
Manager's Report
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U.C.O. www.unitedcivic.org **REPORTER**

Garbage & Recycling
Collection Guidelines

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VOL. 43 ISSUE 2 • OFFICIAL PUBLICATION OF UNITED CIVIC ORGANIZATION OF CENTURY VILLAGE, WEST PALM BEACH, FLORIDA • FEBRUARY 2024



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REMINDER
DELEGATE MEETING
Friday 2/2/24
9:30AM in the Theater

Email articles & comments:
ucoreporterwpb@gmail.com

*The President's
Report will
return next
month.*

IMPORTANT TELEPHONE NUMBERS

During COVID-19, temporary hours:

UCO OFFICE

HOURS 9-12 MON-THUR – FRI 12-3PM

FOR BAR CODES & GATE PASSES

HOURS 9:30-11:30 MON-THUR – FRI 12:00-2:30PM

UCO REPORTER

HOURS 9-12 MON-THUR – FRI BY APPT

UCO OFFICE	683-9189
HOURS 9 - 1PM - MON -THUR. • FRI. - 12 - 4PM.	
UCO REPORTER.....	683-9189
HOURS 9 - 1PM - MON-THURS • FRI.-BY APPT.	
VISITORS CALL IN.....	689-1759
WPRF CLUBHOUSE.....	640-3120
HASTINGS CLUBHOUSE	687-4875
CV SECURITY	689-0432
POLICE/FIRE/AMBULANCE	911
COMMUNITY SERVICES	211
WEST PALM HOSPITAL.....	842-6141
ST. MARY'S HOSPITAL	844-6300
VA HOSPITAL	422-6838
GOOD SAMARITAN HOSPITAL.....	655-5511
JFK MEDICAL CENTER.....	965-7300
WELLINGTON REGIONAL	798-8500

**Missing ID's can interfere
With the issuance of new ID's.**

**The following ID's must be
turned into the ID Office.**

- Previous Tenant ID's
- Previous Owner ID's
- All expired Guest ID's
- Personal Aide ID's

**For your convenience put your ID's in an
envelope with your phone number and drop in the
WPRF drop box in the Staff Office.**

Lost your Century Village ID Card?

Check Lost & Found in the Staff/Ticket Office
(Located in Clubhouse near elevator)

• ID not turned in?

- o Go ID Office: Weekdays: 9:00 am – 4:00 pm closed 12:00 pm – 1:00 pm
- o \$25.00 Replacement ID, refundable if lost ID found within 30 days.
- o Pay by cash / check only)

• If ID Office Closed:

- o Go to the Staff/Ticket Office for a Temporary paper ID \$5.00 (applied to cost of new ID).

• How to enter CV without CV ID card:

- o Present one of the following documents to gain access to the community:
- o Deed o COA o Lease
- o Driver's License o Utility Bill with CV address

Resident: Your name/unit address must be on all documentation

Please note:

The UCO Candidates Forum will be held in the Clubhouse Meeting Room C on **Thursday, February 8, 2024, between 1:30 and 3 p.m.**

Palm Beach County Commissioner Gregg Weiss will moderate the forum.

U.C.O. REPORTER

The Official Newspaper of Century Village

UCO Office, 2102 West Drive

West Palm Beach, FL 33417

Tel: 561-683-9189

Send email & photos to:

ucoreporterwpb@gmail.com

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Fri: By Appointment

Your Volunteer Staff, UCO Reporter

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Richard Handelsman

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Production.....OPS

Circulation..... Glow, Inc.



The UCO Reporter

2102 WEST DRIVE, WPB

New Telephone Number for

UCO Reporter Staff

(561) 683-9189

UCO OFFICERS

President David Israel

Treasurer Edward Grossman

Vice Presidents

Patricia Caputo Domenic Guarnagia

Stew Richland Fausto Fabbro

Corresponding Secretary

David Boas

Recording Secretary

JoAnne Robinson

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Diane Andelman

Kate Benoit

Michael Bunk

Marilyn Curtis

Maureen Debigare

Ruth Dreiss

David Forness

George Franklin

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Richard Handelsman

Laura Hanley

Kelly Janssen

Jackie Karlan

Bobbi Levin

Joyce Reiss

Flora Simpson

Jeffrey Skene

Gerry Sutofsky

Gloria Tart

Mary Walsh

EDITORIAL POLICY

The UCO Reporter promises to continue its long held beliefs that this publication will print articles to inform our residents of the important issues concerning our Village. We promise to seek the truth and to print both sides of an issue, to open dialogue to inform our readers, not to create controversy.

We promise to listen to your concerns and to treat all our residents with courtesy and respect. Your opinion is valuable to us and will be considered in our decision for publication. These are the criteria for publication:

LETTERS TO THE EDITOR: Letters to the Editor should be limited to 250 words, and must be e-mailed (ucoreporterwpb@gmail.com) to the Reporter by the 7th of the month prior to publication. Your opinions are important to us, but please refrain from gossip, innuendo, nasty or inflammatory remarks. Letters deemed to be inappropriate, inflammatory or libelous will be returned by the Staff for revision or removal. All letters must include the name, address and phone number of the author. No letters from UCO Reporter staff will be published. They may however have the opportunity to submit an opinion article also limited to 250 words.

ARTICLES: Articles for inclusion should be limited to 500 words, e-mailed (ucoreporterwpb@gmail.com) to the Reporter by the 7th of the month prior to the month of publication. All articles will be limited to one per writer. The topic of your article is of your choosing, but the Staff has the discretion to edit it with your approval or reject it based on the above stipulations. All articles must include the name, address and phone number of the author.

The UCO Reporter is a monthly publication distributed within Century Village in West Palm Beach. It is the official publication of Century Village. For advertising information, please call 561-683-9189. The UCO Reporter assumes no responsibility for the workmanship or services rendered by advertisers. It is recommended that you confirm they are licensed prior to using their services. Check any references they supply. Editorial and Advertisement submissions are welcome, but subject to editing at the publisher's discretion and publisher may decline to publish any submission. Facts and statements expressed in the editorial content are not necessarily those of the UCO Reporter. All content is copyrighted and may not be reprinted, copied or reproduced without written permission from the Publisher. ©2015.

EDITORIAL

Now that we have entered a new year, we have a UCO website, replacing the former blog which had been compromised and a security risk to your computer. Many thanks are due to JoAnne Robinson who implemented the new site for us which is up and running. Visit www.unitedcivic.org for up-to-date postings and information. And don't forget the inhouse channels 590, 591 and 592 for notices, meetings and movies.

If you are in need of a Breezeline appointment and are given one for more than 2-3 days away, contact Fausto at the UCO office for assistance.

Our last Delegate Assembly was well attended with 148 delegates and/or alternates signed in. Of our 349 delegates, representing 309 associations (some associations are entitled to more than one vote), 201 did not attend. Where some associations were entitled to more than one vote, only one delegate or alternate attended. Is your association representing you? Please attend delegate meetings and bring back information to your unit owners.

We are coming closer to elections now.

Remember the date - March 1st. There

will be a runoff for President (two are

running), 2 Vice Presidents

(4 are running) and 10 Ex-

ecutive Board members (14

are running). So far, the

Treasurer, Recording Sec-

retary and Correspond-

ing Secretary are

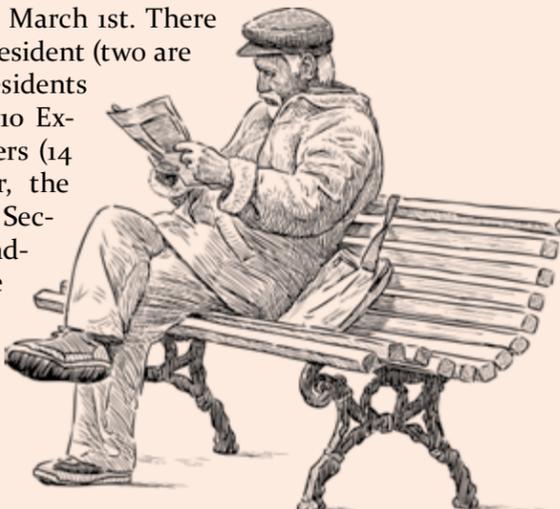
running unopposed.

Nominations from

the floor on Febru-

ary 1st could change

that.



by Ruth Dreiss,
Editor-in-chief
UCO Reporter

FEBRUARY 2024

UCO Committee Meetings

FRI 2	DELEGATE ASSEMBLY	9:30 AM	MCH AUDITORIUM
FRI 2	SECURITY	1:00 PM	CONF RM
TUE 6	TRANSPORTATION	1:30 PM	CONF RM
WED 7	PROGRAM & SERVICES	1:00 PM	ON HIATUS
THU 8	COP	9:30 AM	MCH RM TBD
FRI 9	CERT	1:00 PM	MCH RM TBD
TUE 13	ADVISORY	1:00 PM	ON HIATUS
WED 14	BROADBAND	1:00 PM	ON HIATUS
THU 15	BIDS/INFRASTRUCTURE	12:00 NOON	CONF RM
TUE 20	INSURANCE	1:00 PM	CONF RM
WED 21	BEAUTIFICATION	1:00 PM	ON HIATUS
THU 22	OFFICERS	12:00 NOON	CONF RM
FRI 23	EXECUTIVE BOARD	10:00 AM	MCH MTG RM C
TUE 27	OPERATIONS	1:00 PM	MCH MTG RM C
WED 28	FINANCE	1:00 PM	CONF RM

Committee Meetings are Subject to change. Check with Committee Chair for updates/cancellations

Committee Members and Officers preferred. Limited seating available.

Masks for attendees requested

UCO OFFICERS' REPORTS



Dom Guarnagia

vicepresident2@unitedcivic.org

Cambridge • Canterbury
Chatham • Dorchester
Kent • Northampton • Sussex

Well, we are finished with all the "Happy Holidays" for a while. Unhappily, greetings still remain as winter's temper, regarding the opportunity to utilize the pools and probably brief trips to the shores are not on the agenda. Perhaps a trip to the electric power station to view the manatees gathered in the discharging warm waters can replace those. It's a scarce treat for young and old. This is one science and other things to be found, where

the fun-filled caged and roaming specimens can be hand fed.

Also, here at "home" winter projects are brought forward for repairs and embellishments, both indoors and on the "grounds" with the accent on "we," since lawn mowing is a part for contractors and part of that mowing is performed a given number of times, using our hoses required for, pumping "reclaimed" H₂O from the lakes, lagoons and ponds.

Are you considering changing the color of the sidewalls and trim exterior walls, or replacing aged (less than 20 years) roofing and downspouts? There are contractors, whose work is inspected by Palm Beach inspectors who will take one or more trips to visit the job and check the work done to assure that the proper material was used and applied securely, where necessary, so that all work and materials are correct, as requested.

All work and no play will be gauged by "work to be done" and assure that methods and materials used meet the additions and changes. Enjoy the coming climate and do those things that you have to do shortly....Good luck!



Stew Richland

vicepresident1@unitedcivic.org

Andover • Bedford • Golf's Edge
Greenbrier • Kingswood • Oxford
Southampton • Dover

How are your Association goals coming along? Do you feel your Association is not running efficiently and you don't know why? Maybe it is a lack of leadership and a lack of knowledge on how to run a Condo Association. Does your Association

suffer from absentee board membership? Are Board members that are in residence fearful of making decisions, so they do not act at all? This is why your UCO Vice Presidents are always available to help and make your decision-making less stressful by providing Associations with various strategies to resolve your concerns.

If your Association is always having problems, take the courses that are always available, contact UCO and we will try to point you in the right direction. There really is no secret weapon that Associations can adopt to resolve all of your concerns. As UCO has constantly reminded residents at the Delegate Assembly meetings, or through articles in the UCO Reporter, UCO's aim is to help you find your way down the "Yellow Brick Road," in order to ensure that your Association goals and issues are resolved. Use us. You won't be sorry.



Patricia Caputo

vicepresident4@unitedcivic.org

Coventry • Easthampton
Norwich • Plymouth
Sheffield • Stratford • Waltham

Election time is just around the corner. Hopefully everyone's bios are in to run for the office of your choice. It's good to see that people are stepping up to the plate. I would suggest that Associations do the same with their Boards. It is imperative that you take your responsibilities seriously. There are people coming into the office stating there are no Officers or Directors around to assist them. Know your bylaws and declaration.

As most of you know, I am a woman with integrity, honesty, sincerity and scruples. I have in the past, and will continue to see anyone in this community, even though I may not be their quadrant Vice President. I was a legal secretary for over 35 years. However, this does not qualify me as an attorney. I will not jeopardize UCO by giving legal advice, nor will my peers. The only reason UCO has functioned efficiently last year is due to the fact that the officers worked together diligently in the absence of President, David Israel, who was recovering from a serious fall.

On this note, I strongly urge the Associations to elect Fausto Fab-

bro as President. He has shown the community that he is knowledgeable, and very helpful to the Associations. Many of the delegates have expressed their gratitude for the way he handles the Delegate Assembly, as well as other meetings.

The first position I held was that of a receptionist. Being a Vice-President has allowed me to learn how UCO functions. I would suggest that if you want to run for Vice President or President, it would be more effective for you to volunteer to help in the office first, or to Chair a Committee before attempting to set your goals higher. Having served two years as a VP, I am running again and based on my qualifications, I ask that you vote for me again on March 1.

I recommend David Boas as Corresponding Secretary. He is always willing and able to help where needed. As many of you are aware, he was one of the Vice Presidents in UCO and did an outstanding job as such.

What can I say about the Vice Presidents that you don't already know? They are there for you. Last, but certainly not least, I am recommending JoAnne Robinson for the position of Treasurer. She has been a Business Manager during her career and understands how the office of Treasurer should be run. She works diligently to continue to improve communication between UCO and the community and has made major improvements with channels 590, 591 and 592. She would like to hear from the community about what they might be interested in seeing on those channels. Her education earned her an Accounting Degree from NYU. Please make sure to give her your vote.

Thank you and God bless you.



Fausto Fabbro

vicepresident3@unitedcivic.org

Berkshire • Camden
Hastings • Salisbury • Somerset
Wellington • Windsor

I was elected as a VP in 2015. As a new officer, no direction was given to me with the rules to follow. I was simply charged to find out what UCO does. This is your quadrant to answer questions and if you are not sure, ask another VP. My first task was to help Ted Herrle, the UCO CAM (property manager) at the time. After several months working with him, he left CV. I was given the task of performing his job until a new CAM could be found. This task lasted 6 or 7 months. The president did ask if I wanted

to train to be a CAM. I did not accept this proposal and remained a VP, serving my quadrant and others, as needed. At this time, Donald Foster was given the opportunity and became our CAM. Over the next several years, I spent time with officers Ed Black, Domenic Guarnagia, and others, to learn as much as possible how to serve the Village better.

I attend annual classes to update myself on FS 718 and 617. Three years ago, we had five notaries in the office, some passed away, others moved on. So I became a notary to serve the Village. I have spent countless hours on committees working on security, transportation, cable and other contracts. Where am I now? I oversee the front office, bar codes and gate passes, address issues with AMR and Breezeline, plus work with association issues.

Three years ago, I became financial advisor to the UCO Reporter. The paper had many accounts owing money. Together with Ruth, our editor-in-chief and Chris, our bookkeeper, we collected outstanding money, wrote new contracts and with the officers, instituted sound business practices. We now have just a few dollars in money owed. For 2023, the paper was ahead \$14,000, so that the unit owners do not have to cover newspaper expenses.

I'm usually in the office five days a week, ready to help anyone who comes with questions or concerns. In the absence of President David Israel, I have been running the Delegate Assembly monthly meetings, plus acting Chair of committees when he was not available. In the upcoming UCO elections, I am running for President and hope that based on my qualifications and experience, you will vote for me. I am prepared to serve you well.

