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**REMINDER**  
**DELEGATE MEETING**  
Friday 11/3/23  
9:30AM in the Theater

Email articles & comments:  
ucoreporterwpb@gmail.com





# The President’s Report

BY DAVE ISRAEL

**LIGHTNING:**

Four Corners, Florida, 13 miles from Disney, saw more lightning in 2022 than any other community in the United States. According to records, Four Corners, Florida ranked first in lightning density in 2023 with 474 lightning events per square kilometer, or 1,229 lightning events per square mile.

We here in CV have had two recent lightning strikes that wiped out the East gate electronics to the tune of thousands of dollars. There was also a strike at Coventry L. Damage at Coventry was minimal.

Lightning can carry as much as one billion volts and 250 thousand amperes.

**REC. FACILITY COST INCREASES:**

The rec fee coupon has been finalized by the Operations Committee as follows:

The Operating coupon, based on the approved budget, is increasing \$8.99 per unit per month.

Contractual rent increase is \$2.12 per unit per month.

Total increase per unit per month is \$11.11

Of course, this is in addition to increases that may arise from Association budget increases.

**INSURANCE:**

A major component of CV costs is insurance.

The industry-funded Insurance Information Institute found that

Floridians pay the highest average home insurance premium at \$6,000 a year for 2023, That amount is 42% higher than 2022 rates.

## Items of interest

Since 2017, eleven property and casualty companies that offered homeowners insurance in Florida liquidated. Five of those companies liquidated in 2022, and United Property & Casualty Insurance Company liquidated in 2023. Other insurance companies are voluntarily leaving the state. For years, homeowner's insurance rates have been increasing across the US. In Florida, this is especially obvious due to inflation and severe weather that makes construction costs and the cost of rebuilding and replacing a home incredibly high.

Another result of insurers leaving the State is that more of us are covered by Citizens Property Insurance. Citizens, the insurer of last resort, has over two million policies, and is backed by the full faith and credit of The State of Florida. Imagine the impact in the event of major losses.

The Insurance Information Institute projected that property insurance rates in Florida could increase by at least 40% in 2023. Mark Friedlander, the Institute's director of communications, said these increases come as Floridians are already paying more than homeowners in other states.

"Florida is a unique marketplace where you see a culmination of hurricanes and severe weather, leading to Floridians paying the highest average insurance premium in the US," Friedlander said.

Friedlander said that the average Florida homeowner is paying nearly \$6,000 for their property insurance, which is over triple the national average of \$1,700.

Finally I caution that some 15% of you have taken the dangerous option to drop all coverage. This is a BIG mistake, as we live in a very active weather environment.

**RESIDENTS WHO RECEIVED A  
WPRF ID CARD WITHOUT A PHOTO  
PLEASE COME TO THE ID OFFICE  
FOR A REPLACEMENT ID  
MONDAY—FRIDAY  
8:30 AM — 4:00 PM  
BY OR BEFORE MAY 28<sup>TH</sup>  
AS OF JUNE 1<sup>ST</sup>  
ID'S WITH NO PHOTO WILL BE CONFISCATED**

Subject to change and/or modification

WPRF, Inc.

### Lost your Century Village ID Card?

**Check Lost & Found in the Staff/Ticket Office  
(Located in Clubhouse near elevator)**

- ID not turned in?**
  - o Go ID Office: Weekdays: 9:00 am – 4:00 pm closed 12:00 pm – 1:00 pm
  - o \$25.00 Replacement ID, refundable if lost ID found within 30 days.
  - o Pay by cash / check only)
- If ID Office Closed:**
  - o Go to the Staff/Ticket Office for a Temporary paper ID \$5.00 (applied to cost of new ID).
- How to enter CV without CV ID card:**
  - o Present one of the following documents to gain access to the community:
    - o Deed            o COA            o Lease
    - o Driver’s License            o Utility Bill with CV address

Resident: Your name/unit address must be on all documentation

**NOTICE**

**BAR CODES**

**EFFECTIVE 11/1/2023**

**BAR CODES WILL BE LIMITED TO  
TWO (2) PER UNIT**

*UCO Office*

U.C.O.  
REPORTER

The Official Newspaper of Century Village

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Your Volunteer Staff, UCO Reporter

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The UCO Reporter

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Recording Secretary  
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Ruth Dreiss Flora Simpson  
David Forness Jeffrey Skene  
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Dan Gladstone Gloria Tart  
Mary Walsh

EDITORIAL  
POLICY

The UCO Reporter promises to continue its long held beliefs that this publication will print articles to inform our residents of the important issues concerning our Village. We promise to seek the truth and to print both sides of an issue, to open dialogue to inform our readers, not to create controversy.

We promise to listen to your concerns and to treat all our residents with courtesy and respect. Your opinion is valuable to us and will be considered in our decision for publication. These are the criteria for publication:

LETTERS TO THE EDITOR: Letters to the Editor should be limited to 250 words, and must be e-mailed (ucoreporterwpb@gmail.com) to the Reporter by the 7th of the month prior to publication. Your opinions are important to us, but please refrain from gossip, innuendo, nasty or inflammatory remarks. Letters deemed to be inappropriate, inflammatory or libelous will be returned by the Staff for revision or removal. All letters must include the name, address and phone number of the author. No letters from UCO Reporter staff will be published. They may however have the opportunity to submit an opinion article also limited to 250 words.

ARTICLES: Articles for inclusion should be limited to 500 words, e-mailed (ucoreporterwpb@gmail.com) to the Reporter by the 7th of the month prior to the month of publication. All articles will be limited to one per writer. The topic of your article is of your choosing, but the Staff has the discretion to edit it with your approval or reject it based on the above stipulations. All articles must include the name, address and phone number of the author.

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EDITORIAL

How many in this community are aware that the UCO volunteers do not get paid? I would say a good percentage, judging from the expectations of some who come into the office. UCO provides barcodes, gate passes and investigation service to name some. There are those who are still in the working class, but that does not alter the fact that this is a retirement community and the rules and regulations cover everyone. The major complaint comes from those who are working and the UCO hours are inconvenient for them. We hear suggestions to stay open longer, but no one is volunteering to help. Hours are clearly published in the UCO Reporter and posted on the office door. We are fortunate to have volunteers willing to work 3 hours a day, 5 days a week. They will not be changed.

The complaint most often heard is about obtaining a barcode. If the resident cannot come in at the appointed time, the worst thing that can happen is that they need to use the security guardhouse lane and show their CV ID. No one is kept from their home with identification. As of November 1st, there will be a limit of two (2) barcodes issued to a unit. If you have more than two cars, you will have to choose the two that you want with barcodes. If a gate pass is needed, the unit owner can come in alone with their CV ID and a photo ID of their guest. We do all possible to help residents, but security is always the primary concern.

Happy Thanksgiving to all.

by Ruth Dreiss,  
Editor-in-chief  
UCO Reporter



NOVEMBER 2023

UCO Committee Meetings

WED 1	PROGRAM & SERVICES	1:00 PM	ON HIATUS
FRI 3	DELEGATE ASSEMBLY	9:30 AM	MCH AUDITORIUM
FRI 3	SECURITY	1:00 PM	CONF RM
TUE 7	TRANSPORTATION	1:30 PM	CONF RM
WED 8	BROADBAND	1:00 PM	ON HIATUS
THU 9	COP	9:30 AM	MCH RM TBD
FRI 10	CERT	1:00 PM	MCH RM TBD
TUE 14	ADVISORY	1:00 PM	ON HIATUS
THU 15	BEAUTIFICATION	1:00 PM	ON HIATUS
THU 16	BIDS/INFRASTRUCTURE	12:00 NOON	CONF RM
TUE 21	INSURANCE	1:00 PM	CONF RM
TUE 21	OPERATIONS	1:00 PM	MCH MTG RM C
WED 22	OFFICERS	12:00 NOON	CONF RM
WED 22	FINANCE	1:30 PM	CONF RM
FRI 24	EXECUTIVE BOARD	10:00 AM	CANCELLED

Committee Meetings are Subject to change.  
Check with Committee Chair for updates/  
cancellations

Committee Members and Officers preferred.  
Limited seating available.

Masks for attendees requested



# UCO OFFICERS' REPORTS



**Dom Guarnagia**  
vicepresident2@unitedcivic.org  
Cambridge • Canterbury  
Chatham • Dorchester  
Kent • Northampton • Sussex

It has been several months since I was able to gather my thoughts and write as before my medical problem, but here goes and hopefully with no spelling errors.

The original two-story buildings were in place when the current owners purchased and planned for some time, replicating the style and appearance of the "early series utilizing the building materials available at that time. (Mid-nineteenth Century) that are no longer the materials used in today's buildings.

Among them are Cast-iron Vent and Waste to discharge toilet, drain and venting. The prominent material was Cast Iron pipe packed with a fibrous material at the joints and sealed with molten lead - non-combustible material to connect the joints and had a useful life of fifty (50 years). Other materials were not available at that time and the length joined with frequent failures and no ability to shift other than break when the structure shifts from vertical as the winds and subsidence occurred over the years. Today, poly-vinyl chloride, a plastic pipe 4" in diameter and blended with other chemicals to allow the "Pipe" to adjust vertical shape so that subsidence has the ability to deviate from the intended angle and the ability to remain intact and remain useful for a much longer time without the



**Patricia Caputo**  
vicepresident4@unitedcivic.org  
Coventry • Easthampton  
Norwich • Plymouth  
Sheffield • Stratford • Waltham

People have asked me what the difference is between Memorial Day and Veterans Day. Memorial Day is for those who lost their lives while defending their country. As you know, November 11th is Veterans Day. That day is to honor all those who served in the military in wartime or peacetime.

One way to honor Veterans Day is

need to be replaced.

There is much talk about the weight and underlayment of modern sloped roofing regarding the material secured to the underlayment....the plywood 4' -0"X 8'-0 sheets that cover the entire roof. The former method was to unroll two 30-lb layers of Roofing Paper, secured every 6", covering the entire surface for underlayment and then shingles attached to 'finish' the surface. The other method is, to apply 36" wide self adhering poly iso-suramate sheeting over the entire plywood surface. Here is the scoop....Poly-iso is quickly applied and self-sealing and allows a quick result ..unless the plywood sub structure is wet from a rainstorm, then the two layers will wrinkle and have poor adherence without any flaw in appearance. Think which method will result. Perhaps the roof will be stripped with an impending (Example...A rainy heavy storm or the time spent performing the work where no building officer will be present. Think, too, about the clean-up after the work is finished and the clean up of the surrounding areas.

As Summer becomes Fall, there is the need for "Marked Parking Spaces" on the Association's property. The trend these days has left the Associations with fewer "Spaces," since those residents have returned from the North and Midwest. These residents usually have two vehicles which puts the parking spaces at a premium .

There are two months left in 2023, so be mindful to have sufficient medications you need in case a tree situation hampers your exiting/entering the Village. If a major storm is announced.....make sure to have enough water - 6 to 8 inches - saved to help flush toilets. Regarding grocery markets, prices are higher than usual, restaurants have limited waitstaff and gasoline is expensive. In spite of all which could happen, enjoy the season and the activities provided.

to always be sincere, caring, compassionate. Be ready and able to listen to what the veteran of his or her family member has to share about the situation they are dealing with. Be supportive and non-judgmental, and always validate their feelings and concerns. Be honest, caring and respectful. Pay proper respect to the U.S. flag on Veterans Day.

Veterans Day originally celebrated the armistice that ended World War I. Soon after, the U.S. Congress called for the display of the American flag on all government buildings on November 11th and for U.S. citizens to celebrate that day in public ceremonies. Just to give you a little more knowledge about why Veterans Day is on November 11th, these memorial gestures all took place on November 11th, giving universal recognition to the celebrated ending of World War I fighting at 11 a.m, November 11, 1918 (the 11th hour of the 11th day of the 11th month).

God bless all our veterans who did not hesitate to serve our country.... God bless all of them who gave their all so that all of us could live.



**Stew Richland**  
vicepresident1@unitedcivic.org  
Andover • Bedford • Golf's Edge  
Greenbrier • Kingswood • Oxford  
Southampton • Dover

Reality is defined by most philosophers as, "a perception of the world in which they live." There is a subtle difference between reality and truth. The former can sometimes have shades of gray, the latter is always black and white. However, your UCO VP's believe that truth is dependent on experiences and observations, and based on this we have concluded that our wonderful Village has been undergoing dramatic changes. We are no longer viewed as a retirement community for people over the age of 55. A growing number of Associations are treating this concept with gross indifference and allowing more and more people to, " RESIDE HERE THAT ARE UNDER THE AGE OF 55."

Florida law states that in order to maintain our senior citizen status we must have 80% of our residents over the age of 55. If not, we lose this designation. This does not mean that the 20% is open to be filled. It is reserved for hardships. An example is two persons occupying a unit where one is age 55 and qualifies

the other under 55. Only one person in the unit needs to be 55. Should the older person become deceased, the other may remain in the unit. If this rule is abused, it will result in higher taxes for all unit owners, the Village would then be open to any buyer, and we would lose control of how our Village is run. This would bring an end to our wonderful retirement community. No one wants this to happen!

The number of residents who work during the day has increased dramatically and these residents are demanding that the UCO hours make it difficult for them to visit the office. Another reality is the fact that many Boards of Directors have little knowledge of what it takes to run their Associations. This sadly reflects on the increasing number of poor decisions being made which have created financial and legal issues that have serious implications on the solvency of their Association. Election for UCO officers has been announced. It has been advertised both in the UCO Reporter and at the last two Delegate Assembly meetings. So here is another "whole truth, nothing but the truth..." we have had virtually no response by residents to step up to the plate by our unit owners. There could be no more glaring examples of the increasing disinterest on the part of Village residents as to what I have referred to. The challenge we face is how to change this new reality. Residents are entitled to their own opinions about the nature of change in the Village, but facts are facts and this reality must be dealt with. Please, run for office and take the courses that are offered by the law firms that advertise their courses in the UCO Reporter. They are free.

Finally I wish all residents a happy and enjoyable holiday season.



**Fausto Fabbro**  
vicepresident3@unitedcivic.org  
Berkshire • Camden  
Hastings • Salisbury • Somerset  
Wellington • Windsor

November is here. Time for every board to work on their 2024 budget. This is not an easy task and this year it is even more difficult. Do not depend only on your maintenance company. Get your board together to review this year's budget to see if you are within budget or over budget, line by line. For any line that is over budget, you must make the proper adjustments.

The most important line will be your insurance line. Our agent has given us (a number) this is at best, a guess. My personal feeling is that

you should be ready for a 50 to 60 percent increase. Many associations last year were not ready for the increases they received. If by chance you over budget, you can put that into a reserve line.

