader cannot validate the attempt at entry, will require a new Bar Code. The fee for a Bar Code is Ten Dollars \$10.00, payable in cash, with no larger than a Twenty Dollar (\$20.00) bill for change. If the weather involves rain, the application will be performed the next clear day.

Finally, the hours of operation at the UCO Building are Monday thru Thursday between 9:00 A.M. till 11:30 AM and Friday from 12:00 Noon till 2:30 P.M., and Investigations until 12:00 Noon, Monday thru Thursday and Friday from 12:00 Noon till 3:00 P.M., and Notary Stamping from 11:30 Monday thru Thursday from 11:30 till Noon and Friday from 2:30 till 3:00 P.M.

work with all the VP's (David, Domenic & Stewart ) who come to office every day with a smile and most days leave with one.

Other days, we are sad that the unit owners and renters come ready to argue and really don't care what we say. A very large issue is that realtors, lawyers, title companies and building officers are not informing the new residents about how CV works and where to go for which services. At least 10 times a week we get people who do not know where the Clubhouse is, or how to get there. We have unit owners who had aclosing and then come to the office to get an ID because that is what they were told to do by uninformed persons. Working in the office is a great way to learn how human nature really works.

I must say the last two years have passed very quickly. The UCO Office has been very active, especially the last ten months. We have kept the office open with a limited staff, still offering all the services that are needed to keep the Village running. I'm very proud to It has been an honor to serve the last two years as one of your VP's. I hope you will give us incumbent VP'S a chance to keep serving our Village for two more years.

P.S. Thanks to David B, Domenic G, and Stewart R for the great job they do.

# The State of Florida Requires all Contractors to be Registered or Certified. Be advised to Check License Numbers with the State by Calling 1-850-487-1395 or on the Web at **myfloridalicense.com**

## **Property Manager's Report** WWW.UCOMAINTENANCE@GMAIL.COM WWW.UCOGARBAGE@GMAIL.COM



By Donald Foster, LCAM

It has been almost one year since the COVID-19 pandemic forced UCO to adopt emergency protocols, restrict entry to the UCO Office, and manage with a skeleton staff. I begin this month's report by personally thanking the UCO Officers and Volunteers who made this possible. Their steady dedication and hard work allowed, without interruption, screening reports to be delivered,

barcodes and gate passes to be issued, documents to be notarized, a newspaper to be published, and many other essential community services during a very difficult time.

At this time, I estimate that perhaps one third of Century Village residents have been vaccinated for the COVID-19 virus. This estimate includes the three thousand plus CV residents who were vaccinated at the Clubhouse, and others who have been vaccinated at other sites (Publix, VA Hospital, South Florida Fairgrounds, etc.). While this number of vaccinated residents far exceeds the State and National averages, and will no doubt continue to grow, it will be some time before enough CV residents are vaccinated to the point that life can get back to some kind of normal around here.

So, that means we all will need to keep up our efforts to limit the community spread of COVID-19. Mask wearing, avoidance of gatherings, deferment of unnecessary travel, and periodic testing are the personal responsibilities of each CV resident. Here at UCO, we receive daily reports from residents about group gatherings and individuals who refuse to wear masks. In most cases, following up on these reports and enforcing responsible behavior is next to impossible. We also receive reports of residents who aggressively confront neighbors who don't wear masks. This is not smart. The best advice that we can provide for these situations is to GOVERN YOURSELF, AND PRO-TECT YOURSELF. If you find yourself in a room with an unmasked person, just leave the room. If you see a group of people who are not socially distanced, walk away from that group. When considering shopping, dining, or recreational trips, ask yourself: IS THIS TRIP REALLY NECESSARY? CV Association Boards, and their management companies, can help with this effort, by stepping up cleaning routines and removing or restricting access to group seating areas at their properties.

Here at UCO, we continue to make every effort to safely provide services to our Community. Access to the UCO Office Building is limited, mask wearing is mandatory, and we sanitize all surfaces (including ourselves!). UCO is essentially a property management company run by unit owners, and this is mostly done through committees. That means meetings, which can be risky when done in person. We limit the risk in various ways: using ZOOM, holding socially distanced meetings at the Clubhouse, and restricting meetings to committee members only. Many meetings are simply cancelled, and some projects have been postponed. In all cases, we ask ourselves: **IS THIS MEETING REALLY NECESSARY**?

On Friday, March 5, elections for UCO Officers will be held at the CV Clubhouse, from 8:00 AM until 10:30 AM. The UCO Elections Committee has planned out a safe, socially distanced event similar to the recent vaccination events. A sample ballot has been published in this newspaper. All CV Associations should make sure that their Delegates attend this election, and represent their Associations. We hope to see a strong turnout on 3/5. As we all begin to recover from a year of reduced and suspended activity, CV unit owners are encouraged to get re-involved with the management of our Community, starting with the March UCO Elections. It is anticipated that UCO Delegate Assemblies will resume in the near future, subject to COVID-19 related conditions and eventual relaxation of Government restrictions. As always, safety is our first concern. Let's all do our best to keep it together for just a little while longer.

## **Treasurer's Report**

The steps taken to clean up our accounting records are similar in a way to cleaning your house for the new year. Much like washing your windows, mopping the floor, and



By Ed Grossman

discarding old clothes in your closets. Regarding good practice in recordkeeping, one must make sure that your accounts receivable and payables are reviewed noting any uncollectible receivables which should be written off and checking that the amounts reflected in your accounts payable include any items that belong to the period are reflect-

ed in the proper period. Also, checking that your bank reconciliation balances agree with your records, as well as the total payroll; paid agrees with the amounts filed with your payroll tax returns. Efforts to collect past due accounts are made to collect old outstanding balances. Others should be written off.

The above procedures could expedite the completion of

the independent auditor's work by reducing their workload by correcting the errors that we find when reviewing our in-housework.

These steps recently were proved when we sent out our "end of the year" confirmations which enabled us to correct errors in all the above areas before forwarding our records to the auditors. Old receivables were collected, paid invoices were challenged, and, in some cases, incorrectly reported payroll information was discovered and corrected.

In essence, the term to be used is "Cleaning House" and not waiting for the outside auditor to start from scratch.

Some important facts came to light during this procedure. Many associations are not aware that every association engages an independent CAM. We discovered that without the CAM's guidance incorrect amounts were remitted to UCO for maintenance, and a special effort had to be made to bring these incorrect remittances up to snuff.

Other associations that had not maintained sufficient reserves to pay for necessary improvements and/or emer-

gency repairs to their property, found themselves unable to remit the proper maintenance fees to UCO and had to raise their monthly maintenance fees as much as \$50 per month. Another association had to make special arrangements to "catch up " on their past dues (i.e., assessments).

Furthermore, another association had to redo their officer's election because of not following the prescribed rules.

A specially appointed committee to review the upcoming renewal of the "Millennium Agreement" had several meetings to review, discuss and retain special counsel. More information on this matter will be forthcoming.

There is no doubt that 2020 was one of the most unusual years in modern history because of the COVID-19 virus and that many associations should seek professional help when it comes to their financial planning. A good rule is to be a little more generous when planning our budgets to avoid as many unforeseen bumps in the road as possible.

Let us all hope for a better year for 2021. GOD BLESS AMERICA AND GOD BLESS CENTURY VILLAGE!

## Maintenance "WATER, WATER, WATER EVERYWHERE"

A "POUL WATER NOTICE" state for the three set that the set of the terminate but with her terminate but with the te



By Dom Guarnagia

A BOIL WATER NOTICE from the Palm Beach County Water Management Utility last month that was meant for the City of West Palm Beach, was misinterpreted as including Suburban WPB and was met with a flurry of phone calls seeking clarification and the exclusion of us, Century Village and the surrounding areas. This brought to

mind the importance of both communication and the validation of the message. There are several things that many of us are unaware of, regarding potable water (pronounced poe-tuh-bull) water delivered from the "Utility".

Periodically, increased amounts of Chlorine is added to the drinking water, generally when the population is at its lowest with the idea that the treatment is introduced when the population is at its lowest and the cleansing affects the fewest residents, a good way to perform a somewhat un-

tasteful task. There are things that should be avoided no matter the time, that are unique to potable water heated by our electric water heater under the countertop in the kitchen in most condos, and in the utility closet in others.

Understanding the process of increasing the temperature of the water delivered to you at a temperature of 70 to 80 degrees F., and heated to approximately 120 degrees F. is solely for the purpose of bathing and laundering clothing. Why should we avoid using the HOT tap water to elevate the temperature for Tea, Coffee, Soup, and boiling water for a shortcut when preparing food or drink?

The method of elevating the temperature utilizing a shortcut can produce an accumulated amount of chlorine and especially introduce Magnesium into the water that could become toxic overtime. The process of heating the water in the tank is the end result of two Magnesium rods positive and negative known as an Anode and Cathode that excite the water molecules and over time dissolve, adding the undesirable metal into the "Hot Water". This is O.K. for bathing, since the amount of water consumed is minute, but mistakenly consumed in food, is somewhat dangerous when combined with other metals and chemicals contained ion prescription drugs.

Other sources of water that are dangerous are found in the consumption of fish caught in the sixty-four (64) acres of canals, lakes and lagoons throughout the "Village". Signs placed at the four (4) bridges warn fishermen that there is a chance those fish are toxic, since they live in water contaminated with chemicals from recycled-waste water that is one treatment away from drinkable, (potable) water.