Please be sure to visit our new website at www.unitedcivic.org. This is a work in progress. More information will be added daily.

HAPPY VALENTINES DAY!

ATLANTIC BROADBAND STORE NOW OPEN

5400 Fairway Street (between Bedford and Southampton sections)

Hours: 11:00 AM to 5:00 PM
Monday thru Friday

Property Manager's Report

UCOMAINTENANCE@GMAIL.COM | UCOGARBAGE@GMAIL.COM



By Donald Foster,
LCAM

CONDO ASSOCIATION HOUSEKEEPING- With a start of a new year, and with most Associations having all or most of their Directors in residence, now is a good time for CV Boards to check up on or catch up with what I like to call

“ASSOCIATION HOUSEKEEPING”:

ANNUAL FILING- Each year, CV Associations must send an Annual Filing to the Florida Division of Corporations. The deadline for making these Annual Filings is May 31. Usually, this is handled by the Association’s Property Manager, after their Annual and Organizational Meetings, but I have been coming across instances of some annual filings not happening, resulting in CV Associations being listed as “administratively dissolved” by the Division. CV Directors and unit owners can easily check up on this filing by using the Florida Sunbiz website’s search feature:

<https://dos.myflorida.com/sunbiz/search/>

If an Association is listed as administratively dissolved, this can be easily fixed by filing a Request For Reinstatement, and paying a filing fee. The Association’s property manager or attorney can help with this. It is also a good idea to use this website to check on the Association Directors that are listed, to make sure that this list reflects the actual Directors.

ASSOCIATION BOARD VACANCIES- CV Association Boards sometimes experience vacancies, due to resignations, sale of units, or deaths. The Association’s Property Manager or Attorney can help with filling a vacancy on the Board, and also with filing an Amended Annual Report with the Florida Department of Business and Professional Regulation (DBPR).

ASSOCIATION BOARD RESIGNATIONS- CV board members sometimes resign from their positions before their terms are completed. When this happens, it is a good idea for the former board member to send an **Director/Officer Resignation Form** to DBPR, to make sure

that the ex-Director is relieved of fiduciary duty to the Association and the Membership. The cost for filing a Director/Officer Resignation Form is \$35.00. To receive a blank copy of this form, please send an email request to:

UCOMAINTENANCE@GMAIL.COM.

UCO OFFICER AND DELEGATE FORMS- Each CV Association Board is expected to submit an “**OFFICER, DELEGATE AND CERT CONTACT FORM**” to UCO. This form serves three important functions:

- Advises UCO of current officers of each CV Association.
- Advises UCO of the Association’s representative(s) to the UCO Delegate Assembly, which is UCO’s Board of Directors.
- Advises the CV CERT (Community Emergency Response Team) of the Association’s CERT contact.

This form should be kept current- the UCO Office staff use it to contact CV Associations and to determine which CV unit owners are authorized to sign in and vote at the monthly UCO Delegate Assemblies. In addition to naming the Association’s Delegate(s), alternate Delegates can also be listed on the form, and there is no limit to the number of alternates that can be listed on the form. Blank forms are available at UCO, or it can be sent via email by sending a request to: UCOMAINTENANCE@GMAIL.COM.

UNREGISTERED AND INOPERABLE VEHICLES- We continue to find vehicles parked on Association properties with expired registration tags, or no license plates at all. We also see cars that are smashed up, are leaking oil, or have flat tires. Allowing these vehicles to remain on property violates Association bylaws, and presents serious liability and Community safety concerns. Allowing storage of unregistered vehicles is also a violation of Palm Beach County Code:

“It shall be unlawful for any owner of land in any residential district to park on, cause to be parked on, or allow to be parked on residentially

zoned land any unlicensed or unregistered vehicle.”...”It shall be unlawful for the owner or occupant of a building, structure or property to utilize the premises of such property for the open storage of any motor vehicle which is inoperable and in a state of Disrepair.” PBC Ordinance 2007-013, 2019-005, 2019-034.

CV Association board members, or their Property Managers, should periodically check their parking areas for these violations and make every effort to resolve them. Unresolved code violations can result in an association being assessed for fines.

TOWING CONTRACTS- Many CV Associations have allowed their towing contracts to expire. Each Association’s towing contract must be renewed annually. There is no charge for having a current towing contract, and a contract must be in place if an Association needs to tow a car. Blank towing contracts are available at UCO, or can be sent via email by sending a request to: UCOMAINTENANCE@GMAIL.COM. These contracts must be filled out, signed by a board member, have association seal affixed, and returned to Sisters Towing, 6907 Southern Boulevard. It is also required that all CV Associations have code-compliant towing signs installed on their properties. Property Managers can help with placement and installation of these signs.

NO TRESPASSING SIGNS- A number of CV Associations participate in the PBSO Business Partnership Program, which allows Associations to post PBSO “**NO TRESPASSING**” signs on their properties. These signs, when properly installed, allow police officers to remove unwanted persons from private property. Participation in this program requires filing an application and affidavit; these must be renewed every other year. Copies of the PBSO application and affidavit are available at UCO, or send an email request to: UCOMAINTENANCE@GMAIL.COM.

END OF REPORT

The State of Florida Requires all Contractors to be Registered or Certified.

**Be advised to Check License Numbers with the State by Calling
1-850-487-1395 or on the Web at myfloridalicense.com**



By John Hess

The dry season in South Florida lasts from October until April. Mother Nature must have a new schedule or we should get ready for a really wet rainy season. PBSO

Security

Traffic Control has been helping control speeding, although there seems to be an increase of electric bicycles going relatively fast on the perimeter walkway. Please be careful. Walkers stay alert, as well as bikers. Make your presence known when passing the pedestrians. The rules

may change for electric bikes concerning speed limits -- be careful -- we have enough rules already.

Stay Safe - See Something Say Something!



By Eva Rachesky

Dear Residents,
Season is upon us which translates into 14,000+ residents in the Village. I have little "spats" popping up in different areas of the rec facilities and find I need to remind everyone that the

facilities are shared or multi-use. I am asking everyone to exercise patience and good manners when trying to work through any situation. Please feel free to reach out to me by phone (561-640-3120, opt# 5) or come upstairs and we can discuss how to resolve the issue at hand.

As many have noticed, pallets of pavers have been sitting on the Kent Pool deck for several weeks. The pavers will be used to create a perimeter

around the pool itself. Normally it would extend four feet from the pool, but due to the numerous cracks on the Kent deck, the pavers will extend approximately 8.5 feet from the pool. This work should commence the last week in January or the first week in February. Please use any of the other 9 pools offered by WPRF, and I thank you all in advance for your patience.

It has been brought to my attention that large groupings of books are disappearing from our lending library and greatly depleting our offerings. It seems the groupings of missing books are some of the most popular authors. I can't help but think these books are being taken and sold. If anyone has witnessed the person(s) that might be responsible, please drop the information in the WPRF payment box anonymously. Security has also been asked to

keep a close eye on the goings on in the library. Again, I thank anyone that steps forward with the pertinent information.

I would like to thank our Friday Night Dance patrons, as the reports being submitted by the Usher Captains are telling me things are going smoothly and fighting over the dance floor has all but ceased. For those making the conscious effort to ease prior tensions... I sincerely thank you. Keep up the positivity and gracious behavior...it is greatly appreciated!

Please remember, when using any of the rec facilities, WPRF ID cards must be presented when asked for by Staff or Security personnel. Cards cannot be loaned or copied and will be confiscated when found.

Thank you, stay safe and enjoy your season!

WPRF News

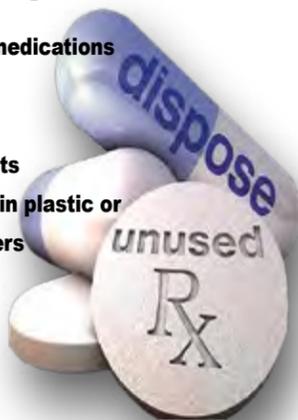
OPERATION PILL DROP

DROP OFF YOUR UNWANTED PRESCRIPTION DRUGS!

Keep prescription medicine away from
our children and out of our water

YES - Accepted

- Over-the-counter medications
- Prescriptions
- Vitamins
- Medications for pets
- Liquid medication in plastic or leakproof containers
- Samples
- Lotions
- Ointments

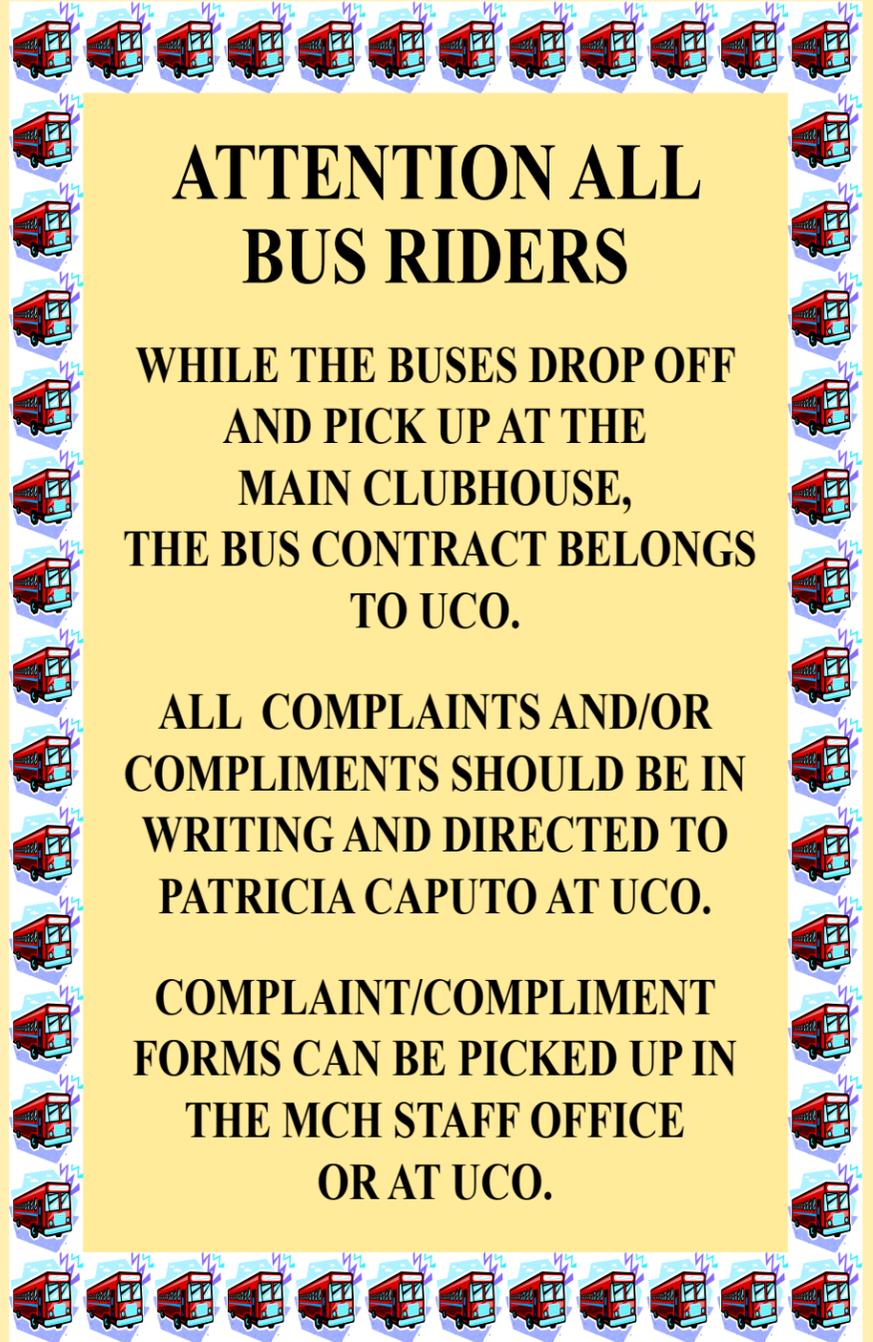


NO - NOT Accepted

- Thermometers
- Bloody or infectious waste
- Medication from businesses or clinics
- Hydrogen peroxide
- Aerosol cans
- Inhalers
- Medication in glass containers
- Electronic or battery operated medical devices
- Batteries
- Perfumes/colognes
- Kitchen/bathroom hand soaps
- Body washes/shower gels

Century Village Clubhouse
Friday April 5th
9 am to 2 pm

For further information
Call UCO Office
561-683-9189



ATTENTION ALL BUS RIDERS

**WHILE THE BUSES DROP OFF
AND PICK UP AT THE
MAIN CLUBHOUSE,
THE BUS CONTRACT BELONGS
TO UCO.**

**ALL COMPLAINTS AND/OR
COMPLIMENTS SHOULD BE IN
WRITING AND DIRECTED TO
PATRICIA CAPUTO AT UCO.**

**COMPLAINT/COMPLIMENT
FORMS CAN BE PICKED UP IN
THE MCH STAFF OFFICE
OR AT UCO.**

NOTARY SERVICE AT UCO

Two UCO Officers, David Boas and Fausto Fabbro, have qualified as Florida Notaries. UCO will be able to offer this service to CV residents during UCO Office hours, Monday through Thursday, 9:00 AM to 12:00 Noon and Friday, 12:00 Noon to 3:00 PM. Please note that this service is offered to building associations only to notarize building documents -- no personals.

CERTIFICATE OF APPROVAL (COA) DEFINITIONS:

PURCHASE WITH OCCUPANCY

Unit has been purchased and owners will live in unit.

DEED TRANSFER WITH OCCUPANCY

Deed has been changed by adding or signing unit over to a person who will live in unit.

LIFE ESTATE WITH TENANCY

Owner on deed is deceased and unit is left to person who will be living in the unit.

PURCHASE WITHOUT OCCUPANCY/NON-RESIDENT OWNER

Unit has been purchased and owner will not be living in the unit. No WPRF ID will be issued.

DEED TRANSFER WITHOUT OCCUPANCY/NON-RESIDENT OWNER

Deed has been changed by adding/signing unit over to person who will not be living in unit.

No WPRF ID will be issued.

LIFE ESTATE WITHOUT TENANCY/NON-RESIDENT OWNER

Owner on deed is deceased and unit is left to person who will not be living in unit.

No WPRF ID will be issued.

OCCUPANCY

Person living in unit who is not listed on the deed and does not rent.

EXTENSION OF OCCUPANCY

Additional year approval for occupant living in the same unit previously approved by board. WPRF approval based on level of "hardship" circumstance.

RENTAL

Person who rents and has valid lease.

RENTAL EXTENSION

Additional year for current renter previously approved by board.

WPRF approval based on level of "hardship" circumstance.

CENTURY VILLAGE RESIDENTIAL CONTAINERIZED GARBAGE AND RECYCLING COLLECTION GUIDELINES

SERVICES PROVIDED:

- Garbage – 2X/week
- Bulk (furniture & appliances) – 1X/week (Friday)
- Recycling – 1X/week (Wednesday)
- During peak season months (November 1 through April 30) the hauler will provide two (2) times a week recycling collection service at no additional charge
- Upon request, an Association may have an extra garbage pick-up (or larger dumpster) each week for an additional monthly fee

IMPORTANT INFORMATION TO KEEP COSTS AS LOW AS POSSIBLE:

- Garbage ONLY should be placed into the dumpster
- A resident, contractor or handyman must never place construction debris or bulk items in the dumpster
- Should you see anyone placing construction debris in a garbage dumpster call your Board representative or Property Manager immediately.
- To avoid any collection disruption, all remodeling construction debris (wood concrete, kitchen cabinets etc.) is required to be removed by your contractor or handyman each day. You do not pay for

construction debris removal. Waste Pro is not required to remove construction debris..