Boards that have questions or need help, your maintenance manager is first, then your UCO quadrant VP.

WPRF has finished their budget (\$ 11.11 increase to your coupon).

For UCO, that budget will be under \$9.00 on your maintenance coupon. UCO is counting on a 35 % insurance increase. In addition, please do your homework and review your personal building expenses.

On November 1 2023, each unit will be allowed to have only two barcodes, regardless of how many vehicles are being used by that unit. The procedure will be when you come to renew or update information, you will need to choose which two vehicles will have barcodes NO EXCEPTIONS.

November 5th ends Daylight Savings Time. Don't forget to set your clocks back. Soon traffic will be increasing, so drive with caution. The life you save could be yours.

HAPPY THANKSGIVING TO ALL.



The Officers and Staff of UCO  
extend their sincerest best wishes  
to Donald while he is sick listed.  
Everyone looks forward to his  
return in the near future and to his  
informative reports.



By Ruth Dreiss

There is an upcoming excursion to the Elliott Museum in Stuart, FL on December 6th. The cost is \$12 pp for entry, including a docent. A lunch room is not available, but there is a restaurant. Inquiry will be made whether there is space where you can eat if you bring your own sandwiches. Sign up will take place on Nov. 20 and 21st with cash. There is no refund unless the trip is cancelled. There will be a 45-passenger bus.

The committee passed a motion for a bus trip on January 16th to the Benzaiten Center for Creative Arts in Lake Worth. This is a glass blowing exhibit with a 15-minute tour and a narrated demo of glass blowing. The cost for entry

## Transportation

is \$15 pp. Sign up will be announced. There is a nearby restaurant for lunch. More details will be published.

Large walkers on the buses continue to be a source of complaint. It was announced by a guest at the October meeting that customers of Humana health plans are able to obtain smaller walkers. It was suggested to remove the 3 seats on the buses used by handicapped persons. The bus company will consider eliminating 3 seats, but the riders need to be educated about safety. Too many tripping incidents are occurring and drivers will prohibit using those seats as a trial. The problem still continues about complaints not being received in writing and, as a result, are not being addressed. Forms are available at the clubhouse and at the UCO office.

There was a report that some buses do not

kneel. These kneeling devices are air driven and need to go in for adjustment when they fail to work. There is no ramp service available, so drivers must offer kneeling service.

Important: If a driver leaves the bus with the doors left open, this must be reported in writing with the bus number, date and time and all details. There are cameras on the buses recording all happenings which can be referred to by the bus company. Drivers are warned and subsequently fired on a second offense. Leaving the doors open in the absence of the driver invites anyone to board the bus who doesn't belong. Again, obtain complaint forms and report this action.

Be aware that the No. 1 bus is the only bus that goes to Wells Fargo... the bank is on no other bus route because of inconvenient and impossible turns.



By John Hess

Be aware of a recent scam, "UPS can't deliver

## Security

A reminder to all residents to lock your vehicles. Do not leave valuables in your cars. Be aware of your surroundings when parking at shopping centers, and lock your car.

packages you ordered." Don't respond. Also, any calls you get wanting information regarding finances that you didn't request, HANG UP, no explanation necessary!

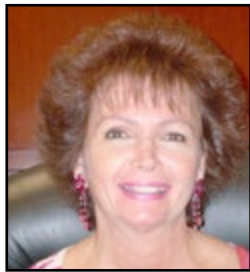
When using outside vendors, never leave them alone in a room where you may have valuables. It is better to be safe rather than sorry.

When not home, help keep honest people hon-

est, lock your doors. Locks won't deter determined thieves.

Remind visitors and vendors of tickets being issued to those caught speeding while departing the Village. 25 MPH. Stay Safe!!

SEE SOMETHING - SAY SOMETHING



By Eva Rachesky

Dear Residents,

There has been much discussion of late about residents that want to dance using their walkers. While this is clearly a hot button for some, many are concerned with the safety aspect of doing so. While WPRF wants everyone to use the facilities safely, those with physical limitations have every right to use and enjoy the facilities like everyone else.

Toward that end I ask that everyone out on the dance floor give those with the walkers "wide

berth". Doing so will keep the dancers from bumping or tripping over the walkers and those using the walkers will not be bumped into and knocked to the floor. In some instances, you will see residents with walkers dancing on the carpeting as they feel safer there than out on the dance floor. Again, rather than feel annoyed I invite you to have empathy for those and what they are dealing with and applaud them for wishing to live life to the fullest.

The work at the Hastings Locker Rooms is wrapping up. The new lobby carpet will be installed the last week of October. The locker rooms, men's sauna and pool deck will hopefully open by mid-November. The women's infrared

sauna will open a little later as there are some electrical changes that need to take place before the wood can be installed. We are in the final stretch and thank all of you for your continued patience.

Season is right around the corner and Theater tickets are available for purchase. We have many new owners and hope you will join us and see what the excitement is all about! Century Village is lucky to have the same quality shows as the Kravis center for a fraction of the cost. Invite your friends or come with your neighbors. Hope to see you all there!

Eva

## WPRF News



# Minutes Delegate Assembly

## October 6, 2023

The meeting was called to order by Acting Chairperson, Fausto Fabbro, at 9:30 AM.

132 Delegates/Alternates were present representing a quorum.

The minutes of the previous meeting were accepted as presented.

**Capt. Palenzuela, PBSO**, led the Assembly in the Pledge of Allegiance.

**Law Enforcement Report** – Capt. Palenzuela reminded us that there is an app for your phone called PBSO Connect, and also that we should all have the non-emergency phone number programmed in our phones so that we can always get in touch with PBSO when we need them. The activity report shows 221 calls for service with 33 cases written, which included 1 theft, 2 acts of vandalism, and 1 computer fraud case that resulted in a loss of \$1,000. Traffic report shows 28 traffic stops with 29 citations written, 7 written warnings and 1 verbal warning. No arrests related to traffic stops, no accidents.

**Patricia Caputo, UCO VP**, reminded everyone that all complaints/compliments about the buses MUST be put in writing. Also wants to remind everyone that the staff at the UCO office is all volunteers, so please show courtesy when you are dealing with the office staff.

**Stewart Richland, UCO VP**, reminded everyone that bulk trash should only be put out on Thursday to be picked up on the regular schedule on Friday. Insurance issues are also something that we all need to pay attention to since things are changing in this area.

**JoAnne Robinson, UCO Recording Secretary**, wants to ask for submission of content

to be shown on the Community Access Channels, 590/591/592. Send submissions to CVTVADMIN@UNITEDCIVIC.ORG.

**David Boas, UCO VP**, asked everyone to check out the upcoming new shows and get your tickets for the new shows. Asked if you want to talk to anyone on the stage to please wait until they come down off the stage, not to come up onto the stage.

**Ed Grossman, UCO Treasurer**, stated that he sent the budget to over 400 people before any meeting. At this Finance meeting there were some changes and there was an objection to vote on it until those changes were put into a hard copy, although the total increase from the original budget was \$4,000. Another email went out with the budget as of now and then the budget will be brought forward. As to the monthly report nothing major has changed.

**Fausto Fabbro, UCO VP**, asked that the Pill Drop flyer be posted on your bulletin board at your association. Also, wants to point out the flyer about the upcoming elections at Century Village. Also, he wanted to caution people who use the Haverhill entrance that people turning into Alora from the southbound lane are coming into the turning lane for Century Village and this can create a problem. The Haverhill gatehouse was hit by lightning twice and we continue to have problems with the barcode reader. It is being worked on and we hope to have it resolved soon.

**Donald Foster, UCO LCAM**, update on the Reflection Bay project is that last week the County Commission approved the project and we should start seeing construction begin in about a year. The South Canal dredging project is proceeding.

**Ruth Dreiss, UCO Reporter, Editor-in-Chief**, mentioned that the October paper may have been a little late being delivered due to the rain, and for the first time had an insert of the season brochures, This was to enhance ticket sales. We are ahead \$1,134 for the 8 months ended August, or \$140 a month. In coming months, information will be available about upcoming UCO elections.

**Neils Heimeriks, representing Gregg Weiss, Palm Beach County Mayor/Commissioner**, reminded us that his office can always be reached at 561-355-2202. The county has “surplused” the 6 acre parcel next to the Library and the development of this piece of property will be determined over the coming months. We will be kept informed as this proceeds. If you know of someone who is struggling paying utility bills, call Neils because there is money available to help with this sort of problem.

**Varisa Lall Dass, Port of Palm Beach**, reported on a change made to a railroad crossing near Blue Heron and MLK which has improved the traffic flow in that area.

**Andrew Watt, Clerk of the Courts**, wanted to introduce himself. Reported on efforts to prevent fraud with our property titles.

**Daniel Eisinger, Public Defender’s Office**, is running for office to become the new Public Defender.

**Adam Frankel** is running for office to become the new Public Defender.

The meeting was adjourned at 10:22 AM.

*Respectfully submitted by,  
JoAnne Robinson  
UCO Recording Secretary*

## Delegate Assembly Attendance

### Delegates Present October 6, 2023 Delegate Assembly

Andover	C, G, K, K, M	Kingswood	D
Bedford	A, C, F, G, H, J	Northampton	A, B, M, N, R, S
Berkshire	B, E, H, I	Norwich	A, F
Cambridge	D, E, F, G, H, I	Oxford	200 (1 of 2), 400
Camden	B, D, G, I, K, L, O	Salisbury	A, I
Canterbury	A, B, C, D	Sheffield	B, C, E, G, I, J, K, P, Q
Chatham	A, B, C, F, G, H, M, N, R, U	Somerset	A, G
Coventry	B, D, G, I, J, K	Southampton	B, C (1 of 3)
Dorchester	D, G, H, I	Stratford	A, H, J, L, N, O
Dover	(7 of 9)	Waltham	E, F
Easthampton	G	Wellington	A (1 of 2), B (1 of 2), D, E (1 of 2), F(1 of 2), G, H, J, K
Golfs Edge	(3 of 7)	Windsor	A, C, E, F, K, L, P, Q
Greenbrier	B, C (1 of 2)		
Hastings	F, G, H		
Kent	B, C, D, E, I, M		



This outline is meant to be used as a guide for preparing your bio to run for election for any open seats.  
Send bio by e-mail only to: [ruthdreiss14@gmail.com](mailto:ruthdreiss14@gmail.com), no later than January 12, 2024.

**UCO Candidate Bio Outline Form**

- Name:
- Building Association: (no unit #)
- Running for: Vice President or Executive Board
- Education:
- Career/Employment:
- UCO/CV Experience:
- Military Service (if applicable):
- CV resident: No. of years residing and statement that you reside a minimum of 9 months each year.

If you are running for the Executive Board, there is a maximum of 250 words.  
For Vice President or other office, there is some leeway.

**UCO EXCURSION BUS TRIP TO ELLIOTT MUSEUM IN STUART**  
**Date: DECEMBER 6, 2023**

45 seat ADA compliant bus will leave Clubhouse at 9:30 a.m.

Arrive at Museum at 10:30 a.m. - Return to CV at about 3 p.m.

The Elliott Museum offers local history exhibits and a variety of collections -

- Vintage cars - 1886 to present • Baseball memorabilia - cards, autographs, photos
- Bicycles • Artwork and Airplanes • Americana - and much more!

**Sign-up in Main Clubhouse Lobby**

**Monday, November 20 9:30 a.m. - 10:30 a.m.**

**Tuesday, November 21 1:30 p.m. - 2:30 p.m.**

CV identification must be presented when making reservation. A resident may make a personal reservation and one additional reservation.

Museum entrance fee (including docent tour) = \$12/per guest  
Bring exact cash when signing up for trip.  
Refunds offered only if trip is cancelled.

No food or beverages may be consumed inside the museum proper.

Bring your lunch and eat at picnic tables outside the museum. - or -  
Buy lunch at “Philly Down South Café” which is located on the museum property.  
See menu at: [phillydownsouth.net](http://phillydownsouth.net)

After lunch, re-enter the museum to continue your visit.





# LEGAL



## Can the Board Remove a Unit Owner from the Condominium?

BY MARK FRIEDMAN, FLORIDA BAR CERTIFIED AS A SPECIALIST IN CONDOMINIUM AND PLANNED DEVELOPMENT LAW

Sometimes Boards do not adequately screen new owners, or sometimes it is simply that the new owner looks good on paper (no criminal or financial issues in his/her past), but the individual causes trouble in the condominium from the moment he or she arrives. Such behavior may be something as annoying as a noise nuisance or as dangerous as criminal behavior.

### Can the Board remove a unit owner for egregious behavior?

This issue was decided in the case of Kitel-Glass v. Oceans Four, 648 So.2d 827 (Fla. 5th DCA 1995). In this case, the unit owner owned a unit in the Oceans Four Condominium. The Association filed a counterclaim in a lawsuit brought by the owner claiming the unit owner had “breached the declaration of condominium by engaging in multiple acts of assaultive, disruptive and indecent behavior on the condominium premises, was consistently intoxicated thereon, and had been arrested on the premises for such behavior on a number of occasions.”

The evidence at trial established that the unit owner committed a multiplicity of disorderly acts on the condominium premises that included: indecent exposure, public intoxication, reck-

less display of a firearm, and assault and battery. Twenty-two police reports were presented detailing the unit owner’s misconduct. Evidence was also introduced that an Association subcommittee had found that the unit owner violated multiple rules and regulations of the Association and had assessed her a large fine.

The court concluded that if in fact the unit owner violated the terms of the temporary injunction, she would be guilty of contempt. “The remedies available to the trial court in such instance include fines, and incarceration. The remedies do not include what the final judgment effectively adjudicates; a judicially forced sale or lease of the owner’s unit.” The Court referred to another case for the proposition that eminent domain power can only be exercised by governmental entities to which the state has delegated that power.

Based on the foregoing, no matter how egregious the behavior of the unit owner, removing him/her from the unit is not something that the Association, through a court, is permitted to do. Note that this does not apply to renters.

### What can the Association do?

If it is a criminal act, law enforcement should be contacted. The association only deals in civil actions. The association has no police powers.

The association could demand that such actions cease and desist, assuming there is a provision in your governing documents which makes such actions a violation. Remember, you can only enforce your governing documents, not state laws or county ordinances. If the behavior persists, then depending on how often it occurred and other factors you should discuss with your attorney whether an injunction or restraining order would be warranted. However, if law enforcement has arrested the person for the underlying acts, then that may not be necessary, especially if the unit owner is incarcerated. You should also consider tightening up your “good cause” reasons for denial of applicants to include criminal convictions (to the extent permitted by HUD), as most people do not become non-law abiding overnight. If the unit owner is not paying assessments, then a lien can be filed against the unit and foreclosed, thereby removing title to the unit from the unit owner after the judicial foreclosure sale.