Lastly, during March into April, the Coconut Palms are removed by arborists for two (2) reasons. As they increase in size, they become (IFO's) Identified Flying Objects and grace the Perimeter Walkway falling to the ground, hopefully missing the walkers. Palm trees are treated with a "Root Drench" of chemicals that control the insects that otherwise cause damage to the entire palms. Fortunately, not many residents avail themselves of collecting and consuming the milk and flesh of those nuts.

# **Reflection Bay - Q&A**

#### BY D.R. HORTON

On behalf of D.R. Horton, I am pleased to respond to the concerns identified in the sign up sheet published among the January 2021 Letters to the Editor. Although we operate in 90 markets across the U.S., homebuilding is a local business, and D.R. Horton is proud to support the local communities where we build and sell homes and where both our homebuyers and employees live and work. Each community we design undergoes a rigorous feasibility and environmental study and multiple levels of approval through local municipalities prior to development and construction. We strive to design communities that appeal to a diverse group of homebuyers and that provide significant value across our family of brands. Equally as important is our commitment to our neighbors and to doing what's right so that the local communities in which we build can continue to grow and thrive. The listed concerns were:

1. Permanent closure of the access road to Century Village between Golfs Edge buildings 11 and 14.

Response: The present development plans include closing this access road.

2. Continued acceptance of storm water drainage from Century Village.

Response: Reflection Bay expects to continue accepting drainage from Century Village.

3. Installation of an enhanced buffer/fencing barrier adjacent to Century Village.

Response: An enhanced buffer and fence is planned consistent with the prior approved development. The buffer between the proposed development and Century Village is planned to be 8 feet in width with substantial landscape improvements planned for the Century Village side of the fence.

## 4. Landscaping adjacent to Century Village property.

Response: An enhanced buffer and fence is planned

consistent with the prior approved development. The buffer between the proposed development and Century Village is planned to be 8 feet in width with substantial landscape improvements for the Century Village side of the fence.

**5.** Installation of traffic light on Haverhill Rd. to accommodate additional 5,000 vehicle traffic.

Response: If warranted by Palm Beach County, the developer will install a traffic light at the main Reflection Bay entrance on Haverhill Road.

6. Reduce the intensity of the number of proposed units.

Response: The developer's plans are expected to reduce the intensity of Reflection Bay previously approved by Palm Beach County. Traffic is estimated to be reduced from 10,238 average daily trips (per the current approved plan) to 5,175 average daily trips, which is an almost 50% reduction in trips. The reduction in intensity also results from the following changes:

7. PBC Fire Rescue equipment should have access to all buildings adjacent to Refection Bay without removing any existing walls or fencing.

Approved plan:	Proposed plan:
663 Multifamily units	707 Fee Simple Single- Family Townhome units
26 live/work units	None
100 resident Congregate Living Facility	None
84,500 SF Retail	None
15,000 SF Clubhouse	3,500 SF Clubhouse
2.1 ac. Neighborhood Parks	0.6 ac. Neighborhood park
4.48 ac. Rec area	1.71 ac. Rec Area

Response: The Reflection Bay plan will meet all Palm Beach County Fire Rescue safety requirements for both the proposed development and Century Village.

8. Haverhill Rd sidewalk should be increased to a width of 6 feet, the standard for other major roadway projects like Palmetto Park Rd. in Boca Raton.

Response: According to the recent project survey, the sidewalk adjacent to Haverhill exceeds 6 feet in width. Sidewalks with at least 6 feet in width will be maintained in any area that Haverhill is affected by proposed development.

9. Construction of a school bus stop to safely accommodate congregating students.

Response: The developer's plans include a school bus shelter/stop internal to Reflection Bay along the main entrance drive.

#### **Other Identified Concerns:**

Soil contaminants from the former Golf Course

Response: The developer expects to improve the conditions with a soil management plan that has been approved by the Florida Department of Environmental Protection.

Security

Response: The development is planned to have entry gates and be fully enclosed with fencing and /or wall. There is not expected to be roving security.

We are early in the development process and no public hearing has yet been scheduled. As with all of its communities, D.R. Horton will continue to respond to requests for information and opportunities to address questions which, as to Reflection Bay, are published in the UCO Reporter.

> Karl K. Albertson, DVP Land Acquisitions D.R. Horton, Inc.

# Happy Days Are Here Again

#### **BY OLGA WOLKENSTEIN**

In these anxiety-laden days of Covid-19, it is refreshing to have good news for you. Under the auspices of David Israel, an ad-hoc committee, titled: THE MILLENNIUM AGREEMENT NEGOTIATIONS COMMITTEE, was set up to hire an attorney to represent the residents in the upcoming agreement with WPRF. It is with pleasure to inform you that I am an official member of this committee and I am proud to say that the committee is wasting no time in ensuring that they make the best choice to represent you in these difficult negotiations. For many of you who are late-comers to the Village, The Millennium Agreement which expires December 31, 2021, and must be negotiated by May 31, 2021, is the agreement that will determine, the out of pocket money you will be obligated to pay to use the recreation facilities for the next twenty years, including the Clubhouse Rent.

# ATT: Century Village Delegates and Alternatives

On Friday, March 5, 2021, you will have an important decision to make. On this day, you will vote for the Officers and Executive Board Members of UCO.

You will decide who will best represent you in the future on matters that will affect your lifestyle in the Village.

A vote for OLGA WOLKENSTEIN for Vice President is an assurance that you will be represented by someone who cares deeply about you and the matters that affect you as a resident of Century Village.

After the committee has procured an attorney, and the attorney has had time to review the present agreement, we expect serious negotiations to take place.

#### Stay Tuned.



I will consider your best interest in the following matters:

- Millennium Agreement
- Development of the Golf Course Reflection Bay
- Resident Security
- Fiscal Responsibility
- Sound Barrier on the Turnpike
- Rule Fairness

## **VOTE FOR OLGA, YOUR VOICE AT UCO.**



"K" - ENJOY LONG LAKE VIEWS, new windows, new patio enclosure, tile, newer kitchen, updated baths and A/C. .. \$112,900

"F" - WOW, ENJOY LONG LAKE VIEWS, new impactfloor to ceiling windows. One bath beautifully redone ...... \$112,500

"C"- ON THE CUL-DE-SAC, 2ndfloor, stone floors, gorgeous view from patio. Priced right. ..... \$118,000

WELLINGTON H - 2/2 Turn-key!!! Total renovation, new tile, new kitchen & stainless appliances, Baths redone too!!!! Welcome to paradise.....\$158,500

## **NEW LISTINGS**

STRATFORD D 2/2 Priced to sell, 2ndfloor by the lake ... \$84,900 COVENTRY I 2/112 Lovely 2ndfloor, lift, SS appliances, new baths, *wood floors, pristine......* \$84,900 SOUTHAMPTON B 2/11/2Groundfloor corner, new kitchen and baths, newA/C, extra large patio on garden. ..... \$73,500 DORCHESTER E 2/11/2Groundfloor corner near pool!! Light & bright, ceramic tile, both baths redone ...... \$79,900 SOUTHAMPTON C 1/11/2 Great view from oversized lanai on garden, across from pool, elevator ...... \$49,900 NORTHAMPTON P 2/112 Upper, delightful location, ceramic tile, carpet in bedrooms, updates galore, garden view ...... \$62,500 COVENTRY G 2/11/22ndfloor corner, light and bright, updated kitchen, short walk to club & Haverhill gate ..... \$73,999 KENT I 1/11A Groundflr corner, updated kit/master bath. \$54,000 SOUTHAMPTON B 1/11A Grdflr, tile, newer appls, cen. AC . .\$54,900 SHEFFIELD G 2/11/2 Stunning floors, new kitchen & baths\$68,000 BERKSHIRE D 2/11A Corner on water, new floors, updates throughout, easy walk to pool ...... \$74,000 STRATFORD K - 2/2 Stunning water views from new patio!!! 

## WELLINGTON L CORNER 2/2

CORNER PENTHOUSE, panoramic water views, impact windows & doors, new kitchen, stainless, granite, new master bath, step in shower, new appliances, extra storage ..... \$189,900

## <u>BERKSHIRE B</u>

2 /1% LAKEFRONT GROUND FLOOR CORNER Stunning, remodeled, light and bright, porcelain tile, new kitchen, quartz, marble, your own patio too! Own a piece ofparadise .... \$110,000

## **SOUTHAMPTON B**

2/11A 2ND FLOOR CORNER!!! COMPLETELY UPDATED! Wood & porcelain floors, beautiful new kitchen & baths, newer appliances, furnished, 9' X 21" patio, move in ready ..... \$79,900

## DOVER

"A" - 1 BEDROOM, PA BATH. Enjoy panoramic views from oversized lakeside patio. Walk to pools, clubhouse and transportation. Brand new A/C
"C"- 1 BEDROOM,11/2 BATH. Stunning. Updated all white, simply gorgeous! ! ! Furnished, double sink, tile throughout. Huge waterfront patio \$117,000
"C"- 1 BEDROOM, PA BATH. Ground floor, updated kitchen and bathrooms, new furniture

## **DOVER** A

1 BEDROOM, 1 <sup>1</sup> / <sub>2</sub> BATH. Enjoy panoramic views from oversized
lakeside patio. Walk to pools, clubhouse and transportation. Brand
new A/C\$84,900

STRATFORD A 2/2 Location, location, location!!! Walk to club and gate, priced to sell Needs TLC...... \$69,900

SOUTHAMPTON A- 2/1.5 New from floor to ceiling, vinyl flooring, new kitchen & baths, Nothing to do but move in! . \$69,900

## SOMERSET 2/2

#### **\*\* HUGE PRICE REDUCTION \* \***

GORGEOUS LAKE VIEW from new patio, new carpet, elevator 

### PLYMOUTH

"R" - 1/11A GROUND FLOOR CORNER WITH WRAP AROUND PATIO! All new, W/D hookup and more \$119,000

"A" - 2/2 Upper floor, ceramic tile throughout, value ..... \$80,000

"V"- 1/2 GROUND FLOOR CORNER, wrap around patio, tile, updated kitchen. Won't last! ..... \$95,000

## <u>GREENBRIER C</u>

2 bed, 2 bath, AMAZING VIEW FROM TOP FLOOR!! Oversized, easy walk to clubhouse, tile and updates throughout..... \$95,000

# The "Susans" turn "Listed" into "SOLD"

# **Security**



**By** George Franklin & Daniel Zelaya

or low and worn? How about the wheel lug nuts? Are they loose? Brakes feel good? The glass on parking and headlights. Are they glazed over or nice and clean and clear? How about your windshield? Any cracks? When was the last time you changed your oil and checked the other fluids such as brake fluid and windshield wiper fluid?