- Yellow Recycling Container - paper and cardboard ONLY
- Blue Recycling Container - plastic, aluminum and glass containers ONLY
- Bulk items (furniture, appliances, etc.) MUST be placed next to your dumpster on the evening before your scheduled collection service day. Items placed out after the truck services your location on Fridays will not be removed until the following week's bulk collection day.

THANK YOU

SOLID WASTE AUTHORITY OF PALM BEACH COUNTY

TRASH PICKUP SCHEDULE:

Monday and Thursday: Andover, Bedford, Camden, Chatham, Dorchester, Greenbrier, Kent, Kingswood, Northampton, Somerset, Southampton, Sussex, Wellington and Windsor.

Tuesday and Friday: Berkshire, Cambridge, Canterbury, Coventry, Dover, Easthampton, Hastings, Norwich, Oxford, Plymouth, Salisbury, Sheffield, Stratford, Waltham.

Monday, Thursday and Saturday: Golf's Edge.

Bulk Pickup: Friday for all areas. It is not a pleasant sight to see the bulk trash out all week, so please remember to put your bulk trash out late Thursday evening or very early Friday.

Recycling: Wednesdays and Saturdays for all areas. Recycling is on Wednesdays only from May to October.



WHERE TO GO

W.P.R.F.:

- WPRF ID CARDS: RESIDENT/ TENANT/OCCUPANT/PERSONAL AIDE/GUEST
- THEATER TICKET SALES
- SIGN UP FOR CLASSES
- ORDER WPRF COUPONS

MAKE WPRF PAYMENTS/SIGN UP FOR AUTO DEBIT

ROOM RESERVATIONS FOR CLUBS / GROUPS

PASSES FOR FISHING/SAILING/ WOODSHOP/STAINED GLASS

PICKUP COPIES OF HAPPENINGS/ BUS SCHEDULES/REPORTER/JEWISH JOURNAL/NOSTALGIA MAGAZINE

U.C.O.:

- BARCODES
- GATE PASS
- INVESTIGATIONS
- PLACE ADS IN THE REPORTER

BUS SCHEDULES/ISSUES

SECURITY EAST/WEST GATE/ ROVERS

SPEAK TO QUADRANT LEADER

*UCO ACCEPTS NO PAYMENTS

Minutes Delegate Assembly

January 5, 2023

The meeting was called to order by Acting Chairperson, Fausto Fabbro, at 9:30 AM.

148 Delegates/Alternates were present representing a quorum.

The minutes of the previous meeting were accepted as presented.

Lt. Shannon Hood, PBSO, led the Assembly in the Pledge of Allegiance.

Lt. Shannon Hood, PBSO, presented the law enforcement report. Only 7 traffic citations were given out, along with several verbal and written warnings during the month of December. The good news is that there were no reports of fraud for the month. Only one accident with an injury and only one report of vandalism. There were 130 calls for service that resulted in 30 cases being written up.

Al Pulvinate – Palm Beach County Union Fire Fighter 2928, wished everyone a Happy and Healthy New Year, and wanted to remind us that we need to stay hydrated during the warm weather.

Fausto Fabbro, UCO VP, reminded the Assembly that we want to go back to protocol. When you come up to the microphone, please state your name, your building and whether you are a Delegate or not. If you are not a Delegate and you want to address the body that is done during the “Good of the Order.”

NEW BUSINESS

Bobbi Levin – UCO Election Nomination Committee, Chairperson, asked that everyone read the flyer in the Agenda package regarding making nominations from the floor. Also, there will be a Candidates Forum on February 8th.

OFFICERS REPORTS

Stewart Richland, UCO VP more and more people are moving into the Village and not participating in their associations.

Patricia Caputo, UCO VP reported that over

time, new bus stops have been added and that we cannot add every stop that every rider wants.

Domenc Guarnagia, UCO VP reported that he is back after an extended absence and glad to be here.

JoAnne Robinson, UCO Recording Secretary, reported that “David’s Blog” has been hacked and is now a security issue, and will no longer be supported. A new website has been initiated – www.unitedcivic.org that will replace the old blog. The old standing Communications Committee will be restarted to encompass the website, the TV channels and the UCO Reporter. Send any comments or suggestions to cvtvadmin@unitedcivic.org.

David Boas, UCO Corresponding Secretary, reminded us that the Residents Show is coming up and wants to encourage everyone to attend.

Ruth Dreiss, UCO Reporter, Editor-in-Chief, reported that the paper is ahead \$14,000 for the year. As a member of the Nominations Committee, she is the one that collects the bios. The deadline is next Friday, January 12, 2024 to get your bio in if you want to run for office. Also, the new website will be on the front cover of the Reporter in the future.

Donald Foster, UCO LCAM reported that the non-TiVo Breezeline digital boxes will no longer support Video on Demand.

Ed Grossman, UCO Treasurer commented on the effectiveness of having cameras for security reasons. Since it’s the end of the year, we will be getting ready for the yearly audit. Regarding the financials, we had a small profit last month. On an annual basis, we had a small loss, which was anticipated.

Fausto Fabbro, UCO VP, reviewed the various activities that are performed by the staff at the UCO office.

Gregg Weiss, Palm Beach County Commissioner, reminded us that we can always contact him for any county related issues

at (561)355-2202. Also, as a member of the National Committee of County Commissioners, he represents Palm Beach County on an Artificial Intelligence Committee and would be glad to bring a forum on this subject to Century Village.

Derek Hankerson, Office of Congressman Brian Mast, advised that there is a Federal program regarding fraud that he would like to bring to Century Village. Fausto Fabbro advised that the mailbox at our Haverhill entrance was removed and asked for Derek to see what he can do to get it back for us.

Varisa Lall Dass, Commissioner, Port of Palm Beach, announced that a new company has purchased the cruise ship at the port and has announced a second ship will be added soon. Once the new ship arrives, she would like to arrange for a tour of the new ship.

Amy Ebersbach, from the office of the Palm Beach County Tax Collector, reminded us that a lot of transactions with her office can be done online. Also visit the kiosk at Publix to renew vehicle registrations.

Chief Alex Freeman, running for Palm Beach County Sheriff, gave us a brief description of his background and qualifications to hold this office. Also, promised if elected he would place a substation right inside Century Village to have officers available on site 24 hours a day.

Andrew Watt, office of Clerk of the Court, Palm Beach County, reminded us that witness addresses must be on any real estate transaction forms. Add your name to the “Fraud Alert” service offered by the county on their website – www.mypalmbeachclerk.com

Meeting adjourned at 10:45.

*Respectfully submitted by,
JoAnne Robinson
UCO Recording Secretary*

Delegate Assembly Attendance

Delegates Present January 5, 2023 Delegate Assembly

Andover	C, E, G, J, K, M	Kingswood	D
Bedford	A, F, G, J	Northampton	A, B, C, M, N, P, S
Berkshire	B, H, I	Norwich	A, M
Cambridge	C, D, E, F, G, I	Oxford	400, 700
Camden	B, D, I, K, L, O	Plymouth	S (1 of 2)
Canterbury	A, B, C, D, H	Salisbury	C, H, I
Chatham	B, C, D, E, F, G, H, N, Q, R, U	Sheffield	E, F, G, H, J, L, M, N, P, Q
Coventry	B, G, H	Somerset	A, C, D, G, K
Dorchester	C, D, G	Southampton	A (1 of 3), B, C (1 of 3)
Dover	(6 of 9)	Stratford	A, B, C, H, I, J, L, O
Easthampton	G, H	Sussex	E, H, J, M
Golfs Edge	(5 of 7)	Waltham	F, G, H, I
Greenbrier	B, C (1 of 2)	Wellington	A (1 of 2), D, E, F (1 of 2), G (1 of 2)
Hastings	E, F, H, I	Windsor	H (1 of 2), J (1 of 2), K, L (1 of 2)
Kent	B, C, E, H, I, M		A, D, E, F, I, K, L, P, Q, R



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The Corporate Transparency Act: What Is It and Does It Apply to Community Associations? Part 1

BY MARK FRIEDMAN, FLORIDA BAR CERTIFIED AS A SPECIALIST IN
CONDOMINIUM AND PLANNED DEVELOPMENT LAW

In 2021, Congress passed and the president signed the Corporate Transparency Act (“CTA”). Under these laws the federal government targets tax fraud, terrorism, and money laundering by requiring US-formed corporations, limited liability companies, and any entity that registers its formation with the state to report certain information about their beneficial owners to the Financial Criminal Enforcement Network (FinCEN).

The CTA is intended to disclose to FinCEN the persons who control the activities of smaller businesses. Those associations that are tax exempt (not simply not-for-profit), or which have more than 20 employees or annual gross revenues of over five million dollars are exempt from filing. If you think you may be exempt based on the foregoing, consult with your community association attorney and do not make this decision on your own as there are penalties, to be discussed in next month’s article, for failure to comply.

Associations will be required to report in an online filing beginning January 1, 2024 (now online). FinCEN has issued regulations concerning the information required to be provided, as follows:

- An entity required to report includes any entity that is a corporation, limited liability company (LLC), or any entity created by the filing of a document with a secretary of state or any similar office under the law of a state.

- Under the rule, a beneficial owner includes any individual who, directly or indirectly, either (1) exercises substantial control over a reporting company, or (2) owns or controls at least 25 percent of the ownership interests of a reporting company. The rule defines the terms “substantial control” and “ownership interest.” This clearly includes all members of a community association board and may also include the manager or managing entity.

- In defining who has substantial control, the rule sets forth a range of activities that would meet that standard. An individual can exercise substantial control if they have “substantial influence over important decisions” of the association. This will require a legal judgment concerning whether a manager or management company exercises “substantial influence” over an association’s activities.

- Associations created or registered before Jan-

uary 1, 2024, will have one year - until December 31, 2024 - to file their initial reports.

- Associations will have 30 days to report changes to the information in their previously filed reports and must correct inaccurate information in previously filed reports within 30 days of when the association becomes aware or has reason to know of the inaccuracy of information in earlier reports. This means that within 30 days of each election or appointment of a new trustee or director a report must be filed with FinCEN.

The form is now online. In next month’s article I will conclude the information on the filing that all associations must undertake, including the information required to be uploaded into their online form and the penalties for failure to comply.

Mark D. Friedman, B.C.S. is recognized by the Florida Bar as a specialist in Condominium and Planned Development Law. This article is intended for educational purposes only and is not intended as legal advice. If you require advice in complying with this new law, please consult your community association attorney before proceeding. Mr. Friedman may be reached at 561-820-2868.



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February Tax Talk

ANNE M. GANNON
CONSTITUTIONAL TAX COLLECTOR PBC

Dear Friends,

February is quite an exciting month around the tax collector's office. We have passed the halfway mark of this year's tax season and 86% of taxpayers have paid their property taxes. For those who have not yet paid, February offers a 1% discount if paid by February 29. Keep in mind that there is no discount offered in March so now is your last chance to save some money on your taxes.

February also marks the opening of the newest service center in Palm Beach Gardens where we will begin servicing our clients in a beautiful, spacious, and modern facility. After several years of planning and construction, we are thrilled to bring this newest facility to our clients in northern Palm Beach County. Look for next month's issue of Tax Talk when I will share some of the photos and details of the grand opening!

Introducing Pocketalk!

Serving you, is our commitment and goal with every interaction with our clients. And with that, we are pleased to announce an exciting new service is now available in all of our service cen-

ters - introducing Pocketalk.

The Pocketalk device is simple to use and is capable of translating more than 80 different languages. All you do is speak into the Pocketalk device and it converts the words into a text and audio translation in the desired language. Now our Client Service Specialists and clients can have 2-way conversations in the client's preferred language and the device will translate the message into English, and vice versa.

This new device has been a game changer for our teams in the service centers and during road tests. Now, during road tests, it allows us to provide the driver with the necessary commands in English that they will hear in their preferred language. Prior to Pocketalk, we had to rely on either an employee to translate, or the services of a translator when and if avail-

able. We are happy to say goodbye to those days and hello, bonjour, and hola to the introduction of this new technology. This is just another way we are delivering on our commitment to 'Serving You'... regardless of the language the client speaks.

Origami in the Garden

A beautiful new exhibit has unfolded at Mounts Botanical Garden. Origami in the Garden, created by Santa Fe artists Jennifer and Kevin Box, is an outdoor sculpture exhibition. It features 20 metal sculptures inspired by the Japanese art of paper folding. What better time to enjoy the beautiful grounds at Mounts than during the cooler winter weather? I hope you get a chance to stroll through the exhibit. Origami in the Garden is open now through May 12, during regular Mounts Botanical Garden hours.

Visit <https://www.mounts.org/origami-in-the-garden/> to purchase tickets: \$20 general admission; \$18 seniors 65 years +, college students, and military with ID; \$13 kids 6 - 17; free for children under 6. Admission is free for Mounts members and RAP (reciprocal program) members; must present membership card. Annual membership is \$60 for an individual or \$95 for a family. Visit <https://www.mounts.org/membership/> for more information. Admission is by credit/debit card ONLY.

Dispose Safely....the Hazards of Lithium Batteries

They are found in everything from electric toothbrushes, musical greeting cards, and even Tesla electric ve-

hicles, but do you know the dangers of lithium batteries if they are not disposed of properly? Lithium batteries are easily damaged once thrown out. When they are dropped, scraped, crushed, or punctured, the lithium inside can become exposed and create a fire hazard. When lithium combines with water, it produces highly flammable hydrogen and lithium hydroxide that produces a spark. If this happens inside a garbage/recycling truck or a solid waste facility, that spark can cause a fire. These fires can spread quickly and burn for weeks.

Lithium batteries can be properly disposed of at one of the seven Solid Waste Authority Home Chemical and Recycling Centers located throughout Palm Beach County. Many major retailers also offer free disposal of these batteries. For more information and examples of products containing lithium batteries, visit the Solid Waste Authority website, www.swa.org/lib.