*Mark D. Friedman, B.C.S. is recognized by the Florida Bar as a Board Certified Specialist in Condominium and Planned Development Law. This article is meant for educational purposes only and not as legal advice. You must consult with your own attorney if these issues arise.*



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# November Tax Talk

**ANNE M. GANNON**  
**CONSTITUTIONAL TAX COLLECTOR PBC**

Dear Friends:

There is not much of a chill in the air here in South Florida as November rolls upon us, but one thing is for certain... it's property tax season. November 1 marks the mailing of property tax bills here in Palm Beach County, so watch your mailboxes in early November. Your taxes are due by March 31, 2024, but we offer several discounts for paying early, with the maximum discount of 4% offered if taxes are paid by November 30. Then the discount drops to 3% in December, 2% in January and 1% in February. There is no discount if you wait and pay your taxes in March. Once you receive your bill, you can visit [www.pbctax.com](http://www.pbctax.com) to take advantage of our convenient online payment portal. I encourage you to visit our website for complete details about your property taxes as well as information for enrolling in our Installment Payment Plan for future tax year payments.

Once again, it is an honor for my agency to participate in the United States of America Vietnam War Commemoration program. Over the past several years, we have honored hun-

dreds of Palm Beach County Vietnam Veterans with a special HONORING OUR VIETNAM VETERANS commemorative lapel pin as my way of saying "thank you" for their service and sacrifice. This is the fourth year we have participated in this special partnership with the Florida Department of Highway Safety and Motor Vehicles (FLHSMV). Our office is honored to provide one pin to Palm Beach County veterans or their families in honor of their military service in Vietnam.

This is the official pin of the United States of America Vietnam War Commemoration, authorized by Congress to recognize the 50th anniversary of the Vietnam War. It's a heartfelt tribute to those who served, and a way to say, "Thank you," for their service to our country.

Requests can be made by completing a request form online at [www.pbctax.com](http://www.pbctax.com). Your pin, along with my personal letter of appreciation will be mailed directly to you. These commemorative pins are available now through November 30. Veterans are only eligible to receive one pin; therefore, if you previously received your commemorative pin, no need to request again. You must be a Palm Beach County resident to participate. We thank you for your service and we are most honored to recognize you with this special commemorative la-

pel pin.

**DRIVE A GOLF CART?**

Are you and your family golfers? Because of our balmy weather, many people in Palm Beach County enjoy the links year-round. And in some of our communities, a golf cart can be a convenient way to get around! So, it is important to be aware and understand the rules of the road when it comes to golf carts.

On October 1, 2023, a new law took effect regarding who can operate a golf cart on a public road or street. Previously, anyone over the age of 14 could drive a golf cart on a public road. The new law requires golf cart drivers who are at least 18 years old to possess a valid, government-issued photo ID. In addition, golf cart drivers between the ages of 15 and 17 must possess a valid learner's driver license or valid driver's license. For both age groups, there are penalties for drivers who do not have a valid ID.

To learn more about driving your golf cart safely, visit <https://golfcarts.org/a-complete-guide-to-golf-cart-safety/>.

**INDUSTRY AWARD WINNERS!**


I am thrilled that our agency is the recipient of not one, but TWO awards at the 2023 Aumentum Customer Excellence (ACE) Awards ceremony held in Nashville, Tennessee! First, I am so proud to congratulate two of our employees, Michelle Harris, and AJ Balram who each received the Lisa Redding (ACE) Award for Project Management. This

award is given to recipients who demonstrated exemplary leadership in managing an event, project, or process by demonstrating confidence, teamwork, determination, positivity, leadership, effective change management and communication. All of which are exemplified by Michelle and AJ who were instrumental in ensuring a complex upgrade of our property tax software was implemented without a hitch! Congratulations Michelle and AJ!

The celebration does not end there, as our office was awarded the Jurisdiction of the Year Award for our response when COVID-19 arrived, and how quickly we turned our in-person service model into a reservation-only process. We were also recognized for our commitment to deliver exceptional service by offering more convenient opportunities for our clients to do business with us online and enhancing the reservation-making process. It is extremely rewarding that our agency is being recognized for the pioneering innovations that help to deliver industry-leading customer satisfaction results! I am so proud that the work our team does, day in and day out, is recognized nationally. Congratulations, Team TCO!

NOVEMBER			
IMPORTANT DATES & HOLIDAYS			
1	2023 Property Tax Season Begins Through March 31	11	Veterans Day
1	4% Property Tax Discount Begins	23	Thanksgiving Day (Tax Collector Offices Closed)
1	Tourist Development Tax Due	24	Thanksgiving Holiday (Tax Collector Offices Closed)
1	2024 IPP Enrollment Begins	30	Last Day to Receive 4% Property Tax Discount
10	Veterans Day Observed (Tax Collector Offices Closed)		

- Condominium and HOA Law
- Estate Planning
- Wills and Trusts
- Probate
- Revocable Trust Agreements
- Durable Powers of Attorney
- Living Wills
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- Loan Modifications
- Foreclosures
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# Palm Beach County News

FROM THE OFFICE OF PALM BEACH MAYOR GREGG WEISS



**Statement on Israel**

My heart aches at the recent violence in Israel. The images of destruction and suffering are appalling. Children killed, families torn apart, and communities destroyed—this is not just an attack on Israel; it's an assault on humanity.

For too long, the world has excused hatred and violence against Jews and the state of Israel.

It is time to say enough. It is time to stand up for Israel!

To the Palestinian people, I say this:  
Your suffering is real but violence is not the answer. Hatred is not the answer. Hamas does not represent your legitimate desire for peace, justice and freedom.

The only way to achieve this is through dialogue and compromise.

To the Israeli people, I say this:  
Know that you are not alone. Palm Beach County, the United States and the free world stand with you while we pray for the safe return of the hostages.

Enough!

**Board expresses support of Israel**

On Tuesday October 17, the board passed a resolution expressing support for Israel and condemning the brutal attacks by Hamas.

**Fighting Anti Semitism**

Last May, the White House launched the U.S. National Strategy to Counter Anti Semitism, sending a clear, unequivocal message that an-

tisemitism is a problem that affects all of society. AJC was proud to be part of developing this strategy, which employs a whole-of-society effort to address anti-Jewish hate.

To help various sectors of American society implement the recommendations put forth in the U.S. National Strategy, AJC has developed a series of guides. The guides build on AJC's work supporting the White House in the drafting, amplifying, and implementing the National Strategy. They also complement the efforts of an AJC Task Force, composed of more than 50 AJC staff and three dozen leaders from across the country, to help ensure that the more than 200 recommendations in the strategy are carried out.

The guides include those for rabbis and congregations, state legislators, county officials, mayors, independent school administrators, higher education administrators, and members of Congress. All guides encourage using Translate Hate, an online glossary to help identify and understand antisemitism.

This initiative comes in the face of a growing recognition that antisemitism in the U.S. is a problem that must be urgently addressed. The latest AJC State of Antisemitism in America report found that 41% of American Jews feel less secure about their status in the U.S. than a year ago. Nine out of 10 American Jews believe antisemitism is a problem in the U.S. 82% believe it has worsened in the last five years, while four in 10 have altered their behavior in public to conceal their Jewish identity.

For more information visit [ajc.org](http://ajc.org)

**Note from Sheriff Bradshaw**

In the wake of escalating global tensions and a disturbing rise in hate crimes, safeguarding

our community's peace and unity is paramount. Hence, I am augmenting our presence around temples, mosques, and other religious establishments to ensure the safety and well-being of all worshippers and residents.

Our unwavering mission at the Palm Beach County Sheriff's Office is to maintain a peaceful and secure community. Our devoted deputies are on duty around the clock, endeavoring to sustain a harmonious atmosphere for every individual within Palm Beach County.

The importance of community vigilance cannot be stressed enough during these times. We strongly encourage our residents to embody the principle of "See Something, Say Something." Your prompt reporting of any suspicious activity is crucial to our collective security and well-being.

Your eyes and ears are a vital extension of our law enforcement efforts. By standing united and promptly reporting concerns, we reinforce the safety net that keeps Palm Beach County a safe and welcoming haven for all.

Thank you for your ongoing vigilance and cooperation. Together, we create a resilient community that stands as a beacon of peace amidst the turmoil.

**ABOUT COUNTY COMMISSIONER GREGG WEISS'S OFFICE**

*Constituents are important to us. We want to hear about the issues that affect you. If you run into problems that we might be able to help with don't hesitate to contact us. 561-355-2202 or email us: [district2@pbcgov.org](mailto:district2@pbcgov.org) Sign up for the Weiss Words e-newsletter Find us on Facebook: @CountyCommissioner-GreggWeiss*



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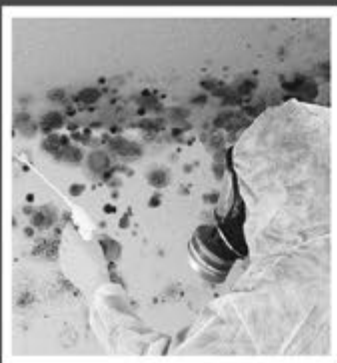
Moisture/Leak  
Detection



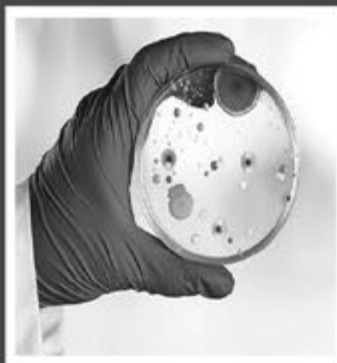
Roof Leaks

## MOLD DAMAGE?

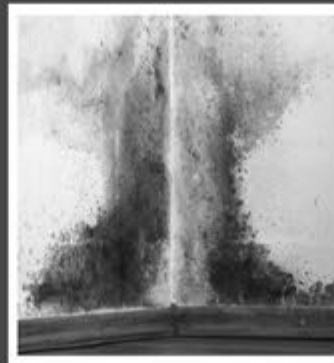
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Mold Testing



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– Gerry T.

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– Thomas F.

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– Janice T.



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# Clerk Report - November

JOSEPH ABRUZZO, PBC CLERK OF THE CIRCUIT COURT AND COMPTROLLER

## Domestic Violence Resources Are a Step Away



Domestic violence is a serious issue and affects people across our community regardless of their age, gender, race or religion. We serve every day as a resource in Palm Beach County to those who want and need our help.

Our office has tools available to help victims get the service that they need, including free and simplified forms, online how-to resources and filing assistance.

We understand that people looking to file a petition for an Injunction for Protection Against Domestic Violence are under a lot of stress. With that in mind, we have made our forms easy to fill out and are available to walk petitioners through the process.

Help begins even before someone steps into our office. Our YouTube channel features in-depth, how-to videos showing the entire injunction process from filing to final response. You're never more than a click away from helpful information, which can be found at <https://www.youtube.com/clerkpbc>

We have knowledgeable staff at each of our offices who assist filers with their petition alongside our partners at Palm Beach

County Victim Services. With newly implemented electronic filing, filers can answer a series of questions online and submit their documentation for their petition for injunction, which streamlines how judges receive this critical information.

Our office is the first stop for many people who are affected by domestic violence, and we are here to help. The most important thing that we can do to help is connect people with the services they need to escape abuse.

If you or someone you know is involved in an abusive relationship, please contact Palm Beach County Victim Services' 24-hour Crisis Hotline at 866-891-7273 or 561-833-7273.

Regards,

Joseph Abruzzo  
Clerk of the Circuit Court & Comptroller

### About the Clerk of the Circuit Court & Comptroller, Palm Beach County

The Clerk of the Circuit Court & Comptroller is Palm Beach County's protector of public money and records including marriage licenses, court documents, financial reports and real estate records. Visit [www.mypalmbeachclerk.com](http://www.mypalmbeachclerk.com) and find us @ ClerkPBC on Facebook, YouTube, Instagram, Threads, LinkedIn and X.

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**SOMERSET**

SOMERSET E: Second floor 2/2 totally updated, stainless steel appliances, master bedroom suite building has a lift.  
..... \$295,000

SOMERSET C: Wow! updated ground floor 2/2 , beautiful view of the lake. open kitchen, custom cabinets, granite counters, ensuite master bath. ....\$319,900

**CHATHAM B**

UPDATED 1/1 1/2 Ground Floor corner all new beautiful kitchen 2 sinks granite counter beautiful water view. ....\$169,900

**NORTHAMPTON P**

LIGHT & BRIGHT 1/1 1/2 second floor new floors. ....\$109,000

**CAMDEN I**

2nd floor 1/ 11/2 corner impact hurricane windows new floor new central air new hot water heater. .... \$125,000

**GOLFS EDGE E**

TURNKEY! 2 bed/ 2 bath Beautifully furnished and updated second floor unit. All new kitchen, 2 sinks ,New Appliances Coming, Central air. ....\$250,000

**DORCHESTER H**

FURNISHED Second floor 2/2 on the canal. ....\$142,500

**GREENBRIER A**

EXTRAORDINARY ALL NEW 2 bed 2bath penthouse all new kitchen never used stainless steel appliances.  
.....\$267,750

**SALISBURY D**

UPDATED , GROUND FLOOR 1 bed, 1 bath condo, IMPACT windows, Tile throughout. Serene garden view. Great association very close to Clubhouse 5 minute walk to the Haverhill Gate. ....\$99,900

**SALISBURY D**

2nd floor tastefully furnished 1 bed 1 bath updated kitchen with stainless steel appliances, updated bathroom with stall shower great association, great location. ....\$105,500

**COVENTRY B**

STUNNING 2 BED 2 FULL BATH ground floor corner newly renovated spotlights in every room short walk to clubhouse.  
.....\$299,000

**DORCHESTER E**

MOVE RIGHT INTO this updated ground floor furnished 2bed/1 1/2 bath. tile throughout central air steps to the Dorchester pool.  
.....\$159,900

**CENTURY VILLAGE DEERFIELD BEACH**

TILFORD S. move right into this sun filled 2 bed 1 /1 1/2 bath, end corner unit. ....\$179,000

**Seppember Sales**

27 GOLFS EDGE A	1/1	SOLD	\$110,000	104 WELLINGTON B	1/1 1/2	PENDING	\$162,000
428 WINDSOR S	1/1 1/2	PENDING	\$115,000	88 CANTERBURY D	2/1 1/2	SOLD	\$165,000
244 SHEFFIELD J	2/1 1/2	PENDING	\$144,000	82 SALISBURY D	1/1	PENDING	\$90,000