Hi folks. Well here we

go into springtime Your thoughts about heading

North are on "think now."

What kind of shape is your

car in? Have any idea? When

was the last time you had it

completely serviced at your

dealer? Let's start with an

outside to inside inspection.

How are the tires? Look good,

What about all the window decals? Like organizational ones? Those decals, if you have many, and I have seen many block parts of your vision. Take some off! No, just because you have donated to a police organization and they send you a decal that will not stop you from getting a ticket. Trust me on that. How about your door keys? They operational? Have them checked and USE them. Lock those car doors. How about the play in your steering wheel? Too loose? What about your windshield wipers? Are they working well? Under the hood, check for frayed or loose wires. How about your battery? Have you had that checked lately? See any fluid drips? What about just plain cleanness? Loose candy bar wrappers flying around in the breeze can cause a distraction or worse.

Clean out the car at the Car Wash. We have many in the area now. I suggest taking your car to a dealer of your choice and ask for a COMPLETE inspection



before heading North, or anywhere else for that matter. Last thing you need is to be stuck on a highway! In the meantime, stay safe and secure out there!

## Why the **Complete dental plan** could be right for you

Humana Individual dental plans are insured or offered by Humana Insurance Company, HumanaDental Insurance Company, Humana Insurance Company of New York, The Dental Concern, Inc., CompBenefits Insurance Company, CompBenefits Company, CompBenefits Dental, Inc., Humana Employers Health Plan of Georgia, Inc., Humana Health Benefit Plan of Louisiana, Inc., DentiCare, Inc. (d/b/a CompBenefits), Discount plans offered by HumanaDental Insurance Company, Humana Insurance Company or Texas Dental Plan, Inc. For Arizona residents: Insured by Humana Insurance Company. For Texas residents: Insured offered by Humana Insurance Company, HumanaDental Insurance Company, or DentiCare, Inc. (d/b/a CompBenefits).

Limitations and exclusions may apply. Please see the benefits summary for additional details.

#### Enrolling is easy Contact your Humana agent today or go to Humana.com

#### Discrimination is against the law

Humana Inc. and its subsidiaries ("Humana") comply with applicable federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability or sex. English: ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call the number on the back of your ID card. Español (Spanish): ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número que figura en su tarjeta de identificación.

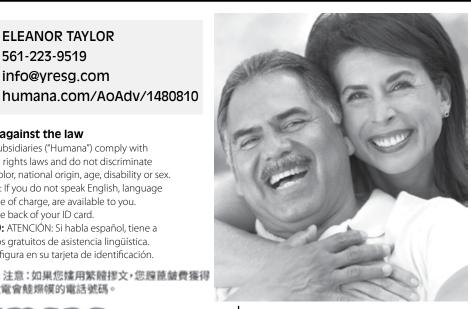
**ELEANOR TAYLOR** 

info@yresg.com

561-223-9519

繁體摎文 (Chinese): 注意:如果您嫿用繁體摎文,您韙蓖皶費獲得 語言援薨服護。請致電會鯥燦幙的電話號碼。

> Humana. GCHK5V9EN 0518



Maintain a healthy mouth and radiant smile for a lifetime



Dorchester C	1st Floor, Corner, 1BR & 1.5 Bath, Central AC, Ceramic Tile	\$65,000
Easthampton A	2nd Floor, Hurricane Shutters, Near East Gate	\$48,900
Canterbury B	1 BR – 1.5 Bath, Furnished, Laminate Flooring	\$43,900
Dover A	1st Floor - Water View! Double Sinks - Upgraded	\$132,900
Dover C	1st Floor, Central Air, Updated & Furnished! Water View!	. \$114,900
Camden O	2nd Floor, Corner, Central Air, Open & Airy! Ceramic Tile	\$52,000
Southampton A	Updated Kitchen & Bath W/Step in Shower, New A/C	\$67,500

#### 2 BEDROOM - 1 1/2 BATH

Somerset A	1st Floor, Fantastic Water View, Ceramic Tile, Updated	\$139,900
Northampton M	Central Air, New Kitchen, Water View & Updated Baths	\$74,900
Sussex M	2nd Floor, Corner, Central Air, Updated, Tile Throughout, Lift in Building	\$74,900
Easthamtpton A	2nd Floor, Corner, Central Air, Hurricane Shutters	\$82,900
Kent C	1st Floor – Corner – Fantastic Water View! Great Lanai	\$84,000
Cambridge G	2nd Floor, Corner unit with Central Air, Impact Windows	\$67,500
2 BEDROC	<u>DM - 2 BATH</u>	
Wellington G	Completely Remodeled! Hurricane Windows, 2 Step in Showers, Water View!	\$169,000
Kent N	Fantastic, 1st Floor, Corner, Newly Remodeled, Stainless Appliances	\$109,900
Somerset K	Amazing Waterfront View! Updated Kitchen	\$79,900
Stratford G	Corner, New Appliances, Granite Countertops, Double Sink, Washer/Dryer	\$130,000
Golfs Edge D	Granite Countertops, Double Sinks, Washer/Dryer, Central A/C	\$133,500

#### RECENT SALES **RECENT SALES** ......\$67,000 199 Somerset J ..... 304 Wellington L.... ..\$1.250 130 Bedford E ......\$110,000 10 Golfs Edge B.... .....\$950 149 Dover C ......\$107,000 75 Waltham D ..... ....\$950 .....\$1.050 112 Wellington L......\$140,000 129 Canterbury F......\$900 70 Plymouth H......\$160,000 20 Sheffield A ..... .....\$975 .....\$925 \$1,200 308 Wellington L.....\$1,150 .....\$795 314 Wellington L......\$118,000 114 Stratford I ......\$900 62 Stratford E.....\$110,000 136 Canterbury F..... .....\$900 9 Northampton A ......\$74,000 24 Norwich A .....\$1,100 .....\$2,000

**"FOR QUICK RESULTS, LIST WITH US!!"** 

ALL INFORMATION IS DEEMED CORRECT AT TIME OF PUBLICATION. 1/2021

Petrina Penio – Licensed Real Estate Broker • Century Medical Plaza • 100 Century Blvd., Suite 102 • West Palm Beach Never Pay Commissions Or Transaction Fees On Rental Renewals SPANISH - YIDDISH - RUSSIAN - UKRAINIAN & HUNGARIAN SPOKEN HERE



# Being a Board Member Doesn't Have to be Stressful – Part 2

#### BY MARK FRIEDMAN, FLORIDA BAR CERTIFIED AS A SPECIALIST IN CONDOMINIUM AND PLANNED DEVELOPMENT LAW

Stress is defined as "a state of mental or emotional strain or tension resulting from adverse or very demanding circumstances." While it is difficult to be totally stress free, there are coping strategies that Board members can use to cut down on the amount of stress that comes with the position. The following are some tips that I give to clients when they are having difficulty coping. This is part 2 of my two-part series.

1. "Circle the Wagon." A Board meeting is run by the Board. If unit owners try to shut it down, the following are steps you can take both prior to and during such meeting. Create a reasonable rule regarding how unit owners will participate at Board meetings (e.g. how long they can speak, when that is to occur, etc.) Your attorney can help you create such a rule as is permitted by the Condominium Act. During the meeting, you have options, if a Unit own-

er is trying to take over the meeting, the chair may ask them to sit down. Some communities will then call the Sheriff's office (non-emergency number) to have the person removed or, another technique is for the Board to literally stand in a circle and conduct their meeting (so that they can hear each other) and vote on the issues on the agenda.

2. Delegate and Trust. The most stressed person is the one that says, "if you want to do it right you have to do it yourself," because there is so much to do on a condominium Board. You must have other Board members or committee members you can delegate to and trust, so that you have time to also enjoy your life and are not working 24 hours per day, 7 days per week, 365 days per year.

**3. Preplan relationships.** There is nothing more stressful than having an issue occur at the Association and

then trying to find the right professional to assist you. Keep your attorney on retainer so you don't have to sign up a second time when an urgent issue arises. Get to know the mitigation and restoration companies and keep their cards in your rolodex or on speed dial.

4. At the beginning of every year, plan out the year on your calendar so you know when certain statutory responsibilities are required. Remember that you need 60 days for the first notice of the annual meeting and that notices of intent are due 40 days prior to the meeting. It will help you remember that the candidate information sheets are due 35 days before the meeting and the absolute cut off for sending out the second notice. Also remember that your financial reports are supposed to be completed and notification sent to the unit owners no later than 120 after the end of your fiscal year (either send a copy of the

report or a notice that a copy will be mailed or hand delivered to the unit owner, without charge, within 5 business days after receipt of a written request.)