February
 IMPORTANT DATES & HOLIDAYS

1	1% Property Tax Discount Begins
1	Tourist Development Tax Due
19	Presidents' Day - Tax Collector Offices Closed
29	Last Day to Receive 1% Property Tax Discount

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Obituaries

December 2023



<p>אברהם שלמה בן יצחק הכהן <i>Alan Adest</i> 1946-2023 12.31.23 כ' טבת תשפ"ד ת.נ.צ.ב.ה</p>	<p>אפרים בן יעקב חי <i>Alfred Ezekiel</i> 1927-2023 12.31.23 י"ט טבת תשפ"ד ת.נ.צ.ב.ה</p>	<p>אברהם יעקב בן מרדכי <i>Alan Goldberg</i> 1946-2023 12.1.23 י"ח כסלו תשפ"ד ת.נ.צ.ב.ה</p>	<p>יצחק בן שמואל <i>Eddie Frohman</i> 1942-2023 12.5.23 כ"ב כסלו תשפ"ד ת.נ.צ.ב.ה</p>	<p>ברוך בן סדני <i>Barry Steinholtz</i> 1945-2023 12.4.23 כ"ב כסלו תשפ"ד ת.נ.צ.ב.ה</p>	<p><i>Alfred Salim</i> 1965-2023 12.10.23 כ"ז כסלו תשפ"ד ת.נ.צ.ב.ה</p>
<p>יוסף בן צבי יעקב <i>Joseph Strick</i> 1931-2023 12.13.23 א' טבת תשפ"ד ת.נ.צ.ב.ה</p>	<p><i>Ashira Rabinowitz</i> 2003-2023 12.11.23 כ"ח כסלו תשפ"ד ת.נ.צ.ב.ה</p>	<p>רבקה בת יעקב הלוי <i>Ruth Levin</i> 1931-2023 12.25.23 י"ג טבת תשפ"ד ת.נ.צ.ב.ה</p>	<p>חנניה בן פנחס <i>Hanania Himy</i> 1942-2023 12.23.23 ה' חשוון תשפ"ד ת.נ.צ.ב.ה</p>	<p>חיה בילא מאשא בת יעקב ישראל <i>Betys Greenspon</i> 1952-2023 12.19.23 ז' טבת תשפ"ד ת.נ.צ.ב.ה</p>	<p><i>Mark Niven</i> 1935-2023 12.25.23 י"ג טבת תשפ"ד ת.נ.צ.ב.ה</p>
<p>ברוך חיים יואל אפרים <i>Bruce Weisz</i> 1953-2023 12.23.23 י"א טבת תשפ"ד ת.נ.צ.ב.ה</p>	<p><i>Martin Segal</i> 1936-2023 12.14.23 ב' טבת תשפ"ד ת.נ.צ.ב.ה</p>	<p>גולן קהלני בן מזל ושלום <i>Golan Kahalani</i> 1970-2023 12.23.23 י"א טבת תשפ"ד ת.נ.צ.ב.ה</p>	<p>ראובן בן דוב <i>Reuvans Koslowe</i> 1960-2023 12.27.23 ט"ז טבת תשפ"ד ת.נ.צ.ב.ה</p>	<p>אלטע פיגא בת חיים <i>Fani Leybovich</i> 1951-2023 12.23.23 י"א טבת תשפ"ד ת.נ.צ.ב.ה</p>	<p>יהודית בת טוביה <i>Judy Gilbert</i> 1931-2023 12.8.23 כ"ה כסלו תשפ"ד ת.נ.צ.ב.ה</p>
<p><i>Vivian Naimer</i> 1942-2023 12.25.23 י"ג טבת תשפ"ד ת.נ.צ.ב.ה</p>	<p>איטא בת חיים יעקב <i>Betty Blum</i> 1927-2023 12.15.23 ג' טבת תשפ"ד ת.נ.צ.ב.ה</p>	<p>ירחמיאל בן חיים זאב הכהן <i>Robert Jacobs</i> 1935-2023 12.13.23 א' טבת תשפ"ד ת.נ.צ.ב.ה</p>	<p><i>Myron Sherman</i> 1946-2023 12.24.23 י"ב טבת תשפ"ד ת.נ.צ.ב.ה</p>	<p>בערל בן אברהם <i>Bernard Hafter</i> 1945-2023 12.15.23 ה' חשוון תשפ"ד ת.נ.צ.ב.ה</p>	<p><i>Leslie Packer</i> 1947-2023 12.18.23 ו' טבת תשפ"ד ת.נ.צ.ב.ה</p>
<p><i>Steven Jurberg</i> 1951-2023 12.12.23 כ"ט כסלו תשפ"ד ת.נ.צ.ב.ה</p>	<p>ברכה בת שמואל <i>Brenda Thaler</i> 1966-2023 12.23.23 י"א טבת תשפ"ד ת.נ.צ.ב.ה</p>	<p>מרדכי בן מענדל <i>Monroe Kaufman</i> 1933-2023 12.24.23 י"ב טבת תשפ"ד ת.נ.צ.ב.ה</p>	<p>אפרים חיים בן פלטיאל אליאזר הכהן <i>Neil Ginsburg</i> 1972-2023 12.26.23 י"ד טבת תשפ"ד ת.נ.צ.ב.ה</p>	<p><i>Ronald Rosenbaum</i> 1937-2023 12.8.23 כ"ה כסלו תשפ"ד ת.נ.צ.ב.ה</p>	<p>יוסף בן אברהם <i>Jerry Luxenberg</i> 1933-2023 12.11.23 כ"ח כסלו תשפ"ד ת.נ.צ.ב.ה</p>



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Welcome Back! A Review of the Resident Show

BY JODY LEBEL

After a three-year absence, the denizens of Century Village warmly welcomed the return of our annual Resident Show. If you didn't attend this year's musical offering, you missed out. Big time.

It's no small feat to wrangle two dozen senior citizens, talented as they are, into a cohesive but diverse program, but Director/Choreographer Joan Maret and Assistant Director Mary Iannelli were in good form as they pulled together another entertaining program. Beginning with the introduction from Joan Maret down to the last number, which included the entire cast, this presentation was impressive.

They say it "takes a village" and that is also true of a good production. Narrator David Boas, with his warm voice, kept the storyline alive and moving in Sweet Charity. The combination of percussion by David Kroll, music by Director Elliot Weiss, and sound and lights from our very own Laurent Lesage gave our performers the perfect environment to showcase their talents.

Also, kudos to the number of

backstage dressers and actor wranglers whose combined efforts and talents created this year's offering. A performance of this degree takes months of long rehearsals and you could tell this group put in the time.

Glitches? There were very few. Nothing of this magnitude goes without a hiccup when you have so many working parts. These folks are not professional actors; they are our neighbors and friends, some way past the age of 90, but you'd never know it as each act followed the last with precision in this 90-minute offering which boasted visually stunning costumes coordinated by JM Yuenger, crisp music, perfect lighting, and an entertaining mix of musical numbers from the hit show Sweet Charity, along with various New York and Broadway hit offerings.

Limited column space prevents me from mentioning everyone, although they all deserve the spotlight, but the highlights for this reporter were: If My Friends Could See Me Now sung by Joy Van Arnam, Charlie sung by Sonny

Buovolo, Too Many Tomorrows sung by Mike Harabin, Give My Regards to Broadway sung by Allen Preston and Ensemble, and the charming A Bushel and a Peck sung by duo Sandy Jones and Brady. Dancers Bob Bechtel, Dolly Heit, Dorianne DeNardo, Mary Urbowicz, and Maureen Debigare tapped their way across the stage like pros in numbers Big Spenders and Shuffle Off to Buffalo. And the

final number, New York, New York, with the entire ensemble, led by Joy Van Arnam was the perfect ending.

This show was an ambitious undertaking; but this group proved they were up to the challenge. The large audience demonstrated their appreciation with a standing ovation. This performance will be hard to top, but we sincerely hope the Resident Show is back for good.

ID OFFICE

Residents who work and are unable to arrive at the ID Office during regular business hours:

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Organization News

Actors Studio 1: meets Monday 7-9 PM in the clubhouse. Openings for actors of all skill levels. Writers and stage hands are welcome. Performances every year. Participants read from scripts. Call Marshall: 561-596-1738.

African American Culture Club: business meetings, first Wed. each mo. 6:00 PM. Potluck 4th Sun., 3-6 PM. Play hand knee & foot during the week.

AI-Anon Attitude of Gratitude: beginners mtg. starts again Oct. 4, every Thurs., 4:30 pm, Clubhouse Craft Room. For info: call 954-512-0509.

American Legion Post 141: Attention Veterans!! And anybody connected to the military. Your service is needed again. Join the American Legion, Post 141 and help support our Veterans & community programs. For more info: Ron Rising, Commander, Post 141 561-460-5169, commanderpost141wbp@gmail.com.

Art Club: Thurs. mornings, 9:30 to noon, Art Room, 2nd fl. No dues, no costs. Call Susan Bernstein 917-833-7516 to let her know you will come.

Baby Boomers: will meet each month May-Dec., Clubhouse Room D, 3:30-4:30 pm to share upcoming events and visit. Contact dixiedugan13@gmail.com with questions.

Board Synergy Club: Meets every Thurs., 1:30 pm in Clubhouse. All CV residents welcome. See website www.boardsynergyclub.com for meeting room info. New residents or those with new questions invited to stop in at 2:30 pm for 1-on-1 attention. For more information, contact Kelly at board.synergyclub@gmail.com or (920) 544-6025.

C.E.R.T. (Community Emergency Response Team): Meets 2nd Friday of month, CH Room A, 1 PM.

Christian Club: Meetings first Wed. of month, 1 PM Clubhouse Party Room. For Club info call: Rae Boyle

561-254-2290.

Computer Club: meets first Thursday of mo., CH Room A, 12:30 pm, refreshments served, drawings for door prizes. Classes to learn new digital skills, improve knowledge of computers, phones & tablets. Membership: \$12 per yr. Share your skills with others as a volunteer teacher. For info: email cvccwbp@gmail.com. For Website: https://www.cv-computerclub-wpb.com/

Cong. Anshei Sholom: 5348 Grove St. Invites you to join them for Shabbat Services Sat. morning, 9:15 AM with a kiddush following. Our synagogue is cleaned & sanitized each week. Hand sanitizers available. For further information, please call the Synagogue office: 561-684-3212.

CV Friends of Bill W: Meetings Mon. & Thurs., 6:30 pm, Clubhouse 1st fl. Craft Room. Further info: 832-819-7748, 631-889-2614.

Democratic Club of CV: Meetings 3rd Thursday each mo., 1:30 pm. For more info contact: Les Rivkin, Pres. 315-529-1221.

Falling Star Players: a CV acting group producing 3 shows a year. Meets in Classroom C every Tuesday. 6PM. Can't memorize lines? No problem. We take our scripts on-stage. Come join the fun! Call Jody Lebel 561-531-3373.

Irish American Club: meetings begin Nov. 9th, 1 PM, clubhouse Party Room. All future meetings, first Tuesday of the month, same time & place. More info: please call Carole 914-343-5547.

Italian American Club: Meeting 3rd Wed. of the month, Party Rm. For more info: call Fausto 561-478-1821. Big Easy Casino Trip, Feb. 29, \$20pp. Upcoming Tours (all based on 40 passengers): Feb. 7, Jungle Queen sightseeing cruise/all you can eat dinner/show/bus, \$115

pp, bus leaves CV 3:00 pm, park in Dover area; March 4-6, Margaritaville at Sea, interior & ocean view cabins start base rate \$139.00 pp dbl. + gratuities + fuel ch.+ port & tax. May 4-13 10-day 7 countries/land only, England, Belgium, Germany, Austria, Switzerland, France, Italy. Cosmos Budget Tour starting \$2,359.00 pp dbl. Sept. 22-30 9-day Dublin to London land only, Ireland, Wales, England. Cosmos Budget Tour starting \$1,839 pp. dbl. For info & reservations: Michelina 561-335-2576 michelinadg@hotmail.com or All rates subject to change without notice.

New York & Jewish Club: meets 2nd Thurs. ea. mo., 6-8 PM, Mtg. Rm D. Enjoy mingling, forming friendships, and discussions with those having the same backgrounds & interests. More members needed. Pl. call: Mark Sosnowitz, 914-318-4476.

Russian-Ukraine Club: meets 2nd Mon. of mo., Meeting Rm. A, 4-7 PM. For info call Pres. Raisa Kogan 302-345-9627.

Sailing Club: Meets Nov.-April, 2nd Friday of the month, 10 AM, Room C. Monthly Potluck, 5:30 PM, 1st Tuesday of month, Guest Pool, Nov.-April.

Shuffleboard Club: Summer Season May thru Oct. Play Tues. 6:30 PM, changed from previous yrs. Winter Season Nov. thru April, Tues., Wed., Thurs. Be ready to play at 1:15. Everyone is welcome. Equipment will be provided. Any questions, call Ed Wright: 561-632-5268.

Snorkel Club: has resumed meetings on the 3rd Friday of the month, 10AM in the Clubhouse, Classroom B. Please join us.

Tennis Club: Tennis players invited to participate in discussion of the future of our Club. Call: Les 315-529-1221.

Zoom Programs: Poetry, Karaoke, Yiddish Vinkl programs. Contact Marsha Love - mgmaita@aol.com

FEBRUARY 2024 CLUB LIST

All Clubs are active as of revised date, Clubs may have been discontinued or cancelled. Rooms or dates may be subject to change or modification. Masks and Social Distancing Recommended; Some Clubs may have Additional Rules

CLUB NAME	ROOM	DAY	TIME
Actor's Studio	Meeting Room C	Every Monday	6:30pm-9pm
African American Culture Club	Art Room	1st Wednesday	6pm-7pm
African American Culture Club Potluck	Party Room	4th Sunday	3pm-6pm
Arts of Palm	Art Room	Every Tuesday	3pm-5pm
Attitude of Gratitude	Craft Room	Every Thursday	4:30pm-5:30pm
Baby Boomers	Meeting Room C	3rd Wednesday	3:30pm-4:30pm
Baby Boomers Book Club	Class Room B	2nd Monday	11am-12pm
Ballroom Dance Practice Group	Party Room	Every Monday	2pm-4 pm
Bible Study Group	Meeting Room D	Every Sunday	3pm-5pm
Bible Study Club in Spanish	Class Room A	Every Tuesday	6:30 pm-8:30pm
Board Synergy	Card Room B	Every Thursday	1:30pm-3pm
Camera Club	Meeting Room C	2nd Tuesday	10am-12pm
C.E.R.T.	Meeting Room A	2nd Friday	1pm-3pm
Christian Club	Party Room	1st Wednesday	12:30pm-2:30pm
Computer Club	Meeting Room A	1st Thursday	12:30pm-3pm
C.O.P.	Class Room B	2nd Thursday	10am-12pm
C.V. Crafter's Club	Meeting Room A	2nd & 4th Friday	9:30am-12pm
Dance Party	Party Room	Every Wednesday	7pm-10pm *
Democratic Club Meeting	Meeting Room C	3rd Thursday	1pm-3:30pm
Falling Star Players	Meeting Room C	Every Tuesday	6pm-9pm
Friends of Bill W	Craft Room	Monday & Thursday	6:30pm-7:30pm
Homestead Exemption Outreach	Clubhouse Lobby	1st Thursday	1:30pm-2:30pm
Irish American Culture Club	Party Room	1st Tuesday	12:30 - 2:30
Irish American Game Club	Hastings Card Room	Every Wednesday	7pm-9:30pm
Irish American Pickleball	Pickleball Court # 4	Monday thru Friday	3:30pm-5:30pm
Italian American Culture Club	Party Room	3rd Wednesday	1pm-3pm
Karaoke	Party Room	Every Saturday	6pm -9pm
Kathy's Kitchen, Can We Dish?	Meeting Room A	3rd Friday	1pm-3pm
Jewish Club (see New York Club)			
Latin American Club Mtg	Meeting Room A	2nd Thursday	6pm-7:30pm
Latin American Club Dance	Party Room	3rd Sunday	5pm-9pm
Line Dancing Club	Hastings Aerobic	Monday & Friday	12pm-2pm
New York Club combined with Jewish Club (may be split later)	Meeting Room D	2nd Thursday	6pm-8pm
Polish American Social Club	Art Room	1st Thursday	6pm-10pm
Quilting Club	Craft Room	Every Wednesday	1pm-3:30pm
Rummikub Club	Main Card Room	Monday & Thursday	7pm-9:30pm
Russian-Ukraine American Club	Meeting Room A	Friday, Feb. 23	4pm-7pm
Sailing Club	Meeting Room C	2nd Friday	10am-12pm
Sailing Club Potluck	Guest Pool	1st Tuesday	5pm-7pm
Shuffleboard Club	Shuffleboard Courts	Tues, Wed, Thurs	1:15 - 3:30
Snorkel Club	Class Room B	3rd Friday	10am-11am
Somerset Club	Somerset Pool	2nd Friday	5pm-8pm
Stratford Umbrella	Meeting Room D	1st Wednesday	1pm-3pm
UCO Delegate Assembly	Theater	1st Friday	9:30am-12pm

Note: Pickleball Court is always available to use. Please bring your own equipment. * Last Bus leaves at 9 pm



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**ARTS AND CRAFTS
EXHIBITORS
FRIDAY, JANUARY 12, 2024**

- BREEN, CAROL FERRIS
- KOZAREVICH, KAREN
- LEVIN, HELEN
- MUGRACE, JUDITH
- PINCKNEY, PAT
- POLLAK, DUBBY
- PREISLER, ROSELY
- SELTZER, MYRON
- SHPOL, JANE
- SPEER, MARY
- ST. HILAIRE, VICTORIA
- SUTOFSKY, ESTHER
- TAPP, FRANCES
- TUCKER, BENITA
- WU, ELSA
- YANCEY, KALIMBA
- ZIMMEL, HARVEY

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(Clubhouse Party Room)**

Date: Wednesday February 28th / Starts: 10:00am - 12:00pm

For More Information Please Call 561-640-3120 opt# 0

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On **Wednesday February 28 (10:00am - 12:00pm)** we will celebrate the 29th Annual **Senior Health & Fitness Day and Expo at The Clubhouse.** We will be offering **Free Jimmy John's Box Lunches For the first 200 Guests,** Healthy activities, Health screenings, **Free Raffle Prizes - (\$ 1,000 in Prizes – Including a Flat Screen TV, Gift Cards & and more.** We will have a **DJ & Entertainment and much more.**



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The Keys to Living a Long Healthy Life

BY MELANIE HOFFMANN
CERTIFIED PLANT-BASED NUTRITION SPECIALIST

Dan Buettner, journalist, is a fixture within the plant-based community as he has dedicated his life to studying Blue Zones and the factors that make these zones stand out from the rest of the world. I thought that Blue Zones were mostly based on eating habits and nutrition. However, I quickly learned that there is so much more to them.