**Recent Sales**

44 STRATFORD D	2/2	SOLD	\$215,000	231 COVENTRY J	1/1 1/2	SOLD	\$95,000
112 KINGSWOOD F	1/1 1/2	SOLD	\$95,000	166 WELLINGTON J	2/2	SOLD	\$240,000
9 NORWICH A	1/1 1/2	SOLD	\$80,000	22 ANDOVER A	1/1 1/2	SOLD	\$105,000
95 HASTINGS F	1/1 1/2	SOLD	\$95,000	376 CAMDEN P	1/1 1/2	SOLD	\$131,000
113 WELLINGTON B	2/2	SOLD	\$160,000	223 SOMERSET L	2/2	SOLD	\$295,000
10 HASTINGS A	1/1 1/2	SOLD	\$95,030	1 WELLINGTON E	2/2	SOLD	\$209,000
135 CANTERBURY F	1/1 1/2	SOLD	\$135,000	57 SHEFFIELD C	2/1 1/2	SOLD	\$174,900
50 PLYMOUTH F	1/2	SOLD	\$118,000	342 CHATHAM Q	1/1 1/2	SOLD	\$128,000
110 WELLINGTON A	2/2	SOLD	\$222,500	453 SOUTHAMPTON C	1/1 1/2	SOLD	\$88,900
227 SOUTHAMPTON B	1/ 1 1/2	SOLD	\$100,000	189 EAST HAMPTON H	1/1 1/2	SOLD	\$125,000
89 HASTINGS F	2/1 1/2	SOLD	\$139,000	9 HASTINGS A	2/1 1/2	SOLD	\$149,000
100 ANDOVER D	1/ 1 1/2	SOLD	\$115,000	19 CHATHAM A	1/1	SOLD	\$83,000
155 STRATFORD L	2/2	SOLD	\$155,000	155 CHATHAM H	2/1 1/2	SOLD	\$180,000
10 GOLFS EDGE	1/1 1/2	SOLD	\$116,500	156 ANDOVER F	2/1 1/2	SOLD	\$125,000

Susan turns “LISTED” into “SOLD”





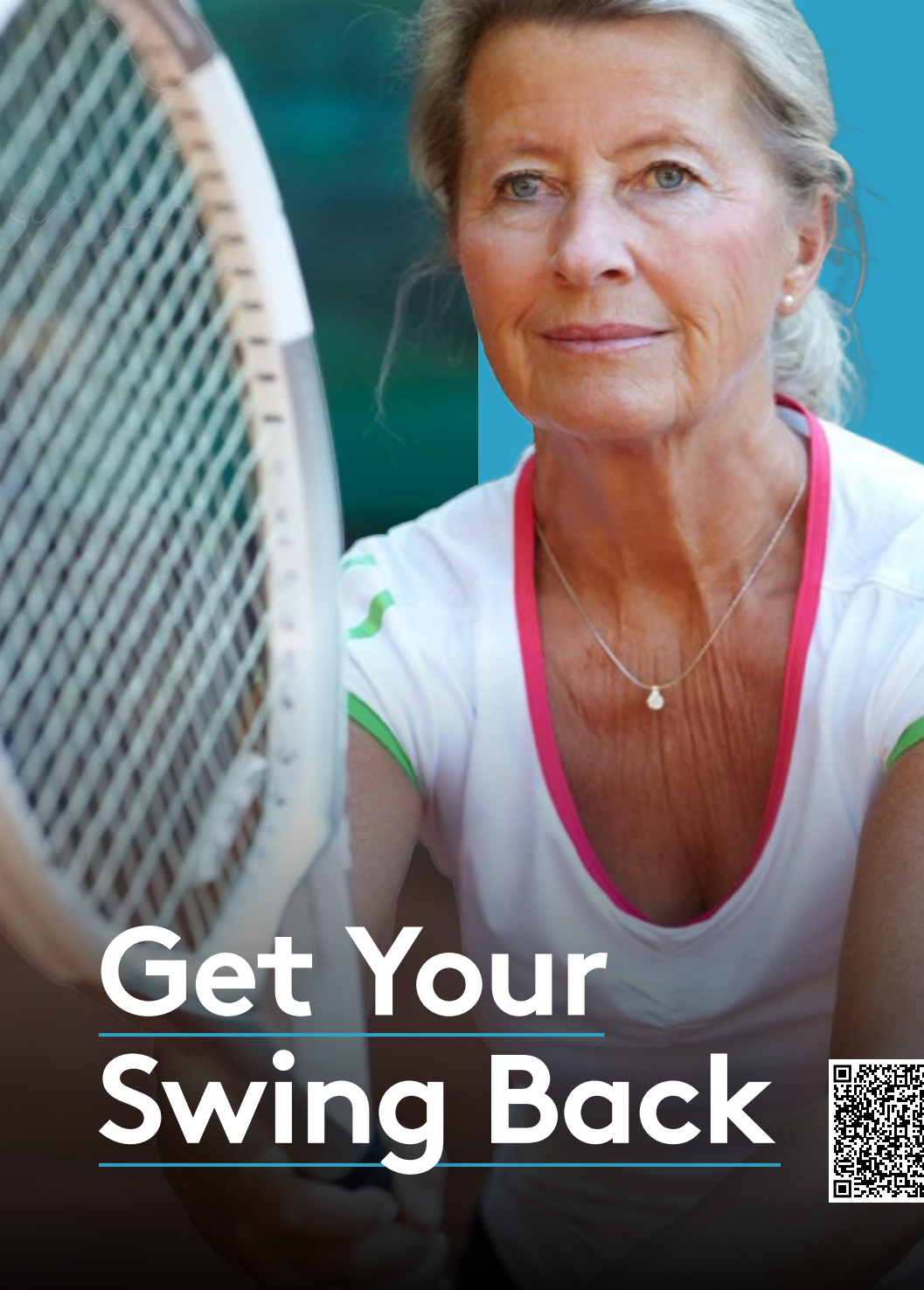
HASTINGS FITNESS CENTER CLASS SCHEDULE AS OF: NOVEMBER 2023

MONDAY		TUESDAY	WEDNESDAY		THURSDAY	FRIDAY	
STRENGTH & BALANCE 8:30 - 9:15AM BY: GAILY		STRENGTH & BALANCE 8:30 - 9:15AM BY: GAILY	STRENGTH & BALANCE 8:30 - 9:15AM BY: GAILY		STRENGTH & BALANCE 8:30 - 9:15AM BY: GAILY		
WATER AEROBICS 8:00 - 9:00AM 9:00 - 10:00AM AT GUEST POOL BY: DOLLY	CHAIR AEROBICS 9:30 - 10:15AM BY: GAILY	CHAIR AEROBICS 9:30 - 10:15AM BY: GAILY		WATER AEROBICS 8:00 - 9:00AM 9:00 - 10:00AM AT GUEST POOL BY: DOLLY	CHAIR AEROBICS 9:30 - 10:15AM BY: GAILY	WATER AEROBICS 8:00 - 9:00AM 9:00 - 10:00AM AT GUEST POOL BY: DOLLY	
WATER AEROBICS 10:00 - 11:00AM AT HASTINGS BY: ARLEEN	YOGA 10:30 - 11:30AM BY: SARA	STRETCHING 11:00 - 12:00PM BY: SARA	***TAI CHI FLOW CLASS*** BY: JERRY ZIFFER 1:00 - 1:45PM PAY YOUR CLASS FEE AT CLUBHOUSE CLASS OFFICE	WATER AEROBICS 10:00 - 11:00AM AT HASTINGS BY: ARLEEN	YOGA 10:30 - 11:30AM BY: SARA	WATER AEROBICS 10:00 - 11:00AM AT HASTINGS BY: ARLEEN	YOGA 10:00 - 11:00AM BY: SARA
					STRETCHING 11:00 - 12:00PM BY: SARA		

CLASSES ARE FREE

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# Organization News

**Actors Studio 1:** meets Monday 7-9 PM in the clubhouse. Openings for actors of all skill levels. Writers and stage hands are welcome. Performances every year. Participants read from scripts. Call Marshall: 561-596-1738.

**African American Culture Club:** business meetings, first Wed. each mo. 6:00 PM. Next mtg. 11/11. Potluck 4th Sun., 3-6 PM. Next mtg. 11/26. Bring your dish to share, music or speakers. Play hand knee & foot during the week. For more details, contact Les Rivkin (315) 529-1221 or Eula Bess (561) 718-7478.

**Al-Anon Attitude of Gratitude:** beginners mtg. starts again Oct. 4, every Thurs., 4:30 pm, Clubhouse Craft Room. For info: call 954-512-0509.

**American Legion Post 141** Attention Veterans!! And anybody connected to the military. Your service is needed again. Join the American Legion, Post 141 and help support our Veterans & community programs. For more info: Ron Rising, Commander, Post 141 561-460-5169, commanderpost141wpb@gmail.com.

**Baby Boomers:** will meet each month May-Dec., Clubhouse Room D, 3:30-4:30 pm to share upcoming events and visit. Contact dixiedugan13@gmail.com with questions.

**Board Synergy Club:** working toward making association boards more efficient by sharing ideas & practices. Weekly meetings, Thurs. 1:30 PM, Clubhouse Craft Room, open to unit owners & board members. For questions or further information, please contact Kelly Janssen at cvnorthamptona@gmail.com or phone (920) 544-6025.

**C.E.R.T. (Community Emergency Response Team):** Meets 2nd Friday of month, CH Room A, 1 PM.

**Christian Club:** Meetings first Wed. of month, 1 PM Clubhouse Party Room. For Club info call: Rae Boyle 561-254-2290. Upcoming Trips: Nov. 27-30 Amelia Island & St. Augustine, Closing date: Sept. 20. For additional info call: Nancy 561-629-4620.

**Computer Club:** meets first Thursday.of mo., CH Room A, 12:30 pm, refreshments served, drawings for door prizes. Classes to learn new digital skills, improve knowledge of computers, phones & tablets. Membership: \$12 per yr. Share your skills with others as a volunteer teacher. For info: email cvccwpb@gmail.com. For Website: <https://www.cv-computerclub-wpb.com/>

**Cong. Anshei Sholom:** 5348 Grove St. Invites you to join them for Shabbat Services Sat. morning, 9:15 AM with a kiddush following. Our synagogue is cleaned & sanitized each week. Hand sanitizers available. For further information, please call the Synagogue office: 561-684-3212.

**CV Friends of Bill W:** Meetings Mon. & Thurs., 6:30 pm, Clubhouse 1st fl. Craft Room. Further info: 832-819-7748, 631-889-2614.

**Democratic Club of CV:** Meetings 3rd Thursday each mo., 1:30 pm. For more info contact: Les Rivkin, Pres. 315-529-1221.

**Falling Star Players:** a CV acting group producing 3 shows a year. Meets in Classroom C every Tuesday. 6PM. Can't memorize lines? No problem. We take our scripts on-stage. Come join the fun! Call Jody Lebel 561-531-3373.

**Irish American Club:** meetings begin Nov. 9th, 1 PM, clubhouse Party Room. All future meetings, first Tuesday of the month, same time & place. More info: please call Carole 914-343-5547.

**Italian American Club:** Meeting 3rd Wed. of the month, Party Rm. For more info: call Fausto 561-478-1821. Big Easy Casino trip, Nov. 29th, Cost: \$20 pp for bus. Must have 40 people. Each player w/receives \$30 promo play, after they earn 10 points. Must prepay. Call Fausto for more info. Collecting toys for PBSO. Bring to meeting Nov., unwrapped, no stuffed animals. Cash donations will be accepted. Upcoming Tours (all based on 40 passengers): Dec. 3, 2023 Singing Christmas Tree Show, Hobe Sound/bus & donation \$35 pp, bus leaves

CV 5 pm. Dec. 23, Jungle Queen sightseeing cruise/all you can eat dinner/show/bus, \$105 pp, bus leaves CV 4:30 pm. Feb. 11, 2024, Miami, Villa Vizcaya & Farmers Market, incl. bus/entrancefee/tour \$60 pp March 4-6, Margaritaville at Sea, interior & ocean view cabins start base rate \$139.00 pp dbl. + gratuities + fuel ch.+ port & tax. May 4-13 10-day 7 countries/land only, England, Belgium, Germany, Austria, Switzerland, France, Italy. Cosmos Budget Tour starting \$2,359.00 pp dbl. Sept. 22-30 9-day Dublin to London land only, Ireland, Wales, England. Cosmos Budget Tour starting \$1,839 pp. dbl. For info & reservations: Michelina 561-335-2576 michelinadg@hotmail.com or All rates subject to change without notice.

**Russian-Ukraine Club:** meets 2nd Mon. of mo., Meeting Rm. A, 4-7 PM. For info call Pres. Raisa Kogan 302-345-9627.

**Sailing Club:** Meets Nov.-April, 2nd Friday of the month, 10 AM, Room C. Monthly Potluck, 5:30 PM, 1st Tuesday of month, Guest Pool, Nov.-April.

**Shuffleboard Club:** Summer Season May thru Oct. Play Tues. 6:30 PM, changed from previous yrs. Winter Season Nov. thru April, Tues., Wed., Thurs. Be ready to play at 1:15. Everyone is welcome. Equipment will be provided. Any questions, call Ed Wright: 561-632-5268.

**Snorkel Club:** has resumed meetings on the 3rd Friday of the month, 10AM in the Clubhouse, Classroom B. Please join us.

**Tennis Club:** For 2023 season, team sponsorship to (2) two Senior Men's League teams. Exclusive use of the "ball machine," mixed match tournaments, 2 social/feast gatherings. Membership fee \$10. See Les Rivkin, Yvon Poulin or John Bagdonas to sign up. Tennis teams looking for players on our Senior League Teams. Call: Les 315-529-1221, if interested.