Being a Board member can often be a difficult undertaking, but if done correctly, keeping your own wellbeing in mind, it can be a rewarding experience as well.

Mark D. Friedman, B.C.S. is Board Certified by the Florida Bar in Condominium and Planned Development Law. Mr. Friedman is also a shareholder in the law firm of Becker. This article is not intended as legal advice and is for educational purposes only. Please consult your association's attorney when legal issues arise. Mr. Friedman may be reached at MFriedman@beckerlawyers.com

## **March Tax Talk**

#### ANNE M. GANNON CONSTITUTIONAL TAX COLLECTOR PBC

March has arrived and spring is in the air! It is always one of our busiest months due to the property tax deadline on March 31. This month I am



sharing my top tips to help make paying your property taxes easy and efficient.

I am also pleased to share important information about our new and improved client feedback survey. Implemented last month, the new survey was developed in partnership with Beyond Feedback,

a third-party vendor specializing in client satisfaction insight and analysis. If you receive a survey request from Beyond Feedback, please take a minute to share your valuable feedback with me. times are quick – usually 1 to 3 business days. We offer several payment methods including eCheck which is free!

Tip #3: Find answers to your questions on our website.

Want to know how your property tax is calculated? Not sure what to do if your property tax payment is late? Visit www.pbctax.com before calling us. You will find helpful information including a set of Frequently Asked Questions. If you still can't find the answer, email ClientAdvocate@pbctax.com and a client service specialist will respond.

#### Tip #4: Use our secure drop box.

Avoid mail delays by using our secure drop boxes located in the lobby of every tax collector office. You can drop off your payment during regular business hours, Monday through Friday from 8:15 a.m. to 5:00 p.m. To help us process your payment efficiently, remember to write your Property Control Number (PCN) on your payment and include the payment stub. Do not fold, staple, paper clip or tape your payment. back, on behalf of the Palm Beach County Tax Collector's Office, sends an email and text message to clients after every transaction. A simple click on the link contained in the email and text message will take clients directly to the survey. It only takes a minute to complete the handful of questions.

Besides the improved delivery method, the new survey asks more insightful questions that are specific to the client's transaction. By gathering client feedback immediately following a transaction, we now gather more precise information that aligns directly with our operational processes.

In the weeks ahead, we will continue to improve our methods for gathering client feedback to ensure we have the valuable insights needed to improve our service.

#### **Important Dates and Deadlines**

Mar. 14 Daylight saving time begins

#### Top Tips for Paying Property Tax in March

The weeks leading up to the March 31 property tax deadline are traditionally some of the busiest for our office. Clients should expect longer-than-normal wait times, even with appointments. Call volumes at our call center also rise sharply in March.

There is good news! Follow these tips to make paying property tax easy and efficient this month:

Tip #1: Don't wait until the last minute.

Paying taxes can be stressful and waiting until the last minute doesn't help. Avoid a trip to our office by paying online in March at www.pbctax. com. Property taxes become delinquent on April 1 and cannot be paid online.

#### Tip #2: Pay smart. Pay online.

Whether you are paying property taxes or renewing a vehicle registration, paying online is the fastest, most efficient way to pay. Processing

#### Tell Us About Your Experience with Us

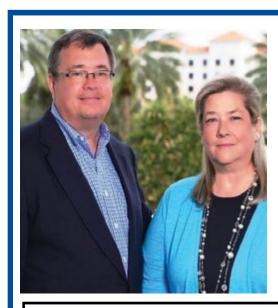
Earlier this year I implemented an improved client feedback survey to help us improve our level of service to you. Developed in partnership with Beyond Feedback, a nationally-recognized leader in client satisfaction insight and analysis, the new survey asks more specific questions about your recent transaction with our office.

In the past, we kindly asked clients to visit our website to complete a survey to rate our service. As you can imagine, this method was hit or miss and somewhat inconvenient for our clients. Now, thanks to improved technology, Beyond FeedMar. 31 2020 property taxes due

Mar. 31 Fourth installment payment for 2020 property taxes due

Apr. 12020 property taxes become delinquent Do you have a birthday in May? Your registration expires at midnight on your birthday. Don't wait! Renew your registration up to 90 days in advance at www.pbctax.com







Visit us on Facebook • SarahAndAaronRose-Realtor

## MULTULE LISTING SERVICE

## **BERKSHIRE B LAKE FRONT**

Private lakeside patio! Ground floor corner 2 / 1.5. New kitchen. Stainless appliances. New baths. Wonderful building. A beauty. ..... \$119,900

## **<u>GREAT BUYS</u>**

ANDOVER L - 1 BEDROOM, 1.5 BATH. Ground Floor! Water View. Priced to Sell
SOUTHAMPTON C - 1 BEDROOM, 1.5 BATH. Wood floors. Updated baths
KENT I - 1 BEDROOM, 1.5 BATH. Ground floor corner! Light & bright. Park at your door\$55,000
SOUTHAMPTON B - 2 BEDROOM, 1.5 BATH. Ground floor corner!Stunning\$73,500
COVENTRY G - 2 BEDROOM, 1.5 BATH. Light & Bright 2nd Floor Corner. Updated kitchen
SOUTHAMPTON B - 2 BEDROOM, 1.5 BATH. 2nd Floor Corner! Completely Updated\$79,900
GREENBRIER C - 2 BEDROOM, 2 BATH. Oversized Penthouse. Make it Your Own

## **GREENBRIER A GROUND FLOOR CORNER**

Private & Spacious With Garden View! Everything Updated And Stunning. Impact Windows. Wood Floors. Oversized convertible 1 bedroom/ 2 full bath. Gorgeous ...... \$94,500

## WELLINGTON

"L"- Panoramic water views! CORNER PENTHOUSE Two bedroom, two bath. Impact windows & doors. New kitchen. Granite counters. New 

"K" - Beautiful water view! CORNER Two bedroom, two bath! Open concept kitchen. Granite counters. New stainless appliances. Updated 

## DOVER

"C" - 1 BEDROOM, 1.5 BATH. Light & bright. Updated white kitchen with two sinks. Spacious enclosed lanai. Tile throughout. Furnished ... \$117,000

"C" - 1 BEDROOM, 1.5 BATH. Fantastic water view. Updated ground 

"B" - 1 BEDROOM, 1.5 BATH. Exceptional penthouse home. Stunning panoramic water views. Spacious lanai with new windows ..... \$81,000

"A" - 1 BEDROOM, 1.5 BATH. Enjoy beautiful views from your oversized lakeside patio! New AC. Ceramic tile. Close to clubhouse. ..... \$79,900





Susan Wolfman "Hall of Fame"

wolfieremax@gmail.com

Voted #1 For Service & Integrity

DIREC<sup>1</sup>

Susan Richmond

*"Your Real Estate* Matchmaker" 516-297-9252

susanrichmond55g@gmail.com



January Sales									
147	ANDOVER F	<b>2/1</b> <sup>1</sup> / <sub>2</sub>	UNDER CONTR.	\$58,599	<b>11</b>	GOLF'S EDGE A	2/2	UNDER CONTR.	\$85,000
109	WELLINGTON B	2/2	UNDER CONTR.	\$167,000	55	STRATFORD D	2/2	UNDER CONTR.	\$131,000
310	WELLINGTON F	2/2	PENDING	\$104,000	265	BEDFORD K	2/2	SOLD	\$110,000
346	NORTHAMPTON Q	1/1	SOLD	\$36,500	256	BEDFORD K	1/1½	SOLD	\$46,500
70	PLYMOUTH H	2/2	SOLD	\$160,000	123	SOUTHAMPTON B	1/11/2	UNDER CONTR.	\$50,000
133	WALTHAM F	2/11/2	PENDING	\$95,000	13	PLYLMOUTH A	2/2	UNDER CONTR.	\$75,000
100		2/1/2	I ENDING				2/2	ONDER OONTR.	<i>wr0,000</i>
				Recen	t Sal	es			
171	BERKSHIRE H	<b>2/1</b> <sup>1</sup> ⁄ <sub>2</sub>	SOLD	\$78,000	207	WELLINGTON A	1/1½	SOLD	\$50,000
5	GOLF'S EDGE F	2/2	SOLD	\$85,000	116	CHATHAM E	1/1½	SOLD	\$55,000
70	COVENTRY C	<b>2/1</b> <sup>1</sup> ⁄ <sub>2</sub>	SOLD	\$63,500	347	CHATHAM Q	<b>2/1</b> <sup>1</sup> / <sub>2</sub>	SOLD	\$79,900
340	CHATHAM Q	<b>2/1</b> <sup>1</sup> / <sub>2</sub>	SOLD	\$92,500	161	SALISBURY G	1/1½	SOLD	\$49,900
66	COVENTRY C	2/1	SOLD	\$60,000	103	WELLINGTON D	2/2	PENDING	\$130,000
50	PLYMOUTH F	1/11/2	SOLD	\$41,500	201	BEDFORD H	1/1	PENDING	\$35,500
256	BEDFORD K	1/11/2	SOLD	\$55,000	107	SOUTHAMPTON A	1/1½	SOLD	\$65,000
382	WINDSOR Q	1/11/2	SOLD	\$55,000	311	WELLINGTON D	1/1½	SOLD	\$75,000
7	PLYMOUTH A	2/2	SOLD	\$105,000	307	WELLINGTON C	1/11/2	SOLD	\$74,500
401	<b>GREENBRIER C</b>	2/2	SOLD	\$150,000	269	ANDOVER K	1/1½	SOLD	\$55,000
153	CHATHAM H	2/2	SOLD	\$121,750	80	BEDFORD D	1/1½	SOLD	\$45,500
323	CAMDEN N	1/11/2	SOLD	\$55,000	104	WELLINGTON M	1/11/2	SOLD	\$55,000
111	CAMBRIDGE E	1/1	SOLD	\$35,000	113	<b>GREENBRIER A</b>	2/2	SOLD	\$93,000
,			22 4	((	<b>T</b> •	( 1)) •		<b>KOOT</b>	

The "Susans" turn "Listed" into "SOLL"

#### MARCH 2021 | UCO REPORTER | PAGE 11

# Palm Beach County News

#### FROM THE OFFICE OF COMMISSIONER GREGG WEISS

Though the vaccination efforts are gaining steam in Palm Beach Coun-



ty, with well over 100,000 people fully vaccinated and even more having received their first dose, the negative impact of COVID on our lives remains. You may

have seen him on the news several times in the last couple of weeks, as Commissioner Weiss continues to press agencies and organizations involved with vaccinations to step up efforts and streamline their operations.