What is a Blue Zone?

The term “Blue Zone” may be familiar. In case it’s not, it’s a name coined by Dan Buettner that identifies the parts of the world where there is the highest longevity. These zones have a large number of people living into their 100’s. And not just living, but enjoying a high quality of life. Through this research, 5 regions have been identified as Blue Zones: Okinawa, Japan; Sardinia, Italy; Ikaria, Greece; Nicoya, Costa Rica; and Loma Linda, California. While these 5 regions are unique in culture, they all share specific characteristics that are keys to living a long, healthy life.

Characteristics of the Blue Zones

Move Naturally

It has been found that people living in these Blue Zones are not spending hours at the gym exercising. Instead, they seem to be getting in more physical activity just by moving naturally. Whether it’s by walking where they need to go, working in their gardens, or doing things by hand instead of relying on modern technology, they are staying physically active without traditional exercise.

Outlook

The mind is a powerful tool, and our mindset plays a huge role in what we think and how we feel. People in these Blue Zones seem to have a positive outlook on life. They take the time they need to unwind, and don’t allow worry to creep in. They have a strong foundation on their faith and recognize their purpose in life.

Eat Wisely

It should be no surprise that people in the Blue Zones eat primarily whole plant-based foods. Their diets focus on whole grains, greens, tubers (like sweet potatoes), nuts and beans. They eat in moderation, tend not to overeat, and share most meals with others. They also enjoy drinking a glass of wine on occasion.

Connect

Connection with others is extremely important in the Blue Zones. They put family first and invest their time in keeping family bonds strong through generations. They build communities of like-minded people and tend to have long lasting partnerships.

The Future of Blue Zones

Unfortunately, the current Blue Zones are getting smaller in size. Modern technology and conveniences are taking over and pushing these cultural traditions aside. However, there is hope that these practices won’t disappear altogether.

Dan Buettner and his team have created the Blue Zone Project, challenging communities across the US to adopt these characteristics to optimize health and extend life expectancy. From a small town in Minnesota to Fort Worth, TX, transformations have taken place and residents have added years to their lives! Change is possible no matter where you live, as long as the desire is there to make it.

Final Thoughts

For me, it’s not surprising that these are the types of things that people who are living long, healthy lives are doing. My goal has always been to have a high quality of life for as long as I live, and all of these characteristics make so much sense to me to be able to achieve that goal.

Modern conveniences are great. And let’s face it, most of them do make our life easier. With the constant demands that life throws at us, it’s natural to choose what’s easy and convenient. But what if the easiest choice was also the healthiest?? I think that’s what the Blue Zone Project communities have achieved – making it easy to make healthy choices. Whether it’s building community gardens, bringing healthy grocery stores and restaurants to town, or creating relationships through walking groups, they work together towards a common goal. We can all be inspired by the Blue Zones and make changes in our own lives as well. We can create our own systems and routines that make the easiest choices and also the healthiest, using the Blue Zones as our blueprint.

Here’s to eating well for our health, the environment, and of course the animals.



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EASTHAMPTON G

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DORCHESTER E

UPDATED FURNISHED 2bed 1 1/2 corner ground floor. steps to the Dorchester pool short walk to Hastings fitness center.\$159,900

CAMDEN I

2nd floor 1/ 11/2 corner impact hurricane windows new floor new central air new hot water heater, steps to Camden pool. . \$109,975

DORCHESTER H

2ND FLOOR CHARMING, light & bright 2/1 1/2 beautiful water view, building has a ift and picnic area for association members to enjoy.\$142,500

WELLINGTON G

2/2 PENTHOUSE beautiful panoramic water view Updated kitchen granite countertops New stainless steel appliances. Tile throughout.\$245,000

GOLFS EDGE B

GROUND FLOOR 2/2 tiled throughout, impact windows, central air, updated baths and kitchen steps to the clubhouse. \$225,000

GOLFS EDGE E

TURNKEY 2/2 second floor Newly updated beautifully furnished central air New appliances on the way Short walk to the clubhouse and Haverhill gate. \$250,000

CHATHAM ISLES

CHATHAM B NEWLY UPDATED 1/1 1/2 Ground Floor corner all new beautiful kitchen 2 sinks granite counter beautiful water view.\$169,900

CHATHAM E RENTABLE FROM DAY ONE, second floor furnished 2bed 1/1/2 bath, Amazing water views ... \$179,000

CHATHAM E Ground Floor amazing water views 2 bed, 1 1/2 bath central air rentable from day one \$205,000

CHATHAM N

2/1 1/2, 2nd floor end corner updated open concept kitchen, stainless steel appliances, beautiful \$265,000

COVENTRY D

2ND FLOOR 2/1 furnished, porcelain tile throughout updated kitchen and bathroom.\$109,000

NORTHAMPTON P

LIGHT AND BRIGHT, 2nd floor 1/1 1/2 unit in a quiet well run association.\$105,000

COVENTRY B

STUNNING WOW 2 BED 2 FULL BATH ground floor corner newly renovated spotlights in every room short walk to clubhouse.\$279,000

CENTURY VILLAGE DEERFIELD BEACH

TILFORD S. move right into this sun filled 2 bed 1 /1 1/2 bath, end corner unit.\$179,000

CHATHAM J

Move right into this Turnkey ground floor 1 bed 1 1/2 bath unit. Tastefully upgraded and furnished beautifully.\$115,000

November Sales

102 WELLINGTON C	2/2	SOLD	\$315,000	47 SOMERSET C	2/2	SOLD	\$300,000
428. WINDSOR S	1/1/2	PENDING	\$115,000	111 OXFORD 200	2/2	SOLD	\$159,000
360 WELLINGTON J	2/2	PENDING	\$320,000	409 GREENBRIER A	2/2	PENDING	\$205,000

Recent Sales

73 HASTINGS E	2/1 1/2	SOLD	\$138,000	244 SHEFFIELD J	2/1 1/2	SOLD	\$137,500
104 WELLINGTON B	1/1 1/2	SOLD	\$162,000	82 SALISBURY D	1/1	SOLD	\$90,000
44 STRATFORD D	/2	SOLD	\$215,000	27 GOLFS EDGE A	1/1	SOLD	\$110,000
112 KINGSWOOD F	1/1 1/2	SOLD	\$95,000	166 WELLINGTON J	2/2	SOLD	\$240,000
95 HASTINGS F	1/1 1/2	SOLD	\$95,000	9 NORWICH A	1/1 1/2	SOLD	\$80,000
22 ANDOVER A	1/1 1/2	SOLD	\$105,000	113 WELLINGTON B	2/2	SOLD	\$164,000
376 CAMDEN P	1/1 1/2	SOLD	\$131,000	223 SOMERSET L	2/2	SOLD	\$295,000
10 HASTINGS A	1/1 1/2	SOLD	\$95,000	301 WELLINGTON E	2/2	SOLD	\$209,000
135 CANTERBURY F	1/1 1/2	SOLD	\$135,000	57 SHEFFIELD C	2/1 1/2	SOLD	\$174,900
50 PLYMOUTH F	1/2	SOLD	\$118,000	342 CHATHAM Q	1/1 1/2	SOLD	\$128,000
110 WELLINGTON A	2/2	SOLD	\$ 222,500	227 SOUTHAMPTON B	1/1 1/2	SOLD	\$100,000
89 HASTINGS F	2/1 1/2	SOLD	\$139,000	9 HASTINGS A	2/1 1/2	SOLD	\$149,000
100 ANDOVER D	1/1 1/2	SOLD	\$115,000	155 CHATHAM H	2/1 1/2	SOLD	\$180,000
155 STRATFORD L	2/2	SOLD	\$155,000	189 EASTHAMPTON H	1/1 1/2	SOLD	\$125,000
156 ANDOVER F	1/1 1/2	SOLD	\$125,000	10 GOLFS EDGE A	1/1 1/2	SOLD	\$116,500

Susan turns “LISTED” into “SOLD”



HASTINGS FITNESS CENTER CLASS SCHEDULE AS OF: JANUARY 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
STRENGTH & BALANCE 8:30 - 9:15AM BY: GAILY		STRENGTH & BALANCE 8:30 - 9:15AM BY: GAILY		STRENGTH & BALANCE 8:30 - 9:15AM BY: GAILY		STRENGTH & BALANCE 8:30 - 9:15AM BY: GAILY			
WATER AEROBICS 8:00 - 9:00AM 9:00 - 10:00AM AT GUEST POOL BY: DOLLY	CHAIR AEROBICS 9:30 - 10:15AM BY: GAILY	CHAIR AEROBICS 9:30 - 10:15AM BY: GAILY		WATER AEROBICS 8:00 - 9:00AM 9:00 - 10:00AM AT GUEST POOL BY: DOLLY	CHAIR AEROBICS 9:30 - 10:15AM BY: GAILY	CHAIR AEROBICS 9:30 - 10:15AM BY: GAILY		WATER AEROBICS 8:00 - 9:00AM 9:00 - 10:00AM AT GUEST POOL BY: DOLLY	
WATER AEROBICS 10:00 - 11:00AM AT HASTINGS BY: ARLEEN	YOGA 11:00 - 12:00PM BY: SARA	STRETCHING 11:00 - 12:00PM BY: SARA		WATER AEROBICS 10:00 - 11:00AM AT HASTINGS BY: ARLEEN	YOGA 11:00 - 12:00PM BY: SARA	STRETCHING 11:00 - 12:00PM BY: SARA		WATER AEROBICS 10:00 - 11:00AM AT HASTINGS BY: ARLEEN	YOGA 10:00 - 11:00AM BY: SARA

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LUNCH WITH LENORE

BY LENORE VELCOFF

CRACKER BARREL RESTAURANT
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 561-686-0660

Nothing fancy, nothing trendy. Just good old-fashioned dishes, well prepared. Debbie and I had lunch there last week and found their menu to be full of traditional items.

You can start off with BARREL BITES – Biscuit Beignets, White Cheddar Cheese Bites, Country Fried Pickles, or Loaded Hashbrown Casserole Tots (we didn't). We looked at their Monday-Friday, Pick 2 Country Combos – one of house salad, vegetable soup, loaded baked potato or loaded baked sweet potato served with hand rolled buttermilk biscuits or corn muffins and real butter. Then choose one of the following Monday thru Friday - Meatloaf and Mashed Potatoes, plus choice of Country Side or Monday-Friday, Chicken n' Dumplings, plus choice of Country Side, or Wednesday: Oven-baked Broccoli Cheddar Chicken, plus choice of Country Side, or Thursday: Turkey n' Dressing smothered in turkey gravy and served with Sweet Potato Casserole with pecans.

Not enough of a choice. How about one of two chicken salad platters or one of two burger platters? Maybe



one of their eleven Favorites, such as chicken fried steak, ham or roast beef. Perhaps their Samplers - Steak Tips and Buttermilk Country Fried Shrimp, or Fried Chicken Platters, or Home Cooked Classics - Smoky Southern Grilled Chicken or Southern Suppers, such as Lemon Pepper Grilled Rainbow Trout. Tired of reading the menu? Don't stop until you look at 18 sides, so you know what to order with your choice.

Debbie ordered Chicken & Dumplings with Fried Apples which were prepared in the Southern tradition with the peel on and cooked wedges of Golden Delicious Apples with cinnamon. She started with a house salad and I had meatloaf with mashed potatoes and I went to hell with myself and I had Macaroni n' Cheese - the cheese



sauce is carefully created with the perfect balance of American, Colby, Cheddar, Romano and Parmesan. I had vegetable soup as my starter.

We both enjoyed our meals and were too stuffed to try one of

their desserts as described by our waitress. After we finished our meal, we browsed in their store which has many old-fashioned candies & knick-knacks. We really enjoyed ourselves.

Nutrition and Health Your Cup of Tea

BY JEANIE W. FRIEDMAN, MS RD LD/N

Few things in life are as satisfying as sitting down and relaxing with a cup of hot tea. It truly is an amazing sensory experience as you take in the wonderful scent and have a first flavorful sip from the cup. This ubiquitous beverage is sold in various ways and is found in many types. It is second to water in popularity.

Tea Throughout History

Tea has been consumed as a beverage for thousands of years, since around 2737 B.C.E., when it was said to have been accidentally discovered by Chinese Emperor Shen Nong. At first, tea was considered to be a medicinal drink. It wasn't until much later, in the third century C.E., that tea morphed into a beverage that was enjoyed daily.

Types of Tea

All types of tea come from the tea plant, *Camellia sinensis*, which is indigenous to several countries in Asia, mainly China, India, Cambodia, and Myanmar. A variety of the *Camellia sinensis*, *assamica*, is native to India. The way the plant's leaves are processed

determines what type of tea will result.

Green tea is derived from young leaves that have been dehydrated, heated, and shaped, avoiding oxidation. Green tea retains its natural green color. Black tea leaves undergo full oxidation. Other types of tea fall somewhere in the middle dependent on harvesting and processing.

Some teas may contain added oils for flavorings to give them a distinct flavor. Earl Grey and Jasmine tea are examples.

Herbal teas are actually not tea, but are tisanes. Tisanes are water-based beverages that are infused with dried fruit or flowers, herbs, and spices. These do not contain leaves or buds from the tea plant.

Packaging

Tea is sold loose, requiring the use of a tea strainer to keep leaves out of your cup or in tea bags, which make it much more convenient. Some tea drinkers prefer the loose tea leaves which generally are intact and whole, over the little bits of tea leaves (almost like a powder) in bags. Loose tea leaves may offer more flavor since the essential oils

are lost in the damaged bits of tea leaves in bagged versions.

Benefits of Tea

Tea is rich in polyphenols, which are plant compounds that give tea their flavor and scent. They also act like antioxidants, which could help protect cells from damage. It is believed that polyphenols may help lower the risk for cardiovascular disease, type 2 diabetes, and stroke. More research is needed to confirm findings.

Decaffeinated teas are generally included in studies, so any health benefits may be different. These teas undergo processing to remove caffeine.

More Ways to Enjoy Tea

Using tea in recipes can give your food the tantalizing flavor of tea.

- Desserts
Tea can give shortbread and sugar cookies a unique flavor.
- Stir Fries
Savory teas would lend a tasty note to stir fries
- Sauces
Tea would pair up well with certain creamy sauces like



- Meats
Tea leaves can be added as a rub for meats

If you decide to try tea or herbal tisanes, remember to watch for caffeine and check with your healthcare provider first.