**Zoom Programs:** Poetry, Karaoke, Yiddish Vinkl programs. Contact Marsha Love - mgmaita@aol.com

## NOVEMBER 2023 CLUB LIST

All Clubs are active as of revised date, Clubs may have been discontinued or cancelled  
Rooms or dates may be subject to change or modification  
Masks and Social Distancing Recommended; Some Clubs may have Additional Rules

CLUB NAME	ROOM	DAY	TIME
Actor's Studio	Meeting Room C	Every Monday	6:30pm-9pm
African American Culture Club	Art Room	1st Wednesday	6pm-7pm
African American Culture Club Potluck	Party Room	4th Sunday	3pm-6pm
Arts of Palm	Art Room	Every Tuesday	3pm-5pm
Attitude of Gratitude	Craft Room	Every Thursday	4:30pm-5:30pm
Baby Boomers (Summer)	Meeting Room D	4th Wednesday	3:30pm-4:30pm
Ballroom Dance Practice Group	Hastings Aerobic	Every Monday	2pm-4 pm
Bible Study	Meeting Room D	Every Sunday	3pm-5pm
Bible Study Club in Spanish	Class Room A	Every Tuesday	6:30 pm-8:30pm
Board Synergy	Craft Room	Every Thursday	1:30pm-3pm
Camera Club	Meeting Room C	2nd Tuesday	10am-12pm
C.E.R.T.	Meeting Room A	2nd Friday	1pm-3pm
Christian Club	Party Room	1st Wednesday	12:30pm-2:30pm
Computer Club	Meeting Room A	1st Thursday	12:30pm-3pm
C.O.P.	Class Room B	2nd Thursday	10am-12pm
C.V. Crafter's Club	Meeting Room A	2nd & 4th Friday	9:30am-12pm
Dance Party	Party Room	Every Wednesday	7pm-10pm *
Democratic Club Meeting	Meeting Room C	3rd Thursday	1pm-3:30pm
Falling Star Players	Meeting Room C	Every Tuesday	6pm-9pm
Friends of Bill W	Craft Room	Monday & Thursday	6:30pm-7:30pm
Homestead Exemption Outreach	Clubhouse Lobby	1st Thursday	1:30pm-2:30pm
Italian American Culture Club	Party Room	3rd Wednesday	1pm-3pm
Karaoke	Party Room	Every Saturday	6pm -9pm
Kathy's Kitchen, Can We Dish?	Meeting Room A	3rd Friday	1pm-3pm
Latin American Club Mtg	Meeting Room A	2nd Thursday	6pm-7:30pm
Latin American Club Dance	Party Room	3rd Sunday	5pm-9pm
Line Dancing Club	Hastings Aerobic	Monday & Friday	12pm-2pm
Polish American Social Club	Art Room	1st Thursday	6pm-10pm
Quilting Club	Craft Room	Every Wednesday	1pm-3:30pm
Rummikub Club	Main Card Room	Monday & Thursday	7pm-9:30pm
Russian-Ukraine Club	Meeting Room A	2nd Monday	4pm-7pm
Sailing Club	Meeting Room C	2nd Friday	9:30am-11am
Sailing Club Potluck	Guest Pool	1st Tuesday	5pm-7pm
Snorkel Club	Class Room B	3rd Friday	10am-11am
Somerset Club	Somerset Pool	2nd Friday	5pm-8pm
Stratford Umbrella	Meeting Room D	1st Wednesday	1pm-3pm
UCO Delegate Assembly	Theater	1st Friday	9:30am-12pm

Note: Pickleball Court is always available to use. Please bring your own equipment. \* Last Bus leaves at 9 pm



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516.384.9416  
Jonathan is a real estate agent with  
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561.206.2242

### FEATURED LISTINGS

Wellington J.....	2 BR / 2 BA .....	\$334,999
Somerset E.....	2 BR / 2 BA .....	\$329,000
Wellington J.....	2 BR / 2 BA .....	\$275,500
Greenbrier C .....	2 BR / 2 BA .....	\$229,500
Golfs Edge .....	2 BR / 2 BA .....	\$227,900
Oxford 500.....	1 BR / 1.5 BA .....	\$199,500
Windsor E.....	2 BR / 1.5 BA .....	\$189,000
Andover F.....	2 BR / 1.5 BA .....	\$179,250
Sheffiled O .....	2 BR / 1.5 BA .....	\$178,000
Andover F.....	1 BR / 1.5 BA .....	\$139,999
Windsor Q.....	1 BR / 1.5 BA .....	\$139,999
Norwich J.....	1 BR / 1.5 BA .....	\$139,000
Kent L .....	1 BR / 1.5 BA .....	\$135,000
Sussex .....	2 BR / 1.5 BA .....	\$134,900
Coventry I.....	1 BR / 1.5 BA .....	\$129,000
Oxford 400.....	1 BR / 1.5 BA .....	\$115,000
Windsor M.....	1 BR / 1.5 BA .....	\$110,000
Andover M .....	1 BR / 1 BA .....	\$100,000
Sussex H.....	1 BR / 1 BA .....	\$99,000
Northampton N.....	1 BR / 1.5 BA .....	\$90,000

### UNDER CONTRACT

Windsor K.....	2 BR / 1.5 BA .....	\$154,990
Bershire B .....	1 BR / 1 BA .....	\$132,000
Hastings F .....	2 BR / 1.5 BA .....	\$77,000
Windsor P.....	1 BR / 1.5 BA .....	\$65,000

### SOLD

Sheffield M.....	2 BR / 1.5 BA .....	\$225,000
Chatham M.....	1 BR / 1.5 BA .....	\$110,000
Waltham D.....	1 BR / 1.5 BA .....	\$99,900

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What our customers say:

*\*Names available on request.*

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*\*Listings available at time of publication*

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## JEWISH CLUB

I'd like to form a Jewish Club in the hopes of forming friendships and enjoying discussions and conversations with people having similar interests. We would meet monthly in the Clubhouse. I need members to get it started. Please contact Mark Sosnowitz at 914-318-4476

## NEW YORK CLUB

Hey, New Yorkers, would you like to join me in forming a New York Club? We can have a great time mingling with other people having the same backgrounds and interests, once per month in the Clubhouse. I need members to get this started. Please call Mark Sosnowitz at 914-318-4476

## BAR CODES & GATE PASSES AVAILABLE AT THE UCO OFFICE ONLY! HOURS & REQUIREMENTS

### BAR CODES

#### HOURS OF OPERATION:

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#### REQUIRED DOCUMENTS:

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### GATE PASSES

#### HOURS OF OPERATION:

MONDAY - THURSDAY: 9:00 A.M. - 11:30 A.M.  
FRIDAY: 12:00 - 2:30 P.M.

#### REQUIRED DOCUMENTS:

CENTURY VILLAGE PHOTO ID of RESIDENT  
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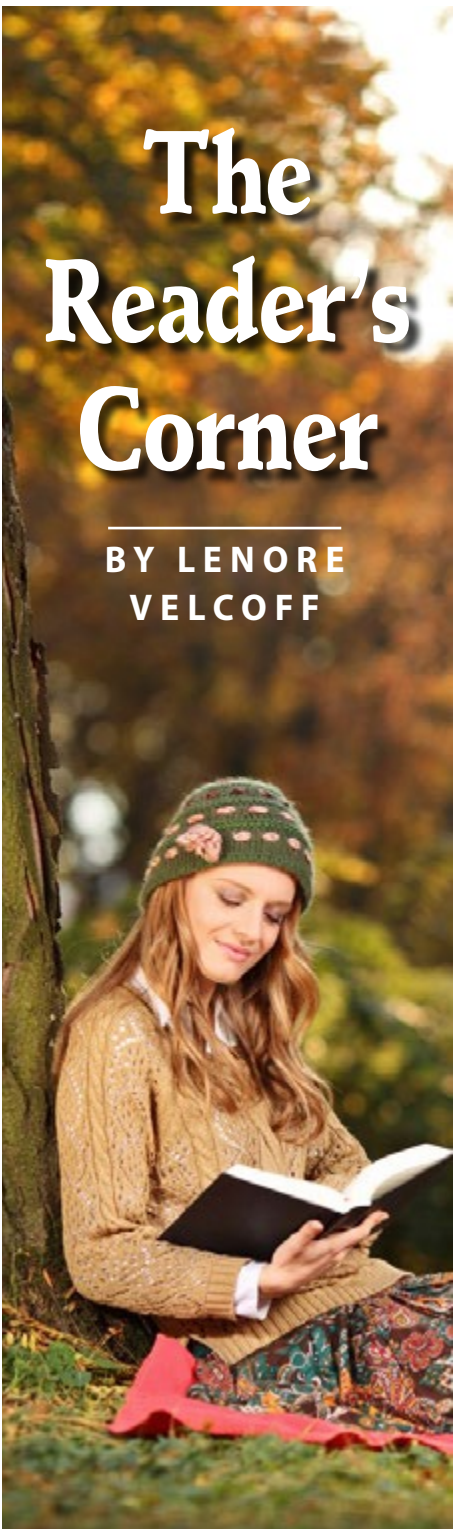


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# The Reader's Corner

BY LENORE VELCOFF

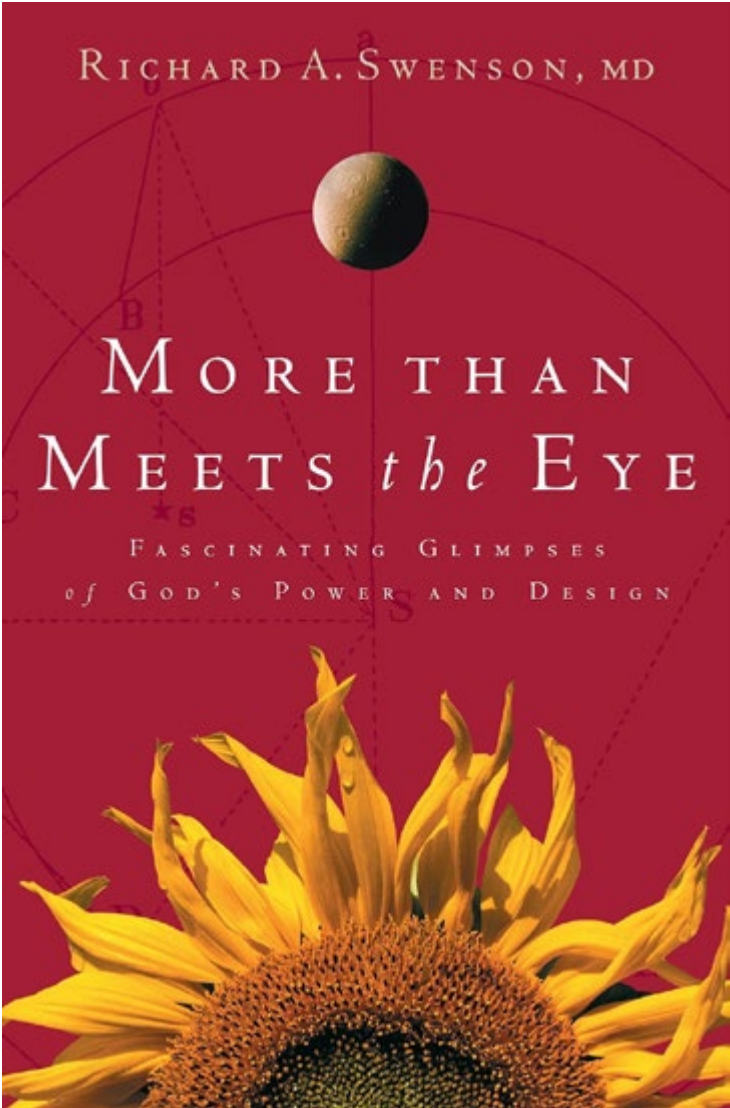
## More than Meets the Eye by Roy & Iris Johansen

This mother & son have teamed up to write a thriller with Kendra Michaels as the heroine. This is the tenth book with Kendra taking the lead. Of course, her off again-on again boyfriend Adam Lynch agrees to help.as in the other books I read in this series, so this must be the start of their business relationship which at some later points turns into a romantic relationship. After having surgery to regain her sight, Kendra Michaels can sense things others can't.

The plot of this one was quite unique and the twists kept coming. Kendra is back to investigate a “bombing” while working with a convicted killer who makes a plea deal to show the FBI where he buried his last victim, Tricia thinks she will be free of Barrett. However, when the FBI agents start to dig up the grave they hear a metallic clink, then there is a horrific explosion. The explosion killed Barrett and several FBI agents, but soon after there are murders that are very similar to the way Barrett killed his victims..

In this book you will read chapter after chapter of this cat and mouse game between a serial killer and Kendra Michaels. Some of the other characters in this story are a young woman training for the Olympics as a swimmer and a blind blogger. There are many references to an “alpha male.” That is a powerful male in any group - a strong and successful man who likes to be in charge of others. Additionally, all of the victims have some kind of obscure chemicals in them but Kendra Lynch and the FBI are unsure how this relates to the murders and how those killed are related.


I guess it's because of her previously having been blind that each title such as The Naked Eye, Sight Unseen, Hindsight, and this one, all have something to do







with the eye. I hope you will “see” how much I enjoyed this book.