He wrote a letter to the CEO of Publix asking for common sense changes to the signup process, move up the signup times and add a phone number for seniors who don't have computers.

Our office has also been expressing concerns to the Department of Health, as well as the Health Care District to make sure that no senior is inadvertently purged from the vaccination list they signed up for.

In response to a letter by UCO r

president Dave Israel requesting assistance in securing a closed point of distribution (POD) within Century Village, Commissioner Weiss wrote " You can count on my continued advocacy for Century Village and its residents".

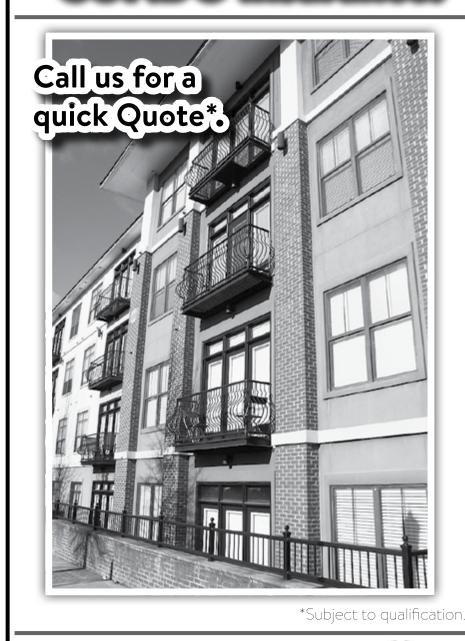
We're hopeful that the vaccine supply issues will fade in the weeks and months ahead and that more vaccination options will become available.

If you are experiencing difficulty in getting vaccinated, or if you're having a hard time getting answers from government agencies, please call our office at 561-335-2202. We're here to help.

If you're flying out of Palm Beach and want to get a rapid COVID test, things have gotten a lot easier. In February the Board of County Commissioners approved an airport medical testing center agreement with Helix Virtual, Inc. (Helix) in the amount of \$27,845 to lease 851 square feet of space at Palm Beach International Airport (PBIA) to provide COVID-19 testing and limited medical services to airport passengers and employees. The initial lease term is through September 30, 2021, with three, one-year renewals.



# Great CONDO Insurance News! Allstate is writing CONDO Insurance.



## **Richard Lydon, Agent** *lydon@allstate.com*



- . . . . . . . . . . . . . .
  - BATHROOM/DRESSING ROOM NO INDOOR SHOWERS OR SAUNAS

#### LIBRARY OPEN WITHOUT ESCORT

- ROOM CAPACITY 6
- 4 TABLES AVAILABLE 1 PERSON PER TABLE
- 2 PERSONS SELECTING BOOKS
- STAFF OFFICE RESIDENT COMPUTER 1/2 HOUR INCREMENTS
- COMPUTER USER ONLY
- WOODSHOP MUST WEAR MASKS AT ALL TIMES
  - ROOM CAPACITY 4 TIMES: 8:00 AM 11:30 AM & 12:30 4:00 PM
- · PING-PONG AT HASTINGS
  - ROOM CAPACITY 4 2 PLAYERS PER TABLE BRING OWN PADDLES/BALLS
- MASKS/CDC SIX FOOT SOCIAL DISTANCING REQUIRED AT ALL TIMES
  NO GUESTS WILL BE PERMITTED AT THIS TIME
  HAND SANITIZER STATIONS LOCATED AROUND CLUBHOUSE
- RESIDENTS ARE ENCOURAGED TO BRING OWN SANITIZING SUPPLIES
- PERSONAL ITEMS LEFT BEHIND WILL BE DISPOSED OF

666666666666

- FEELING ILL, DO NOT COME TO CLUBHOUSE SEEK MEDICAL CARE
   NON-COMPLIANCE CAN RESULT IN SUSPENSION OF PRIVILEGES
  - REPORT VIOLATIONS TO SECURITY BY CALLING 561 640-3120 OPTION #6 SUBJECT TO CHANGE/MODIFICATION

wPRF, Inc.

5

6

5

5

5

## Ť 561-687-1800 F 561-640-4622

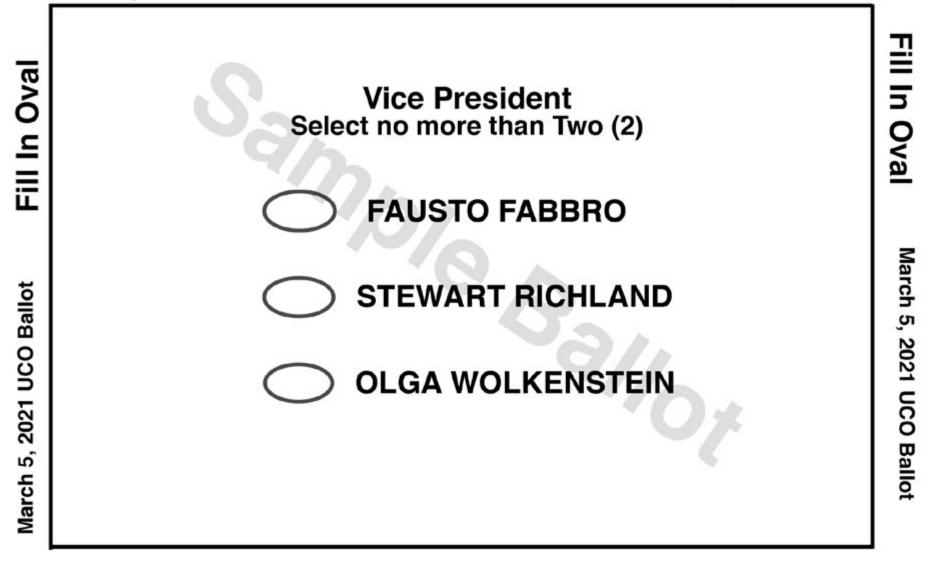
2845 N.Military Trail Suite 3 West Palm Beach, FL 33409 You're in good hands. We have been in the neighborhood for 32 years-in the same location.



# 2021 UCO Elections Sample Ballot

March 5, 2021 UCO Ballot

March 5, 2021 UCO Ballot





## **BAR CODES & GATE PASSES**

UCO office hours for Bar Codes & Gate Passes are: Monday thru Thursday – 9:30 to 11:30 AM Friday – 12:30 to 2:30 PM

To expedite the issue of Bar Codes: Have your CV ID and current auto registration ready for presentation, before coming to the desk. The fee for a new bar code is \$10.00 (cash only).

For Gate Passes: Have your CV ID and photo and address of your guest ready for presentation (if he/she is not already in the system), before coming to the desk. Fee is based upon the number of months requested. Maximum is 12 months for \$15.00 (cash only).

## HANDY MAN THINGS, INC. HMT WINDOWS & DOORS

- Door Repairs
- Hurricane Shutters
- Door Replacement
- Window Screens
- Porch Enclosures
- Accordion Shutters
- Window Glass
- Porch Rescreening
- Window Repair
- Window Replacement
- Sliding Glass Door Repair & Wheels

30 Years in Construction / Licensed / Bonded / Insured Joe Carriker — (561) 840-6345 hmt8557@bellsouth.net

License Nos. U-20681, U-20702

Renters and Occupants mst have a current CV ID for any purpose. To save time, present your renewal documents to the ID office in the clubhouse to receive an updated ID. Then come to the UCO office for a bar code update, new bar code, or gate pass.

## WEARING A MASK BEFORE ENTERING THE UCO OFFICE IS MANDATORY.

ONLY ONE PERSON AT A TIME IS ADMITTED.