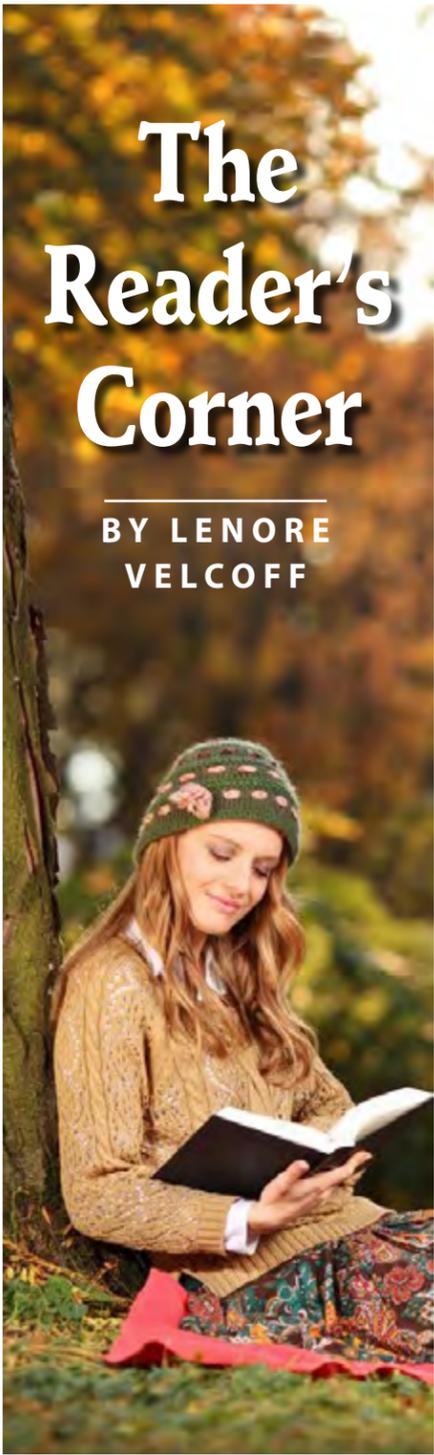
Jeanie W. Friedman is a Registered Dietitian and nutritionist licensed in the State of Florida. This article is intended for educational purposes only and is not intended as a substitute for consultation with your health care professional.

Her Last Breath

by Linda Castillo

The Reader's Corner

BY LENORE VELCOFF



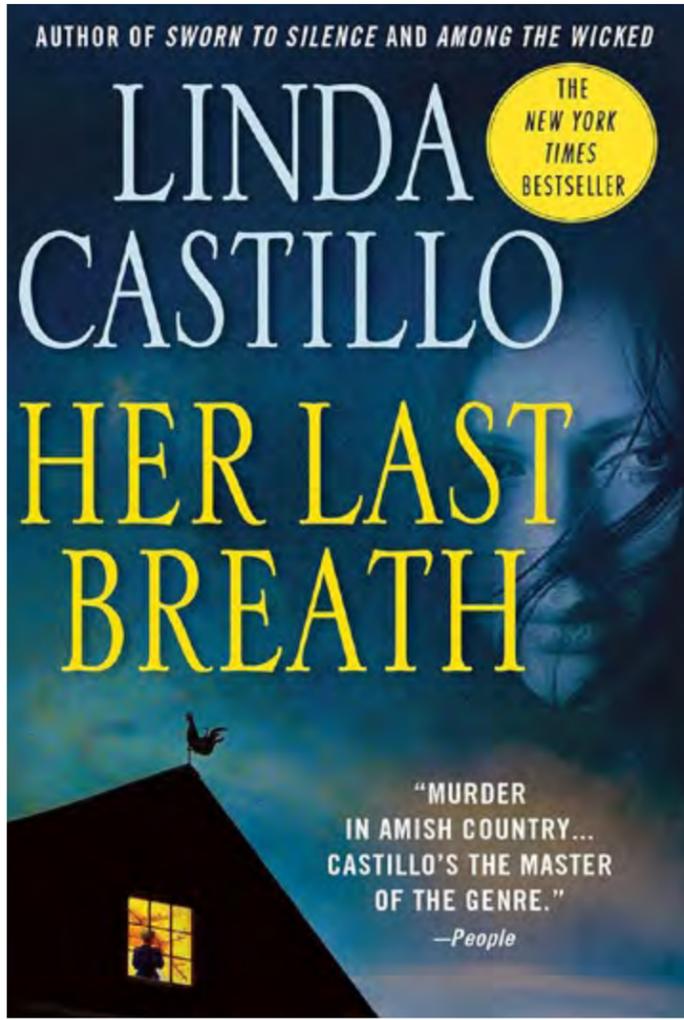
This is book five in a series with Kate Burkholder as Sheriff in the town of Painters Mill, a small Amish community in Ohio. You do not have to have read the previous books to enjoy this one. Kate was raised Amish and when she was seventeen she left her Amish farming community. She went to the city to live and earned her degree in Law Enforcement. While reading this book, one discovers a little about the Amish in general, which is always interesting.

A horrific hit and run accident leaves a father and two of his children dead and one badly injured, when their buggy is hit by a fast moving car. Kate is horrified, but the case is even more painful for her because the mother of the children is her childhood best friend. Kate swears to her friend, Mattie that she will find out who killed her family. Since leaving the Amish, Kate has not had any close contacts, but the acci-

dent causes her to revisit her childhood and those innocent days with Mattie.

Initially, the police think that the driver of the vehicle that hit the buggy may have been drunk, or perhaps texting while driving, panicked, and took off without stopping to call for help or render aid. But as they collect evidence and reconstruct the accident, it appears that this was anything but an accident. Someone apparently deliberately rammed the buggy. Why? Who would want to kill an Amish farmer and deacon? Was this a hate crime?

I thought I had a pretty good idea who the driver was who killed Paul Borntrager and his children, but the author threw in a curve ball that shocked and surprised me. This is a book all about the churning up of the past. Overall, this was a rather dark story, but suspenseful and a page turner.



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To my Fellow One-Percenters:

AUTHOR UNKNOWN

99% of those born between 1930 and 1946 (worldwide) are now dead. If you were born in this time span, you are one of the rare surviving one percenters of this special group. Their ages range between 77 and 93 years old, a 16-year age span.

INTERESTING FACTS ABOUT THE 1% ERS:

You are the smallest group of children born since the early 1900's. You are the last generation, climbing out of the depression, who can remember the winds of war and the impact of a world at war that rattled the structure of our daily lives for years

You are the last to remember ration books for everything from gas to sugar to shoes to stoves. You saved tin foil and poured fried meat fat into tin cans. You can remember milk being delivered to your house early in the morning and placed in the "milk box" on the porch.

Discipline was enforced by parents and teachers. You are the last generation who spent childhood without television; instead, you "imagined" what you heard on the radio. With no TV, you spent your childhood "playing outside". There were few city playgrounds for kids.

The lack of television in your early years meant that you had little real understanding of what the world was like. We got "black-and-white" TV in the late 40s that had 3 stations and no remote.

Telephones were one to a house, often shared (party lines), and hung on the wall in the kitchen (no cares about privacy). Computers were called calculators; they were hand-cranked.

Typewriters were driven by pounding fingers, throwing the carriage, and changing the ribbon.

'INTERNET' and 'GOOGLE' were words that did not exist.

Newspapers and magazines were written for adults and the news was

broadcast on your radio in the evening (your dad would give you the comic pages when he read the news). The radio network expanded from 3 stations to thousands.

New highways would bring jobs and mobility. Most highways were 2 lanes (no interstates). You went downtown to shop. You walked to school.

Your parents were suddenly free from the confines of the depression and the war, and they threw themselves into working hard to make a living for their families.

You weren't neglected, but you weren't today's all-consuming family focus.

They were glad you played by yourselves. They were busy discovering the postwar world.

You entered a world of overflowing plenty and opportunity; a world where you were welcomed, enjoyed yourselves. You felt secure in your future, although the depression and poverty were deeply remembered. Polio was still a crippler. Everyone knew someone who had it.

You came of age in the '50s and '60s. You are the last generation to experience an interlude when there were no threats to our homeland. World War 2 was over and the cold war, terrorism, global warming, and perpetual economic insecurity had yet to haunt life. Only your generation can remember a time after WW2 when our world was secure and full of bright promise and plenty.

You grew up at the best possible time, a time when the world was getting better. More than 99% of you are retired now, and you should feel privileged to have "lived in the best of times!"

If you have already reached the age of 77 years old, you have outlived 99% of all the other people in the world who were born in this special 16 year time span. You are a 1% 'er.

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“THE BEAR MISSED THE TRAIN.....”

BY STEW RICHLAND

Anyone who used to listen to Shep regularly during the 60s knows that he had a way of making you think that he was talking directly to you. Because of this quality, you always felt that you knew him personally. As the music have been writing this column for about two years now and I find myself pondering which old time radio program I should write about next. Well this month's article selection was triggered by a phone call that I received from my son who lives in Los Angeles. He had gone with his in-laws to see a musical production of A Christmas Story

which he soon realized was the musical version of Jean Shepherd's film "A Christmas Story," introduced to the public in 1983 and has since become a part of the holiday season programming ever since. My son, Bruce, realized the show was based on Jean Shepherd's story. It triggered a memory of when he and his brother Harold, would be in their beds, before they went to sleep with the radio tuned to WOR listening to "Shep's" radio show. They listened to this nutty guy who told stories about growing up in rural mid-America in the 1960s. His humor, irreverence and keen appreciation of the absurd taught them how to appreciate humor and not to take many things too seriously.

As the musical unfolded, my son Bruce found himself laughing at the many references to characters such as Schwartz and Flick that he knew so well and could not understand why most of the people in the audience were not laughing also. For my son, no matter what the subject, Shep was still out there and Bruce was in bed with his eyes closed and a big grin on his face sharing this delight in the wonder and craziness of the past as he listened to tales weaving about Ralphie, his brother, Flick and the "Old Man" (Shep's father) made the musical so much more relevant to him.

Well then who was Jean Shepherd?

Jean "Shep" Shepherd was an American storyteller, humorist,



and TV personality, writer, and actor. With a career that spanned decades. Shepherd is known for the film A Christmas Story which he narrated and co-scripted based on his own semi autobiographical stories. He was heard daily on radio station WOR and on Sunday he had a show called Shepherd's Pie on WBAI in the mid-1990s, which had him reading his stories uncut uninterrupted and unabridged.

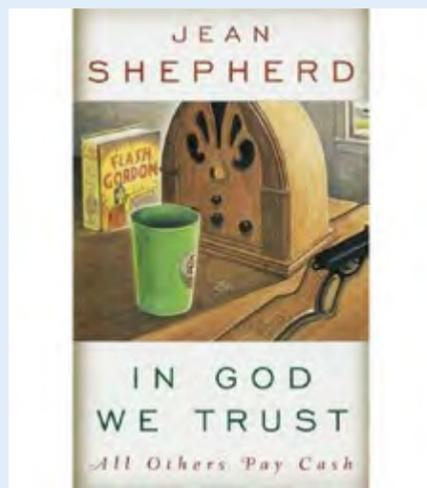
Shepherd wrote a series of humorous short stories about growing up in northwest Indiana



and its steel towns, many of which were first told by him on his programs and then published in Playboy. The stories were later assembled into books titled, In God We Trust, All Others Pay Cash; Wanda Hickey's Night of Golden Memories and Other Disasters, The Ferrari in the Bedroom, and

A Fistful of Fig Newtons. Some of those situations were incorporated into his movies and television fictional stories.

The "Christmas Story" isn't in fact based on a single Shepherd story; it's a conglomeration of several stories from the book "In God We Trust (All Others Pay Cash)" most notably "Red Ryder Nails the Cleveland Street Kid." Shepherd dubbed the book a "novel," but it's really a short story collection, strung together by a rather downbeat framing device in which the adult Ralph Parker recalls colorful events from his childhood



On some of his broadcasts he played parts of recordings of such novelty songs as "The Bear Missed the Train" (a parody of the Yiddish ballad "Bei Mir Bist Du Schoen") and "The Sheik of Araby". Sometimes Shepherd would accompany the recordings by playing the Jew's harp, nose

flute, or kazoo, and occasionally even by thumping his knuckles on his head.

Phyllis and I had attended a Shep concert at Carnegie Hall in New York. The audience was a mixture of mid-age and young kids, who had hung signs up along the railings with famous Shep sayings such as "Flick Lives" and we love "Schwartz." Shep then marches on to the stage to the beat of Bei Mir Bist Du Schoen and behind him was a pushcart with a huge stuffed bear. Everyone in the audience then began to sing:

The Bear Missed

The Train

The bear missed the train,
The bear missed the train,
The bear missed the train, and
now he's walking. (repeat)

He's walking here and there,
He's walking everywhere.
He's walking up and down,
He's walking through the town!
The bear missed the train,
The bear missed the train,
The bear missed the train, and
now he's walking

Can you realize that every seat in Carnegie Hall was filled with a Jean Shepherd fan.

Shep passed away in October, 1999. Fortunately for all of his fans, a huge body of his work is available to all of his fans. On radio station WBAI in New York on the program called Mass Backward, they replay Shep's radio shows. You can also get a catalogue of his tapes from Schmidco.com. His body of work can be found on YouTube and on most old-time radio streams. All of his books are still available. Shepherd was the king of talk radio. If you have not had the joy of listening to Shep, I urge you to do so. He was truly the modern day Mark Twain. To sum up Shep's life, he once noted: "To me, life is a vast, cosmic, shaggy dog story, a giant, curiously unresolved joke with an infinitely long punch line." Perhaps the greatest lesson to us all was: "things are not what they seem, but rather things are not what they seem-including me." He is missed!

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Around the Bases with IRWIN COHEN



Seventy-five years ago in 1949, just about all of our families didn't have a television yet. We relied on radio for entertainment and the family gathered around the big old radio and mostly listened to variety and entertainment shows starring Jack Benny, Edgar Bergen, Bing Crosby, George Burns and Gracie Allen, Bob Hope, Groucho Marx and Red Skelton.

While those stars had high ratings, other shows such as *The Lone Ranger*, on the air since 1933 from the Lone Ranger studios near downtown Detroit, three times a week, still had high ratings. While *Brace Beemer* played the masked man on radio, Clayton Moore starred in the leading role as *The Lone Ranger* began its nine year run on television in 1949. Arthur Godfrey and *His Friends* began its ten-year run in 1949 and *Bozo the Clown* began its decades-long run. The talented Gertrude Berg, who wrote all of the scripts, started her *Molly Goldberg* TV program while *The Ed Sullivan Show* was in the second year of his popular Sunday night variety program.

Movie stars who starred in popular movies in 1949 were June Allyson, James Cagney, Joseph Cotten, Montgomery Clift, Broderick Crawford, Katherine Hepburn, Burt Lancaster, Ray Milland, Robert Mitchum, Edward G. Robinson, Elizabeth Taylor, Orson Wells, and Loretta Young.

My favorite movie of 1949 was *It Happened One Spring*, starring Ray Milland as a scientist who discovers a formula to make a baseball evade a wooden baseball bat. Of course, Milland becomes a pitcher that batters can't hit. While I didn't see the movie until several years later on television, I started listening to some radio

broadcasts of Detroit Tigers baseball games with my father in 1949.

On Sunday nights, my father was glued to the radio when Drew Pearson and the news came on and he hung on to every word coming out of the radio regarding Israel as the new Jewish state founded on the biblical homeland of the Jews, repelled most of the invading Arab armies of Jordan, Lebanon and Syria. Egypt still remained a threat to the tiny nation of an estimated 650,000.

On February 19, 1949, the Jordan daily newspaper wrote: "The Arab states encouraged the Palestinian Arabs to leave their homes temporarily in order to be out of the way of the Arab invasion armies." While Arabs left Israel voluntarily, thinking they would return after the Jews were killed or driven out, almost 568,000 Jews were expelled from Arab countries after their properties and bank holdings were confiscated. In Iraq, many Jews were hung as Zionism was declared a crime.