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Andover C – 1st floor, updated bath, new floors, step in shower ..... \$98,000  
Sheffield Q – 1st floor, friendly association, patio, move right in ..... \$129,900

### 1 BEDROOM – 1 ½ BATH

Salisbury F – ground floor corner, new ceramic floors..... \$140,000  
Wellington B – 3rd floor, Fantastic open kitchen and new baths..... \$230,000  
Northampton B – 1st floor, rentable immed, step-in shower, tile floors..... \$149,900  
Oxford 500 – 2nd floor, updated and ready to move in..... \$159,900

### 2 BEDROOM – 1 ½ BATH

Norwich K – 2nd floor, corner, bright and sunny – move in condition..... \$179,900  
Windsor C – 2nd floor, ceramic tile floors, fully updated ..... \$123,000  
Cambridge C – 2nd floor, bright and sunny corner ..... \$154,000  
Sheffield C – 1st floor, near fitness center and classes ..... \$179,000

### 2 BEDROOM - 2 BATH

Golfs Edge D – 2nd Floor, Corner, Central A/C, Overlooks the Pool! ..... \$255,000  
Wellington B – 4th Floor, Move in ready, near pools - waterview ..... \$299,900  
Wellington G – 4th floor, totally renovated, granite kitchen ..... \$228,000  
Golfs Edge - 2nd floor corner, large 2/2 beautifully remodeled kit & bath ..... \$215,000

### RENTALS

Canterbury F – 1st floor, renovated kit with quartz counters, new bath..... \$1,450  
8 Golfs Edge – 1st floor, Huge floor plan, 2 bed turned into 1, 2 baths ..... \$1,550  
Salisbury B – 1st floor, 1/1 gorgeous must see to believe & walk-in shower ..... \$1,450  
Sussex E – 2nd floor, 2/1.5 modern kitchen with loads of cabinets ..... \$1,600  
Stratford N – 1st floor, 1/1.5 new kitchen, waterfront assoc patio..... \$1,500  
Waltham F – 2nd floor, 1/1.5 Seasonal rental..... \$1,900  
Chatham O – 1st floor, 2/1.5 corner, fantastic location – community rehab..... \$1,950  
Northampton B – 1st floor corner, large remodeled unit ..... \$1,550  
Bedford J – 2nd floor, beautiful large open floor plan..... \$1,600

### RECENT SALES

49 Chatham O.....\$235,000	205 Salisbury I.....\$120,000
304 Greenbrier B .....\$95,000	312 Chatham O.....\$119,900
35 Windsor B.....\$106,000	137 Kent I.....\$121,000
4 Chatham A.....\$190,000	159 Plymouth V.....\$130,000
156 Dorchester G.....\$165,000	310 Wellington L .....\$179,000
106 Oxford 600 .....\$150,000	321 Andover M.....\$119,900
50 Kent D .....\$145,000	329 Norwich N.....\$120,000
133 Norwich F .....\$130,000	55 Northampton C .....\$77,000
34 Northampton .....\$130,000	304 Greenbrier B .....\$95,000

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### Listing Offices

Date Between 1/1/2022 and 12/31/2022  
Status: Closed

Rank	Name	Sides	Volume	Average
1.	Real Estate Center of West Palm Beach (276544216)	91	5,087,824.00	55,910.15
2.	Masters Real Estate Inc, West Palm Beach (800412)	78	3,836,405.00	49,184.68
3.	Re/Max Direct, Wellington (276562796)	44	5,604,100.00	127,365.91
4.	Re/Max Direct, Boynton Beach (276562786)	39	4,171,700.00	106,966.67
5.	Signature International Real E, Boca Raton (802135)	36	2,763,425.00	76,761.81
6.	Re/Max Prestige Realty/WPB (607510)	21	456,450.00	21,735.71
7.	Century Village Real Estate, West Palm Beach (802187)	20	1,611,300.00	80,565.00
8.	Oasis Florida Properties, West Palm Beach (276530501)	8	857,000.00	107,125.00
9.	610 Clematis Real Estate, West Palm Beach (276536445)	7	594,300.00	84,900.00
10.	Premier Brokers Int., Palm Bch Gardens (276537681)	6	611,500.00	101,916.67

"This data is not verified for authenticity or accuracy and may not reflect all real estate activity in the market.  
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**ALL INFORMATION IS DEEMED CORRECT AT TIME OF PUBLICATION 11/2023**

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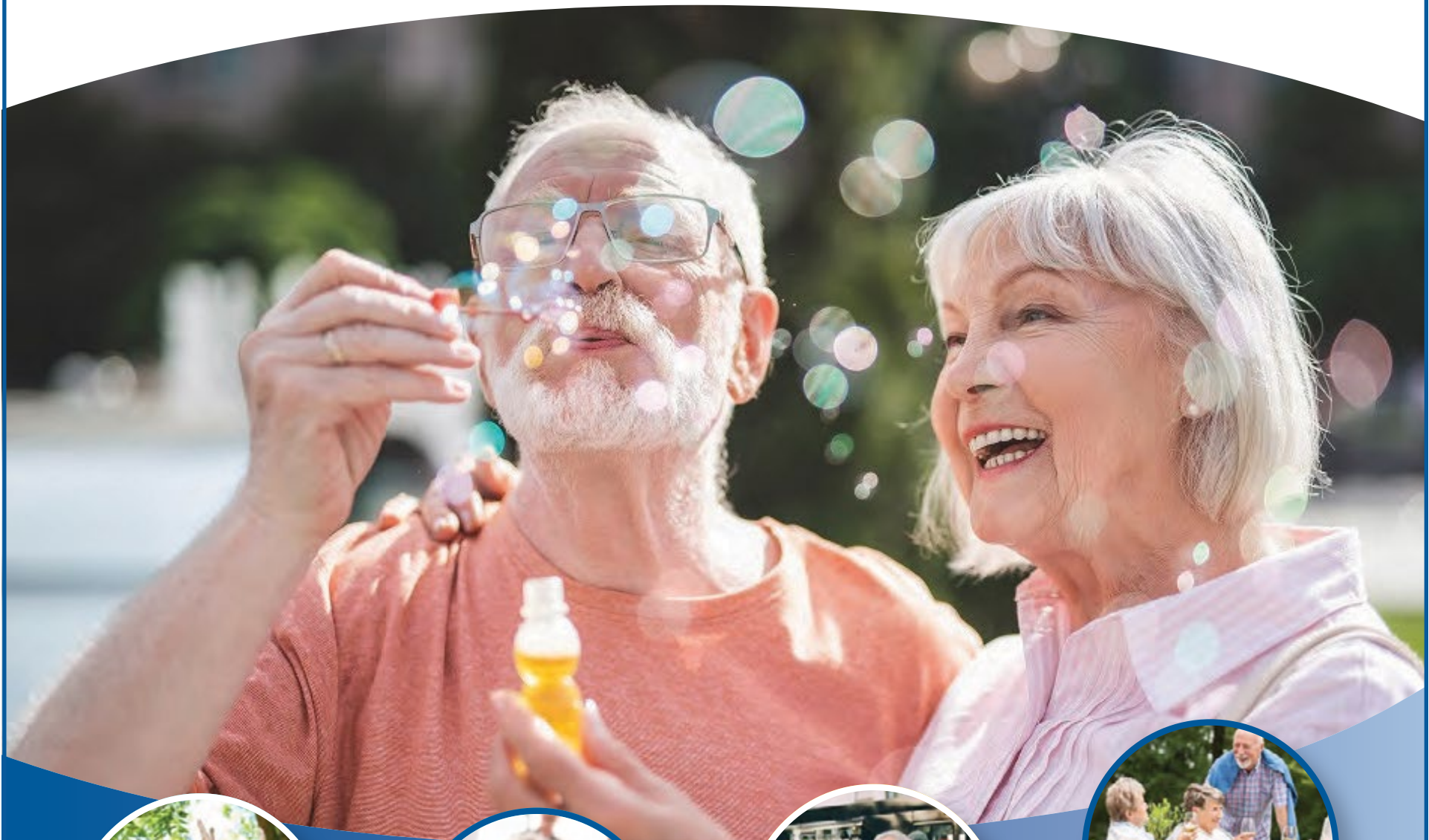
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# Fun Facts & Events for November

BY RUTH BERNHARD-DREISS

This month the clock falls back one hour when Daylight Savings Time ends on November 5th. Veterans Day is celebrated on November 11th and Thanksgiving Day comes on November 23rd.

The birthstones for November are Topaz and alternately Citrine. The flower is the Chrysanthemum and zodiac signs are Scorpio (11/1-11/22) and Sagittarius (11/23-11/30).

Some very notable persons were born in this month, British Prime Minister Winston Churchill is said to be the most famous. Others are folk hero Daniel Boone, scientist Marie Curie, artist Georgia O’Keeffe, astronaut Alan Shepard, cartoonist Charles Schulz, and author Mark Twain.

A dozen of the most magical spots to see fall foliage in the world are:  
Aspen, Colorado; Otago, New Zealand; Stowe, Vermont; Napa Valley, California; Five Flower Lake, China; Brugge Belgium; Denali Mountain, Alaska; Seoul, South Korea; Highlands, Scotland; Fuji, Japan; Lake of Two Rivers, Ontario, Canada and Cape Town, South Africa. Having traveled to Brugge and Denali Mountain, I can say that these places are the most breathtaking at any time.

Some events of note are the opening of the Erie Canal on 11/4/1825 and the Suez Canal on 11/17/1869. Abraham Lincoln delivered the Gettysburg Address on 11/19/1863. The United States and Canada celebrate the end of WWI every year on 11/11/1918. Today we call it Veterans Day. elections are held in the US on the first Tuesday after the first Monday in November. The third Thursday of November is the Great American Smokeout when smokers are encouraged by the American Cancer Society to stop smoking on this day.

# HOLIDAY CONCERT

**Annual Resident *Holiday Concert***


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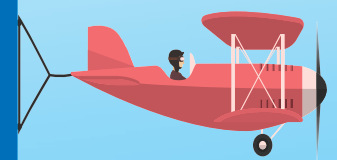
- Do not drink reclaimed water.
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**Gary J. Drucker**



# Century Village Class Schedule

## NOVEMBER 2023

NOVEMBER CLASSES GO ON SALE MONDAY, OCT 16

DECEMBER CLASSES GO ON SALE MONDAY, NOV 20

### Class Registration Information

Classes are for Residents Only

Register Prior to the Start of the First Class

Register for Classes from Mon to Fri 9 to 12 & 1 to 4:15 in Class Office, located in the Ticket Office

PAYMENTS by CASH or CHECK ONLY.

Make checks out to W.P.R.F., Inc. - \$25.00 Service Charge on all Returned Checks

No Refunds after first class unless class is cancelled

No New Registrations after the end of the 1st Class

All Classes are subject to change, cancellation or modification

Room Location Subject to Change or Modification

Please do not rearrange the tables and chairs in any room

Please call Class Office with questions: 561-640-3120 option 0

Masks may be required for some classes at the Instructor's discretion

(\*\*\*) This symbol indicates Materials Needed. Please Purchase Materials Prior to Start of First Class.

If you are interested in teaching a class come into the Ticket Office Monday thru Friday, 9 to 12 and 1 to 4 to see Melissa at the Class Office Desk. 561-640-3120 option 0

### MONDAY CLASSES

Course Name	Start Date	Time	Cost	# Weeks	Room	Materials	Instructor
CREATIVE CANVAS							classes run 11/6, 11/13 & 11/27 no class 11/20
	11/06/23	6 to 8:30 pm	\$45 for 3 week class		Art Room	smock	Benita Tucker

Come in and create 3 different paintings on 3 Mondays in a relaxed atmosphere. Teacher will supply acrylic paints and a canvas with a pre-drawn pattern. Bring a smock to protect your clothes.

Class Dependent on Minimum Class Size

### TUESDAY CLASSES

Course Name	Start Date	Time	Cost	# Weeks	Room	Materials	Instructor
TAI CHI FLOW							classes run 11/7 thru 11/28
	11/07/23	1:00 to 1:45	\$25	4	Hastings Aerobic		Jerry Ziffer

Come in to learn Tai Chi. Class dependent on minimum class size.

| STAINED GLASS FOR BEGINNERS |  |  |  |  |  |  | classes run 11/7 thru 11/28 |
| 11/07/23 | 10 am to 12 pm | \$25 | 4 | Stained Glass |  | Pete Grobman |

**Description:** Create stunningly beautiful objects with colored glass. The possibilities are endless!

Beginning students will obtain supplies and tools from the teacher.

MASKS REQUIRED DUE TO SIZE OF ROOM. Space is limited for this class

### WEDNESDAY CLASSES

Course Name	Start Date	Time	Cost	# Weeks	Room	Materials	Instructor
LINE DANCE REVIEW							class has no end date
	No Sign-Ups Needed	9:30 to 11:30	FREE		Party Room		Janine Fitzgerald

**Description:** Review and learn the dances you'll enjoy at the Friday Night Dances.

No Sign-up needed, just walk right in prepared to have fun!

| PRACTICAL SPANISH BEGINNER/INTERMEDIATE |  |  |  |  |  |  | classes run 11/1 thru 11/29 |
| 11/01/23 | 10:15 to 11:15 | \$50 | 5 | Class Room A | \*\*\* | Beverly Dolgin |

Take lessons in Situational Spanish. Class dependent on minimum class size.

\*\*\* bring pen and notepad

| ESL - ENGLISH AS 2ND LANGUAGE BEG/INT |  |  |  |  |  |  | classes run 11/1 thru 11/29 |
| 11/01/23 | 11:30 to 12:30 | \$50 | 5 | Class Room A | \*\*\* | Beverly Dolgin |

Learn English as your second language. Class dependent on minimum class size. \*\*\* bring pen and notepad

BALLROOM DANCE BEGINNER							classes run 11/1 thru 11/22
THIS CLASS TAKES PLACE IN HASTINGS AEROBIC ROOM \*\* See 1st page for proper footwear							
	11/01/23	4 to 5 pm	\$25	4	Hastings Aerobic		Natalia Bragarnik

Learn Ballroom & Latin Dances with a Professional Dancer/Teacher. Includes: Waltz, Swing, Fox-Trot, Tango, Salsa, Merengue, Cha-Cha-Cha, Rumba, Quick-Step & Samba!

BALLROOM DANCE INTERMEDIATE							classes run 11/1 thru 11/22
THIS CLASS TAKES PLACE IN HASTINGS AEROBIC ROOM \*\* See 1st page for proper footwear							
	11/01/23	5 to 6 pm	\$25	4	Hastings Aerobic		Natalia Bragarnik

Learn Ballroom & Latin Dances with a Professional Dancer/Teacher. Includes: Waltz, Swing, Fox-Trot, Tango, Salsa, Merengue, Cha-Cha-Cha, Rumba, Quick-Step & Samba!

### THURSDAY CLASSES

Course Name	Start Date	Time	Cost	# Weeks	Room	Materials	Instructor
CANASTA FOR BEGINNERS							classes run 11/2, 11/9, 11/16, 11/30 (no class 11/23)
	11/02/23	10 am to 12 pm	\$20	4	upstairs lobby		Diane Andelman

Description: Come in and learn to play this exciting card game!

Class Dependent on Minimum Class Size - Spots are Limited

| STAINED GLASS FOR BEGINNERS |  |  |  |  |  |  | classes run 11/2, 11/9, 11/16, 11/30 (no class 11/23) |
| 11/02/23 | 1 - 3 pm | \$25 | 4 | Stained Glass |  | Pete Grobman |

**Description:** Create stunningly beautiful objects with colored glass. The possibilities are endless!

Beginning students will obtain supplies and tools from the teacher.

MASKS REQUIRED DUE TO SIZE OF ROOM. Space is limited for this class

### SATURDAY CLASSES

Course Name	Start Date	Time	Cost	# Weeks	Room	Materials	Instructor
SELF HAVENING MEDITATION							class has no end date
	No Sign-Ups Needed	11 am to 1 pm	FREE		Card Room B		Regina Wilson

Havening is a psychosomatic technique a person can use to remove the emotionally traumatic or stressful components of the memory of a traumatic or stressful life event. Learn how to let go of upsets by creating a sense of wellbeing and safety. This is a FREE Class. No sign up needed.