#### PLEASE NOTE THE COST OF A NEW BAR CODE IS \$10.00, EFFECTIVE JANUARY 1, 2021.

## Wills · Trusts · Estate Planning Probate · Real Estate

## ALEXANDER & DAMBRA, P.A.

#### ATTORNEYS AT LAW

Karen Levin Alexander kalexander@addlawpb.com Georgiana Fratella Dambra gmdambra@aol.com

## Telephone: 561-471-5708

Fax: 561-471-7287 5737 Okeechobee Boulevard, Suite 201 West Palm Beach, Florida 33417 1/4 Mile East of the Turnpike

## WPRF PHONE DIRECTORY 640-3120

Staff & Class Office	Ext. 0
Ticket Office	Ext. 1
WPRF Maintenance Office	Ext. 2
WPRF Accounts Receivable Office	Ext. 3
I.D. Office	Ext. 4
Administrative Office	Ext. 5
Main Clubhouse Security	Ext. 6
Hastings Clubhouse Security	Ext. 7
Aerobic Instructor	Ext. 8
Gym Trainers	Ext. 9
Operator Plaase Press Zere	

**Operator, Please Press Zero** 

# WATCH BATTERIES REPLACEMENT

Call Fausto: 561-502-1879



Just Sit Back, Relax & Make The Call Honest, Reliable & Dependable Service Guaranteed







E

R

С

A

Ι,

PVC • Woods Faux Woods Woven Woods Shutters



### **Visit our Showroom** Monday–Friday 9 a.m. to 4 p.m. 6001 Georgia Avenue, Suite 10, West Palm Beach

**Call for an In-Home Appointment** 

561-585-1485

NJURED? ACCIDENT Personal Injuries Deserve Personal Attention

I Am Here To Listen, Advise & Aggressively Pursue Your Claim

ALL INJURY CASES

- AUTO ACCIDENTS
- WRONGFUL DEATH
- SLIP AND FALL & TRIP AND FALL
- DEFECTIVE PRODUCT INJURIES

No Fees Or Cost, If No Recovery Evening & Weekend Appointments Home & Hospital Visits

> Se Habla Español/ Nou Pale Kreyol





## **IN CASE OF AN EMERGENCY**

## MANAGEMENT RECOMMENDS THAT ALL GUESTS HAVE A VALID PHOTO ID

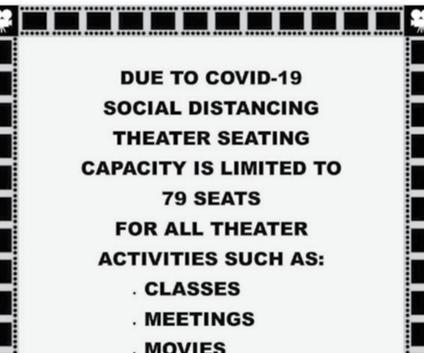
(DRIVER'S LICENSE, STATE ID AND/OR PASSPORT)

## ON THEIR PERSON WHEN USING OUR FACILITIES

HAVING A VALID PHOTO ID YOU WILL HELP YOU AVOID BECOMING A JANE OR JOHN DOE

Subject to change and/or modification





## If you didn't grow up in the fifties, You missed the greatest time in history.

Long ago and far away, in a land that time forgot, Before the days of Dylan , or the dawn of Camelot. There lived a race of innocents, and they were you and me,

For Ike was in the White House in that land where we were born, Where navels were for oranges, and Peyton Place was porn.

We danced to 'Little Darlin,' and sang to 'Stagger Lee' And cried for Buddy Holly in the Land That Made Me, Me.

And only in our wildest dreams did we expect to see A boy named George with Lipstick, in the Land That Made Me, Me.

We fell for Frankie Avalon, Annette was oh, so nice, And when they made a movie, they never made it twice.

We didn't have a Star Trek Five, or Psycho Two and Three, Or Rocky-Rambo Twenty in the Land That Made Me, Me.

Miss Kitty had a heart of gold, and Chester had a limp, And Reagan was a Democrat whose co-star was a chimp.

We had a Mr. Wizard, but not a Mr. T, And Oprah couldn't talk yet, in the Land That Made Me, Me.

We had our share of heroes, we never thought they'd go, At least not Bobby Darin, or Marilyn Monroe. For youth was still eternal, and life was yet to be, And Elvis was forever in the Land That Made Me, Me.

We'd never seen the rock band that was Grateful to be Dead, And Airplanes weren't named Jefferson , and Zeppelins were not Led.

And Beatles lived in gardens then, and Monkees lived in trees, Madonna was Mary in the Land That Made Me, Me.

We'd never heard of microwaves, or telephones in cars, And babies might be bottle-fed, but they were not grown in jars. And pumping iron got wrinkles out, and 'gay' meant fancy-free, And dorms were never co-ed in the Land That Made Me, Me.

We hadn't seen enough of jets to talk about the lag, And microchips were what was left at the bottom of the bag.

And hardware was a box of nails, and bytes came from a flea, And rocket ships were fiction in the Land That Made Me, Me.

T-Birds came with portholes, and side shows came with freaks, And bathing suits came big enough to cover both your cheeks.

And Coke came just in bottles, and skirts below the knee, And Castro came to power near the Land That Made Me, Me.

· MUVIES

FOR A SINGLE RESIDENT THE SECOND SEAT NEXT TO THEM WILL REMAINED UNOCCUPIED DUE TO SOCIAL DISTANCING

DO NOT ENTER THEATER WHEN DOORS ARE CLOSED EVENT IS IN PROGRESS

SUBJECT TO CHANGE AND/OR MODIFICATION

We apologize for the inconvenience

WPRF, Inc

We had no Crest with Fluoride, we had no Hill Street Blues, We had no patterned pantyhose or Lipton herbal tea Or prime-time ads for those dysfunctions in the Land That Made Me, Me.

There were no golden arches, no Perrier to chill, And fish were not called Wanda, and cats were not called Bill.

And middle-aged was 35 and old was forty-three, And ancient were our parents in the Land That Made Me, Me.

But all things have a season, or so we've heard them say, And now instead of Maybelline, we swear by Retin-A. They send us invitations to join AARP, We've come a long way, baby, from the Land That Made Me, Me.

So now we face a brave new world in slightly larger jeans, And wonder why they're using smaller print in magazines. And we tell our children's children of the way it used to be, Long ago and far away in the Land That Made Me, Me.



#### **BY RUTH BERNHARD-DREISS**

It's Spring again and the clock springs forward an hour beginning on March 14th, denoting Daylight Savings Time. and the loss of an hour. This is the month that we celebrate St. Patrick's Day on the 17th (which is also Corned Beef and Cabbage Day). The first day of Spring begins between March 19-21..

The birthstones for March are the Aquamarine and Bloodstone; the flower is the Daffodil (the bright yellow flower of Spring), and the zodiac signs are Pisces and Aries.

#### Some Fun Facts about March:

In the Southern Hemisphere, March is the same as September in the Northern Hemisphere.

Each year March and June end on the same day of the week. (You're looking at your calendar, aren't you)?

March 13th is National Ear Muff first requiring the appro Day. This year it should have been City of West Palm Beach.

It's Spring again and the clock in early February here in West Palm prings forward an hour beginning Beach, when I cleaned ice off my n March 14th, denoting Daylight windshield.

> March is the time of year when animals wake up from hibernation and March Madness is a basketball tournament played by the NCAA.

> Easter is sometimes celebrated in March, but not this year.

Passover begins at sundown on the 27th and Palm Sunday comes on the 28th.

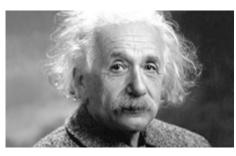
In 1889, the Eiffel Tower opened and the Lindbergh baby vanished in March, 1932. In 1918, the Spanish flu struck and killed 100 millions. Does this sound familiar, over 100 years later?

March 25-28, the Palm Beach International Boat Show is scheduled to take place with safety precautions, including making the event open-air, having four entrances and first requiring the approval of the City of West Palm Beach.

## Notables Born in March

#### **BY LENORE VELCOFF**

In addition to my late husband, Arthur Velcoff,



**ALBERT EINSTEIN** was a German born theoretical physicist who developed the theory of relativity, one of the two pillars of modern physics. He is best known to the general public for his mass-energy equivalence formula E=mc2, which has been dubbed "the world's most famous equation."

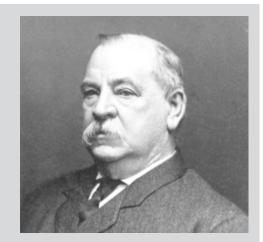


**PEARL BAILEY** was an American singer and actress. She won a Tony Award for the title role in a production of "Hello, Dolly." She won an Emmy Award, the Screen Actors Achievement Award and the Presidential Award.

## **GROVER CLEVELAND** was the 22nd and 24th pres-

ident of the United States, the only president in American history to have served two nonconsecutive terms in office. He is considered to have been a successful leader, and has been praised for his honesty, integrity and to adherence to his morals.

JOIN OUR NEWSLETTER



THEATER WEST PALM BEACH	
Enroll In	Fi
CV Theater	La

# WEST PALM BEACH

irst	Man	101	
mou	1 Mail	ic.	-

**Email Blast** 

Last Name: -

Email:

\*By providing my email address, I hereby request that I be added to your email list and



acknowledge that you will be sending me emails on a regular periodic basis.

Please fill out this form and return to the Ticket Office or you can go online at www.centuryvillagetheater.com/join-our-newsletter-wpb if you prefer to do it on your own.

## **NOTARY SERVICE AT UCO**

Two UCO Officers, David Boas and Fausto Fabbro, have qualified as Florida Notaries.
 UCO will be able to offer this service to CV residents during UCO Office hours, Monday through Thursday, 9:00 AM to 12:00 Noon and Friday, 12:00 Noon to 3:00 PM.
 Please note that this service is offered to building associations only to notarize building documents -- no personals.

# SERVICES



## THE LAW OFFICES OF STABLER & BALDWIN

MIDTOWN IMAGING BUILDING, SUITE 202 5405 OKEECHOBEE BLVD., WEST PALM BEACH, FLORIDA 33417 (Located directly outside Century Village)

CONSULTATION

# TEL. (561) 471-7100

The hiring of a lawyer is an important decision that should not be based solely upon advertisements. Before you decide, ask us to send you free written information about our qualifications & experience.