When a ceasefire was agreed to in July, Jerusalem was a divided city. Israel held the western half and Jordan controlled the eastern half, including the Old City. The Gaza Strip was taken by Egypt and most of the Arabs that fled the area, waiting for the Jews to be killed or driven out, were taken to UN refugee camps. The only Arab country that granted some of them citizenship was Jordan.

Baseball provided an escape for my father and he devoured the sports section and passed it along to his young son. The pennant races in the American and National Leagues were exciting and not decided until the last day of the season. The Yankees won the pennant over the Boston

Red Sox by one game as did Brooklyn in the National League over the St. Louis Cardinals.

The Yankees defeated Brooklyn in the 1949 World Series, winning four out of five games marking the first of five consecutive Series victories under new manager Casey Stengel. Fourteen of the 25-man Yankees roster would receive rings for the next five years as they were lucky enough and good enough to stay with the team and also cash in on World Series shares.

Author, columnist Irwin Cohen headed a national baseball publication for five years and interviewed many legends of the game including Joe DiMaggio and Hank Greenberg. Cohen went on to a front office position with the Detroit Tigers and earned a 1984 World Series ring.

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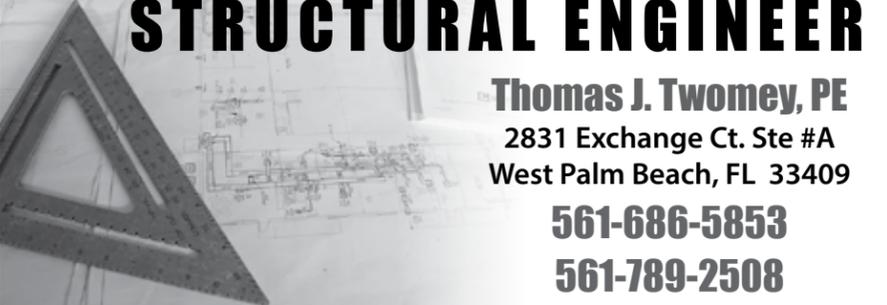
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February Classes go on sale Tuesday, Jan. 16

March Classes go on sale Tuesday, Feb. 20

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Limited space available

CREATIVE CANVAS taking a break for February

TUESDAY CLASSES

Course Name	Start Date	Time	Cost	# Weeks	Room	Materials	Instructor
-------------	------------	------	------	---------	------	-----------	------------

STAINED GLASS FOR BEGINNERS

classes run 2/6 thru 2/27

02/06/24 10 am to 12 pm \$25 4 Stained Glass Pete Grobman

Description: Create stunningly beautiful objects with colored glass. The possibilities are endless!

Beginning students will obtain supplies and tools from the teacher.

Space is limited for this class. Masks may be required due to size of room.

WEDNESDAY CLASSES

Course Name	Start Date	Time	Cost	# Weeks	Room	Materials	Instructor
-------------	------------	------	------	---------	------	-----------	------------

LINE DANCE REVIEW

FREE CLASS!

class has no end date

No Sign-ups Needed 9:30 to 11:30 FREE Party Room Janine Fitzgerald

Description: Review and learn the dances you'll enjoy at the Friday Night Dances.

No Sign-up needed, just walk right in prepared to have fun!

PRACTICAL SPANISH BEGINNER/INTERMEDIATE

classes run 2/7 thru 3/6

02/07/24 10:15 to 11:15 \$60 5 Class Room B *** Beverly Dolgin

Take lessons in Situational Spanish. Class dependent on minimum class size. *** bring pen and notepad

ESL - ENGLISH AS 2ND LANGUAGE BEG/INT

classes run 2/7 thru 3/6

02/07/24 11:30 to 12:30 \$60 5 Class Room B *** Beverly Dolgin

Learn English as your second language. Class dependent on minimum class size. *** bring pen and notepad

BALLROOM DANCE BEGINNER

classes run 2/7 thru 2/28

02/07/24 4 to 5 pm \$35 4 Hastings Aerobic Natalia Bragarnik

THIS CLASS TAKES PLACE IN HASTINGS AEROBIC ROOM ** See last page for proper footwear

Learn Ballroom & Latin Dances with a Professional Dancer/Teacher. Includes: Waltz, Swing, Fox-Trot, Tango, Salsa, Merengue, Cha-Cha-Cha, Rumba, Quick-Step & Samba!

BALLROOM DANCE INTERMEDIATE

classes run 2/7 thru 2/28

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THURSDAY CLASSES

Course Name	Start Date	Time	Cost	# Weeks	Room	Materials	Instructor
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CANASTA FOR BEGINNERS

classes run 2/8 thru 2/29

02/08/24 10 am to 12 pm \$20 4 upstairs lobby Diane Andelman

Description: Come in and learn to play this exciting card game!

Class Dependent on Minimum Class Size - Spots are Limited

Course Name	Start Date	Time	Cost	# Weeks	Room	Materials	Instructor
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PRACTICAL FRENCH BEGINNER/INTERMEDIATE

classes run 2/1 thru 2/29

02/01/24 11 am to 12 pm \$60 5 Class Room A *** Beverly Dolgin

Take lessons in Situational French. Class dependent on minimum class size.

*** bring pen and notepad

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PAYMENTS by CASH or CHECK (Make Checks out to WPRF, Inc)

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No Refunds after first class unless class is cancelled

No New Registrations after the end of the 1st Class

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Room Location Subject to Change or Modification

Please do not rearrange the tables and chairs in any room

Please call Class Office with questions: 561-640-3120 option 0

Masks may be required for some classes at the Instructor's discretion

(***) This symbol indicates Materials Needed Prior to First Class.

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NEW Beginners Watercolor *Creative Canvas*



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Dip into The World of Watercolor. Join us as we create memorable messages in a vintage leather book for your loved ones. *No experience is necessary.*

Classes: Mondays-March 4th, 11th and 18th Deadline to sign-up Feb. 19th

If you've never tried watercolor, this class is perfect for you.

The total cost for all three classes is \$60 and includes everything needed for this project. (All supplies included for you to keep.)

Limited space available.

Questions contact Benita at: benita.m.tucker@gmail.com



Sign up and pay in advance at the Century Village Clubhouse

**UCO OP'S MEETING
HELD
EVERY 4TH TUESDAY
AT 1:00 PM
IN MEETING ROOM C**
(DATE SUBJECT TO CHANGE AND/OR MODIFICATION)

**ANY RESIDENT WANTING TO
PRESENT A TOPIC FOR
DISCUSSION AT THE MEETING
MUST SUBMIT TOPIC
2 WEEKS IN ADVANCE**

**PLEASE CONTACT
EVA
561 640-3120 option # 5**

WPRF, Inc.

FOR KELLY JANSSEN



FOR UCO PRESIDENT

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 LEADERSHIP ★ INTEGRITY

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Questions? boardsynergyclub@gmail.com - (920) 544-6025
 or stop by Clubhouse Classroom C February 22 @ 1:30pm
 Please visit <https://boardsynergyclub.com>

**2023-2024
7:00PM SHOWS**

**RITA RUDNER
SATURDAY, JANUARY 20TH**

**GEORGE WALLACE
SATURDAY, FEBRUARY 3RD**

**DON'T BE LATE!
CHECK TICKETS FOR SHOW TIMES**

WPRF, Inc.

CENTURY VILLAGE LENDING LIBRARY

The library room is now located on the first floor of the Main Clubhouse and is open from:
 8:00 am-10:00 pm
 every day, including holidays.

Our huge inventory is stocked with books, magazines, audio and video tapes donated by village residents and staffed by volunteers.

No library card or signing out is needed.
 Hope to see you soon.

WPRF, Inc.

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Winter
Residents!



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1 BEDROOM – 1 BATH

- Sheffield Q - 1st floor - NEW LOW PRICE - patio - move right in..... \$127,000
- Sheffield G - 2nd floor enclosed porch, furnished, turnkey \$95,000
- Windsor P - 2nd floor updated bathroom and porch, new roof \$128,000
- Camden J - This is a clean 1/1, on the 2nd floor, ceramic floors, garden view \$98,000

1 BEDROOM – 1 ½ BATH

- Salisbury F - Ground floor corner - new ceramic floors..... \$140,000
- Wellington B - 3rd floor Fantastic open kitchen and new baths \$230,000
- Northampton B - 1st floor, rentable immed, step-in shower, tile floors..... \$149,900
- Oxford 500 - 2nd floor, updated and ready to move in..... \$159,900
- Andover F - 1st floor, 1/1.5, free laundry facility in building \$104,500
- Southampton B - 1st floor, 1/1.5, renovated, new oven, lighted crown molding, beautiful garden view, near swimming pool, partially furnished..... \$170,000
- Golf's Edge D - 1st floor, 1/1.5, renovated, sunny lanai, tile/laminate, unfurn \$150,000
- Sheffield G - 2nd floor, 1br, very good condition, enclosed lanai w/garden view, wonderful outdoor community patio \$95,000

2 BEDROOM – 1 ½ BATH

- Sussex L - 1st floor - RENTABLE W/O wait, tenant in place..... \$193,000
- Northampton L - 2nd floor -new storm windows-new roof-corner \$168,000
- Cambridge H - 2nd floor -Bright & sunny - updated kitchen..... \$180,100
- Hastings C - Across from fitness center and pools \$163,900
- Norwich K - 2nd floor- corner - bright and sunny - move in condition \$173,900
- Cambridge C - 2nd floor , bright and sunny corner \$154,000
- Sheffield C - 1st floor, remodeled open kitchen, great waterview..... \$174,000

2 BEDROOM - 2 BATH

- Oxford 100 - 2nd floor - waterview - just painted-new roof 2023 \$175,000
- Whitehall DR - Lands of Presidents penthouse - plus bonus room \$289,000
- Wellington G - 4th floor, totally renovated, granite kitchen \$228,000
- Cambridge I - 2nd floor, 2/2, move in ready..... \$215,000

CLOSINGS

- Northampton C - 1/1.5 (Closes this Thursday) \$136,500

RENTALS

- Windsor E - 2nd floor 1/1 Beautifully renovated, SS appl, near pool..... \$1,475
- Cambridge C - 1st floor 1/1 newly remodeled - new tile floors..... \$1,500
- Chatham O - 2nd floor 2/1.5 corner - fantastic location - com. rehab..... \$1,750
- Bedford J - 2nd floor beautiful large open floor plan..... \$1,400
- Kent C - 1/1 - Close to pools - great views - new kitchen & bath \$1,500
- Kent I - Ground floor - 1/1.5 - ceramic tile floors \$1,400
- Chatham A - 2nd floor, 1/1 fabulous waterview on Chatham Isle \$1,425
- Norwich B - 2/1.5 2nd floor corner -lovely laminate floors..... \$1,550
- Andover D - 1/1.5 2nd floor updated kitchen, SS appliances, lg porch..... \$1,550
- Camden G - 1st floor 1/1 freshly painted, tile throughout - new kitchen \$1,300
- Camden J - 2nd floor 1/1 unfurnished, clean and sunny \$1,250

RECENT SALES:

31 Northampton B.....\$139,000	49 Chatham C.....\$235,000
87 Northampton E.....\$215,000	156 Dorchester G.....\$165,000
70 Chatham C.....\$210,000	133 Norwich F\$130,000
54 Windsor C.....\$120,000	34 Northampton B.....\$130,000
70 Cambridge C.....\$154,000	60 Easthampton C\$185,000

Thank You
for making us #1
in Century Village
for 2022.



*We are working hard to earn your
business and trust to be #1 in 2023 too.*

We deliver fast results for your rentals and sales.

**Listing Offices
Date Between 1/1/2022 and 12/31/2022
Status: Closed**

Rank	Name	Sides	Volume	Average
1.	Real Estate Center of West Palm Beach (276544216)	91	5,087,824.00	55,910.15
2.	Masters Real Estate Inc, West Palm Beach (800412)	78	3,836,405.00	49,184.68
3.	Re/Max Direct, Wellington (276562796)	44	5,604,100.00	127,365.91
4.	Re/Max Direct, Boynton Beach (276562786)	39	4,171,700.00	106,966.67
5.	Signature International Real E, Boca Raton (802135)	36	2,763,425.00	76,761.81
6.	Re/Max Prestige Realty/WPB (607510)	21	456,450.00	21,735.71
7.	Century Village Real Estate, West Palm Beach (802187)	20	1,611,300.00	80,565.00
8.	Oasis Florida Properties, West Palm Beach (276530501)	8	857,000.00	107,125.00
9.	610 Clematis Real Estate, West Palm Beach (276536445)	7	594,300.00	84,900.00
10.	Premier Brokers Int., Palm Bch Gardens (276537681)	6	611,500.00	101,916.67

"This data is not verified for authenticity or accuracy and may not reflect all real estate activity in the market.
Based on information ©2023 BeachesMLS, Inc."

ALL INFORMATION IS DEEMED CORRECT AT TIME OF PUBLICATION 2/2024

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2.5 Ton System- (14 Seer) Rheem \$4,875
3 Ton System- (14 Seer) Rheem \$5,175
16 Seer also available upon request
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The Advantages of Exercise

Physical activity is good for us, but WHY? What are the advantages? Read on to learn its importance and the benefits it provides.

Exercise is NOT only about weight loss.

In our early years, it was believed that weight loss was the measurement for health, and working out was really only just a tool for that. Or it was used as punishment for something “bad” you ate, and you had to burn off all the calories. Society is shifting to the mindset that we should exercise because it improves our health and makes us feel good. The perception is that we no longer HAVE to move our bodies, but we GET to.

What is physical activity?

When the word “exercise” is used, it is not just referring to lifting weights, running on a treadmill, or taking fitness class. It refers to any physical activity, which is anything that you do when you aren’t lying or sitting down. So, this could also be doing housework or working in your garden. Or work-related activities or taking your dog for a walk. Or riding a bike, climbing a mountain, or running a marathon. Anything and everything that requires you to move.

It is believed that a large portion of Americans spend most of their time sedentary, likely sitting behind a desk for hours, or driving in the car. And about 50% of US adults are putting their health at risk by being inactive. When we think about the evolution of human behavior, we can see that for much of the last thousands of years, humans have been required to be physically active to survive. They’ve had to forage for food, walk to get around, build their shelters and carry their children and belongings wherever they needed to go. Today, of course, we can drive where we need to go, or run up to the grocery store to get food. Modern invention and technology have made things much easier for us to survive, but it’s also taken away our primal need to move.

So, what exactly are the health benefits of physical activity?

The list of benefits is so much longer than even imagined...

- It increases dopamine and serotonin, which elevates mood and feelings of joy. It lessens the effects of depression and increases self-esteem.
- Exercise lowers stress levels and helps manage stress.
- Even though it seems counterintuitive, physical activity can actually help us feel more energetic. It improves endurance and can lessen chronic fatigue.
- Exercise increases our cardiovascular performance and strengthens

our heart muscle. This can lead to better blood flow, a healthy blood pressure and heart rate, increased good cholesterol, decreased bad cholesterol, and reduced blood levels of triglycerides.

- Being physically active can lead to improved food choices, a healthy body weight, and better sleep.
- It slows down muscle mass loss.
- Having increased mobility and flexibility allows our bodies to move the way they are intended to. It keeps our bones, joints, muscles, and tendons healthy and reduces the risk of injury.
- It is also believed that exercise gives us an immunity boost by increasing the circulation of immune cells throughout our blood.

Ways to add more movement.

Again, while bodybuilding and running are great ways to be active and provide their own benefits, that shouldn’t be the only goal of exercise. There are many ways that we can add more movement into our days naturally, without needing to spend hours in a gym.

- Park a little farther away in the parking lot.
- Take the stairs instead of the elevator.
- Walk around the neighborhood or meet a friend at a local park.
- Turn on some music and dance!
- Stretch
- Go for a swim or play tennis.