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WHERE: Meeting Room C

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Please be prepared to present your AARP Card and Drivers License on the Day of the Class

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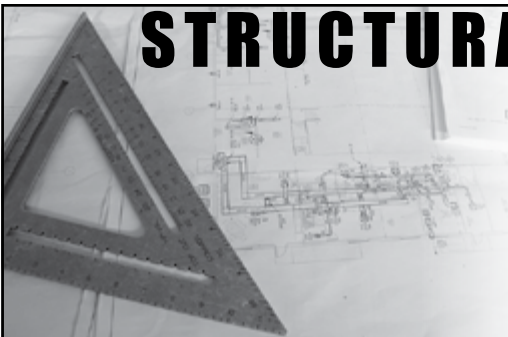
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# Keeping Us Safe From Pathogens and Food-Borne Illnesses

BY MELANIE HOFFMANN  
CERTIFIED PLANT-BASED NUTRITION SPECIALIST

**Pathogens in our food can be deadly.** When we hear the phrase “food-borne illness”, most of us probably think of food poisoning where we might have a stomachache, vomiting and maybe some diarrhea. Where we would be sick for a day and then it passes, and we go on with life. And we probably have all experienced that at some point.

But illness from pathogens found in our food can actually be much more serious. They can lead to hospitalization, organ failure, kidney disease, brain damage, and even death. The pathogens that are most common are E. Coli and Salmonella. They are found in the meat, poultry, and eggs we eat. And sadly, they can also be found on produce.

**What is being done to protect us from these pathogens?** Turns out, not much. While there are many government agencies, both locally and federally, that are tasked with regulating food systems, there seem to be many areas that lack regulation at all. For example, it’s perfectly legal for companies to knowingly sell meat that contains pathogens. The assumption is that the consumer will cook the meat properly to make it safe to consume.

There are also no regulations for livestock and poultry farms, how animals are raised, or the conditions in which they are kept. Most of these practices are done literally behind closed doors. My opinion is that if people got a peek behind those closed doors and saw where the meat they are eating really comes from, there would be a lot less meat consumption. But that’s a topic for a different day.

Because there are so many agencies involved, all who oversee different products and different points in the food production process, when an outbreak does emerge, no one really steps up to take responsibility. The system is set up perfectly for finger pointing and passing blame. And unfortunately, we are the ones that suffer.

**How is produce being contaminated by these pathogens??** This was the biggest question I had. Turns out, it’s from water contamination from livestock waste. Yup, that means animal poop containing these pathogens is running off into water supplies that are being used to water crops. Gross. And while there are government regulations in place concerning animal agriculture waste, it is not widely enforced.

To clarify, this is not the case for all produce. It mostly pertains to

produce farms that are located in close proximity to where livestock is being raised. The example in the film was Yuma, Arizona. Yuma is home to one of the largest exporters of leafy greens, not only within the US but around the world. These fields happen to be in close proximity to where cattle are being raised for slaughter. Now we can see why contaminated romaine lettuce or spinach can have such an impact and make so many people sick.

We can learn lessons from Europe. It seems that there are actually things that lawmakers can do to protect us. Europe has made regulations to expand testing at the farm level to ensure that pathogens do not make their way onto consumers’ plates. And because of this, people will find pathogen-free labels on meat sold in grocery stores. This gives people the peace of mind that what they are bringing home is safe.

**What can we do to protect ourselves?** Until changes are made (and there are people devoting their lives to this!), there are things that we can do to protect ourselves:

- I will never promote eating animal products. However, if you do choose to eat them, make sure you are cooking all meat and eggs thoroughly and to temperature. Never eat raw or undercooked meat, poultry, or fish.
- Avoid cross contamination. By bringing raw animal products into your kitchen, you are increasing your risk of food borne illnesses. Even if cooking the meat properly, you could spread the pathogens from the raw meat onto countertops, utensils, and your hands. Be sure to wash your hands and clean any surfaces that come into contact with the raw meat thoroughly.
- Wash all produce before consuming to remove as many contaminants as possible. Like with meat, cooking produce helps in killing pathogens, however with produce like lettuce, that we typically eat raw it’s important to wash well before eating. This applies to both organic and conventionally grown.

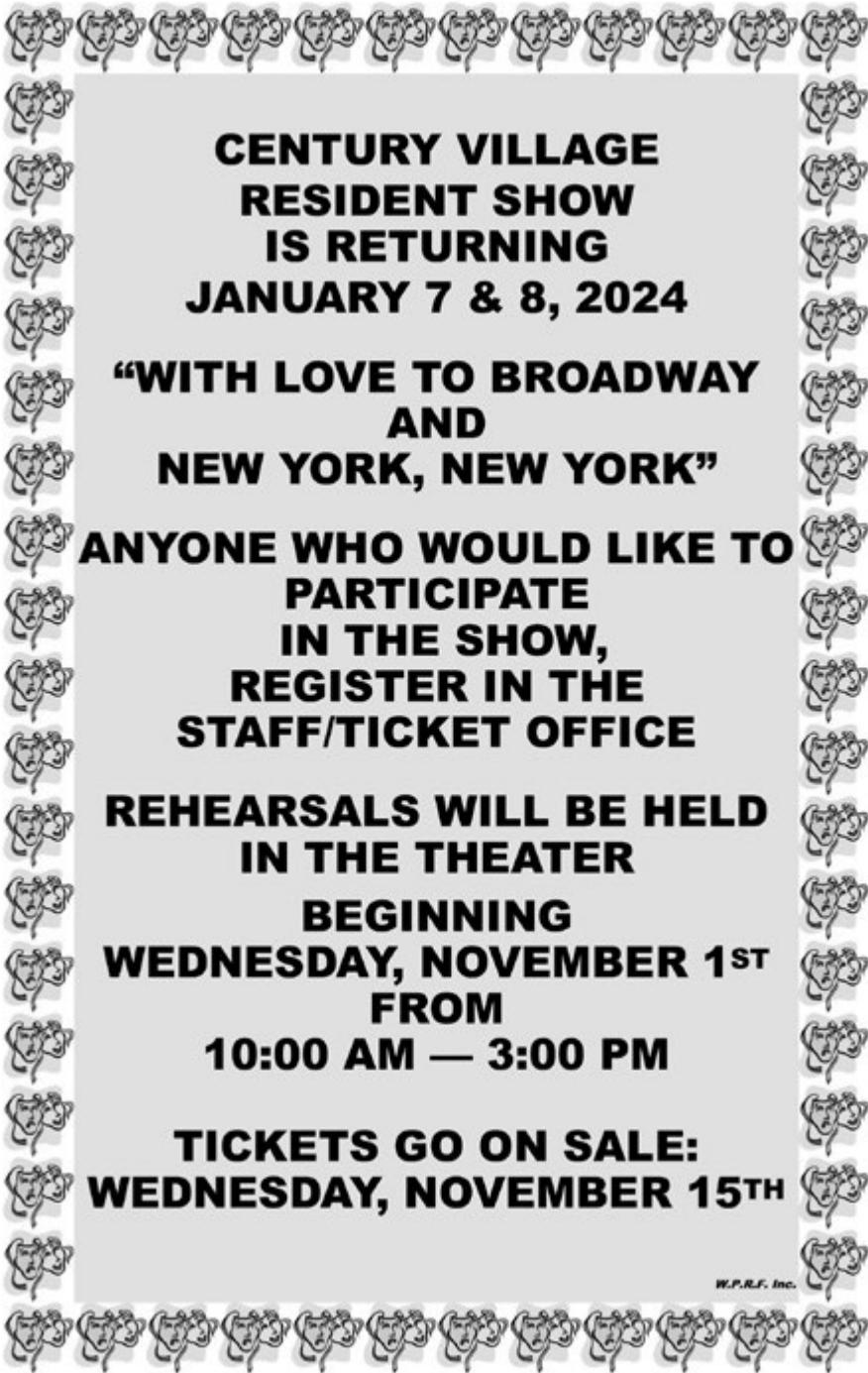
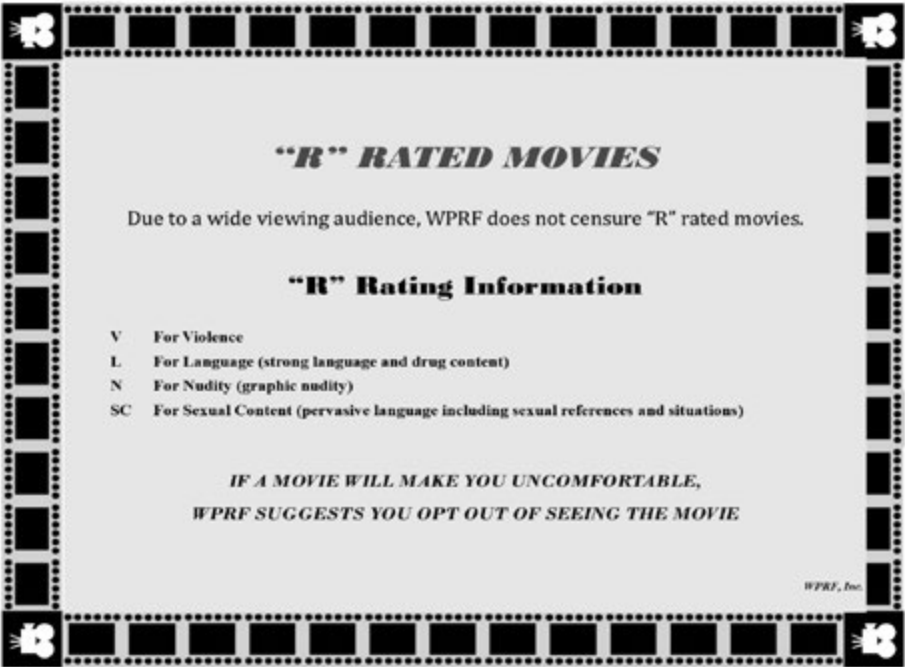
**My takeaway** When the experts are asked what they avoid eating, none of them say meat. I was surprised by this. The common answers were romaine lettuce, bagged salad, sprouts and cantaloupe. Being that animal agriculture is the source of these food-borne pathogens, I assumed there would be someone featured who would advise against consuming it all together.

I think a great job is done in highlighting the weaknesses in food regulation and exposing the dangers of these pathogens found in animal products. However, I think a huge opportunity to focus on reducing meat consumption is missed. Yes, pathogens are found in produce and this contaminated produce makes us sick as well. However, if we deal with the issue of the main source of these pathogens (the animals), it would take care of

the pathogens found on the plants we eat too.

In my opinion, this is an area in which profits are valued more than the lives and wellbeing of people. It’s sad and makes me very frustrated. We put our trust in companies, and government agencies to do the right thing for us. But instead they continue to fail us.

We deserve better, and so do the animals.





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LIST YOUR'S TODAY!			DORCHESTER C	Fully Furnished. Garden View. Central A/C. Near Pool. Well Taken Care Of.	COMING SOON
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# LUNCH WITH LENORE

BY LENORE VELCOFF

**THE BEES KNEES**  
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This review is written with the opinion of my friend, Joyce.

This new restaurant is part of a chain and has diner-type food with some twists. They serve breakfast all day. Joyce decided on one of their 17 choices – the breakfast pizza (mozzarella blend, baby spinach, prosciutto, hollandaise, sunny-side up eggs). Maybe you might have liked breakfast tacos (3 corn tortillas topped with scrambled organic eggs, green jalapeño, diced tomatoes, pickled onions, cheddar cheese) or toast royale (sourdough, smashed avocado, feta, smoked salmon, organic poached eggs, fresh basil). My choice would have been avocado benedict (rustic bread, avocado, ripened tomatoes, 2 poached eggs and smoked cheddar hollandaise). Maybe something from their salad menu or their flatbreads may have been more your style. One interesting selection is fig & prosciutto (fig jam, gorgonzola, prosciutto di parma, baby arugula).

On to the sandwiches, such as



falafel burger (wild mushrooms, red onion, shaved brussels sprouts and spicy tzatziki) or a big foot hotdog, such as tropical (roasted pineapple, potato sticks, herb mayo). They have six shareables, blistered shishito peppers (parmigiano, citrus, vegan sriracha aioli), three kinds of soup, six main dishes roasted cauliflower steak (curried chickpea ragu, pickled raisins, gremolata) or sweet & spicy salmon (coconut rice, stir fry vegetables) and three unusual sides like fontina mac & cheese (english peas, bacon) roasted mushrooms (mushrooms, olive oil, salt) disco fries (rosemary, parmesan, cheddar cheese, bacon).

Once again, no room for dessert. Maybe I will see you there the next time I go out to lunch.







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- The ability to speak several languages is an asset, but the ability to keep your mouth shut in any language is priceless.
- Be decisive. Right or wrong, make a decision. The road is paved with flat squirrels who couldn't make a decision.
- Happiness is not having to set the alarm clock.
- When I get a headache I take two aspirin and keep away from children just like the bottle says.
- Becoming an adult is the dumbest thing I've ever done.
- If you see me talking to myself, just move along. I'm self-employed. We're having a meeting.
- Today's 3-year-olds can switch on laptops and open their favorite apps. When I was 3, I ate mud.
- Tip for a successful marriage: Don't ask your wife when dinner will be ready while she's scrubbing the kitchen floor.
- I didn't make it to the gym today. That makes five years



- in a row.
- I decided to stop calling the bathroom "John" and re-named it the "Jim". I feel so much better saying I went to the Jim this morning.
- Old age is coming at a really bad time.
- If God wanted me to touch my toes, he would have put them on my knees.
- Why do I have to press one for English when you're just going to transfer me to someone I can't understand anyway?
- The Commandments for Seniors:
- You don't need anger management. You need people to stop pissing you off.
- Your people skills are just fine. It's your tolerance for idiots that needs work.
- "On time" is when you get there.
- Even duct tape can't fix stupid – but it sure does muffle the sound.
- It would be wonderful if we could put ourselves in the dryer for ten minutes, then come out wrinkle-free...and three sizes smaller.
- Lately, you've noticed people your age are so much older than you.
- "One for the road" means peeing before you leave the house



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**UCO ELECTIONS – MARCH 1, 2024**

POSITIONS TO BE FILLED

UCO PRESIDENT  
TWO (2) VICE PRESIDENTS  
CORRESPONDING SECRETARY  
RECORDING SECRETARY  
TREASURER

TEN (10) EXECUTIVE BOARD MEMBERS

"All candidates for office must be unit owners and be in residence in Century Village for a period of not less than nine (9) months of each year during the term in which he or she serves." (UCO Bylaws 2020)

Candidates must submit their biographies and their statement of intent to run by January 12. Send bios to [ruthdreiss14@gmail.com](mailto:ruthdreiss14@gmail.com)

Nominations from the floor at Delegate Assembly meeting – February 2. For additional information, read UCO Reporter, UCO Bylaws, or contact your UCO VP.

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# Nutrition and Health

## Autumn Spices

BY JEANIE W. FRIEDMAN, MS RD LD/N

Autumn is one of my favorite seasons. The temperature starts to come down (in south Florida even a few degrees is very welcome!) and it sets the mood for the approaching holidays. Autumn also means holiday spices like cinnamon or ginger have their time to be in the spotlight. Did you know these spices and some others can also offer some health benefits?