# At Conviva, Aging Well means Staying Well.

# What exactly is "Aging Well?" We believe it's living your best life, no matter your stage of life.

With 50+ years of experience caring for seniors, we've learned a lot about the changes that naturally come with aging, and how to stay ahead of them.



We develop a personalized plan for each individual patient



We focus on prevention to spot problems when they are most treatable or can even be avoided



We spend time with patients to build personal relationships, and stay in touch by telephone



We provide Wellness Centers, where patients can take part in educational and social activities



We believe in a holistic, mind-body approach to wellness

Everything we have learned about caring for seniors helps us keep our patients healthy and safe, no matter what comes next.

# CONVIVA Care Center

To learn more about Conviva, call (844) 681–8914 or visit MeetConviva.com

> We accept a variety of Medicare Advantage plans.

Now more than ever, we believe the most important part of Aging Well is **Staying Well**.



Follow us on Facebook @ConvivaCareCenters



# West Palm Beach at the movies

While we are thrilled to once again open the Clubhouse Theater for movies, it is of the utmost importance that we do so safely. A combination of safety protocols and experience enhancements have been put into place which will provide a safe environment for those who choose to attend.

- All residents are required to wear facial coverings and observe social distancing while in the Clubhouse and Theater.
- Restrooms and frequently touched surfaces such as counters, railings, door handles, elevator buttons, and chairs will be cleaned and disinfected regularly.
- Sanitizing stations have been placed at all entry points for hand disinfecting after entering the Clubhouse and Theater and additional sanitizing stations are available throughout the Clubhouse.
- Guests will not be permitted at this time.
- Social distancing is encouraged through the use of signage and visual cues on the floor throughout the Clubhouse - Please follow all directives, including those communicated through signage and visual cues on the floor.
- Limited seating arrangements have been made in the Theater to comply with CDC guidelines and local government regulations regarding capacity and social distancing. Social distancing will require physical separation between seats for all Theater patrons who do not reside in the same household.
- No changing seats after you are seated.
- No admittances to the Theater once the movie starts.
- As always, please take note of the emergency exits: Two at the front of the Theater (right and left of the stage) and one left side exit near balcony.
- Please adjust hearing aids and listening devices and silence cell phones.
- No food or beverages permitted in the Theater.
- Perfume and colognes are not permitted in the Theater. Please be respectful of your neighbor's sensitivities.

Thank you as always for your loyalty, support and encouragement during these challenging times.

# West Palm Beach at the movies

While we are thrilled to once again open the Clubhouse Theater for movies, it is of the utmost importance that we do so safely. A combination of safety protocols and experience enhancements have been put into place which will provide a safe environment for those who choose to attend. Please visit the CV Theater website for the complete list at <a href="https://www.centuryvillagetheater.com/west-palm-beach">www.centuryvillagetheater.com/west-palm-beach</a>



## THE WAR WITH GRANDPA PG, 1 HOUR, 34 MIN.

Robert De Niro stars as grandpa in this fun comedy. Grandpa, coming to live with his family, is welcomed by his grandson Peter until he realizes that grandpa has taken over his bedroom. Peter has been relegated to a creepy attic room and even though he loves his grandpa, he has decided to declare war in order to get his room back. He enlists his friends to help but grandpa has a plan of his own. The movie also stars Uma Thurman, Christopher Walken, Cheech Marin, Jane Seymour and Rob Riggle. March 01 6:30 pm



### HONEST THIEF PG-13, 1 HOUR, 39 MIN.

A professional bank robber, hoping to cut a deal with the FBI, agrees to return all the money he stole in exchange for a reduced sentence in this action, crime drama thriller. Double-crossed by two ruthless FBI agents who set him up for a murder charge, he is on the run while trying to clear his name. The film stars Liam Neeson, Kate Walsh and Jai Courtney.	Thurs. Sun. Mon.	March March March March March	04 07 08	1:45 pm 6:30 pm 1:45 pm 6:30 pm 1:45 pm
--	------------------------	---	----------------	---



### MILTON'S SECRET PG, 1 HOUR, 28 MIN.

Meet Milton, a twelve-year old boy whose world is in crisis. In this family	Thurs.	March	11	6:30 pm
drama, his parents are in stress-mode and he has a neighborhood bully	Sun.	March	14	1:45 pm
tormenting him - all of which has him in a constant state of anxiety. His	Mon.	March	15	6:30 pm
optimistic grandfather comes to visit and he learns the secret of true	Tues.	March	16	1:45 pm
happiness from this man who has seen the world. His grandfather	Thurs.	March	18	6:30 pm
shows him that being anxious about the past and worrying about the				
future only makes things worse. The film stars Donald Sutherland,				
Graham Abbey, William Ainscough and Ella Ballentine.				



### TESLA PG-13, 1 HOUR, 42 MIN.

The film traces the life of visionary inventor Nicola Tesla from the year Sun. March 21 1:45 pm 1884 when he worked for Thomas Edison to 1904. Depicting his Mon. March 22 6:30 pm interactions with Edison as well as J.P. Morgan and Morgan's daughter Tues. March 23 1:45 pm Anne, the movie follows his breakthrough in transmitting power and Thurs. March 25 6:30 pm light and of his quest to provide worldwide wireless energy. The film Sun. March 28 1:45 pm stars Ethan Hawke, Eve Hewson, Kyle MacLachlan and Eli A. Smith.



#### DARK WATERS PG-13, 2 HOURS, 6 MIN.

The movie is based on the biography of a corporate defense lawyer who takes on industrial giant, DuPont. A farmer in the town of Parkersburg, West Virginia contacts him about the fact that his cattle are dying and after investigating, he finds out that the DuPont facility has been polluting the waters with an untested compound, causing many cancers in the population. There are still ongoing lawsuits against DuPont and after seeing this movie, you might want to re-think anything you have coated with Teflon! The film stars Anne Hathaway, Bill Camp, Mark Ruffalo, Tim Robbins and Mare Winningham.

March 29 6:30 pm March 30 1:45 pm

(Continued in April)

(Please note all evening movies this month will start at 6:30 pm)

Movies will be presented with captions when available on the first Monday and Tuesday (only) of each new movie. (Mondays at 6:30 pm and Tuesday at 1:45 pm) Admission is free and tickets are not required.

# DINING OUT REVIEW Old Metal Classics Café & More



#### REVIEW AND PHOTOS BY DIANE ANDELMAN

Classics Café & More, is an unexpected change from the usual sandwich shops found all around WPB. Marci does the cooking and her husband, motorcycle enthusiast Peter, has filled the restaurant with a fantastic collection of European style motorcycles. While you wait for your breakfast or lunch, spend time examining the beautiful machines that are artfully displayed around the room. It is easy to imagine James Bond roaring through the café's front door perched on a classic bike or sitting at one of the outdoor tables drinking a dry martini!

The menu here is limited, but items are well prepared. Breakfast specials include a selection of egg

Established in 2017, Old Metal dishes, croissants, and bagels. Lunch items include hot grilled sandwiches, quiche, a soup of the day, and a variety of cold salads. There is a nice selection of bakery items ranging from a triple chocolate cake to a German marzipan cake. There is also a nice selection of wines and international beers.

Spend an afternoon strolling through the funky eclectic Northwood Village. There is a lot to see here - interesting shops, artist galleries, unique boutiques and loads of restaurants. The Reporter has already reviewed This Is It Café and Malakor Thai. Both of these restaurants have outdoor seating and are highly recommended.

### Northwood Village WPB

431 Northwood Rd. 660-5873 Hours: Tuesday-Sunday 9 a.m. - 4 p.m.



# Nutrition and Health Catching Z's BY JEANIE W. FRIEDMAN, MS RD LD/N



Sleep is something we all need. Although not getting enough shuteye can make you feel sluggish and unfocused, and leave you somewhat cranky, it can also have detrimental effects.

Did you know that insufficient sleep may put you at increased risk for some types of chronic diseases and health issues? The amount of sleep we need does not change much as we age; about 7 hours a night.

Sleep is a crucial part of how your body's metabolism functions. If one is not getting enough or only gets poor quality of sleep, it can affect how the body processes the nutrients it receives. Sleep deprivation has been associated with an increased risk of diabetes, as some studies have found. Researchers have also concluded that sleep deprivation can also affect your heart, by increasing your risk of hypertension and coronary heart disease. In addition, too much sleep also appeared to have negative effects on heart health, based on a review of several studies. Obesity is another health issue that can occur from a lack of sleep. It is believed that the brain's hunger signals may be affected, which can result in unnecessary weight gain. Obesity is a risk factor for many diseases such as high blood pressure, cancer, and diabetes. Sleep is a vital component of staying healthy. Lack of sleep can affect health by increasing risk for disease. Having some health issues can also affect sleep and may not help manage the disease.

example, can affect your sleep. Many people with diabetes have problems getting a good night's rest. Nighttime urination disrupts sleep. Poor blood sugar control can cause you to feel uncomfortable and awaken.

**TIPS FOR GETTING A** 



A few chronic illnesses, like diabetes for

GOOD NIGHT'S SLEEP

• Make sure your bedroom is dark enough, as well as quiet. Invest in a good set of blackout curtains to block out

excessive outside light, such as outdoor security lights or the streetlight. Solid, well-made curtains may muffle some noise from the outside as well, which is an added bonus.

• Set your thermostat at an ideal temperature for you. A setting that is too warm or cold may prevent you from getting to sleep right away, and could interfere with sleep quality.