While these might seem obvious, the idea is to be creative and be conscious of things that you can adapt easily into your life to get in more movement. And include those activities that you enjoy doing!

A little more on strength training...

Strength training, or resistance training, is an important form of physical activity that we should all be doing. It’s not only beneficial to our overall health, but also for muscle and bone strength. It is reported that people who do no resistance exercise lose 5% of their muscle mass every decade up until the age 50. After the age 50, 10% of muscle mass is lost. Those are big percentages, and the loss of muscle mass can lead to insufficient bone mass, impaired physical function and even insulin resistance. From the point of view of health, the goal is stronger muscles, not bigger ones.

For some easy strength training exercises that you can do at home. And remember, you don’t need weights... you can use soup cans or bottles of water. Make do with whatever you have on hand, and whatever level you are at and work your way up. Pushing too hard too soon only leads to injury, and inconsistency.

So, here’s to moving more for our health!

Letters to the Editor

"A CAM for all seasons" is Donald Foster! Mr. Foster's contributions and the numerous hours he dedicates to managing and coordinating the maintenance of the infrastructure in Century Village does not go unnoticed.

I am especially impressed with how Mr. Foster is always courteous and available to answer inquiries from all residents via email, phone, and especially at the monthly delegates' meetings. He is responsible for troubleshooting any unexpected emergencies that occur during the year on a 24 hours a day, 7 days a week schedule.

Donald Foster makes sure that Century Village complies with all code regulations put forth by local and the State of Florida legislature, too.

Donald, we are so grateful to you for your expertise, dedication and genuine concern for making our Village a safe and beautiful place for everyone to enjoy. Welcome Back.

*D. Larosee
Cambridge G*

The word is out, Ruth Dreiss, our Editor-In-Chief, Bard of the UCO Reporter, is a true professional who produces a quality newspaper for the residents of Century Village.

Ruth's intelligent approach to gather informative news and human interest stories from writers along with her duties to proof-read articles, coordinate outside advertisers, submit a multi-paper draft to printer for publication, and to oversee the monthly distribution of the paper to our CV Associations is a yeoman's task.

Her continued dedication is never ending, month after month, year after year making sure each publication of the Reporter is accurate, informative and entertaining for all who enjoy the written word.

Ruth, the saying, "No news is good news" does NOT apply to the extraordinary effort and generous spirit you bring to our vast populace here in Century Village. Thank you for all the interesting content and for communicating our "write" to free speech.

(Many thanks to the writer who wishes to remain anonymous. The comments are deeply appreciated.)

Fun Facts & Events for February

BY RUTH BERNHARD-DREISS

February is the only month without a full moon.

Black History Month honors the contributions of African Americans.

Leap Day occurs once every four years, making "leaplings" a rare and special group.

January and February were added to the Roman calendar to align it with astronomical cycles.

February shifted from being the last month of the year to its current position as the second month. February is known for the following:

February is Black History Month in the United States.

As aforementioned, February is the only month where it's possible to go the entire time without having a full moon.

The odds of being born on February 29th are about 1 in 1,461. Those born on a leap day can be called a "leaper" or "leapling".

February is the shortest month of the year, with 28 and 29 days in common and leap years, respectively. 2024 is a Leap Year.

The birthstones for February are Amethyst and Bloodstone. The birth flower for February is the Violet.

The zodiac signs are Aquarius and Pisces.

The Super Bowl of the National Football League (NFL) that happens on every first Sunday of February also stands out for most American sports lovers.

How Leap Day Balances Our Calendar

Every four years we have a Leap Year, which means a day is added to the end of February (the shortest month) called Leap Day. The extra day is a corrective measure that synchronizes the calendar with the earth's almost year-long orbit around the sun. Without Leap Day, a few hours would cumulatively disappear every year, eventu-

ally throwing off our calendar and seasons.

February Monthly Holidays and Observances

Some might give you a chuckle:

- American Heart Month
- Black History Month
- Canned Food Month
- Great American Pie Month
- Library Lovers Month
- National Bird Feeding Month
- National Cherry Month
- National Children's Dental Health Month
- National Embroidery Month
- National Grapefruit Month
- National Hot Breakfast Month
- National Snack Food Month
- National Pet Dental Health Month



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UCO OFFICE HOURS

Bar Codes and Gate Passes
 Mon. thru Thurs. 9:00 AM – 11:30 AM
 Friday 12:00 PM – 2:30 PM

Investigations
 Mon. thru Thurs. 9:00 AM – 12:00 PM
 Friday 12:00 PM – 3:00 PM

Notary Service
 For Association Documents Only
 Mon. thru Thurs. 11:30 – 12:00 PM
 Friday 2:30 PM – 3:00 PM



RESTRICTED SHUFFLEBOARD PLAY
 (CDC/PBC MANDATES)

HOURS
MONDAY — FRIDAY
9:00 — 4:00 PM

SATURDAY/SUNDAY/HOLIDAYS
9:00 — 12:00 PM & 1:00 — 4:00 PM

PLEASE NOTE:
EQUIPMENT MUST BE RETURNED BY: 4:30 PM

- RESIDENTS ONLY (NO GUESTS)**
- MUST KEEP SIX-FOOT SOCIAL DISTANCING**
- MUST WEAR FACE MASK WHILE PLAYING**
- MUST WEAR MASK TO AND FROM BATHROOM**
- MUST WEAR FACE MASK TO ACCESS POOL DECK**
- NON-COMPLIANCE WILL RESULT IN COURT CLOSURE**
- RESIDENTS ARE ENCOURAGED TO DO ADDITIONAL SANITIZING**
- SUBJECT TO CHANGE AND/OR MODIFICATION**

WPRF, Inc.

FEBRUARY 2024 ENTERTAINMENT



Sat., February 3 at 7 pm
George Wallace
 The "New Mr. Vegas" Is Funnier Than Ever!



Sat., February 10 at 8 pm
Sincerely, Sondheim
 A Musical Love Letter To Stephen Sondheim

All programs are subject to change and/or modification.



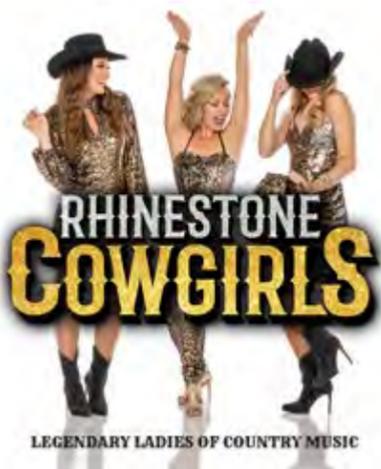
Sat., February 17 at 8 pm
Stayin' Alive - The World's #1 Bee Gees Tribute Band From Canada

We're Not 'Jive Talkin', This Six-Piece Band Is A Fantastic Show



Sat., February 24 at 8 pm
A Celebration Of The Sixties Featuring Fourever Fab And Sixtiesmania

From The Beatles To The Doors & Everything In Between



**Rhinstone Cowgirls -
 Legendary Ladies Of Country Music**

Three Glamorous, Gorgeous & Glittering Women Celebrate The Legendary Ladies Of Country Music
Thursday, February 1 at 8 pm

Direct From The Las Vegas Strip "The Showman" Starring Frankie Scinta

With His Tremendous Ability To Entertain, Frankie Scinta Is Truly "The Showman"
Tuesday, February 13 at 8 pm

The Olivia Show - A Tribute To Olivia Newton-John

This Show Is Systematic, Hydromatic, Ultramatic Magic!
Thursday, February 22 at 8 pm

MOVIE SCHEDULE

.. FEBRUARY 2024 MOVIES ..

When available, new movies will be presented with captions on the first 1:45 showing on Sunday. No charge for residents.

- Sun. February 04 1:45 pm
- Sun. February 04 6:30 pm
- Mon. February 05 6:30 pm

A GOOD PERSON, R, 2 HOURS, 8 MIN. (RATED R FOR DRUG ABUSE, LANGUAGE THROUGHOUT AND SOME SEXUAL REFERENCES.)

A young woman with a promising future battles an opioid addiction and unresolved grief after surviving a horrific tragedy. With her whole world destroyed, she forms an unlikely friendship that proves sometimes we find hope where we least expect it. Florence Pugh, Morgan Freeman and Celeste O'Connor star in this tale of loss, grief, redemption and forgiveness.

- Sun. February 11 1:45 pm
- Sun. February 11 6:30 pm
- Mon. February 12 6:30 pm

BLACKBERRY, R, 2 HOURS (RATED R FOR LANGUAGE THROUGHOUT.)

The spectacular rise and devastating fall of the world's first smartphone is charted in this surprisingly witty, but ultimately tragic film. Behind the dizzying machinations of the ruthless Silicon Valley tech industry, there's a bittersweet story of friendship, betrayal and hubris. The film stars Jay Baruchel, Glenn Howerton and Matt Johnson.

- Sun. February 18 1:45 pm
- Sun. February 18 6:30 pm
- Mon. February 19 6:30 pm

AIR, R, 1 HOUR, 51 MIN. (RATED R FOR LANGUAGE THROUGHOUT.)

Based on actual events, this sports drama tells the story of a Nike employee who struck a deal with rookie basketball player, Michael Jordan, leading to the legendary Air Jordan shoeline. Ben Affleck directs and stars in this film, which scored a rare 100% on the highly respected movie ratings website, Rotten Tomatoes. The rest of the stellar cast includes Matt Damon, Jason Bateman, Marlon Wayans, Chris Tucker and Viola Davis.

- Sun. February 25 1:45 pm
- Sun. February 25 6:30 pm
- Mon. February 26 6:30 pm

FAST X, PG-13, 2 HOURS, 21 MIN.

The first of a two-part finale, this tenth installment of the high-octane Fast & Furious franchise finds Dom Toretto confronting his most lethal opponent. Fueled by revenge, the son of a drug kingpin threatens to destroy everything and everyone he loves. Vin Diesel reprises his starring role alongside an enormous superstar cast that includes Michelle Rodriguez, Jason Statham, Jason Momoa, John Cena, Helen Mirren, Rita Moreno and Charlize Theron.

"R" Rated Movies

"R" Rated (under 16 requires accompanying parent or adult guardian).

Additional ratings for this movie are:
V for Violence

L for Language (strong language and drug content)

N for Nudity (graphic nudity)

SC for Sexual Content (pervasive language including sexual references and situations)

An "R" rated motion picture, in the view of the Rating Board, contains some adult material. An "R" rated motion picture may include adult themes, adult activity, hard language, intense or persistent violence, sexually-oriented nudity, drug abuse or other elements. Due to a wide viewing audience, WPRF will not censure "R" rated movies. **Therefore, if you find any of the above offensive, WPRF suggest you "OPT OUT" of seeing this movie.**

Tickets will be sold month to month on the 22nd of the previous month online at www.gateaccess.net and at the Ticket Office. Please see Clubhouse Happenings for monthly dates. All programs are subject to change and/or modification without notice.

Entertainment information is provided by W.P.R.F.
 Any questions regarding Clubhouse entertainment should be directed to W.P.R.F. at 640-3120.

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SALES

GROUND FLOOR

1 BED / 1 BATH			2 BED / 1 BATH			2 BED / 2 BATH		
COMING SOON	Unfurnished. Ceramic Tile. Renovated Bathrooms.	TBD				COMING SOON	Unfurnished. Ceramic Tile. Renovated Bathrooms.	TBD

LIST YOUR'S TODAY!

1 BED / 1.5 BATH			2 BED / 1.5 BATH		
CANTERBURY F	Furnished. Garden View. Central Air. Near Pool. No leasing.	\$85,000	COMING SOON	Unfurnished. Ceramic Tile. Renovated Bathrooms.	TBD
GOLF'S EDGE C	Lovely, renovated garden view unit. Open kitchen. WASHER/DRYER in unit. Lease OK after 24 months.	\$135,000			

GROUND FLOOR CORNER

1 BED / 1.5 BATH			2 BED / 1.5 BATH		
	LIST YOUR'S TODAY!		COMING SOON	Furnished. Garden View. Central Air. Near Pool.	TBD

UPPER FLOOR

1 BED / 1 BATH			2 BED / (1.5 or 2) BATH		
BERKSHIRE J	PRICE REDUCED - Fully Furnished/ Turnkey ready to move right in. Lease OK w/restrictions.	\$87,500	SOMERSET C	COMING SOON - Location, Location - Absolutely Beautiful Water View. Fully Furnished. Central A/C. Great Location. Elevator in Building. No Leasing.	\$319,000
WINDSOR N	Very clean and well-maintained. Wall to Wall carpet. Tile in kitchen and bath. Lease OK after 24 months. Motivated Seller. New carpet install scheduled. Lease OK after 24 months.	\$87,500			
CHATHAM K	COMING SOON - Well maintained and ready to move in.	TBD			

1 BED / 1.5 BATH

SHEFFIELD E	UNDER CONTRACT Central A/C, New Upgrades: building roof, water heater, floors, kitchen appliances. Lease OK after 24 months.	\$107,000		List Your's Today!	
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UPPER FLOOR CORNER

2 BED / (1.5 or 2) BATH			1 BED / 1.5 BATH		
SHEFFIELD E	UNDER CONTRACT - Central A/C, New Upgrades: building roof, water heater, floors, kitchen appliances. Lease OK after 24 months.	\$107,000	SALISBURY E	COMING SOON - Cats Allowed! Great condition. 2nd floor corner w/central a/c.	TBD

LIST YOUR'S TODAY!



CALL US TO FIND OUT THE VALUE OF YOUR PROPERTY!

RENTALS

GROUND FLOOR

1 BED / 1 BATH		
COMING SOON	Furnished, Garden View, Near Pool.	TBD
1 BED / 1.5 BATH		
CAMDEN I	PENDING - Partially Furnished. Nicely renovated kitchen, baths, and flooring. Lovely shaded condo. Neutral tones.	\$1,650
GOLF'S EDGE C	PENDING - Lovely, renovated garden view unit. Open kitchen. WASHER/DRYER in unit.	\$1,550

2 BED / 2 BATH LIST YOUR'S TODAY!

GROUND FLOOR CORNER

1 BED / 1 BATH		
	LIST YOUR'S TODAY!	
2 BED / 1.5 BATH		
	LIST YOUR'S TODAY!	
UPPER FLOOR CORNER		
1 BED / 1.5 BATH		
NORWICH K	Unfurnished, corner. Garden view. Move-in March 1st.	\$1,350
2 BED / 1.5 BATH		
KINGSWOOD C	PENDING - Spacious. Laminate floors throughout. Neutral Paint.	\$1,500
CAMDEN E	BACK ON MARKET	\$1,575
CAMBRIDGE F	Inside Corner Unit. Central A/C. Available Feb. 1.	\$1,500

LIST YOUR'S TODAY!

UPPER FLOOR

1 BED / 1 BATH		
CAMBRIDGE C	PENDING - Furnished Turnkey. Garden View. Near Pool, on a Cul De Sac.	\$1,450
SUSSEX E	Annual Lease, Partially Furnished, Upgraded.	\$1,450
CAMBRIDGE F	Annual Lease, Furnished. Garden View.	\$1,450
KINGSWOOD B	PENDING - Annual Lease, Partially Furnished, Upgraded, Elevator Building.	\$1,400
1 BED / 1.5 BATH		
CAMBRIDGE F	Annual Lease, Furnished. Garden View.	\$1,500
2 BED / 2 BATH		
COMING SOON	Unfurnished. Ceramic Tile. Renovated Bathrooms.	TBD

2 BED / 2 BATH LIST YOUR'S TODAY!



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CENTURY VILLAGE LISTINGS FOR SALE



SCAN QR CODE FOR MORE INFORMATION
CENTURY VILLAGE LISTINGS FOR RENT

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