### Cinnamon

Cinnamon is a fragrant and rich spice that most everyone is familiar with. It is found in breakfast cereals and many desserts. Researchers believe, from some studies conducted, that cinnamon may help with lowering blood sugar levels.

#### How to Add it in Foods:

- Sprinkle some over your oatmeal
- Add cinnamon to your pancake waffle mix before adding liquid ingredients.
- Cinnamon gives baked sweet potatoes or sweet potato fries an extra layer of flavor. To limit fat, bake the fries!
- Meats like chicken, beef, or pork can also work with a dry cinnamon-based seasoning before cooking.

### Ginger

Ginger is another ubiquitous spice, usually very popular during the fall and winter seasons, and very common in many Asian cuisines. It has a zesty kick to it and has a pleasant scent. Ginger has been used for thousands of years for nausea or other gastrointestinal issues like diarrhea. Some studies show it may help with motion sickness. It also contains antioxidants, which can help protect cells from damage.

#### Ways to Add Ginger in Food:

- Fresh or frozen minced ginger is so wonderful in many recipes, especially stir fry dishes, soups, or smoothies.
- Grated ginger in an Asian-style salad dressing would give your greens a little more zing.
- Powdered ginger can give baked goods, like gingerbread or pancakes, a pleasant and warm flavor.
- Fresh or frozen ginger in a hot tea.

### Cardamom

Cardamom is a herb related to ginger. It is found in some parts of Asia and is featured prominently in Indian cuisine. Cardamom is used in both sweet and savory dishes.

Preliminary research shows some anti-inflammatory benefits.

#### How to Add Cardamom in Food:

- This spice goes very well with chicken or salmon.
- Breads and other baked goods are especially popular ways to include it.

### Turmeric

Turmeric is a popular spice, found in many Indian curries. Highly flavorful, it sports a beautiful, vivid shade of yellow. Based on research studies, it is thought to reduce inflammation. It may even help manage pain from arthritis.

Turmeric can stain clothing or counter tops and other surfaces easily, so use caution when using it. Ways to Add in Food:

- In addition to curries, try some as part of a rub mixture for vegetables or meat
- Add turmeric to tacos

Keep in mind that spices are not replacements for medications that your doctor has prescribed for you. They can be part of your healthy diet, adding flavor to vegetables and foods without a lot of salt, fat, or



sugar, per the guidelines provided by your health care practitioner. On that note, remember to consult your doctor first before taking any supplements or changing your diet to be sure there are no interactions with your current medications or adverse effects on your medical conditions.

*Jeanie W. Friedman is a Registered Dietitian and nutritionist licensed in the State of Florida. This article is intended for educational purposes only and is not intended as a substitute for consultation with your health care professional.*

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## Old Time Radio



# Tired of the “EVERYDAY GRIND?” If you really want to ESCAPE, here is a great alternative to the daily grind of TV fare.

BY STEW RICHLAND

Radio has often been called "The Theatre of the Mind." Few series from the Golden Age of Radio rivaled Escape in the ability to combine acting, scripts, music, direction, and sound effects to transport the audience anyplace in the world, or in some cases, out of this world, and place them in the middle of impossible situations.

Escape hooked the audience from its unique opening, which had gradually evolved over time into an anonymous Voice (which became known as The Voice of Escape) that was soothing, but at the same time somehow dangerous that asked some seemingly innocuous questions:

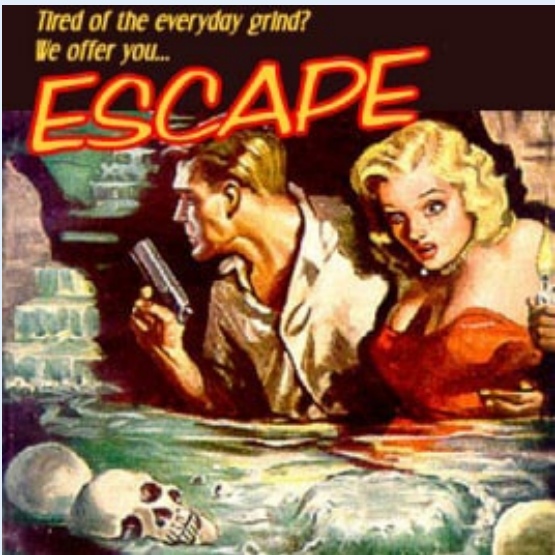
Tired of the everyday grind?  
Ever dream of a life of ... romantic adventure?  
Want to get away from it all?  
We offer you ... ESCAPE!  
This was the famous opening line of the extremely popular radio

the Scarlet Queen, Broadway is My Beat), Georgia Ellis (Gunsmoke), Frank Lovejoy (Nightbeat), Hans Conreid, Jeanette Nolan, Jay Novello, Jack Edwards, Joan Banks, Parley Baer (Gunsmoke), Paul Frees and Peter Leeds. And that's only a few of the dozens of radio actors who were a part of the greatest high adventure series on radio."

Escape featured a superb mix of adaptations of novels and short stories and original scripts. The initial run of Escape began in July 1947 and featured adaptations of classic and contemporary fiction that set the standard for quality scripts that would be the hallmark for Escape. Four adaptations of classic stories by Rudyard Kipling –“The Man Who Would Be King”, Joseph Conrad’s “Typhoon” and stories by Robert Louis Stevenson and Arthur Conan Doyle. Through the end of 1949, the stories aired on Escape were almost exclusively adaptations of classic and contemporary fiction. Three radio adaptations had their first airings on the series, “Leiningen versus the Ants,” “A Shipment of Mute Fate,” and “Three Skeleton Key” would terrify and captivate audiences .

Here are just a few examples: Science Fiction – “The Time Machine,” “Mars is Heaven” and “The Outer Limits.” Westerns- “Command” and “Wild Jack Rhett”; Espionage – “The Great Impersonation” and “Confidential Agent.”

“Sorry, Wrong Number” was its most popular and successful episode and was aired several times. It’s a fairly simple tale of a woman trying to call her husband’s office at night to check in and find out when he’s coming home. The telephone switchboard wires get crossed somehow and she ends up



listening in on a conversation she definitely should not be hearing. There are some unintended consequences, and this story has another ending that will leave you a little bit shocked

“The Thing On the Fourble Board” which was aired in 1948 is widely regarded as the finest piece of radio horror to ever hit the airwaves. It starts fairly slowly, with a man, Porky, describing working on an oil rig derrick. His friend comes to join him for some pork chops, and they discover something that comes up from the bottom of the earth. This story was designed to give listeners goosebumps and featured the most chilling “voice” ever heard on a radio broadcast.

“Tanglefoot” was a tale that deals with the classic horror niche of giant insects. A plumber finds a way of growing a common fly to giant proportions. It’s cute at first, as a pet, but as you can imagine, things get out of hand very quickly. The sound effects are so realistic that you feel that the insects are really in your house plus the eerie music that was played in the background provided the extra shock and shivers.

“House In Cypress Canyon” tells a story of a young couple, new to the Los Angeles area, and needs a house to rent. They stop by a

realtor’s office, find a place they like and move in. All seems well, until they find a locked closet that has no key. They write it off, but in the middle of the night they hear noises , seemingly emanating from the closet. After closer inspection.... and that’s where I’ll stop and let you listen to the episode yourself. (All these stories can be found on Old Time Radio internet downloads.)

Radio Life Magazine wrote, “These stories all possess many times the reality that most radio writing convey”, it hit the nail on the head. This is a quality show in every way.

At the reading for the final episode, “The Heart of Kali”, on September 25, 1954, announcer George Walsh said, “Next week,” the audience was not treated to the usual music bridge used to proceed the teaser for the next week’s episode of Escape. Instead, the theme of the series that Escape had filled in for those last twelve weeks rose in volume and became recognizable. It was the theme from Gunsmoke. Walsh turned the microphone over to Gunsmoke star and frequent Escape voice and performer, William Conrad who told the audience, “Today, marks the last of the current series of Escape programs....” Conrad then told the audience that Gunsmoke would replace Escape.

With this announcement, one of the finest anthology series in Radio history ended. However, since so many Escape episodes have survived, future generations of listeners can still be transported to exotic locales for “...a half hour of high Adventure...” and be placed in situations “from which there is .... no Escape!” Without costing a dime, all of the episodes can be easily found on “Old Time Radio” streaming and download sites.



William Conrad

drama “Escape.”

The best radio actors appeared on the show week in and week out. Some of the greats associated with the show include William Conrad (Gunsmoke), John Dehner (Have Gun Will Travel), Jack Webb (Dragnet), Elliott Lewis (Voyage of

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# NOVEMBER 2023 ENTERTAINMENT



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Sat., November 11 at 8 pm  
**Balancing Act - Jayne Curry  
Does It All!**  
A Hilarious Musical-Comedy About  
Keeping It Together



Sat., November 18 at 8 pm  
**Rhythm Is Gonna Get  
Ya! The Gloria Estefan  
Experience**  
Get Ready For Powerhouse Erika Najibo &  
The Rhythm Machine Band As They Belt Out  
Favorite Estefan Hits



Sat., November 25 at 8 pm  
**Music My Father Taught Me  
Starring Peter Lemongello, Jr.**  
The Most Explosive Singer/Dancer To  
Emerge In Forty Years!  
All programs are subject to change  
and/or modification.



## MOVIE SCHEDULE •• NOVEMBER 2023 MOVIES ••

When available, new movies will be presented with captions on the first 1:45 showing on Sunday. No charge for residents.

Sun. November05 1:45 pm

**THE COVENANT, R, 2 HOURS, 3 MIN.**

**(RATED R FOR VIOLENCE, LANGUAGE & SOME DRUG USE.)**  
Jake Gyllenhaal stars as an American soldier who finds himself honor-bound to embark on a dangerous mission to rescue the local interpreter who once saved his life. Best known for directing British gangster films and the Sherlock Holmes franchise, Guy Ritchie adds heartfelt depth to his dynamic cinematic style in this intense Afghanistan war thriller. The film also stars Dar Salim and Sean Sagar.

Sun. November 05 6:30 pm  
Mon. November 06 6:30 pm  
Sun. November 12 1:45 pm

**MOVING ON, R, 1 HOUR, 25 MIN.**

**(RATED R FOR LANGUAGE.)**  
Jane Fonda and Lily Tomlin, whose comedic collaboration began 40 years ago with the hit movie 9 to 5, team up once again in this hilarious story of revenge and renewal. When two former friends reconnect at the funeral of a mutual pal, they decide to embark on a quest to take down her rotten, no-good husband. Along the way, they also rebuild their friendship and ruminate on the strength it takes to age gracefully. Malcolm McDowell stars as the object of their ire.

Sun. November 12 6:30 pm  
Mon. November 13 6:30 pm  
Sun. November 19 1:45 pm

**MAFIA MAMMA, R, 1 HOUR, 41 MIN.**

**(RATED R FOR BLOODY VIOLENCE, SEXUAL CONTENT AND LANGUAGE.)**  
A mild-mannered suburban woman is thrust into the center of a deadly Italian mob war when she unexpectedly inherits her grandfather's mafia empire. Hilarity ensues when, with the guidance of "the family's" trusted consigliere, she defies everyone's expectations and successfully transitions from mom to Don. This film stars Toni Collette, Monica Bellucci, Sophia Nomvete, Francesco Mastroianni and Alfonso Perugini.

Sun. November 19 6:30 pm  
Mon. November 20 6:30 pm  
Sun. November 26 1:45 pm

**BIG GEORGE FOREMAN, PG-13, 2 HOURS, 9 MIN.**

George Foreman rose to stardom as a boxing champion and indoor grill entrepreneur, but this film paints a fuller picture of his remarkable life. An impoverished childhood motivates young George to become a successful boxer, but a near-death experience prompts him to retire and become a preacher. When financial hardships hit his family and church, he steps back into the ring to become the oldest heavyweight champion in history. This film stars Khris Davis, Jasmine Mathews, Sullivan Jones and Forest Whitaker.

Sun. November 26 6:30 pm  
Mon. November 27 6:30 pm

**LOVE AGAIN, PG-13, 1 HOUR, 44 MIN.**

Fresh from his long-standing, iconic role as Jamie Fraser, the swashbuckling Scottish Highlander in The Outlander television series, Sam Heughan stars opposite Priyanka Chopra Jonas in this romantic comedy. While grieving the death of her fiancé, a young woman continues sending romantic texts to his phone, not realizing the number has been reassigned to a journalist who becomes enchanted by her messages. The film also includes a cameo and music by Céline Dion.

*(Continued in December)*

### "R" Rated Movies

**"R" Rated (under 16 requires accompanying parent or adult guardian).**

**Additional ratings for this movie are:**  
**V for Violence**

**L for Language** (strong language and drug content)

**N for Nudity** (graphic nudity)  
**SC for Sexual Content** (pervasive language including sexual references and situations)

An "R" rated motion picture, in the view of the Rating Board, contains some adult material. An "R" rated motion picture may include adult themes, adult activity, hard language, intense or persistent violence, sexually-oriented nudity, drug abuse or other elements. Due to a wide viewing audience, WPRF will not censure "R" rated movies. **Therefore, if you find any of the above offensive, WPRF suggest you "OPT OUT" of seeing this movie.**

Entertainment information is provided by W.P.R.F.  
Any questions regarding Clubhouse entertainment should be directed  
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# SAVE THE DATES

2023-2024 Season

CV West Palm Beach

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November 4, 2023



November 11, 2023



November 18, 2023



November 25, 2023



December 2, 2023



December 9, 2023



December 16, 2023



December 23, 2023



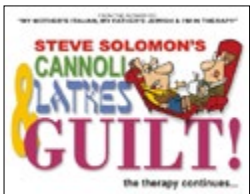
December 30, 2023



January 2, 2024



January 6, 2024



January 11, 2024



January 13, 2024



January 18, 2024



January 20, 2024



January 23, 2024



January 27, 2024



January 30, 2024



February 1, 2024



February 3, 2024



February 10, 2024



February 13, 2024



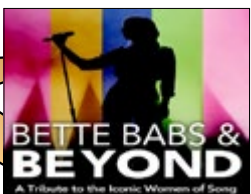
February 17, 2024



February 22, 2024



February 24, 2024



March 2, 2024



March 5, 2024



March 9, 2024



March 14, 2024



March 16, 2024



March 19, 2024



March 23, 2024



March 28, 2024



March 30, 2024

All programs are subject to change and/or modification without notice.

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