• Limit screen time, especially before bedtime. Artificial light may interfere with your body's natural rhythm. Try quiet activities, like card games or reading, about an hour before turning in. Avoid going through e-mails or working all the way up to bedtime. Give yourself time to unwind from the day.

• If there is a TV or computer in your bedroom, move it to another area of your house. Allow your bedroom to be a place of peace and tranquility.

• Heavy meals right before bed should be avoided. Light, healthier meals would work best.

• Avoid caffeine or alcohol later in the day.

• Keep a consistent bedtime, to allow your body to set its clock.

Jeanie W. Friedman is a Registered Dietitian and nutritionist licensed in the State of Florida. This article is intended for educational purposes only and is not intended as a substitute for consultation with your health care professional.

# **The Third Daughter** by Talia Carner

I'm always a sucker for historical fiction, especially when discovering events I was totally unaware of - a near century long practice of a legalized union of

The

**Reader's** 

Corner

**BY LENORE** 

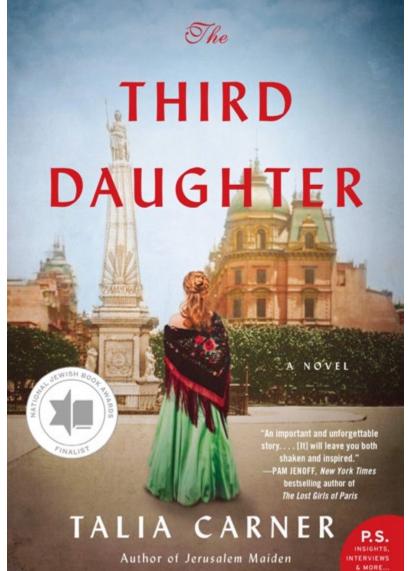
VELCOFF

pimps in Buenos Aires, luring and kidnapping hundreds of thousands of struggling and starving girls and women from Eastern Europe under the false pretenses of marriage or employment, in hopes of saving their families back home only to sell them into prostitution. This is a very heavy theme, so be prepared. I found parts hard to physically get through because they were so upsetting.

Batya, only 14, quickly learns that she and her family have been lied to and her only goal is to find a way to save her family. The reader is given a look into brothel life in Buenos Aires and the levels of corruption and contempt. What transpires for Batya afterward is one horror after another. Several years in Batya's life in Buenos Aires pass, and the shame and loneliness are her constant companions. She becomes strong, independent and angry. With no way out and no money she has no choice, but to accept her fate and do what she can to live long enough to hopefully be reunited with her father and sisters in Russia.

The story is unbelievable, but based on facts. It's heartbreaking, but also a story of survival and strength, and it's beautifully written. I've never read anything by Talia Carner, but after reading this one, I'll definitely search out others by her. She did her research and I feel she's taken a horrible time in history and written a raw, emotional and moving book. I highly recommend this one. It will break your heart, yet show

the resilience of these young women in a time when society forgot about them. It was sad and difficult to read but well worth it and, most definitely, unforgettable.





We are focused on comprehensive breast care with an emphasis on prevention, early detection and personalized treatment.

Our innovative screening services include:

#### GOOD SAMARITAN MEDICAL CENTER

call 561-650-6441.

- 3D Digital Screening & Diagnostic Mammography
- Stereotactic, Ultrasoundguided, and MRI-guided breast biopsies
- On-site Radiologists Fellowship trained in Breast Imaging
- Breast MRI & Ultrasound
- 5 Outpatient Imaging Centers
- Same-day Mammogram Results (available upon request)

## Have You Seen This Beautifully Decorated Laundry Room Entrance?



# **Request to CV Residents from Platinum Security**

Greetings CV Residents,

We have noticed an increase of visitors entering your Community. The primary function of the Gatehouse is access control. To provide an efficient service, we ask you to make sure to let your visitors know that you live in a gated community. Please provide your visitors with the necessary information for the gatehouse guards (your full name and address).

When visitors drive up to the gatehouse, they will need to provide the Security Officer with their name and your FULL address. For example, 130 Plymouth P or 193 Sheffield H. Please remember to add your guest to your guest list, using www. gateaccess.net, or call your guest in using the automated call-in system **561-689-1759**. This will help reduce waiting times at the entrances and unnecessary frustration for visitors and residents.

Everyone's cooperation is greatly appreciated, so that your guests can have a smooth and swift experience entering your Community.

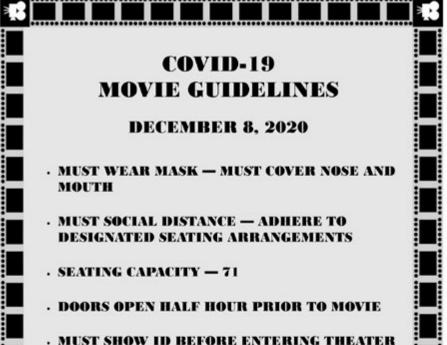
**Daniel Zelaya** 

**Director of Security** 



"Dad Gets It Done!"

- Impact Windows & Doors - Hurricane Shutters



Acrylic Patio Enclosures
 Sliding Glass Doors

## Call today for a complementary estimate

561-333-1036 www.DadsWindow.com Matt@dadswindow.com

Licenced - Insured - Bonded

530 Business Parkway Suite 9, Royal Palm Beach FL 3341

 MUST SHOW ID BEFORE ENTERING THEATER
 DO NOT CHANGE SEATS AFTER BEING SEATED
 NO ADMITTANCE AFTER MOVIE STARTS
 NO GUESTS AT THIS TIME
 SUBJECT TO CHANGE/MODIFICATION
 WE'RE RECRUITING FOR NEW USHER VOLUNTEERS
 Interested in becoming an Usher?
 APPLICATIONS AVAILABLE IN THE: STAFF OFFICE

## **IMPORTANT TELEPHONE NUMBERS**

**During COVID-19, temporary hours:** 

**UCO OFFICE** 

HOURS 9-12 MON-THUR – FRI 12-3PM FOR BAR CODES & GATE PASSES HOURS 9:30-11:30 MON-THUR - FRI 12:30-2:30PM

#### **UCO REPORTER**

HOURS 9-12 MON-THUR - FRI BY APPT

UCO OFFICE	683-9189
HOURS 9 - 1PM - MON -THUR. • FRI 12 - 4PM.	
UCO REPORTER	683-9189
HOURS 9 - 1PM - MON-THURS • FRIBY APPT.	

VISITORS CALL IN	689-1759
WPRF CLUBHOUSE	640-3120
HASTINGS CLUBHOUSE	687-4875
WPRF - MAIN NUMBER	640-3111
CV SECURITY	689-0432
POLICE/FIRE/AMBULANCE	911
COMMUNITY SERVICES	211
WEST PALM HOSPITAL	842-6141
ST. MARY'S HOSPITAL	844-6300
VA HOSPITAL	422-6838
GOOD SAMARITAN HOSPITAL	655-5511
JFK MEDICAL CENTER	965-7300
WELLINGTON REGIONAL	798-8500





Dear UCO and WPRF employees, volunteers and helpers:

I must let you know how grateful and thankful I am to have received the vaccinations through CV. We are truly blessed to be living here in such a caring community, caring about the well being of its residents. I worked for 12 years as a WPRF employee taking care of the sailboats, and now am retired living here full time. Seeing the news daily, regarding the struggles to receive the vaccine, it had to take determination to get this set up and organized. Everything went smoothly and peacefully.

Thank you all very much.

God Bless you. Helga Lieb Dorchester B

# CLASSIFIED

Classified advertisements may be submitted by email to the following address: ucoreporterwpb@gmail.com

**Ad Fees:** 3 Line Ad = \$10. \$5 For Each Additional Line. Payment Due in Reporter Office Prior to Publication

#### **For Rent**

For Rent: Stratford N, 1 br, 1-1/2 baths, walk-up, partially furnished, if desired, \$1,050 mo. For info: Call Marla 561-758-0663.

NEW POLICIES AT UCO OFFICE- On 11/25, UCO Officers voted to create new rules related to barcodes and gate passes, effective 1/1/21:

- Gate passes will not be issued past the expiry date of the applicant's Century Village ID. This rule applies to non-owners (renters, occupants).
- The cost for a barcode will be increased to ten dollars.
- The number of gate passes issued to any Century Village resident will be limited to three.
- The number of barcodes issued to any Century Village

- unit will be limited to three.
- A valid Century Village ID card and current registration is required to install a barcode decal.
- No barcode will be installed on any vehicle whose owner's Century Village ID card is within thirty days of expiration. This rule applies to non-owners (renters, occupants).
- Century Village Associations will be informed by UCO of gate passes issued to that Association's units.

UCO will continue to review rules regarding issuance of barcodes and gate passes, and will make additions and changes as needed.

# West Palm Beach at home series

While it's intermission for live theater, great entertainment is still available at Century Village Theater!

CV At Home Series continues to offer free video performances that you can view right on your computer or internet device. During the week you will receive an email announcing the video performance along with a short description. The following day you will receive the viewing internet link at 8 pm. This video performance will then be available for viewing for the next 48 hours.

The response to this program has been fantastic and if you are not already taking advantage of it, you can do so by subscribing on to our email list at www.centuryvillagetheater.com/join-our-newsletter-wpb

The information is also on our website at www.centuryvillagetheater.com/at-home-series

These are only a sampling of the wonderful video performances that will be coming to you this season and that you will be able to view directly from the comfort of your home.



## All Programs Subject To Change and/or Modification